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Fostering Emotionally Intelligent Bullying Prevention through Youth Engagement

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Fostering Emotionally Intelligent Bullying Prevention through Youth Engagement
Presenters: Jan Urbanski and June Jenkins, Clemson University

Content Outline

I.   Agenda Overview
        a. Key Facts about Bullying
        b. Defining Emotional Intelligence
        c. Youth Voice
        d. Youth Engagement
        e. Changing Social Norms
        f. Class Meetings

II.   Bullying Facts
        a. Definition and Key Components
        b. Types of Bullying
        c. Myths and Facts
        d. Role Students Play in Bullying Situations
        e. Consequences

III.   Emotional Intelligence is the ability to:
        a. Recognize emotions
        b. Understand the causes of emotions
        c. Name emotions
        d. Express emotions
        e. Regulate emotions

IV.   Youth Voice
        a. Defined
        b. Continuum
        c. IAE Civic Education Study

V.   Youth Engagement
        a. Difference between Voice and Engagement
        b. Indicators and Outcomes
        c. Advocacy
        d. Coordination
        e. Activities

VI.   Social Norm Change
        a. What Works and What Doesn't
        b. Social Norms Myths and Facts
        c. Model of Social Norms Approach to Health Promotion
        d. Messaging Tools
        e. Social Norm Approach to Bullying Prevention

VII.   Class Meetings
    a. Purpose
    b. Structure
    c. Content
    d. Adult Involvement

VIII.   Discussion
    a. Take Aways
    b. Dos and Don'ts
    c. Questions and Answers