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Aberrant DNA Methylation of Imprinted Loci in Male and Female Germ Cells of Infertile Couples

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1. Introduction

Recent studies have identified an increased incidence of the normally rare imprinting disorders, Beckwith-Wiedemann syndrome (BWS; NIM130650) and Angelman syndrome (AS; NIM105830), in ART babies (DeBaun et al., 2003; Gosden et al., 2003; Maher, 2005). The identification of epigenetic changes at imprinted loci in ART babies has led to the suggestion that the technique itself may predispose embryos to acquire imprinting errors. Both *in vitro* fertilization (IVF) and intracytoplasmic sperm injection (ICSI) are associated with the increased risk of imprinting disorders and it is not clear at what point these imprinting errors arise (Bowdin et al., 2007; Doornbos et al., 2007).

Genomic imprinting confers different functions on the two parental genomes during development by silencing one allele of each imprinted gene in a parent-of-origin dependent manner (Ohlsson et al., 1998; Reik and Walter, 1998; Surani, 1998; Tilghman, 1999). Imprinting accounts for the requirement of both maternal and paternal genomes in normal development and plays significant roles in regulating embryonic growth, placental function and neurobehavioral processes (McGrath and Solter, 1984; Surani et al., 1984). Aberrant expression of some imprinted genes has been linked to a number of human diseases, developmental abnormalities and malignant tumors (Paulsen and Ferguson-Smith, 2001). The epigenetic modifications that are imposed during gametogenesis act as primary imprint markers to distinguish the maternal and paternal alleles (Surani, 1998). The most likely candidate for the gametic mark is DNA methylation. Allele-specific DNA methylation has been observed in the vicinity of most imprinted genes. In some instances, the methylation is present on the inactive gene, suggesting a role for DNA methylation in silencing of the gene

(Figure 1). DNA methylation is both a heritable and reversible epigenetic modification that is stably propagated after DNA replication. In order to transmit this epigenetic mark from one generation to the next, the imprints have to be erased in the primordial germ cells (PGCs) (Hajkova et al., 2002; Lee et al., 2002) and re-established during gametogenesis in a sex-specific manner (Figure 2).

Major epigenetic events take place during female and male germ cell development and the preimplantation stages of embryonic development (Lucifero et al., 2004a). *In vitro* culture may expose the genome to environmental factors that prevent the proper establishment of the DNA methylation. However, the risks cannot easily be evaluated for ART because patients who receive ART may differ both demographically and genetically from the general people. Usually, patients requesting ART have a low fertility rate, an increased reproductive loss rate and are of advanced age, all of which are associated with various fetal and neonatal abnormalities. These confounding factors make it difficult to evaluate the risk and safety of ART procedures.

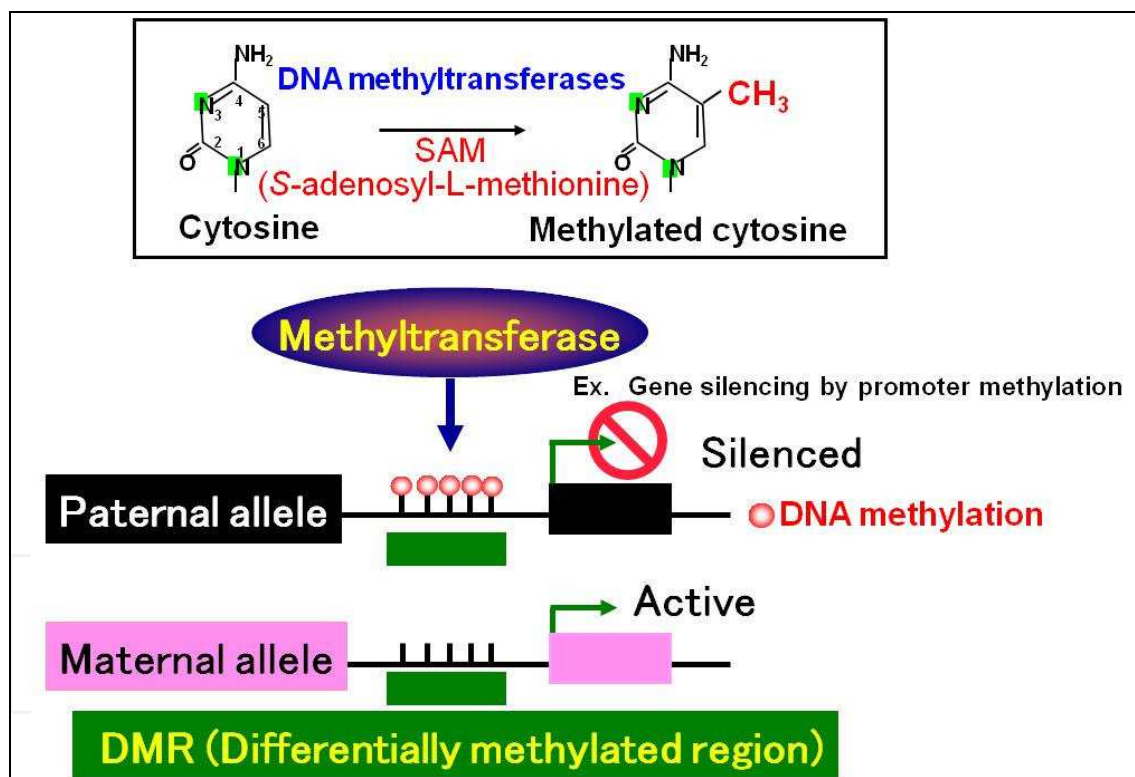


Fig. 1. The regulation of imprinted gene by DNA methylation.

DNA cytosine methylation (methyltransferase) regulates imprinted gene expression. Differentially methylated regions (DMRs) are commonly associated with imprinted genes.

Genomic imprinting is a gamete-specific modification (DNA methylation) that causes differential expression of the two parental alleles. An imprint starts by a gametogenesis process, and it is maintained for stability up to a somatic cell. In addition, it is erased in a primordial germ cell.

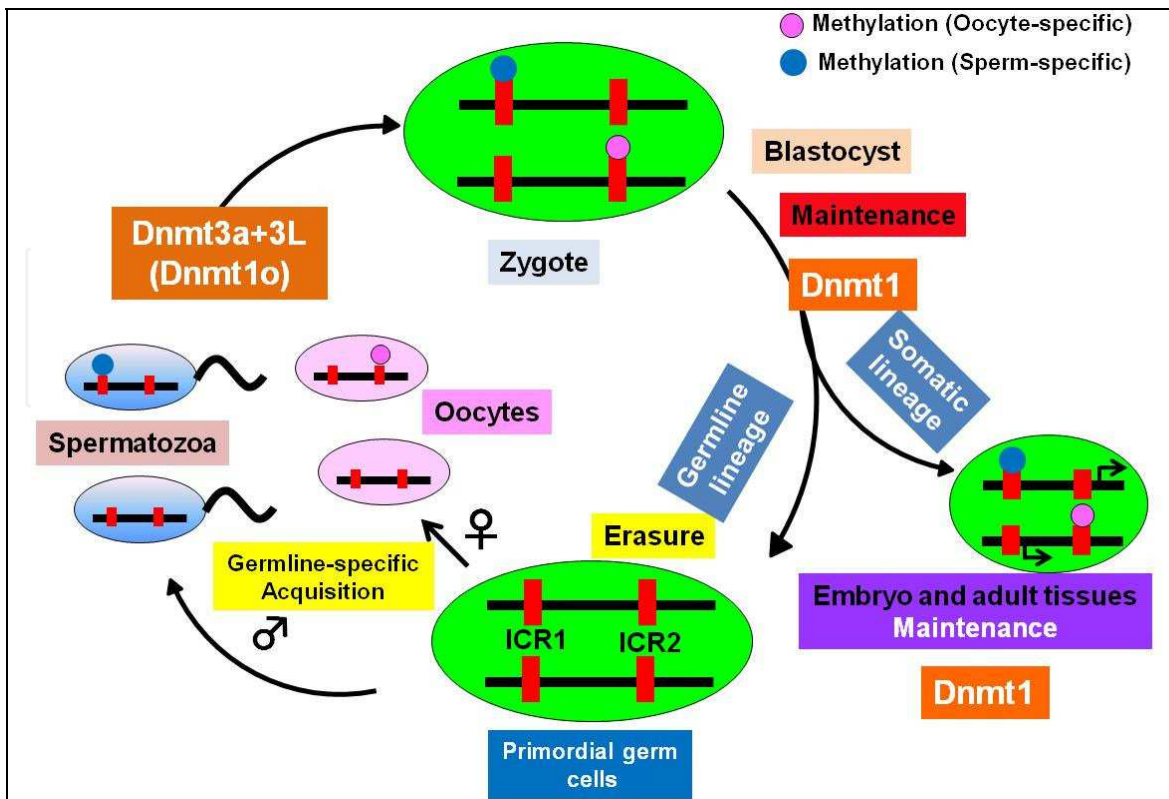


Fig. 2. Imprinted process through the life cycle.

ART involve the isolation, handling and culture of gametes and early embryos, generally after hormone stimulation protocols (superovulation), at a time when the epigenetic marks at imprinted loci are relatively malleable and therefore potentially vulnerable to external influences. Epigenetic marks appear to be at risk during several stages of the ART procedures including the superovulation, various culture mediums, cryopreservation and embryo transfer. Our recent work, and that of others, suggests the possibility that infertile men, particularly those with oligozoospermia, carry imprinting errors in their sperm (Kobayashi et al., 2007; Marques et al., 2004; Marques et al., 2008). Therefore the increase in the incidence of imprinting disorders in individuals born by ART may be due, in some cases, to the use of this sub-optimal sperm.

2.1 Aberrant of DNA methylation imprint in superovulation oocytes

Imprinted genes are particularly vulnerable targets for numerous human pathologies since single genetic or epigenetic changes can deregulate their function. Epigenetic mark, DNA methylation is found associated with only one parental allele within discrete locations known as differentially methylated regions (DMRs) (Figure 1)(Surani, 1998). The acquisition of DNA methylation at these key regions occurs primarily in the parental germ line during male and female gametogenesis and is thought to direct the imprinting process (Lucifero et al., 2002; Obata and Kono, 2002).

The acquisition of the imprint methylation marks is significantly different between the two germ lines. In the male germ line, *H19*, *Rasgrf1* and *Gtl2* methylation imprints are initiated prenatally during embryonic germ cell development and are complete by the pachytene

phase of postnatal spermatogenesis in mice (Davis et al., 1999; Davis et al., 2000; Li et al., 2004; Ueda et al., 2000). In contrast, in the female line, the maternal methylations, such as *Igf2r*, *Snrpn*, *Peg1*, *Peg3* etc. methylations, are acquired asynchronously in a gene-specific manner, while oocytes are arrested at prophase I and transitioned from primordial to antral follicles during the postnatal growth phase (post-pachytene) (Lucifero et al., 2004b). Nuclear transplantation using postnatal oocytes at various stages of maturation point to this same window of oocyte development as the time when functional imprints are acquired (Bao et al., 2000; Obata and Kono, 2002).

Much debate has recently surrounded the issues of possible epigenetic alterations brought about by human ART (Lucifero et al., 2004a). One of the important issues is artificial induction of ovulation with high doses of gonadotrophins (superovulation). In the ART procedures, a large amount of gonadotrophins are usually used to obtain the mature oocytes. It is uncertain whether exogenous gonadotrophins alter the maturation process of eggs or the physiological environment of the uterus. Studies in animals have suggested that superovulation decreases the viability of embryos (McKiernan and Bavister, 1998; Van der Auwera and D'Hooghe, 2001). We and others showed the occurrence of methylation errors on several imprinted genes in full growing oocytes due to superovulation in humans and mice, which will help to estimate the safety of artificial induction of ovulation (Market-Velker et al., 2010; Sato et al., 2007). Under controlled ovarian stimulations, immature oocytes are collected. These oocytes are usually discarded due to the possibility of abnormal embryonic development or an increased rate of abortion (Smith et al., 2000). However in cases of poor responders and in patients with an unsynchronized cohort of follicles, where the presence of immature oocytes is frequent after stimulation the use of immature oocytes for IVF is important in order to increase the number of embryos obtained in each cycle. In addition, *in vitro* matured (IVM) oocytes and some devices of maturation might be a significant risk of the imprinting diseases.

2.2 Aberrant of DNA methylation imprint in oligospermic patients

In mice, paternally methylation imprints are initiated prenatally during embryonic germ cell development. In humans, limited information is available on the methylation status of imprinted genes during gametogenesis and embryogenesis. During normal spermatogenesis, the erasure of methylation marks of the maternally imprinted gene *SNRPN* (Manning et al., 2001) and the resetting of the paternally imprinted gene *H19* (Kerjean et al., 2000; Marques et al., 2004) have been reported to be completed before germ cells enter meiosis. We and other reported that there was abnormal imprinting in oligospermic patients and in a small number of the normospermic patients (Marques et al., 2004). We examined the DNA methylation status of seven imprinted genes using a combined bisulphite polymerase chain reaction (PCR) restriction analysis and sequencing technique on

We examined the DNA methylation status of several imprinted genes using a combined bisulphite (PCR) restriction analysis and sequencing technique on ejaculated sperm DNA obtained from infertile men. We found abnormal methylation of the paternal imprint in 14.4% and an abnormal maternal imprint in 20.6%. The majority of these doubly defective samples were in men with moderate or severe oligospermia. These abnormalities were specific to imprinted loci since we found that global DNA methylation was normal in these

samples (Kobayashi et al., 2007). In our sperm analysis, we found incomplete methylation; normospermia in 15.2%, moderate oligospermia in 37.5% and severe oligospermia in 80% (Figure 3). These results reveal that abnormal spermatogenesis (leading to low sperm counts) is associated with a defective imprint methylation. 14.4% and an abnormal maternal imprint in 20.6%. The majority of these doubly defective samples were in men with moderate or severe oligospermia. These abnormalities were specific to imprinted loci since we found that global DNA methylation was normal in these samples (Kobayashi et al., 2007). In our sperm analysis, we found incomplete methylation; normospermia in 15.2%, moderate oligospermia in 37.5% and severe oligospermia in 80% (Figure 3). These results reveal that abnormal spermatogenesis (leading to low sperm counts) is associated with a defective imprint methylation.

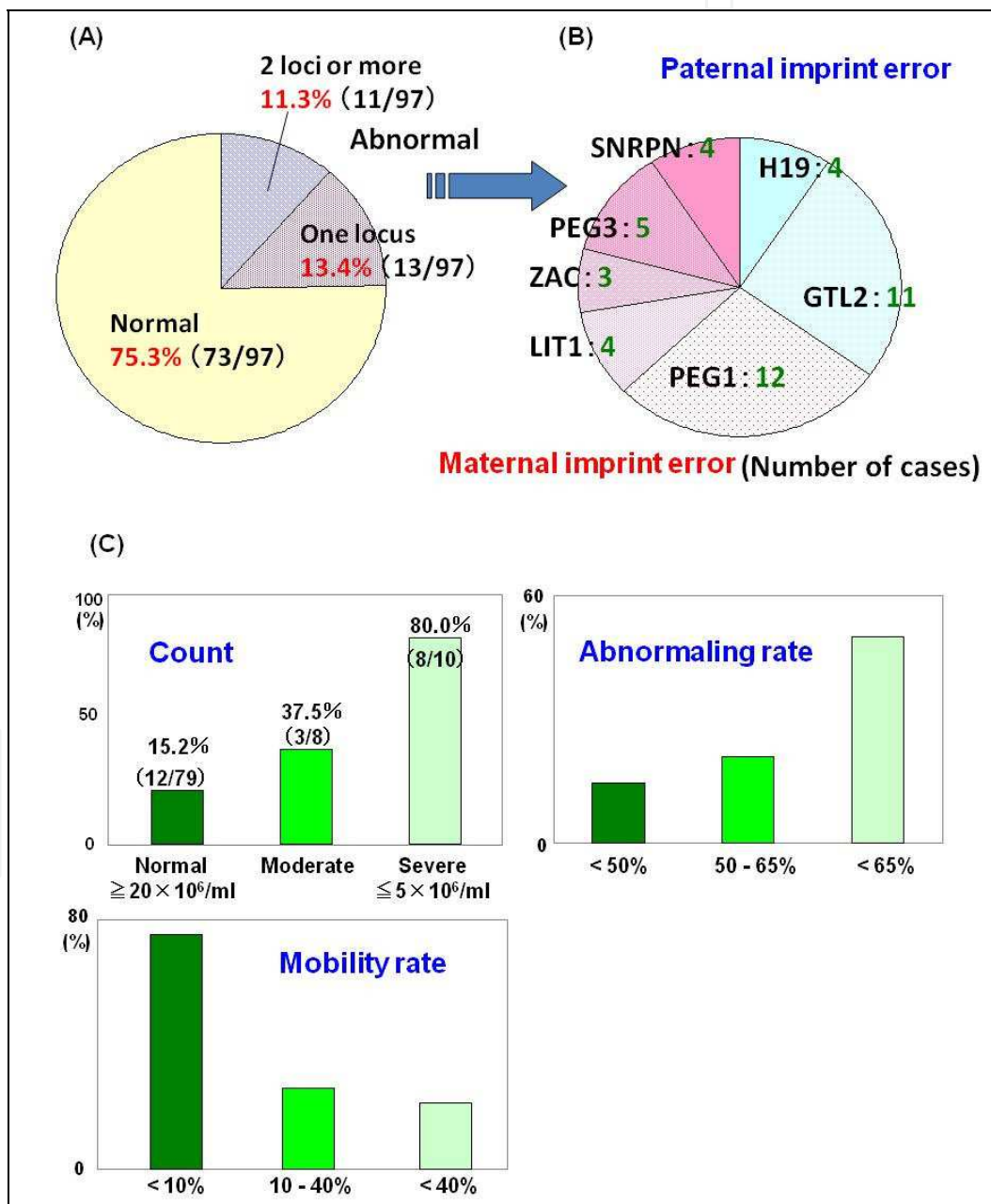


Fig. 3. Aberrant DNA methylation of imprinted loci in sperm from infertile male.

(A) Frequency of the imprint methylation error (B) Abnormal imprinted loci (C) Abnormal methylation imprint and sperm concentrations. Methylation errors at maternal and paternal imprinted loci that were specific to oligospermic men.

The most frequent methylation error was seen in the *PEG1* DMR. In our previous report, we showed that demethylation of *PEG1* was present in the growing oocytes from superovulated infertile women (Sato et al., 2007). This *PEG1* DMR may be especially vulnerable to errors. In both humans and mice, the *PEG1* DMR located in the promoter, the first exon and is unmethylated on the active paternal allele (Kobayashi et al., 1997; Lefebvre et al., 1997). Paternal transmission of a methylated *Peg1* gene results in growth-retarded embryos. Abnormal behavior has also been noted in *Peg1*-deficient females (Lefebvre et al., 1998). Generally, ART babies are characterized by low-weight birth.

Recently, we demonstrated that in a few cases, the methylation errors in the sperm were present in the ART aborted conceptus (Kobayashi et al., 2009).

2.3 Evidence of imprint defects associated with ART

Major epigenetic events take place during this time and the process of ART may expose the epigenome to external influences preventing the proper establishment and maintenance of genomic imprints (DeBaun et al., 2003; Maher et al., 2003). Except for superovulation, another issue is related to the culture conditions. Some studies have shown that exposure of mouse embryos to different culture conditions can alter the expression and imprinting of various genes which could result in abnormal development (DeBaun et al., 2003; Gicquel et al., 2003; Maher et al., 2003). The third issue is the potential effect of embryo cryopreservation (Emiliani et al., 2000; Honda et al., 2001). The timing of embryo transfer may also present issues. Some studies on monozygotic dizygotic twins and conjoined twins with BWS resulting from transfer of embryos at the blastocyst stage revealed demethylation of *LIT1* (*KCNQ1OT1*) (Miura and Niikawa, 2005; Shimizu et al., 2004), suggesting that this demethylation occurs at a critical stage of pre-implantation development. Furthermore, there may be other serious issues causing yet unknown risks of ART.

We previously reported cases of a mosaic methylation pattern in ART-babies (Kobayashi et al., 2007). Nutrients, including methyl-substrates such as vitamins B6 and folic acid, influence DNA methylation and histone modification at gene promoters. Imprinting errors in sperm at the paternally-methylated DMRs may be reversed using a similar approach. This approach has already been applied to treat autism (Chen et al., 2003).

2.4 Automated high-throughput procedure for the detection of alterations in DNA methylation

Southern blotting was the original technique used routinely to analyse DNA methylation (J.Sambrook and D.W.Russell, 2001). This technique requires a relatively large quantity of DNA (5-10 µg) that is usually digested with two restriction enzymes, one of which is methylation sensitive. The DNA is fractionated on an agarose gel, transferred a positively charged nylon membrane, hybridized with a radioisotope labeled probe, washed and exposed to autoradiography. This method has largely been superseded by methods involving The methylation status of a specific sequence can then be measured by combined bisulphite PCR restriction analysis (COBRA) or by the sequencing of the PCR product. The

sodium bisulphite treatment of genomic DNA converts unmethylated cytosine to uracil leaving the methylated cytosines unconverted. The combination of COBRA and the sequencing method provides accuracy and sensitivity but nonetheless, there are still limitations with this method particularly the expertise required to obtain accurate results, the time taken to achieve a result and the relative cost, rendering it unsuitable for clinical diagnosis. Recently, we developed a new method of DNA methylation analysis, PCR-Luminex (Sato et al., 2011). This method combines PCR and sequence-specific oligonucleotide probe (SSOP) protocols with the Luminex 100 xMAP flow cytometry dual-laser system to quantitate fluorescently labeled oligonucleotides attached to color-coded microbeads (Figure 4).

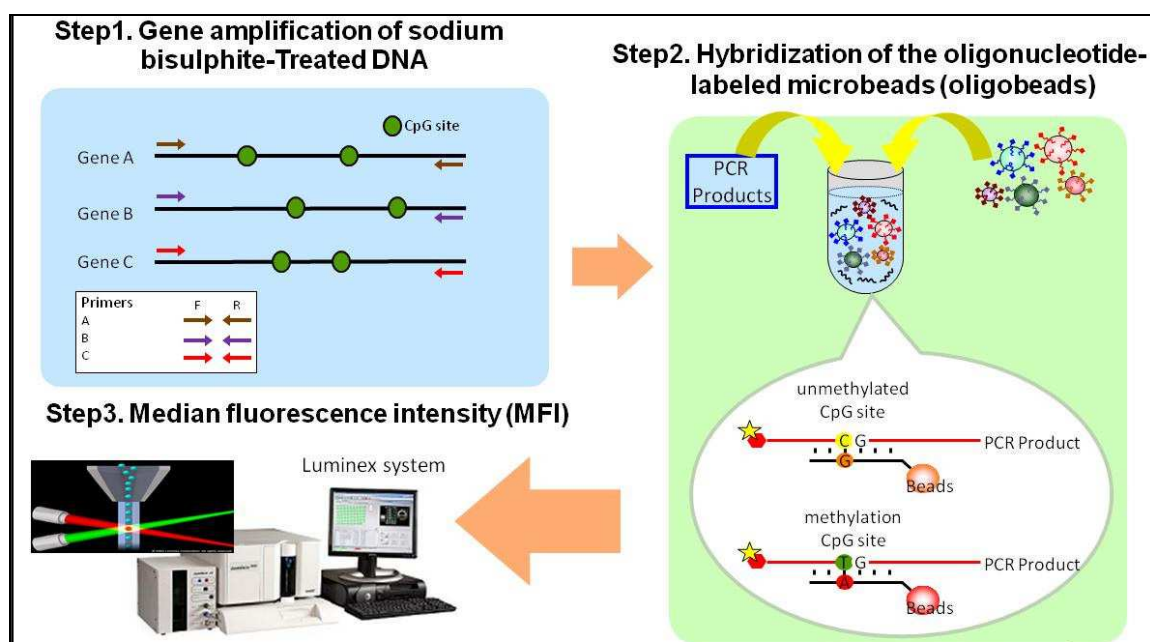


Fig. 4. BPL methylation assay.

Bisulphite PCR-Luminex (BPL) method involved PCR amplification of bisulphite-DNA, hybridization, a streptavidin-phycoerythrin (SA-PE) reaction and identification of the fluorescent microbeads by determining the preset ratio of internalized dyes to distinguish between cytosine and uracil (methylation and non-methylation). This is one of new high-throughput, high-resolution DNA methylation analysis methods.

The PCR-Luminex method can identify one base substitution by specific hybridization and therefore could potentially be applied to the identification of DNA methylation using the bisulphite conversion technique to essentially generate the two different bases, cytosine and uracil (methylation and non-methylation), called BPL. We applied these techniques to examine the methylation imprints of 8 DMRs (paternally methylated DMRs: *ZDBF2*, *H19* and *GTL2*, maternally methylated DMRs: *PEG1*, *ZAC*, *SNRPN*, *PEG3* and *LIT1*) in the sperm DNA to assess the quality of these samples with respect to imprint status (Sato et al., 2011). BPL In the mean future, new methylation analyses will prove to be a simple, accurate and rapid approach and therefore suitable for clinical application.

3. Conclusion

As a result of our studies and the work of others in this area, we recommend that imprint methylation analyses be added to the routine sperm examination (counting, mobility, abnormality analyses) to identify pre-existing imprint mutations. It may be possible, in the future, to reverse aberrant DNA methylation and the present analysis will provide useful information in that regard. Altered expression and methylation of imprinted genes is a frequent event in adult cancers (Feinberg et al., 2006). In addition to determining the frequency of classic imprinting disorders, it will be important to determine cancer occurrence in ART offspring. A retrospective examination of imprinted loci and the constitution of children born after each ART method will reveal the safest and most ethical approach to use. We believe these studies will be valuable for the development of standard ART. In our opinion, before translating new techniques into practice, more research, particularly in animals, is desirable. In addition, better ART child follow-up and a fresh approach to regulation are also needed.

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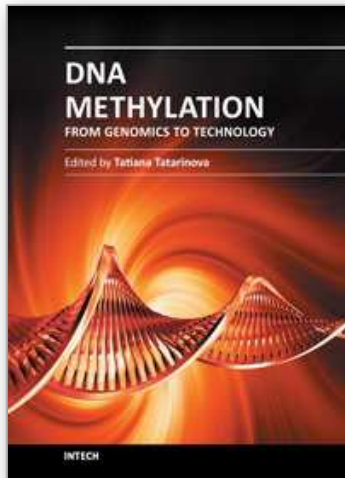
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DNA Methylation - From Genomics to Technology

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Epigenetics is one of the most exciting and rapidly developing areas of modern genetics with applications in many disciplines from medicine to agriculture. The most common form of epigenetic modification is DNA methylation, which plays a key role in fundamental developmental processes such as embryogenesis and also in the response of organisms to a wide range of environmental stimuli. Indeed, epigenetics is increasingly regarded as one of the major mechanisms used by animals and plants to modulate their genome and its expression to adapt to a wide range of environmental factors. This book brings together a group of experts at the cutting edge of research into DNA methylation and highlights recent advances in methodology and knowledge of underlying mechanisms of this most important of genetic processes. The reader will gain an understanding of the impact, significance and recent advances within the field of epigenetics with a focus on DNA methylation.

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