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ONTIME Self-Initiated Mobility

Katherine Sanders ksanders004@gmail.com

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ONTIME Self-Initiated Mobility

Pediatric Seating and Mobility Clinic, Monroe Carell Jr. Children's Hospital at Vanderbilt **Pediatric Rehabilitation Services**

Katherine Sanders, OTD/S

Expert Mentor: Sarah Moran, PT, DPT, PCS, ATP

Faculty Mentor: Teresa Plummer, PhD, OTR/L, ATP, CAPS, CEAS



Mission

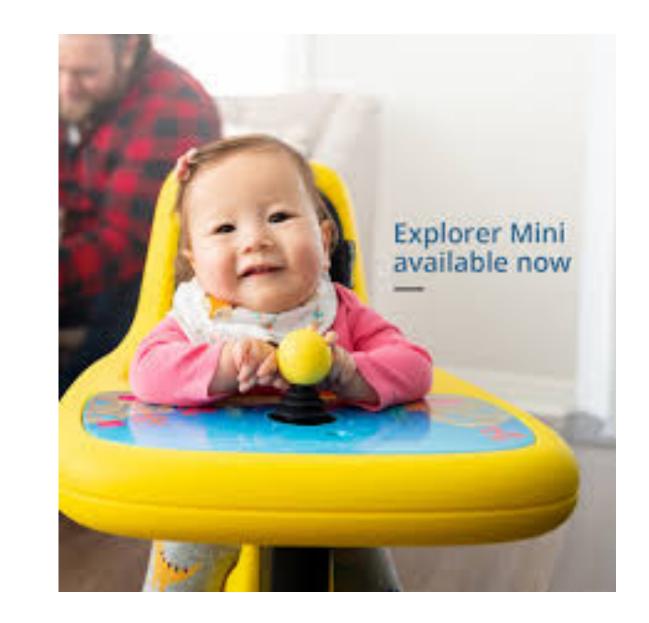
"Our Family-Centered Service delivery philosophy and approach values your family's and child's role in collaboration to develop goals and a therapy plan. You and your family are involved in each step of evaluation and treatment, including parent training and home programs. Family-centered care directs therapy towards realistic family and child priorities and goals, and fosters wellness and participation across your child's life span, including the transition to adulthood ("Rehabilitation Service," n.d.)."

Vision

"We are a community guided by and committed to our mission. We value collaboration with patients and colleagues. We communicate openly and honestly. We treat others as we would wish to be treated. We strive to be fair and non-judgmental toward all. We value diversity. We each safeguard professional integrity, pursuing the highest ethical standards. We are each accountable for carrying forth our mission ("Rehabilitation Service," n.d.)."

Identified Needs of Vanderbilt's Seating and **Mobility Clinic**

- Handouts of commonly referred community resources
- Handout for families on equipment ordering process and follow-up appointments
- Guidelines for how to introduce power mobility to infants 12-36 months old
- Introduction of an exploratory power mobility device to the seating and mobility clinic for children 12-36 months old
- "How to Use" reference notecards for Explorer Mini





Goals of Experiential Component

- Create handouts for families regarding the process of ordering equipment and general information regarding follow-up instructions and commonly referenced resources
- Create and present evidence-based protocol for the introduction of power mobility for infants
- Arrange in-service and delivery of Explorer Mini
- Create "How to use" reference cards for Explorer Mini

Deliverables

Handouts

- 1. Wheelchair and Adaptive Equipment Ordering Process
- 2. How to Keep Equipment in Good Shape
- 3. Follow-up Appointments
- 4. UCP Equipment Exchange and Ramp Programs
- 5. Explorer Mini "How to Use" Reference Notecards
- 6. Folder for therapists of current research on the importance of self-initiated mobility

- When: Before child is placed in device
- Why: Allows the child to explore device before begin placed in it

Protocol: Preparatory Stage

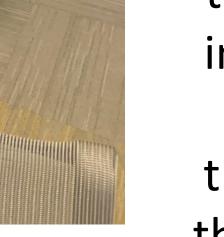
- How:
 - Multi-modal
 - Developmentally appropriate
 - Child-centered
- Skills to work on prior to this stage

Virtual In-Service on and Delivery of Explorer Mini

- Arranged Virtual in-service on the Explorer Mini for Vanderbilt Pediatric rehabilitation therapists and suppliers
- Delivery of Explorer Mini to Vanderbilt Pediatric Rehabilitation







permobil —— The Explorer Mini – An Introduction





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