The addition of calcium chloride in combination with a lower draining pH to change the microstructure and improve fat retention in Cheddar cheese

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- 4 Lydia Ong^{a, b, c}, Kevany Soodam^{a, b}, Sandra E. Kentish^{a, c}, Ian B. Powell^d and Sally L. Gras^{a, b, c,*}
- 5 ^aParticulate Fluid Processing Centre, Department of Chemical and Biomolecular Engineering,
- 6 The University of Melbourne, Parkville, Vic 3010, Australia.
- 7 ^bThe Bio21 Molecular Science and Biotechnology Institute, The University of Melbourne,
- 8 Parkville, Vic 3010, Australia.
- 9 ^cARC Dairy Innovation Hub, Department of Chemical and Biomolecular Engineering, The
- 10 University of Melbourne, Parkville, Vic 3010, Australia.
- ¹¹ ^dDairy Innovation Australia Limited, Werribee, Vic 3030, Australia.

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- 13 *Corresponding author: <u>sgras@unimelb.edu.au</u> (S.L. Gras)
- 14 Tel.: +61-3-8344 6281; fax: +61-3-8344 4153

15 ABSTRACT

- 16 Calcium chloride addition and the whey draining pH are known to impact on cheese making. The
- 17 effect of 100 or 300 mg kg⁻¹ calcium chloride (CaCl₂) and the whey draining pH (6.2 and 6.0)
- 18 on the microstructure of Cheddar cheese was assessed using confocal and cryo scanning electron
- 19 microscopy. The gel made with 300 mg kg⁻¹ CaCl₂ was found to have a denser protein network
- and smaller pores than the gel with lower or no $CaCl_2$ addition. $CaCl_2$ addition reduced fat lost
- 21 to the sweet whey. The texture of the cheeses with a lower draining pH was harder and moisture
- 22 content lower. Our results show that the combination of calcium addition and lower draining pH
- 23 could be used to increase network formation at the early stages of cheese making to improve fat
- 24 retention while maintaining a similar level of total calcium in the final cheese.

25 1. Introduction

Calcium chloride (CaCl₂) is added to cheese milk to assist milk gelation (Okigbo, 26 27 Richardson, Brown & Ernstrom, 1985; Ustunol & Hicks, 1990), to improve the cheese making 28 process (Gastaldi, Pellegrini, Lagaude & Fuente, 1994) and/or to increase cheese yield 29 (Wolfschoon-Pombo, 1997). The effect of the concentration of calcium (Ca) on rennet induced 30 coagulation has been reported in various studies (Dalgleish, 1983; Lucey & Fox, 1993; Udabage, 31 McKinnon & Augustin, 2001; Zoon, van Vliet & Walstra, 1988) where a higher calcium 32 concentration results in a faster rennet coagulation due to the combined effect of the increased 33 calcium ion activity and a drop in milk pH, leading to changes in cheese properties (Ong, 34 Dagastine, Kentish & Gras, 2013a).

35 The level of CaCl₂ added varies between manufacturers and regions. Typically, a concentration of 100-200 mg CaCl₂ kg⁻¹ of milk is added (Gastaldi et al., 1994; Okigbo et al., 36 1985; Wolfschoon-Pombo, 1997), although this may reach up to 500 mg kg⁻¹ in experimental 37 38 studies (Ustunol & Hicks, 1990). The United States Federal standard limits the addition of CaCl₂ up to a level of 200 mg kg⁻¹ (Federal Register, 1982), while other codes such as the Australian 39 40 and New Zealand food standard or Codex Alimentarius do not specify limits. Addition of 200-300 mg kg⁻¹ CaCl₂ has been shown to produce a denser gel network, which significantly 41 42 increases the fat retained within the curd and decreases the fat lost to sweet whey (Ong et al., 43 2013a). More calcium is also present in the final cheese when more CaCl₂ is added to the milk. 44 Increasing the concentration of calcium, however, may lead to undesirable properties such as the 45 formation of calcium lactate crystals (CLC), a common defect in Cheddar cheese (Phadungath & Metzger, 2011). 46

47 The concentration of Ca in the final cheese can also affect the texture of the cheese 48 immediately after pressing and during ripening. A higher level of total Ca increases cross-linking 49 between casein micelles, leading to a harder gel (Choi, Horne, Johnson & Lucey, 2008). 50 Conversely, the loss of insoluble Ca may increase repulsion between the exposed casein micelles 51 phosphoserine residues resulting in a weaker gel network (Choi et al., 2008). The changes in gel 52 properties may then in turn affect the textural properties of the cheese. Consequently, cheese 53 with a low level of Ca, such as Cheshire cheese, tends to be crumbly, whereas cheese with high 54 level of Ca, such as Gouda or Swiss, tends to be more rubbery and elastic (Lucey & Fox, 1993).

The draining pH is known to have a large influence on the mineral content of a cheese 55 56 and decreases in draining pH can decrease the mineral content (Dalgleish & Law, 1989; Guinee, Feeney, Auty & Fox, 2002; Lucey & Fox, 1993). This change influences cheese texture and also 57 58 the amount of lactose remaining in the curd and consequently the concentration of lactic acid and 59 final pH, as well as the retention of some types of coagulant (e.g. retention of more chymosin at 60 lower pH). This retention of rennet has implications for the proteolysis of cheese during 61 maturation (Holmes, Duersch & Ernstrom, 1977). The analysis of mozzarella by scanning 62 electron microscopy has shown that lowering the draining pH from 6.4 to 6.15 or to 5.9 resulted 63 in an increase in the fusion of para-casein particles, producing a more continuous three 64 dimensional network (Kiely, Kindstedt, Hendricks, Levis, Yun & Barbano, 1992). A lower whey 65 draining pH in buffalo-milk mozzarella production (pH 5.3 vs pH 6.2) was also found to increase 66 the yield of the cheese but the decrease in the level of total calcium adversely affected the 67 melting properties of the cheese (Yazici & Akbulut, 2007).

68 The aim of this study was to investigate the effect of calcium chloride addition in 69 combination with the lowering of the draining pH. Although the effect of CaCl₂ addition or draining pH has been well described for different cheeses, including Cheddar and Gouda cheese 70 71 (Ong et al., 2013a; Walstra, Wouters & Geurts, 2006), the combination of these two processing 72 parameters has not been investigated. These process adjustments may provide an approach to 73 improve fat retention and cheese yield whilst reducing the concentration of calcium in the final 74 cheese in order to avoid defect formation. The microstructure of the gel, cooked curd, milled curd and the final cheese were a specific focus of this work. Studies investigating the effect of 75 draining pH on the microstructure of cheese are limited and have only focussed on mozzarella 76 77 cheese to date (Kiely et al., 1992). This study uses the combination of confocal laser scanning 78 microscopy (CLSM) and cryo scanning electron microscopy (cryo SEM) to examine the effect of calcium and draining pH. The composition and the texture of the cheese are also investigated. 79

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- 81 2. Materials and methods
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83 2.1. Cheese making

84 Six batches of Cheddar cheeses (Batches 1-6) were made in random order over three days 85 at the Warrnambool Cheese and Butter pilot plant (WCB, Allansford, Australia) with different

levels of calcium chloride addition: 0 mg kg^{-1} cheese milk (Batch 1 control cheese and Batch 4), 86 100 mg kg⁻¹ cheese milk (Batches 2 and 5) and 300 mg kg⁻¹ cheese milk (Batches 3 and 6) and 87 different whey draining pH (Batches 1-3 drained at pH 6.2 and Batches 4-6 drained at pH 6.0). 88 89 Raw milk was standardized with cream and ultrafiltration retentate to obtain cheese milk with a 90 protein to fat ratio of 0.79. The cheese milk was then pasteurized at 72°C for 15 s and cooled to 32°C. The cheese milk was weighed (20 kg) and transferred to a cheese vat maintained at 32°C 91 92 before inoculation with 1.2 % (w/w) of mixed-strain Lactococcus lactis starter (Dairy Innovation 93 Australia, Werribee, Australia) cultured in bulk by WCB. The CaCl₂ (Ajax Finechem, Taren 94 Point, Australia) was added to Batches 2, 3, 5 and 6 immediately after starter addition. The total calcium concentration of the cheese milk was 1125 ± 35 mg kg⁻¹ (Batches 1 and 4), 1176 ± 35 95 mg kg⁻¹ (Batches 2 and 5) and 1268 ± 36 mg kg⁻¹ (Batches 3 and 6). The cheese-milk was stirred 96 97 at 20 revolutions per min (rpm) and ripened for 10-25 min (Table 1). The ripening time was 98 varied in order to achieve a similar pH at the point of rennet addition (~ pH 6.5). This is needed 99 due to the variation in the milk pH as a result of the addition of calcium chloride. The ripening time of milk was shorter for samples with additional CaCl₂, as indicated in Table 1. 100

Rennet (Hannilase L; 690 IMCU mL⁻¹, Chr. Hansen, Bayswater, Australia) was added at 101 a concentration of 0.06 mL kg⁻¹ for all batches. The coagulated cheese-milk was then cut. The 102 103 total coagulation time, defined here as time from rennet addition to cutting, varied between 104 samples. This adjustment was made based on the results obtained from rheology experiments 105 conducted prior to the pilot scale trial. The storage modulus (G'), which is an indicator of curd 106 elasticity or stiffness during renneting was measured using a rheometer (TA Instruments, New 107 Castle, DE, USA), as reported in a previous study (Ong, Dagastine, Kentish & Gras, 2012) using 108 the same cheese milk used for the pilot scale cheese making. The gelation time, which is defined 109 as the time when the G' increased rapidly (Fig. 1b thick arrows), was significantly shorter for milk where $CaCl_2$ was added (~500 s for milk with 100 and 300 mg kg⁻¹ calcium addition and 110 111 950 s for milk without calcium addition). The gel without calcium addition was cut after 45 min 112 of coagulation (2700 s) when the stiffness of the gel was 43 Pa (Fig. 1). The addition of CaCl₂ (100 or 300 mg kg⁻¹) significantly decreased (P < 0.05) the time for the gel to reach a G' of 43 Pa 113 to ~1750 s (Fig. 1, thin arrows). A shorter coagulation time of 30 min was therefore used for the 114 gel with CaCl₂ addition in the pilot scale trial to ensure a similar gel consistency, avoiding the 115 116 production of curd fines during cutting.

After cutting, the curd was cooked by raising the temperature from 32°C to 38°C in 60 117 118 min at a rate of 1°C per 10 min with stirring that gradually increased from 5-45 rpm. After 60 119 min, the cooking temperature was maintained at 38°C with stirring at 45 rpm until the curds and 120 whey reached the target draining pH. The whey was drained and collected for compositional 121 analysis when the pH reached pH 6.2 (Batches 1-3) or 6.0 (Batches 4-6). The coagulation and 122 cooking times are shown in Table 1. The cooked curd samples were combined into blocks of 123 about 15 cm in height and turned at 15 min intervals while the temperature was maintained at 124 38°C until the pH of the curds reached pH 5.4. The curd was then milled, 2.5 % (w/w) NaCl 125 added and the curd pressed at 689 kPa overnight.

Another six batches of cheeses were made in a second trial using cheese-milk standardized to the same composition and the same conditions applied in the first trial, giving a total of 12 cheeses for the study. Samples for microscopy analysis were collected after each processing step: after gel formation (immediately prior to cutting), after curd cooking (immediately prior to draining), after curd milling (immediately prior to salting) and after pressing (i.e. the cheese).

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2.2. Confocal microscopy and cryo scanning electron microscopy

134 The gel, curd and cheese samples were prepared for microstructure examination by 135 confocal laser scanning microscopy (CLSM; Leica Microsystems, Heidelberg, Germany) using a 136 method reported previously (Ong, Dagastine, Kentish & Gras, 2010). The sample preparation for 137 cryo scanning electron microscopy (cryo SEM) has also been reported (Ong, Dagastine, Kentish 138 & Gras, 2011). Briefly, samples 5 mm x 2 mm x 2 mm were fixed by rapid plunging into a liquid 139 nitrogen slush (ca. -210°C). The fixed sample was then freeze-fractured in a vacuum chamber, 140 etched at -95°C for 30 min, coated with a mixture of gold and palladium and transferred to a cryo 141 stage maintained at -140°C inside the SEM chamber. The sample was observed using a Quanta 142 SEM (Fei, Hillsboro, OR, USA). Two images were taken for each of the six treatments in each 143 of the two independent trials. The images shown are thus representative of the four images 144 obtained for each of the six treatments.

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146 2.3. Image analysis

147 Image analysis and three dimensional image reconstruction were carried out using an 148 Imaris software package (Bitplane, South Windsor, CT, USA). For each 3D image, 40 adjacent 149 planes were recorded; each consisting of 2D layers 512 x 512 pixels in size and the separation 150 between the planes was 0.25 µm. The image analysis was performed following a previously 151 published method (Ong et al., 2012). The porosity of the sample was calculated from the pore 152 volume fraction, assessed from the volume within a sample that was not stained by fat or protein 153 specific dyes, with respect to total volume of the sample. The data presented are the mean of the 154 four images collected for each treatment (n = 4).

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2.4. Cheese composition, fat and protein retention and cheese yield

157 The fat, protein, pH and moisture content of the cheese were determined as described 158 previously (Ong et al., 2012). Fat and protein lost in the whey (FL and PL, respectively) and fat 159 and protein retained in the cheese (FRet and PRet, respectively) were calculated on the basis of 160 the fat or protein concentrations in the cheese-milk. The fat or protein balance (the sum of fat or 161 protein lost in the whey and the fat or protein retained in the cheese), yield of cheese (Ya), dry 162 matter yield of cheese (YDM) were also determined as described in Ong et al. (2012). The 163 cheese yield data are presented as the mean of 2 data points obtained for the two independent 164 trials (n = 2). The fat, protein and moisture content analyses were performed in duplicate for each 165 of the six treatments in each trial. The data presented are the mean of 4 data points collected for 166 the two independent trials (n = 4).

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168 2.5. Texture measurement

A texture analyser (Stable Micro System, Godalming, UK) was used to measure the hardness and cohesiveness of the cheese with conditions described in a previous study (Ong et al., 2012). Texture measurement were repeated six times for each of the six independent samples from each batch of cheese, which were then averaged to give one data point for each treatment in each trial. The results were presented as the average of two means for each treatment from the two independent trials (n = 2).

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176 2.6. Calcium and phosphorus concentrations

177 Inductively Coupled Plasma Optical Emission Spectroscopy (Varian, Palo Alto, CA, 178 USA) was used to measure the total calcium and phosphorous content as reported previously 179 (Ong et al., 2012). The analysis was performed in duplicate for each of the six treatments in each 180 trial. The data presented are the mean of 4 data points collected for each treatment for the two 181 independent trials (n = 4).

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183 2.7. Statistical analysis

184 Statistical analysis of the results was carried out using Minitab statistical package 185 (Minitab Inc., State College, PA, USA). A general linear model was used to study the effect of 186 treatments (calcium addition, draining pH and their interactions) with a significance level of $\alpha =$ 187 0.05.

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189 **3. Results and discussion**

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191 3.1. Variation in cheese making parameters

192 The addition of CaCl₂ and the alteration of the draining pH require changes to the timing 193 of the cheese making process to ensure the process remains consistent with the approach that 194 would be taken in a manufacturing setting. Specifically, the time allocated for ripening of the 195 milk was reduced for samples with additional CaCl₂ (Table 1) to ensure that all milk was 196 renneted at ~pH 6.5. A shorter coagulation time of 30 min (Table 1) was used for the gel with 197 CaCl₂ addition in the pilot scale trial to ensure a similar gel consistency (G' of 43 Pa) as 198 indicated in Fig 1. All gels were classified as 'medium set' by an experienced cheese maker prior 199 to cutting. The cooking time of the curd was 30-60 min longer for samples drained at pH 6.0, as 200 compared to pH 6.2. As a result, the addition of CaCl₂ shortened the overall processing time 201 when the whey draining pH was 6.2 but was not significantly different (P > 0.05) when the 202 draining pH was 6.0 (Table 1). This shorter processing time is desirable, as it allows an increase 203 in plant productivity and a reduction in labour and running costs.

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205 3.2. Microstructure of the gel

The cryo SEM micrographs of the gels (Fig. 2) show a protein network (Pr), which entraps the round fat globules (FG) and starter bacteria (Bc). Some fat globules were dislodged

208 from the network during freeze-fracture, leaving behind a remnant structure that may be the milk fat globule membrane. Both cryo SEM and CLSM micrographs (Fig. 2) show that the gel made 209 with 300 mg kg⁻¹ CaCl₂ addition had a denser protein network with smaller pores than the gel 210 without CaCl₂ addition. The fat globules were homogeneously distributed within all gels 211 212 regardless of CaCl₂ addition. The 3D image analysis of the gels confirmed the decreased porosity in the gel sample with 300 mg kg⁻¹ CaCl₂ addition (Table 2). The denser protein 213 214 network obtained from CaCl₂ addition might be expected to mechanically trap more fat globules 215 during whey draining and subsequent processing steps, thus reducing the amount of fat loss 216 during processing. As the gel formed during Cheddar manufacture is somewhat similar to that 217 formed during the production of other cheeses, such as Gouda, these observations may be more 218 widely applicable.

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3.3. Microstructure of the cooked curd

221 During cooking, the fusion of curd particles progressed to a point where a more 222 continuous protein network with smaller pores could be observed (Fig. 3). Several coalesced fat 223 globules (CFG) were also observed as a result of cooking in all samples. The compact structure 224 of the cooked curd makes qualitative comparison of these images harder. The decrease in porosity observed earlier within the gel to which 300 mg kg⁻¹ CaCl₂ was added could not be 225 226 observed qualitatively within the cooked curd images. The quantitative analysis of the CLSM 227 images, however, shows the porosity of this cooked curd sample was significantly lower than 228 samples lacking calcium addition at both draining pHs (P < 0.05, suppl. Fig. 1a).

229 It is difficult to see qualitative differences in the number of fat globules from the cryo 230 SEM micrographs of the cooked curd (Fig. 3). Quantitative analysis of the 3D CLSM images 231 shows a significantly higher number of fat globules with added CaCl₂ at draining pH of 6.2 (P <0.05, suppl. Fig. 1b). This trend was not evident for CaCl₂ addition at draining pH of 6.0, 232 233 possibly due to the variation in the cooking time (Fig. 1a) required to achieve the target draining 234 pH of 6.0. The large variation observed in the image analysis results also reflects the limitations 235 of this technique; it is difficult to detect differences in a compact curd structure such as what 236 occurs after cooking, where fat coalescence increases and the structure is less homogenous. 237 Compositional analysis of the whey was therefore employed to assess the effect of CaCl₂ 238 addition and draining pH on the fat and protein levels in the sample.

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3.4. Fat and protein content of the sweet whey

241 The sweet whey acts as a vehicle that carries the fat dislodged from the curd matrix 242 during cooking and draining. The volume of the whey released was not significantly different (P 243 > 0.05) between treatments. The fat concentration within this whey and hence the fat loss was significantly reduced (P < 0.05), however, in samples with 300 mg kg⁻¹ CaCl₂ addition, as 244 compared to the control for both draining pHs (Fig. 4). These results highlight the potential 245 246 benefit of altering the protein microstructure by means of calcium addition. Interestingly, the denser protein network did not affect the level of protein lost to the sweet whey (P > 0.05, Fig. 247 248 4). This result was consistent with a previous trial, where it was reported that the non-fat milk solids was not significantly affected for Emmentaler cheese when 100 mg L^{-1} CaCl₂ was added 249 250 (Wolfschoon-Pombo, 1997).

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3.5. Microstructure of the milled curd

253 The microstructure of the curd after cheddaring and milling (Fig. 5) was more compact 254 than the microstructure of the cooked curd (Fig. 4). The cheddaring process involves the fusion 255 of curd particles, particularly once the curd reaches a pH of ~5.8, as a consequence of the loss of Ca and PO₄ from the protein matrix (Lucey & Fox, 1993). Addition of CaCl₂ did not affect the 256 257 microstructure of the milled curd, as observed using cryo SEM or CLSM. The differences in 258 porosity observed within the gel and cooked curd became less evident as the structure became 259 more compact. The draining pH, however, appeared to affect the microstructure of the milled 260 curd.

261 The continued cheddaring causes the curd to shrink, expelling more moisture. The pore 262 size reduced to approximately 1 µm. These micron size, circular pores were more obvious within 263 the protein strands of milled curds produced at a higher draining pH (Fig. 5a-c) than at a lower 264 draining pH (Fig. 5d-f). Micron size pores have also been observed within the milled curds of 265 samples made using cheese-milk with different milk protein concentrations (Ong, Dagastine, 266 Kentish & Gras, 2013b). These pores were more readily observed within the milled curd made 267 using milk with a lower protein concentration and the final moisture content of the cheese was 268 higher. Such pores may be important in regulating salt retention. The images reinforce that cryo 269 SEM can be used as a tool to capture structural information that can in turn be used to control the

quality of the final cheese product. The bacterial cells also appear in much larger clusters within the milled curd at a draining pH of 6.0 compared to at pH 6.2, possibly due to the longer cooking time for these samples. The difference in distribution was not quantified and the contribution to cheese ripening is unclear and would require further investigation.

274 Suppl. Fig. 2 provides lower magnification cryo SEM images of the milled curd where 275 curd junctions can be observed. These junctions form when the fat depleted curd fines fuse 276 together during the cheddaring process, forming a protein rich seam within the network. Several crystalline inclusions can be observed especially at curd junctions in samples where 300 mg kg⁻¹ 277 278 CaCl₂ had been added at both draining pHs (suppl. Fig. 2a and b). Suppl. Fig. 2 also shows 279 fewer crystalline inclusions at a lower draining pH. The presence of such crystalline phases of 280 salts in the curd and cheese during processing has been reported in several studies (Brooker, 281 1975; Frau, Mulet, Simal, Massanet & Rossello, 1997). It is not clear, however, if the presence 282 of these crystalline salts relates to calcium lactate formation in cheese and this warrants further 283 investigation.

The micron size pores seen by cryo SEM (Fig. 5) could not be easily observed within the CLSM images (data not shown) due to the presence of the aqueous serum phase and the lower resolution of the CLSM technique. The porosity of the milled curds and the number of fat globules were also not significantly different when assessed by CLSM (P > 0.05, suppl. Fig. 1c and d).

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3.6. Microstructure and texture of the Cheddar cheese

291 Pressing reduced the size of the pores observed within the milled curd and the structure 292 became more compact (Fig. 6). The differences between treatments observed at the earlier stages 293 are less obvious at this stage. The 3D CLSM images, however, show the presence of large holes 294 randomly distributed within the cheeses (Fig. 6h, i and j, indicated by the arrows). It is not clear 295 why these holes form. They could be the result of the calcium addition (Ong et al., 2013a) or the 296 longer cooking time and the shorter cheddaring time applied for samples with a lower draining 297 pH, which may prevent the curd from completely fusing together. No clear trend is observed, 298 however, in the porosity of the cheese as a function of pH or calcium addition (suppl. Fig. 1e) 299 suggesting that the distribution of pores is altered rather than the total sample porosity.

300 Textural analysis of the cheeses indicated that the cheese with a lower draining pH was 301 significantly harder (Fig. 7), possibly due to the lower moisture content of the cheese (Fig. 8a). Addition of CaCl₂ up to 300 mg kg⁻¹ did not affect the hardness of the cheese (P > 0.05). There 302 was also no significant difference in cohesiveness between the treatments (P > 0.05) despite the 303 304 occurrence of holes observed in the cheese, as discussed above. Previous studies have shown that 305 the pH at whey draining influences the texture of a cheese due to changes in the mineral content 306 of the cheese (Lucey & Fox, 1993). Cheeses with a low draining pH, such as Cheshire cheese, 307 are known to be more crumbly than cheese such as Colby, which is drained at a higher pH (Hall 308 & Creamer, 1972). The low draining pH of 6.0 used in this study does not appear to be 309 sufficiently low to cause significant changes to the cohesiveness of the freshly-pressed Cheddar 310 cheese.

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3.7. Yield and composition of Cheddar cheese

The fat retained in the cheese was significantly higher with calcium addition at both 313 314 draining pHs (P<0.05, Fig. 8b), possibly due to the lower concentration of fat lost to sweet whey 315 (Fig. 4a). The protein retained in the cheese (Fig. 8b), the yield (Ya) and yield in dry matter 316 (YDM) of the cheeses, however, were not significantly different between treatments (P>0.05). The average Ya of the cheeses was 12.2 ± 0.4 % (w/w) and the YDM was 7.9 ± 0.3 % (w/w). 317 318 Our vield result is in apparent contrast to the findings of Wolfschoon-Pombo (1997) and Ustunol 319 et al. (1990), who both observed an increase in yield of Emmentaler-type cheese or stirred curd cheese, when 100 mg L⁻¹ or 200 mg L⁻¹ of calcium was added to the cheese-milk. The \sim 3.5 % 320 321 difference in fat retention observed in the cheese here is equal to 35 g of increased fat per vat of 322 cheese or increase in yield of ~ 0.18 % (Ya, estimated as kg cheese per kg of cheese-milk). The 323 variation in Ya observed between the trials conducted here was 0.4 %, which makes the increase 324 in fat retention not observable within the range of variation observed for the Ya data. The total 325 fat and protein mass balance during this cheese making trial was within the range of 94-97% 326 recovery and 90-92% recovery for fat and protein respectively.

The composition of the cheese was within the range usually observed for Cheddar cheese (Fig. 8a, c). There were no significant differences in fat or protein composition with CaCl₂ addition (P > 0.05, Fig. 8c). The concentration of fat and protein in the cheese, however, was significantly higher (P < 0.05) in cheeses with a lower draining pH (Fig. 8c) possibly due to the lower moisture content of these cheeses (Fig. 8a). This is consistent with previously published results, where cheese drained at a lower pH tends to have a lower moisture level (Kiely et al., 1992; Yazici & Akbulut, 2007). The fat in dry matter of the cheeses was not significantly different (P > 0.05) regardless of the different treatments (Fig. 8a), showing that moisture was the only significant difference between treatments.

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3.8. Total and soluble calcium and phosphorus concentrations

338 Special whey treatment is normally required if the sweet whey contains an excessive level of calcium but our study shows that the addition of 300 mg kg⁻¹ did not change the calcium 339 concentration in the whey and would not necessitate additional treatment. The total calcium in 340 the whey was 346-374 mg kg⁻¹ compared to 330-358 mg kg⁻¹ for whey from cheese with 300 mg 341 kg⁻¹ added CaCl₂ vs no added calcium, respectively). Most of the added CaCl₂ was retained in 342 343 the curd. As a result there was an increasing trend in the level of total calcium in the cooked curd 344 and cheese with increasing CaCl₂ addition ($P \le 0.05$) (Fig. 9). The effect of the whey draining pH 345 on the level of the total calcium concentration was more significant, however, than the addition 346 of CaCl₂.

More calcium phosphate is solubilised at a lower pH resulting in the higher concentration (P < 0.05) of total calcium in the whey ($325 \pm 24 \text{ mg kg}^{-1}$ and $366 \pm 8 \text{ mg kg}^{-1}$ in whey drained at pH 6.2 or pH 6.0, respectively). As a result, the total calcium retained in the cooked curd and cheese for samples drained at a lower pH was lower regardless of the CaCl₂ level (Fig. 9). The difference in the total calcium content of the whey due to the lower draining pH is consistent with a previous study for Cheddar cheese reported by Lucey and Fox (1993).

353 Fig. 9 also shows an interesting comparison between the different treatments. The level 354 of total calcium in the cheese with a draining pH of 6.2 without added CaCl₂ was similar to cheese with a draining pH 6.0 where 300 mg kg⁻¹ CaCl₂ was added. This suggests the 355 356 combination of calcium addition and lower draining pH could be used to produce cheese with a 357 similar concentration of calcium to the control (no added CaCl₂, pH 6.2). The extra calcium 358 added at the beginning of cheese making would improve coagulation but is drained away by 359 lowering the draining pH. This minimizes potential defects associated with excess calcium in the 360 final cheese, although textural and microstructural analyses show theses cheeses here differ in 361 hardness and the arrangement of pores within the microstructure

The total phosphorus concentration was not affected by the addition of CaCl₂. A lower concentration of phosphorus was observed in cheese with a lower draining pH (P < 0.05, data not shown), similar to observations for calcium.

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366 4. Conclusion

367 This study supports evidence from past studies that the addition of calcium chloride has the potential to reduce the fat lost to sweet whey and potentially improve the fat retention in 368 369 cheese. Advanced microscopy tools such as CLSM and cryo SEM can be used to provide 370 microstructural data to understand the mechanisms of fat retention within the gel during the early 371 stage of cheese making. Quantitative image analysis measures such as porosity, however, are less 372 able to differentiate between the process variables as the curd becomes more compact. The 373 moisture content of the cheese was lower at a lower draining pH and the fat concentration and 374 cheese hardness increased. Chemical and textural analyses were therefore needed in combination 375 with the microstructural data to assess the effect of calcium addition and draining pH.

This study shows that $CaCl_2$ addition in combination with a lower draining pH could be used to improve coagulation at the early stage of cheese making, potentially improving fat retention and maintaining a similar level of total calcium in the final cheese. Our study provides further evidence that the addition of $CaCl_2$ can be used to shorten the processing time and increase factory productivity. Our findings may also be relevant to the manufacture of Gouda type cheeses, which share similar early steps of manufacture with Cheddar cheese.

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Fig. 1. The storage modulus (G') measured from the time of rennet addition for cheese-milk without CaCl₂ addition (dotted line), with 100 mg kg⁻¹ CaCl₂ addition (thin solid line), or with 300 mg kg⁻¹ CaCl₂ addition (thick solid line). The thick arrows indicate the gelation point when G' reaches ~5 Pa) and the thin arrows indicate the cutting point when G' reaches 43 Pa. Error bars are the standard deviation of the mean from two independent trials (n = 2).

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Fig. 3. Cryo SEM micrographs of cooked curd made using cheese-milk without CaCl₂ addition (**a**, **d**), with 100 mg kg⁻¹ CaCl₂ addition (**b**, **e**) or 300 mg kg⁻¹ CaCl₂ addition (**c**, **f**) where the whey was drained at pH 6.2 (**a-c**) or at pH 6.0 (**d-f**). FG = fat globules, CFG = coalesced fat globules, Pr = protein network and Bc = bacteria. The black areas correspond to pores. Scale bars within the cryo SEM images are 10 μ m in length.

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494 Fig. 6. Cryo SEM micrographs of Cheddar cheese made using cheese-milk without CaCl₂ addition (**a**, **d**), with 100 mg kg⁻¹ CaCl₂ addition (**b**, **e**) or 300 mg kg⁻¹ CaCl₂ addition (**c**, **f**) where 495 496 the whey was drained at pH 6.2 (a-c) or at pH 6.0 (d-f). FG = fat globules, CFG = coalesced fat 497 globules, Pr = protein network and Bc = bacteria. The black areas correspond to pores. Representative CLSM micrographs of Cheddar cheese made using cheese-milk without CaCl₂ 498 addition (g, i) or with 300 mg kg⁻¹ CaCl₂ addition (h, j) where the whey was drained at 6.2 (g, h) 499 500 or pH 6.0 (i, j). The 3D images each consist of 40 layers of 2D images with a total depth of 10 501 μm. Scale bars within the cryo SEM and CLSM images are 10 μm and 20 μm in length 502 respectively. Nile red stained fat appears red and FCF fast green stained protein appears green. 503 Please refer to the online edition for a colour version of this figure.

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- 529
- 530 Supplementary Fig. 2. Cryo SEM micrographs of milled curd made using cheese-milk with 300
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