

California State University, San Bernardino

CSUSB ScholarWorks

Documenting the CSUSB COVID-19 Experience

Arthur E. Nelson University Archives

5-9-2020

Student journal documenting COVID-19 (Jennifer Duke, 5-9-2020)

Jennifer Duke

Follow this and additional works at: <https://scholarworks.lib.csusb.edu/csusb-covid-19>

Recommended Citation

Duke, Jennifer, "Student journal documenting COVID-19 (Jennifer Duke, 5-9-2020)" (2020). *Documenting the CSUSB COVID-19 Experience*. 13.

<https://scholarworks.lib.csusb.edu/csusb-covid-19/13>

This Text is brought to you for free and open access by the Arthur E. Nelson University Archives at CSUSB ScholarWorks. It has been accepted for inclusion in Documenting the CSUSB COVID-19 Experience by an authorized administrator of CSUSB ScholarWorks. For more information, please contact scholarworks@csusb.edu.

the 2 nursing home outbreaks. Only Fontana and San Bernardino have more testing is much more available than it ~~was~~ previously was.

Friday, April 24th, 2020

San Bernardino county reopened its parks today. Playgrounds and restrooms are still closed but trails and parking lots are open. Not sure if this is statewide or not.

Governor Newsom announced a plan to partner up with local restaurants to make and deliver meals to elderly persons with limited means. We are probably in this for the long haul.

Some scheduled surgeries have resumed.

Monday, April 27th 2020

Governor Newsom sort of gives us a light at the end of a long dark tunnel - "weeks, ^{not} months" till stay-at-home restrictions begin to roll back. But a lot of this depends on if people continue to stay at home, which isn't happening. Beaches and other public areas are crowded now that we have nicer weather.

There are also fewer people staying home the longer this goes on. People are losing patience and getting frustrated and giving up.

I have started taking pictures that relate to Covid-19.

Again, I feel like my first theory is correct. The CDC added new symptoms to the official covid symptoms. The original symptoms were fever, shortness of breath, and dry cough. Now, the following were added:

- chills
- repeated shaking with chills
- muscle pain
- headache
- sore throat
- loss of taste or smell

The scariest thing though are blood clots. Scrolling through my facebook feed, I came across an article stating that covid was killing young people by giving them strokes. This seemed kind of outlandish at first, but I source checked it and found it to be true. Covid-19 can cause blood clots. A clot can be deadly and move to the brain, heart, lungs, etc. Apparently, some people are getting what they call "covid toes"

where one's extremities (fingers, toes) turn blue purple or pale white. A CDC doctor stated that they were not sure if "COVID toes" were caused by a lack of oxygen or blood clots.

The Orange County Fair has been cancelled for the first time since WWII in its 130+ year history.

Some states are opening up really quickly. Georgia is one of those states.

Wednesday, April 29th, 2020

Arrowhead Regional Medical Center has 13 cases as of today, but several under ~~investigation~~ investigation, 13 confirmed.

Yesterday, Governor Newsom outlined a more specific framework to reopening the state. There are four phases and we are currently in phase 1, where only essential workers are working, and everything is closed. Phase 2 will allow some retail stores to open, but with precautions. Some people will be able to return to work. In phase 3, movie theatres & other public places will be able to open, but again, with precautions.

Phase 4 will be more like what our definition of "normal" is, more or less. It will be a new normal. I don't believe phase 4 will happen until late this year, or possibly next year, or longer.

I am just guessing at this point, but I think we will see phase 2 in the early summer and phase 3 in the late summer, early fall.

News is reporting that some people are assessing whether schools for the 2020-2021 academic year should begin a month or two early.

Some reports say Disneyland plans to open in late summer; some say 2021.

For the first time since it started, there were 0 new cases and 0 new deaths today in Vermont.

Thermometer Probes are some of the newest medical supplies to go on backorder. Probably because some places, mostly hospitals, are now testing employees and vendors on a daily basis.

The governor announced that beginning this Friday, May 8, 2020, we would slowly ease into phase 2. Schools are still closed but most stores are able to open back up as long as they can either meet CDC guidelines or offer curbside pickup. Restaurants still closed.

Now news reports are talking about neurological symptoms associated with Covid-19 but haven't heard much on it.

The possibility that the virus originated in a lab in Wuhan then leaked and infected people at the wet market is becoming more believable. Government officials are looking into it. China calls this action "evil".

Remdesivir is being given to Covid patients as it is believed to help them recover faster.

There might be a new, even more contagious strain of Covid that developed in Europe and spread across the Eastern United States in January/February. Scientists are looking into this possibility.

Wednesday, May 6, 2020

Colton Police Dept. did a little siren parade for the hospital workers today so that was nice. The hospital has 20 positive patients and several more PUIs. The hospital is working on procuring several clinics to increase bed capacity. We loaded 2 more ocean containers with PPE today so now there is a total of 5.

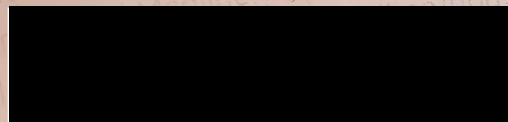
SAN BERNARDINO COUNTY

Bearer of this card is authorized passage to provide emergency services as required for San Bernardino County



3 Three Lakes Dr | Northfield, Illinois 60093 | USA | medline.com

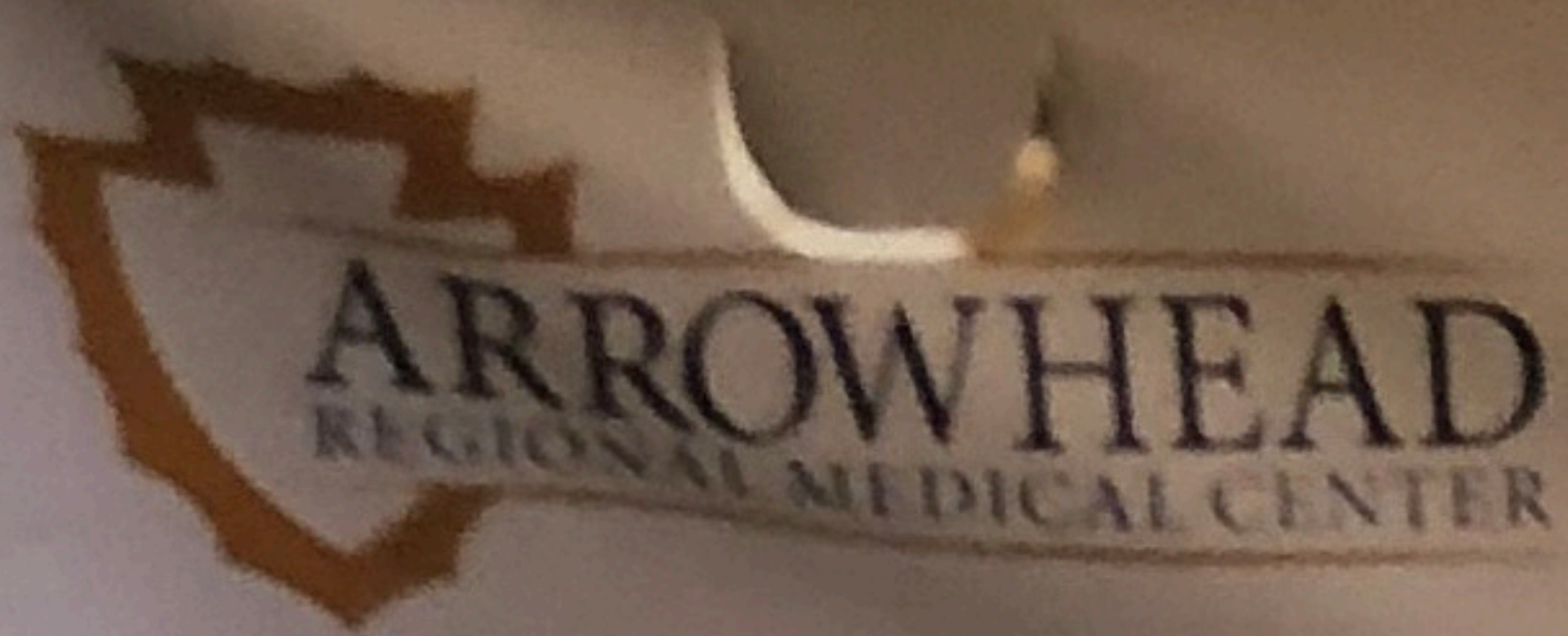
JENNIFER ANN DUKE



U.S. Cybersecurity and Infrastructure Security Agency (CISA) designated

Critical Infrastructure Industry Employee

Under Homeland Security Act of 2002
PUBLIC LAW 107-296—NOV. 25, 2002 116 STAT. 2135
Medline Sectors: Healthcare/Public Health, Transportation and Logistics,
Critical Manufacturing



HEROES WORK HERE





During this COVID-19 response,
National Nurses Week and Always
We Appreciate Our Nurses

Join us in celebrating our nurses, as well as all frontline responders who have been there for their communities whenever called upon. This week, we honor and thank our many nurses in all departments, who along with their health care team members, have truly served us all.

National Nurses Week, May 6-12, 2020



The Heart of a Healthy Community™



**Entering
Ante Room
Corridor**

Please ensure use
of proper PPE
before entering any
patient room.



This package contains "Face Shields" produced by



- 1) This product can ONLY be used when FDA cleared masks are unavailable
- 2) This product is recommended against use in a surgical setting or where significant exposure to liquid bodily or other hazardous fluids may be expected
- 3) This product makes no claims of antimicrobial or antiviral protection
- 4) This product makes no claims of infection prevention or reduction
- 5) This product makes no claims regarding flammability
- 6) This product contains the following parts & materials that have contact to the body:
 - Headband (this product will contain one of the following three options):
 - o Non-latex rubber strap
 - o Non-latex elastic fabric
 - o Non-latex rubber tube
 - Foam: Polyurethane open cell foam – density approximately 2 lbs / cu. ft

THE WHITE HOUSE

WASHINGTON

Your Economic Impact Payment Has Arrived

My Fellow American:

Our great country is experiencing an unprecedented public health and economic challenge as a result of the global coronavirus pandemic. Our top priority is your health and safety. As we wage total war on this invisible enemy, we are also working around the clock to protect hardworking Americans like you from the consequences of the economic shutdown. We are fully committed to ensuring that you and your family have the support you need to get through this time.

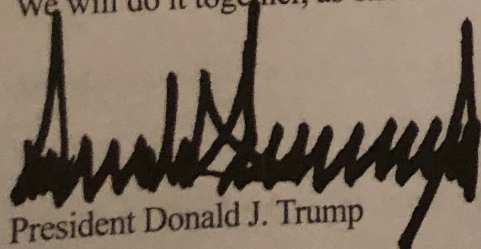
On March 27, 2020, Congress passed with overwhelming bipartisan support the Coronavirus Aid, Relief, and Economic Security Act (CARES Act), which I proudly signed into law. I want to thank the United States House of Representatives and the United States Senate for working so quickly with my Administration to fast-track this \$2.2 trillion in much-needed economic relief to the American people.

This includes fast and direct economic assistance to you.

I am pleased to notify you that as provided by the CARES Act, you are receiving an Economic Impact Payment of \$ 1,200.00 by direct deposit. We hope this payment provides meaningful support to you during this period.

Every citizen should take tremendous pride in the selflessness, courage and compassion of our people. America's drive, determination, innovation and sheer willpower have conquered every previous challenge---and they will conquer this one too. Just as we have before, America will triumph yet again---and rise to new heights of greatness.

We will do it together, as one nation, stronger than ever before.



President Donald J. Trump

For more information on your Economic Impact Payment, please visit [IRS.gov/coronavirus](https://www.irs.gov/coronavirus) or call 800-919-9835.