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1	Effect of oxidation on the gel properties of porcine myofibrillar proteins and their
2	binding abilities with selected flavour compounds
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17 Abstract:

18 In this work, the effect of oxidation induced by hydroxyl radicals on the binding abilities of myofibrillar protein (MP) gels to aldehydes and ketones and their 19 20 relationship with MP gel properties were investigated. Mild oxidation (0–0.2 mM H₂O₂) 21 could induce partial unfolding of MP, thus slightly increasing the salt solubility of MP 22 and enhancing the hardness of MP gels. MP suffering a higher oxidative attack could 23 undergo a reduction in water-holding capacity, with increased mobility of water in MP 24 gels. Oxidation could make MP gel more disordered. The ability of oxidised MP gels 25 to bind to flavours decreased as the carbon chain length of the flavour compound 26 increased. MP oxidation only significantly affected the binding of MP gels to hexanal, 27 heptanal, and 2-octanone, while other flavour compounds were not affected.

Keywords: myofibrillar proteins; oxidation; gel properties; flavours release; water
mobility

30 **1. Introduction**

The formation of protein gels in processed muscle foods is an important functionality that can affect the texture and sensory characteristics of the final meat products. Myofibrillar proteins (MP), as the major proteins in muscle, are excellent gelling agents that are largely responsible for the textural and structural characteristics of meat products (Xiong, Blanchard, Ooizumi, & Ma, 2010).

36 During meat storage or industrial processing, reactive oxygen species, which include 37 superoxide anions, hydroxyl radicals, peroxyl radicals and lipid oxidation products, 38 play a critical role in the accumulation of oxidative damage in proteins (Zhou, Zhao, 39 Zhao, Sun, & Cui, 2014a). Types of oxidative damage to muscle proteins can include 40 conformational changes, peptide chain scission and formation of amino acid derivatives 41 or aggregates, leading to changes in physicochemical properties of proteins, which in 42 turn alter the functional properties of proteins, such as gelation, emulsification and the capacity to bind flavours (Sun, Zhou, Sun, & Zhao, 2013; Xiong et al., 2010). The gel 43 44 properties of MP, such as rheological properties, water-holding capacity (WHC), 45 texture and microstructure change under oxidative stress (Xiong, Park, & Ooizumi, 46 2009).

47 Food acceptability by consumers is governed to a considerable extent by their 48 organoleptic properties, and mostly by flavour perception (Gierczynski, Guichard, & 49 Laboure, 2011). Volatile flavour release is largely determined by the tendency of 50 volatile compounds to bind to other ingredients (particularly oils and protein) and by 51 food microstructure (Guichard, 2002). As mentioned above, protein oxidation can 52 affect meat products microstructure, especially gel quality. Some reports have 53 evaluated the abilities of oxidised MP at different oxidation levels to bind to flavour 54 compounds (Cao, Zhou, Wang, Sun, & Pan, 2018; Zhou et al., 2014a). Thus far,

investigations regarding the binding of oxidised MP gels to flavour compounds are limited. Modifying food microstructure can also control volatile release in foods (Mao, Roos, & Miao, 2014). Among flavours, the impacts of aldehydes and ketones are of particular interest because of their practical contribution in meat and meat products (Guichard, 2002). Therefore, it is necessary to investigate the behaviour of oxidised MP gels in binding to typical odour-active aldehydes and ketones, to establish the mechanism of flavour release in gelatinous meat products.

62 In this work, MP were exposed to a hydroxyl radical-generating system that is 63 commonly involved in meat and meat products. Examination of the accompanying 64 protein structural changes (sulfhydryl [SH] groups, surface hydrophobicity, salt solubility, particle size distribution) with the results of sodium dodecyl sulfate-65 66 polyacrylamide gel electrophoresis [SDS-PAGE]) and with gel properties (hardness, 67 WHC, microstructure, low-field nuclear magnetic resonance [LF-NMR] relaxation 68 time) was designed to investigate the influence of oxidative modification on MP and 69 MP gels. The phenomena of oxidised MP gels binding to typical aldehyde and ketone 70 compounds were evaluated using headspace analysis followed by gas chromatography-71 mass spectrometry. Moreover, selected aldehyde and ketone compounds of various 72 chain lengths were used to evaluate the contributions of molecular structure to the 73 binding phenomena. The relationship between MP gel properties and their binding 74 abilities is discussed.

75 2. Materials and methods

76 2.1. Materials

Fresh porcine muscle (*longissimus dorsi*) was purchased from a local commercial abattoir (Guangzhou, China), where the pigs were slaughtered at approximately 6 months of age following standard industrial procedures. Fat and connective tissue were 80 removed before the separation of proteins. Pentanal, hexanal, heptanal, octanal, 2-81 pentanone, 2-heptanone, 5,5'-dithiobis-(2-nitrobenzoic acid) (DTNB) and piperazine-82 *N*,*N*-bis(2-ethanesulfonic acid) (PIPES) were purchased from Sigma-Aldrich Chemical Co. (St. Louis, MO); 2-hexanone, 2-octanone, propyl gallate and Trolox C were 83 84 obtained from Aladdin (Shanghai, China). Bromophenol blue (BPB), thiourea, 85 dithiothreitol and EDTA were obtained from Sinopharm Chemical Reagent Co., Ltd. 86 (Shanghai, China). All other chemicals were of analytical reagent grade at minimum. 87

88 MP were extracted according to the method of Shen, Zhao and Sun (2019), with a 89 slight modification. The pH of the MP suspension (0.1 M NaCl) in the last wash was 90 adjusted to 6.25 before centrifugation (2000 g, 15 min, 4 °C). The concentrations of MP 91 were measured by the Biuret method using bovine serum albumin as a standard. The 92 MP pellet was kept on ice and used within 2 days.

93 2.3. Protein oxidation

2.2. Preparation of MP

94 MP were suspended (30 mg/mL) in a 15-mM PIPES buffer containing 0.6 M NaCl 95 (pH 6.25). To oxidise them, MP suspensions were incubated at 4 °C for 24 h, using a 96 hydroxyl radical-generating system. The hydroxyl radicals were produced by a 10-µM 97 FeCl₃/100- μ M ascorbic acid solution with 1 mM H₂O₂. Oxidation was terminated by 98 adding propyl gallate/Trolox C/EDTA (1 mM each) (Xiong et al., 2009). The fresh MP 99 suspension (30 mg/mL) without any hydroxyl radical-generating system or terminating 100 agent was used as the control. The concentrations of MP in the following measurements 101 were adjusted using a 15 mM PIPES buffer (pH 6.25) containing 0.6 M NaCl.

102 2.4. Total and reactive SH groups

103 Total SH contents were determined with a DTNB method with some modifications

104 (Zhou, Zhao, Su, & Sun, 2014b). For determining the level of total SH groups, 1 mL 105 MP suspension (4 mg/mL) was mixed with 5 mL of 0.086 M Tris-Gly buffer (5 mM 106 EDTA, 8 M urea, 0.6 M NaCl, pH 8.0) and 30 μ L of 4 mg/mL DTNB (0.086 M Tris-107 Gly buffer, 5 mM EDTA, 0.6 NaCl, pH 8.0). After incubation at room temperature (25 108 \pm 1 °C) for 30 min, the absorbance at 412 nm was recorded for the calculation of total 109 SH groups using a molar extinction coefficient of 13,600 M⁻¹ cm⁻¹. Reactive SH groups 110 were prepared by incubating the reaction mixture in the absence of urea. The blank was 111 run with 15-mM PIPES buffer (pH 6.25) containing 0.6-M NaCl.

112 2.5. Surface hydrophobicity

113 The surface hydrophobicity of the MP was measured by the hydrophobic 114 chromophore BPB method (Chelh, Gatellier, & Santé-Lhoutellier, 2006) with a slight 115 modification. This method can determine the surface hydrophobicity of MP, avoiding 116 the solubilisation step of the myofibrils before the protein hydrophobicity determination. 117 The MP suspension (1 mL, 4 mg/mL) was thoroughly mixed with 100 µL BPB (1 118 mg/mL) and kept at ambient temperature (25 ± 1 °C) for 10 min before centrifugation 119 (5000 g, 15 min, 25 °C). The absorbance of each supernatant (diluted for 10 times) was 120 determined at 595 nm against a PIPES buffer blank. A sample with the same treatments 121 in the absence of MP was used as the control. The index of surface hydrophobicity was expressed as the amount of bound BPB, and it was calculated using the following 122 123 formula (1):

124

BPB bound (
$$\mu g$$
) =100 × (A_{control} – A_{sample})/A_{control} (1)

125 2.6. Salt solubility and MP turbidity

Salt solubility of MP (10 mg/mL) and turbidity of MP suspensions (1 mg/mL) were determined according to Shen et al. (2019). The salt solubility of MPs was measured after centrifuging (5000 g, 25 °C) for 20 min to separate the salt-soluble fractions from the insoluble fractions. The result was expressed as the percentage of initial proteinconcentration.

131 2.7. Particle size distributions

Particle size distributions of control and oxidised MP were measured with an integrated-laser light scattering instrument (Mastersizer 2000; Malvern Instruments Co. Ltd., Worcestershire, UK). The relative refractive index and absorption were set as 1.414 and 0.001, respectively. $D_{4,3}$ is the mean diameter in volume, and $D_{3,2}$ is the mean diameter in surface, called the 'Sauter diameter'. $D_{v,0.5}$ is the size for which 50% of the sample particles have a lower size and 50% have an upper size. The specific surface areas (square metres per gram) were also recorded.

139 2.8. Sodium dodecyl sulfate–polyacrylamide gel electrophoresis

140 Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) was 141 performed on MP according to the method described by Zhou et al. (2014b) with a slight modification. Briefly, the MP suspension (4 mg/mL) was mixed in a 1:1 ratio 142 143 with 50 mM Tris buffer (8 M urea, 2 M thiourea, 3% (w/v) SDS, 0.05% BPB and 20% (v/v) glycerine, pH 6.8) with or without 75 mM dithiothreitol. The samples were boiled 144 for 4 min before centrifugation (10,000 g, 10 min, 25 °C). Next, 9 µL of each MP 145 146 mixture were injected into each gel, comprising a 12% running gel and a 4% stacking 147 gel. The electrophoresis was operated at a constant current of 25 mA using a Mini-148 PROTEAN 3 Cell apparatus (Bio-Rad Laboratories, Hercules, CA).

149 2.9. Gel properties

150 2.9.1. Preparation of heat-induced gels

For gelation, the control and oxidised MP (30 mg/mL) were prepared for gel property analyses according to the method of Zhou et al. (2014b). The MP suspensions were heated in a water bath from 25 °C to 72 °C at 1 °C/min increments (kept for 5 min at 154 53 °C and 10 min at 72 °C). After heating, the gels were immediately cooled to room
155 temperature.

156 2.9.2. Gel hardness and WHC

Prior to the hardness measurements, gel samples were allowed to equilibrate at room temperature $(25 \pm 1^{\circ}C)$ for 1 h. The hardness of MP gels was measured using a cylinder measuring probe (P/0.5S, 12.7 mm) attached to TA-XT Plus Texture Analyzer (Stable Micro Systems Ltd., Godalming, UK) at a constant probe speed of 1.0 mm/s at room temperature. The gel hardness was defined as the initial force required to rupture the gels.

163 WHC values for the gels were determined by a centrifugal method (Xia, Kong, Xiong, 164 & Ren, 2010). Briefly, gel samples (3 g) were centrifuged at 4000 g for 15 min at room 165 temperature. The WHC (%) was expressed using the final weight as a percentage of the 166 weight before centrifugation (6000 g, 15 min, 4 °C).

167 2.9.3. Microstructure

168 The surface morphologies of control and oxidised MP gels were examined using field 169 emission scanning electron microscopy (FE-SEM, model S-3400N; Hitachi, Japan) at 170 an accelerator voltage of 15 kV. Cubic samples (approximately $3 \times 3 \times 3$ mm) were 171 prepared and snap-frozen in liquid N₂ (Zhou et al., 2014a). Before imaging, freeze-172 dried gel samples were mounted on a holder with double-sided adhesive tape and 173 sputter-coated with gold (JFC-1200 fine coater; JEOL, Tokyo, Japan). Sample 174 observation and photomicrography were performed at 500× and 2000× magnifications, respectively. 175

176 2.9.4. Low-field NMR relaxation time (T_2)

177 Low-field NMR relaxation measurements were performed according to a previous
178 method (Zhang, Yang, Tang, Chen, & You, 2015) with some modifications.

179 Approximately 1.6 g of each gel sample formed in a 2 mL screw-cap chromatogram 180 vial were placed inside a cylindrical glass tube (15 mm in diameter) and inserted into 181 the NMR probe of a Niumag Benchtop Pulsed NMR analyser (Niumag PO001; Niumag 182 Electric Corporation, Shanghai, China). The analyser was operated at 32 °C and a 183 resonance frequency of 18 MHz. The T₂ was measured using the Carr-Purcell-184 Meiboom-Gill sequence with 4 scans, 8000 echoes, 2.0 s between scans, and 400 µs 185 between pulses of 90° and 180°. The T_2 relaxation curves were fitted to a multiexponential curve with the MultiExp Inv Analysis software (Niumag Electric 186 187 Corporation, Shanghai, China), which used the inverse Laplace transform algorithm.

188 2.10. SPME-GC/MS

189 A stock solution containing all selected flavours (aldehydes and ketones) was freshly 190 prepared in methanol (HPLC grade) and sealed in brown gas-tight glass bottles to 191 prevent volatilising. The stock solution was then pipetted to control and oxidised MP 192 suspensions (30 mg/mL), to a final concentration of 1 mg/kg for each flavour. Each 193 mixture (8 mL protein/control solution + 50 µL stock solution) was placed in a 20-mL 194 headspace vial and sealed with a polytetrafluoroethylene (PTFE)-faced silicone septum 195 (Supelco, Bellefonte, PA, USA). For gelation, the control and oxidised MP gels were 196 developed according to Section 2.9.1. The gel vials were stored at 25 °C for 16 h to 197 allow equilibration.

198 The quantities of flavour compounds present in the headspace of gel vials were 199 determined using solid-phase microextraction (SPME) followed by gas 200 chromatography/mass spectroscopy (GC/MS) analysis according to the procedure 201 described by Zhou et al. (2014a). The SPME parameters were as follows: 75 μ m 202 Carboxen/polydimethylsiloxane (CAR/PDMS) fibre (Supelco, Bellefonte, PA), 203 equilibrated at 45°C for 20 min, extracted at 45°C for 30 min, desorbed at 220°C for 5

9

204 min. GC-MS conditions: TR-Wax column (30 m × 0.32 mm× 0.25 µm; J&W Scientific, 205 Folsom, CA, USA) was used for separation. The carrier gas was high purity helium at a linear flow rate of 20.4 cm s⁻¹. The initial GC oven temperature was 38°C, held for 6 206 min, rising to 105°C at a rate of 6°C min⁻¹, then raised to 220°C at a rate of 15°C min⁻ 207 208 ¹, and held at 220°C for 5 min. The mass spectrometry conditions were electron 209 ionisation (EI) at 70 eV, electron multiplier voltage 350 V, scanning speed 3.00 scans/s, 210 mass range m/z 33–350. The results were expressed as the difference in peak areas of 211 flavour compounds between the oxidised MP gels and the control gel, calculated by the 212 following equation (2): 213 Free flavour compound (%) = (peak area protein/peak area control) \times 100 (2)

214 2.11. Statistical analysis

Data were expressed as means \pm standard deviations of triplicate determinations. Statistical calculation was investigated by analysis of variance using SPSS 17.0 (SPSS, Inc., Chicago, IL). The means were compared using Duncan's multiple range test (p < 0.05).

219

220 **3. Results and discussion**

221 3.1. Total and reactive SH groups, surface hydrophobicity, salt solubility and turbidity 222 The loss of SH groups is one of the primary common characteristics of protein 223 changes under oxidative attack (Xiong et al., 2009). As presented in **Table 1**, compared 224 with the control, the total and reactive SH contents both decreased continuously upon 225 oxidation with the increase of H_2O_2 concentrations (p < 0.05). MP are rich in SH groups 226 that can be readily converted to disulphide linkages (S–S) upon oxidative stress (Cao, 227 True, Chen, & Xiong, 2016). The decrease in total and reactive SH contents signified 228 that the SH groups of cysteine were oxidised with the formation of S-S (SanteLhoutellier, Aubry, & Gatellier, 2007). Cao et al. (2018) also suggested that SH groups in G-actin were susceptible to hydroxyl radicals and easily changed into intermolecular S–S. Hence, the generated hydroxyl radicals (0.05–5.0 mM H₂O₂) were responsible for the decrease in total and reactive SH contents. In addition, contents of total and reactive SH also significantly decreased (p < 0.05) in 0 mM H₂O₂ compared with the control, which may be associated with oxidation induced by Fe³⁺ (Fe³⁺ catalyses H₂O₂ to produce hydroxyl radicals).

236 For monitoring the subtle changes in physical and chemical states of proteins, surface 237 hydrophobicity is a suitable parameter (Sante-Lhoutellier et al., 2007). As shown in 238 **Table 1**, compared with the control, the hydrophobicity of MP (0 mM H_2O_2) 239 significantly increased (p < 0.05), implying that the addition of ascorbic acid, Fe³⁺ and 240 oxidative terminators may markedly increase the protein surface hydrophobicity. In 241 addition, surface hydrophobicity of MP gradually increased with the increase of H_2O_2 242 concentrations (0.05-5.0 mM), and the results were similar to those of some previous 243 reports (Cao et al., 2018; Sun et al., 2013). Chelh et al. (2006) suggested that the 244 increase of surface hydrophobicity could be attributed to the unfolding of MP, thus exposing previously buried nonpolar amino acids at their surface. Oxidative damage 245 246 could induce partial unfolding of MP, thereby exposing the hydrophobic amino acids 247 that were normally buried in protein molecules (Estévez, 2011; Sante-Lhoutellier et al., 248 2007). Moreover, the cleavage of certain peptides under oxidative stress may also result 249 in the enhancement of surface hydrophobicity (Pacifici, 1987).

Salt solubility can reflect the extent of proteins aggregation (Shen et al., 2019). As shown in **Table 1**, compared with the control, salt solubility of MP revealed a slight increase (1.19-3.43%; p < 0.05) with low concentrations of oxidant (0–0.2 mM), and then exhibited a rapid decrease (0.59-51.36%; p < 0.05) for the further oxidant 254 treatments (0.5–5.0 mM). A slight oxidation could cause a subtle unfolding of proteins 255 (Estévez, 2011), which may lead to better solubility in the salt solution. Nevertheless, 256 with further increase in oxidant, the solubility of MP drastically decreased due to the 257 stronger oxidative attack. This could be explained by the enhancement of surface hydrophobicity and the excessive protein aggregates (Sun, Li, Zhou, Zhao, & Zhao, 258 259 2014). The exposure of hydrophobic patches or individual groups, aggregation and 260 polymerisation through S–S are all associated with the solubility decrease (Li, Xiong, 261 & Chen, 2012).

262 Turbidity is attributed to the presence of protein aggregates. The turbidity of MP 263 suspensions (**Table 1**) increased (p < 0.05) with the increased addition of H₂O₂ (0-5.0 264 mM), which accorded with the loss of SH and the increase of surface hydrophobicity. 265 This indicated that the oxidised incubation could obviously enhance the aggregation 266 behaviour of proteins. Under further analysis, this phenomenon was noted to be caused 267 by the increased surface hydrophobicity due to the exposure of interior hydrophobic 268 amino acid residues and the formation of intra- and intermolecular cross-links under 269 oxidative attack (Li et al., 2012), thus leading to the turbidity increase of MP 270 suspensions.

271 *3.2. Particle size distributions*

Particle size distributions can be used to monitor the aggregation behaviours of proteins under oxidative attack. As shown in **Fig. S1**, compared with the control, the particle size distribution of MP exhibited an obvious shift towards larger particles with the increase of H₂O₂ concentrations. Protein oxidation could promote intermolecular aggregation behaviours between protein molecules, thus increasing the particle size values (Xiong et al., 2009). Specifically, the D_{3,2} value of MP after oxidation showed no significant difference (p > 0.05), while the values for other particle sizes (D_{4,3} and 279 $D_{v,0.5}$) (**Table 2**) increased significantly (p < 0.05). The large droplets or droplet 280 aggregates have higher weight in the calculation of the D_{4,3} value than they do in the 281 calculation of the D_{3,2} value, and samples with similar D_{3,2}, but different D_{4,3} would 282 result primarily from the amount of large droplets or droplet aggregates (Sun et al. 283 2014). This indicates that protein aggregation occurred after oxidation. Moreover, the 284 SH, surface hydrophobicity and turbidity analysis (Table 1) conformed to the 285 enhancement of association behaviours between protein molecules with the increase of H₂O₂ concentrations, thereby enlarging the diameter of particles. 286

287 *3.3. SDS-PAGE*

288 The aggregation behaviours of the control and oxidised MP were further studied using SDS-PAGE analysis (Fig. S2). In the absence of dithiothreitol, a large polymer 289 290 appeared at the top of the stack gel (Fig. S2A), suggesting the aggregation of MP. In 291 addition, MP aggregates induced by oxidative attack could form much larger aggregates 292 that could not enter the gel. Moreover, the intensities of the aggregation bands and the 293 aggregates all decreased and were not recovered in the presence of dithiothreitol (Fig. 294 **S2B**). This phenomenon indicated that the cross-links of the MP induced by oxidation 295 were not only through S–S but also through other covalent bonds (Cao et al., 2016). As 296 shown in the comparison between Fig. S2A and Fig. S2B, myosin heavy chain (MHC), 297 α -actinin and actin participated in the formation of aggregates.

- 298 *3.4. Gel properties*
- 299 3.4.1. Hardness and WHC

300 As aforementioned, oxidation had a pronounced effect on the physicochemical states

- 301 of MP. The hardness (Fig. 1A) and WHC (Fig. 1B) of the control and oxidised MP gels
- 302 were further evaluated. The mean hardness of the control gel was 21.9 ± 1.4 g and this
- 303 value was similar to that found by Xu, Han, Fei, and Zhou (2011). Compared with the

304 control, the hardness of mildly oxidised MP gels (0-0.2 mM H₂O₂) increased 305 significantly (p < 0.05). Due to the slightly unfolding of MP (salt solubility analysis), a 306 firmer matrix structure of MP gels may be formed during the heating process. Xiong et 307 al. (2010) also suggested that mild oxidation could promote protein network formation and enhance the gelation of MP. Nevertheless, with more addition of H_2O_2 (0.5–5.0 308 309 mM), a significant decrease (p < 0.05) in gel hardness was observed, implying a weak 310 gel structure. In particular, heat-induced S-S bonds were regarded as an important 311 supporting force for the matrix structure of protein gels (Xiong et al., 2010). Hence, the 312 decrease of hardness may be attributed to the reduction of SH contents in MP (Table 313 1), thus leading to disordered aggregation replacing the ordered cross-links during 314 heating. Moreover, the decrease of salt solubility of MP could limit the ordered cross-315 links within protein molecules during gelation.

316 Furthermore, WHC gave a quantitative indication of the amount of water maintained 317 within the protein gel structure, and this could reflect aspects of the spatial structure of 318 the gel (Zhou et al., 2014b). As shown in Fig. 1B, the control gel had the strongest 319 ability to retain water, and the WHC abilities of oxidised MP gels were gradually 320 weakened (p < 0.05) with an increase of H₂O₂ concentration (0–5.0 mM). As reported, 321 the structural integrity of myosin is of paramount importance for gelation and water 322 holding in meat (Deng et al., 2010). Oxidative damage to myosin could result in an 323 inferior gel network formation, causing lower elasticity with poor WHC in the gel 324 matrix. This was in good agreement with the surface hydrophobicity of MP (Table 1), which could also reflect the affinity of proteins with water. 325

326 *3.4.2. Microstructure*

The changes in MP gel properties induced by oxidation were further investigated by the measurements of surface morphologies, and the results are presented in **Fig. 2**. The 329 control gel appeared as a flat surface with several visible pores (Fig. 2A and 2B), which 330 indicated an ordered network structure due to protein stretching. At 2000 times 331 magnification, the protein (control gel) exhibits a good cross-linked structure. 332 Compared to the control, the mildly oxidised MP gels (0–0.2 mM H₂O₂) exhibited some fragments on the gel surface and a lower number of visible pores (Fig. 2B). The pore 333 334 size of these gel was significantly reduced (\times 500), and the original cross-linked 335 structure was transformed into an aggregated particle structure, and the roughness is increased (\times 2000), thereby yielding a firm pattern (hardness analysis). This 336 337 phenomenon was attributed to the slight shrinkage of MP upon oxidation (Astruc, 338 Gatellier, Labas, Lhoutellier, & Marinova, 2010). As a continuous increase of H₂O₂ 339 (0.5–1.0 mM), aggregated particles and roughness further increased with the much 340 more smaller pore size. Under 5 mM H₂O₂, the pores disappeared, and the fragments 341 aggregated into clump structures. The surface morphologies of these gels revealed an 342 uneven dense structure with aggregates and increased the roughness of the overlapped 343 surface. This trend was in accordance with a previous observation (Zhou et al., 2014a). 344 Formation of the surface structures of oxidised MP gels described previously could be 345 attributed to the intra- and intermolecular cross-links and aggregates within proteins 346 induced by oxiditive modification (Sun et al., 2014), thus leading to a disordered gel 347 network structure during the heating process. In addition, the clump structures clearly 348 aggregated into larger globular clusters when subjected to higher oxidative attack (2.5– 349 5.0 mM H₂O₂), indicating an accelerated state of aggregation (**Fig. 2B**). These structural 350 features implied that proteins under higher oxidative stress could undergo more steric 351 modifications and contribute to the layered surface with bunched aggregation (Zhou et 352 al., 2014a). These micrographs demonstrated the significant influences of oxidative 353 treatments on protein gels. Moreover, these observations were in agreement with the 354 results of SH contents, surface hydrophobicity, turbidity and particle size distributions

355 (**Table 1** and **Fig. S1**).

356 *3.4.3. Relaxation time analysis*

357 A fitted T₂ distribution was used to assess the relaxation time of hydrogen protons. The T₂ relaxation time distributions for the control and oxidised MP gels are shown in 358 Fig. 3. Three peaks were noted for the control and in the gels with lower H_2O_2 359 360 concentrations (0-1.0 mM), while four peaks were noted for the gels with 2.5-5.0 mM 361 H_2O_2 . This meant that the protein gels under different oxidation levels could restrict 362 water mobility at different magnitudes (Wang, Zhang, Bhandari, & Gao, 2016). The 363 components with shorter relaxation time, T_{2b} and T_{21} (0–10 ms), represented the protons 364 in macromolecular structures and those combined closely with the macromolecular 365 structures, respectively. The component T_{22} (10–100 ms) was assigned to myofibrillar 366 water and water within the protein structure. The last peak represented the extra-367 myofibrillar water (T_{23}) population, and this peak appeared between 300 and 2000 ms. 368 Generally, the existence of four groups of water in MP gels was in agreement with some previous reports (Wang et al., 2016; Zheng et al., 2015). 369

With oxidation treatments, the relaxation time of T_{22} increased from 14.17 ms 370 371 (control gel) to 16.30–28.48 ms (oxidised gels) with increasing H_2O_2 concentrations, 372 and T_{23} increased from 613.59 ms (control and oxidised gels with 0–1.0 mM H₂O₂) to 373 705.48 ms (oxidised gels with $2.5-5.0 \text{ mM H}_2\text{O}_2$) (**Table 1S**). If the relaxation time is 374 shorter, a smaller amount of mobile water is available, whereas the longer relaxation 375 time implies a more mobile water fraction (Shao et al., 2016). Hence, the increased T_2 376 relaxation times suggested that oxiditive modifications could lead to a certain level of 377 the immobilised water shifting to free water. This may be associated with the 378 enhancement in hydrophobic trend arising from the increased surface hydrophobicity

379 of MP (Table 1). Also, the increased aggregation behaviours (Fig. S1 and Table 2) 380 within MP molecules could decrease the surface areas in gels, thus resulting in a 381 decrease of macromolecule sites for WHC (Wang et al., 2016). Moreover, the relaxation 382 component T_{2b} had divided into another part (T_{21}) at higher H_2O_2 concentrations (2.5– 5.0 mM). This may be due to the degradation of MP upon higher oxidative stress, thus 383 384 contributing to greater mobility of the water in macromolecular structures. In addition, 385 McDonnell et al. (2013) suggested that certain side-chains, such as carboxyl-, amino-, 386 hydroxyl-, sulfhydryl-groups, and even carbonyl- and imido-groups, in proteins were responsible for water binding. Therefore, the changes in T_{2b} relaxation time 387 388 corresponded to the availability of protein side-chains, as related to the oxidative 389 modifications. These phenomena accorded with the WHC results (Fig. 1B).

390 *3.5. Binding of MP gels to flavours*

391 A homologous series of aldehydes and ketones that varied in chain length was 392 selected to investigate the binding performances of MP gels under different oxidation 393 levels. In protein solution systems, the longer the carbon chain, the stronger the ability 394 of the flavour compound to bind to the protein. (Lou, Yang, Sun, Pan, & Cao, 2017; 395 Zhou et al., 2014a). By contrast, in this study, the free percentages of aldehydes and 396 ketones in each vial increased with the increase in carbon chain length (Fig. 4), 397 suggesting it was more difficult for the flavour compounds with longer chain length to 398 bind with MP gels, which can be related to the steric effect of the gel network structure. 399 In addition, consistent with the finding reported by Wang and Arntfield (2015), the free 400 percentage of all aldehydes was lower than that of the ketones with the same carbon 401 numbers in all vials (Fig. 4), suggesting that the binding abilities of oxidised MP gels 402 to aldehydes were stronger than to ketones. This was because of the higher molecular

403 activities and lower steric hindrance effects of carbonyl groups in aldehydes (Kühn et404 al., 2008).

405 As shown in Fig. 4A, the free percentages of hexanal and heptanal first decreased 406 and then increased significantly (p < 0.05) with increased oxidation levels (0-5.0 mM). 407 Although the free percentages of pentanal and octanal showed no significant changes 408 (p > 0.05) at different oxidation levels, their trends were similar to those of hexanal and 409 heptanal. The free percentages of ketones (Fig. 4B) (except for 2-octanone) showed no 410 significant changes at different oxidation levels (0–5.0 mM). Volatile release from food 411 is primarily controlled by the following two factors: the nature of aroma compounds 412 (such as volatility and polarity) and the resistance to mass transfer from a food matrix 413 to the air phase (Mao, Roots, & Miao, 2015). Protein oxidation increased the surface 414 hydrophobicity and interaction of proteins (Table 1); the oxidised MP gels could 415 exhibit higher binding phenomena through stronger interaction force (such as hydrophobic interaction) to flavours, thus reducing their free percentages in the 416 417 headspace. However, the binding of a certain protein gel to flavours may also be 418 influenced by the steric hindrance effect or mass transfer from MP gel. Therefore, 419 flavours with a longer carbon chain could produce a stronger steric hindrance effect due 420 to the gel network, thus preventing their access to the interior hydrophobic binding sites 421 and thus increasing their presence in the headspace (Wang & Arntfield, 2015). As 422 shown in Fig. 2, as the degree of oxidation increased, the homogeneous cross-linked 423 MP gel network gradually changes to a granular shape, and gradually loses the gel 424 network structure (the pore size of the gel network also gradually decreases), which 425 increases the steric resistance of the MP gel, increasing the content of aroma 426 components in the headspace vial. Therefore, the release of flavour compounds 427 depended on the balance between protein–flavour compound interactions and gel
428 network–flavour compound limitations (Mao et al., 2014).

429 **4.** Conclusions

430 The influence of oxidative modifications induced by H_2O_2 (0-5.0 mM) on the properties of MP and MP gels was investigated. With an increase in H₂O₂ 431 432 concentrations, MP tended to expose their interior hydrophobic amino acids and to lose 433 SH content, thus leading to enhanced aggregation behaviours, an increase in surface 434 hydrophobicity and turbidity and a larger particle size distribution. The covalent bonds 435 in the MP aggregates included S-S, among others. Under oxidative attack, MP gels 436 demonstrated decreased WHC and more mobility of water. Mild oxidation (0-0.5 mM H₂O₂) slightly increased the salt solubility of MP and the hardness of MP gels. The 437 438 abilities of MP gels to bind to aldehydes and ketones decreased with the growth of the 439 carbon chain. The release of flavours in a gel was different from that in a protein 440 solution due to mass transfer from a gel matrix to the air phase and heat treatment. 441 Under the balance between protein-flavour compound interaction and gel network-442 flavour compound steric hindrance, MP oxidation only significantly affected (p < 0.05) the binding between MP gels and hexanal, heptanal, and 2-octanone, while other 443 444 flavour compounds were not affected significantly (p > 0.05).

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$H_{1}O_{2}(mM)$	Total sulfhydryl	Reactive sulfhydryl	Surface hydrophobicity	Salt solubility	Turbidity
H_2O_2 (IIIM)	(nmol/mg protein)	(nmol/mg protein)	(µg BPB)	(%)	(FTU)
Control	$9.02 \pm 0.12g$	$8.45\pm0.09h$	22.75 ± 1.22a	83.57 ± 1.39d	$83.11 \pm 0.82a$
0.0	$8.30\pm0.04f$	$6.35\pm0.05g$	$38.02\pm0.86bc$	$84.57 \pm 0.46 \text{de}$	$84.27\pm0.58a$
0.05	$8.19\pm0.02f$	$5.99\pm0.07f$	$36.57\pm2.15b$	$86.43 \pm 1.09e$	$87.13 \pm 0.56b$
0.2	$7.99\pm0.05e$	$5.56\pm0.11e$	$38.59\pm0.85c$	$86.39 \pm 0.66e$	$90.44 \pm 2.37c$
0.5	$6.95\pm0.03d$	$3.24\pm0.11d$	$41.26\pm0.72d$	$83.08\pm0.94d$	$91.71 \pm 1.99c$
1.0	$5.87\pm0.03c$	$2.84\pm0.07c$	$42.47\pm0.34d$	$79.28 \pm 2.73c$	$92.74\pm0.91c$
2.5	$3.52\pm0.11b$	$1.82\pm0.05b$	$46.23\pm0.71e$	$52.23\pm0.96b$	$97.05 \pm 1.47 d$
5.0	$1.01 \pm 0.05a$	$0.37\pm0.03a$	$49.88 \pm 1.08 f$	$40.65 \pm 1.02a$	$96.70\pm0.90d$

Table 1 Total and reactive sulfhydryl groups, surface hydrophobicity, salt solubility and turbidity of the control and oxidised MP

564 Values in the same column with different letters were significantly different (p < 0.05).

H ₂ O ₂ (mM)	D _{3,2} (µm)	D _{4,3} (µm)	D _{v,0.5} (µm)	Span
Control	$41.55 \pm 1.51a$	$99.58 \pm 2.76a$	$69.57 \pm 1.63a$	$2.89 \pm 0.05 ab$
0.0	$50.93\pm0.84b$	$119.53 \pm 1.09b$	$86.79 \pm 1.30b$	$2.80\pm0.09a$
0.05	$51.47 \pm 1.80 b$	$120.12\pm3.39\text{bc}$	$86.18\pm3.36b$	$2.84\pm0.06a$
0.2	$51.06 \pm 1.58 \text{b}$	$121.22\pm3.70bc$	$87.00 \pm 3.40 b$	$2.86\pm0.03a$
0.5	$51.53 \pm 1.19 b$	$125.19\pm2.46bc$	$87.57\pm2.03b$	$3.01\pm0.03 bc$
1.0	$48.80 \pm 1.90 \text{b}$	$126.49\pm4.66c$	$87.62 \pm 3.70 b$	$3.11\pm0.03cd$
2.5	$50.72\pm2.12b$	$138.31 \pm 4.05d$	$96.93 \pm 3.48c$	$3.12\pm0.06cd$
5.0	$51.77 \pm 2.21b$	$146.12\pm5.07e$	$101.82\pm4.95c$	$3.18\pm0.17\text{d}$

Table 2 Average particle size $(D_{3,2} \text{ and } D_{4,3})$ and span of the control and oxidised MP

566 Values in the same column with different letters were significantly different (p < 0.05).

567 **Figure Captions:**

- **Fig. 1.** Hardness (A) and WHC (B) of the control and oxidised MP gels. Different letters denote a significant difference between means (p < 0.05).
- 570 Fig. 2. Scanning electron microscope micrographs at ×500 (A) and ×2000 (B)
- 571 magnification of the control and oxidised MP gels. Scale bars indicate 100 µm (A) and
- 572 20 μm (B).
- 573 Fig. 3. Distributions of T₂ relaxation times of the control and oxidised MP gels.
- **Fig. 4.** Binding phenomena of the control and oxidised MP gels to selected aldehydes (A) and ketones (B). Results were expressed as percentage of free flavours found in the headspace of the control gel. Capital letters denote significant differences (p < 0.05) in flavour compound release for a same oxidant concentration, while lowercase letters denote significant differences (p < 0.05) in compound release between oxidant
- 579 concentrations.











584 Fig. 2



Fig. 3





Fig. 4