

1 A rational roadmap for SARS-CoV-2/COVID-19 pharmacotherapeutic
2 research and development. IUPHAR review “XXX”

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33 [Keywords](#)

34 COVID-19; SARS-CoV-2; proteinase; RNA polymerase;

35 [Abbreviations](#)

36 3CL_{pro}, 3C-like proteinase of the virus

37 ACE, angiotensin-converting enzyme

38 ACE2, angiotensin-converting enzyme 2

39 ADRP, ADP-ribose-1''-phosphatase

40 ARDS, acute respiratory distress syndrome

41 BPS, British Pharmacological Society

42 CARD, caspase activation and recruitment domain

43 CoV, coronavirus

44 E, Envelope protein of the virus

45 FRET, Förster Resonance Energy Transfer

46 GtoPdb, BPS/IUPHAR Guide to PHARMACOLOGY database

47 IUPHAR, International Union of Basic and Clinical Pharmacology

48 M, Membrane glycoprotein of the virus

49 MERS, Middle East respiratory syndrome

50 N, Nucleocapsid protein of the virus

51 nsp, non-structural protein of the virus

52 PAMP, pathogen-associated molecular pattern

53 PL_{pro}, papain-like proteinase of the virus

54 RBD, receptor binding domain

55 S, Spike glycoprotein of the virus

56 SADS, Swine Acute Diarrhoea Syndrome

57 SARS, severe acute respiratory syndrome

58 TM, transmembrane

59 [Author contributions](#)

60 The document was conceived in discussions among SPHA, JA, JD, EF, SDH, FLS, AJP, CS and MJS; it
61 was initially drafted by SPHA and all the co-authors contributed text and checked the manuscript; all
62 the authors read and agree to submission of the manuscript.

63 [Conflict of Interests](#)

64 None of the authors has a conflict of interest to declare.

65

66 Abstract

67 In this review, we identify opportunities for drug discovery in the treatment of COVID-19 and in so
68 doing, provide a rational roadmap whereby pharmacology and pharmacologists can mitigate against
69 the global pandemic. We assess the scope for targetting key host and viral targets in the mid-term,
70 by first screening these targets against drugs already licensed; an agenda for drug re-purposing,
71 which should allow rapid translation to clinical trials. A simultaneous, multi-pronged approach using
72 conventional drug discovery methodologies aimed at discovering novel chemical and biological
73 means targetting a short-list of host and viral entities should extend the arsenal of anti-SARS-CoV-2
74 agents. This longer-term strategy would provide a deeper pool of drug choices for future-proofing
75 against acquired drug resistance. Second, there will be further viral threats, which will inevitably
76 evade existing vaccines. This will require a coherent therapeutic strategy which pharmacology and
77 pharmacologists are best placed to provide.

78 Introduction

79 PubMed has already accumulated a vast repository of information on SARS-CoV-2/COVID-19, which
80 increases on a daily basis (on 2020-03-23, there were 1369 hits for COVID-19; this number more
81 than doubled in the space of two weeks, so that by 2020-04-06 there were 2780 hits in PubMed for
82 COVID-19). Clearly, there is a need to summarise this information critically and prioritise the
83 elements which are constructive and useful for each individual sector. This document suggests
84 priorities for how drug discovery and development might be rationally focussed for the rapid
85 identification and successful translation of therapeutic agents to treat COVID-19.

86 Given the urgency of the current situation, clearly initial drug discovery should focus on repurposing
87 licensed drugs, as dosage and safety information are largely to hand. Unfortunately, there is
88 controversy over proof of efficacy for essentially all the potential repurposed agents for which
89 preliminary, and, in many cases, non-peer reviewed data have surfaced. Some of this controversy is
90 addressed below but efforts are underway from both WHO and NIH to coordinate larger, higher
91 powered and better controlled studies in an attempt to demonstrate efficacy unequivocally. As a
92 'second wave', *de novo* discovery focussing on novel agents may allow future refinement and
93 capacity to treat patients who are unable to be treated by, or are unresponsive to, the repurposed
94 agents, but it would be very unlikely to have these new drugs available to treat the current crisis.

95 The IUPHAR/BPS Guide to PHARMACOLOGY ([GtoPdb](#)) is an open-access database, developed by the
96 International Union of Basic and Clinical Pharmacology (IUPHAR) and the British Pharmacological
97 Society (BPS). It provides expert-curated descriptions of almost 3,000 human proteins and over
98 10,000 ligands, including more than 1400 approved drugs. Management of the new resource is the
99 responsibility of the Nomenclature and Standards Committee of IUPHAR ([NC-IUPHAR](#)), which acts as
100 the scientific advisory and editorial board. The committee has an international network of over 700
101 expert volunteers organized into ~60 subcommittees dealing with individual target families. The
102 database is notably enhanced through the continued linking of relevant pharmacology with key
103 immunological data types as part of the IUPHAR [Guide to IMMUNOPHARMACOLOGY](#) (supported by
104 the Wellcome Trust) and by a major new extension, the IUPHAR/MMV [Guide to Malaria](#)
105 [PHARMACOLOGY](#) (in partnership with the Medicines for Malaria Venture). The GtoPdb team centred
106 at the University of Edinburgh have constructed a resource ([Faccenda et al.](#)), which provides a precis
107 of the current understanding about the virus and potential associated drug targets and drugs. As
108 with the other databases, the emphasis of the curation process is on stringent provenancing of the
109 information provided, although inevitably the current situation limits the capacity for triangulation
110 of data.

111 Nomenclature

112 Sequencing analysis of the novel virus has identified a high level of similarity with the virus identified
113 to cause the Severe Acute Respiratory Syndrome (SARS) outbreak in China in 2002/03/04, which was
114 known as the SARS coronavirus or SARS-CoV. Provisionally named as 2019-nCoV, the virus has been

115 renamed SARS-CoV-2 (Viruses, 2020). For the purposes of this document, the virus is described as
116 SARS-CoV-2, while the infectious disease is named as COVID-19 (World Health Organization, 2020).
117 One of the positive aspects of the emergence of SARS-CoV-2 and COVID-19 is the rapidity at which
118 aspects like genome sequencing (for example, Lu *et al.*, 2020; Wu *et al.*, 2020) and 3D structures (for
119 example, Yan *et al.*, 2020) have been described.

120 Protein targets and drugs in the current review follow nomenclature as presented on the
121 GuidetoPHARMACOLOGY.org website (Alexander, Ball & Tsoleridis. [SARS-CoV-2 proteins](#), accessed
122 on 2020-04-24) and the Concise Guide to Pharmacology 2019/20 (Alexander *et al.*, 2019).

123 [The viral cycle and virally-encoded potential drug targets](#)

124 For general reviews of the coronaviruses, see Masters, 2006; Fehr and Perlman, 2015; de Wit *et al.*,
125 2016; Zumla *et al.*, 2016; Cui *et al.*, 2019; Desforgues *et al.*, 2019; Song *et al.*, 2019. SARS-CoV-2 is a
126 betacoronavirus; a lipid-enveloped, single-stranded, positive sense RNA virus. Other human
127 coronaviruses include alphacoronaviruses, such as human coronavirus-229E (HCoV-229E), and
128 betacoronaviruses, such as SARS-CoV and MERS-CoV (responsible for the Middle East respiratory
129 syndrome) (for review, see Zumla *et al.*, 2016; Corman *et al.*, 2018; Pillaiyar *et al.*, 2020). More than
130 200 viral types have been associated with the common cold, of which 50% of infections are
131 rhinovirus, but also include respiratory syncytial virus, influenza and coronaviruses, particularly
132 HCoV-229E. Although HCoV-229E is regarded as 'relatively benign' since monocytes are much more
133 resistant to infection, it does rapidly kill dendritic cells (Mesel-Lemoine *et al.*, 2012).

134 Classically, the viral lifecycle can be divided into six elements: cell attachment; cell entry; viral
135 uncoating; nucleotide replication; viral assembly, and release (see **Figure 1**). Positive-stranded RNA
136 viruses replicate in the cytoplasm of infected cells, in close contact with intracellular membranes.
137 This organization allows a concentration of viral and host factors to enable virus production and to
138 evade innate immune responses (reviewed by Yager and Konan, 2019).

139 The SARS-CoV-2 coronavirus 30 kb genome ~~encodes 29 proteins~~ has 15 open reading frames, two of
140 which encode viral polyproteins that generate 16 non-structural proteins (see below) (Wu *et al.*,
141 2020). Historically, therapeutic benefit has been gained through exploitation of the differences
142 between viral and host proteins that subservise superficially similar functions (proteases and
143 nucleotide polymerases, for example). The rapidity with which structural elements of the SARS-CoV-
144 2 proteome have been identified provides hope that drug discovery approaches will soon provide
145 agents to target the virus selectively, with minimal impact on the host. Based on the evidence from
146 orthologous proteins from other betacoronaviruses and the information currently available on SARS-
147 CoV-2 (some of it not yet from peer-reviewed sources), we propose here the priority targets for
148 pharmacological investigation. That should not be taken to mean that research should be limited to
149 these targets, since there are undoubtedly a number of functions of the viral proteins still to be
150 ascertained. It would be remiss not to conduct a thorough examination of all the viral proteome,
151 both in isolation and in combination. The strategies we learn from investigation of the host:viral
152 interaction from SARS-CoV-2 will stand us in good stead for future viral threats.

153 [Cellular attachment and entry; replication, assembly and release](#)

154 Coronavirus binds to cell surface proteins on target cells and, following proteinase priming of spike
155 proteins on the virus surface, the virus is internalized into endosomal fractions that are subsequently
156 acidified, or accumulates through a non-endosomal route (Fehr and Perlman, 2015) (Figure 1). The
157 endosomal route appears to involve clathrin (Inoue *et al.*, 2007), but there are contradictory reports
158 of the importance of the intracellular C-terminus of ACE2 in this mechanism (Inoue *et al.*, 2007; Haga
159 *et al.*, 2008). A fusion domain permits insertion of a key protein (S, see below), which then allows
160 mixing of the viral and cellular membranes and subsequent release of the coronaviral genome into
161 the cytoplasm.

162 Following entry into the host cell cytoplasm and viral uncoating, the replicase gene of the viral RNA
163 is translated. The genome of coronaviruses consists of a single, continuous, linear, ssRNA, capped at

164 the 5' end and with a 3'-polyA tail (Fehr and Perlman, 2015). Translation occurs from open reading
165 frame (ORF) 1a and 1b at the 5' terminus, with a ribosomal frameshifting mechanism allowing the
166 overlap between *ORF1a* and *ORF1b* to generate the two polyproteins [pp1a](#) and [pp1ab](#) (Fehr and
167 Perlman, 2015; Perlman and Netland, 2009; Snijder et al., 2003; Thiel et al., 2003). In SARS-CoV-2,
168 the polyproteins are long, 4405 and 7096 aa, respectively. Encoded within the polyproteins of
169 betacoronaviruses are two proteinases: papain-like proteinase, PL_{pro}, and [chymotrypsin-like](#)
170 [proteinase](#), 3CL_{pro}. In SARS-CoV, PL_{pro}, derived from the polyproteins, has three endoproteinase
171 target sites, which release nsp1-3 (Thiel et al., 2003). 3CL_{pro} has 11 cleavage sites to release the
172 remaining non-structural proteins. In the coronavirus family, these proteinases process the
173 polyproteins to generate 16 functional non-structural proteins identified as nsp1-16 (Anand et al.,
174 2003; Thiel et al., 2003; Ziebuhr et al., 2007; Kindler et al., 2016; Cui et al., 2019).

175 Downstream of the ORF1a and 1b are genes encoding four structural proteins ([Spike](#), [Envelope](#),
176 [Membrane](#) and [Nucleocapsid](#)) (**Figure 2**) and a short series (described as at least 13 in total,
177 Srinivasan et al., 2020) of other proteins (see below). Once sufficient protein and RNA accumulate,
178 coronavirus assembly takes place, centred on the structural proteins. The release of coronavirus
179 particles involves the secretory pathway of the endoplasmic reticulum and Golgi apparatus and
180 vesicular exocytosis (for review, see de Haan and Rottier, 2005; Fehr and Perlman, 2015), and it is
181 likely, but as yet unconfirmed, that SARS-CoV-2 adopts this mechanism also.

182 To date, there is more evidence about the molecular detail involved in (and the possibilities to
183 modify) viral recognition, entry and replication compared to uncoating, assembly and release, hence
184 the attention paid here to the former three mechanisms.

185 [Targetting virus recognition and cellular entry](#)

186 [The cell-surface anchor - ACE2](#)

187 Among the coronaviruses, the spike protein interacts with proteinases to anchor on host cell
188 surfaces. The cell-surface anchoring point for the alphacoronavirus HCoV-229E is [aminopeptidase N](#)
189 (also known as CD13, Yeager et al., 1992). For the betacoronavirus MERS-CoV, [dipeptidylpeptidase 4](#)
190 (also known as CD26, Raj et al., 2013) is an anchor. Analysis of the co-crystal structure suggested
191 that the SARS spike protein binds to the active site of angiotensin converting enzyme 2 ([ACE2](#), Li et
192 al., 2005). Binding of SARS-CoV spike to ACE2 seems to require cholesterol-rich rafts in the host cells
193 (Glende et al., 2008)00. Recent evidence points to the spike protein of SARS-CoV-2 also binding to
194 ACE2. Both SARS-CoV (Li et al., 2003) and SARS-CoV-2 (Hoffmann et al., 2020; Letko et al., 2020)
195 have been described to require ACE2 to enter cells (Figure 1). A particular domain of the spike
196 protein of SARS-CoV-2, a so-called Receptor-Binding Domain (RBD), has been shown to facilitate
197 binding to ACE2 (Hoffmann et al., 2020). The ACE2 peptidase active site is located remotely from the
198 cell membrane (Li et al., 2005; Wrapp et al., 2020; Yan et al., 2020), into which the Spike protein
199 binds. The RBD of the Spike protein is located in the S1 ectodomain, approximately a third of the
200 way along the protein. ACE2 is a carboxypeptidase, which means it removes the terminal amino acid
201 from oligopeptides, and so it seems unlikely that the Spike protein is a substrate for ACE2.

202 In SARS-CoV-infected mouse lung, ACE2 protein expression was downregulated compared to
203 uninfected mice (Kuba et al., 2005). Following SARS-CoV Spike protein administration to mice,
204 angiotensin II was increased in the lungs (Kuba et al., 2005). These observations led to the
205 suggestion that this was the molecular mechanism for the frequent development of acute
206 respiratory distress syndrome (ARDS) during SARS-CoV infections (Imai et al., 2005; Kuba et al.,
207 2005).

208 ACE2 activity has been reported to be released from plasma membranes by proteolysis, thought to
209 be through the action of TNF α convertase ([ADAM17](#), A Disintegrin And Metalloproteinase domain
210 containing protein 17, Lambert et al., 2005) (**Figure 1**). The activity of ADAM17 can be increased by G
211 protein-coupled receptor activation, including the AT1 angiotensin receptor (Schafer et al., 2004).
212 ACE2, and ACE, activity can be measured in human plasma (Ocaranza et al., 2006; Herath et al.,
213 2007; Lew et al., 2008). Human plasma ACE2 activity is reported to be 'masked' by the presence of

214 endogenous inhibitors (Lew *et al.*, 2008), which don't yet appear to have been precisely defined.
215 Blood ACE2 activity can be altered in pathology; for example, serum ACE2 was found to be
216 decreased in patients following acute ischemic stroke (Bennion *et al.*, 2016).

217 The expression of ACE2 mRNA and enzyme activity in cardiac tissues were increased following
218 repeated oral administration of the [AT₁ angiotensin II receptor](#) antagonist [losartan](#), while oral
219 administration of an ACE inhibitor [lisinopril](#) only increased cardiac mRNA expression, but not enzyme
220 activity (Ferrario *et al.*, 2005).

221 Studies using disruption of the *ace2* gene in mice indicated an increase in circulating angiotensin II
222 levels and a severe cardiac contractility defect, which could be 'rescued' with simultaneous genetic
223 disruption of ACE (Crackower *et al.*, 2002). An early investigation of ACE2 polymorphisms in man
224 failed to show an association with hypertension (Benjafield *et al.*, 2004). A study of SARS victims and
225 ACE2 polymorphisms failed to find a correlation with patient outcomes (Chiu *et al.*, 2004).

226 [The coronaviral Spike protein](#)

227 The spike protein is the largest viral structural protein (~1200-1400 aa) and is heavily glycosylated,
228 forming extended trimeric structures providing the characteristic 'crown' feature of coronaviruses
229 (Belouzard *et al.*, 2012) (see **Figure 2**). The ectodomain is divided into the S1 domain responsible for
230 binding to ACE2, whereas the S2 domain is responsible for the fusion machinery. Following binding
231 of the S1 domain to ACE2, a deformation of the pre-fusion trimer results (Wrapp *et al.*, 2020).

232 Surface plasmon resonance of the binding of human ACE2 to the immobilized SARS-CoV-2 indicated
233 an affinity (K_d value) of 15 nM, an order of magnitude larger than SARS-CoV binding to ACE2 (Wrapp
234 *et al.*, 2020). Using a related label-free technique, biolayer interferometry, affinities of 5 and 1.2 nM
235 for binding of SARS-CoV and SARS-CoV-2 spike protein, respectively, to human ACE2 has been
236 reported (Walls *et al.*, 2020).

237 Although a proteolytic cleavage site at the S1/S2 boundary of the SARS-CoV Spike protein is the best
238 characterised, a second site upstream of the fusion peptide in the S2 domain, called S2' has also
239 been described (Belouzard *et al.*, 2009). This raises the possibility that multiple other proteases
240 might be targeted to influence coronavirus activation (Millet and Whittaker, 2015). A key difference
241 between the Spike proteins in SARS-CoV and SARS-CoV-2 is the presence in the latter of a site at the
242 S1/S2 boundary predicted to be sensitive to the proteinase [furin](#), and which may be targeted during
243 viral assembly and maturation (Walls *et al.*, 2020).

244 The SARS-CoV S2 domain has a pair of α -helices, which may participate in coiled:coil structures
245 during membrane fusion (Petit *et al.*, 2005). The host complex of ZDHHC9 ([Link to UniProt](#)) with
246 GOLGA7 ([Link to UniProt](#)), a palmitoyltransferase, which modifies the low molecular weight G
247 proteins [NRAS](#) and [HRAS](#) (Swarthout *et al.*, 2005), also palmitoylates the cysteine-rich S2
248 endodomain of the SARS-CoV to facilitate membrane fusion (Petit *et al.*, 2007).

249 Very recently, in a comparison of the S2 domains of SARS-CoV and SARS-Cov-2, an enhanced
250 capacity of the novel virus' S2 domain for membrane fusion was observed and suggested to result
251 from eight differing amino acids (Xia *et al.*, 2020). Using a series of oligopeptides conjugated to lipid
252 entities, high affinity (IC₅₀ values in the nanomolar range) inhibitors of cell fusion were identified.

253 [Interfering with the ACE2:Spike interaction](#)

254 Given that the spike protein binds to the active site of ACE2 (Li *et al.*, 2005), in theory, any alteration
255 in the availability of the active site should influence the binding of the spike protein and, hence,
256 interfere with SARS-CoV-2 infection. One option would be to provide an excess of an endogenous
257 peptide substrate, or more conventionally to apply a selective enzyme inhibitor.

258 [Endogenous substrates of ACE2](#)

259 ACE2, discovered in 2000 (Donoghue *et al.*, 2000), shares 40% sequence similarity to ACE within the
260 N-terminal domain and is a type I transmembrane metallopeptidase. Unlike ACE, it functions as a
261 zinc carboxypeptidase to cleave single C-terminal amino acids from peptides, particularly hydrolysing
262 Pro-Phe residues in angiotensin-(1-8) to angiotensin-(1-7), [Pyr¹]-apelin 13 to [Pyr¹]-apelin-(1-12) and

263 [des-Arg⁹]-bradykinin to bradykinin-(1-8) with high efficiency. It may also cleave other peptides less
264 effectively (Vickers *et al.*, 2002), shown below:

Angiotensin I	⇒	angiotensin-(1-9) + Leu
Angiotensin II	⇒	angiotensin-(1-7) + Phe
Apelin-(1-13)	⇒	QRPRLSHKGPMP + Phe
Apelin-(1-36)	⇒	...QRPRLSHKGPMP + Phe
[Des-Arg⁹]-Bradykinin	⇒	RPPGFSP + Phe
Dynorphin A-(1-13)	⇒	YGGFLRRIRPKL + Lys

265 115 other peptides were not hydrolysed by ACE2 including adrenocorticotrophic hormone,
266 calcitonin, cholecystokinin, met-enkephalin, glucagon, glucagon-like peptide-1, melanin-
267 concentrating hormone, pituitary adenylyl cyclase-activating polypeptide, somatostatin-14, urocortin
268 or vasoactive polypeptide (Vickers *et al.*, 2002).

269 In humans, levels of mRNA encoding ACE2, together with immunoreactive peptide, are highest in the
270 gastrointestinal tract, followed by heart, kidney, testes and gall bladder and other tissues (Uhlen *et al.*,
271 *et al.*, 2015). Within organs, ACE2 immunoreactivity was predominantly localised to epithelial (for
272 example, in the lungs) and endothelial cells from all vascular beds examined (Yang *et al.*, 2017).
273 Importantly, the ACE2 antisera used in this study for immunocytochemistry was the same as that
274 employed in the study described in the section below “Using biopharmaceutical/antibody
275 approaches to target ACE2:Spike interactions” (Hoffmann *et al.*, 2020), to block entry of the virus in
276 cell culture. The epitope of this antisera would be a rational starting point for the development of
277 selective therapeutic antibodies.

278 The presence of ACE2 on airway epithelial cells is consistent with the isolation of SARS-CoV-2 from
279 broncho-alveolar lavage of patients with COVID19 and the infection of cultured airway epithelial
280 cells (Zhu *et al.*, 2020). In humans, levels of ACE2 immunoreactivity tend to be low. However, in
281 addition to being upregulated by ACE inhibitors and angiotensin receptor antagonists (see above),
282 ACE2 expression has been reported to be increased in human cardiovascular disease, for example, in
283 the cardiomyopathic heart (Zisman *et al.*, 2003). Since ACE2 is critical for viral entry, it may be one
284 explanation for the high incidence of co-morbidity of COVID-19 patients with cardiovascular disease.

285 *Manipulation of ACE2 activity by synthetic agents*

286 Assays employing fluorogenic surrogate substrates to screen for inhibitors of ACE2 activity are well-
287 established, for example using methoxycoumarin-RPPGFSAFK(Dnp)-OH (Ocaranza *et al.*, 2006;
288 Bennion *et al.*, 2016), or methoxycoumarin-APK(Dnp)OH (Herath *et al.*, 2007; Lew *et al.*, 2008;
289 Mores *et al.*, 2008). Detailed protocols for the use of methoxycoumarin-APK(Dnp)OH have been
290 described for FRET-based high throughput screening (Sriramula *et al.*, 2017; Xiao and Burns, 2017).

291 This style of assay identified that ACE2 was not inhibited in the presence of 10 µM lisinopril,
292 enalaprilat, or captopril, inhibitors of [angiotensin-converting enzyme](#) (Tipnis *et al.*, 2000). There are
293 no licensed drugs described to inhibit ACE2 activity. However, DX600 is a peptide-based ACE2
294 inhibitor (Huang *et al.*, 2003), while MLN4760 and compound 28 are described as sub-nanomolar
295 potency ACE2 inhibitors (Mores *et al.*, 2008).

296 There is evidence for allosteric regulation of ACE2 activity, in that a xanthene derivative ([XNT](#)) was
297 observed to **enhance** ACE2, but not ACE, activity *in vitro* with a potency of 20 µM (Hernandez Prada
298 *et al.*, 2008). An *in silico* study later identified a binding site in an allosteric hinge region of ACE2,
299 distinct from the proteinase active site, against which 1217 FDA-approved drugs were screened
300 (Kulemina and Ostrov, 2011). A subsequent kinetic assay with the recombinant enzyme and a
301 fluorogenic substrate identified [labetalol](#) and [diminazene](#) as agents able to double the maximal
302 velocity of ACE2 enzyme activity.

303 Whether any of these compounds alter the binding of the spike protein from either SARS-CoV or
304 SARS-CoV-2 or viral infection in general does not appear to have been examined yet.

305 A speculative area that should be explored further is the concept of enhancing the activity of the
306 serine proteinase ADAM17 to increase cleavage and release of membrane bound ACE2. Peptides

307 such as angiotensin II are reported in animal models to cause release ('shedding') following binding
308 to AT₁ receptors (Xu *et al.*, 2017). Although angiotensin II is licensed by the Federal Drug
309 Administration to treat sepsis (known as Giapreza, Davenport *et al.*, 2020), it would be inadvisable as
310 a treatment for COVID-19 given the detrimental action of angiotensin II on the lungs. In contrast, the
311 investigational agent [Pyr¹]-apelin-13 is currently used in clinical studies (Davenport *et al.*, 2020) and
312 may also interact with its cognate receptor to downregulate membrane-expressed ACE2. This
313 peptide also has beneficial effects on the heart, including an increase in cardiac output (Japp *et al.*,
314 2010).

315 *Using biopharmaceutical/antibody approaches to target ACE2:Spike interactions*

316 An alternative approach to the small molecule manipulation of the ACE2 enzyme would be to target
317 the spike or ACE2 proteins with selective antibodies. Antibodies directed against ACE2 led to a
318 reduction in SARS-CoV-2 virus entry into target cells (Hoffmann *et al.*, 2020), although this is likely to
319 be some distance away from a therapeutic application.

320 A truncated version of human recombinant ACE2, lacking the transmembrane domain, mitigated
321 against SARS-CoV infection of cells (Li *et al.*, 2003) and has been used in animal models to reduce
322 symptoms of severe acute lung failure (Imai *et al.*, 2005), diabetic nephropathy (Oudit *et al.*, 2010)
323 and cardiac hypertrophy and fibrosis (Zhong *et al.*, 2010). Treating SARS-CoV-2 victims with a soluble
324 form of ACE2 (Batlle *et al.*, 2020) or a fusion protein of the spike-binding portion of ACE2 combined
325 with the Fc portion of human IgG (Lei *et al.*, 2020) has been suggested.

326 Apeiron Biologics has approval to conduct a Phase II clinical trial of APN01 (human recombinant
327 ACE2) for the treatment of COVID-19 in three European countries (Austria, Germany and Denmark)
328 ([NCT04335136](#)). This recombinant version of ACE2 was originally licensed to GlaxoSmithKline and
329 previously tested as GSK2586881 in a Phase 2 multicentre trial ([NCT01597635](#)) in patients with
330 lung injury or ARDS, both features of SARS and MERS (and now COVID-19). The study tested the
331 hypothesis that cleavage of angiotensin II (which causes lung injury - vasoconstriction, inflammation,
332 fibrosis, vascular leak, and sodium absorption) to angiotensin-(1-7), would have counter regulatory
333 beneficial action and reduce long term injury. GSK2586881 was well-tolerated in patients with ARDS,
334 and the rapid modulation of peptides of the renin-angiotensin system demonstrated target
335 engagement, in that levels of angiotensin II decreased rapidly whereas angiotensin-(1-7) levels
336 increased and remained elevated for 48 h, although the study was not powered to detect changes in
337 acute physiology or clinical outcomes (Khan *et al.*, 2017).

338 Sera from convalescent SARS-CoV patients prevented the cell entry of SARS-CoV-2 (Hoffmann *et al.*,
339 2020) and this approach has been used with some success in the SARS, MERS and COVID-19
340 outbreaks (for review, see Bloch *et al.*, 2020). The difficulty in identifying the precise molecular
341 mechanism/s of convalescent sera action and issues with collection, standardization and scaling-up
342 will be a challenge (Bloch *et al.*, 2020).

343 A bacterial equivalent of ACE2 (based on 3D structure rather than primary sequence) termed B38-
344 CAP has been described, which is reported to reduce hypertension and limit cardiac dysfunction in
345 an animal model (Minato *et al.*, 2020). Whether this agent might provide a decoy anchor to 'chelate'
346 viral particles prior to cell entry has not been investigated.

347 In a preliminary (as yet, not peer reviewed) study, a conformational change in the S1 RBD of the
348 SARS-CoV-2 Spike protein in the presence of heparin was noted (Mycroft-West *et al.*, 2020). Cell-
349 surface heparan sulphate glycosaminoglycans have previously been suggested to be a lactoferrin-
350 sensitive alternative attachment point for the SARS-CoV virus (Lang *et al.*, 2011). These observations
351 suggest further routes for pharmacological targetting of viral infection and propagation.

352 *The cell-surface priming mechanism - TMPRSS2*

353 TMPRSS2 is a single transmembrane domain protein with an extracellular serine protease domain,
354 which appears to cleave substrates preferentially at basic residues (arg/lys), with a calcium-binding
355 LDL receptor class A domain (Paoloni-Giacobino *et al.*, 1997). The *TMPRSS2* gene encodes a cell-

356 surface proteinase (transmembrane serine protease 2, [TMPRSS2](#)) and is located at chromosomal
357 locus 21q22.3 in close proximity to *ERG*, a gene encoding an ETS transcription factor ([Link to UniProt](#),
358 Paoloni-Giacobino *et al.*, 1997). (*ERG* fusion with *EWS* leads to Ewing's sarcoma) Fusion of the
359 *TMPRSS2* and *ERG* (or the related *ETV1*) genes has been reported to occur in the majority of prostate
360 cancers and is suggested to lead to an androgen-dependent amplification of ETS-regulated genes
361 (Tomlins *et al.*, 2005). *TMPRSS2* expression is androgen-regulated (Lin *et al.*, 1999; Chen *et al.*, 2019);
362 it is expressed highly in prostate cancer (Lin *et al.*, 1999; Lucas *et al.*, 2008) (for review, see Tanabe
363 and List, 2017) and loss of *TMPRSS2* in the prostate is associated with reduced metastatic potential
364 (Lucas *et al.*, 2014). In aggressive versions of prostate cancer, *TMPRSS2* undergoes autocatalytic
365 proteolysis at Arg²⁵⁵-Ile²⁵⁶ (Afar *et al.*, 2001), where the two chains may remain in combination due
366 to interchain disulphide bridges (Chen *et al.*, 2010) or the catalytic moiety may be secreted (Chen *et*
367 *al.*, 2010). In LNCaP human prostate cancer cells, the PPAR α agonist fenofibrate was able to mitigate
368 against the androgen receptor agonist-evoked increase in *TMPRSS2* expression (Zhao *et al.*, 2013).
369 Following binding of the S protein to ACE2, *TMPRSS2* 'primes' the spike protein to facilitate entry of
370 the virus into the target cell (Hoffmann *et al.*, 2020; Matsuyama *et al.*, 2020). Pathogenesis of two
371 strains of influenza virus has been reported to be markedly diminished by gene disruption of *tmprss2*
372 in mice (Hatesuer *et al.*, 2013; Tarnow *et al.*, 2014), inferring that targeting this enzyme may have
373 antiviral potential.

374 [Interfering with the TMPRSS2:Spike interaction](#)

375 Using immunohistochemical analysis (Bertram *et al.*, 2012) and, very recently, using single nuclei and
376 single cell RNA sequencing (Lukassen *et al.*, 2020), as yet not peer reviewed) of lung samples from
377 otherwise healthy subjects, ACE2 and *TMPRSS2* were shown to be co-expressed in human bronchial
378 epithelial cells, which could be a nexus for primary infection. A similar approach identified co-
379 expression of ACE2 and *TMPRSS2* in nasal goblet cells, lung type II pneumocytes and small intestine
380 absorptive epithelia (Ziegler *et al.*, 2020). In the same study, human primary nasal epithelial cells
381 showed an upregulation in ACE2 expression following 12 h incubation with [interferon- \$\alpha\$ 2](#) and
382 [interferon- \$\gamma\$](#) , which suggests the potential for a feed-forward mechanism whereby the virus interacts
383 preferentially with 'activated' cells to suppress the innate immune response (see below) (Ziegler *et*
384 *al.*, 2020).

385 By analogy with the previous consideration of ACE2 (above), alternatives to manipulate *TMPRSS2*
386 activity would be to provide endogenous substrates or synthetic inhibitors. However, the potential
387 to make use of endogenous substrates seems limited. Thus, although *TMPRSS2* has been described
388 to hydrolyse and activate the cell-surface G protein-coupled receptor [proteinase-activated receptor](#)
389 [2](#) (Wilson *et al.*, 2005), mice lacking *tmprss2* failed to display an overt phenotype (Kim *et al.*, 2006).

390 As with ACE2, there are no reports of licensed drugs which inhibit *TMPRSS2* activity. Cbz-GGR-
391 aminomethylcoumarin has been described as a surrogate fluorogenic substrate suitable for high-
392 throughput screening (Paszti-Gere *et al.*, 2016), although it is also a substrate for other proteinases,
393 such as chymotrypsin. I432, a 3-amidinophenylalanine, has been described as a high affinity selective
394 inhibitor (compound 92, K_i of 0.9 nM) of *TMPRSS2* (Meyer *et al.*, 2013). In IPEC-J2 pig jejunal
395 epithelial cells, 10-50 μ M I432 reduced *TMPRSS2*-derived product in cell media (Paszti-Gere *et al.*,
396 2016).

397 In an investigation of SARS-CoV entry into HeLa cells expressing recombinant ACE2 and *TMPRSS2*, a
398 number of serine proteinase inhibitors ([benzamidine](#), [aprotinin](#), [gabexate](#), tosyl lysyl chloromethyl
399 ketone and [camostat](#)) were tested (mostly) at 10 μ M for 30 min before exposure to pseudotyped
400 viruses. Only camostat was effective at reducing viral entry (Kawase *et al.*, 2012), and further
401 experiment suggested that 1 μ M camostat was also effective, but only when *TMPRSS2* was
402 expressed. At 10 and 50 μ M, camostat inhibited cell entry of the SARS-CoV and SARS-CoV-2 spike
403 protein (Hoffmann *et al.*, 2020). A direct inhibition of *TMPRSS2* activity appears not to have been
404 reported for camostat.

405 [Potential ancillary proteins for virus entry - B⁰AT1/SLC6A19 and B⁰AT3/SLC6A18](#)

406 The SLC6 family of transporters includes the well-characterised NET, SERT and DAT monoamine
407 transporters, as well as the less well-exploited [neutral amino acid transporter subfamily](#).
408 B⁰AT1/SLC6A19 and B⁰AT3/SLC6A18 allow sodium- and chloride-dependent accumulation of neutral,
409 aliphatic amino acids at the apical membranes of epithelial cells in the small intestine
410 (B⁰AT1/SLC6A19) and kidney (B⁰AT1/SLC6A19 and B⁰AT3/SLC6A18) (for review, see Broer and
411 Gether, 2012). B⁰AT3/SLC6A18 is also highly expressed in the GI tract and gall bladder ([Protein Atlas](#))
412 and may play a role in the faecal:oral transmission of coronavirus (Yeo *et al.*, 2020). The cell-surface
413 expression of these neutral amino acid transporters is dependent on co-expression of ACE2
414 (Kowalczyk *et al.*, 2008; Fairweather *et al.*, 2012), [aminopeptidase N](#) (Fairweather *et al.*, 2012) or
415 collectrin (an adaptor protein, which has high homology to the transmembrane region of ACE2,
416 Camargo *et al.*, 2009, [Link to UniProt](#)), in an apparently tissue-dependent manner (Kuba *et al.*, 2010).
417 A recent cryo-EM structure suggested that ACE2 and B⁰AT1/SLC6A19 form a heterodimer which pairs
418 up through interfaces between the two ACE2 partners (Figure 1), with the RBD of SARS-CoV-2 spike
419 protein binding to the peptidase active site of ACE2 (Yan *et al.*, 2020) suggesting that B⁰AT1/SLC6A19
420 may facilitate entry of the novel coronavirus. In the small intestine, absorptive epithelial cells were
421 identified to co-express mRNAs encoding for ACE2 and TMPRSS2 (Ziegler *et al.*, 2020). Although it is
422 not yet tested, it would be attractive to speculate that the colocalized expression of these targets
423 may play a role in the faecal:oral transmission of coronavirus (Yeo *et al.*, 2020).

424 [Interfering with the neutral amino acid transporters](#)

425 Assays for B⁰AT1/SLC6A19 and B⁰AT3/SLC6A18 tend to be traditional accumulation of amino acids
426 labelled with ionising or stable isotopes. Recently, a primary screen using a membrane potential-
427 sensitive fluorescence-based assay was used and followed up with a stable isotope accumulation
428 assay to identify a novel inhibitor, [cinromide](#), which exhibited modest potency (0.3-0.4 μ M) for
429 inhibiting B⁰AT1/SLC6A19 in cell-based assays (Danthi *et al.*, 2019).

430 [Targetting viral uncoating and replication](#)

431 [Viral uncoating](#)

432 Once inside the cell, the endosomal cysteine proteases [cathepsin B](#) and [cathepsin L](#) have been
433 described to process SARS-CoV (Simmons *et al.*, 2005) and this appears to be maintained for SARS-
434 CoV-2 (Hoffmann *et al.*, 2020) although the significance of such intracellular proteinase activity is
435 unclear. Potent inhibitors for these two proteinases have been reported as pharmacological probes,
436 but there are no licensed drugs identified to target them.

437 Following entry into the cell, many viruses accumulate in acidified lysosome-like vesicles, and so
438 weak bases (including ammonium chloride and chloroquine) which target the lysosome have been
439 used *in vitro* to target this mechanism. Ammonium chloride (at 20 mM) has been described as a non-
440 specific inhibitor of viral replication *in vitro*, targeting viral uncoating (Mizzen *et al.*, 1985) and, at 50
441 mM, ammonium chloride inhibited cell entry of both SARS-CoV and SSARS-CoV-2 (Hoffmann *et al.*,
442 2020). Chloroquine was also observed to reduce infection of L cells by mouse hepatitis virus 3
443 (Krzystyniak and Dupuy, 1984).

444 [Viral replication](#)

445 Following entry into the cell, the virus subverts nucleotide, protein, lipid and carbohydrate turnover
446 of the host cell to produce multiple copies of itself. The viral RNA is translated into multiple proteins
447 to produce the replication machinery. As protein translation from the viral genome occurs, the two
448 polyproteins are the first to be synthesised, with the two intrinsic proteases able to cleave the
449 polyproteins into their constituent products.

450 [Targetting the viral proteinases](#)

451 The low sequence similarities between mammalian and viral proteases has allowed successful drug
452 targetting of viral diseases, including both HIV/AIDS and HCV/hepatitis C. The genome of SARS-CoV-2
453 contains two proteinases intrinsic to the polyproteins, PL_{pro} and 3CL_{pro}.

454 The papain-like proteinase, PL_{pro}

455 The more N-terminally-located PL_{pro} is the larger (~2000 aa) of the two proteins (for review, see
456 Baez-Santos *et al.*, 2015; Lei *et al.*, 2018), and, in SARS-CoV, is a membrane-associated,
457 polyfunctional entity (Harcourt *et al.*, 2004). Sequence modelling of SARS-CoV-2 PL_{pro} suggested the
458 presence of 6TM domains towards the C terminus, with the majority of the protein extending into
459 the cell cytoplasm (Angeletti *et al.*, 2020). In other coronaviruses, the enzyme is also capable of
460 hydrolysing ubiquitin from protein substrates (Barretto *et al.*, 2005; Ratia *et al.*, 2006), as well as
461 removing the ubiquitin-like protein interferon-stimulated gene 15 (ISG, [Link to UniProt](#)) from ISG-
462 conjugated proteins (Yang *et al.*, 2014). Using the orthologous proteinase from the mouse hepatitis
463 coronavirus, analysis of three distinct structural domains suggested that the papain-like proteinase
464 domain coincided with the deubiquitylating and deISGylating functions (Chen *et al.*, 2015). In
465 SARS-CoV, the PL_{pro} also contains an ADPR functional phosphatase domain directed at ADP-ribose-
466 1''-phosphates, although the functional significance of the hydrolase activity may be less impactful
467 than the capacity to bind ADP-ribose, at least for the enzyme from HCoV-229E (Putics *et al.*, 2005).
468 This domain is thought to contribute to processing of the viral subgenomic RNAs and the
469 suppression of the innate immune system through reducing interferon production (Lei *et al.*, 2018).
470 Investigating the peptidase activity of SARS-CoV PL_{pro} suggested a preference for larger proteins
471 (ubiquitinated or ISGylated) rather than simpler fluorescent-tagged oligopeptide substrates (Lindner
472 *et al.*, 2005; Lindner *et al.*, 2007; Baez-Santos *et al.*, 2014; Ratia *et al.*, 2014) making screening more
473 complicated.

474 The chymotrypsin-like proteinase, 3CL_{pro}

475 The smaller proteinase from SARS-CoV-2 is 3CL_{pro} (sometimes called the main prote(in)ase, M_{pro}). *In*
476 *silico* docking models of SARS-CoV-2 3CL_{pro} has led to suggestions that particular existing antiviral
477 agents, including velpatasvir and ledipasvir (licensed agents for treating hepatitis C when combined
478 with sofosbuvir in the UK), should be screened for functional activity (Chen *et al.*, 2020). A recent
479 screen of ~10 000 compounds including approved drugs, candidate drugs and natural products used
480 a substrate derived from the N-terminal autocleavage site of the SARS-CoV-2 3CL_{pro} which was
481 modified (methylcoumarinylacetyl-AVLQSGFR-Lys(Dnp)-Lys-NH₂) to allow a FRET-based assay (Jin *et*
482 *al.*, 2020). The same substrate was used in a screen of the equivalent enzyme from the another
483 coronavirus, HCoV-HKU1, which transferred to humans (Zhao *et al.*, 2008).

484 A number of inhibitors of the SARS-CoV 3CL_{pro} proteinase have been described (Lu *et al.*, 2006; Yang
485 *et al.*, 2006; Goetz *et al.*, 2007), without progressing into the clinic. Recently, an *in silico* approach
486 using orthologues of the SARS-CoV 3CL_{pro} from other coronaviruses and enteroviruses allowed
487 production and testing *in vitro* of a series of α -ketoamides (Zhang *et al.*, 2020). One compound ([11r](#))
488 exhibited submicromolar potency against SARS-CoV 3CL_{pro} in a cell-free FRET-based assay, and
489 micromolar potency in a cell infection assay with SARS-CoV (Zhang *et al.*, 2020).

490 In a preliminary (not yet peer-reviewed) report, the SARS-CoV-2 3CL_{pro} expressed in HEK293 cells was
491 found to interact with histone deacetylase 2 ([HDAC2](#)) by affinity purification/mass spectrometry
492 (Gordon *et al.*, 2020b). A number of approved drugs target HDAC2 in the treatment of various T cell
493 lymphomas, including [romidepsin](#), [belinostat](#), and [vorinostat](#) with nanomolar potency (Bradner *et*
494 *al.*, 2010).

495 Targeting nucleotide turnover

496 A relatively large proportion of the viral genome is inevitably devoted to nucleotide turnover. For
497 SARS-CoV-2, this includes nsp7/[nsp8](#)/nsp12 as an RNA-dependent RNA polymerase; nsp13 as a
498 helicase; nsp10/nsp14 as an 3'-to-5' exonuclease complex; nsp15 as an endoribonuclease and nsp16
499 as a 2'-O-ribose methyltransferase.

500 [Remdesivir](#) (currently in clinical trials to treat COVID-19), is described as a non-selective inhibitor of
501 multiple RNA viruses, and has shown some efficacy in MERS-CoV and SARS-CoV infection of monkeys
502 (de Wit *et al.*, 2020). In *in vitro* investigations, the triphosphate analogue of remdesivir inhibited RNA

503 synthesis of MERS-CoV RNA-dependent RNA polymerase (primarily nsp8/nsp12 complexes derived
504 from co-expression in insect cells of a construct containing nsp5, nsp7, nsp8 and nsp12) with an IC₅₀
505 value of 32 nM when nucleotide levels were low, increasing to 690 nM at higher nucleotide
506 concentrations (Gordon *et al.*, 2020a). *In silico* modelling identified that remdesivir, as well as the
507 approved antiviral drugs [ribavirin](#), [sofosbuvir](#) and tenofovir could bind tightly to the active site of
508 nsp12 from SARS-CoV-2, based on the crystal structure of SARS-CoV (Elfiky, 2020).

509 However, ribavirin alone had no significant effect in a clinical trial with SARS patients, although a
510 combination of ribavirin with lopinavir-ritonavir and corticosterone had lower rating of ARDS and
511 death (for review, see Zumla *et al.*, 2016). In-depth analysis has not been completed with MERS
512 patients, although an ongoing Phase 2 clinical trial for MERS uses a combination therapy of
513 lopinavir/ritonavir and interferon β 1b (Arabi *et al.*, 2020).

514 Nsp13 is a helicase, which enables unwinding of duplex RNA. The exoribonuclease activity of nsp14
515 sets the coronaviruses apart (Snijder *et al.*, 2003), as the enzyme is suggested to remove damaging
516 mutations from the genome (Eckerle *et al.*, 2010; Sevajol *et al.*, 2014). In other coronaviruses, the
517 endoribonuclease nsp15 has some selectivity for hydrolysing polyU sequences (Hackbart *et al.*,
518 2020). This enables the virus to delay or minimise initiation of the innate immune system by
519 hydrolysing negative sense polyU nucleotides, which activate the MDA5 system to evoke interferon
520 production (discussed further below). Nsp16 is a methyltransferase, which uses S-adenosyl-L-
521 methionine as a co-substrate to assist in cap formation (Decroly *et al.*, 2008).

522 [Protein: protein interactions in recombinant expression](#)

523 In a preliminary (not yet peer reviewed) report, a series of tagged recombinant proteins from SARS-
524 CoV-2 were expressed in HEK293 cells and then protein partners were identified by affinity
525 purification/mass spectrometry (Gordon *et al.*, 2020b). For nsp12 (RNA-dependent RNA polymerase)
526 and nsp14 (3'-5'-exonuclease) of SARS-CoV-2, interactions with receptor interacting protein kinase 1
527 ([RIPK1](#)) and inosine monophosphate dehydrogenase 2 ([IMPDH2](#)), respectively, were identified. For
528 these two targets, there are established approved drugs. Thus, [ponatinib](#), which is used to treat
529 acute myelogenous leukemia or chronic myelogenous leukemia (Philadelphia chromosome), targets
530 multiple protein kinases, inhibiting RIPK1 with an IC₅₀ value of 12 nM (Najjar *et al.*, 2015).
531 [Mycophenolic acid](#) and [ribavirin](#) are IMPDH2 inhibitors with IC₅₀ values of 20 nM (Nelson *et al.*, 1990)
532 and 1-3 μ M (Wittine *et al.*, 2012) ranges, respectively, with clinical uses in organ transplantation and
533 antiviral therapy, respectively.

534 Reservations about the use of ribavirin have already been noted above. Mycophenolic acid as a
535 monotherapy was examined in a MER-CoV-infected non-human primate model, where the authors
536 concluded it actually worsened the condition (Chan *et al.*, 2015).

537 Nsp13 (helicase) and nsp15 (endoribonuclease) have been described to bind to centrosome-
538 associated protein 250 ([CEP250](#)) and RNF41 (also known as NRDP1, [Link to UniProt](#)), respectively, in
539 a preliminary report of recombinant expression (Gordon *et al.*, 2020b). CEP250 is suggested to
540 influence centrosome cohesion during interphase (de Castro-Miro *et al.*, 2016) and to be elevated in
541 peripheral T cell lymphomas (Cooper *et al.*, 2011). The functional relevance of nsp13 interaction with
542 CEP250 is not yet clear. RNF41 is an E3 ubiquitin ligase, which polyubiquitinates myeloid
543 differentiating primary response gene 88 (MyD88, [link to UniProt](#)), an adaptor protein for [Toll-like](#)
544 [receptors](#), which allows activation of TBK1 and IRF3 (see below) and thereby increases type I
545 interferon production (Wang *et al.*, 2009).

546 [Targetting phospholipid turnover](#)

547 The lipid profile of viruses appears to be important in terms of viral entry into the cell, either as sites
548 for anchoring or for endocytosis (for review, see Heaton and Randall, 2011; Mazzon and Mercer,
549 2014). Replication of SARS-CoV is reported to take place associated with the endoplasmic reticulum
550 in 'replicative organelles' incorporating convoluted membranes and interconnected double-
551 membrane vesicles, inferring a capacity for the virus to induce extensive reorganization of
552 intracellular phospholipid membranes (Knoops *et al.*, 2008). Three non-structural proteins from

553 SARS-CoV with transmembrane domains, nsp3 PL_{pro} (see above), nsp4 and [nsp6](#) when co-expressed
554 in model cells prompted the formation of these double-membrane vesicles (Angelini *et al.*, 2013),
555 although it is unclear whether specific catalytic activities are necessary for this action.

556 The lipidome of influenza virus (also a positive strand RNA virus) consists of glycerophospholipids,
557 sterols (mainly cholesterol) and sphingolipids, with sphingolipids and cholesterol enriched compared
558 to the host cell membrane (Gerl *et al.*, 2012), but there does not yet appear to be a parallel
559 investigation of SARS-CoV.

560 [Cytosolic phospholipase A_{2α}](#), cPLA_{2α}, hydrolyses phospholipid to produce lysophospholipids and free
561 fatty acids. Using alphacoronavirus HCoV-229E-infected Huh-7 cells, inhibition of cPLA_{2α} using
562 pyrrolidine-2 at higher concentrations (20 μM) evoked an inhibition of viral titre (Muller *et al.*, 2018).
563 [Arachidonoyl trifluoromethylketone](#), a non-selective inhibitor of multiple eicosanoid-metabolising
564 enzymes including PLA₂ isoforms, also inhibited viral titres at higher concentrations (Muller *et al.*,
565 2018). Transmission electron microscopy suggested that cPLA_{2α} inhibition reduced the density of
566 double-membrane vesicles (Muller *et al.*, 2018). Analysis of lipid metabolites indicated that HCoV-
567 229E-infected Huh-7 cells showed increases in levels of ceramides, lysophospholipids and
568 phosphatidylglycerols, with decreases in phosphatidic acids (Muller *et al.*, 2018). 20 μM pyrrolidine-2
569 inhibited the elevations in lysophospholipids and phosphatidylglycerols, but not the ceramides.
570 Intriguingly, some selectivity of the involvement of PLA_{2α} was suggested as pyrrolidine-2 also
571 displayed antiviral activities against other members of the *Coronaviridae* (and *Togaviridae*) families,
572 while members of the *Picornaviridae* family were not affected.

573 Although speculative, there is the possibility that some of the benefits of glucocorticoid
574 administration in the clinic might be the up-regulation of annexins, and the subsequent binding and
575 concealment of membrane phospholipid from further metabolism (for review, see Lemmon, 2008).
576 While clearly some distance from a validated target, since phospholipids are an essential component
577 of enveloped viral proliferation, targeting the host availability of key structural lipids, particularly
578 sphingolipids, has been proposed to be a useful strategy in preventing propagation of enveloped
579 human RNA viruses, including influenza, HIV and hepatitis C (Yager and Konan, 2019). Currently,
580 however, assays to screen inhibitors of cPLA_{2α} are relatively limited.

581 [Targetting carbohydrate turnover](#)

582 Given that a number of the viral proteins, including the two structural proteins Spike and
583 Membrane, are glycoproteins, there is clearly a diversion of sugars from the host. It is unclear as yet,
584 whether specific sugars are involved and whether specific host glycosyltransferases are involved in
585 the processing of coronavirus glycoproteins and might, therefore, form further tractable targets for
586 drug discovery. Notably, in studies using site-directed mutagenesis of the Spike protein from SARS-
587 CoV, glycosylation was identified at three glutamine residues within the S1 region, with no loss of
588 binding to ACE2-expressing cell of mutated (non-glycosylated) fragments (Chakraborti *et al.*, 2005).

589 [The other viral structural proteins](#)

590 [The E envelope protein](#)

591 The Envelope proteins of SARS-CoV, HCoV229E and MERS are small (<100 aa) single transmembrane
592 domain proteins (see **Figure 2**) and constitute ion channels with selectivity for monovalent cations
593 over monovalent anions (Wilson *et al.*, 2004; Zhang *et al.*, 2014) apparently forming homopentamers
594 in model membranes (Pervushin *et al.*, 2009; Surya *et al.*, 2015). Infecting or transfecting the
595 coronavirus E message into cells results in accumulation of protein in the Golgi region (Ruch and
596 Machamer, 2012). Conserved cys residues proximal to the transmembrane domain internally within
597 the virus are palmitoylated (Lopez *et al.*, 2008), a post-translational modification suggested to allow
598 an internal inflexion point in the protein (Ruch and Machamer, 2012).

599 [Hexamethylene-amiloride](#) has been described as an inhibitor of the HIV-1 virus Vpu ion channel
600 (Ewart *et al.*, 2002) and to reduce virus proliferation in human macrophages in culture (Ewart *et al.*,
601 2004). Hexamethylene-amiloride, but not the clinically-used [amiloride](#), inhibited the SARS-CoV

602 envelope protein-associated ion channel activity when expressed in HEK293 cells (Pervushin *et al.*,
603 2009).

604 [Amantadine](#) has had multiple uses clinically, including in the therapy of Parkinson's disease (for
605 review, see Vanle *et al.*, 2018). It has been used to treat influenza A infection through targeting the
606 M2 ion channel (Pinto *et al.*, 1992; Wang *et al.*, 1993; Holsinger *et al.*, 1994), although it is no longer
607 recommended in the UK or US because of drug resistance (for review, see Li *et al.*, 2015).

608 Amantadine at higher concentrations (100 μ M) was found to inhibit the SARS-CoV E protein
609 expressed in model membranes (Torres *et al.*, 2007).

610 SARS-CoV E protein was identified as being pro-apoptotic upon transfection into Vero E6 monkey
611 epithelial cells, where it localized to both plasma membrane and punctate cytoplasmic locations
612 (Chan *et al.*, 2009). Indeed, the SARS-CoV E protein's ion channel function has been linked to calcium
613 entry into endoplasmic reticulum/Golgi membrane complexes and the subsequent activation of the
614 [NLRP3](#) inflammasome, leading to interleukin- β ([IL-1 \$\beta\$](#)) production (Nieto-Torres *et al.*, 2015).

615 siRNA targeting of the Envelope protein of SARS-CoV reduced virus release in culture media, without
616 altering N and P gene expression in FRhK-4 monkey kidney epithelial cells (Lu *et al.*, 2006). A similar
617 observation was reported for the ORF4a protein (derived from the *Orf4a* gene) of HCoV229E (Zhang
618 *et al.*, 2014). Infecting mice with SARS-CoV in which the E protein ion channel function was disrupted
619 showed unchanged viral proliferation but reduced IL-1 β and oedema levels in the lungs and better
620 survival over 10 days post-infection (Nieto-Torres *et al.*, 2014).

621 In a preliminary (as yet, unreviewed) report, the E protein of SARS-CoV-2 has been reported to
622 interact with [BRD2/BRD4 BET family bromodomain kinases](#) when expressed in HEK293 cells (Gordon
623 *et al.*, 2020b). [JQ1](#) and [RVX208](#) are BRD2/4 inhibitors with IC₅₀ values with 40-120 and 50-1800 nM
624 ranges, respectively.

625 [The M membrane protein](#)

626 The membrane protein is usually regarded as the most abundant protein in the coronavirus
627 envelope (see **Figure 2**) and is of intermediate size in SARS-CoV-2 (222 aa). It is thought to assist in
628 viral assembly by collating the other surface structural proteins (Ruch and Machamer, 2012).

629 [The N nucleocapsid phosphoprotein](#)

630 The N protein is of moderate size in SARS-CoV-2 (419 aa), highly basic and binds the viral RNA as a
631 dimeric entity (Fan *et al.*, 2005) into nucleocapsids (see **Figure 2**), which afford protection for the
632 viral genome, while also providing access for replication at appropriate times (for review, see
633 McBride *et al.*, 2014). In a preliminary (not yet peer reviewed) report, the N protein of SARS-CoV-2
634 was tagged and expressed in HEK293 cells and then protein partners were identified by affinity
635 purification/mass spectrometry (Gordon *et al.*, 2020b). The N protein was suggested to interact with
636 casein kinase 2 ([CK2](#)), La-related protein 1 (LARP1, [Link to UniProt](#)) and stress granule protein Ras
637 GTPase-activating protein-binding protein 1 (G3BP1, [Link to UniProt](#)). CK2 phosphorylates a broad
638 range of cellular targets, mostly in the nucleus, to regulate development and differentiation (for
639 review, see Gotz and Montenarh, 2017). Although not in use clinically, two inhibitors are described
640 to target CK2 with high affinity. [Silmitasertib](#) is a CK2 inhibitor with an IC₅₀ value of 1 nM (Pierre *et al.*,
641 2011), while [TMCB](#) has a K_i value of 21 nM (Janeczko *et al.*, 2012). LARP1 is an RNA-binding
642 protein, which releases RNA when phosphorylated by mTORC1 (Fonseca *et al.*, 2015; Hong *et al.*,
643 2017). LARP1 seems to preferentially bind 5'-terminal oligopyrimidines with an as-yet unclear
644 cellular role (Philippe *et al.*, 2020). Of the three targets suggested to associate with SARS-CoV-2 N
645 phosphoprotein, G3BP1 seems a relevant focus for therapy against COVID-19. G3BP1 regulates the
646 innate immune response (Kim *et al.*, 2019; Liu *et al.*, 2019; Wisner *et al.*, 2019; Yang *et al.*, 2019) and
647 stress granules reduce the replication of MERS-CoV (Nakagawa *et al.*, 2018), so there is a potential
648 for targeted drug discovery.

649 [Interactions with the host innate immune system](#)

650 SARS-CoV produces proteins that interfere with interferon pathways (nsp1, nsp3, nsp16, ORF3b,
651 ORF6, [ORF9b](#), M and N proteins, Wong *et al.*, 2016) and NLRP3 inflammasome activators (E, [ORF3a](#),
652 ORF8b) which are closely related to orthologues found in SARS-CoV-2. Fung et al (2020) have
653 recently reviewed the molecular aspects whereby SARS-CoV and, by inference, SARS-CoV-2, evades
654 immune surveillance, activates the inflammasome and causes pyroptosis. Other coronaviruses may
655 give an indication as to how this is happening. HCoV-229E rapidly kills dendritic cells, while
656 monocytes are much more resistant. The rapid invasion of, and replication in, dendritic cells kills
657 them within a few hours of infection (Mesel-Lemoine *et al.*, 2012). Dendritic cells are sentinel cells in
658 the respiratory tract, and plasmacytoid dendritic cells are a crucial antiviral defence via interferon
659 production, and by modifying antibody production. Thus, these viruses can impair control of viral
660 dissemination and the formation of long-lasting immune memory. Penetration of SARS-CoV-2
661 infection deep into the lungs, and eventually the alveolae, results in the 'cytokine storm' which
662 accompanies pneumonia and lung fibrosis and is probably a major determinant of the necessity for
663 intubation, and also mortality (Shi *et al.*, 2020b). It is currently not known what specific factor/s
664 differentiate the patients who develop this; although mortality among younger health workers may
665 indicate that initial viral load may play a role. Immunological agents which can prevent or control the
666 'cytokine storm' could therefore have a major effect on necessity to intubate and mortality.
667 [Tocilizumab](#) is a monoclonal antibody targeting [interleukin-6 receptors](#), as a means to interfere with
668 the effects of chronic autoimmune disorders such as rheumatoid arthritis. The Chinese Clinical Trials
669 Registry has two studies that are designed to evaluate tocilizumab efficacy in patients with severe
670 COVID-19 pneumonia (Registration Numbers [ChiCTR2000029765](#) and [ChiCTR2000030442](#)). Similarly,
671 [anakinra](#), which is a slightly modified version of an endogenous antagonist of [interleukin-1](#)
672 [receptors](#), is being investigated in clinical trials in multiple locations in patients with COVID-19
673 infection ([NCT04324021](#), [NCT04330638](#) and [NCT02735707](#)).

674 It has been reported that in stage III of COVID-19, a critical point with a high viral load and severe
675 respiratory involvement, lungs of patients appear with 'ground-glass' patches in CT scans, while
676 autopsy reports indicate that the lungs are filled with a 'clear liquid jelly' (Shi *et al.*, 2020c; Xu *et al.*,
677 2020), similar to an observation in drowning victims. On the hypothesis that inflammation-driven
678 [hyaluronan](#) production (via hyaluronan synthase 2, HAS2, [Link to UniProt](#)), and associated water
679 retention may be critical; a recent study proposed therapy via administration of recombinant
680 hyaluronidase or inhibitors of HAS2 (Shi *et al.*, 2020c).

681 The interaction between the virus and the innate immune system is complex and multifactorial, with
682 temporal intricacies. It is beyond the scope of this review to identify all the multiple components and
683 so we discuss here those pathways we consider most tractable.

684 [Viral nucleotides and MDA5/MAVS/Interferon production](#)

685 The positive sense RNA of coronaviruses is translated to produce the replication machinery, which
686 allows complementary negative sense RNA to be synthesised, which itself is the template for the
687 synthesis of positive strand RNA. As a consequence, double-stranded RNA is produced, which act as
688 a pathogen-associated molecular pattern (PAMP) targetting [MDA5](#) (interferon induced with helicase
689 C domain 1, also known as melanoma differentiation antigen 5, Kato *et al.*, 2006) from the [RIG-1-like](#)
690 [receptor family](#) of cytoplasmic pattern recognition receptors (for reviews, see Schlee, 2013; Bryant
691 *et al.*, 2015). MDA5 differs from [RIG-1](#) (DexD/H-box helicase 58, also known as retinoic acid-inducible
692 gene 1) in recognising longer dsRNA (Kato *et al.*, 2006; Goubau *et al.*, 2014), and it has been
693 proposed this differentiates the sensing of positive-stranded viruses by MDA5 compared to negative
694 strand virus sensing by RIG-I (Kato *et al.*, 2006; Goubau *et al.*, 2013). RIG-1-like receptors have an N-
695 terminal caspase activation and recruitment domain (CARD), which shows ligand-dependent
696 interaction with CARDS from other proteins, such as mitochondrial antiviral signalling protein (MAVS,
697 [Link to UniProt](#)). MAVS activates [IKK family kinases](#), such as TANK binding kinase ([TBK1](#)) and [IKK-ε](#),
698 leading to the phosphorylation of interferon regulatory factors, such as IRF3 ([Link to UniProt](#)) and
699 IRF7 ([Link to UniProt](#)). This induces the transcription of Type I interferon genes, such as [interferon-β](#)

700 and CCL5 (also known as [RANTES](#)) (Doyle *et al.*, 2002; Fitzgerald *et al.*, 2003; Sharma *et al.*, 2003).
701 MAVS present in peroxisomes is also able to recruit short-acting, interferon-independent defense
702 factors (Dixit *et al.*, 2010).

703 The ORF9b protein from SARS-CoV has also been reported to target mitochondrial MAVS to limit the
704 interferon response, as well as triggering proteolysis of dynamin-like protein 1 ([Link to UniProt](#))
705 thereby prompting the formation of mitochondria-associated autophagosomes claimed to create
706 'havoc' in energy production in infected cells (Shi *et al.*, 2014). In a preliminary (as yet, unreviewed)
707 report, ORF9b of SARS-CoV-2 has been reported to interact with translocases of outer membrane 70
708 (Tom70, [Link to UniProt](#)) when expressed in HEK293 cells (Gordon *et al.*, 2020b) Tom70 activates
709 mitochondrial IRF3 (Liu *et al.*, 2010) and so this is a potential locus for pharmacological intervention,
710 but as yet with no inhibitors described in the literature.

711 A number of other coronavirus proteins have been identified to influence the IRF3 pathway to
712 restrict interferon production. This includes the MERS-CoV PL_{pro} proteinase (Yang *et al.*, 2014), as
713 well as the ORF6 and Nucleocapsid proteins from SARS-CoV (Kopecky-Bromberg *et al.*, 2007). The
714 ORF6 protein of SARS-CoV has also been described to reduce the activity of a series of karyopherin-
715 dependent host transcription factors (Sims *et al.*, 2013). Karyopherin is an importin, which traffics
716 proteins between the cytoplasm and the nucleus (for review, see Kosyna and Depping, 2018; Guo *et al.*,
717 2019).

718 ~~Translocases of outer membrane 70 (Tom70, [Link to UniProt](#)) activates mitochondrial IRF3 (Liu *et al.*,
719 2010). The Orf9b protein of SARS-CoV-2 has been reported to interact with Tom70 when expressed
720 in HEK293 cells (Gordon *et al.*, 2020b).~~

721 Clearly, the induction and suppression of interferon production are central to numerous human
722 diseases and have been extensively studied; the 'trick' to treat COVID-19 will be to identify a novel
723 angle for therapeutic exploitation.

724 [nsp1](#)

725 Working with SARS-CoV (not SARS-CoV-2), Pfefferle and colleagues used yeast two-hybrid screens to
726 identify interactions between the viral and human proteomes (Pfefferle *et al.*, 2011). They identified
727 an interesting interaction between viral Nsp1 and a group of host peptidyl-prolyl *cis-trans*-
728 isomerases (PPIA, PPIG, PPIH and FKBP1A, FKBP1B), all of which modulate the calcineurin/NFAT
729 pathway important in immune activation (reviewed by Hogan *et al.*, 2003). The nsp1 protein acts on
730 these to activate NFAT signalling and immune activation. [Cyclosporine A](#), an inhibitor of this
731 pathway, has been used for several decades to control transplant rejection and some autoimmune
732 diseases and, in a simple *in vitro* assay, cyclosporine inhibited SARS-CoV transcription/replication in
733 (non-immune-system) cells (Pfefferle *et al.*, 2011). SARS-CoV-2 has an nsp1 protein closely related to
734 that of SARS-CoV (Dong *et al.*, 2020; Srinivasan *et al.*, 2020), though its effect on the NFAT pathway
735 seems not to have been reported. Nevertheless, cyclosporine has been shown to inhibit SARS-CoV2
736 in an *in vitro* Vero cell-based assay in a preliminary report (as yet not peer-reviewed, Jeon *et al.*,
737 2020). It has therefore been suggested as a drug target (see, for example, Li and De Clercq, 2020). It
738 may seem paradoxical to suggest an inhibitor of immune activation as a treatment for viral disease,
739 but for the subgroup of patients that might suffer cytokine storms (Mehta *et al.*, 2020), the double-
740 action might be useful.

741 [ORF3a, ORF6, ORF8 and other viral proteins](#)

742 The [ORF3a](#) protein of SARS-CoV appears to bind calcium in a cytoplasmic domain (Minakshi *et al.*,
743 2014) and to elicit a response from the innate immune system by enhancing the ubiquitination of
744 apoptosis-associated speck-like protein containing a CARD (Asc, [Link to UniProt](#)), which in turn
745 activates the [NLRP3](#) inflammasome and [caspase 1](#) (Siu *et al.*, 2019). The potential for targeting Asc
746 and the NLRP3 inflammasome for therapeutic benefit in inflammatory conditions has recently been
747 reviewed (Mangan *et al.*, 2018), although there are no inhibitors in the clinic as yet.

748 In SARS-CoV, the *Orf8a* and *Orf8b* genes became separated as the disease progressed by a 29-
749 nucleotide deletion (Chinese SARS Molecular Epidemiology Consortium, 2004; Oostra *et al.*, 2007).
750 The *Orf8a* gene of SARS-CoV encodes a short (31 aa, 1 TM, [Link to UniProt](#)) protein, which forms a
751 cation channel of predicted pentameric structure (Chen *et al.*, 2011). In SARS-CoV-2 and a bat-
752 derived coronavirus, in contrast to the SARS-CoV-2 genome, *Orf8* encodes a continuous 121 aa ORF8
753 protein (Cagliani *et al.*, 2020). Given that sequence analysis of different strains of SARS-CoV-2
754 suggests that the *Orf8* locus displays only limited evidence of positive selection (Cagliani *et al.*,
755 2020), it seems germane to investigate the profile of ORF8 protein in more depth. Sequence
756 comparisons led to prediction of secondary structure composed of an α -helix and a β -sheet
757 containing six strands (Chan *et al.*, 2020), but there appears not to be any literature as to whether
758 this entity is a functional ion channel.

759 In a preliminary (as yet, unreviewed) report, the ORF14 protein ([Link to UniProt](#)) of SARS-CoV-2 has
760 been reported to interact with NOD-like receptor X1 ([NLRX1](#)), proteinase-activated receptor 2
761 ([PAR2/F2RL1](#)) and NEDD4 family-interacting protein 2 (NDFIP2, [impdh2 Link to UniProt](#)), among
762 other proteins of the I κ B/NF κ B pathway, when expressed in HEK293 cells (Gordon *et al.*, 2020b). At
763 the moment, there are no approved drugs targeting PAR2, although AZ3451 ([Link to GtoP](#)) acts as a
764 negative allosteric modulator with pIC₅₀ values of 5-23 nM (Cheng *et al.*, 2017).

765 There is a limited insight into the roles or potential exploitability of the remaining range of other
766 viral proteins (nsp2; nsp9; nsp11, proteins Orf3b; ORF6; [ORF7a](#); ORF7b; ORF10).

767 [Animal models of SARS-CoV-2 infection](#)

768 The spike glycoproteins in SARS-CoV and MERS-CoV are crucial for host specificity and jumping
769 between species, e.g. from bats to humans (Lu *et al.*, 2015), and from dromedary camels to humans
770 (MERS-CoV) and also the recent cross-over of a HKU2-related coronavirus to pigs as a Swine Acute
771 Diarrhoea Syndrome (SADS-CoV) (Zhou *et al.*, 2018). SADS-CoV appears to influence the innate
772 immune system by reducing interferon- β production evoked through IPS-1 and RIG-I pathways, but
773 not through IRF3, TBK1 and IKK ϵ (Zhou *et al.*, 2020).

774 ACE2, as an anchoring point for the Spike glycoprotein, is present throughout the animal kingdom,
775 but small structural differences are critical for interaction with the spike protein (Li *et al.*, 2020b;
776 Luan *et al.*, 2020). Key sequences of the Spike protein from SARS-CoV and SARS-CoV-2 are
777 responsible for binding to ACE2. Luan *et al.* (2020) found that the key residues in S protein, from
778 SARS-CoV and SARS-CoV-2, recognised in ACE2 from dog, cat, pangolin and *Circetidae* mammals
779 (simulated through homology modelling) were broadly similar. Mouse ACE2 is inefficient in
780 prompting entry of both SARS-CoV and SARS-CoV-2 (Fung *et al.*, 2020). Cats and dogs suffer from
781 their own specific coronavirus infections (e.g. canine respiratory coronavirus, feline coronavirus)
782 without significant cross-over to humans. A ~~preliminary (as yet lacking peer review)~~ very recent
783 report has suggested that cats and ferrets are sensitive to SARS-CoV-2, but dogs, pigs, chickens and
784 ducks are much less sensitive (Shi *et al.*, 2020a). Ferrets, which have previously been used as models
785 for respiratory tract infections, and retained the SARS-CoV-2 virus in the respiratory tract, while ~~Shi
786 *et al.* (2020) showed that the infection was transmitted between cats by aerosol (which may have
787 implications for confinement); infected cats subsequently produced antibodies (Shi *et al.*, 2020a).~~

788 The Syrian hamster has been used as a model for SARS-CoV (Roberts *et al.*, 2005; Roberts *et al.*,
789 2006; de Wit *et al.*, 2013) and studies with mice and Syrian hamsters are ongoing with SARS-CoV-2. A
790 ~~preliminary report (as yet not peer reviewed)~~ suggests that monkeys can be infected and show signs
791 of sickness similar to COVID-19, producing antibodies which minimize the signs of subsequent
792 infection (-). In a small study where three juvenile (3-5 years old) and two mature (15 years old)
793 rhesus macaques were infected intratracheally with the SARS-CoV-2 virus, all the monkeys showed
794 symptoms of inflammation and interstitial pneumonia, with a greater apparent severity in the older
795 animals (Yu *et al.*, 2020).

796 Thus, while there is intensive research in animal models, a clearly validated model is still not
797 apparent.

798 Inter-individual variations in susceptibility

799 Given the similarities in the viruses and their symptoms, there is clearly a value to comparing the
800 profiles of sufferers from the original SARS and subsequent MERS outbreaks with COVID-19 to
801 evaluate the risk factors associated with each event individually and collectively. A detailed
802 consideration is beyond the scope of this review, but there are some obvious questions to ask (not in
803 an order of priority).

- 804 1. What factor/s determine resistance to infection?
805 It is apparent that many individuals who test positive for SARS-CoV-2 infection only
806 experience 'mild' symptoms, others suffer a level of debilitation requiring hospitalization
807 with limited supervision, and a third group require assisted breathing.
- 808 2. Is blood group a predictor?
809 There is preliminary evidence (as yet, not peer-reviewed) suggesting that people with
810 type A blood might be more at risk of COVID-19 than those with other blood types (Zhao
811 *et al.*, 2020).
- 812 3. Are there 'simple' genetic markers which predict this variation?
813 For example, are single nucleotide polymorphisms/haplotypes for key targets (including
814 ACE2, TMPRSS2, etc, Delanghe *et al.*, 2020) associated with higher or lower damage in
815 humans infected with SARS-CoV, MERS-CoV or SARS-CoV-2?
- 816 4. Reports suggest that there is a preponderance of male victims of COVID-19, for example
817 in Spain (Instituto de Salud Carlos III, Ministry of Science & Innovation, Spain. [Retrieved](#)
818 on 2020-03-25, referring to data from 2020-03-24). What might be the cause of this
819 sexual divergence?
- 820 5. Is smoking history a predictor of variation?
821 One potential explanation for the relatively high proportion of male victims has been
822 suggested to be previous smoking history (Cai, 2020; Olds and Kabbani, 2020; Vardavas
823 and Nikitara, 2020), clearly a general risk factor for many diseases. Is there evidence
824 from the SARS and MERS outbreaks to suggest a commonality of susceptibility?
- 825 6. What is the impact of contracting the virus on individuals with other underlying
826 conditions?
827 For example, what are the mechanism/s underlying why some sufferers of hypertension
828 and/or diabetes might be at higher risk ([https://www.immunopaedia.org.za/breaking-
829 news/why-are-hypertension-and-diabetes-patients-at-high-risk-of-severe-covid-19/](https://www.immunopaedia.org.za/breaking-news/why-are-hypertension-and-diabetes-patients-at-high-risk-of-severe-covid-19/))? Is
830 there evidence that patients on ACE inhibitors or angiotensin receptor blockers were at
831 higher risk with SARS-CoV and MERS-CoV infections and, currently, for SARS-CoV-2
832 infection?
- 833 7. How will the evolution of the virus alter rates of infection and the severity of symptoms?
834 Some level of mutation is to be expected, and indeed has been noted for the SARS-CoV-
835 2. At the moment, it is too early to identify the significance of any influence of these
836 mutations on the course of COVID-19.

837 Some of these questions are more tractable since the SARS and MERS outbreaks because of the
838 strides being made in sophisticated molecular biological techniques (e.g. NextGen Sequencing). An
839 additional distinction compared to the previous outbreaks is the major increase in patient numbers
840 associated with COVID-19, allowing greater comparisons to be made in many more geographical
841 locations.

842 Inevitably other questions will form as greater detail becomes available.

843 Conclusion and recommendations

844 This review has concentrated on the prevailing hypothesis that an essential first step in infection is
845 SARS-CoV-2 binding to ACE2 and for TMPRSS2 to prime the viral Spike protein. We further
846 hypothesise that both proteins must be expressed on a target cell for the virus to gain entry.
847 TMPESS2 has an extensive cellular expression profile, whereas ACE2 is more limited and is usually at

848 low levels, unless increased by risk factors such being sex, age, and smoking history, so is likely to be
849 rate-limiting. Other potential target proteins such as cathepsin L or B⁰AT1 may also prove important.
850 Currently, although there are no drugs approved for the treatment of patients with COVID-19, the
851 pandemic has triggered a stampede into clinical trials with both approved and investigational agents.
852 The pharmacological rationale for these trials is sometimes obscure, but there is a logic to focus on
853 viral entry and replication, as well as limiting the host immune response.

854 For the immediate term, the highest priority would be to investigate known antivirals to mitigate
855 effects of COVID-19. For the longer term, a vaccine (for review, see Amanat and Krammer, 2020)
856 seems to hold the most promise to reduce COVID-19 damage. There is also a role in the mid-term,
857 however, for drug discovery conducted in mainstream pharmacology labs. The goal here would be
858 an international co-ordinated approach to drug re-purposing; examining the spectrum of licensed
859 drugs (likely to be less than 2000, varying dependent on jurisdictions). These would ideally be
860 screened in a co-ordinated, blinded fashion in multiple labs simultaneously to account for any minor
861 methodological differences. This requires the re-opening of screening and protein biosynthesis labs
862 closed at the start of the pandemic, while ensuring that workers are kept safe.

863 If one were to write a Target Product Profile for a drug to treat COVID-19, several parallel profiles
864 can be identified. There are clear considerations, which may be identified as desirable
865 pharmacodynamic, screening methodologies, drug metabolism and pharmacokinetic and
866 formulation profiles.

867 From a pharmacodynamic perspective, a priority would be to screen the proteinases identified in
868 this review (ACE2, TMPRSS2, ADAM17, cathepsin L, cathepsin B, PL_{pro} and 3CL_{pro}). A second parallel
869 stream would assess inhibitors of the viral RNA polymerase and endoribonuclease complexes, as
870 well as the ion channel functions of the viral Envelope (and potentially the Orf8 protein). Clearly
871 there are multiple other targets, which might bear fruit, and so further studies should assess the
872 tractability of B⁰AT1/SLC6A19, B⁰AT3/SLC6A18, IMPDH2 and HAS2. Further, the molecular
873 mechanism of action of [ivermectin](#) should be assessed, since it has recently been shown to inhibit *in*
874 *vitro* SARS-CoV-2 replication (Caly *et al.*, 2020). This agent is used clinically as an anthelmintic,
875 probably through blocking invertebrate glutamate receptors although it also inhibits mammalian
876 glycine receptors and acts as a positive allosteric modulator of other mammalian ligand-gated ion
877 channels.

878 From a screening aspect, biophysical and biochemical screens would probably take a matter of days-
879 to-weeks. Following mass availability of the recombinant proteins involved, the capacity for
880 inhibition should be assessed using a library of already approved drugs. Biophysical methods can be
881 applied, such as surface plasmon resonance or biolayer interferometry, to monitor the affinity of
882 interaction between host ACE2 and viral spike glycoprotein in the presence of these agents, as well
883 as the relevant proteins where multimerization is critical, such as the trimeric Spike glycoprotein.
884 Assessing the remainder of the targets would likely adopt standard, fluorescent-based
885 pharmacological methodologies.

886 If the assay involves the use of viral proteins, the constructs should acknowledge the inevitable
887 mutations which the viral genome has/will undergo.

888 An overarching priority for the *in vitro* screening would be to recognise and replicate, as much as
889 possible, relevant features of the virus and its lifecycle. This would include post-translational
890 modifications of the viral proteins, such as glycosylation of the Spike and Membrane proteins.
891 Additionally, while the high throughput screens described above for identifying inhibitors associated
892 with components of the viral entry system, such as ACE2, should be confirmed in more translational
893 assays, such as have been described for HIV cell entry in an automatable format (Bradley *et al.*,
894 2004).

895 A desirable element would also be to minimise adverse effects on the cardiovascular and respiratory
896 system, given the high incidence of damage described associated with those systems (Esler and

897 Esler, 2020; Li *et al.*, 2020a; Lippi *et al.*, 2020). Candidate drugs should also not increase activity of
898 the IL-6 (or any other pro-inflammatory cytokine) pathway to avoid provoking a cytokine storm.

899 If a similar approach were taken to the ways in which targetted therapy is applied for certain types
900 of cancer, there would be an increased benefit in a multimodal strategy. Thus, in cancers where
901 EGF/EGF receptors are involved, it is possible to target the ligand using chelating antibodies, to
902 antagonise the receptor using blocking antibodies, to use specific antibodies to prevent dimerization
903 of the receptor and to inhibit the catalytic activity of the receptor with small molecular inhibitors. It
904 should be possible to reproduce this approach by simultaneously targetting several steps in the viral
905 cycle (while naturally being cognisant of the potential for phenomena of drug:drug interactions, for
906 instance in terms of convergent pathways of drug metabolism). This approach, enacted for the
907 treatment of hepatitis C and human immunodeficiency viruses, for example, should also show
908 benefit in reducing the capacity for drug-driven mutation in the enzyme.

909 From a DMPK perspective, a beneficial profile for any agent would avoid drug:drug interactions by
910 not converging on key metabolic enzymes and/or transporters. Ideally, a once-daily treatment
911 regimen would be optimal, but if more frequent administration were needed, there is likely to be
912 good patient adherence, given the public response to 'spatial distancing'. From a formulation
913 perspective, prophylactic use or for treatment of mild symptoms, an orally-administered or inhaled
914 formulation would be appropriate. For more severe cases, where breathing is significantly impaired,
915 an inhaled aerosolised version may be difficult to administer effectively; in this circumstance, a
916 soluble version to be applied intravenously is likely to be useful.

917 Micro-organisms, such as viruses and bacteria, continue to evolve to evade our immune systems and
918 previous pandemics contributed to the decline and fall of civilizations. There is a widespread hope
919 that the current pandemic will be controlled by the rapid development of a safe and efficacious
920 vaccine. Clearly, there are major successes with vaccines targetting viral disease, but, to date no
921 vaccine has been successfully produced to protect against human betacoronaviruses such as those
922 causing SARS and MERS. On the contrary, multiple viral diseases have been successfully controlled
923 by pharmacological agents. HIV-AIDS became more widespread in the last century and was
924 associated with high morbidity and mortality. As a result of the discovery of novel pharmacological
925 treatments, including specific antivirals, it is now a chronic condition and a cure has been effected in
926 at least two individuals. Similarly, the highly variable hepatitis C virus has resisted vaccines, but can
927 be treated with direct antiviral agents allowing elimination of the virus in a very high proportion of
928 those treated. This gives us hope that the roadmap outlined in this review may provide some relief
929 from COVID-19 (and indeed for viral threats yet to come).

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944 Legend to Figures

945 **Figure 1:** The SARS-CoV-2 life cycle.

946 The novel virus uses angiotensin converting enzyme 2 (ACE2) to attach to target cells, including
947 epithelial and endothelial cells, particularly in the lungs. SARS-CoV-2 requires the camostat-sensitive
948 serine proteinase TMPRSS2 to prime the Spike protein for fusion and internalization. Thereafter,
949 host cellular processes are exploited for viral replication and release from the cell.

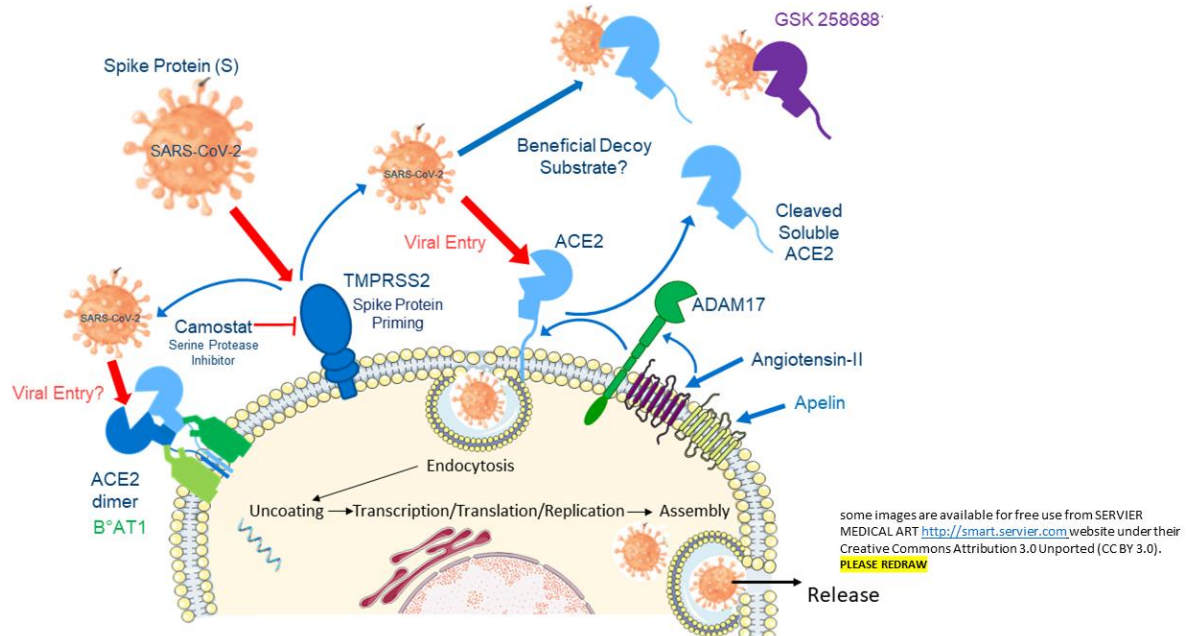


Figure 1: The SARS-CoV-2 life cycle.

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952 ACE2 is also expressed in high levels in the GI tract where it is associated with B⁰AT1/SLC6A19 that
953 actively transports neutral amino acids across the apical membrane of epithelial cells. The serine
954 proteinase ADAM17, present on cell surfaces, cleaves ACE2 to release an ectodomain of ACE2,
955 including the active site, the circulation. This circulating form of ACE2 may also bind SARS-CoV-2, but
956 this complex is predicted not to internalize and therefore could be exploited as a beneficial viral
957 decoy. Recombinant ACE2 (GSK2586881) has been tested in Phase 2 clinical trials for the potential
958 treatment of acute respiratory distress syndrome but it is not yet established if the compound will
959 reduce viral load by acting as a decoy.

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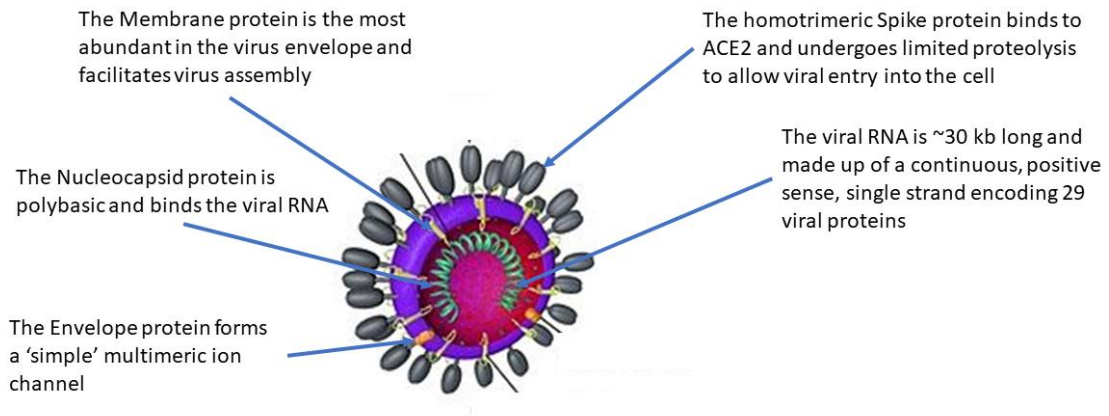
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969 **Figure 2:** a cartoon of the virus structure, identifying the four structural proteins and the viral
970 genome.

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Figure 2: a cartoon of the virus structure, identifying the four structural proteins and the viral genome.

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981

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