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Safety profile of autologous macrophage therapy for liver cirrhosis

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1. Extended Data

Complete the Inventory below for all Extended Data figures.

Figure #	Figure title One sentence only	Filename This should be the name the file is saved as when it is uploaded to our system. Please include the file extension. i.e.: <i>Smith_ED Fig1.jpg</i>	Figure Legend If you are citing a reference for the first time in these legends, please include all new references in the Online Methods References section, and carry on the numbering from the main References section of the paper.
Extended Data Fig. 1	Representative flow cytometry analysis from macrophage manufacturing process.	Fobes_ED Fig1.jpeg	Samples analysed using a BD FACS Canto II flow cytometer. a) Leukapheresis start material from a patient enrolled in the trial before and after CliniMACS prodigy selection of CD14+ cells. Samples gated on live, singlet, CD45+ cells as described in Fraser et al. <i>Cytherapy</i> 2017;19:1113-24. Pre-selection, leukapheresis material contains a population of CD14-high mononuclear cells, which is enriched to >95% after CliniMACS Prodigy Selection. b) Enriched macrophages at day 0 and after 7 days of culture in Macrophage-Colony Stimulating Factor (M-CSF). Fewer than 3% of CD14+ cells express the macrophage marker 25FP, which has risen to more than 86% after 7 days culture. Samples gated on live, singlet, CD45+ cells as described in Fraser et al. <i>Cytherapy</i> 2017;19:1113-24. The product meets the specification of > 80% live CD45+ 25F9+ cells with a delta mean fluorescence change in 25F9 expression of >5x versus the start material as discussed in Fraser et al. <i>Cytherapy</i> 2017;19:1113-24. (Actual delta 25F9 mean fluorescence is 6.85 in this case).
Extended Data Fig. 2	Dose-limiting toxicity, by dose of cells infused, expressed as change from baseline over time.	Forbes_ED Fig2.jpeg	DLT = dose-limiting toxicity. a) Fold-change in serum alanine aminotransferase (ALT); DLT defined as >3-fold. b) Fold-change in serum total bilirubin; DLT defined as >3-fold. c) Fold-change in serum creatinine; DLT defined as ≥1.5-fold. d) Fold-change in haemoglobin; DLT defined as >-1.5 fold. One subject in 10 ⁷ cell dose group developed anaemia at

			360-day follow-up visit. This was confirmed, after the trial was completed, to be related to florid portal hypertensive gastropathy. e) Fold-change in platelets; DLT defined as >-2 fold. f) Total white cells count absolute numbers; DLT defined as < 2.0 x10 ⁹ /μL.
Extended Data Fig. 3	Selected safety-related serum cytokine levels, by dose of cell infused, expressed as change from baseline over time.	Forbes_ED Fig3.jpeg	All cytokine measurements are in pg/mL. a) Changes in IL8 levels from baseline. b) Changes in IL1 β from baseline – two subjects in dose group 108 cells had undetectable IL1 β levels. c) Changes in IL6 from baseline. d) Changes in TNF α from baseline. e) Changes in INF γ from baseline. f) Changes in IL10 changes baseline.
Extended Data Fig. 4	Change in MELD score from baseline over time and in the first month after cell infusion.	Forbes_ED Fig4.jpeg	a) Individual participant data, classified by cell dose group (n=3 per group), expressed as the delta-MELD from baseline (dotted black line) over time. Time-points indicate the time of macrophage infusion (black line; approximately 14 days from baseline) and study-specific follow-up visits in the trial. Primary and secondary outcomes were measured at day-90 post-infusion. b) Individual participant data by cell dose expressed over initial safety and follow-up visits up to 30 days after infusion of macrophages (indicating MELD changes closer to infusion time-point).
Extended Data Fig. 5	Assessments of liver function, by dose of infused cells, expressed as changes from baseline over time.	Forbes_ED Fig5.jpeg	a) Changes in United Kingdom End-Stage Liver Disease (UKELD) score from baseline (arbitrary units). b) Changes in serum albumin (g/dL) from baseline.
Extended Data Fig. 6	Transient elastography (Fibroscan [®]) results (kPa), by dose of infused cells, expressed as changes from baseline over time.	Forbes_ED Fig6.jpeg	One-dimensional transient elastography was performed in fasted subjects using FibroScan [®] (Echosens, Paris, France) by fully trained and certified operators, using either an M or XL probe to obtain ten valid readings, with a success rate of at least 60% and IQR <30% of the median result. Three results did not meet the manufacturer's recommended validity criteria and were therefore removed (baseline measure for participant 004 and participant 005 and 90

			days measure for participant 008).
Extended Data Fig. 7	Assessment of non-invasive serum liver fibrosis markers (individual Enhanced Liver Fibrosis (ELF) test components), by dose of infused cells, expressed as changes from baseline over time.	Forbes_ED Fig7.jpeg	a) Changes in serum hyaluronic acid (ng/mL) from baseline. b) Changes in serum procollagen III amino terminal peptide (PIIINP; ng/mL) from baseline. c) Changes in serum tissue inhibitor of metalloproteinase 1 (TIMP-1; ng/mL) from baseline.
Extended Data Fig. 8	Measurement of health-related quality of life scores using the Chronic Liver Disease Questionnaire (CLDQ) instrument, by dose of cells infused, expressed as change from baseline over time.	Forbes_ED Fig8.jpg	Measurement of health-related quality of life scores using the Chronic Liver Disease Questionnaire (CLDQ) instrument, by dose of cells infused, expressed as change from baseline over time. CLDQ domains are assessed using seven-point scales, ranging from the worst (1) to the best (7) possible function. a) Changes in "Emotional" domain score from baseline. b) Changes in "Worry" domain score from baseline. Each line in each of the graphs represents data from an individual participant.

6 *Delete rows as needed to accommodate the number of figures (10 is the maximum allowed).*

7 **2. Supplementary Information:**

8

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10

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 12 **any additional Supplementary Figures, which should be supplied in one**
 13 **combined PDF file.**

14

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Reporting Summary	yes	Forbes_reporting summay.pdf	

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18

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Source Data Fig. 3		
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Source Data Extended Data Fig. 2	Forbes_ED source data Fig2.xls	Statistical source data
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Source Data		

Extended Data Fig. 9		
Source Data Extended Data Fig. 10		

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29 **Safety profile of autologous macrophage therapy for liver cirrhosis**

30

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54

55 **ABSTRACT**

56 Therapies to reduce liver fibrosis and stimulate organ regeneration are urgently needed. We
57 conducted a first-in-human, phase 1 dose-escalation trial of autologous macrophage therapy in 9
58 adults with cirrhosis and Model for End-Stage Liver Disease (MELD) score of 10-16
59 (ISRCTN10368050). Groups of 3 participants received a single peripheral infusion of 10^7 , 10^8 , or
60 up to 10^9 cells. Leukapheresis and macrophage infusion was well-tolerated with no transfusion
61 reactions, dose-limiting toxicities or macrophage activation syndrome. All participants were alive
62 and transplant-free at 1 year, with only 1 clinical event recorded, the occurrence of minimal ascites.
63 The primary outcomes of safety and feasibility were met. This study informs and provides a
64 rationale for efficacy studies in cirrhosis and other fibrotic diseases.

65

66 **INTRODUCTION**

67 Globally, liver cirrhosis currently causes 1.16 million deaths every year. In the US, among people
68 aged 45–64 years, chronic liver disease is the 4th leading cause of death.¹ Cause-specific
69 interventions are effective, but patients often present with advanced liver disease and cirrhosis. No
70 curative options are available for cirrhosis except for organ transplantation which requires major
71 surgery and lifelong immunosuppression. Donor organ availability also restricts access to
72 transplantation.² Alternative therapies to treat cirrhosis are therefore being developed including cell
73 therapies.^{3,4}

74 The macrophage is a cellular regulator of liver fibrosis deposition and resolution.⁵ During disease
75 progression macrophages release signals which drive inflammatory cell recruitment and activation
76 of hepatic stellate cells to produce extracellular matrix (ECM). Following cessation of injury,
77 macrophages release matrix metalloproteinases (MMPs) that promote fibrotic ECM degradation,
78 and factors that dampen the inflammatory response^{6-8,9} and drive liver regeneration.^{7,10}

79 In mouse models of liver fibrosis, macrophages injected via a peripheral vein home to the liver,
80 express MMPs, and recruit host immune cells to liver scar via chemokine expression, ameliorating
81 liver fibrosis, stimulating liver regeneration and improving function.¹⁰ Circulating CD14⁺ monocytes

82 can be isolated from cirrhotic patient mononuclear cell (MNC) leukapheresis products with high
83 yield and purity and can be differentiated using Good Manufacturing Practice (GMP)-compliant
84 processes into macrophages with a comparable phenotype to those from healthy volunteers.^{11,12}
85 These macrophages can also resolve liver fibrosis in mouse models.¹² These data prompted us to
86 conduct a first-in-human, phase 1, single-arm, dose-escalation clinical trial in people with cirrhosis
87 evaluating maximum-tolerated dose and safety of peripheral infusion of *ex vivo* matured
88 autologous monocyte-derived macrophages.

89

90 **RESULTS**

91 **Trial population, baseline and treatment characteristics**

92 11 participants (4 female and 7 male, mean age 58.54±5.85) with compensated liver cirrhosis and
93 MELD score between 10 and 16 attended a single centre (Royal Infirmary of Edinburgh, UK) for
94 screening between 08 August 2016 and 27 March 2017 (Fig. 1). Two individuals did not meet
95 screening criteria. Nine participants were enrolled in the trial and were followed-up for 1 year to 06
96 April 2018. Demographic and baseline characteristics of study participants are shown in Table 1.
97 The mean duration of cirrhosis was 5.22±4.22 years. All participants were abstinent from alcohol at
98 the time of recruitment except for one individual who had a history of intermittent low-level alcohol
99 consumption (1-10 units per week). A week before the planned treatment, participants underwent a
100 standard leukapheresis to collect circulating monocytes. Monocytes were isolated from MNC and
101 the Investigational Medical Product (IMP) produced in a licensed GMP manufacturing facility
102 (Extended Data 1).

103 Each group of 3 participants (9 in total) received a single infusion of autologous macrophages at
104 10^7 , 10^8 or up to 10^9 cells, respectively in a dose-escalation manner. All participants were
105 successfully evaluated for safety, feasibility and maximum-achieved safe dose of autologous
106 macrophages. We also measured changes in: markers of liver fibrosis (serum Enhanced Liver
107 Fibrosis (ELF™) test (Siemens Healthineers, UK), serum PRO-C3 and C3M (Nordic Bioscience,
108 Denmark) and transient elastography (Fibroscan®, Echosens, France)); liver function (MELD and

109 UKELD scores); health-related quality of life (HRQL) using the Chronic Liver Disease
110 Questionnaire (CLDQ) instrument; transplant-free survival and number of clinical events related to
111 decompensation of cirrhosis.

112

113 **Safety outcomes**

114 All participants completed 1-year of follow-up after macrophage infusion. No participants withdrew
115 from the study and none developed acute transfusion reactions during macrophage infusion or in
116 the 12h post-infusion observation period. A total of 3 serious adverse events were recorded; these
117 were assessed as mild in severity, unrelated to the IMP and there were no sequelae (Table 2).
118 There were 70 adverse events documented in the reporting period (Table 2). A single clinical event
119 occurred, described as a small volume of ascites around the liver on ultrasound. 9/22 (41%), 8/19
120 (42%) and 6/29 (21%) adverse events were considered possibly related to the IMP in the 10^7 , 10^8
121 and up to 10^9 cell dose groups, respectively. Overall, 56% of adverse events were considered
122 unrelated to the IMP. No dose-toxicity relationships were identified. At the end of the study period
123 all 9 participants were alive and transplant-free.

124 Serum ALT and bilirubin changes at 90-days were respectively 0.88 ± 0.21 and 0.80 ± 0.30 -fold from
125 baseline. Fluctuation in platelet count is common in patients with cirrhosis and portal hypertension,
126 but we did not observe a reduction in platelets to lower than 30% from baseline or clinically
127 significant thrombocytopenia. The baseline total white cell count varied in this study population. As
128 expected, total circulating leukocyte counts were affected by leukapheresis, but returned to
129 baseline prior to infusion (7 days after leukapheresis). In some individuals we noted a small and
130 transient increase in white cell count following infusion of macrophages which did not persist
131 beyond 7 days post-infusion (Extended Data 2). Serum cytokines (including IL1 α , IL6, IL8, IL10,
132 TNF α and IFN γ) did not change significantly from baseline (Extended Data 3). Specifically, levels
133 of IL8 (which correlate with risk of macrophage activation syndrome (MAS)) decreased transiently
134 after macrophage infusion, with a delta of -8.23 ± 14.39 pg/mL at 30 days and of -1.58 ± 13.54 pg/mL
135 at 90 days.

136

137 **Secondary outcomes**

138 At day 90 following macrophage infusion, six out of 9 participants showed a decrease in MELD
139 score (Fig. 2 and Extended Data 4). For all patients, the MELD at baseline was 11.88 ± 1.40 (range
140 9.90 to 13.87) with a mean Δ -MELD at 90 days of -1.12 ± 1.87 (range -4.90 to 1.76). (Fig. 2 and
141 Extended data 4). At 1-year follow-up MELD decreased in 7 out of 9 participants; with a mean Δ -
142 MELD for all patients at 1 year of -0.910 ± 1.24 (range -2.41 to 1.68). Overall, we did not observe a
143 clear dose-related response; however, in the highest cell group the MELD scores all followed a
144 similar downward trajectory over the period of follow up (Fig. 2). The mean Δ -UKELD score for all
145 participants at 90 days was -0.42 ± 2.27 . Serum albumin levels at 90 days showed little change from
146 baseline in all participants with mean Δ -albumin of -0.20 ± 0.23 g/dL, with range +0.2 to -0.5
147 (Extended Data 5). Similarly, INR was unaffected in all participants by macrophage infusion, with
148 mean \pm SD change from baseline of -0.04 ± 0.09 and -0.06 ± 0.09 at 90 days and 360 days
149 respectively.

150 To detect a change in fibrosis, a range of non-invasive markers of liver fibrosis were quantified.
151 The technical success rate of transient elastography was 91.66%. Data not meeting the quality
152 specification as per manufacturer recommendation were removed (2 baseline and 1 90-day
153 measurements). Baseline liver stiffness measurements were consistent with cirrhosis (mean
154 57.44 ± 24.01 kPa). In 5 out of 9 participants liver stiffness measurements decreased by >6 kPa at
155 1-year of follow-up, with an overall mean reduction of -11.91 ± 10.55 kPa (Extended Data 6). While
156 a change of 6 kPa might be considered meaningful in the context of pre-cirrhotic liver fibrosis,¹³
157 the importance of this change in established cirrhosis is uncertain. There was a downward trend in
158 ELF scores following macrophage infusion (Fig. 3a). The mean ELF score at baseline was
159 12.43 ± 0.94 with mean Δ -ELF at 90 days of -0.24 ± 0.46 and at 1 year of -1.13 ± 1.21 (Extended
160 Data 7). There was a similar change in serological markers of type-III collagen turnover, with mean
161 % change of PRO-C3 of -14.86 ± 14.50 and % change of C3M of -10.95 ± 13.37 ng/mL at day 90
162 (Fig. 3b-c). The larger % decrease in PRO-C3 could indicate a predominant decrease in fibrogenic
163 activity following infusion of macrophages. Longitudinal of health-related quality of life scores
164 (HRQL) assessment showed relatively small variations in composite Chronic Liver Disease

165 Questionnaire (CLDQ) scores over time, but 5 out of 9 participants showed an improvement in
166 overall HRQL at day 90 post-macrophage infusion (Fig. 3d and Extended Data 8). Individual
167 domain scores are shown in Extended Data Table 1.

168

169 **DISCUSSION**

170 This first-in-human trial confirmed the safety and feasibility of a single peripheral infusion of
171 autologous macrophages in participants with compensated liver cirrhosis of differing aetiology.
172 Leukapheresis was well-tolerated by all participants with minimal side effects. Administration of
173 macrophages was safe, with no clinically relevant adverse reactions recorded during the infusion
174 or in the immediate post-infusion period. The 3+3 trial dose-escalation model is designed to define
175 a maximum-tolerated dose. Due to monocyte isolation and macrophage production limitations, we
176 were able to generate a “maximum-achieved dose” of up to 10^9 cells (specifically 0.8×10^9 cells),
177 for which we sought to determine the safety and feasibility.

178 As expected, in a study population with advanced cirrhosis and other co-morbidities, we observed
179 adverse events throughout the study. One participant had a previous history of intermittent low-
180 level alcohol consumption, but serial gamma-glutamyl transpeptidase (GGT) levels (a biochemical
181 marker of alcohol consumption) remained static at all follow-up visits, suggesting that this did not
182 influence the measured outcomes for this patient. Most of the adverse events recorded in the study
183 were exacerbations of existing conditions or minor self-limiting events. The 3 serious adverse
184 events were considered mild and unrelated to the IMP. Among AEs possibly related to the IMP,
185 none had Common Terminology Criteria for Adverse Events (CTCAE) severity grading over 2.
186 There were no dose-related phenomena. All participants reached 360 days of follow-up and were
187 transplant-free. We listed a single clinical event (worsening ascites) during the whole follow-up
188 period. This was identified on ultrasound and resolved with diuretics. All other participants
189 remained well compensated.

190 Although we did not label the infused macrophages, previous animal models and human case
191 reports¹⁴ suggest that macrophages infused via peripheral or central veins will transiently pass
192 through the lungs, before engrafting in the liver and spleen.^{10,15,16} While this does not prove that the

193 cell product used in our study reached the liver, these observations are supportive. We did not
194 record any clinically meaningful changes in respiratory rate or oxygen saturation at any point
195 during infusion or 12-hour follow-up period. Overall the IMP appeared safe during administration
196 and the extended follow-up period of 360 days.

197 This single-arm phase 1 study was not designed or powered to demonstrate statistically significant
198 changes in efficacy measures following macrophage therapy. However, in 6 of 9 participants
199 reductions in MELD score were observed at 90 days, largely due to a decrease in serum bilirubin.
200 This contrasts with a recent RCT using autologous CD133+ stem cells in adults with cirrhosis of
201 comparable severity to this study which showed no improvement in MELD score.¹⁷ In one
202 individual, total bilirubin and MELD score were higher at 360 days of follow-up compared to
203 baseline; however, over 85% of the total bilirubin was unconjugated, representing haemolysis likely
204 due to cold agglutinins (the patient had treated hepatitis C with sustained viral response). Other
205 parameters of liver function did not change in response to cell infusion, including UKELD score and
206 serum albumin. Overall, no robust dose-dependent treatment effects were observed in secondary
207 outcomes.

208 The macrophages manufactured using GMP-compliant processes have been comprehensively
209 characterised and demonstrate a mature phenotype (CD14+ / high 25F9 expression), plus
210 retention of high levels of markers associated with tissue repair and inflammation resolution
211 (CD206, CD163 and CD169).¹¹

212 A number of non-invasive measures of liver fibrosis improved following macrophage infusion
213 including transient elastography, serum ELF score and the collagen turnover markers PRO-C3 and
214 C3M, highlighting the potential antifibrotic effect of autologous monocyte-derived macrophage
215 infusion in cirrhosis.

216 There was variability in measured responses to macrophage infusion, even in participants treated
217 with the same cell dose. This likely reflects the multiple factors that could determine the effect of
218 macrophage infusion in an individual with cirrhosis such as duration and aetiology of liver disease,
219 other comorbidities, or engraftment and survival of the infused macrophages in the liver. The
220 influence of these variables will be better addressed in a larger randomised controlled phase 2 trial.

221 Impairment of HRQL is reported by most patients with advanced cirrhosis and HRQL scores
222 improve significantly following liver transplantation.¹⁸ Given that a change of 0.5 on the 1 to 7 scale
223 represents an important difference in CLDQ score, 5 of 9 participants exhibited an improvement in
224 overall HRQL score at day 90 post-infusion.¹⁹ In the remaining participants, composite CLDQ
225 scores were either unchanged (n=2) or worse (n=2) at 90 days. Interestingly, there was an
226 improvement in most participants in the emotional domain at day 90 post-infusion. We noted an
227 inverse association between delta-MELD and CLDQ scores. Moreover, in the 4 individuals in
228 whom MELD failed to decrease or worsened, we observed no improvement in HRQL.¹⁹
229 This first-in-human study confirmed the safety, feasibility and maximum-achievable dose of
230 autologous macrophages and facilitate future efficacy studies in cirrhosis and other fibrotic
231 diseases. The effects of macrophage therapy upon efficacy measures including transplant-free
232 survival, MELD and UKELD score, fibrosis markers and HRQL will be evaluated in an ongoing
233 phase 2 randomised controlled trial (ISRCTN 10368050).
234

235

236

	Screen Failure (n=2)		10 ⁷ Cells (n=3)			10 ⁸ Cells (n=3)			Up to 10 ⁹ Cells (n=3)		
Participant ID	001	002	003	004	005	006	007	008	009	010	011
DEMOGRAPHICS											
Mean Age (+/-SD)	63.00 ±5.66		59.33 ±8.50			55.67 ±6.35			57.67± 2.88		
Body Mass Index	32.1	28.2	24.7	29.6	35.6	26	27.8	27.8	33.6	27.6	29
Sex (Male:Female)	2:0		1:2			3:0			1:2		
Ethnicity	All Caucasian		All Caucasian			All Caucasian			All Caucasian		
AETIOLOGY OF LIVER DISEASE											
ALD (n)	1		2			2			2		
NAFLD (n)	1		0			0			1		
HCV (SVR) (n)	0		0			1			0		
PBC (n)	0		1			0			0		
SEVERITY OF CIRRHOSIS											
MELD score			13	11	14	13	10	13	10	13	11
Mean MELD score (+/-SD).			12.37±1.51			11.90±1.48			11.36±1.62		
UKELD score			50	50	50	51	51	51	48	51	47
Child-Pugh score			6	5	7	6	6	8	5	9	9
Child-Pugh class			A	A	B	A	A	B	A	B	B
LIVER DISEASE COMPLICATIONS											
Ascites	x		x			x	x		x	x	
SBP											
Variceal bleeding			x			x	x		x	x	
Hepatic encephalopathy									x	x	

237

238 **Table 1. Baseline characteristics of trial participants classified by cell dose group.** ALD,
239 alcohol-related liver disease; NAFLD, non-alcoholic fatty liver disease; HCV, hepatitis C virus;
240 SVR, sustained viral response (> 6 months); PBC, primary biliary cholangitis; MELD, Model for
241 End-Stage Liver Disease; UKELD, United Kingdom Model for End-Stage Liver Disease; SBP,
242 spontaneous bacterial peritonitis. Measures of error for mean age and MELD are standard
243 deviation (SD).

244

245

246

Adverse Event	10⁷ cell dose	10⁸ cell dose	Up to 10⁹ cell dose
Nausea	1	0	0
Abdominal pain	0	2	3
Anorexia	0	1	0
Light-headedness	1	2	2
Fatigue	1	1	3
Chest pain	4	6	0
Joint pain/malaise	2	2	3
Rash	2	0	3
Hypocalcaemia symptoms (leukapheresis)	1	2	3
Ascites	0	1	0
Anaemia	1	1	0
Infective	3	0	2
Others	5	1	10
TOTAL	22	19	29
Number of probably related AEs	9 (41%)	8 (42%)	6 (21%)
Type of Serious Adverse Event			
Abdominal pain and constipation			2
Papillary lesion of breast	1		

247

248 **Table 2. Recorded adverse events and serious adverse events during the study period.**

249 Adverse events (AEs) and serious adverse events (SAEs) classified by dose, using Medical
250 Dictionary for Regulatory Activities (MedDRA) coding version 20.0. All AEs listed were defined as
251 grade 1 or 2 according to the Common Terminology Criteria for Adverse Events version 5.0. All the
252 SAE were considered unrelated to the macrophage infusion. Two, although rated of mild severity,

253 resulted in overnight admission to hospital. The SAE relative to the incidental finding of a papillary
254 lesion of breast through screening mammogram led to surgical excision

255

256 **Fig. 1.** Trial profile. A 3+3 model for dose escalation was used. During the study, there was no
257 dose-limiting toxicity (DLT); therefore, only 9 participants were needed to complete the dose-
258 escalation phase.

259

260 **Fig. 2. MELD score over time per cell dose group.** Each line represents a participant in the trial.
261 Time-points indicate the time of macrophage infusion (purple line; approximately 14 days from
262 baseline) and study-specific follow-up visits in the trial. Primary and secondary outcomes were
263 measured at day-90 post-infusion. **a)** 10^7 cells; **b)** 10^8 cells; **c)** up to 10^9 cells.

264

265 **Fig. 3. Secondary outcomes a)** Individual participant ELF score changes from baseline (BL) over
266 time (delta-ELF). **b)** Individual participant PRO-C3 level changes from baseline over time (%
267 changes of PRO-C3). **c)** Individual participant C3M level changes from baseline over time (%
268 changes of C3M). **d)** Individual self-reported health related quality of life (HRQL) measures over
269 time, expressed as the composite Chronic Liver Disease Questionnaire (CLDQ) score and not
270 delta changes to highlight the significant variability in baseline HRQL composite score in this
271 population. All data are shown by dose group (n=3).

272

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280

281 **Author Contributions**

282 Conceptualization and design of the work were carried out by S.J.F., C.P., L.R., L.B., D.M., A.L.,
283 S.D., E.H., A.R.F., M.L.T., J.D.M.C., N.W.A.M., J.B., J.K.M., P.C.H., J.A.F.; the acquisition,
284 analysis, and interpretation of data were performed by S.J.F., J.A.F., F.M., B.D., C.G., D.J.L.,
285 M.J.N., K.M.; trial delivery and administration were carried out by F.M., A.G.; the original draft of
286 the manuscript was written by F.M.; the draft was reviewed and edited by all the authors.

287

288 **Competing interests**

289 J.A.F. reports personal fees from Novartis, Ferring Pharmaceuticals, Galecto Biotech, Caldan
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293 Nordic Bioscience. D.J.L., M.K. and M.J.N. are among the original inventors and patent holders of
294 C3M and PRO-C3. D.J.L. holds stock in Nordic Bioscience. P.C.H. is an advisor for AbbVie, BMS,
295 Eisai Ltd, Falk, Ferring, Gilead, Gore, Janssen, Lundbeck, MSD, Norgine, Novartis, ONO
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388

389

390 **METHODS**

391 **Study oversight**

392 The MATCH 0.1 trial is an investigator-led study, funded by the Medical Research Council
393 (Reference: MR/M007588/1) and sponsored by ACCORD (Academic and Clinical Central Office for
394 Research and Development for NHS Lothian/University of Edinburgh). All study-related documents
395 were designed by the trial team with input from ACCORD, an independent statistician and the
396 Scottish National Blood Transfusion Service (SNBTS) team. The trial was approved by Scotland A
397 Research Ethics Committee (Reference: 15/SS/0121), NHS Lothian Research and Development
398 department and the Medicine and Health Care Regulatory Agency (MHRA-UK). The trial was
399 registered in the International Standard Randomized Controlled Trial registry (ISRCTN10368050)
400 and the European Clinical Trial Database (Reference: 2015-000963-15). All participants enrolled in
401 the study gave informed consent and the trial was conducted under Good Clinical Practice
402 regulations.

403 **Study design**

404 A phase 1 first-in-human trial using a standard 3+3 dose-escalation design was conducted in a
405 single centre (Royal Infirmary of Edinburgh, Edinburgh, UK).²⁰ Due to limitations in production and
406 cell selection, the maximum number of cells that could be produced for infusion was 10^9 ; this study
407 was therefore designed to ascertain the tolerability of the maximum-achievable dose and not the
408 maximum-tolerated dose. This approach was approved by the appropriate oversight bodies (Phase
409 I/First in Human Study Review Committee, Data Monitoring Committee and Trial Steering
410 Committee). Escalation decisions were taken by an independent Data Monitoring Committee and
411 recommendations discussed within the Trial Steering Committee and acted upon before each
412 dose-escalation.

413 **Study participants**

414 All participants were recruited through the hospital outpatient service in NHS Lothian between 08
415 August 2016 and 06 April 2018. 9 adult participants with liver cirrhosis of different aetiologies and a
416 MELD score between 10 and 16 were enrolled. To confirm eligibility only, we used a MELD

417 calculator adopted by the transplant coordinators within our unit; this rounds MELD score to the
418 nearest integer. Full inclusion and exclusion criteria are detailed in the protocol in the Extended
419 Data. Inclusion criteria included: age 18-75; MELD score 10-16 (inclusive); liver disease aetiology
420 of alcohol-related liver disease, primary biliary cholangitis, non-alcoholic fatty liver disease,
421 cryptogenic cirrhosis, haemochromatosis, alpha-1 antitrypsin deficiency or treated chronic hepatitis
422 C (sustained viral response); liver cirrhosis (diagnosed by at least one of: liver biopsy, Fibroscan™
423 median liver stiffness measurement >15 kPa, or clinical and radiological evidence consistent with
424 cirrhosis). Exclusion criteria included: history of decompensated cirrhosis in the previous 3 months
425 (portal hypertensive bleeding, ascites requiring medical treatment or hepatic encephalopathy
426 requiring hospitalisation); hepatocellular carcinoma or undetermined liver nodules; cancer in the
427 previous 5 years (excluding adequately treated and localised skin cancer or carcinoma-in-situ of
428 the cervix); previous organ or tissue transplantation; listed for liver transplant; pregnancy and
429 breastfeeding; presence of acute illness that may compromise safety of the patient in the trial. No
430 active alcohol misuse ≥6 calendar months prior to screening was permitted. Individuals attended
431 for a screening visit to ensure eligibility 7±4 days before scheduled leukapheresis. Participants
432 underwent leukapheresis a week before infusions. The Investigational Medical Product (IMP) was
433 produced in a GMP-accredited facility. On the day of infusion, active infection was excluded by
434 physical examination and laboratory investigations. Prior to infusion, 10 mg i.v. chlorphenamine
435 and 100 mg i.v. hydrocortisone was administered. Each group of 3 participants received a single
436 infusion given over 30 +/- 5 minutes of 10^7 , 10^8 and up to 10^9 cells, respectively.

437 **Study Assessments**

438 During infusion, participants were monitored closely and observed overnight in the RIE Clinical
439 Research Facility (CRF). Special arrangements were in place with the intensive care unit in the
440 event of a severe reaction. The following morning full blood count, renal function, electrolytes, liver
441 function tests, triglycerides and ferritin were checked prior to discharge to exclude toxicity,
442 including Macrophage Activation Syndrome (MAS).

443 During the first two follow-up visits (day 7 and day 14 after IMP infusion) safety, dose-limiting
444 toxicity (DLT) and the presence of MAS were assessed. The definition of DLT was formulated

445 using accepted criteria:²¹⁻²⁴ serum creatinine \geq 1.5-fold from baseline, haemoglobin 1.5-fold \leq
446 baseline, platelets $<$ 2-fold from baseline, total white cell count $<$ 2.0×10^9 , alanine
447 aminotransferase (ALT) $>$ 3-fold from baseline, total bilirubin $>$ 3-fold from baseline, MELD score $>$
448 4 points from baseline. Thereafter, participants were followed up at day 30, 60, 90, 180 and 360
449 after IMP infusion with routine and biomarker blood tests, abdominal ultrasound, transient
450 elastography and health-related quality of life (HRQL) assessment (full details are provided in the
451 Protocol in the Extended Data).

452 Transient elastography (Fibroscan®, Echosens, France) is a well-validated non-invasive test to
453 quantify liver fibrosis. It records the velocity of a sound wave passing through the liver and then
454 converts that measurement into a liver stiffness value (expressed in kilopascals (kPa)).¹³

455 A range of serological biomarker tests are available for assessment of liver fibrosis. We used the
456 Enhanced Liver Fibrosis (ELF™ test (Siemens Healthineers, UK)), a biochemical panel comprising
457 serum markers that are indicators of ECM metabolism (hyaluronic acid, procollagen-III N-terminal
458 pro-peptide (PIIINP), and tissue inhibitor of matrix metalloproteinase-1 (TIMP-1)). The composite
459 ELF score has been validated for detection of liver fibrosis and for prognostication in chronic liver
460 disease.^{25,26} By serological assessment of specific ECM fragments it may be possible to separate
461 tissue formation from tissue degradation.²⁷ We also measured PRO-C3 and C3M (Nordic
462 Bioscience Protein Fingerprint™ technology) which are two markers derived from type-III collagen
463 remodeling, i.e. N-terminal pro-peptide and MMP-9 degraded collagen fragment from the helix
464 region, respectively,^{28,29} with utility for staging liver fibrosis and monitoring response to antifibrotic
465 therapy^{30,31}.

466 Liver function was assessed by the MELD and the United Kingdom Model for End-Stage Liver
467 Disease (UKELD). These are established clinical scores calculated from objective variables (serum
468 bilirubin, creatinine, International Normalized Ratio (INR) and sodium) that are used to estimate the
469 severity of liver disease, determine prognosis and prioritize patients for transplantation.^{32,33}

470 The Chronic Liver Disease Questionnaire (CLDQ) is a 29-item self-reported disease-specific
471 instrument, measuring HRQL in the following domains: fatigue, activity, emotional function,
472 abdominal symptoms, systemic symptoms, and worry. A composite score is calculated by the
473 patient's response options in each domain using seven-point scales, ranging from the worst (1) to

474 the best (7) possible function. The CLDQ is reliable, responsive and correlates with the severity of
475 liver disease.^{19,34}

476 Serum cytokines were analysed using a V-PLEX Human Biomarker 54-Plex kit on a MESO
477 Quickplex SQ 120 according to the manufacturers' instructions (Meso Scale Discovery). We
478 selected a set of 6 safety-related cytokines associated with 'cytokine storm' in MAS. These were
479 IL8 (pivotal in the pathogenesis of MAS), IL1 α , IL6, TNF α , IFN γ and IL10.

480 **Method of cell production**

481 The monocyte-derived macrophages were manufactured as previously described.¹¹ Briefly, steady-
482 state leukapheresis was collected from each patient (standard MNC program, 2.5 blood volume).
483 Monocytes were isolated using a CliniMACS Prodigy® cell processor, programme LP14, tubing set
484 TS510 with CliniMACS CD14 Reagent (all Miltenyi). Up to 3.5x10¹⁰ TNC containing 4x10⁹ CD14+
485 cells were processed in a single operation. Mean CD14+ cell purity was 98.3%±0.7% and the
486 mean selection yield was 55.25%±5.4%. A total of 2x10⁹ CD14+ cells were cultured in 4x gas-
487 permeable plastic bags (MACS GMP cell differentiation bag 500, Miltenyi Biotec) at 1x10⁶ cells per
488 ml in TexMACS GMP (phenol red-free) medium supplemented with 100 ng/mL M-CSF (GMP-
489 grade, R&D systems). Medium was replenished by removing 50% spent medium and replacing
490 with 50% fresh medium supplemented with 200ng/mL M-CSF after 48 and 96 hours of culture.
491 After 7 days, macrophages were harvested, counted and formulated into saline for injection
492 supplemented with 0.5% human serum albumin (Alburex, CSL Behring UK). Macrophages were
493 characterized as viable, CD45+, CD14+, 25F9+ cells as previously described.¹¹ CD14⁺ monocytes
494 were successfully isolated from all participants. A macrophage product was successfully
495 manufactured and administered for all participants.

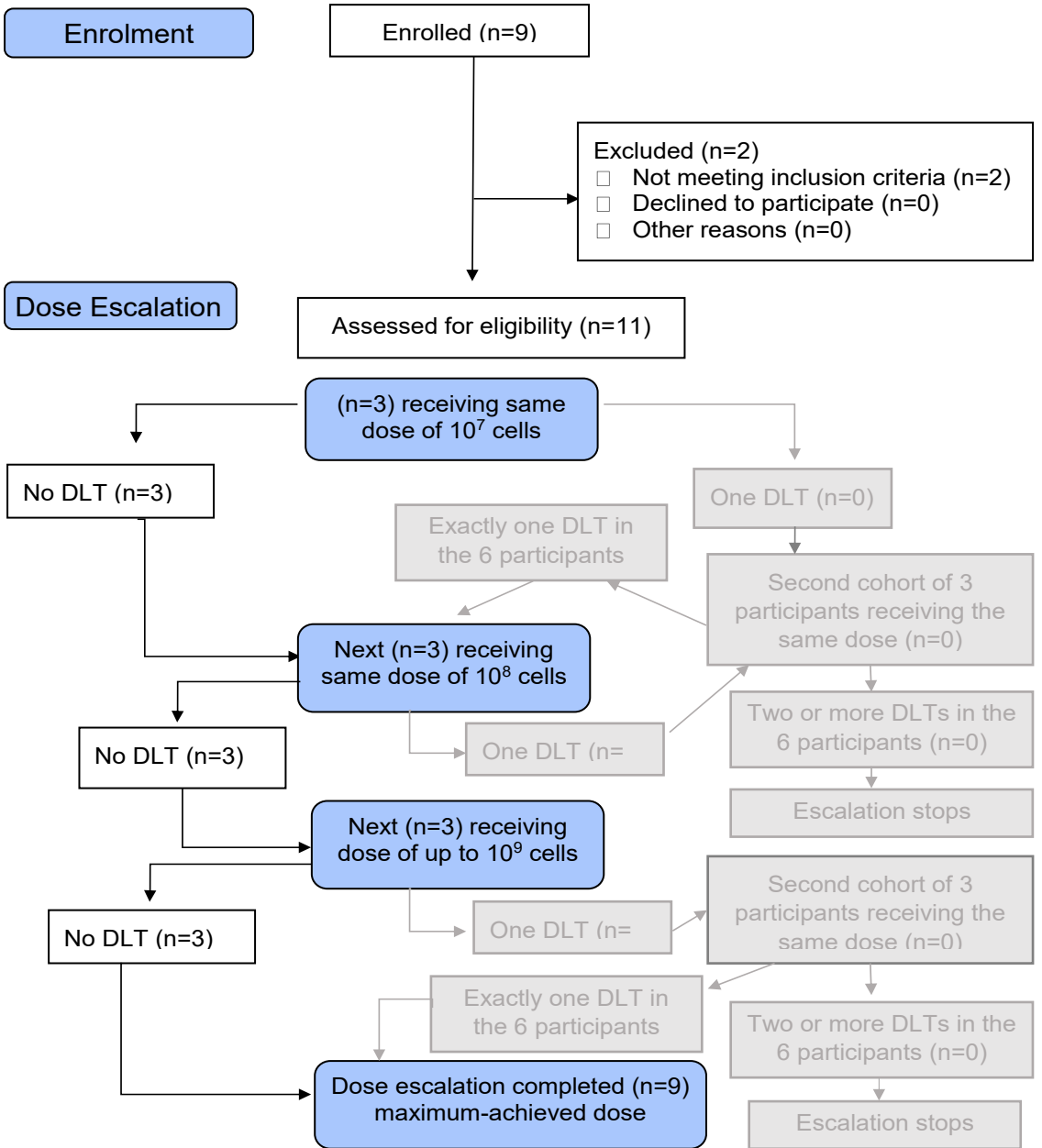
496 **Statistics**

497 A descriptive analysis of the primary outcome of safety and tolerability is presented. Secondary
498 outcomes are presented graphically by dose and as changes from baseline. Unless stated,
499 numerical data is expressed as mean±standard deviation (SD). A safety report was produced to
500 review the day 14 results of the first participant, thereafter DMC reports were produced following

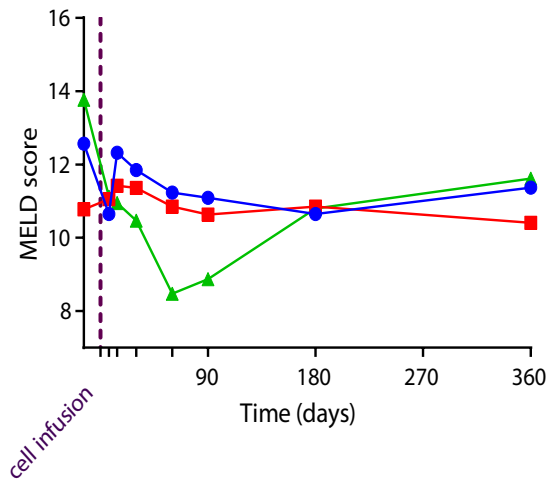
501 the day 14 safety blood samples of each escalation group of 3 participants at each dose level or as
502 required by serious adverse events. Any additional analysis was performed at the end of the trial
503 once the electronic database was locked following quality checks (QC). There was 100% QC of the
504 data collected, with no missing data other than a single collagen biomarker sample at day 60 post-
505 infusion. We report all adverse events by dose.

506 **Data availability**

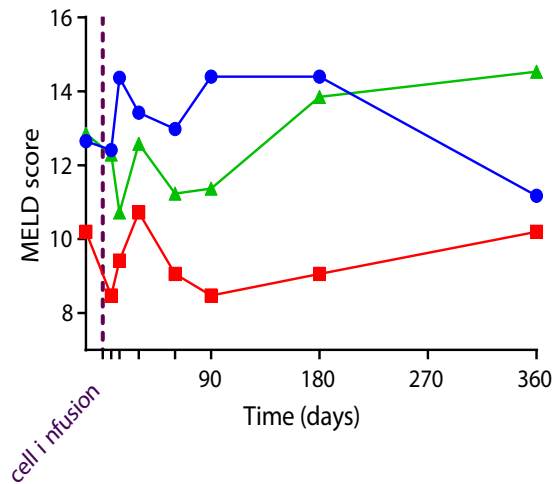
507 Data in the published article (and its Supplementary Information files) has been presented where
508 possible in aggregated form. Any data presented to illustrate individual patient performance has
509 been de-identified and only includes analysis of performance within the trial (such as MELD
510 score). The datasets generated during and/or analysed during the current study are available from
511 the corresponding author (SJF) upon reasonable request, although restrictions may apply due
512 to patient privacy and General Data Protection Regulation.



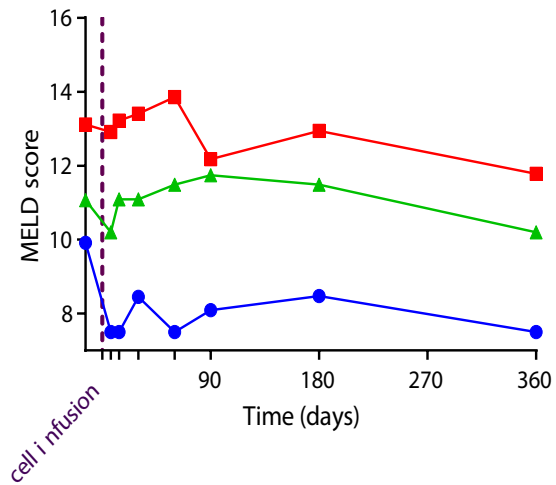
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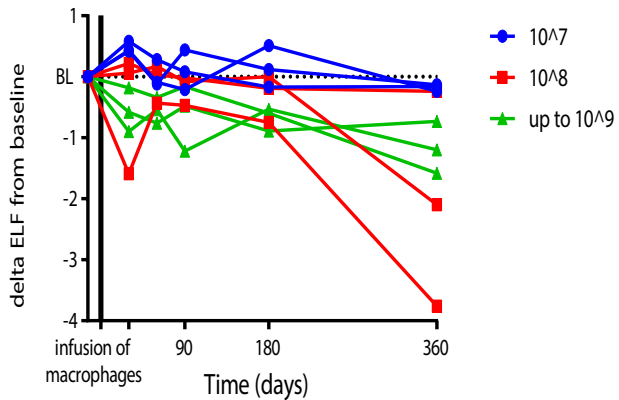
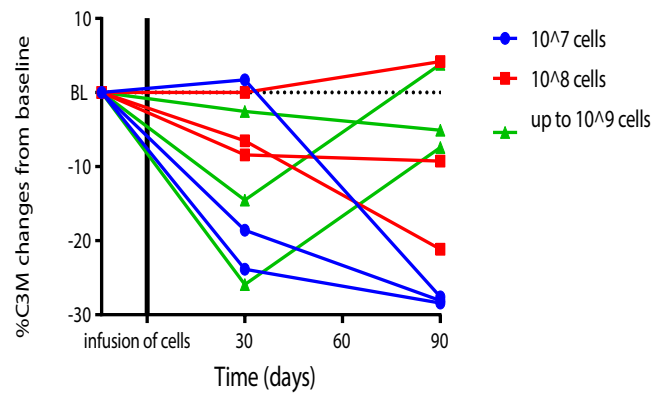
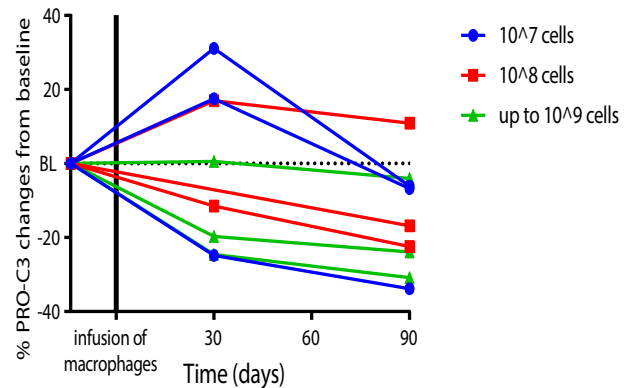


b)



c)



a**b****c****d**