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Sassafras

My people used to have a tale about a tree with leaves like hands: three fingers, two fingers, one. When I was a girl I knew the story by heart. It had something to do with something undying - love or spirit, or maybe faith. A topic along those lines, inspirational. But I forgot the rhythm of the words, and then the words themselves, until all I could do was look at this tree, and wonder: Sassafras albidum, cinnamonwood, smelling-stick tree with omnipotent roots, how did my people come to know you? How did they come to thin their winter thickness with your brew? The insects flee from your oil but I could lie in your arms all night, trying to remember our past.

Caitlin Kight