

Occupational Therapy: Breaking the Barriers with Survivors of Human Trafficking**Leanne Bahn, OTS, Sierra Wells, OTS, & Stacey Wisniewski OTS**

Presented in Partial Fulfillment of the Master of Science in Occupational Therapy degree at Thomas Jefferson University

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Objectives of Presentation:*Recognize* the occupational injustices experienced by survivors of human trafficking and the effect on occupational participation*Describe* the role of the occupational therapy practitioner in enhancing occupational participation of survivors of human trafficking*Discuss* evidence-based interventions within the scope of occupational therapy practice for survivors of human trafficking**PICO:** What occupational therapy interventions enhance the occupational engagement for survivors of human trafficking?**Methods:**

- Databases used: PubMed, CINAHL, PsychNet
- Limits: 2009-2020, peer-reviewed, English only, all levels of evidence
 - P: Human Trafficking, Crime victims, enslavement, modern slavery.
 - I: Occupational therap*, Trauma and stressor related disorders, professional role, health services needs and demand
 - O: Well-being, activities of daily living, mental health recovery, quality of life, function, participation, community re-integration, independence
- Search yielded 931 articles, after eliminating duplicates, screening was narrowed to 7 articles for the critical review

Results: There is an overall low level of evidence for all themes and articles presented

Theme	Description	Authors
Importance of general engagement in occupation (n=5)	Encompasses engagement in numerous therapeutic activities, and benefits to client-centered and occupation-based therapy	Hopper et al. (2018) Hom & Woods (2013) Cerny et al. (2019) Mangum et al. (2019) Munsey et al. (2018)
Value of Community Reintegration (n=4)	Discusses the value of community and cultural support systems to re-establish sense of self in new life	Lee (2017) Okech et al. (2018) Hom & Woods (2013) Munsey et al. (2018)
Benefits to increasing social support (n=4)	Describes benefits to shared experiences in a safe group setting and developing healthy relationships in society	Hopper et al. (2018) Lee (2017) Okech et al. (2018) Munsey et al. (2018)
Identifying and combating symptoms of mental illness (n=5)	Details common mental health diagnoses and effective ways to manage associated symptoms including identifying specific triggers and establishing healthy coping skills.	Hopper et al. (2018) Hom & Woods (2013) Cerny et al. (2019) Okech et al. (2018) Hom & Woods (2013) Munsey et al. (2018)

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