## Control of valley dynamics in silicon quantum dots in the presence of an interface step

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Recent experiments on silicon nanostructures have seen breakthroughs toward scalable, long-lived quantum information processing. The valley degree of freedom plays a fundamental role in these devices, and the two lowest-energy electronic states of a silicon quantum dot can form a valley qubit. In this paper, we show that a single-atom high step at the silicon/barrier interface induces a strong interaction of the qubit and in-plane electric fields and that the strength of this interaction can be controlled by varying the relative position of the electron and the step. We analyze the consequences of this enhanced interaction on the dynamics of the qubit. The charge densities of the qubit states are deformed differently by the interface step, allowing nondemolition qubit readout via valley-to-charge conversion. A gate-induced in-plane electric field together with the interface step enables fast control of the valley qubit via electrically driven valley resonance. We calculate single- and two-qubit gate times, as well as relaxation and dephasing times, and present predictions for the parameter range where the gate times can be much shorter than the relaxation time and dephasing is reduced.

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## I. INTRODUCTION

Localized spins in silicon quantum dot (QD) and donor systems are actively investigated as platforms for quantum computing [1,2]. The chief reason for this is their long spin coherence times [3–11] due to weak spin-orbit coupling, the existence of nuclear-spin free isotopes allowing isotopic purification [12], and the absence of piezoelectric electron-phonon coupling [13]. Recent years have witnessed enormous experimental strides towards making silicon quantum computing scalable and long-lived [14–18], with long spin coherence times observed for single electrons [19], as well as demonstrations of electrical spin control [20] and entanglement [21,22].

The valley degree of freedom has emerged as an important ingredient of silicon quantum bits (qubits). It increases the size of the qubit Hilbert space and introduces fundamental complications in particular in entanglement, such as exchange oscillations in donors and suppression in QDs [23-29]. For example, valley interference effects have recently been experimentally observed in donors [30]. In addition, intervalley spin-orbit coupling terms can induce simultaneous spin-valley dynamics, affecting spin relaxation as well as the g factor of QDs [20,31–34]. Interestingly, the valley splitting can be measured and the valley degree of freedom can be controlled by means of a gate-induced out-of-plane electric field [35-41]. This realization has led to the proposal of a two-electron qubit encoded in the valley degree of freedom itself [38], which is expected to have good coherence properties [9]. Quantum control and coherence properties of valley qubits and combined spin-valley qubits are also being explored actively in a range of other materials, including graphene [42], carbon nanotubes [43–46], and transition metal dichalcogenides [47,48].

In this paper, we theoretically study the dynamics of a single-electron valley qubit in a silicon QD. The valley qubit is formed by the two lowest-energy electronic states of the QD. We demonstrate that a single-atom high step at the

silicon/barrier interface (see Fig. 1), a defect ubiquitous in silicon nanostructures, can induce a strong interaction of the qubit and in-plane electric fields. Importantly, the strength of this interaction can be controlled by varying the relative position of the electron and the step. We show that the charge densities of the two qubit states are deformed differently by the interface step, as the relative position of the QD and the edge of the interface step is tuned by a gate-induced in-plane electric field. This provides an opportunity for nondemolition qubit readout via valley-to-charge conversion. Furthermore, we demonstrate that, in the vicinity of the step, the physics of the valley qubit is analogous to that of a charge qubit in a double quantum dot.

Our main goal then is to discuss and quantify the coherentcontrol opportunities and the decoherence mechanisms arising from the enhanced interaction between the qubit and the in-plane electric fields. We determine the transverse and longitudinal matrix elements characterizing this interaction. We discuss the role of the transverse matrix element in enabling fast single-qubit control via electrically driven valley resonance as well as entanglement via an  $\sqrt{i \text{SWAP}}$  twoqubit gate. Concomitantly, we study qubit relaxation via spontaneous phonon emission and show that, although valley relaxation times can range over several orders of magnitude, in certain parameter regimes the single-qubit gate times can be much shorter than the relaxation time, allowing approximately  $10^3$  operations in one relaxation time. Finally, we discuss qubit dephasing rates due to background charge fluctuations and identify an operational window in which dephasing is reduced.

We model the system based on the hybrid approach of Ref. [49], using the effective mass approximation to describe the dynamics in the plane of the interface and a tight-binding approximation for the dynamics perpendicular to the interface. Our setup does not include a magnetic field, and we do not consider explicitly the spin degree of freedom.

The outline of this paper is as follows. In Sec. II we introduce the physical setup considered in this work and the

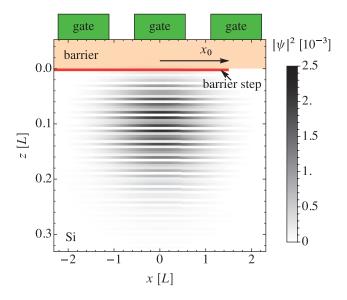


FIG. 1. Particle density of a single electron in a silicon quantum dot in the presence of a single-atom high step at the silicon/barrier interface. Lateral confinement in the xy plane is parabolic and centered at the origin. Light orange (light gray) region, z < 0: barrier material. Red (dark gray) stripe: a single-atom high step consisting of the barrier material, assumed to be translationally invariant along y. The relative position of the step edge and the center of the lateral confinement potential is denoted by  $x_0$ .

model Hamiltonian used to study it, while in Sec. III we discuss in detail valley-to-charge conversion. Section IV is devoted to the dynamics of the valley qubit, comprising coherent control due to an external electric field as well as relaxation due to phonons and dephasing due to charge noise. We summarize our findings in Sec. V.

## **II. SETUP AND MODEL**

We consider a single conduction-band electron in a gatedefined QD at a silicon/barrier interface. The setup, along with the spatial dependence of the ground-state particle density of the electron, is shown in Fig. 1. The colored regions represent the barrier material (e.g., SiGe or SiO<sub>2</sub>), and the region below represents silicon. The z axis is aligned with the [001] crystallographic direction of silicon. The in-plane confinement potential for the electron is created by top gates. The gate-induced electric field pushes the electron against the barrier and also defines the lateral confinement parallel to the xy plane. The key element of the setup is a single-atom high barrier step at the silicon/barrier interface, depicted as the red (dark gray) stripe. The step consists of the atoms of the barrier material, is assumed to be translationally invariant along y, and the relative position of the step edge and the center of the lateral confinement potential is denoted by  $x_0$ .

Note that the setup considered here, incorporating a halfinfinite barrier step at the silicon/barrier interface, is similar to the one considered in Ref. [49]. (The model used in Ref. [49] is also adopted here, see below.) Therein, the authors describe a single-atom high barrier step that has a rectangular shape in the xy plane, with a fixed location with respect to the lateral confinement potential, and compute and discuss how

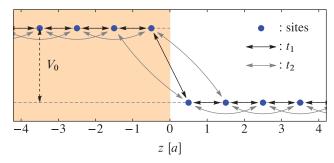


FIG. 2. One-dimensional tight-binding model near the interface along z. Nearest-neighbor  $(t_1)$  and next-nearest-neighbor  $(t_2)$  hopping amplitudes are shown as black (gray) arrows. The shaded region is the barrier material. The vertical axis represents the on-site energy; the conduction-band offset  $V_0$  of the barrier material is shown but the interface electric field is not.

the energy levels and the longitudinal matrix elements (see below for definitions) depend on the gate-induced *z*-directional electric field that pushes the electron toward the upper barrier. Inspired by that study, here we address the following distinct questions: (i) How do the wave functions behave as the relative position of the step and the QD is varied, for example, under the action of an in-plane electric field? (ii) What is the reason for the observed behavior? (iii) What are the qualitative and quantitative consequences of the observed behavior in the context of coherent control and information loss of the valley qubit?

We describe the electron using the hybrid model introduced in Ref. [49], which combines the envelope-function approximation to treat the wave function in the xy plane, with a one-dimensional tight-binding model [25] (chain) along the z axis. That distinction between the xy plane and the z direction is made to account for the fact that the electronic wave function in a silicon quantum dot is a packet of Bloch waves that reside in the z and  $\overline{z}$  valleys of silicon's conduction band. As a consequence, in this hybrid model, the electronic wave function  $\psi(x, y, j)$  has two continuous spatial variables, the x and y coordinates, and one integer spatial variable, the site index j along the chain. Here, the integer j is associated to the position  $z_j = (j - 1/2)a$  of the *j*th site of the chain, and a is the lattice constant of the latter. We use the normalization relation  $\int dx \int dy \sum_j |\psi(x, y, j)|^2 = L^2$ , where L is the lateral confinement length defined below. Of course, the spatial structure of the Hamiltonian is analogous to that of the wave function.

In the chain along z, depicted in Fig. 2, the neighboring sites represent neighboring atomic layers of silicon, therefore  $a = a_0/4$  is chosen, with  $a_0 = 0.543$  nm being the lattice constant of silicon. Note also that we neglect the spin degree of freedom from now on.

The electron in the QD is confined by the gate-induced electric fields and by the barrier material. These effects are taken into account as electrostatic potentials:

$$V = V_i + V_{xy} + V_b, \tag{1a}$$

$$V_i(j) = eE_z z_j, \tag{1b}$$

$$V_{xy}(x,y) = \frac{1}{2}m_{xy}\omega_0^2(x^2 + y^2),$$
 (1c)

$$V_b(x, y, j) = V_0 \chi_b(x, y, j).$$
 (1d)

Here,  $V_i$  represents the interface electric field  $E_z$  pushing the electron against the barrier,  $V_{xy}$  represents the gateinduced lateral confinement potential, and  $V_b$  represents the conduction-band offset of the barrier material ( $V_0$ ). The function  $\chi_b$  specifies the spatial range of the barrier material:  $\chi_b(x, y, j < 1) = 1, \chi_b(x, y, j > 1) = 0, \text{ and } \chi_b(x, y, j = 1) =$  $\Theta(x_0 - x)$ , where  $\Theta$  is the Heaviside function. Furthermore,  $m_{xy} = 0.19 m_0$  is the transverse effective mass of the silicon conduction band. We also introduce the lateral confinement length  $L = \sqrt{\hbar/(m_{xy}\omega_0)}$ .

The complete Hamiltonian H = K + V also incorporates the kinetic energy term K:

$$K = \frac{p_x^2 + p_y^2}{2m_{xy}} + K_{\text{chain}}.$$
 (2)

Here, the kinetic energy associated with electron hopping between atomic layers along the z direction is

$$(K_{\text{chain}})_{i,j} = t_1(\delta_{i,j+1} + \delta_{i,j-1}) + t_2(\delta_{i,j+2} + \delta_{i,j-2}), \quad (3)$$

where  $t_1 = 683 \text{ meV}$  ( $t_2 = 612 \text{ meV}$ ) is the nearest-neighbor (next-nearest-neighbor) hopping amplitude. These values are set [25] so that the corresponding one-dimensional bulk dispersion relation reproduces the longitudinal effective mass  $m_z = 0.916 m_e$  of the conduction-band bottom as well as the momentum z component  $k_0 = 0.82 (2\pi/a_0)$  corresponding to the z and  $\bar{z}$  valleys of silicon's conduction band.

In what follows, we focus on the properties of the lowest two energy eigenstates of the QD,  $|g\rangle$  and  $|e\rangle$ , which are computed numerically by diagonalizing the complete Hamiltonian *H*. We set  $V_0 = 150$  meV, representing SiGe as the barrier material. The results presented here were obtained using an interface electric field of  $E_z = 3$  MV/m, and a lateral confinement energy  $\hbar\omega_0 = 0.5$  meV, corresponding to a lateral confinement length  $L \approx 28.3$  nm. Further details of the model and the numerical implementation are in Appendix A.

#### **III. VALLEY-TO-CHARGE CONVERSION**

We consider the two-level system formed by the two lowest-energy eigenstates,  $|g\rangle$  and  $|e\rangle$ , of the Hamiltonian *H*. We refer to this system as the valley qubit, and to the two energy eigenstates as the valley-qubit basis states. If the QD is located on a flat silicon/barrier interface, then the gross spatial features of the charge densities of the two valley-qubit basis states are very similar [see, e.g., Fig. 3(c), leftmost column], indistinguishable for a usual charge sensor that lacks atomic spatial resolution. In this section, we argue that a single-atom high interface step can be utilized to bring the valley qubit to a state where it resembles a conventional charge qubit in a double

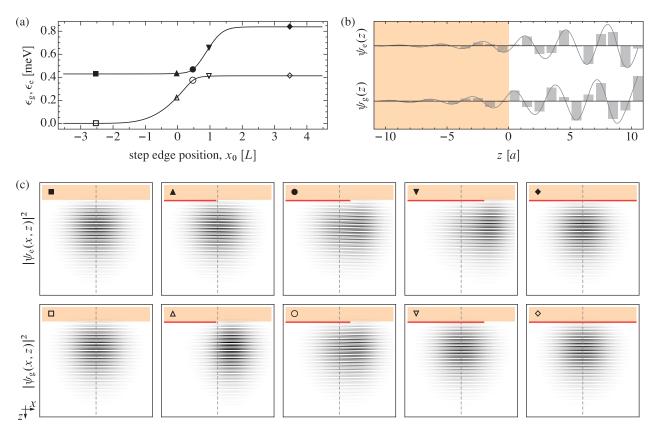


FIG. 3. Energies and wave functions of a single electron in a silicon quantum dot. (a) Energy eigenvalues  $\epsilon_g$  and  $\epsilon_e$  of the ground state and the first excited state, as functions of the step edge position  $x_0$ . (b) Bar chart: *z* dependence of the ground-state  $|g\rangle$  and excited-state  $|e\rangle$  wave functions in the absence of the step. The solid line is a guide to the eye, smoothly connecting the data points to highlight the wave-function oscillations with wave number  $k_0$ . (c) Particle densities of the ground state  $|g\rangle$  (bottom row) and excited state  $|e\rangle$  (top row) at selected values of the step edge position  $x_0$ . Reference frame, length scales, and grayscale are defined in Fig. 1. Dashed horizontal lines denote x = 0, the center of the lateral confinement potential along *x*.

quantum dot. We refer to this phenomenon as *valley-to-charge conversion*. Therefore, in principle, such a setup allows for a projective nondemolition readout of the valley qubit via charge sensing. Furthermore, in the next section we quantify how this valley-to-charge conversion strengthens the interaction of the valley qubit with electric fields, and, in turn, how it enhances the effectivity of coherent-control operations as well as decoherence mechanisms.

Let us start by introducing the key parameter  $x_0$ , which we refer to as the step edge position. In the considered setup, see Fig. 1, we identify the origin of the *x* axis with the center of the lateral confinement potential. The step edge position  $x_0$  is defined as the distance between the center of the lateral confinement potential and the step edge. We envision the possibility that  $x_0$  is *in situ* tuneable: A sufficiently sophisticated top-gate electrode structure could be utilized to control  $x_0$  by moving the lateral QD confinement potential and hence the electron itself along the *x* axis.

In an idealized case, this would happen without reshaping the confinement potential during the process, and throughout this work, for simplicity, we assume this is the case. A more realistic scenario is to use a gate structure allowing for tuning between single-dot and double-dot confinement potentials, in the following way. In the double-dot confinement configuration, the right dot is placed on the interface step, whereas there is no step in the left dot. Then, initially, the double-dot confinement potential is tuned such that the electron is located in the left dot; in the next step, the potential barrier separating the dots is lowered and hence the confinement potential is reshaped to form a single dot, thereby moving the electron closer to the step; finally, by tuning the confinement potential toward a double dot again, the electron is brought to the right dot, on top of the step. This type of tuning between single-dot and double-dot confinements has already been demonstrated [50], also in silicon-based devices [51,52].

The opportunity for valley-to-charge conversion is suggested by the *z* dependence of the wave functions of  $|g\rangle$  and  $|e\rangle$ , in the absence of the step [9,27]. In this case, the wave function is a product of *x*-, *y*- and *z*-dependent factors; the dependence of  $|g\rangle$  and  $|e\rangle$  on *z* is shown in Fig. 3(b) (cf. Fig. 8 of Ref. [9]) [53]. The key observations are as follows. (i) The ground state  $|g\rangle$  has a nearly vanishing wave function at the last atomic layer of the barrier material ( $z_j = -a/2$ ), and it has a peak in the first silicon layer ( $z_j = a/2$ ). (ii) The wave function of the excited state  $|e\rangle$  is peaked at the last barrier layer but is close to zero at the first silicon layer. A simple interpretation of these two observations is given in Appendix B.

As a consequence of (i), we expect that if the electron occupies  $|g\rangle$ , and we try to move it above the step, then it will resist to move together with the lateral confinement potential, as it has an appreciable probability of being in the atomic layer of the step. However, as a consequence of (ii), if the electron occupies  $|e\rangle$ , then it can follow the lateral confinement potential as its probability of occupying the layer of the atomic step almost vanishes.

To confirm these expectations, we computed the wave functions of the energy eigenstates  $|g\rangle$  and  $|e\rangle$ . The corresponding particle densities in the y = 0 plane are shown in Fig. 3(c), for five selected values of the step edge position  $x_0$ , see Fig. 3(a), confirming our expectations about valley-to-charge conversion. The subplots  $\Box$  and  $\blacksquare$  of Fig. 3(c) show the ground-state and excited-state particle densities when the electron is confined far from the step,  $x_0 \approx -2.5L$ . As an attempt is made to move the electron on the step by the gates, that is, the lateral confinement potential is moved such that  $x_0 \approx 0$  [subplot  $\triangle$  and  $\blacktriangle$  in Fig. 3(c)], the ground-state electron is stuck on the right side of the step ( $\triangle$ ), whereas the excited-state electron moves onto the step ( $\blacktriangle$ ), in accordance with the argument of the previous paragraph. Therefore, by moving the lateral confinement potential to this position, the valley-to-charge conversion has been completed, and a charge-sensing measurement at this position could provide a projective nondemolition readout of the valley qubit.

The dependence of the energy eigenvalues  $\epsilon_{g}$ ,  $\epsilon_{e}$  of the valley-qubit basis states on the step edge position  $x_0$  is shown in Fig. 3(a). The two energy eigenvalues exhibit a familiar anticrossing pattern, located around  $x_0 \approx 0.5L$ : The first energy eigenvalue, corresponding to the ground state for  $x_0 < 0$ , moves upwards as  $x_0$  increases and anticrosses with the apparently flat second energy eigenvalue. Using the above observations (i) and (ii), a straightforward interpretation of this pattern can be given. As the ground-state electron is pushed against the step, it does feel the presence of the step [see (i)], and therefore its confinement along x gets tighter and its wave function along x gets squeezed [Fig. 3(c),  $\triangle$ ]; thereby its energy increases. As the excited-state electron is pushed against the step, it hardly feels its presence [see (ii)], therefore its charge center follows the center of the lateral confinement potential, the shape of its wave function along xremains intact to a good approximation [Fig. 3(c),  $\blacktriangle$ ], and its energy remains essentially unchanged. When these two energy eigenvalues meet at  $x_0 \approx 0.5L$ , an anticrossing opens because the potential representing the step provides a nonzero coupling matrix element between the two states  $\blacktriangle$  and  $\triangle$ .

In the vicinity of this anticrossing point at  $x_0 \approx 0.5L$ , the behavior of the valley qubit, as a function of the step edge position  $x_0$ , strongly resembles the behavior of a charge qubit in a double quantum dot (DQD), as a function of its detuning parameter  $\varepsilon$ . Here, detuning  $\varepsilon$  and tunnel coupling t are the two parameters in the charge-qubit Hamiltonian

$$H_{\rm cq} = -\frac{1}{2}\varepsilon\sigma_3 + \frac{1}{2}t\sigma_1,\tag{4}$$

with  $\sigma_i$  representing the Pauli matrices in the (left dot, right dot) two-dimensional Hilbert space. The features supporting the analogy between the valley qubit and the charge qubit are as follows. (i) At  $x_0 \approx 0$ , the two valley qubit basis states [ $\triangle$  and  $\blacktriangle$ in Fig. 3(c)], are well localized and separated from each other. This corresponds to the charge qubit at  $\varepsilon < -|t|$ . (ii) At the anticrossing point  $x_0 \approx 0.5$ , the valley-qubit energy splitting has a minimum, similarly to the charge qubit energy splitting  $\sqrt{\varepsilon^2 + t^2}$  at  $\varepsilon = 0$ . The particle densities of the two valley qubit basis states [ $\circ$  and  $\bullet$  in Fig. 3(c)], are rather delocalized and hardly distinguishable; essentially, they are bonding and antibonding combinations of the ones in Fig.  $3(c) \triangle$  and  $\blacktriangle$ , analogous to the eigenstates  $(1,1)/\sqrt{2}$  and  $(1,-1)/\sqrt{2}$  of the charge qubit Hamiltonian  $H_{cq}$  at zero detuning  $\varepsilon = 0$ . (iii) On the other side of the anticrossing, around  $x_0 \approx L$ , the two valley qubit basis states [ $\nabla$  and  $\mathbf{\nabla}$  in Fig. 3(c)] swap their

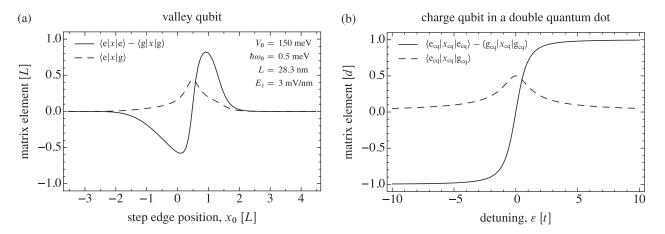


FIG. 4. Transverse and longitudinal matrix elements: analogy between the valley qubit and the charge qubit. (a) Dependence of the *x*-directional transverse (dashed) and longitudinal (solid) matrix elements on the step edge position for the valley qubit. (b) Dependence of the transverse (dashed) and longitudinal (solid) matrix elements on the on-site energy detuning  $\varepsilon$  of a single-electron charge qubit in a double quantum dot.

location with respect to (i) and are again well localized and separated from each other. This corresponds to the charge qubit at  $\varepsilon > |t|$ .

#### **IV. VALLEY-QUBIT DYNAMICS**

Our central goal is to describe the influence of the step on valley-qubit dynamics, including coherent qubit control via external electric fields, as well as information loss processes. Key quantities enabling the quantitative characterization of those are the transverse and longitudinal matrix elements (see below for definitions). These matrix elements indicate the strength of the interaction of the qubit with electric fields. As a generic conclusion, we will show that this interaction is strongly enhanced by the presence of the step.

In the next subsection, we analyze the behavior of the transverse and longitudinal matrix elements as the function of the step edge position  $x_0$  and show that around the valley-qubit energy anticrossing point, their behavior is analogous to the transverse and longitudinal matrix elements of a DQD charge qubit around zero detuning ( $\varepsilon = 0$ ). Then, partly relying on the transverse and longitudinal matrix elements, we complete our goal by analyzing the way the presence of the step speeds up coherent qubit operations and information loss processes.

#### A. Interaction with an electric field: transverse and longitudinal matrix elements

We consider the valley qubit in the presence of a step; the system is described by the Hamiltonian H introduced above. We assume that there is an additional, weak, potentially time-dependent, homogeneous electric field  $E_x(t)$  along x, induced intentionally by applied voltages on the gates or unintentionally by noise; its effect is described via the electricfield Hamiltonian  $H_E(t) = eE_x(t)x$ .

A simple way to describe the effect of this electric field on the qubit dynamics is via the effective Hamiltonian  $H_{vq} = \tau_0 [H + H_E(t)]\tau_0$  of the valley qubit, that is, the projection of the complete Hamiltonian onto the two-dimensional valleyqubit subspace of H, using  $\tau_0 = |g\rangle \langle g| + |e\rangle \langle e|$ . The effective Hamiltonian of the valley qubit reads

$$H_{\rm vq} = \frac{1}{2}\hbar\omega_{\rm vq}\tau_3 + eE_x(t) \bigg[ \langle \mathbf{e}|x|\mathbf{g}\rangle \tau_1 + \frac{\langle \mathbf{e}|x|\mathbf{e}\rangle - \langle \mathbf{g}|x|\mathbf{g}\rangle}{2}\tau_3 \bigg].$$
(5)

Here,  $\omega_{vq} = (\epsilon_e - \epsilon_g)/\hbar$  is the Larmor frequency of the valley qubit, and  $\tau_j$  (j = 1,2,3) are the Pauli matrices acting in the valley-qubit subspace, e.g.,  $\tau_3 = |e\rangle \langle e| - |g\rangle \langle g|$ . Equation (5) testifies that the interaction between the valley qubit and the electric field is characterized by the quantities  $\langle e|x|g\rangle$  and  $\langle e|x|e\rangle - \langle g|x|g\rangle$ ; we refer to those as the *x*-directional transverse matrix element and longitudinal matrix element, respectively.

Note that we choose the energy eigenstates of H as realvalued functions. This ensures that not only the longitudinal matrix element but also the transverse matrix element is real valued. The sign of the transverse matrix element is still ambiguous, but this has no physical relevance.

The numerically computed *x*-directional transverse and longitudinal matrix elements, as functions of the step edge position  $x_0$ , are shown in Fig. 4(a). The transverse matrix element [dashed line in Fig. 4(a)] is small when the QD and the step does not overlap, and shows a peak at the anticrossing point  $x_0 \approx 0.5L$ , with a height of  $\approx L/2$  and a full width at half maximum of  $\approx L$ . The longitudinal matrix element [solid line in Fig. 4(a)] is also small when the QD and the step are far away from each other, has a minimum and a maximum on the two sides of the anticrossing point, and vanishes at the anticrossing point. Note that since the longitudinal matrix element measures the distance of the charge centers of  $|g\rangle$  and  $|e\rangle$ , its qualitative behavior is seen already from the wave functions in Fig. 3(c).

An important conclusion drawn from Fig. 4(a) is that these matrix elements, characterizing the strength of the interaction between the valley qubit and the in-plane electric fields, can be tuned by varying the relative position of the electron and the step edge. When the qubit is idle, placing it off the step reduces the matrix elements and thereby protects against information loss via decoupling the qubit from the electrical noise. For qubit control, the interaction strength can be enhanced by placing the electron on the step.

Around the anticrossing point  $x_0 \approx 0.5L$ , where the transverse and longitudinal matrix elements are sizable, their behavior is similar to those of a DQD charge qubit around zero detuning  $E_z = 0$ . In our minimal model of the charge qubit, see Eq. (4), the position operator is represented as  $x_{cq} = -d\sigma_3/2$ , where *d* is the spatial separation between the centers of the two QDs that are placed along the *x* axis. Therefore, the transverse and longitudinal matrix elements of the charge qubit read

$$\langle \mathbf{e}_{\mathrm{cq}} | x_{\mathrm{cq}} | \mathbf{g}_{\mathrm{cq}} \rangle = \frac{t}{2\sqrt{t^2 + \varepsilon^2}} d,$$
 (6a)

$$\langle e_{cq}|x_{cq}|e_{cq}\rangle - \langle g_{cq}|x_{cq}|g_{cq}\rangle = \frac{\varepsilon}{\sqrt{t^2 + \varepsilon^2}} d.$$
 (6b)

Here,  $|g_{cq}\rangle$  and  $|e_{cq}\rangle$  are the ground and excited states of the charge-qubit Hamiltonian  $H_{cq}$ , respectively. The transverse and longitudinal matrix elements of the charge qubit are shown in Fig. 4(b). Comparing the trends of the matrix elements of the two qubits, the only notable qualitative difference is that the longitudinal matrix element of the valley qubit approaches zero away from the anticrossing point. This is intuitively obvious: The longitudinal matrix element characterizes the spatial separation of the charge centers of the two states, which indeed approaches zero for the valley qubit if the QD is placed at a large distance from the step.

The *y*- and *z*-directional transverse and longitudinal matrix elements are defined analogously to the *x*-directional ones. Our numerical results confirm the observation [49] that the *z*-directional matrix elements are of the order of the lattice constant *a*. Recall that the typical scale of the *x*-directional matrix element is the lateral dot size  $L \gg a$ ; this implies that the role of the *z*-directional matrix elements in the step-induced valley-qubit dynamics is marginal. Therefore, even though they are taken into account in the calculations, they are disregarded in the upcoming discussion. Finally, the *y* dependence of the wave functions of  $|g\rangle$  and  $|e\rangle$  separates from the *x* and *z* dependencies and takes the form of the Gaussian ground state of the parabolic confinement potential along *y*, hence the *y*-directional transverse and longitudinal matrix elements vanish.

# B. Coherent control of a single valley qubit via electrically driven valley resonance

One important conclusion drawn from the previous subsection is that the interaction between the valley qubit and electric fields gets strongly enhanced when the QD is in the vicinity of the interface step. Here we argue that this enhanced interaction can be utilized to coherently control the valley qubit with an ac electric field in a resonant fashion (*electrically driven valley resonance*). Controlling the valley qubit with an ac electric field is similar to the electrically driven spin (valley) resonance mechanism in semiconductor [54,55] (carbon nanotube [43]) QDs and can be triggered by an ac voltage component applied on one of the confinement gates.

The fact that an x-directional ac electric field can drive coherent Rabi oscillations of the valley qubit is a simple consequence of the effective Hamiltonian  $H_{vq}$  in Eq. (5). Sub-

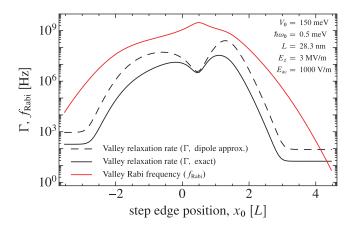


FIG. 5. Coherent control and phonon-mediated relaxation of the valley qubit. Red (gray) solid: valley Rabi frequency as a function of the step edge position, for a driving electric field  $E_{\rm ac} = 1000$  V/m. Black dashed/solid: zero-temperature relaxation rate of the valley qubit evaluated with/without the dipole approximation.

stituting  $E_x(t) = E_{ac} \sin \omega t$ , the first term in the square bracket is rendered as a transverse driving term  $eE_{ac} \langle e|x|g \rangle \tau_1 \sin \omega t$ . Upon resonant driving  $\omega = \omega_{vq}$ , this term induces coherent Rabi oscillations of the qubit. The speed of these Rabi oscillations is characterized by the Rabi frequency

$$f_{\text{Rabi}} = eE_{\text{ac}} \langle \mathbf{e} | x | \mathbf{g} \rangle / h.$$
(7)

The dependence of  $f_{\text{Rabi}}$  on  $x_0$ , for a moderate drive amplitude  $E_{\text{ac}} = 1000 \text{ V/m}$ , is shown as the solid red (gray) line in Fig. 5; the peak value above  $10^9$  Hz corresponds to sub-nanosecond single-qubit gates.

#### C. Cavity-mediated $\sqrt{iSWAP}$ gate between two valley qubits

Electrically driven valley resonance is enabled by the transverse coupling between the valley qubit and the electric field, that is, the first term in the square bracket in Eq. (5). The same term allows us to realize a  $\sqrt{iSWAP}$  logical gate on two valley qubits, if both are interacting with an empty mode of an electromagnetic cavity [56,57]. Together with single-qubit operations, this two-qubit gate forms a universal gate set [58,59]. For the time of performing the logical gate, the two valley qubits has to be tuned on resonance with each other,  $\omega_{vq1} = \omega_{vq2} = \omega_{vq}$ , and slightly detuned from the eigenfrequency of the considered cavity mode  $\omega_{cav}$ . The detuning should exceed the qubit-cavity coupling strength  $eE_{cav}$  (e|x|g), where  $E_{cav}$  is the cavity vacuum electric field component along the x axis. Assuming that the two valley qubits are identical and feel the same cavity vacuum electric field, the time required to perform the two-qubit gate is

$$t_{\sqrt{i}\text{SWAP}} = h \frac{\hbar |\omega_{\text{vq}} - \omega_{\text{cav}}|}{8e^2 E_{\text{cav}}^2 \langle \mathbf{e} | x | \mathbf{g} \rangle^2}.$$
(8)

For a numerical estimate of the gate time, we take [60,61]  $E_{cav} = 30$  V/m,  $\langle e|x|g \rangle = 12.4$  nm, implying a qubit-cavity coupling strength of  $eE_{cav} \langle e|x|g \rangle = 370$  neV, that is equivalent to a rate of  $\approx 90$  MHz. Then, by choosing the qubit-cavity detuning as  $|\omega_{vq} - \omega_{cav}| = 2\pi \cdot 720$  MHz, from Eq. (8) we find  $t_{\sqrt{iSWAP}} \approx 11$  ns.

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#### D. Valley-qubit relaxation via phonon emission

Besides allowing for fast coherent control, the transverse matrix element  $\langle e|x|g \rangle$ , together with  $\langle e|z|g \rangle$ , also exposes the valley qubit to relaxation processes induced by electrical potential fluctuations. Here, we focus on the example of spontaneous phonon emission: The excited valley qubit can emit a phonon that carries away the qubit-splitting energy, and thereby the qubit relaxes to its ground state. The relaxation process is characterized by the rate  $\Gamma$ . A practical question concerns the ratio of the achievable coherent Rabi frequency and the qubit relaxation rate: The former should be much greater than the latter to have a functional qubit.

The phonon-emission-mediated relaxation process between two electronic states in a silicon QD is described quantitatively in Ref. [9]: Eq. (6) therein is a formula for the relaxation rate  $\Gamma$ , which is based on the dipole approximation. In our notation, and in the zero-temperature limit, that formula reads

$$\Gamma = \frac{\omega_{\rm vq}^5}{\hbar\pi\rho} (\langle \mathbf{e}|x|\mathbf{g}\rangle^2 \,\Upsilon_{xy} + \langle \mathbf{e}|z|\mathbf{g}\rangle^2 \,\Upsilon_z),\tag{9}$$

where

$$\Upsilon_{xy} = \frac{35\Xi_d^2 + 14\Xi_d\Xi_u + 3\Xi_u^2}{210v_*^7} + \frac{2\Xi_u^2}{105v_*^7}$$
(10a)

$$\Upsilon_z = \frac{35\Xi_d^2 + 42\Xi_d \Xi_u + 15\Xi_u^2}{210v_t^7} + \frac{\Xi_u^2}{35v_t^7}.$$
 (10b)

Here, the following notation is used for the material parameters of silicon:  $\rho = 2330 \text{ kg/m}^3$  is the mass density,  $\Xi_d = 5 \text{ eV}$  $(\Xi_u = 8.77 \text{ eV})$  is the dilational (uniaxial) deformation potential, and  $v_l = 9330 \text{ m/s}$  ( $v_t = 5420 \text{ m/s}$ ) is the longitudinal (transverse) sound velocity. Note that in this approximation,  $\Gamma$  is proportional to the fifth power of the qubit splitting  $\omega_{vq}$ . Recall that in our case, the y-directional transverse matrix element is zero, see Sec. IV A.

Using our numerically computed transverse matrix elements [Fig. 4(a)], we evaluate  $\Gamma$  from Eq. (9), and show the result as the black dashed line in Fig. 5. The key features are as follows. (i) If the step edge is far from the center of the QD ( $|x_0| \gtrsim 3L$ ), then  $\Gamma$  is small, of the order of kHz, and it is independent of  $x_0$ . (ii) As the wave function overlaps more with the step ( $|x_0| \leq 3L$ ),  $\Gamma$  increases with orders of magnitude, and grows above 100 MHz. This is due to the large transverse matrix element that peaks around the anticrossing point  $x_0 \approx 0.5L$  and arises from the valley-tocharge conversion and DQD-type behavior induced by the step. (iii) Somewhat counterintuitively,  $\Gamma(x_0)$  develops a small dip around the anticrossing point, where the transverse matrix element has a peak. An interpretation of this dip is obtained by recalling the fact that  $\Gamma$  is proportional to the fifth power of the energy splitting of the qubit [9], and the latter has a minimum at the anticrossing point [see Fig. 3(a)].

We also compute the relaxation rate  $\Gamma$  exactly, that is, without making the dipole approximation, see Appendix C for details. The result is shown as the solid black line in Fig. 5. The exact  $\Gamma$  is in general smaller than the dipole-approximated one. This is attributed to the phonon bottleneck effect [9]. Note that the best correspondence between the exact and dipole approximated results is achieved in the vicinity of the anticrossing point  $x_0 \approx 0.5L$ ; this is expected, as the qubit splitting is minimal here, hence the wavelength of the emitted phonon is maximal, and therefore the ratio of the phonon wavelength and the lateral dot size, characterizing the accuracy of the dipole approximation, is maximal.

Finally, we note that Fig. 5 suggests that it is possible to perform many single-qubit operations within the relaxation time of the valley qubit, if the step and the QD overlaps; in particular, at the anticrossing point,  $f_{\text{Rabi}}/\Gamma \approx 10^3$ .

#### E. Valley-qubit dephasing due to charge noise

Besides the relaxation process due to electron-phonon interaction, another mechanism of information loss for the valley qubit is dephasing due to fluctuations of the external electric fields. For brevity, we refer to these fluctuations as charge noise. Charge noise can arise, e.g., as a consequence of fluctuating gate voltages or charge traps in the nanostructure. Here, we discuss the relation between the strength of charge noise and the inhomogeneous dephasing time  $T_2^*$  of the valley qubit.

Aiming at order-of-magnitude estimates, we adopt a simple model of charge noise: We assume that the corresponding electric field  $\delta E = (\delta E_x, \delta E_y, \delta E_z)$  is random but homogeneous and quasistatic. Dephasing arises, because the random electric field  $\delta E$  induces a shift  $\delta \omega_{vq} = \omega_{vq}(\delta E) - \omega_{vq}(\delta E = 0)$  in the valley-qubit energy splitting. The y component  $\delta E_y$  of the random electric field does not modify  $\omega_{vq}$ , because the step is assumed to have translational invariance along y and the homogeneous  $\delta E_y$  does not change the shape of the parabolic confinement along y. The effects of the x and z components are discussed separately below.

The *x* component  $\delta E_x$  does induce a finite  $\delta \omega_{vq}$ . In fact, the presence of  $\delta E_x$  shifts the *x*-directional lateral confinement potential, which is equivalent to shifting the step edge position, which implies a change in the valley qubit splitting as shown in Fig. 3(a). For weak noise,  $\delta \omega_{vq}$  can be expressed from the *x*-directional longitudinal matrix element as

$$\delta\omega_{\rm vq} = e\delta E_z(\langle \mathbf{e}|x|\mathbf{e}\rangle - \langle \mathbf{g}|x|\mathbf{g}\rangle)/\hbar. \tag{11}$$

Note that the anticrossing point is a dephasing sweet spot with respect to x-directional charge noise, since the longitudinal matrix element vanishes here. There, the relation between  $\delta \omega_{vq}$  and the random electric field is expressed from a second-order expansion as

$$\delta\omega_{\rm vq}(\delta E_x, 0, 0) = \alpha \,\delta E_x^2,\tag{12}$$

where

$$\alpha = \frac{1}{2} \frac{\partial^2 \omega_{\rm vq}(\delta \boldsymbol{E} = 0)}{\partial x_0^2} \left(\frac{eL^2}{\hbar\omega_0}\right)^2.$$
 (13)

From the numerical data shown in Fig. 3(a), we obtain  $\partial^2 \omega_{vq} (\delta E = 0) / \partial x_0^2 \approx 3.72 \times 10^{27} \text{ Hz/m}^2$  at the anticrossing point, and, from that, we find  $\alpha \approx 4.75 \times 10^3 \text{ Hz/(V/m)}^2$ . Then, we can identify the inhomogeneous dephasing time  $T_2^*$  with the inverse of the typical noise-induced Larmor-frequency detuning,  $T_2^* \approx [\alpha \sigma^2 (\delta E_x)]^{-1}$ , where  $\sigma (\delta E_x)$  denotes standard deviation of  $\delta E_x$ . This dependence is shown as the black solid line in Fig. 6.

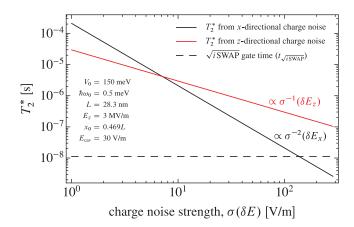


FIG. 6. Valley-qubit dephasing time due to electric-field fluctuations. Black/red (gray) solid: inhomogeneous dephasing time as a function of the strength (standard deviation) of the *x*-directional/*z*directional electric-field fluctuations. For comparison, the black dashed line shows the cavity-mediated  $\sqrt{i}$ SWAP gate time, for a vacuum cavity field  $E_{cav} = 30$  V/m.

The z component  $\delta E_z$  of the random electric field also induces a finite  $\delta \omega_{vq}$ . For weak noise, it is expressed as

$$\delta\omega_{\rm vq} = e\delta E_z(\langle \mathbf{e}|z|\mathbf{e}\rangle - \langle \mathbf{g}|z|\mathbf{g}\rangle)/\hbar,\tag{14}$$

and hence the dephasing time associated with the z-directional charge noise is estimated as  $T_2^* = [\beta \sigma (\delta E_z)]^{-1}$ , where

$$\beta = e |\langle \mathbf{e} | z | \mathbf{e} \rangle - \langle \mathbf{g} | z | \mathbf{g} \rangle |/\hbar.$$
(15)

With the concrete parameter values corresponding to the anticrossing point of Fig. 3, we find  $\langle e|z|e\rangle - \langle g|z|g\rangle = 2.22 \times 10^{-11}$  m and  $\beta = 3.37 \times 10^4$  Hz/(V/m). The resulting relation between  $T_2^*$  and  $\sigma(\delta E_z)$  is shown as the red (gray) line in Fig. 6.

In Fig. 6, we compare how  $T_2^*$  is influenced by the *x*-directional and *z*-directional components of charge noise. For comparison, we also show, as the dashed horizontal line, the two-qubit gate time  $t_{\sqrt{iSWAP}} \approx 11$  ns estimated in Sec. IV C (dashed horizontal line). These results suggest that in order to be able to perform at least a few (~10) two-qubit operations within the inhomogeneous dephasing time, the charge noise strength along *x* (*z*) should be kept below 40 V/m (200 V/m).

#### F. Relation to other models and real heterostructures

Our results are based on a model [49] where the atomic layers perpendicular to the heterostructure growth direction are represented by continuous planes in which the electrons are described via envelope functions, and a tight-binding description [25] accounts for tunnelling between these atomic layers. Within this framework, we provided a clear physical interpretation of our numerical results, in Sec. III. This interpretation is based on the condition that for a step-free silicon/barrier interface, the charge densities of the ground and excited valley-qubit basis states are different on the first atomic layer of silicon. If this condition is satisfied in other, potentially more realistic, models (e.g., the envelope-function approach accounting for the atomic-scale structure of the electronic wave function [35], or tight-binding models accounting for multiple electronic bands and disorder effects in the barrier material [62,63]) and in real heterostructures, then we expect that the conclusions drawn from the model used here remain true at least on a qualitative level.

## **V. CONCLUSIONS**

We have analyzed the influence of a single-atom high barrier step on the dynamics of a single electron confined to a silicon quantum dot. We were focusing on the spectral and dynamical characteristics of the single-electron valley qubit, that is, the two lowest-energy orbital states of the QD. We have found that placing the quantum dot over the step has a strong influence on the properties of the valley qubit. (i) The wave functions of the two valley-qubit basis states are deformed differently, leading to a mechanism of valley-to-charge conversion, potentially useful for nondemolition readout of the valley qubit. (ii) The presence of the step, together with an ac electrical excitation (induced by one of the confinement gates, for example), can be utilized for resonant control of the valley qubit (electrically driven valley resonance). (iii) Due to the step-induced enhancement of the interaction between the valley qubit and the external electric fields, two-qubit interactions can be mediated by an electromagnetic cavity. (iv) We have demonstrated that the valley-qubit relaxation rate can be enhanced by orders of magnitude in the vicinity of the interface step. (v) In conjunction with the valley-to-charge conversion mechanism, we have demonstrated that a dephasing sweet spot against lateral (x directional) electric field noise can be found if the relative location of the quantum dot and the step edge is set appropriately. Furthermore, we provided estimates for the inhomogeneous dephasing time caused by lateral (x-directional) and vertical (z-directional) electric field fluctuations.

These results provide insight into the fundamental dynamical processes associated with the valley degree of freedom in imperfect silicon quantum dots and an initial assessment of how the functionality of a valley qubit is influenced by the presence of a barrier step at the silicon/barrier interface. Besides that, we think that the results presented here will also contribute to the understanding of spin-qubit dynamics in silicon quantum dots, which is often strongly influenced by the valley degree of freedom.

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## **APPENDIX A: FURTHER DETAILS OF THE MODEL**

In section II, we specify the model describing the energies and wave functions of the valley-qubit basis states  $|g\rangle$  and  $|e\rangle$ . Here, we provide a few further details of the model and the numerical procedure.

(1) The triangular quantum well along *z*, hosting the QD, is modelled using a double-barrier structure. The site index *j* runs between -49 and 134, the upper barrier (shown in Fig. 1) is the region  $j \in \{-49, \ldots, 0\}$ , the silicon quantum well is the region  $j \in \{1, \ldots, 74\}$ , and the lower barrier (not shown in Fig. 1) is the region  $j \in \{75, \ldots, 134\}$ . Correspondingly, the function  $\chi_b$ , introduced in Sec. II after Eq. (1), representing the spatial range of the barrier material, is specified as

$$\chi_b(x, y, -49 \le j < 1) = 1,$$
 (A1)

$$\chi_b(x, y, j = 1) = \Theta(x_0 - x),$$
 (A2)

$$\chi_b(x, y, j \le 1 < 75) = 0,$$
 (A3)

$$\chi_b(x, y, 75 \le j \le 134) = 1.$$
 (A4)

(2) To obtain the energy eigenvalues and wave functions in the presence of the interface step, we use the following procedure. First, we consider the case when the interface step is absent, and we numerically diagonalize the z-directional tightbinding Hamiltonian  $K_{\text{chain}} + V_i + V_b(x = 0, y = 0)$ . The obtained eigenvectors  $\varphi_{n_z}$  ( $n_z = 0, 1, ..., 173$ ), together with the harmonic-oscillator eigenstates  $\Psi_n$  (n = 0, 1, ...), provide a product basis  $\psi_{n_x,n_y,n_z}(x,y,j) = \Psi_{n_x}(x)\Psi_{n_y}(y)\varphi_{n_z}(j)$ , which is the eigenbasis of the complete Hamiltonian H. Then, in the presence of the interface step, the complete Hamiltonian H is expanded in the truncated product basis, where  $n_x \leq 14$  and  $n_y = 0$ , and the resulting matrix is diagonalized numerically. Note that it is sufficient to keep a single y-directional harmonic-oscillator eigenstate in the truncated basis, since the interface step has translational invariance along y.

## APPENDIX B: INTERPRETATION OF THE WAVE-FUNCTION PATTERNS IN FIG. 3(b)

Here, we provide an interpretation of the wave-function patterns (i) and (ii), discussed in Sec. III. We start from the standard assumption of the envelope-function approximation [35] that  $|g\rangle$  and  $|e\rangle$  are orthogonal linear combinations of two similar wave packets  $|\psi_{\pm k_0}\rangle$  that are localized in momentum space in the *z* and  $\bar{z}$  valleys, respectively:

$$|g\rangle = \frac{1}{\sqrt{2}} (e^{i\phi/2} |\psi_{+k_0}\rangle + e^{-i\phi/2} |\psi_{-k_0}\rangle), \qquad (B1a)$$

$$|\mathbf{e}\rangle = \frac{1}{\sqrt{2}} (e^{i\phi/2} |\psi_{+k_0}\rangle - e^{-i\phi/2} |\psi_{-k_0}\rangle), \qquad (B1b)$$

where

$$\langle j | \psi_{\pm k_0} \rangle = F(z_j) e^{\pm i k_0 z_j}. \tag{B2}$$

Here, F(z) is the envelope function, which is spatially slowly varying, ensuring that  $|\psi_{\pm k_0}\rangle$  are indeed localized in the two valleys. The phase  $\phi$  can be regarded as a variational parameter, to be determined by the condition that the energy expectation value of  $|g\rangle$  should be minimal.

Importantly, the wave functions of Eq. (B1) show sinusoidal spatial oscillations with wave number  $k_0$ , as seen also in

Fig. 3(b). Between neighboring lattice sites (distance *a*), the phase of that oscillation changes by  $k_0a = 0.82 \pi/2$ , a value close to  $\pi/2$ . This explains why in Fig. 3(b), the quasinode of  $\psi_g$  at the last barrier layer is followed by a quasimaximum at the first silicon layer [see (i) in Sec. III]. This pattern of the wave function leads to a minimized potential-energy expectation value: Having a wave-function quasinode at the last barrier layer strongly reduces the potential-energy contribution of the barrier, and having a wave-function quasimaximum at the first silicon layer, which is at the minimum of the *z*-directional confinement potential, is also beneficial.

Finally, the relative phase of  $\pi$  between the superpositions in Eqs. (B1a) and (B1b) implies that the spatial oscillations of  $|e\rangle$  are phase shifted with respect to those of  $|g\rangle$  by  $\pi/2$ . Therefore, the wave function of  $|e\rangle$  is peaked at the last barrier layer but is close to zero at the first silicon layer [see (ii) in Sec. III].

## APPENDIX C: VALLEY RELAXATION

Here, we describe how we calculate the valley relaxation rate  $\Gamma$ , discussed in Sec. IV D and shown in Fig. 5 as the black solid (exact) and dashed (dipole-approximated) lines. We start from the zero-temperature Fermi's golden rule:

$$\Gamma = \frac{2\pi}{\hbar} \sum_{\boldsymbol{q},\lambda} |\langle \mathbf{g}, \boldsymbol{q}\lambda | H_{\text{eph}} | \mathbf{e}, \mathbf{0} \rangle|^2 \delta(\hbar \omega_{\text{vq}} - \hbar v_\lambda q). \quad (C1)$$

Here, bras and kets represent joint states of the composite electron-phonon system, 0 denotes the vacuum of phonons, and q ( $\lambda$ ) is the wave number (polarization index) of the emitted phonon. As for the electron-phonon interaction, we consider the deformation-potential mechanism and describe it via the Herring-Vogt Hamiltonian [13,64]:

$$H_{\rm eph} = \Xi_d \operatorname{Tr}(\varepsilon) + \Xi_u \varepsilon_{zz}.$$
 (C2)

Here,  $\Xi_d$  is the dilational deformation potential,  $\Xi_u$  is the uniaxial deformation potential, and  $\varepsilon$  is the strain tensor. This form of  $H_{eph}$  follows from the assumption that the valley population of the electronic wave function in the QD resides in the z and  $\bar{z}$  valleys only.

The diagonal elements of the strain tensor, that is, the elements that determine  $H_{eph}$  via Eq. (C2), read

$$\varepsilon_{\alpha\alpha} = i \sqrt{\frac{\hbar}{2\rho V}} \sum_{\boldsymbol{q},\lambda} \frac{e_{\boldsymbol{q}\lambda\alpha} q_{\alpha}}{\sqrt{v_{\lambda}q}} e^{i\boldsymbol{q}\cdot\boldsymbol{r}} (a_{\boldsymbol{q},\lambda} + a^{\dagger}_{-\boldsymbol{q},\lambda}).$$
(C3)

Here,  $\alpha \in \{x, y, z\}$ , *V* is the sample volume and  $e_{q\lambda}$  is the polarization vector of the phonon with wave number *q* and polarization index  $\lambda \in \{l, t, t'\}$ .

Note that from Eq. (C3) it follows that transverse phonons do not contribute to the first term of the electron-phonon Hamiltonian  $H_{eph}$  in Eq. (C2). Furthermore, we define the set of t' phonons such that their polarization vector lies in the xy plane. That ensures that the t' phonons do not contribute to  $H_{eph}$  at all.

To obtain the valley relaxation rate  $\Gamma$ , we start from Fermi's golden rule (C1), convert the sum for q to an integral in spherical coordinates  $(q, \theta_q, \phi_q)$ , and perform the radial (q)

integral. This procedure yields

$$\Gamma = \frac{\omega_{\rm vq}^3}{8\pi^2\hbar\rho} \left( \frac{\Xi_d^2 I_0 + 2\Xi_d \Xi_u I_2 + \Xi_u^2 I_4}{v_l^5} + \frac{\Xi_u^2 J}{v_t^5} \right), \quad (C4)$$

where

$$I_n = \int_0^{2\pi} d\phi_q \int_0^{\pi} d\theta_q \sin(\theta_q) \cos^n(\theta_q) |\langle g|e^{i\boldsymbol{q}_l \cdot \boldsymbol{r}}|e\rangle|^2, \quad (C5a)$$
$$J = \int_0^{2\pi} d\phi_q \int_0^{\pi} d\theta_q \sin^3(\theta_q) \cos^2(\theta_q) |\langle g|e^{i\boldsymbol{q}_l \cdot \boldsymbol{r}}|e\rangle|^2,$$

(C5b)

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where

$$\boldsymbol{q}_{\lambda} = \frac{\omega_{\mathrm{vq}}}{v_{\lambda}} \begin{pmatrix} \sin(\theta_q) \cos(\phi_q) \\ \sin(\theta_q) \sin(\phi_q) \\ \cos(\theta_q) \end{pmatrix}.$$
(C6)

To obtain the exact valley relaxation rate, shown in Fig. 5 as the black solid line, we calculate these integrals numerically, using the rectangle rule and a 15 × 15 grid in the integration range  $(\phi_q, \theta_q) \in [0, 2\pi] \times [0, \pi]$ . To obtain the dipole-approximated result (9), shown in Fig. 5 as the black dashed line, the dipole approximation  $e^{iq_{\lambda}\cdot r} \approx 1 + iq_{\lambda} \cdot r$  is used in Eq. (C5), allowing for an analytical evaluation of the angular integrals.

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