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The Grizzly, May 5, 2011

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The Grizzly

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Student found to be bone marrow match

By Michael Delaney
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On Apr. 11, Sophomore Theodore Conrad went to the hospital, not for himself, but for the sake of a complete stranger only he could help. Out of countless volunteers registered with the Be A Match foundation, a national bone marrow registry, Conrad was found to be a suitable donor to help a cancer patient in need.

This all started for Conrad a year ago when the football team hosted a bone marrow drive, calling members of the campus and the community to register. "I signed up, and they said the chance of you ever getting a call was one in a million," said Conrad. "Then, in December I got a call saying I was a potential match. From there on, they sent me to the hospital and I had to get blood tests to make sure I was an actual good match."

The tests Conrad underwent screened him for numerous diseases, and he was also prompted

to have a physical before the procedure to make sure he was healthy enough to donate.

"They used to have a procedure where they go into your hip or your lower back and actually extract bone marrow," Conrad elaborated, "but now the stem cell procedure, the one I had done, is the most common, and there's no pain involved." At the hospital, Conrad had blood extracted from one arm via IV line, which passed through a machine which collected stem cells, before the blood was passed back into his other arm. In total, the procedure took five hours, during which, he was allowed to watch movies with his family. He was allowed to go



Teddy Conrad (above) is a UC sophomore who recently was found to be a match through the Be A Match foundation. Conrad first put his DNA into the bone marrow registry through the UC Football team's bone marrow drive. Photo courtesy of Teddy Conrad.

home that day, feeling almost no side effects whatsoever.

"Prior to the actual procedure they gave me shots of Neupogen, which helps speed up your white blood cell count and your stem

cells as well, and there're some side effects that can occur," Conrad explained. This included flu like symptoms, and fatigue for a

"Conrad" is continued to News, page 2

UC students show off their real bodies in fashion show

By Briana Brukilacchio
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A hybrid event, incorporating a positive body image and a sense of fashion, debuted in Lower Wismer on Tuesday night. The Runway for Real Bodies fashion show was a huge success, despite the sometimes uncooperative sound system. The host, Alyse Reid, looked beautiful and rocked the catwalk with her models to enthusiastic applause at the close of the show.

The event was hosted by Skin We're In, which is an organization that promotes loving yourself and "being damn proud of the skin you're in," as Kate Murphy says. Murphy is one of the officers of Skin We're In and worked

hard along with everyone else to make this event a success. "For one night," she says, "we wanted the student population to forget about any and all insecurities that they have and celebrate the beauty in themselves and every model—male and female – that walked down that runway." Judging from the noise of the crowd, Murphy's goal was achieved.

Support for the fashion show came from all corners of campus. Students in each year, major, team, and organization have showed support for the message of Skin We're In. In addition to students, the faculty and staff at Ursinus have also encouraged the

"Skin We're In" is continued to Features, page 5

Ursinus College Environmental Action hosts Earth Week

By Taylor Sparks
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The weather is getting warmer. The grass is getting greener, the sky is getting a little bit bluer, the trees are no longer bare. What better time for us all to appreciate our surroundings, right? While finals are among us and the library has become home to many, some students took a brief break from the madness and celebrated Earth Week with UCEA. Wednesday April 27 to Saturday April 30, UCEA (Ursinus College Environmental Action) celebrated Earth Week and Earth day with various activities that got the entire campus to really think about how we can take care our environment. On Wednesday, April 27,

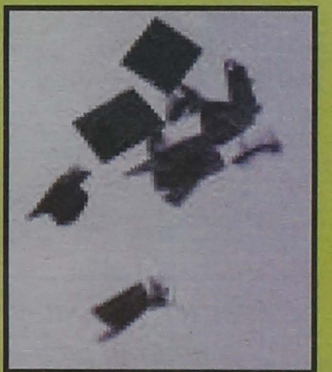
UCEA held a make your own tie dye event where students were able to learn how to make tie dye using fruits, vegetables and even spices. On Thursday, April 28, they sponsored an event where students also had the opportunity to make their own eco stamps. Did you know that you can make your own stamp out of things like shoe soles, mud flaps, Styrofoam, and more? On Friday, April 29, UCEA took a break from studying to watch the movie Wall-E as well as held an open discussion regarding consumption and waste in our society today.

Earth Day was on Saturday April 30 and consisted of many *"Earth Week" is continued to Features, page 5*

INSIDE:



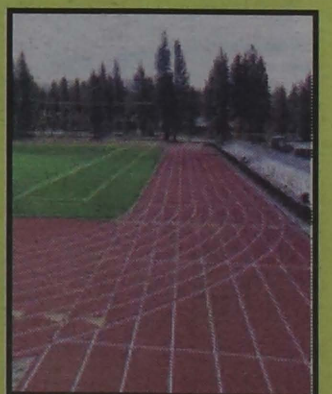
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International News with Lisa: Attacks and agreements

By Lisa Jobe

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over two months ago, and Afghan government officials are critical of the security team who seemingly did not notice evidence of the tunnel being dug. Sixty five of the escaped prisoners have already been recovered, and officials hope to recover the rest with the use of biometric data on the prisoners. Officials believe the prisoners fled to Pakistan following their escape. (*Reuters.com*)

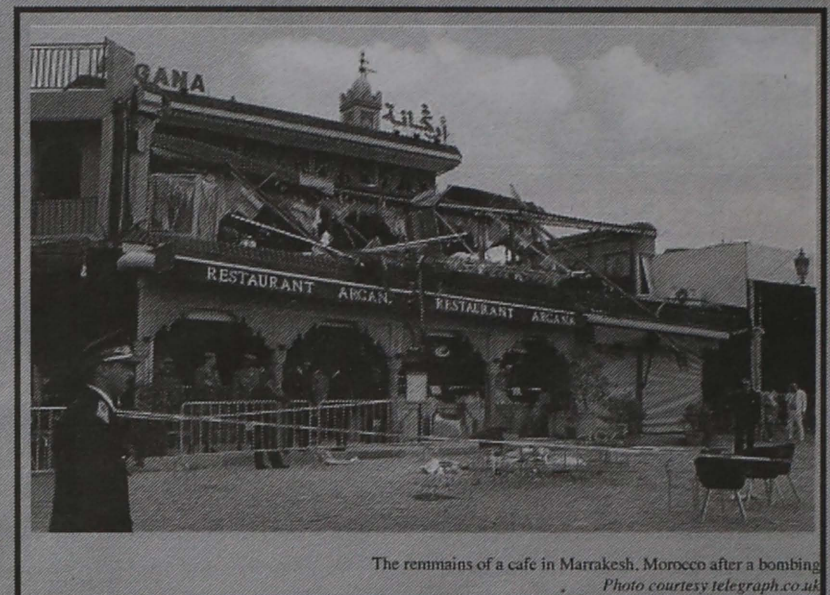
Wednesday, Apr. 27

MISRATA, LIBYA – A NATO warplane attacked a rebel position in the Libyan city of Misrata on Wednesday, killing 12 rebel fighters and wounding five others in what one rebel leader called an accident that could have been avoided. At first the rebels did not want to admit that the killings had occurred, out of fear that doing so would discourage further NATO air strikes against Muammar Gadhafi's forces. The number of NATO airstrikes has increased over the last three days, in response to complaints by the rebels that NATO support had diminished. According to a rebel commander, Abdullah Moham-

med, the rebels were barricaded in a salt factory, and had informed NATO of their position on Tuesday. They remained in the building, which was struck by NATO on Wednesday around 4:30 in the afternoon. The rebels control most of Misrata, but worry that Gadhafi's forces will attempt to seize the port, currently the city's only means of supply. (*New York Times Online*)

Thursday, Apr. 28

SOUTHEAST ASIA – Thailand and Cambodia have reached a ceasefire agreement after a week of conflict along a disputed border. The agreement was reached after talks by both militaries. Fifteen people, including a civilian, have died in the skirmishes. The battles have mainly occurred around two ancient temples in areas of jungle that both countries claim to own. Each side has accused the other of starting the violence, which has also displaced thousands of villagers from their homes. Parts of the Thai-Cambodian border were never officially established, leading to nationalistic sentiments on the part



The remains of a cafe in Marrakesh, Morocco after a bombing
Photo courtesy telegraph.co.uk

Tuesday, Apr. 26

KABUL, AFGHANISTAN – One day after hundreds of insurgents escaped from an Afghan jail, Afghan government officials are saying that the prisoners must have had inside help from prison guards or officials. Around 500 prisoners escaped Monday through a tunnel dug by the Taliban. The 1000-foot-long tunnel took five months to dig according to the Taliban, and the entrance to the tunnel is inside a house within sight of the prison. The house was inspected by security forces

of both countries and sporadic clashes. The most recent fighting was three years ago. (*BBC News Online*)

Friday, Apr. 29

MARRAKESH, MOROCCO – On Friday, Interpol announced that Thursday's deadly bomb blast at a café in Marrakesh is investigated as a suspected suicide bombing. The blast, which occurred at a crowded tourist café, killed 15 people and wounded an additional 20. Seven of the vic-

tims have been identified, and included two Canadians, two from France, one Dutch, and two Moroccans. The attack is Morocco's deadliest in eight years. One government spokesman called the act one of terrorism, and noted that Morocco has dismantled several groups of insurgents linked to al-Qaeda and thwarted a number of terrorist plots over the years. However, he said it was too soon to lay blame for the attack on any one particular group. (*The Press Association, hosted by Google*)

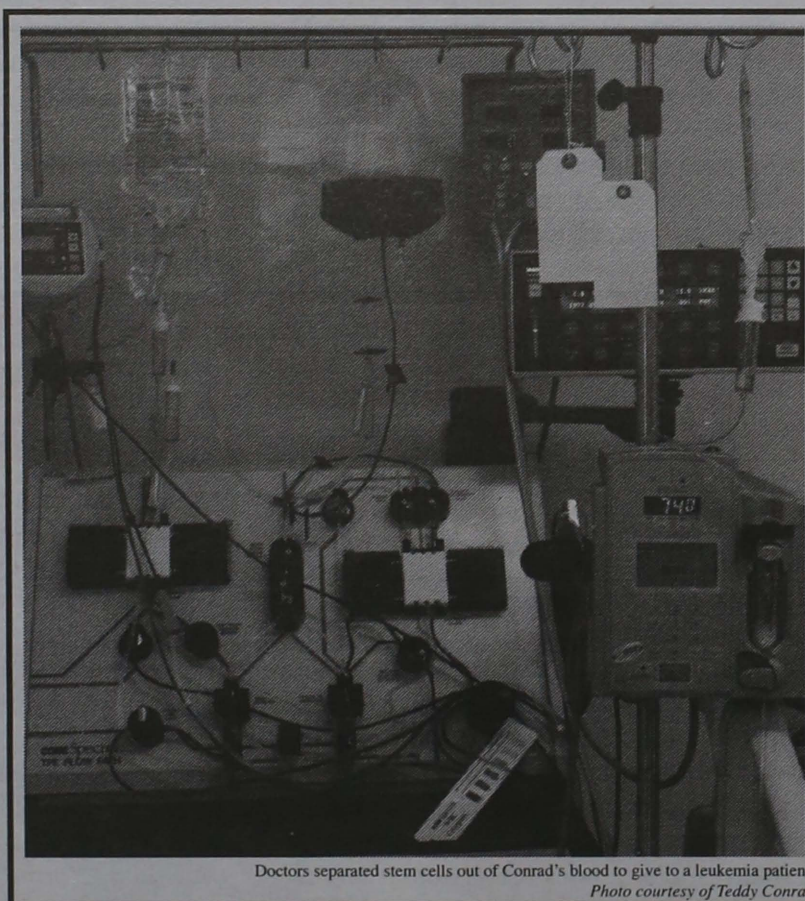
"Conrad" is continued
from front page.

few days thereafter. However, a week later he felt perfectly fine.

As of yet, Conrad does not know who his bone marrow went to, and is not allowed to visit them according to the rules of the Be A Match foundation. "The only information I'm allowed to know about the person is she's a 63-year-old lady with leukemia," said Conrad. "I don't even know how she's doing right now. I'm hoping she's doing well, obviously." The two are allowed to write anonymously to one another, and after a year they may meet face-to-face. "I'm pretty sure we'll set something up, as long as she's healthy."

Prior to his experience as a marrow donor, Conrad had not so much as donated blood. However, the reward for helping someone in need has surely changed his outlook. "They just take stem cells out and it's painless and you can save a life by doing it," he said. "I like helping people, and I was just lucky enough to be put in the situation to save a life so easily."

The football team hosted an-



Doctors separated stem cells out of Conrad's blood to give to a leukemia patient.
Photo courtesy of Teddy Conrad

other bone marrow registry drive this past April, and may likely do so again in following years. Those who wish to be involved or sign up as a donor can visit the Be A Match website at www.marrows.org for more information where and how to sign up. Being chosen as a donor is completely

random, and some people may go years without receiving a call to donate. Others, like Conrad, are called upon a little more quickly.

"If I ever get a call again I won't even hesitate," Conrad said with a smile. "I'll do it again in a heartbeat."

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Breakaway Student Productions presents one act plays

By Jarod Groome
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From Apr. 28 to the 30, Breakaway Productions presented three short stage plays for the Ursinus Community. Breakaway is a student acted and directed production group on campus that allows the young and talented students of Ursinus to channel their creativity into comedic, serious, meaningful and entertaining scripts. This spring, Breakaway featured several productions, *Too Many Cooks in the Kitchen*, *Felis Interuptus*, *Unrap Your Candy* and *The Young and the Articulate*. All of the pieces were well-direct-

ed and acted out, but the varying storylines separated the plays.

Too Many Cooks in the Kitchen was written and directed by senior, Josh Krigman. The play dealt with a man who had several different personalities. He expressed these personalities through three performed monologues. As the play continues, he begins a relationship with a woman, for whom he has a sexual interest in. By the end of the production, it comes back in a circle, as the woman has three personalities that she shows to the audience. This piece kept the laughs coming as it poked at the humor of each personality. It was a very well-written piece with a strong ending.

Felis Interuptus, was written by Sarah Round and directed by Alex Wersted. This play had a simpler storyline, yet it retained the attention of the audience by way of its pure entertainment. The piece was about a young woman who accidentally kills her boyfriend's cat and convinces her brother to help put the cat six feet under. She convinces her boyfriend by offering a good word to a young woman that he is interested in. By the play's end, it's a win-win as the boyfriend falls for the replacement cat, and the brother receives a phone call from his love interest. This play gets much of the laughs, although there are only three actors.

The Young and the Articulate, was written and directed by

Anna Larouche. This piece provides some sense of High School nostalgia, as the play consists of a young woman who is dumped by her boyfriend for the new and beautiful girl. Not only does her boyfriend leave her for the girl, but her best friend does the same. In response, the girl joins two Goths and tries to get back at her old companions. By the end she is comfortable with herself and tells her back-stabbing friends to take a hike. This plays deals with the universal social structures of High School, and is relevant to any college student, who is not too far removed from their early to mid-teenage years.

Emily Garmisma's *Unwrap*

Your Candy was a piece that consisted of several monologues by characters that were simply reflecting on impactful situations and occurrences in their life. The monologues included a doctor who had made a crucial surgical mistake, a man thinking about killing a woman on her cell phone, a narcoleptic, and a fashionista. The production gave the audience access into the characters mind.

Breakaway Productions has put together another exciting, high-quality and interesting set of productions. If you did not see this last set of one-acts, you have been missing out. Support Ursinus' talented theater students through Breakaway productions.

Osama bin Laden announced dead

By Liz Kilmer
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This past Sunday, President Barack Obama announced that al-Qaeda founder Osama bin Laden was killed during a covert operation. On Friday, President Obama reportedly authorized a raid on the terrorist's suspected location in Pakistan, sending a team of U.S. Navy SEALs to storm the compound in two helicopters.

The mission was carried out in under an hour: bin Laden was shot twice in his three-story mansion and buried at sea within 24 hours.

Headline breakdown:

"White House considering releasing bin Laden photo" (USA Today)

Since the announcement on Sunday, several activists, including anti-war crusader Cindy Sheehan, have publicly questioned whether or not bin Laden is truly dead. In response, USA Today reports that the White House is considering the release of a photograph. CIA Director Leon Panetta said Tuesday that "the government, obviously, has

been talking about how best to do this," as many are concerned that the image is too gruesome. Press Secretary Jay Carney expressed concerns about the "sensitivity" of releasing a photo, stating that "there is not some rolling debate."

"Obama got Osama" won't win in 2012" (CNN)

In a CNN editorial, columnist LZ Granderson addresses the notion that Osama's murder may assist President Obama in cinching reelection. According to Grand-

erson, "By the time summer rolls around, bin Laden's death will be a distant memory, but the unemployment rate and gas prices will still be here, fresh in our minds."

"Osama bin Laden's

death removes a cloud that enveloped a generation" (Los Angeles Times)

For the "millennial" generation, i.e. individuals born after 1980, "terrorism and the American response to it created a climate of foreboding that shaped their youth." This article argues that bin Laden's death marks a defining moment for these young adults.

"By the time summer rolls around, bin Laden's death will be a distant memory, but the employment rate and gas prices will still be here, fresh in our minds..."

POD participates in creek clean-up

By Eva Bramesco
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Every year the Dirtmen of Pi Omega Delta fraternity participate in the Creek Cleanup in Schwenksville, PA. This operation which is run by the Perkiomen Watershed Conservatory and is sponsored by Pennsylvania American Water works annually with the brothers to ensure that the creeks and rivers in the area stay trash and pollutant free. Eleven brothers, their advisor Mrs. Kelly Williams, and some ten community members

traipsed out to the creek early in the morning on a cold April day, and by the late afternoon they had collected 20 bags full of trash from in and around the creek.

Other fun finds included three shopping carts, and two tires which had to be removed from the running water. This is just one of the many community service projects that Pi Omega Delta and all other Greek Organizations conduct on and off campus throughout the year.

Among other things, the organization is founded on principles of service and bettering the community which it serves.

Sophomore Brett Hillsberg is acting Community Service chair for the fraternity and actually reported that the organization was not able to carry out all of its intended endeavors this semester due to lack of resources after 3 previous successful programs.

Hillsberg would like to thank all those who helped with the cleanup and especially Mrs. Kelly Williams for being a great advisor and friend to the fraternity. Students should be on the lookout for more service opportunities from these strikingly handsome boys during the fall semester.



Brothers of Pi Omega Delta and fellow community volunteers. POD Community Service chair Brett Hillsberg '13 poses in shopping cart. Photo courtesy of Brett Hillsberg

Senior Spotlight: Looking towards new adventures

By Katie Callahan
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Penn State Main was calling Danielle Chmelewski's name until her mom broke down in tears on the car ride home from campus saying she didn't want her daughter to be just a number. Chmelewski found solace in Ursinus where she realized courses like CIE would give her a chance to get to know those around her and a chance to really delve into a different culture.

"I think part of the reason [I came here] was I really wanted to have meaningful conversations with people," said Chmelewski.

Majoring in Media and Communications with minors in both psychology and dance,

Chmelewski looked for a way to break out of her regular routine from high school and into new adventures while at college. Gymnastics was a part of her life since the age of three, and until the end of junior year it was a part of her life here, also. "An injury senior year [of high school], wiped out my gymnastics career, and I realized gymnastics wasn't the only thing," she said, "I wanted to try everything, I wanted to explore, and that's basically what I have been doing here."

Chmelewski stayed busy between involvement in Escape Velocity, Ursinus College Dance Company, UC Ambassadors, Breakaway Student Productions, the Senior Committee, the MCS Honors Society Theta Chi, *The Grizzly*, being an Admissions

Intern, and grabbing the 2010 Homecoming Queen title. She most recently organized a flash mob by the Love statue for her new internship.

"Anything that has sparked my interest the tiniest bit I have just gone for without hesitation, and I feel like I've tried my hardest to step out of my comfort zone here and not get pulled into one group or one thing," said Chmelewski.

Chmelewski has been applying for a few jobs to keep her parents happy, but she hopes to take her life abroad in the coming year.

"I want to go abroad somewhere because I never studied abroad here. A lot of people told me I missed my opportunity, but I don't think that's true. There

are a lot of opportunities out there and I am exploring those opportunities now," said Chmelewski.

The active senior is also looking into doing a documentary that will take her across the country in the near future. After attending a leadership conference with Todd McKinney and fellow senior Megan Sattazahn, Chmelewski came back intrigued and ready to find out what she was passionate about. After talking to many people at the conference, she realized that finding your passion is more difficult than it sounds: "I felt like I had to be passionate about one thing," but later realized that wasn't true.

The documentary will be a study on people where Chmelewski will have the opportunity to hold and facilitate

conversations surrounding what people are passionate about and how they find that passion within their daily lives.

Although a bit uneasy about the lack of structure that comes with graduation, Chmelewski is, "excited to explore." She urges underclassmen, "don't be afraid to step out of your comfort zone, try things you never thought you would like, do things you would never think about doing, because sometimes those things that you don't think you would necessarily enjoy end up being one of those shaping factors in your life."

Chmelewski hits her last stage at Ursinus College during Commencement on May 14 as the student nominated student speaker.

Eleven quick tips on enjoying East Coast attractions

By Katie Haldeman
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The weather is warming up, finals are starting and ending, classes are out, the traffic has begun, and gas prices are rising... that only can mean one thing, SUMMER! If anyone has a work schedule quite like I do for the summer then your only opportunities to get away for a mini vacation would be the weekends, or the long weekends. But where to go?

1. If you have some cash to spend check out Disney World, Orlando, Florida - only a short plane ride from anywhere along the east coast, full of rides, sun, and of course the Disney characters,

anyone can feel like a kid again.

2. "The Jersey Shore" - With beaches lining the coast, New Jersey is full of sandy beaches, fun bars, and boardwalks full of tasty food, and people to watch. Check out home to MTV reality stars Seaside Heights or avoid the boardwalks and go to Long Beach Island, NJ

3. Cape Cod - A little farther of a trip, this northern beach has tons of attractions. From local stores, to boating adventures, you will never find yourself bored.

4. Atlantic City - For those who are 21 and older there are plenty of bars, casinos, and more for your enjoyment. Get a room with a few of your friends and enjoy a night of excitement.

5. Maine - Full of theme parks, woods, and fresh air Maine is the perfect place for the outdoor lovers. You can camp out or stay at one of the wonderful lodges that are located all over Maine.

6. Niagara Falls - Ideal for the longer weekends/holiday weekends. Just being along the New York and Canadian border, Niagara Falls allows people to not only see the water fall but also explore two different countries! A two for one deal. Don't forget your passport.

7. Myrtle Beach - For those of you who enjoy golfing and the beach, this too is a two for one deal! With golf courses being located anywhere from five min-

utes to 45 minutes from the beach, Myrtle Beach is a great place to get a nice tan while enjoying a few rounds of golf.

8. Outer Banks - Perfect place to go if you love the beach without the chaos and extremely crowded streets. Located off the main shore, the beaches on the Outer Banks are beautiful and full of wildlife, water sports, and shopping.

9. New York City - A little different than the normal summer vacation, New York City provides plenty of shopping, shows, and a fun night out on the town. You can even check out a Broadway matinee or visit the NBC studio.

10. Baltimore/Inner Harbor -

Wonderful place to visit for those who just want a day or two of sightseeing, fine dining, and shopping. Between the aquarium, different sporting events, and boat tours, there is no chance you will be bored in Baltimore.

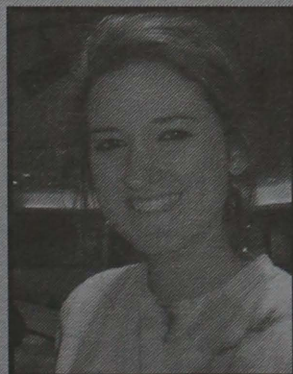
11. Theme parks, Water parks, and more - there are tons of water parks located along the east coast, ranging from Hershey Park to Six Flags, to Kings Dominion, there are tons of theme parks to attend!

With this list of ten places, that I love, I hope there is somewhere that interests you. And hopefully this list can provide you and your friends with a few great ideas of places to go and visit.

Word on the Street

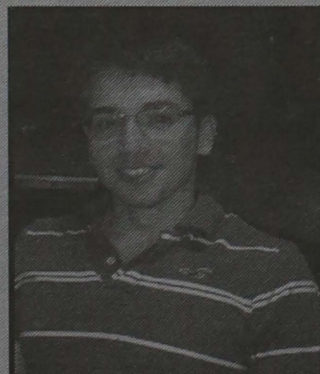
with Jessica Orbon
jeorbon@ursinus.edu

"What are you looking forward to the most this summer?"



Val Alonso
Sophomore
MCS/Psych

Seeing my family.



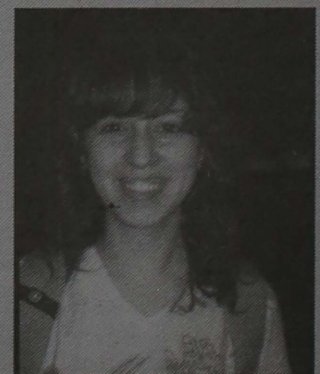
Daniel Horowitz
Junior
Business & Economics

Possibly going to Brazil



Austin Anthony
Senior
Business & Economics

Golfing all day



Gladys Martinez
Freshman
International Relations

Going home to California and the beach

"Skin We're In' is continued from Front Page

group and promoted the ideals. The group members say that their biggest fan is their adviser, Nina LaTassa, who has met and exchanged ideas with them continually.

Alyse Reid says that the idea for the Runway for Real Bodies fashion show was brought up to the group by a member of campus who had too much on her plate to host the event. When the Board brought it up to the group, everyone became really excited. Yet after reviewing their budget they realized that buying clothes

for each model would be impossible. So the group partnered with Goodwill who donated anything they were in need of.

The models also added a lot to the success of the event. The men and women came from all different areas of campus and their involvement brought the support of different clubs and organizations which had a presence in the audience.

Murphy and Reid speak for the group when they say that their involvement is the product of life experience. Everyone struggles with body image and most people have seen others struggle with it too. Events like this, "could save

people from some really miserable experiences," Reid explains, "I just want to help people and help myself, which I think are the same reasons that a lot of us are on board with Skin We're In!" Murphy adds, "No one should ever have to feel like they are not good enough because they don't fit into mainstream society's narrow-minded, unnatural, and unrealistic definition of beauty. Skin We're In is here to end the vicious cycle of self-hatred, and we will not give up until every last person on this campus loves the skin they're in."

The message of the club is self confidence and the ability to

find beauty in everyone. Since people struggle with this around the globe, the Runway for Real Bodies has an important purpose. The specific goal of the fashion show event was to demonstrate through the confidence of the models and the positive energy from the audience that brands and sizes don't matter. Everyone has the ability to define and redefine beauty as they see fit. The goal is comfort in your own skin and the knowledge that beauty comes in many forms, each as true as the next.

Skin We're In is a relatively new group on campus. Already they have done huge things. Last

year, before the club even existed, Alyse Reid worked to bring Callie Walker of the Real World to campus. In Lower Wismer, she addressed a crowd of students who wanted to hear her speak about what was on many of their minds, *how do you come to terms with an eating disorder?* She discussed struggles with body image and the importance of a support team and even how to act towards a friend who might have an eating disorder.

The group also worked to raise money and publicity by selling shirts through a partnership with Sigma Sigma Sigma sorority. The profits went to the National Eating Disorder Association and the shirts are seen occasionally around campus.

As an official group on campus they have worked hard to gather membership. If anyone is interested in attending meetings next year make sure to look out for the emails or send one to the Skin We're In email account.



Participants of the Skin We're In runway show strut their stuff. Left to right: Danel Berman in a Skin We're In t-shirt, Alyse Reid hosting the event, Emanuala Dylgieri in a Goodwill dress, and Leah Kaylor in a Goodwill wedding gown. Photos provided by author

Career Corner: The Gap Year

Career Services
career@ursinus.edu

If you aren't ready to commit to a career path, need a little time off before heading to grad school, or simply feel a call to serve others, consider taking a year off after graduation. Taking a "gap year" just might help you learn more about yourself and where you fit in the world.

There are hundreds of full-time volunteer and service programs for new grads. You can choose among a wide range of positions, living situations, and locations. Many provide living arrangements, professional development opportunities, stipends, and some provide Educational Awards after your year of service is completed.

Programs can be faith-based or secular in focus. Put your values, education and experience to

work with those in need. From battling HIV in Africa to saving endangered species in Alaska, there are literally thousands of interesting ways to spend a year serving, while gaining experience and learning more about yourself and your world.

The following resources can be useful in your research. Be sure to check out additional Gap Year resources on the Career Services website.

Some programs to consider include:

- Americorps**
www.americorps.org/
- Avodah- The Jewish Service Corps**
www.avodah.net/
- Catholic Network of Volunteer Service**
www.cnvs.org/
- City Year**
www.cityyear.org/

- Green Corps**
www.greencorps.org/
- Habitat for Humanity**
www.habitat.org/
- Idealist**
www.idealists.org
- Lutheran volunteer Corps**
www.lutheranvolunteercorps.org/
- Peace corps**
www.peacecorps.org/
- World Teach**
www.worldteach.org/

If you are worried that stepping out of the traditional workplace for a year will be detrimental to your long term career- stop worrying. This kind of experience shows an employer you are resourceful and hard working. Grad schools are also impressed with this kind of experience on your application. Visit Career Services to discuss your ideas on how to make a difference in the world through a year of service.

"Earth Week" is continued from Front Page

activities, all being held from 11am-5pm. Students got the opportunity to play Frisbee, play volleyball, get a henna tattoo, eat some yummy organic food, and even had a chance to ride a solar golf cart. Later on that day, there was also some reptile shows, open mic activities, a garden tour and a tree dedication to President John Strassburger.

Megan Maccaroni, one of the coordinators for Earth Day said, "I think it's important for students to participate in these activities because I believe it's really important to get people thinking about the impact that they, as individuals, have on the earth. To make learning about this global issue exciting, hosting these types of activities show how fun and easy living green can really be. For example, learning how to make cute crafts from recycled materials, playing Frisbee outside, and enjoying fresh local

foods are all really fun activities that most people like doing, but also help deepen their connection with the environment and encourage them to think and live more sustainably."

Marina Campo, a junior at Ursinus as well as the Secretary of UCEA, shares this same sentiment, explaining, "Earth day is a tradition here at Ursinus, it's a huge day of fun but it also sends an important message. As Megan said, it serves as a means to educate campus. There are ways to get involved and small changes we make in our lifestyles have a huge impact; we're trying to promote sustainability and raise awareness in a fun way."

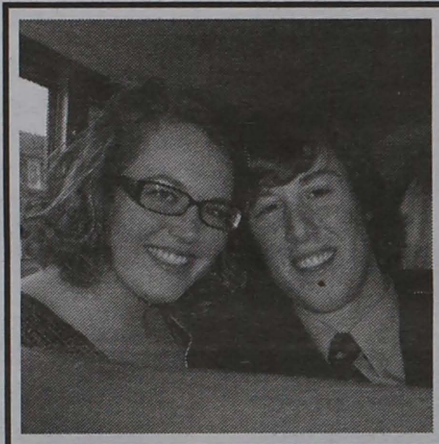
While there is doubt that this a busy time of year with work and finals, it's important to participate in the community and enjoy what Ursinus has to offer. Put your books down, step out of your room and help Ursinus live up to their title as one of the "greenest colleges" while also having fun with friends.

Saying farewell after four years at Ursinus College

By Katie Callahan
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At the end of my high school graduation day my face had actually been slightly paralyzed from smiling so much. I'm not kidding, my boyfriend took a picture of me and my smile was so large for so long that I couldn't move my cheeks. It finally unfroze about forty minutes after I had left.

I was just about as excited to graduate college until I sat down and put the layout together for this issue of *The Grizzly*. It hit me that I would never spend all night working on the paper again. In the last four years throughout roughly 100 issues, *The Grizzly* has been a big part of my life at Ursinus. I already



knew I was going to miss watching my friends compete in athletics and others perform on stage, but I didn't know slaving away in front of a Mac would be something to miss, also.

During my freshman year I went home a lot. When I was home one day my dad told me, "Katie, college isn't just a time for studying, so don't forget to have fun."

I took his advice and while here I learned to spell kaleidoscope without using spell check, I've learned how to get on the roof of most buildings, and I have also learned the proper use of my middle digit, solely while crossing Main Street. On an academic note, professors have taught me how to study smarter and think more critically, many have shown

me what passion looks like, and I am fairly confident that I could draw a supply and demand curve showing the current job market situation.

I'm the 19th member of my family to attend Ursinus, and I can easily say that I took a different path than all the other members of my family—especially because I was the only one that did not go Greek. But besides that, it's funny that with how small this school is, 19 people from the same family all took different journeys. That's one aspect I love about Ursinus—no matter what your interest is, if you believe in what the institution believes in, you can find a path here that suites you. I showed my cousin (another Callahan) around on Monday, and although I hope he finds a home in Ursinus, I know he will always feel comfortable visiting campus, because UC embodies the Callahan spirit.

This small space isn't enough to say how thankful I am to the entire Ursinus community for not only accepting me as a

part of the culture here, but also my boyfriend who has lived here with me for the last four years free of charge. It's been incredible, and I wouldn't have it any other way. I also take comfort in knowing my name will live on

for at least two more years, because there is a Caitlin Callahan that goes here that many people confuse via email, but after she graduates I have my memories that will keep me coming back.

Senior Reflection

By Erik Derr
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As my time here at Ursinus comes to a close, I have found myself looking back on my four years at this institution. Over the past few weeks I have taken a careful look at the beautiful campus around me and have spent some serious time in introspection, reflecting upon my college career. In doing so, I began to ask myself the question: After four years, do I love or hate Ursinus? This might seem like an odd question, so let me take a step back and give you a brief background so that you may consider why I am justified in asking this question.

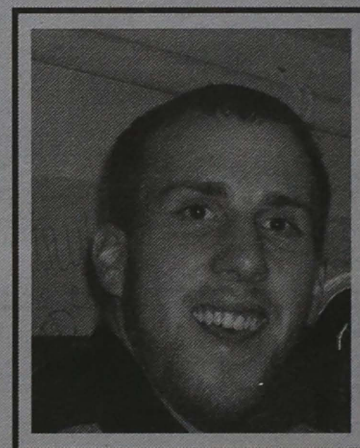
My freshman year was a time I'll never forget...from what I remember, at least. In that year I had more fun than most people will ever have in four years of college. Every weekend was an adventure. I frequently drank in the freshman dorms, was drunk in Reimert, got lost in the woods, and enjoyed every second of living. The adventures and fun came crashing down in April of that year when I had finally been written up one too many times. My disciplinary sanction was removal from the residence halls until spring of my sophomore year and disciplinary probation.

Needless to say, I felt wronged by these punishments. I spent a lot of my time angry and was vengeful for over half of my college career. I drove to and from school, an hour commute each way, every day for a semester. I hated Ursinus and I still contend that I will never give a dollar to this school. Ev-

ery action was fueled by anger and resentment for the institution. Everything I have done to this point has been done out of spite. Through my college career I was determined to "stick it to the man" and to prove that I was not a screw-up like everybody thought.

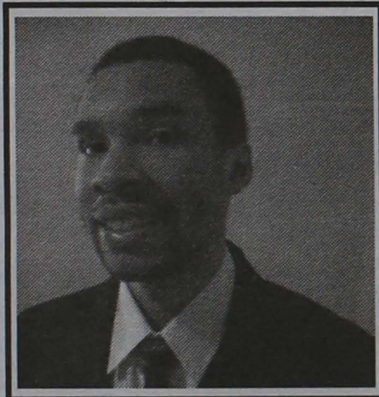
In every aspect of my life I held the unwavering desire not to make amends, but to prove that I could beat the odds and do what nobody thought possible. I wanted to turn my life around not for my own good, but to spite Ursinus. I eventually worked my way to the top of almost everything I attempted to do, earning respect and praise from many. Still, I was angry. I spent a long time feeling this way and it has eaten at me for years.

Recently though, I have begun to look around and realize how many amazing opportunities I have had at Ursinus. Never again will I be immersed in this type of community. Never again will I be surrounded by these many opportunities. I have realized that the people here genuinely give a damn, and only want what is best for us. There are so many doors of opportunity, so many possibilities. I urge you to make the most of your four years. Ursinus has so much to offer, so take the time to enjoy it. Don't be like me and live a life of anger and resentment. Enjoy your four years here, because after this, all that's left is memories. So I suppose I will leave here with this one final sentiment as I cross the stage on graduation: I hate the fact that I love what Ursinus has been able to do for me, in and out of the classroom.



Looking forward to warm weather

By James Shelton
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It seems like once again this year we're going to skip spring and head right into summer with the sudden appearance of hot weather last week. Only a few weeks ago, we were still having cold weather, something like 40 or 50 degrees. Last Monday was close to 90 degrees. The rest of the week was hot and sunny as well.

It may be hot and summer definitely seems to be coming early, but I welcome it with open arms. I'm ready for the warmer weather and I like not having to bundle up, wearing thick winter coats, every time I leave my room. I think it's been cold for

far too long and the warm weather is much needed. It's a shame that the year is almost over and we can't enjoy it so much here. Hopefully, this weather continues during finals week and we can go out in a nice way. At least, this is only a taste of what we can expect in the coming months as summer actually approaches.

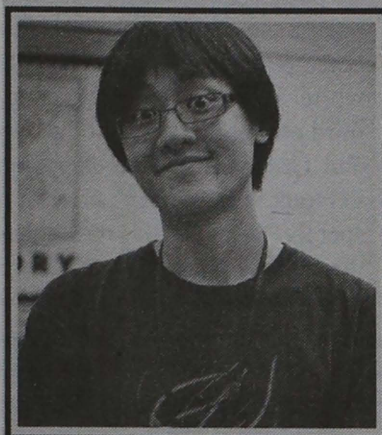
What I really like about this weather is that I was able to resurrect my cargo shorts. This weather has allowed me to bring out clothes that have been buried in my closet since September, maybe October. Last Tuesday I left my dorm wearing tan cargo shorts, something I hadn't done almost all year. It quickly got cold during this school year and now it seems to get hot quickly too. The warm weather we had in August and September seems to be a long time ago now. I've almost forgotten what it's like to have nice, hot, sunny weather. Not only has it been extremely cold this school year but the cold has been met with snow and, more recently, rain. The combination of frigid temperatures, snow and rain has just made the weather unpleasant at times. I certainly

prefer spring weather myself, if for no other reason than that it hasn't always been a delightful walk to class from my dorm.

I like how I don't have to wear so many articles of clothing in order to go out in weather like this. My wardrobe can be pretty simple and I don't have to worry about keeping track of extra clothing such as hats and scarves. That being said, the only problem with weather like this is that sometimes it can be *too* hot. Last week, I felt the heat more than usual because my dorm is not prepared for summer weather like this yet. It's still set up for winter weather and we don't really have air conditioning yet. I've got a screen up in my room to bring in cool air, which is better than just sitting in my room, covered in sweat, but it's not the same as cool air conditioning. It might not work so well if we get hot, humid air in the coming days. Then there's no breeze to roll in to give me much needed relief. Anyway, there seems to be good and bad with every kind of weather, but I am definitely looking forward to this warm weather that might be here to stay.

Putting end of semester finals into perspective

By KyuChul Shin
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Well, it looks like it is that time of year again. No, I am not talking about the pollen. In the middle of all that sneezing and those runny noses I am sure you have all noticed that it is once again time for finals. Well, there is obviously one thing that we could do to actually get good grades on them. By that I mean

waiting until the day before and cramming as much information as possible. That should, in all likelihood, work a lot better than actually studying a little bit every day a week before the exam.

Most students at Ursinus probably have four finals to deal with in the upcoming weeks. Out of those four finals, let us all be honest, how many of them do we really care about doing really well on? There always seems to be that course we take simply to fill a requirement, because our advisers told us to take it, or because we wanted an easy A. Truthfully, we probably are not going to be studying for the final for this class.

Of course, there is that class that has been a bother all semester. Everyone knows what I am talking about. You know, that class that we have to constantly study for because we just do not seem to understand what exactly

is going on half the time? So, chances are you probably remember a good chunk of the material from the class. In all honesty, does one really need to study hard for this class? I would say the answer is no.

Then there is that class where the professor says that the final exam will mostly cover material from after the last test. That generally means that the material from before the last test will take a backseat to the material after the last test. In other words, just skim that material; no need to go all out for something that might not even make up a quarter of the material of a test, right? So basically, that means you only have half a test to study for.

For most other students, there is also that class you have been dominating for the entire semester. You know that an A is basi-

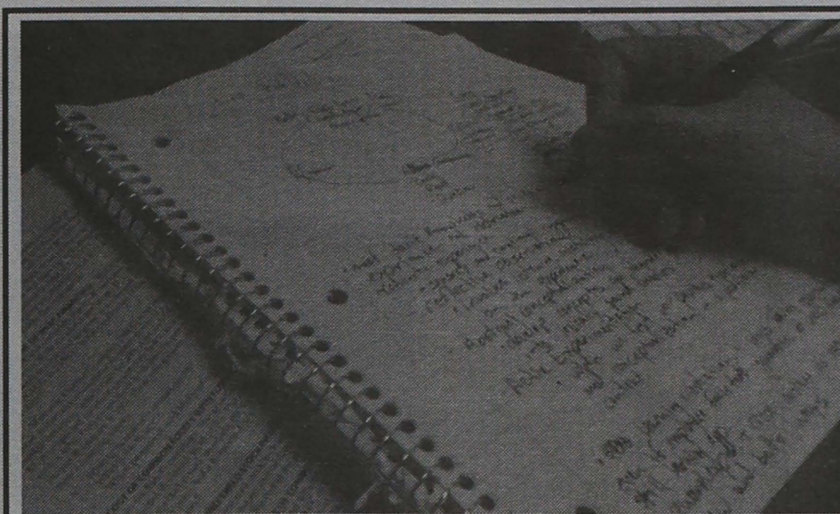


Photo by Katie Callahan

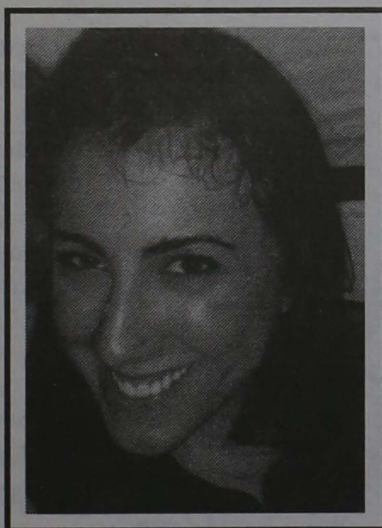
cally guaranteed even if you do not do that well on the final. So once again, there is another final that you will only be half studying for.

So if you really think about it, you will only be studying for two finals, not four. That right there makes your job a lot easier now, does it not? None of us likes studying for finals; there

is only a certain amount of time we can study before we doze off, want to go on Facebook, or realize that NBA or NHL playoffs are far more entertaining than reading a whole semester's worth of biology. Just be economical with the time you have. Oh yeah, that is one thing that most people do not seem to be too good at doing. Just relax!

Main Street Drivers: Not winning and not appealing

By Anna Larouche
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It figures that my final *Grizzly* article this semester would be another angry rant about women's issues (what's that?). I'm sure that every woman on this campus can relate to the experience I am about to discuss here, as the very things that condemn them are inexorable from their bodies—yes, their ladyparts.

Of course, I'm talking about the constant sexual harassment that occurs on Main Street. Before I continue, I have to ask: who participates in these cowardly

acts of dehumanization? I try to imagine any human being I know taking juvenile glee in yelling at girls, as they drive by, clutching their steering wheel with a content smugness. "Hey guys, heh. Heh. Did you see that? Yeah. I'm the man."

As a resident of a Main Street house, I'm sure that myself and any other individual who falls into this category are a bit more familiar with this than others. In my one year on Main Street, I have experienced plenty of the screaming, the whistling, and the shouting... and let's be honest, a lot of it most likely wasn't directed at me, but my friends. Either way, it's irritating at best.

In the past couple of weeks, I've noticed that these incidents have gotten worse—or maybe it's just me.

Let's begin on April 20th when I and a few of my friends—all female—were walking down to Wawa around 11:30 PM. As we passed Marzella's, a water balloon flew in between my friend's legs and exploded, soaking her shins. Thinking that it came from a bunch of douches in a house, we shrugged it off and kept moving. Except then it happened again. And again. Soon we noticed that there was a vehicle full of men

who were driving up and down Main Street, deliberately targeting us. They screamed, "Fucking dykes!" and continued for about another thirty minutes, at which point I'm guessing they were late for their daily Axe bath.

A few days later, I'm walking home from a tech rehearsal, when this guy slows down, screams "Fatass!" at me, and drives off in his Mustang GT. These details were included to emphasize the compensation purposes I'm sure that both of them serve.

After complaining about that on Facebook (as I usually do), an acquaintance of mine approached me and said how as she was about to across Main Street, a man had done a similar thing to her—slowed down, shouted, "How much for a blowjob?" and drove off. That was pretty much the final straw.

What's all of this complaining about, you ask?

I'm not sure why it has to be labeled complaining in the first place. Obviously, I'm not asking Ursinus to try and fix the issue of these idiots that drive past our campus. I do want to know why so many people, men and women, are so complicit in the fact that these things happen. Women even glean delight from it. Be-

ing catcalled for some is exciting: "Someone thinks I'm attractive!" As for men: some just wish that they would get that sort of attention.

Except they don't. I'd be hard-pressed, I'm sure, to find the same number of men who have been harassed from the street as there are women. And before I continue, I'd like to qualify that I speak, mostly, of straight women. The issue here is that men believe it's some sort of honor to get screamed at from a car, since they are so seldom hassled, so then women respond to these ideals and incorporate them into their own psyche. Unfortunately, this incorporation does nothing to redeem a woman's true sense of self-confidence. I'm far more likely to be right if I guess that it feeds into her constant desire for validation from the opposite sex (Reimert, anyone?).

Look, ladies and gentlemen, being screeched at like you are a homeless chimpanzee is never a badge of pride you can wear. That's doubly true if the person is driving a vehicle, even if it is a Bentley. Though, that doesn't really apply to all of you. Many women are rightfully upset that they get asked how much they charge for oral sex and wonder if it's something they wore. That's not the answer either. Unfortunately, being a woman, they are cursed to be viewed first as tits, and then as a human being who maybe has feelings.

Gentlemen, stop thinking that we are lucky to be viewed as nicely wrapped meat-packages in our day-to-day life and maybe consider the slight differences between "Your hair looks nice," and "NICE ASS!" and start respecting my friends and me when we just want to walk to class.

*The Grizzly needs your help!
Check your email for a chance
to win an American Express
gift card by filling out a
quick two minute survey.*

Men and Women's Track & Field ends on high note

By Nick Pane
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The Men's and Women's Track & Field teams wrapped up their team seasons this past weekend with strong overall performances at the Centennial Conference Championships held at Muhlenberg this year. After two days of strong preliminary showings, the Bears were in great position heading into the final day, and did not disappoint, as the women took second overall, and men placed fifth.

For the women's team, it was a memorable day, and excellent way to end the season. The 4x100 meter relay, comprised of Victoria Goodenough, Kirsten King, Amanda Laurito, and Lauren Lammers, had a great start on Sunday, winning the event just ahead of Haverford. After taking home the gold, all four would go on to have strong individual days as well, powering the Women's team to their second place finish. Laurito and Goodenough continued their outstanding freshman seasons, with Laurito taking first place in the 100 and 200 meter



The Women's Track & Field team claimed second place at conferences while the Men's side took fifth. Photo courtesy Lauren Lammers

dash, and Goodenough grabbing second in the 100 meter hurdles, and third in the 400 meter hurdles. However, it was King who would eventually steal the show.

After a strong showing in the 400 meter dash prelims, King carried it over to the finals. She ran a time of 56.82, winning the title and provisionally qualifying

for NCAA nationals. King also chipped in a third place finish in the 200 meter dash. In the field events, Ursinus took the top three spots in the high jump behind Amy Galvin, Anna Lopresti, and Annie Hudson. The Bears also received a third place finish in the pole vault from Amy Schaefer, as the team compiled a total of 135.5

points en route to second place behind Johns Hopkins.

On the men's side, the damage was done in the field. Chris Rountree followed up a first place finish in Triple Jump indoors with another first place title on Sunday. Rountree jumped an NCAA provisional mark of 47 feet, 5 inches, and also grabbed second

and fourth place finishes in the 110 meter hurdles and 100 meter dash. Tony Santino and Chris Salaga took second and third place respectively in the Javelin, while Andrew Carr picked up a third place finish in Shot Put. Jordan Grannum and Jeremy Garavel took home fourth and fifth respectively in the 400 meter dash, while Brendan Gifford took fifth in the 800 meter run. John Yokomizo chipped in a sixth place finish for the Bears in the Decathlon, tacking on an additional three points. The 4x1 and 4x4 relays each took home fourth place finishes for the Bears, as the team moved from eighth on the second day, to fifth overall when it was all said and done, scoring 85 total points. Dickinson took home the team title with 185 points, followed by Haverford with 150.

Both teams will say goodbye to a strong class of seniors, but the Bears can look forward to many point-scoring returnees on both sides when the season kicks up next year. Given the consistent top marks that the Bears receive, both teams will figure to be in the mix in the Centennial Conference for years to come.

UC Baseball and Softball playoff runs come to a close

By Nick Pane
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The run in the Centennial Conference Playoffs is over for the Ursinus Baseball and Softball squads after losses by both teams in the playoffs last weekend. After successfully clinching playoff berths, both squads fell in consolation games, with Baseball falling to Haverford, and Softball

losing to Dickinson. The losses were difficult ones for both teams, as their seasons ended with the early exits from postseason, signaling the end of the careers of the seniors that are part of both squads.

Despite a record of 14-19, the Baseball team was able to clinch a berth in the postseason, setting up a first-round matchup with Johns Hopkins, host of the tournament. The Bears would fall into an early

hole, down 3-0 to the Blue Jays off a three-run home run by catcher Joe Borrelli. The Bears would fight back, however, putting up a 5-spot in the sixth inning. Following strong pitching from Junior Nate Schnell, the Bears rallied to tie the score at 5, aided by a three-run home run from Junior Brandon Sullivan. Hopkins would return the favor in the seventh inning, ultimately rallying to win the game, 10-7. The loss meant that the Bears would be facing Haverford in the elimination game. Unfortunately, the Fords proved to be too much for the Bears.

Ursinus dug itself an early hole and was never able to recover against Haverford, falling by a decision of 13-2. The Bears couldn't record a hit until the sixth inning, after being held in check by Fords starter Jonny Williams. It was a disappointing end to the season for the Bears, finishing 14-21. The Bears will say goodbye to two seniors, Outfielder Danny Ludwig and Third Baseman Rob Vogt. Similarly, the Softball team will also watch two seniors of their own move on.

The Lady Bears wrapped up their season going 1-2 in the playoff tournament, eventually falling to Dickinson by a decision of 5-2. Ursinus also drew Dickinson in their opening game, los-

ing 2-0. The Red Devils received an outstanding pitching performance from Pitcher Allison Jordan, holding the Lady Bears to just two hits. After rallying to win 3-2 over Washington College in another elimination game, the

second matchup with Dickinson was set. However, once again, Dickinson outmuscled Ursinus.

Dickinson struck early against Sophomore Pitcher Jenilyn Weber, scoring four runs in the first inning, and never looking back. The Lady Bears would get runs back in the fourth and sixth inning, but it was not enough to push the team over the top, falling 5-2. The two close games to Dickinson was the difference, as



Photo courtesy of Sports Information

the Lady Bears watched their season come to a close. The game marked the end of the careers for seniors Jamie Miles and Kristen Gallagher, as Ursinus looks to improve on its .500 mark with first-year Head Coach Jen Croneberger.

Though the seasons were disappointing for both teams, the

future is also very bright. Both teams have key members that are returning, and there is a plethora of depth and youth that both squads have at their disposal. Both teams certainly expect to improve on their final standings for the 2012 season.

Please note the Men's Lacrosse article in Issue 21 was written by Nick Pane



Photo courtesy of Sports Information