The microbial safety of seaweed as a feed component for black soldier fly (*Hermetia illucens*) larvae

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1 The microbial safety of seaweed as a feed component for black soldier fly

2 (Hermetia illucens) larvae

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10 Key words: BSF larvae; food safety; human pathogens; *Listeria*; macroalgae; sustainable food

11 systems

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13 Word count: 10479

14 ABSTRACT

15 Farmed insects can offer an environmentally sustainable aquafeed or livestock feed ingredient. The 16 value of black soldier fly (Hermetia illucens) (BSF) larvae however, could be improved by enrichment in omega-3 through the dietary inclusion of seaweed. However, the industry practice of drying 17 seaweed at low temperatures to retain nutritional properties may benefit the survival of human 18 19 pathogenic bacteria, particularly if the seaweed has been harvested from contaminated water. Here 20 we have demonstrated that E. coli and E. coli O157:H7 died-off in seaweed dried at 50 °C, although both were detected in the dried powder following 72 h storage. V. parahaemolyticus fell below the 21 22 level of detection in stored seaweed after drying at \geq 50 °C, but *L. monocytogenes* remained 23 detectable, and continued to grow in seaweed dried at ≤ 60 °C. Therefore, drying seaweed at low 24 temperatures risks pathogen carry-over into insects destined for animal feed. BSF larvae reared on 25 an artificially contaminated seaweed-supplemented diet also became contaminated by all four 26 bacteria present in the supplement. Water quality at seaweed harvesting sites, seaweed desiccation, 27 and insect rearing practices, represent critical points where development of regulatory standards could achieve targeted control of pathogenic hazards. 28

29 1. INTRODUCTION

30 Seaweed meal is a recognised animal feed substrate in the EU (Reg (EC) 68/2013; EC, 2013a). It 31 can provide a supplementary source of energy, proteins, minerals, lipids, vitamins and antioxidants 32 (with-bioactive value) for livestock and aquaculture, and most recently, for the mass production of 33 insect larvae (Rajauria, 2015; Liland et. al., 2017). The concept of insect protein as a sustainable 34 animal feed ingredient has gathered increasing acceptance across Europe and is now permitted in 35 aquafeed within the EU (Reg (EC) 893/2017; EC, 2017a). Recent innovative efforts to combine these 36 two ingredients into aquaculture feed for farmed carnivorous fish has seen advances in the mass production of seaweed-fed black soldier fly larvae (BSFL), Hermetia illucens (L.) (Diptera: 37 38 Stratiomyidae) (Belghit et. al., 2018; Swinscoe et al., 2019). The benefit of feeding insect larvae with 39 seaweeds includes utilizing a renewable feed resource that does not compete with sources of 40 human food or require land use, additional water or industrial fertilization. In Europe, seaweed for 41 animal feed is typically wild harvested from coastal marine waters (Makkar et. al., 2016); however, 42 wild harvested seaweeds can also become colonised by human pathogenic bacteria e.g. species of 43 Vibrio and strains of Escherichia coli (Elbashir et. al., 2018; Quilliam et al., 2014; Mahmud et. al., 44 2007; 2008). Molecular methods have detected Salmonella enterica ser. Typhimurium, V. parahaemolyticus and E. coli O157:H7 on the farmed kelp Saccharina latissima, and potentially 45 46 toxin-producing, spore-forming Bacillus licheniformis and Bacillus pumilus have both been isolated 47 from the cultivated kelps Alaria esculenta and S. latissima (Barberi et. al., 2019; Blikra et. al., 2019). In addition, Cladophora (a freshwater species of macroalgae) has been shown to harbour E. coli, 48 Campylobacter, Shigella, Salmonella and C. botulinum (Byappanahalli et. al., 2009; Ishii et. al., 2006). 49 50 Therefore, before seaweed supplements in BSFL diets can be advocated for mass-reared insect 51 production, critical control points (CCPs) during the production of seaweed-fed BSFL must be identified (Swinscoe et al., 2019) in order to guarantee safety of this novel animal feed if it is to 52 53 enter the human food chain (Reg (EC) 183/2005; EC, 2005).

54 Standardised processing methods in the feed and food industries are key to product quality and safety, but such a system is currently lacking in the seaweed industry. There are also no 55 56 microbiological standards for seaweed meal in the EU, and those for insect processed animal proteins (PAPs) in feed are limited to maximum levels of *Clostridium perfringens*, Salmonella spp and 57 58 Enterobacteriaceae (Reg (EC) 142/2011; EC, 2011). There is limited evidence for Listeria spp. being 59 present on freshly harvested seaweed (Banach et. al., 2020). However, its ubiquity in food and feed 60 processing environments (Carpentier and Cerf, 2011) and resulting opportunity for contamination of 61 feed materials warrants inclusion of L. monocytogenes in inactivation studies of processing effects 62 on seaweed-associated pathogens. Although processing-based interventions for controlling microbial contamination of seaweeds have been explored, e.g. washing and drying (del Olmo et. al., 63 64 2018; Hyun et. al., 2018), the full range of potential microbiological hazards associated with seaweed 65 entering the feed and food chain are not necessarily controlled by existing industrial practices, or 66 accounted for by current feed hygiene regulations.

Typical post-harvest processing of seaweed for animal feed involves (i) washing to remove 67 68 visible epiphytic flora and fauna; (ii) reduction of bulk and water activity (a_w) by hot air drying, which 69 inhibits microbial growth and biochemical degradation; (iii) milling, packaging and storage at room 70 temperature for up to one year. Washing seaweeds however, fails to eradicate coliforms or V. 71 parahaemolyticus, and E. coli can replicate on seaweed during desiccation and storage (del Olmo et. 72 al. 2018; Mahmud et. al. 2008). Importantly, the higher the seaweed drying temperature, the 73 greater the nutritional loss of the seaweed biomass. The industrial drying of seaweeds therefore 74 needs to be balanced between using a temperature that can sufficiently desiccate the seaweed and 75 destroy bacterial contaminants against potential nutritional losses. Nutritional loss occurs through 76 the denaturation of proteins, oxidisation of lipids and the loss of anti-oxidant activity in the seaweed 77 product (Stevant et. al. 2018; Lage-Yusty et. al. 2014; Moreira et. al. 2016; Gupta et. al. 2011).

78 Insect farming to produce animal feed is still a nascent industry in the EU but it is widely 79 acknowledged that the microbiological safety of insects is fundamentally influenced by the hygienic status of their feed (Van der Spiegel et. al., 2013). Autochthonous bacteria and allochthonous 80 81 opportunistic bacteria (including human pathogens) colonise insects either parentally or horizontally 82 from their environment, and are harboured in the insect gastrointestinal tract (GIT), which together 83 with the mouthparts and body surface is the main niche for insect-associated bacteria (Schluter et. 84 al., 2017). Commensal, food spoilage and human pathogenic bacteria, including Enterobacteriaceae, 85 Pseudomonas spp. and Clostridium sp. have been isolated from BSFL (Jeon et. al., 2011; Wynants et. al., 2019). Thus, good manufacturing and hygiene practices (GMP and GHP) specific to each insect 86 species, the feed substrate, the life stage at harvest, and the production environment need 87 88 considerable development as CCPs emerge at which pathogens may be introduced, persist or 89 replicate in the insect product (Van Raamsdonk et. al., 2017). Therefore, the aims of this study were 90 to: (1) Determine colonisation dynamics of a range of human pathogenic bacteria on a combined mixture of submerged brown, red and green seaweeds in an intertidal simulation of exposure to a 91 92 wastewater pollution event. (2) Evaluate the effect of typical industrial processing practices (washing, drying and storage) on the survival of bacteria attached to seaweeds. (3) Assess the 93 survival dynamics of these bacterial contaminants when fed to BSFL as a powdered seaweed feed 94 95 supplement. (4) Identify CCPs where feed manufacturers can target control of bacterial hazards 96 during production of seaweed feed and its application as a feed supplement for the mass rearing of BSFL. 97

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99 2. MATERIALS AND METHODS

100 2.1 Bacteriological safety of processed seaweed (Experiment 1)

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101 A model system of postharvest industrial processing of seaweed was developed involving 102 sequential stages of washing, drying, milling and storage. Sampling for bacteriological quality was 103 conducted at key stages of the process.

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105 2.2 Seaweed material

106 Living, attached intertidal seaweeds of the species Laminaria digitata (Hudson) 107 (Phaeophyceae), Fucus serratus (L.) (Phaeophyceae), Palmaria palmata (L.) (Rhodophyta) and Ulva 108 lactuca (L.) (Chlorophyta), together with seawater from the surf zone, were collected at low tide from Elie, Fife, Scotland (56°11.191'N, 2°48.679'W). Ascophyllum nodosum (L.) (Phaeophyceae) was 109 gathered from Ganavan Bay, Oban, Scotland (56°26'05.1'N, 5°28'51.3'W) a day later. Seaweed was 110 rinsed in tap water for 3 min to remove sand and epiphytic flora and fauna. All seaweed and 111 112 seawater samples were stored at 4 °C and utilised within 24 h. To enumerate background E. coli and 113 total heterotrophic bacteria (THB) associated with the seaweed, 500 g of each species was 114 individually homogenised for 3 min using a hand blender (Bosch MSM6700GB). Four 10 g replicate 115 samples of the homogenate of each seaweed species was added to 10 ml of sterile seawater (sterilised by autoclaving) and vortexed for 1 min. The supernatant was serially diluted using sterile 116 seawater and spread plated onto either Membrane Lactose Glucuronide Agar (MLGA) (CM1031, 117 118 Oxoid) or R2A agar (CM0906, Oxoid) to quantify E. coli and THB respectively. MLGA plates were 119 inverted and incubated at 37 °C for 24 h and R2A plates at 18 °C for 48 h. Seawater samples (n = 4) 120 were shaken and 100 ml vacuum-filtrated through a 0.45 µm cellulose nitrate membrane (Sartorius, Goettingen, Germany). The membrane was transferred to MLGA or R2A plates and incubated as 121 described above. Bacterial concentrations were expressed as CFU (colony forming units) g⁻¹ seaweed 122 (dry matter), or CFU 100 ml⁻¹ seawater. 123

124

125 2.3 Inoculum preparation

126 In addition to commensal E. coli isolated from a beach wastewater outlet, three bacterial 127 pathogens were used in this study: a non-toxigenic serotype of E. coli O157:H7 originally isolated 128 from a farm drain, Listeria monocytogenes from a mushroom production facility and an 129 environmental strain of Vibrio parahaemolyticus. To produce bacterial cells tolerant of seawater for 130 use in our experiments, each bacterial species was added to sterile seawater for 3 h at 10 °C. A 100 131 ml sample (n = 4) was vacuum filtered and the membrane transferred to the relevant selective agar 132 plate. The environmental E. coli was grown on MLGA, and E. coli O157:H7 on Sorbitol MacConkey 133 Agar (SMAC) (CM0813, Oxoid) supplemented with cefixime and potassium tellurite (CT) (SR0172, 134 Oxoid); L. monocytogenes was grown on Listeria Selective Agar (Oxford Formulation) (CM0856, Oxoid) supplemented with Modified Listeria Selective Supplement (Oxford) (SR0206, Oxoid) and V. 135 parahaemolyticus grown on TCBS (Thiosulfate citrate bile salts sucrose agar; CM0333, Oxoid). 136 137 Following incubation at 37 °C for 24 h, single colonies of each species were picked off the plate and 138 E. coli, E. coli O157:H7 and L. monocytogenes individually cultured in Luria-Bertani (LB) broth 139 (CM1018, Oxoid), and V. parahaemolyticus in Alkaline Peptone Water (APW) (CM1028, Oxoid), at 37 140 °C for 18 h at 100 rev min⁻¹. Cells were centrifuged and washed three times in Phosphate Buffered Saline (PBS), and re-suspended in PBS prior to use. 141

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143 2.4 Simulated microbial contamination of pre-harvested seaweed

Fresh samples of *L. digitata, F. serratus, A. nodosum, P. palmata* and *U. lactuca* were combined in equal quantities (40 g each) in 500 ml glass jars (*n* = 32). *L. digitata, F. serratus* and *A. nodosum* were comprised of approximately 10 % stipe and 90 % frond, whereas *P. palmata* and *U. lactuca* consisted of 100 % frond. The stipes and fronds of *L. digitata, F. serratus* and *A. nodosum* were cut into 5 cm lengths to enable accurate weighing of each seaweed species into replicate batches. Eight replicate jars were used for each temperature (room temperature (RT; approx. 20 °C), 40 °C, 50 °C

and 60 °C) of which four replicate jars were inoculated with bacterial pathogens, and four noninoculated jars used to assess pH and the a_w of seaweed.

152 Seawater tolerant cells of E. coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus suspended in PBS were combined and added to 1600 ml of non-sterile seawater. The resulting 153 pathogen-seawater was mixed to ensure even distribution of cells, and the concentration of each 154 bacterial species determined by plating onto selective media as described above (n = 4 for each 155 156 bacterial species). The concentrations of each bacteria in the pathogen-seawater cocktail were as follows: *E. coli* = 6.32×10^9 CFU ml⁻¹; *E. coli* O157:H7 = 7.0×10^9 CFU ml⁻¹; *L. monocytogenes* = 5.9×10^{-1} 157 10^9 CFU ml⁻¹; V. parahaemolyticus = 6.8 x 10^9 CFU ml⁻¹. Aliquots of 200 ml of the contaminated 158 seawater were poured into each of the glass jars (n = 16), which completely submerged the seaweed 159 mixture. Aliquots of 200 ml of non-inoculated non-sterile seawater were poured into each of the jars 160 161 (n = 16) used for pH and a_w measurements. Screw lids were used and all jars secured within a temperature controlled rotating incubator at 100 revs min⁻¹ for 24 h at 20.5 °C ± 3 °C. 162

163 The seawater was removed from each jar using a sieve, and concentrations of the bacteria remaining in the seawater were enumerated on selective media. Bacteria attached to the seaweed 164 were quantified by removing a 10 g seaweed sample from each of the inoculated jars, homogenising 165 166 the sample for 3 min with a hand blender, and vortexing the homogenate in 10 ml of PBS for 1 min. 167 The concentration of all four bacteria suspended in the supernatant were quantified on selective 168 media. In addition, 5 g of seaweed was removed from each of the non-inoculated jars (n = 16), and 169 vortexed for 1 min in 5 ml distilled water to determine the pH using an HI 2550 Multiparameter bench meter (HANNA instruments, Bedfordshire, UK). 170

171

172 2.5 Simulated post-harvest seaweed processing

174 The first stage of industrial post-harvest processing of seaweed involves a washing step after 175 harvesting in order to remove sand and debris. To simulate this, the seaweed from each jar was 176 transferred to a sieve (mesh diameter 1 mm) and rinsed with cold tap water for 1 min. Each seaweed 177 sample was stirred gently using a sterile metal spatula in order to maintain the flow of water 178 through the sieve. The concentration of E. coli, E. coli O157:H7, L. monocytogenes and V. 179 parahaemolyticus still attached to the seaweed post-washing were quantified by homogenisation of 180 the seaweed and plating out onto selective media. The pH of post-washed batches of seaweed from 181 the non-inoculated groups was also measured. Following the washing step, a 10 g sample of seaweed was taken from each replicate jar of the non-inoculated groups, finely chopped to 182 approximately 5 mm^2 and the a_w measured using an AquaLab CX-2 (METER Group, Inc. USA), 183 calibrated with a saturated solution of potassium sulphate, with the cooled mirror dew point 184 185 technique (providing an accuracy of ± 0.005 according to the AquaLab Operator's Manual).

186 The remaining seaweed in each of the eight jars was immediately washed and transferred to 187 individual foil trays measuring 20 (I) x 10 (w) x 5 (d) cm. The seaweed was spread out evenly to an 188 approximate depth of 4 cm and placed in a drying oven at either 40 °C, 50 °C or 60 °C, to simulate 189 the lower end of the range employed in hot air convection or oven drying by the seaweed industry 190 (Gupta et. al. 2011). A temperature logger was placed in the centre of the four non-inoculated 191 seaweed replicate trays. During drying, the actual temperatures achieved were 41.8 °C ± 0.03, 49.1 °C ± 0.14, and 64.2 °C ± 0.21. In addition, eight uncovered trays of seaweed were placed on the 192 193 bench top within the same laboratory to provide a room temperature (RT) treatment (22.7 $^{\circ}$ C ± 194 0.04).

Bacterial concentrations on the inoculated seaweed were enumerated during the drying process at 24, 72, 120 and 168 h, using the methods above with the exception of seaweed dried at 50 °C and 60 °C from 72 h onwards, which was sufficiently desiccated to be ground to a fine powder using a pestle and mortar. To determine bacterial concentrations in this seaweed powder, 2 g of

powder was added to 20 ml of PBS (n = 4), the homogenate vortexed for 1 min, and bacteria enumerated as described above. After 72 h and 168 h drying, the a_w was measured in a 10 g sample of non-inoculated seaweed from each replicate tray, following the method described above, or carried out on the seaweed powder for samples dried at 50 °C and 60 °C.

After 168 h drying, seaweed from all trays was transferred to individual enclosed plastic boxes and stored at RT. Moisture loss from seaweed that had been dried at RT and 40 °C was insufficient to enable the seaweed to be ground to a powder prior to storage. Each seaweed mix from these groups was therefore individually homogenised with no added liquid for 3 min using a hand blender to approximately 5 mm² prior to storage. Seaweed dried at 50 °C and 60 °C was ground to a fine powder (approximately $0.5 - 1 \text{ mm}^2$) using a pestle and mortar prior to storage. After 72 h storage, bacterial concentrations in all seaweed samples were quantified as described above.

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211 2.5 Bacteriological safety of seaweed as BSFL feed (Experiment 2)

213 A simulation of mass rearing of BSFL on feed supplemented with pathogen-contaminated seaweed

214 powder was undertaken. Larvae and the feed substrate were sampled throughout the rearing period

215 up to the point of pre-pupae harvest to assess both the microbial load of the feed and the hygienic

216 status of the larvae.2.7 Preparation of BSF colonies

217 Two colonies of BSF were established from larvae sourced online (livefoodsbypost.co.uk and InternetReptile.com) in insect rearing tents measuring 75 (w) x 75 (d) x 115 (h) cm (BugDorm-2400, 218 bugdorm.com), in a controlled environment walk-in room (Reftech B.V., Netherlands) at 30 °C ± 2 °C, 219 220 a relative humidity of 70 % and a photoperiod of 12 h. One tent contained two 5 L plastic boxes 221 (Addis Ltd., UK) each containing approximately 1000 larvae, which were reared on a 15:3:1 mixture 222 of wheat bran (Harbro Ltd., Aberdeenshire), whey protein (Holland and Barrett International, UK) 223 and fruit and vegetable waste. Every 2 days, feed substrate was supplemented to a depth of 224 approximately 12 cm and 200 ml of water was added. Holes in the base of the containers enabled

225 drainage of excess liquid to prevent waterlogging and anoxic conditions developing in the feed substrate. Within the tent, cardboard boxes containing shredded newspaper provided dark 226 227 sheltered conditions for pupation. Once adult flies emerged, sliced fruit was placed on the surface of 228 the feed substrate and water (< 20 ml) was sprayed into the tent hourly during the day. Corrugated 229 cardboard strips were laid across the feed container above the level of the feed to provide dry 230 crevices in which the female flies laid their eggs. As soon as eggs were observed in a cardboard strip, 231 the strip was transferred to another insect tent and suspended above a tray containing feed substrate comprised of the same ingredients as described above. After hatching, the larvae dropped 232 from the cardboard strip into the substrate, and were harvested for future experiments at 233 234 approximately 1 week old.

235 2.8 Preparation of seaweed powder and inoculation procedure

237 Seaweed and seawater was collected at the same time as above, and stored at 4 °C prior to 238 use. The seaweeds (stipes and fronds) were separated by species, washed clean of visible epiphytic flora and fauna using tap water, and oven dried in single layers in foil trays (22 x 22 x 6 cm) at 50 °C 239 240 for 72 h. Each species of dried seaweed was then ground into a fine powder using a pestle and mortar to pass through a 500 µm sieve. Composite 400 g mixtures (comprised of 80 g each of L. 241 242 digitata, F. serratus, A. nodosum, P. palmata and U. lactuca), were placed in three separate stomacher bags. The seaweed powder in two bags was inoculated with 1.5 L of seawater containing 243 244 E. coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus produced as described above, and the contents of each bag agitated by hand for 5 min to ensure thorough mixing. The initial 245 concentration of each bacterial species in the contaminated seawater was: *E. coli* (6.7 x 10⁹ CFU ml⁻ 246 ¹), *E. coli* O157:H7 (7.15 x 10^9 CFU ml⁻¹), *L. monocytogenes* (7.35 x 10^9 CFU ml⁻¹) and *V.* 247 parahaemolyticus (6.4 x 10⁹ CFU ml⁻¹). The remaining 400 g of seaweed powder was mixed with 1.5 L 248 249 of non-inoculated seawater following the method described above.

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251 2.9 Simulated mass-production of BSFL reared on seaweed supplement

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253 Approximately one week old larvae (n = ~700; mean weight per larvae = 0.0807 g ± 0.004) 254 were removed from the rearing substrate and placed in two empty 5 L plastic boxes (with paper 255 towelling secured over a hole (10 x 10 cm) in the lid to enable gas exchange) for 24 h to allow the 256 larvae to purge their digestive tracts. Twelve 5 L plastic boxes were established each containing 900 257 g of feed substrate (765 g wheat bran and 135 g whey protein). The inoculated dried seaweed 258 powder was added to eight replicate boxes of feed substrate (100 g per box), whilst the remaining 259 four boxes of feed received 100 g of non-inoculated seaweed powder. Each box had 1.6 L of tap 260 water added, and the feed mixture stirred for 5 min to ensure thorough mixing. Larvae were added to four of the feed boxes (n = 80 to each box) containing inoculated seaweed powder. No larvae 261 were added to the remaining four boxes containing inoculated seaweed powder, which represented 262 263 the control. Larvae (n = 80) were added to each of the four boxes containing non-inoculated 264 seaweed powder, which was also used to provide pH measurements. A temperature logger was 265 placed in the centre of the feed within each box containing larvae and non-inoculated seaweed 266 powder. Feed was not replenished during the experiment, although 300 ml of tap water was added 267 to every box (inoculated and non-inoculated groups) on day 3 to maintain feed moisture levels.

268 Sampling of larvae and substrate began at 24 h, and continued daily for 8 days, when the majority of larvae had become pre-pupae. Larvae from the inoculated substrate were sampled by 269 270 removing a scoop of substrate (~100 g) with a metal ladle from each box, removing the first three 271 larvae observed in that material, and returning the substrate to the box. Sterile forceps were used to 272 remove the larvae, which were then anaesthetised with 10 s exposure to CO_2 . Visibly attached feed 273 and frass were removed from the larvae exoskeletons using forceps, and the combined weight of the 274 three larvae was recorded. For each sample, three larvae were homogenised in 1 ml PBS in a 1.5 ml 275 Eppendorf tube using a micro pestle (Anachem Ltd., Bedfordshire, UK), then transferred to a 15 ml tube (Sarstedt, Germany) and a further 1 ml PBS added. The homogenate was vortexed for 1 min, 276 277 and bacteria enumerated as described above. Bacterial concentrations in the substrate were also

quantified at each time point by homogenising 10 g of material, and enumerating bacteria in the
supernatant. Bacterial concentrations in larvae were expressed as CFU larvae⁻¹, representative
substrate samples were dried at 80 °C for 24 h such that bacterial concentrations could be expressed
as CFU g⁻¹ dry matter content.

282

283 2.10 Statistical analyses

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285 Friedman's ANOVAs with pairwise comparisons or step-down follow-up analysis were used to compare water activity (aw) within each treatment, and Kruskal-Wallis analysis examined 286 287 differences in a_w between treatments at each sampling stage. One-way ANOVAs were used to 288 determine the survival capacity of each bacteria in seawater, the attachment efficiency of each 289 bacteria to submerged seaweed, and differences between bacterial levels in seawater and seaweed. 290 Tukey post hoc testing was applied to E. coli and V. parahaemolyticus concentrations. However, 291 Levene's tests indicated that E. coli O157:H7 and L. monocytogenes concentrations violated the assumption of homogeneity of variances, thus Games-Howell post-hoc testing was applied. Changes 292 293 in concentrations of each bacteria between initial levels in the contaminated seawater and 294 concentrations remaining in seawater and attached to seaweed combined after 24 h were examined 295 using t-tests. The effect of washing seaweed on bacterial attachment of E. coli O157:H7 was tested 296 using paired t-tests. The effect of duration of drying at a given temperature and of storage on 297 bacterial concentrations were tested using Friedman's ANOVA as the data were not normally distributed despite log transformation, followed by pairwise comparisons with adjusted p-values or 298 step-down follow-up analysis. Differences between temperature treatments in bacterial 299 300 concentrations on seaweed at each sampling stage during drying were tested using Kruskal-Wallis 301 analysis, with pairwise comparisons or step-down follow-up analysis. A Mauchly's test following a split-plot ANOVA to examine changes in seaweed pH between and within treatments indicated 302 303 violation of the assumption of sphericity, therefore Greenhouse-Geisser tests were used.

304	Bacterial concentrations associated with larvae, their substrate and the larvae-free control
305	substrate over time were analysed using split-plot ANOVAs, followed by Bonferroni post hoc tests.
306	Changes in pH of the non-inoculated feed were tested with a repeated measures ANOVA with
307	Bonferroni post hoc testing. All analyses were conducted using SPSS 21.0 software (SPSS Inc.
308	Chicago, IL, USA).
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310	3. RESULTS
311 312	3.1 Background bacteriological status of seaweed and seawater
313	
314	<i>E. coli</i> was not detected on the freshly harvested seaweed used in both Experiments 1 and 2,
315	and was present at a very low concentration (< 10 CFU 100 ml $^{-1}$) in the seawater from which the
316	seaweed was harvested. Total heterotrophic bacteria were present in low abundance on all species
317	of seaweed and in seawater, the highest concentrations being detected on L. digitata and in
318	seawater (data not shown).
319	
320	3.2 Bacteriological safety of processed seaweed
321	3
322	After 24 h in a rotating incubator at room temperature (20.5 °C \pm 3 °C), concentrations of <i>E</i> .
323	coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus in the seawater had fallen by ~ 2
324	log ₁₀ CFU, and E. coli and E. coli O157:H7. Cell concentrations in seawater and on seaweed are
325	provided in Table 1. The concentration of all four bacteria associated with the seaweed significantly
326	increased ($P < 0.05$ in all cases) after it had been washed under running tap water (Table 2).
327	However, washing seaweed after 24 h submergence in seawater did not affect seaweed pH.
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336	Table 1. The concentrations of E. coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus in
337	the pathogen-seawater cocktail before the addition of seaweed, compared with the seawater and
338	seaweed after 24 h (note different units for seawater and seaweed). Within each row, data points
339	that do not share a letter are significantly different from each other (applicable to water treatments
340	only). Data points are the mean of 16 replicates ± SE.

	After 24 h		
Artificially contaminated	Seawater	Seaweed	
seawater (log ₁₀ CFU ml ⁻¹)	$(\log_{10} \text{CFU ml}^{-1})$	(log ₁₀ CFU g ⁻¹)	
6.31 ± 0.1 ª	4.62 ± 0.1 ^b	6.83 ± 0.05	
7.0 ± 0.04 ^a	4.51 ± 0.1 ^b	6.8 ± 0.1	
5.88 ± 0.03 °	4.06 ± 0.07 ^b	5.01 ± 0.4	
6.8 ± 0.2^{a}	4.4 ± 0.1 ^b	5.3 ± 0.2	
	seawater $(\log_{10} \text{ CFU ml}^{-1})$ 6.31 ± 0.1 ^a 7.0 ± 0.04 ^a 5.88 ± 0.03 ^a	Artificially contaminated Seawater seawater (log_{10} CFU ml ⁻¹) (log_{10} CFU ml ⁻¹) 6.31 ± 0.1^{a} 4.62 ± 0.1^{b} 7.0 ± 0.04^{a} 4.51 ± 0.1^{b} 5.88 ± 0.03^{a} 4.06 ± 0.07^{b}	

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349	Table 2. Concentrations of E. coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus
350	attached to seaweed before and after seaweed was washed. Within each row, data points that do
351	not share a letter are significantly different from each other. Data points are the mean of 16
352	replicates ± SE.

Bacteria	Pre-wash ($\log_{10} CFU g^{-1}$)	Post-wash (log ₁₀ CFU g ⁻¹)
E. coli	6.84 ± 0.05 ^a	7.24 ± 0.08 ^b
E. coli O157:H7	6.8 ± 0.10 ª	7.21 ± 0.20 ^b
L. monocytogenes	5.01 ± 0.40^{a}	5.83 ± 0.07 ^b
V. parahaemolyticus	5.3 ± 0.20^{a}	5.62 ± 0.20 ^b

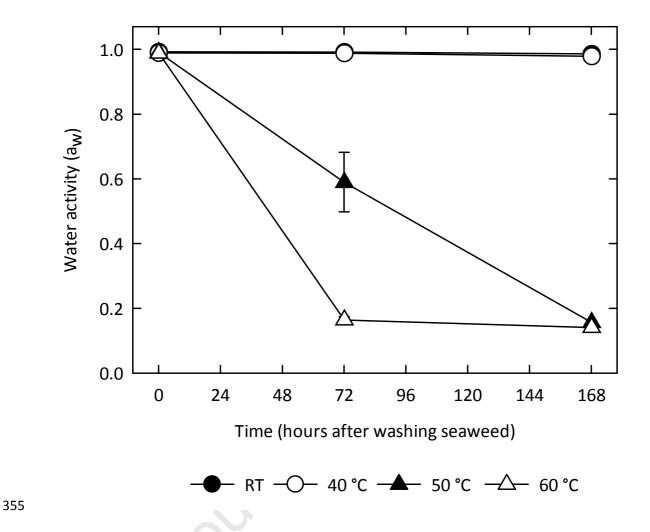


Figure 1. Water activity (a_w) in seaweed after washing and drying at RT (room temperature), 40 °C,
50 °C and 60 °C for 72 h and 168 h. Data points are the mean of four replicates ± SE.

The a_w of seaweed dried at room temperature or at 40 °C did not significantly change during the drying process, whereas by 72 h and 168 h the a_w of seaweed dried at 50 °C and 60 °C had significantly decreased (P < 0.05) (Fig. 1). At room temperature, the desiccation of seaweed had no effect on the concentrations of *E. coli* or *E. coli* O157:H7 over the drying period (Fig. 2a and c), whereas the concentration of both *L. monocytogenes* and *V. parahaemolyticus* significantly increased (P < 0.05) during the drying process (Fig. 2e and g). Drying seaweed at 40 °C also had no effect on concentrations of *E. coli* attached to the seaweed (Fig. 2a); however, drying at 50 °C or 60

³⁶⁶ °C resulted in significant *E. coli* die-off to undetectable levels by 168 h or within 24 h respectively (*P* < 367 0.05). Subsequent storage of the seaweed for 72 h did not affect *E. coli* levels, regardless of the 368 temperature at which the seaweed had previously been dried, and although *E. coli* grew during 369 storage from undetectable levels to ~2 \log_{10} CFU in seaweed previously dried at 50 °C, this was not a 370 significant increase (Fig. 2b).

Drying seaweed at 40 °C and 50 °C led to significant *E. coli* O157:H7 die-off to undetectable levels after 168 h (*P* < 0.05), whilst drying seaweed at 60 °C resulted in rapid die-off of the pathogen by 24 h (Fig. 2c). Storage for 72 h had no effect on pathogen levels in seaweed dried at 40 °C or 60 °C, which remained undetectable in both cases, or in seaweed dried at room temperature (Fig. 2d). Growth of *E. coli* O157:H7 was detected in stored seaweed, which had been dried at 50 °C, though this was not a significant increase.

377 L. monocytogenes survival on seaweed was significantly reduced by ~5 log₁₀ CFU between 72 h and 120 h by drying at 50 °C (P < 0.05) (Fig. 2e). L. monocytogenes survival on seaweed was 378 unaffected by drying at 40 °C or 60 °C (Fig. 2e) and persisted at ~3 log₁₀ CFU after 168 h of drying at 379 380 60 °C (Fig. 2e). Storage for 72 h did not alter levels of L. monocytogenes attached to the seaweed, 381 regardless of the previous drying temperature (Fig. 2f). Drying at 40 °C significantly decreased the 382 concentration of V. parahaemolyticus from ~6 \log_{10} CFU to ~1 \log_{10} CFU after 168 h (P < 0.05) (Fig. 383 2g). V. parahaemolyticus was undetectable on seaweed following 168 h drying at 50 °C (P < 0.05), 384 and after the first 24 h at 60 °C (P < 0.05). Storage for 72 h did not affect V. parahaemolyticus levels, regardless of the temperature at which the seaweed had previously been dried (Fig. 2h). During 385 drying, the pH of the seaweed dried at RT, 40 °C, 50 °C and 60 °C significantly increased from ~pH 6.5 386 387 to ~pH 7.5 (P < 0.05). However, after 72 h storage, seaweed dried at all temperatures with the 388 exclusion of the 40 °C treatment became more acidic (P < 0.05).

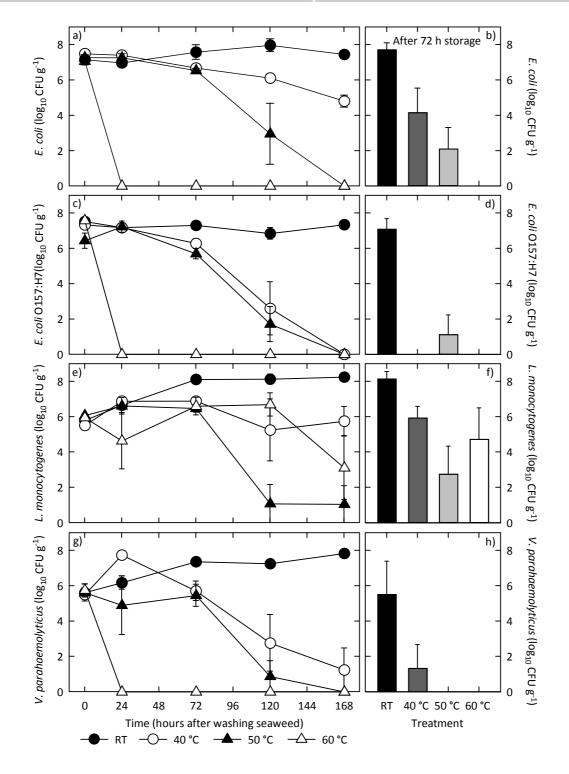




Figure 2. Survival of *E. coli* (a), *E. coli* O157:H7 (c), *L. monocytogenes* (e) and *V. parahaemolyticus* (g) on seaweed during drying at room temperature (filled circle), 40 °C (open circle), 50 °C (filled triangle) and 60 °C (open triangle). All seaweed samples had been washed just prior to the drying process beginning. Following the drying process all seaweed samples were stored for 72 h and pathogen survival enumerated again (b, d, f, h). Data points are the mean of four replicates ± SE.

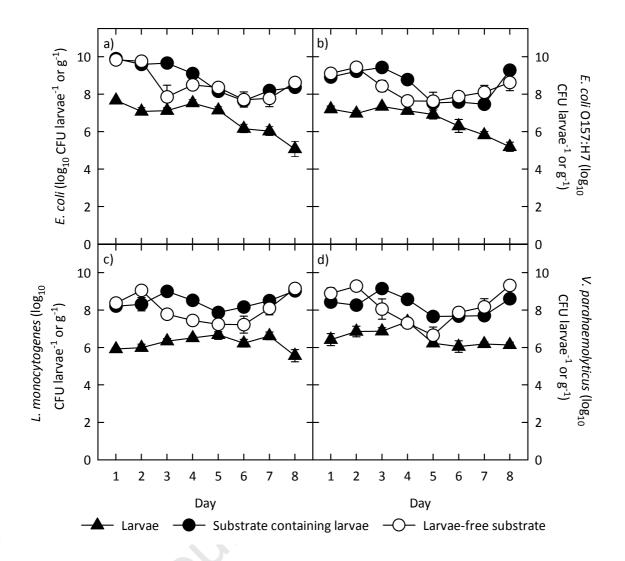
395 3.3 Bacteriological safety of seaweed as BSFL feed

397 The mean weight of individual larvae significantly increased from 0.12 ± 0.01 g on day 3 to 398 0.26 ± 0.005 g on day 5 (P < 0.05), although the onset of pre-pupation from day 6 led to an overall 399 decline in average weight. Water content in the inoculated substrate containing larvae was 400 significantly lower than in substrate with no larvae (P < 0.05). In general, the concentrations of E. 401 coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus associated with BSF larvae were 402 significantly lower than in the substrate throughout the entire sampling period (Fig. 3a-d). However, 403 whilst the concentration of E. coli and E. coli O157:H7 associated with larvae significantly fell over 404 the 8 days (P < 0.05), the larval loads of L. monocytogenes and V. parahaemolyticus did not change 405 over the same period (Fig. 3a-d). In the absence of larvae, concentrations of E. coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus in the feed substrate decreased significantly on day 2 (P 406 < 0.05 in all cases); consequently, all four bacteria were $1 - 2 \log_{10}$ CFU higher in substrate in which 407 larvae were present on days 3 and 4 (P < 0.05) (Fig.3a- d). The pH of non-inoculated feed in the 408 presence of larvae significantly increased from 3.6 ± 0.11 on day 1 to 6.4 ± 0.13 by day 8 (P < 0.05). 409

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Figure 3. Concentration of *E. coli* (a), *E. coli* O157:H7 (b), *L. monocytogenes* (c) and *V. parahaemolyticus* (d) associated with BSFL (filled triangle), the substrate containing the BSFL (filled
circle) and the larvae-free substrate (open circle). Data points are the mean of four replicates ± SE.

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418 4. DISCUSSION
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420 4.1 Bacteriological safety of processed seaweed

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This study demonstrates that the current post-harvest processes of washing and drying seaweed intended for animal feed can fail to eradicate (and can even encourage the survival of) *E. coli* and selected human pathogenic bacteria if seaweed has a high level of contamination at the

425 point of seaweed harvest. The inadequacy of these manufacturing practices therefore, can result in a 426 dried seaweed product in which human pathogenic bacteria can persist during storage, although 427 survival will be variable depending on the stain or species of the pathogen. Our results have 428 highlighted that the industry objective of maximising the nutritional benefits of seaweed by 429 minimising the drying temperature comes at the cost of ensuring a microbiologically safe product.

430 E. coli, E. coli O157:H7, L. monocytogenes and V. parahaemolyticus all attached to submerged senescing seaweed, which has not been previously shown for L. monocytogenes in the 431 432 natural environment. The persistence of these pathogens in seawater and their attachment to 433 seaweed reflect their biofilm-forming ability and subsequent increased tolerance to the osmotic 434 stress of seawater. The diversity of seaweed-associated bacterial biofilms can differ seasonally, between seaweed species sharing the same habitat, and may diverge from the surrounding 435 436 planktonic bacterial communities (Bengtsson et. al., 2010; Singh and Reddy, 2014; Lachnit et. al., 437 2009). Improved practices in the cleaning and processing of commercially targeted seaweed species 438 (del Olmo et. al., 2018), rather than sole reliance on water quality management at harvesting sites, 439 will therefore enable better control of seaweed-associated pathogen risks to consumers. Biofilm 440 formation on the seaweed by the four bacteria would also have contributed to the inefficiency of the 441 cleaning stage, and V. parahaemolyticus in particular can resist removal from seaweed by washing, 442 (Mahmud et. al., 2007). Free chlorine is present in most tap water at concentrations typically within the 0.2 - 1 mg/L range (WHO, 1996), which is capable of killing planktonic E. coli O157:H7 cells (Shen 443 et. al., 2013). However, any such reduction of seaweed-associated bacterial concentrations is likely 444 445 to have been offset by neutralisation of free chlorine due to rapid reaction with seaweed exudates 446 (Shen et. al., 2013). Mechanically cutting the seaweed would have released sugars, such as mannitol, 447 which may also have facilitated the growth of these pathogens in otherwise stressful conditions. For 448 example, E. coli replication in Cladophora leachate has been shown to positively correlate with leachate concentration (Byappanahalli et. al., 2003). Furthermore, multi-species biofilms, as utilised 449 in this study, can resist chlorine disinfectant effects to a greater degree than can mono-species 450

451 biofilms (Schwering *et. al.*, 2013). Increasing the duration of the washing step therefore, is not likely
452 to have improved the effectiveness of pathogen removal.

453 During the drying of seaweed at \geq 50 °C, the a_w of the feed material was reduced. Die-off of 454 E. coli, E. coli O157:H7 and V. parahaemolyticus due to 50 °C heat stress was delayed compared with 455 more rapid bacterial inactivation occurring at 60 °C, probably as a result of a_w levels that allowed microbial survival within the first 72 h. L. monocytogenes exhibited poorer heat resistance at 50 °C 456 457 compared with the 60 °C treatment, most likely a result of the a_w being insufficiently low in the first 72 h to protect the bacterial cells from 50 °C heat damage. Drying seaweed at 60 °C had no effect on 458 459 L. monocytogenes, which is Gram-positive and therefore relatively desiccation tolerant, yet within 24 460 h led to log-linear inactivation of the more desiccation intolerant Gram-negative E. coli, E. coli O157:H7 and V. parahaemolyticus populations to undetectable levels. 461

462 Attaining a long shelf-life for seaweed meal by preventing microbial decay through desiccation is 463 reliant on achieving a well-controlled and homogenous drying treatment; however, the temperature within convection ovens can vary significantly resulting in non-uniform heat dispersion throughout 464 the product (Bonazzi and Dumoulin, 2011; Roos et. al., 2018). In addition, the high salt content of 465 seaweed may inhibit bacterial growth due to its disruptive effect on the osmotic balance of cells, 466 467 whilst also contributing to the lowering of a_w and thus the thermal resistance of bacterial cells, 468 particularly L. monocytogenes (Burgess et. al., 2016). Despite these confounding factors, reduction 469 of some key bacterial contaminants even from high initial concentrations in seaweed during the 470 drying CCP is possible in order to attain control of bacterial growth during the storage CCP of the 471 product. Although higher drying temperatures achieve shorter drying times (Chenlo et. al., 2018), 472 drying seaweed at a lower temperature retains a higher proportion of nutritional properties within 473 the final seaweed product adding value to animal feed (Sappati et. al., 2018). Our results have 474 shown that with the exception of L. monocytogenes, drying temperatures of 60 °C exert a lethal

effect on pathogens sufficiently rapidly to circumvent the property of thermal resistance of bacterial
cells by a low a_w and prevent re-emergence of the bacteria in stored feed.

477 Growth from previously undetectable levels of E. coli and E. coli O157:H7 in seaweed powder 478 stored at ambient temperature following 50 °C drying suggests that, in favourable conditions, 479 bacteria were able to replicate, or that viable but non-culturable (VBNC) cells were able to recover 480 culturability (Orruno et. al., 2017). The storage bags were not airtight, which would have allowed the 481 dried seaweed powder to absorb atmospheric moisture and thus increase the a_w (Hyun *et. al.*, 2018). 482 If bacterial cells do enter a VBNC state during the processing of low moisture feed, there is the 483 potential for prolonged survival and subsequent growth under favourable conditions further along 484 the processing chain. This is of particular concern for pathogens with a low infective dose such as E. coli O157:H7, where a relatively small number of persistent cells can pose a significant public health 485 486 risk (Esbelin et. al., 2018). Application of 72 °C heat for 2 minutes is generally considered to assure 487 sterilisation of food products contaminated with Listeria spp. (Smelt and Brul, 2014). Future 488 assessments are needed to quantify the growth potential of pathogenic bacteria over an extended 489 duration, e.g. the typical one year shelf life of dried seaweed powder, to fully appreciate the risk of 490 pathogen persistence in seaweed feed.

491 Although not considered in this study, it is important to note that the microbiota of brown, red 492 and green seaweeds are often dominated by the bacterial genus Bacillus (del Olmo et. al., 2018). 493 Spore-forming bacteria are causative agents of foodborne disease, ubiquitous in the natural and 494 food production environments, and highly resistant to processing stresses (Wells-Bennik et. al., 495 2016). It has for example been shown that application of 80 °C heat to the edible brown seaweeds 496 Alaria esculenta and Saccharina latissima for 30 minutes failed to inactivate toxin-producing, spore-497 forming B. lichenformis and B. pumilus (Blikra et. al., 2019). Spore inactivation in food material requires application of > 95 °C heat, far above the 40 °C drying temperature favoured by the 498 499 seaweed industry for nutrient retention (Gupta et. al., 2010).

500 4.2 Microbial safety of seaweed as BSFL feed

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502 This study has shown that BSFL can become rapidly contaminated (attachment to the 503 exoskeleton and via GIT recontamination) from their feed substrate, indicating that at the point of 504 harvest a decontamination step would be required. The high concentrations at which bacteria were 505 inoculated into the substrate (which is comparable to using seaweeds that had been dried at low 506 temperatures) prevented the BSFL from reducing their internal pathogen loads at the point of 507 harvest. However, BSFL exhibited a capacity to suppress larval-associated E. coli strains, indicating a 508 potential to clear these bacteria from the GIT if ingested at lower concentrations. In this study, the 509 concentration of bacteria associated with the larvae was less than the substrate throughout the 510 rearing period, which may indicate effective digestion, inactivation, or antimicrobial action in the larval GIT (Wynants et. al., 2018a). The expression of antimicrobial peptides (AMP) by BSFL is 511 512 particularly marked when fed protein-rich diets such as that provided in this study, and larvae can 513 adapt the diversity of their AMP in response to the microbiome of their environment, enabling them 514 to exploit diverse diets (Vogel et. al., 2018). The decline in larvae-associated E. coli and E. coli 515 O157:H7 loads during larval development to pre-pupation could reflect selective inactivation of ingested E. coli strains in the larval GIT via exposure to increasing levels of GIT antimicrobials 516 517 (Wynants et. al., 2018a; Engel and Moran, 2013; De Smet et. al., 2018). Importantly, neither E. coli 518 nor any of the pathogenic bacteria colonised or accumulated in the larval GIT during rearing.

The concentrations at which the four bacteria were introduced to the seaweed powder supplement far exceeded the levels persisting in the stored seaweed powder following drying at 50 °C. The concentration of bacterial contaminants in insect feed may overwhelm GIT antibacterial action or outcompete native GIT microbiota, and may thus enable colonisation (and subsequent growth) of the pathogen in larval GITs (Wynants *et. al.*, 2019). This may explain the persistence *L. monocytogenes* and *V. parahaemolyticus* at high concentrations in the BSF larvae, particularly if these bacterial species were not selectively inactivated in the BSFL GIT, although in this study GIT

colonisation was not demonstrated. In this study, pathogenic bacteria may not be eliminated by either gut voidance during metamorphosis into pre-pupae, or by 48 h starvation of larvae free of contact with their faeces prior to harvesting (Wynants *et. al.*, 2017). Furthermore, the spore-forming *B. cereus* is a typical member of BSFL GIT microbiota, and therefore if ingested in feed via a contaminated seaweed supplement, this pathogen may not be inactivated, and may even replicate, in the GIT (Jeon *et. al.*, 2011). Therefore, sterilisation of the larvae meal and lipids during subsequent processing steps is recommended.

The hydration of the inoculated substrate with tap water potentially containing free chlorine is 533 534 likely to have had a negligible effect on such high pathogen concentrations present in the feed and 535 therefore in the larvae. Furthermore, in the acidic conditions of the substrate, chlorine may have been largely present in the hypochlorous acid form; this reacts rapidly with organic matter to form 536 537 combined chlorine compounds, which exhibit limited antimicrobial activity (Delaquis et. al., 2004). 538 During this trial, the pH of the larval feed increased from acidic to near neutral, which is associated 539 with the release of ammonia from BSFL excretion (Rehman et. al., 2017). However, all three 540 pathogens seemed to overcome the inhibitory effects of this change in pH environment.

541 A global increase in human Vibrio infections are associated with increased sea surface 542 temperatures (Vezzulli et. al., 2015), and may be exacerbated by an increased risk of Vibrio spp 543 associated with seaweed entering human food chains via its use as feed and food. Bacteriological 544 criteria for pathogenic Vibrio spp. in seaweed-fed insects, particularly for species enriched in 545 seaweed-sourced omega-3 for direct human nutrition, should be established for products before 546 they leave the food-processing environment. Vibrio spp. are rare in most edible insect but have been 547 detected in edible giant water bugs and mealworm frass (Osimani et. al., 2018a and 2018b). 548 Seaweed growing in coastal waters and harvested for feed and food may also pose a public health 549 risk as reservoirs of terrestrial and aquatic sources of multi-antimicrobial resistant (AMR) bacteria.

550 Antibiotic residues in feed may be one explanation for the occurrence of AMR genes in industrially 551 reared mealworms and crickets (Vandeweyer *et. al.,* 2019).

552 Pathogen levels in feed are a function of the ability of the specific bacteria to tolerate and adapt to the intrinsic nature of the feed material, and the physio-chemical stresses incurred during 553 554 processing of the product. The introduction of seaweed-fed insect larvae as a novel aquafeed ingredient will expand the feed resource base and contribute to future-proofing sustainability of the 555 556 animal-based feed and food chain, but inadequate control of bacterial pathogens in the feed could ultimately pose health risks to the farmed animal and/or human consumers. Understanding 557 opportunities for microbial contamination and growth at critical stages of the farm-to-fork 558 559 continuum is key to microbiological risk reduction. As with traditional animal feed, quality control of pre-harvest seaweed as part of good agricultural practice should be seen as the principle means by 560 561 which the feed industry can control the potential presence of seaweed-associated pathogenic 562 bacteria in BSF pre-pupae.

563 5. CONCLUSION

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Ensuring production of safe novel animal feed ingredients requires understanding of both the 565 566 specific bacterial hazards associated with the novel ingredients, and the response of those bacteria 567 to abiotic and biotic processing stresses. Persistence in seawater, and rapid colonisation of brown, 568 red and green seaweeds, by some key human pathogens, indicates that water quality at seaweed 569 harvesting sites should be managed as part of Good Agricultural Practice (GAP) as the first line of 570 defence to reduce the overall contamination load at the start of the production chain. In the 571 seaweed feed sector, washing and drying seaweed are not intended or expected to remove bacterial 572 contaminants, but low temperature desiccation favoured by the industry encourages pathogen 573 persistence and growth during storage. This indicates a need for industry-wide adoption of a 574 minimal seaweed drying temperature-time-aw treatment to guarantee product quality during its 575 shelf life. Seaweed feed, like all raw feed materials, represents a potential source of bacteriological

hazards which must be managed through GMP and GHP in insect production. The bacteriological risk
profile of BSFL and other insects using seaweed as a feed supplement will reflect the unique
dynamics between insect species and bacterial species and strains. Development of robust HACCP
guidelines, and improved GAP, bacteriological standards and GMP, for each stage of the production
chain will encourage regulatory and commercial acceptability of seaweed-fed insects for both feed
and food.

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Drying seaweed at low temperatures retains its nutritional properties Nutritional benefits of insect larvae can be improved by dietary inclusion of seaweed Lower drying temperatures risks pathogen carry-over into insects destined for feed Black soldier fly larvae fed seaweed can become contaminated with human pathogens Industry-wide regulation needed before seaweed-fed insects promoted as feed and food

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Declaration of interests

 \boxtimes The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

⊠The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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