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# Acute Phase Proteins as Biomarkers of Disease: From Bench to Clinical Practice

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## 1. Introduction

The term acute phase response (APR) refers to the inflammatory response of the host occurring shortly after the tissue injury. It comprises a wide variety of reactions started by different causes, like infection, tissue injury, burn, trauma, surgery, cancer or immunological disorders. These reactions aim to prevent ongoing tissue damage, isolate and eliminate the cause of the inflammation, and begin the repair process necessary to restore the normal function. Usually, the local response is accompanied by a systemic reaction characterized by the fast alteration of the concentrations of several plasmatic proteins, the APPs (Acute Phase Proteins) produced by the liver (Baumann & Gauldie, 1994). In some diseases, the persistent immunological activation can cause chronic inflammation, often with pathological consequences. In other words, APR is a physiological condition occurring at the beginning of the inflammatory process and it is independent of the inflammation origin.

### 1.1 The inflammatory response

The inflammation is the ordered process mediated by the appearance of intercellular adhesion molecules on endothelia, and various inflammatory mediators released by tissue cells and leucocytes in response to tissue aggression; it is a protective response to injury or destruction of tissues, which serves to destroy, dilute, or wall off both the injurious agent and the injured tissues. It is the first reaction of the body under a situation of immunological stress: the innate non-specific response preceding specific immune reactions.

The term inflammation is purely descriptive and originally defined by the four Latin words *dolor*, *rubor*, *calor* and *tumor* (meaning pain, redness, warmth and swelling); these are the result of changes in the local blood vessels which in turn, lead to their dilatation and increased stickiness and permeability for passing leukocytes. Combined, the cell and fluid leakage into the tissue, as well as their local activities, account for the pain and swelling. The function of this inflammatory response is to bring serum molecules and immune cells to the damaged zone. In this response three principal components can be considered: i) increased blood supply, ii) increased capillary permeability and, iii) migration of cells out of the vessels and into the tissues.

In an inflammatory reaction there are implicated several cells of the immunological system and a great variety of response mediators. The uncontrolled migration of different

leukocytes populations would make impossible the generation and control of the immune response. In this setting, the endothelium plays a key role. Endothelial cells are multifunctional cells that form a thin layer in the interior surface of blood vessels (Cines et al., 1998). They are responsible for maintaining the vascular homeostasis but, also, they are capable of secreting biologically active mediators when affected by infection, stress, hypertension, dyslipidemia or high homocysteine levels. The primary essential function of these endothelial cells is to regulate the permeability of the blood vessel and the exchange of fluids and cells between the blood and the surrounding tissue. In the inflammatory response they raise the expression of cell adhesion molecules that, therefore, increments the number of leukocytes binding endothelium (Pate et al., 2010). The increased permeability of the endothelium allows the migration of these cells, a process called extravasation, where they will exert its function. That is why they are so important for the recruitment and orchestration of an acute inflammatory response.

The role of the different cells and different interactions has been extensively described (Imhof & Aurrand-Lions, 2004; Langer & Chavakis, 2009; Ley et al., 2007; Schenkel et al., 2004; Vestweber, 2007), but briefly we are going to comment those. Normally, neutrophils are the first cells to appear at acute phase response, followed by macrophages (monocytes), lymphocytes (if there is an immunological challenge) and a small amount of basophils and eosinophils; if an extreme vascular leakage occurs, red blood cells may also be found. We can distinguish three steps for the migration of cell to the tissue during the inflammatory response (Butcher, 1991):

1-Receptor-mediated recruitment and adhesion to the endothelial cells: the regulation of the expression of selectin-P and selectin-E by the endothelium is key in this process (Lasky, 1995; Lawrence & Springer, 1991). The expression of P-selectin is increased by inflammatory molecules such as histamine and thrombine, it is a weak binder to the leukocytes but causes them to "slow" their movement in the vessel. Selectin-E expression, on the other hand, it is upregulated by cytokines produced by injured cells, such as IL-1 and TNF- $\alpha$ ; these cytokines also activate and increase the expression of integrins on the circulating leukocytes. Activated leukocytes, therefore, increase the affinity of their integrins for certain ligands on the endothelial surface, attaching them firmly to the endothelium.

2- Transmigration, or the movement of the activated leukocytes through the endothelium to reach the damaged tissue: the leukocytes adhered to the endothelium are stimulated by the chemokine gradient to move between the endothelial cells and across the basal membrane to the damaged area. Among the chemotactic factors we can find: i) products of the complement like C3a, C4a, C5a (Hartmann et al., 1997; Okusawa et al., 1988), ii) fibrin degradation products (FDPs) like the D-dimer (Gross et al., 1997), iii) prostaglandins (PGD<sub>2</sub>, PGE<sub>2</sub>) (Konya et al., 2010; Kuehn et al., 2011), iv) leukotrienes (LTB<sub>4</sub>) (Aked & Foster, 1987) and chemokines like CCL5 (Kawai et al., 1999; Murooka et al., 2008) and IL-8 (Huber et al., 1991).

3- Movement of the activated leukocytes through the tissue: the binding to extracellular matrix proteins through the integrins and the CD44 protein allows these cells to arrive to the origin of the inflammation following the chemokine gradient (Kinashi, 2005).

### 1.1.1 The Pro-inflammatory cytokines

But in this local inflammatory process, activated leukocytes are not passive: in turn, they release cytokines and other mediators like glucocorticoids into the bloodstream, thus eliciting a widespread reaction in the organism. There are at least 15 cytokines known to be

involved in this process. Some of them are positive/negative regulators of cell growth (IL-2, IL-3, IL-4, IL-7, IL-10, IL-11, IL-12 and GM-CSF), while others have got pro-inflammatory (TNF- $\alpha$ / $\beta$ , IL-1 $\alpha$ / $\beta$ , IL-6, IFN- $\alpha$ / $\gamma$ , IL-8) or anti-inflammatory activities (IL-1 antagonists, soluble IL-1R, IL-1 and TNF- $\alpha$  binding protein)(van Miert, 1995).

Proinflammatory cytokines, released mainly by activated macrophages, are crucial for the induction of other cytokines (IL-6, IL-8), while agents such as platelet activating factor, prostaglandins, leukotrienes and nitric oxide increase the chemotactic gradient and therefore the leukocyte recruitment to the inflammation site. They are also responsible for the fever and catabolism of muscle proteins through their action at the CNS level: We will briefly comment some characteristics of the proinflammatory cytokines involved in the acute phase reaction and the production of APPs:

- Tumor necrosis factor-alpha (TNF- $\alpha$ )

TNF- $\alpha$  is the main cytokine that mediates acute inflammation. TNF is produced by monocytes, macrophages, dendritic cells, Th1 cells, and other cells. Some of its functions include: to stimulate the cells from the endothelium to produce selectins and the leukocytes to express integrins, to activate the coagulation pathway, to increase the production of chemokines in endothelial cells and macrophages, to activate neutrophils and their killer activity, etc (Baud & Karin, 2001). It is also responsible for stimulating the liver to produce APPs (Xanthoulea et al., 2004), and acting on muscles (Collins & Grounds, 2001) and fat (Lu et al., 2006; Plomgaard et al., 2008; Rydén et al., 2002) to stimulate catabolism for energy conversion. In addition, it interacts with the hypothalamus to induce lack of appetite (Tracey et al., 1990), fever (Rothwell & Hopkins, 1995; Stefferl et al., 1996) and sleep (Deboer et al., 2002; Fang et al., 1997). It also participates in the cicatrization process through the stimulation of collagen and collagenase synthesis (Theiss et al., 2005).

-Interleukin-1 (IL-1)

IL-1 function is similar to TNF- $\alpha$  as it also mediates acute inflammatory responses, and together they enhance the inflammatory response (Dinarello & Wolff, 1993; Vassalli, 1992). Monocytes, macrophages, dendritic cells and endothelial cells are the main sources of IL-1. Functions of IL-1 include the promotion of the inflammation through the activation of the coagulation pathway and the synthesis of adhesion factors on endothelial cells and leukocytes (Bevilacqua et al., 1984; Nawroth et al., 1986) and the activation of macrophages (Dinarello, 1988). It is also responsible for stimulating the liver to produce APPs (Baumann & Gauldie, 1994; Mortensen et al., 1988; Prowse & Baumann, 1989), for activating the catabolism of the fat tissue for energy conversion (Feingold et al., 1992; Tocco-Bradley et al., 1987); and for regulating the synthesis of collagen and collagenase for scar tissue formation (Duncan & Berman, 1989; Mizel et al., 1981).

It is also noteworthy the role that IL-1 plays in the induction of the fever and sleep (Krueger et al., 1984; Opp & Krueger, 1991), as well as the stimulatory effect of IL-1 on the pituitary-adrenal axis in the CNS (Besedovsky et al., 1986; Sapolsky et al., 1987), thus making it responsible for the control of food intake (Luheshi et al., 1999) during the acute phase response.

Interleukin-1 and TNF- $\alpha$  have also being linked to the depression and sickness behaviour associated to the inflammatory response (Dantzer, 2001; Koonsman et al., 2002). One theory behind this effect it is the role of IL-1 over serotonergic neurons, where IL-1 could activate the serotonin transporter directly. This could lead to the removal of serotonin from the synaptic cleft, thus generating a serotonergic deprivation signal together with the tryptophan deprivation derived from the APPs production (Leonard & Song, 1999).



### - Interleukin-6 (IL-6)

IL-6 stimulates the liver to produce APPs and it is released by many cells including T-lymphocytes, macrophages, monocytes, endothelial cells, and fibroblasts (Prowse & Baumann, 1989). It is also responsible for the proliferation stimulation of B-lymphocytes (Muraguchi et al., 1988; Taga et al., 1987) and increases the neutrophil activity (Brom & König, 1992).

The outcome of the inflammation will depend on the tissue as well as the extent of injury and the injurious agent that has caused it. Usually, the resolution will bring the inflamed tissue to its status prior to the injury but, some times, the inflammation is not resolved properly. Sometimes a persistent damage or an incomplete resolution process can produce a chronic inflammation due to the continuous production of pro-inflammatory cytokines. Often, the reason behind the abnormal inflammatory response is not known, and it is the reason behind many human diseases. Some of them have got an immunological origin like the allergic reactions or myopathies (Lundberg & Grundtman, 2008); but sometimes the origin is non-immunological like in rheumatoid arthritis, cancer (Coussens & Werb, 2002), atherosclerosis (Libby, 2002), ischaemic heart disease (Maseri et al., 1996), inflammatory bowel diseases (Fiocchi, 1998), etc (many articles, reviews and books cover these topics, so this is not an extensive list). In all of the above mentioned disorders we can also see alterations in the levels of different APPs produced by the liver; the next section will present an extensive list of these proteins, where the main characteristics of the different groups will be commented briefly.

## 2. Acute phase proteins

APPs is a group of plasma proteins whose concentration varies in response to inflammation (Baumann & Gauldie, 1994). They are synthesized mainly by the liver but also by other cell types (monocytes, endothelial cells, fibroblasts and adipocytes). According to the variations in the concentration of these proteins they can be classified in positive APPs, those that increase the concentration, and negative APPs, those that show decreased concentrations upon the inflammatory response. There are also other sub-classifications for the positive APPs, according to the variation in concentration: Group I positive APPs increase up to 50% (ceruloplasmin and complement factor-3 (C3)), Group II from 2 to 5 times (haptoglobin, fibrinogen,  $\alpha$ -globulins with antiprotease-activity and lipopolysaccharide binding protein), and Group III from 5 to more than 1000 times (CRP and SAA) (Dowton & Colten, 1988).

There is a lot of diversity regarding the timings that each of these proteins show any variation on its levels. Some proteins alter their levels as soon as 4 h, while others can take up to 24 h or even days. CRP (C-reactive protein) and SAA (serum amyloid A) are some of these very rapidly increasing proteins: they elevate their levels within the first 4 h after tissue injury, opposite to the lipopolysaccharide binding protein, that requires at least 8 h, or the serum alpha-1-acid glycoprotein, that needs 48 h. Some of these proteins remain elevated for various days, while other only for few hours. The origin behind the inflammation is also important: the plasma fibrinogen shows a peak in the concentration at 24 h-48 h or at 96 h, depending on the inflammatory stimulus (Colley et al., 1983; Gruys et al., 2005)

As commented before TNF- $\alpha$ , IL-1, and IL-6 are the main cytokines involved in the hepatocytic secretion of APPs, but there are many others. Indeed, all type of combinatorial effects can regulate the hepatocytic secretion of an APP (addition, synergy, antagonism). IL-1 and IL-6 have been used to classify APPs into two subgroups: Type 1 requires the

synergistic effect of both interleukins for maximum synthesis (examples: CRP, SAA, Alpha-1-acid glycoprotein 1); type 2 are those that only require IL-6 and usually IL-1 acts suppressing more than enhancing its production (examples: fibrinogen chains, haptoglobin, alpha-2-Macroglobulin (Ramadori & Christ, 1999)). There are some cytokines that regulate the expression of one or two APPs, like Activin A, a cytokine related with the superfamily of TGF- $\beta$ . On the other hand, other APPs are the result of a wider combination of cytokines. That is the case of SAA that requires the synergistic effect of bacterial LPS and several cytokines (mainly IL-1, IL-6, and TNF, but also LIF, CNTF, oncostatin M, IL-11, and cardiotrophin-1) to be produced (Benigni et al., 1996).

The main structural characteristics of APPs can be found in Table 1. Regarding their functions, summarized in Table 2, they are opsonisation and elimination of microorganisms and their products (CPR), activation of the complement system (complement C4a, C4b) and the lectin complement pathway (manan-binding lectin), inhibition of certain enzymes (alpha-1-antitrypsin, alpha-2-antiplasmin) or interleukins (interleukin-1 receptor antagonist protein), blockade of free radicals and/or elimination of haemoglobin residues (haptoglobin, serotransferrin, hemopexin), regulation of the immune response (serum amyloid P), coagulation and tissue repair/remodelling (fibrinogen, plasminogen), transport of ions (apolipoproteins, calcitonin precursor) and hormones (serum albumin), etc. Others, like alpha 2-macroglobulin and the coagulation factors, also play an important role in wound healing, because they collaborate with the immune system by increasing the vascular permeability, because they have chemotactic properties, or even because they are able of trapping pathogens in local blood clots.

### 3. Acute phase proteins currently used in routine clinical practice

As compared with cytokine and other short distance mediators of cellular responses production, which occurs in pulsed patterns cleared from the circulation within a few hours due to their small size, the native molecular mass of APPs secreted by the liver is larger than the kidney filtration cutoff (about 45 kDa). An example is albumin, which is just larger and has a lifetime of about 21 days. This fact, together with their large half-life, ensures an extended residence time in plasma, which means that levels of some APPs may remain unchanged for days and may be useful for diagnostic purposes. Currently, alterations in levels of some APPs are used to assess either the health/nutritional status of an individual or, mainly, to check for the presence of reactive processes, which has more advantages than measuring IL-6, a sensitive indicator of inflammation or infection but with a normal range of 0-5 pg/ml and short plasma clearing times. An analysis of US Food and Drug Administration (FDA) approvals for IVD assays aimed to the quantitative detection of acute phase reactants reveals about 80 companies involved (Table 3), of which 15 dominate the market: Abbott Laboratories, Beckman Coulter, Dade Behring, Diasorin, Globalemed, Kamiya Biomedical, Kent Laboratories, Nitto Boseki, Olympus Life Science Research, Ortho-Clinical Diagnostics, Polymedco, Randox Laboratories, Roche Diagnostics, Siemens Medical Solutions Diagnostics, and The Binding Site.

About 51% of FDA-cleared or approved IVD assays are aimed to the detection of unique plasma or serum proteins that carry out their normal function in plasma. Most of these proteins are negative or positive acute phase reactants, like albumin, C-reactive protein,  $\alpha$  1 antitrypsin, transferrin, ceruloplasmin, or fibrinogen. Table 4 summarizes different tests from the companies listed in Table 3 intended to the detection of APPs in clinical practice.

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Alpha-1-acid glycoprotein	AGP, (OMD) (1, 2)	201/23512 (1) 201/23603 (2)	Glycosylation: N-linked (5). Mod- Res: Pyrrolidone carboxylic acid (1). -S-S- (2)	Calycin superfamily. Lipocalin family.	ORM1(AGP1) ORM2(AGP2)	Allele AGP1(3). Nat-Var AGP1(3), AGP2(5)	P02763 (1) P19652 (2)
Alpha-1-anti chymotrypsin	ACT	423/47651	Glycosylation: N-linked (6)	Serpin family.	SERPINA3 (AACT)	3 Isoforms. 4 Alt-Seq. 7 Nat-Var.	P01011
Alpha-2-antiplasmin	Alpha-2-AP	491/54566	Cross-link: Isoglutamyl Lys isopeptide interchain (1). Glycosylation: N-linked (4). Mod-Res: PTyr (1). -S-S- (1).	Serpin family.	SERPINF2 (AAP, PLI)	8 Nat-Var.	P08697
Antithrombin-3	ATIII	464/52602	Glycosylation: N-linked (4). Mod-Res: Pser (1). -S-S- (3)	Serpin family.	SERPINC1 (AT3)	91 Nat-Var .	P01008
Alpha-1-antitrypsin	AAT	418/46737	Glycosylation: N-linked (3) Mod-Res: S-cysteiny1 Cys	Serpin family.	SERPINA1 (AAT, PI)	4 Allele. 3 Isoforms. 2 Alt- Seq. 38 Nat- Var.	P01009
Alpha-1B-glycoprotein	ABG	495/54254	Glycosylation: N-linked (4). - S-S- (5)	5 Ig-like V-type (Ig-like) domains.	A1BG	2 Isoforms. 1 Alt-Seq. 2 Nat- Var.	P04217
Alpha-2-HS-glycoprotein	AHSG	367/39325	Glycosylation: N-linked (2), O-linked (3). Mod-Res: Pser (6). -S-S- (6, 1 inter chain)	Fetuin family. 2 Cystatin domains.	AHSG FETUA	5 Nat-Var.	P02765
Alpha-2-macroglobulin	A2M	1474/ 163291	Cross-link: Isoglutamyl Lys isopeptide (Gln-Lys) inter- (2). Cross-link: Isoglutamyl Cys thioester (Cys-Gln) (1). Glycosylation: N-linked (8). - S-S- intra- (11), inter- (2).	Protease inhibitor I39 (alpha-2-macroglobulin).	A2M (CPAMD5)	5 Nat-Var.	P01023

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Apolipoprotein AI	ApoAI	267/30778	Glycosylation: N-linked (1). Mod-Res: P-Ser (1)	Apolipoprotein A1/A4/E family.	APOA1	26 Nat-Var.	P02647
Apolipoprotein B-100	Apo-B100	4563/515605	Lipidation: S-palmitoyl Cys (1). Glycosylation: N-linked (19). Mod-Res: P-Ser (2), N6-acetyl Lys (1). -S-S- (8)	1 Vitellogenin domain.	APOB	56 Nat-Var.	P04114
Apolipoprotein E	Apo-E	317/36154	Glycosylation: O-linked (3), N-linked (1). Mod-Res: P-Ser (1).	Apolipoprotein A1/A4/E family.	APOE	3 Allele. 33 Nat-Var.	P02649
Beta-2-glicoproteina1	B2GPI	345/38298	Glycosylation: O-linked (1), N-linked (4). -S-S- (11)		APOH	6 Nat-Var.	P02749
Beta-2-microglobulin	B2M	119/13715	Glycosylation: N-linked (7). Mod-Res: Pyrrolidone carboxylic acid. -S-S- (1)	Beta-2-microglobulin family. 1 Ig-like C1-type domain.	B2M	1 Nat-Var.	P61769
Calcitonin precursor	CCP, PDN-21	141/15466	Glycosylation: N-linked (6). Metal binding: Copper (6). Mod-Res: Pro amide (1). -S-S- (1)	Calcitonin family.	CALCA (CALC1)	3 Isoforms. 1-Alt-Seq. 6 Nat-Var.	P01258
Ceruloplasmin	CER, EC=1.1.1.6.3.1	1065/122205	-S-S- (5). Mod-Res: P-Tyr (2), P-Ser (1).	Multicopper oxidase family.	CP	7 Nat-Var.	P00450
Coagulation factor VIII,	AHF	2351/267009	Glycosylation N-linked (22). Mod-Res: SulfoTyr (6). -S-S- (8)	Multicopper oxidase family, contains 3 F5/8 type A, 2 F5/8 type C and 6 plastocyanin-like domains.	F8, (F8C)	465 Nat-Var.	P00451

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Complement C2	EC=3.4.21.43	752/83268	Glycosylation: N-linked (8) -S-S- (8)	Peptidase S1 family. 1 Peptidase S1, 3 Sushi (CCP/SCR), and 1 VWFA domains.	C2	6 Nat-Var.	P06681
Complement C3	C3	1663/ 187148	Cross-link: Isoglutamyl Cys thioester (Cys-Gln). Glycosylation: N-linked (3). Mod-Res: P-Ser (3), P Tyr (1). -S-S- (13, 1 interchain).	1 Anaphylatoxin-like and 1 NTR domains.	C3, CPAMD1	2 Allele. 22 Nat-Var.	P01024
Complement C4A	C4A	1744/ 192771	Cross-link: Isoglutamyl Cys thioester (Cys-Gln) (1). Glycosylation: N-linked (4). Mod-Res: SulfoTyr (3). -S-S-(5).	1 Anaphylatoxin-like and 1 NTR domains.	A-C4A (CO4, CPAMD2)	13 Allele of C4A. 11 Nat-Var.	P0C0L4
Complement C4B	C4B	1744/ 192793	Cross-link: Iso glutamyl Cys thioester (Cys-Gln) (1). Glycosylation N-linked (4). Mod-Res: SulfoTyr (3). -S-S-(5).	1 Anaphylatoxin-like and 1 NTR domains.	C4B (CO4, CPAMD3)	22 Allele of C4B. 8 Nat-Var.	P0C0L5
Complement C5,	C5	1676/ 188305	Glycosylation: N-linked (4) -S-S- (14)	1 Anaphylatoxin-like and 1 NTR domains.	C5, CPAMD4	16 Nat-Var.	P01031
Complement C9,	C9	559/63173	Glycosylation: C-linked (2), N-linked (2). Mod-Res: P-Ser (1). -S-S- (12)	C6/C7/C8/C9 family. 1EGF-like, 1 LDL-receptor class A, 1 MACPF and 1 TSP type-1 domains.	C9	6 Nat-Var.	P02748



Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
C4 binding protein,	C4BPA C4BPB	597/67033 (A) 252/28357 (B)	Glycosylation: N-linked a (3), b(5). -S-S-: A(18, 2 interchain), B(8, 2 interchain)	Sushi (CCP/SCR) domain: A(8), B(3).	a-C4BPA (C4BP) b-C4BPB	Isoforms B(2). Alt-Seq B(1). Nat-Var: A(6), B(2).	P04003 (A) P20851 (B)
Corticosteroid-binding globulin	CBG	405/45141	Binding site: corticosteroid (3). Glycosylation: N-linked (6).	Serpin family	SERPINA 6, (CBG)	3 Nat-Var.	P08185
C-reactive protein	CRP	224/25039	Metal binding: calcium (2), Pyrrolidone carboxylic acid. -S-S- (1)	Pentaxin family. 1 Pentaxin domain.	CRP, (PTX1)	2 isoforms. 1 Alt-Seq.	P02741
Factor B	GBG, EC=3.4.21.47	764/85533	Glycosylation: N-linked (5) -S-S-: (11)	Peptidase S1 family. 1 Peptidase S1, 3 Sushi (CCP / SCR), and 1 VWFA domains.	CFB (BF, BFD)	2 isoforms. 2 Alt-Seq. 17 Nat-Var.	P00751
Ferritin	Subunit s: L, H (EC1.16.3.1)	175/20020 183/21226	Metal binding: L[Iron (1)], H[Iron, (2)]. Mod-Res: L[N-acetyl Ser(1), N6-acetyl Lys (1)], H [ (PThr(1), P Ser (2))]	Ferritin family. Ferritin-like Diiron domain (L and H).	FTL FTH1 (FTH1, FTHL6)	L: 1 Nat-Var.	P02792 (L) P02794 (H)
Fibrinogen,	FGA(α) FGB(β) FGG(γ)	866/94973 (A) 491/55928 (B) 453/51512 (C)	Cross-link: Isoglutamyl Lys isopeptide interchain A(8), G(2). Glycosylation: N-linked A(2), B(1), G(2). Mod-Res: B(Pyrrolidone carboxylic acid), A[PSer (6), PThr (1), PTyr (1)] G[Sulfo Tyr (2)]. -S-S- A (7, 6-interchain), B (8, 5-interchain), G (8, 6-interchain).	Fibrinogen C-terminal domain (a, B, G).	FGA(α) FGB(β) FGG(γ)	Isoforms A(2), G(2). Alt-Seq: A(2), G(1). Nat-Var: A(19), B(14), G(19).	P02671 (α) P02675(β) ) P02679 (γ)

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Fibronectin,	FN	2386/ 262625	Cross-link: Isoglutamyl Lys isopeptide (Gln-Lys) (3). Glycosylation: N-linked (6), O-linked (2). Mod-Res: Pyrrolidone carboxylic acid, SulfoTyr (2), PSer (4). -S-S- (30, 2 interchain).	12 Fibronectin type-I, 2 Fibronectin type-II and 16 Fibronectin type-III domains.	FN1 (FN)	15 isoforms. 14 Alt-Seq. 12 Nat-Var.	P02751
Haptoglobin	Hp ( $\alpha$ , $\beta$ )	406/45205	Glycosylation: N-linked (4) -S-S- (8, 3 interchain)	Peptidase S1, 1 Peptidase S1 and 2 Sushi (CCP/SCR) domains.	HP	2 Allele. 4 Nat-Var.	P00738
Heme oxigenase 2	HO-2, EC=1.1 4.99.3	316/36033	Metal binding: Iron (1). Mod-Res: N-acetylSer (1)	Heme oxygenase family. 2 HRM (heme regulatory motif) repeats.	HMOX2 (HO2)	2 Nat-Var.	P30519
Hemopexin	HPX	462/51676	Glycosylation: N-linked (5), O-linked (1). Metal binding: Iron (1). -S-S- (6)	Hemopexin family. 5 Hemopexin-like domains.	HPX	2 Nat-Var.	P02790
Heparin cofactor 2	HC-II, HLSII	499/57071	Glycosylation: N-linked (3). Mod-Res: PSer (1), SulfoTyr (2).	Serpin family.	SERPIND1, (HCF2)	9 Nat-Var.	P05546
Hepcidin	LEAP-1, PLTR	84/9408	-S-S- (4)	Hepcidin family.	HAMP (HEPC, LEAP1)	4 Nat-Var.	P81172
Histidine-rich glycoprotein	HPRG	525/59578	Glycosylation N-linked (4). -S-S- (5)	2 Cystatin domains.	HRG	10 Nat-Var.	P04196

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Inter-alpha-trypsin inhibitor	ITI-HC1 ITI-HC2 ITI-HC3 ITIH4	911/10138 9 (HC1) 946/10646 3 (HC2) 890/99849 (HC3)	Glycosylation: N-linked HC1(3), HC2(3), HC3(2), O-linked HC1(1), HC2(4), S-linked HC1(1). Mod-Res: PThr HC1(2), PTyr HC1(1), PSer HC2(1), 4-carboxyGlu HC2(2), Asp 1-(chondroitin 4-sulfate)-ester HC1(1), HC2(1), HC3(1).-S-S- HC1(2), HC2(2)	ITIH family. 1 VIT and 1 VWFA domains.	ITIH1 (IGHEP1) ITIH2 (IGHEP2) ITIH3 ITIH4	Isoforms (CH3(2). Alt-Seq (CH3(1). Nat-Var HC1(5), HC2(3), HC3(6).	P19827 (HC1) P19823 (HC2) Q06033 (HC3) Entrez 3700
Interleukin-1 receptor antagonist protein	IL-1RN IL-1ra IRAP	177/20055 (1) 159/17888 (2) 180/19897 (3) 143/16142 (4)	Glycosylation: N-linked (1) -S-S- (1)	Interleukin 1 cytokine family.	IL1RN (IL1F3, IL1RA)	Isoforms 1,2,3,4(4). Alt-seq 1(1). Nat-Var 1(1).	P18510
Kallikrein-1	KLK1	262(1)/	Glycosylation: O-linked (3), N-linked (3). -S-S- (5).	Peptidase S1 family. Kallikrein subfamily.		2 Isoforms. 1 Alt-Seq. 4 Nat-Var.	P06870
Leucine-rich alpha-2-glycoprotein	LRG	347/38178	Glycosylation: N-linked (4), O-linked (1). -S-S- (2)	8 LRR (leucine-rich) repeats.	LRG1 (LRG)	2 Nat-Var.	P02750
Lipopolysaccharide binding protein	LBP	481/53384	Glycosylation: N-linked (4)	BPI/LBP/Plunc superfamily. BPI/LBP family.	LBP	14 Nat-Var.	P18428
Superoxide dismutase [Mn], mitochondrial	E.C.1.1.5.1.1	222/24722	Binding manganese (4) Nitrated Tyr, N6-acetylLys (2)	Iron/manganese superoxide dismutase family.	SOD2	6 Nat-Var.	P04179

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n°)	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Mannose-binding protein C	MBP-C	248/26144	Mod-Res: HydroxyPro (5), -S-S-(2)	C-type lectin, Collagen-like domains.	MBL2 (COLEC1, MBL)	5 Nat-Var.	P11226
Annexin A5	CBP-I, PAP-1, VAC-a, PP4,	320/35937	Mod-Res: N-acetylAla (1), N6-acetylLys (5), PTyr(1)	Annexin family. Contains 4 Annexin repeats.	ANXA5 (ANX5, ENX2, PP4)		P08758
Plasma protease C1 inhibitor	C1 Inh,	500/55154	Glycosylation: N-linked (7), O-linked (7). -S-S- (2)	Serpin family.	SERPING1 (C1IN, CINH)	31 Nat-Var.	P05155
Plasminogen	PLA EC=3.4.21.7	810/90569	Binding sites: Fibrin (2), Omega-amino carboxylic acids (5). Glycosylation: O-linked (2), N-linked (1). Mod-Res: Pser (1). -S-S- (24, 2 interchain)	Peptidase S1 family. Plasminogen subfamily. 5 Kringle, 1 PAN and 1 Peptidase S1 domains.	PLG	19 Nat-Var.	P00747
Plasminogen activator inhibitor I	PAI, PAI-1	402/45060	Glycosylation: N-linked (3)	Serpin family.	SERPINE1, (PAI1, LANH1)	5 Nat-Var.	P05121
Properdin	CFP	469/51276	Glycosylation: O-linked (4), N-linked (1), C-linked (14). -S-S- (12)	6 TSP type-1 domains.	CFP (PFC)	8 Nat-Var.	P27918
Protein AMBP HC	Protein HC	352/38999	Binding site: Multimeric 3-hydroxykynure nine chromophore (covalent) (4). Glycosylation: O-linked (2), N-linked (3). -S-S- (7)	Calycin superfamily. Lipocalin family. BPTI/Kunitz inhibitor domain.	AMBP, (HCP, ITIL)		P02760

Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Prothrombin,	PTR EC=3.4.21.5	622/70037	Glycosylation: N-linked (3). Mod-Res: 4-carboxyglutamate (10). -S-S- (12, 1-interchain).	Peptidase S1 family. 1 Gla (gamma-carboxi-Glu), 2 Kringle and 1 Peptidase S1 domains.	F2	12 Nat-Var.	P00734
Retinol-binding protein 4	RBP, PRBP	201/23010	-S-S- (3)	Calycin superfamily. Lipopalin family.	RBP4	2 Nat-Var.	P02753
Serotransferrin	Transferrin	698/77064	Glycosylation: N-linked (2), O-linked (1). Binding site: carbonate (2). Metal binding: Iron (2). Mod-Res: Omega-N-methylated Arg(1), PTyr(1), -S-S- (19)	Transferrin family. 2 Transferrin-like domains.	TF	16 Nat-Var.	P02787
Serum albumin	ALB	609/69367 (1) 417/47360 (2)	Glycosylation: N-linked (24). Metal binding: copper (1), Zinc(4). Binding site: bilirubin(1). Mod-Res: PThr(2), PSer(4), PTyr(2). -S-S- (17)	ALB/ AFP/VDB family. 3 Albumin domains.	ALB	2 isoform. 1 Alt-Seq. 66 Nat-Var.	P02768
Serum amyloid A protein	SAA1 SAA2 SAA3P SAA4 (C-SAA)	122/13532 122/13532 122/13440 130/14747	Glicosilation: N-linked A4 (1). Mod-Res: N4,N4-dimethylAsn A1(1), A2(1)	SAA family.	SAA 1 SAA2 SAA3 SAA4 (CSAA)	Isoforms. Nat-Var A1(10), A2(10), A4(1).	P02735 (A1, A2) P22614 (A3) P35542 (A4)



Recommended name	Short name	n° aa/Mr (d)	Post-translational modification (n <sup>a</sup> )	FAMILY/DOMAIN	Gen name (synonyms)	Polimorfismo/ Natural variations	Uniprot
Serum amyloid P component	SAP	223/25387	Glycosylation: N-linked (1). Metal binding: Calcium (2). Mod-Res: PThr (2), Pser (1), N-acetylMet (1). -S-S- (1),	Pentaxin family. 1 Pentaxin domain.	APCS (PTX2)	3 Nat-Var.	P02743
Tetranectin	TN	202/22537	Glycosylation O-linked (1) -S-S- (3)	1 C-type lectin domain.	CLEC3B, (TNA)	3 Nat-Var.	P05452
Transthyretin	TTR	147/15887	Binding site: Thyroid hormones (2). Glycosylation: N-linked (1). Mod-Res: 4-carboxyGlu (1)	Transthyretin family.	TTR, (PALB)	87 Nat-Var.	P02766
Vitamin D-binding protein	DBP VDB	474/52964 (1) 352/39542 (2)	Glycosylation: N-linked (1). -S-S- (14)	ALB/AFP/VDB family. 3 Albumin domains.	GC	2 Isoforms. 1 Alt-Seq. 4 Nat-Var.	P02774
Von Willebrand factor	vWF	2813/3092 65	Cross-link: Glycyl Lys isopeptide (Lys-Gly) (interchain). Glycosylation: N-linked (16), O-linked (10). -S-S- (29).	Inhibitor family I8. 1 CTCK (C-terminal cysteine knot-like, 4 TIL (Trypsin inhibitory-like), 3 VWFA, 3 VWFC, 4 VWFD domains.	VWF (F8VWF)	58 Nat-Var.	P04275
Zinc-alpha-2-glycoprotein	Zn-alpha-2-GP	298/34259	Glycosylation: N-linked (4). Mod-Res: Pyrrolidone carboxylic acid. -S-S- (2)	MHC class I family. 1 Ig-like C1-type domain.	AZGP1 (ZAG, ZNGP1)		P25311

Table 1. Main characteristics of APPs. There are represented the classical APPs and other proteins that have been reported as inflammation related proteins, and cited as putative APPs. Abbreviations: Alternative Sequence, Alt-Seq; Disulfide Bond, -S-S-; Immunoglobulin, Ig; Interleukin, IL; Major Histocompatibility Complex, MHC; Modified residue, Mod-Res; Natural variants, Nat-Var; Phosphoserine, Pser; Phosphothreonine, PThr; Phosphotyrosine, PTyr; other abbreviations are specified in the text.

Protein	Alternative names	Function
Alpha-1-acid glycoprotein	<ul style="list-style-type: none"> <li>Orosomucoid</li> </ul>	Acts as a carrier of basic and neutrally charged lipophilic compounds (interaction with collagen promotion of growth of fibroblasts binding of certain steroids)
Alpha-1-antitrypsin	<ul style="list-style-type: none"> <li>Cell growth-inhibiting gene 24/25 protein</li> <li>Serpin A3</li> </ul>	Physiological function unclear, it can inhibit neutrophil cathepsin G and mast cell chymase, both of which can convert angiotensin-1 to active angiotensin-2.
Alpha-2-antiplasmin	<ul style="list-style-type: none"> <li>2-plasmin inhibitor</li> <li>Serpin F2</li> </ul>	The major targets of this inhibitor are plasmin and trypsin, but it also inactivates chymotrypsin.
Alpha-1-antitrypsin	<ul style="list-style-type: none"> <li>Alpha-1 protease inhibitor</li> <li>Alpha-1 antiprotease</li> <li>Serpin A1</li> </ul>	Inhibitor of serine proteases. Acts mainly in the protection of the lower respiratory tract against proteolytic destruction by human leukocyte elastase (HLE). The aberrant form inhibits insulin-induced NO synthesis in platelets, decreases coagulation time and has proteolytic activity. Short peptide from AAT (SPAAT) is a reversible chymotrypsin inhibitor.
Alpha-2-HS-glycoprotein	<ul style="list-style-type: none"> <li>Alpha-2Z-globulin</li> <li>Fetuin A</li> <li>Ba-alpha-2-glycoprotein</li> </ul>	Promotes endocytosis, possesses opsonic properties and influences the mineral phase of bone. Shows affinity for calcium and barium ions.
Alpha-2-macroglobulin	<ul style="list-style-type: none"> <li>C3-PZP-like 2-macroglobulin domain-containing protein 5</li> </ul>	Inhibitor of four classes of proteinases by a unique 'trapping' mechanism which contains specific cleavage sites for different proteinases. After the cleavage, a thioester bond is hydrolyzed and mediates the covalent protein-proteinase bond.
Alpha-1B-glycoprotein	<ul style="list-style-type: none"> <li>Alpha-1-B glycoprotein</li> </ul>	Specific and high-affinity ligand of CRISP3 that in human is present in exocrine secretions and in secretory granules of neutrophilic granulocytes and is believed to play a role in innate immunity.
Antithrombin-3	<ul style="list-style-type: none"> <li>Serpin C1</li> </ul>	Most important serine protease inhibitor in plasma that regulates the blood coagulation cascade. AT-III inhibits thrombin as well as factors IXa, Xa and XIa. Its inhibitory activity is greatly enhanced in the presence of heparin.
Apolipoprotein AI	<ul style="list-style-type: none"> <li>Apolipoprotein A1</li> </ul>	Participates in the reverse transport of cholesterol from tissues to the liver for excretion by promoting its efflux and as cofactor for the lecithin cholesterol acyltransferase (LCAT). As part of the SPAP complex, activates spermatozoa motility.

Protein	Alternative names	Function
Apolipoprotein B-100		Major protein constituent of chylomicrons (apo B-48), LDL (apo B-100) and VLDL (apo B-100). Apo B-100 functions as a recognition signal for the cellular binding and internalization of LDL particles by the apoB/E receptor. Mediates the binding, internalization, and catabolism of lipoprotein particles. It can serve as a ligand for the LDL (apo B/E) receptor and for the specific apo-E receptor (chylomicron remnant) of hepatic tissues.
Apolipoprotein E		
Beta-2-glycoproteina 1	<ul style="list-style-type: none"> <li>• Apolipoprotein H</li> <li>• Activated C binding protein</li> <li>• APCinhibitor</li> </ul>	Binds to various kinds of negatively charged substances such as heparin, phospholipids, and dextran sulfate. It can prevent activation of the intrinsic blood coagulation cascade by binding to phospholipids on the surface of damaged cells.
Beta-2-microglobulin		Component of the Class I Major Histocompatibility Complex (MHC).
Calcitonin precursor	<ul style="list-style-type: none"> <li>• Calcitonin carboxyl-terminal peptide</li> </ul>	Causes a rapid but short-lived drop in the level of $Ca^{+2}$ and phosphate in blood by promoting the incorporation of those ions in the bones. Katalcalcin is a potent plasma calcium-lowering peptide.
Ceruloplasmin	<ul style="list-style-type: none"> <li>• Ferroxidase</li> </ul>	A blue copper-binding (6-7 atoms per molecule) glycoprotein. It has ferroxidase activity oxidizing $Fe^{2+}$ to $Fe^{3+}$ without releasing radical oxygen species. It is involved in iron transport across the cell membrane.
Coagulation factorVIII	<ul style="list-style-type: none"> <li>• Antithemophilic factor</li> </ul>	Along with $Ca^{+2}$ and phospholipid, acts as a cofactor for factor IXa when it converts factor X to Xa, the activated form.
Complement C2	<ul style="list-style-type: none"> <li>• C3/C5 convertase</li> </ul>	Is part of the classical complement pathway and cleaved by activated factor C1 into two fragments: C2b and C2a. C2a, a serine protease, then combines with C4b to generate the C3 or C5 convertase.
Complement C3	<ul style="list-style-type: none"> <li>• C3 and PZP-like alpha-2-macroglobulin domain-containing protein 1.</li> </ul>	Its processing by C3 convertase is the central reaction in both classical and alternative complement pathways. Activated C3b can bind covalently to cell surface carbohydrates or immune aggregates. The anaphylatoxin C3a is a mediator of local inflammation, induces the contraction of smooth muscle, increases vascular permeability and causes histamine release.

Protein	Alternative names	Function
Complement C4a	<ul style="list-style-type: none"> <li>• Acidic complement C4-C3 and PZP-like alpha-2-macroglobulin domain-containing protein 2.</li> </ul>	Plays a central role in the activation of the classical complement pathway. It is processed by activated C1 which removes from the C4a chain the C4a anaphylatoxin. C4a-anaphylatoxin is a mediator of local inflammation that induces the contraction of smooth muscle and increases vascular permeability.
Complement C4b	<ul style="list-style-type: none"> <li>• Basic complement C4-C3 and PZP-like alpha-2-macroglobulin domain-containing protein 3</li> </ul>	Plays a central role in the activation of the classical complement pathway. The C4b fragment is the major activation product and is an essential subunit of the C3 and the C5 convertases.
Complement C5	<ul style="list-style-type: none"> <li>• C3 and PZP-like alpha-2-macroglobulin domain-containing protein 4</li> </ul>	C5 convertase initiates the spontaneous assembly of the late complement components, C5-C9, into the MAC. The C5b-C6 complex is the base upon which the lytic complex is assembled. The C5a anaphylatoxin, produced by proteolysis, is a mediator of local inflammation and stimulates the migration of leukocytes.
Complement C9		Constituent of the membrane attack complex (MAC) that plays a key role in the innate and adaptive immune response by forming pores in the plasma membrane of target cells. C9 is the pore-forming subunit of the MAC.
C4 binding protein	<ul style="list-style-type: none"> <li>• Proline-rich protein (a)</li> </ul>	Controls the classical pathway of complement activation. It binds as a cofactor to C3b/C4b inactivator (C3bINA), which then hydrolyzes C4b. It accelerates the degradation of the C4bC2a complex (C3 convertase) by dissociating the C2a. It also interacts with anticoagulant protein S and with serum amyloid P component.
C-reactive protein		Displays functions associated with host defense: promotes agglutination, bacterial capsular swelling, phagocytosis and complement fixation, and interacts with DNA and histones to scavenge particles released from damaged circulating cells.
Corticosteroid-binding globulin	<ul style="list-style-type: none"> <li>• Transcortin, Serpin A6</li> </ul>	Major transport protein for glucocorticoids and progestins in the blood of almost all vertebrate species.
Factor B	<ul style="list-style-type: none"> <li>• C3/C5 convertase</li> <li>• Glycine-rich beta glycoprotein • Properdin</li> </ul>	Factor B, from the alternate complement pathway, is cleaved by factor D into 2 fragments: Ba and Bb. Bb, a serine protease, binds to C3b to generate the C3 convertase; and it has been implicated in the proliferation and differentiation

Protein	Alternative names	Function
	factor B	of preactivated B-cells, rapid spreading of monocytes and lysis of erythrocytes. Ba inhibits the proliferation of preactivated B-cells.
Ferritin		Stores iron in a soluble, non-toxic, readily available form. Iron is taken up in the ferrous form and deposited as ferric hydroxides after oxidation. It also plays a role in delivery of iron to cells.
Fibrinogen		Has a double function, yielding monomers that polymerize into fibrin and acting as a cofactor in platelet aggregation.
Fibronectin	• Cold-insoluble globulin	Bind cell surfaces and various compounds including collagen, fibrin, heparin, DNA, and actin. It also is involved in cell adhesion, cell motility, opsonization, etc. Both anastellin (a fragment of fibronectin) and superfibronectin inhibit tumor growth, angiogenesis and metastasis. Anastellin also activates p38 MAPK and inhibits lysophospholipid signalling.
Haptoglobin		Combines with free plasma hemoglobin, preventing the loss of iron through the kidneys and protecting them from hemoglobin damage, while making the hemoglobin accessible to degradative enzymes.
Heme oxygenase		Cleaves heme ring to form biliverdin that is subsequently converted to bilirubin. Its activity is highest in the spleen, where senescent erythrocytes are destroyed. Also seems to be involved in the production of carbon monoxide in brain.
Hemopexin	• Beta-1B-glycoprotein	Binds heme and transports it to liver for breakdown and iron recovery, after free hemopexin returns to the circulation.
Hepcidin	• Liver-expressed antimicrobial peptide 1, • Putative liver tumor regressor	Seems to act as a signalling molecule involved in the iron homeostasis and to be required in conjunction with HFE to regulate both intestinal iron absorption and iron storage in macrophages. It has strong antimicrobial activity against several types of bacterias (E.coli, S.aureus, etc) and fungus (C.albicans).
Heparin cofactor 2	• Heparin cofactor II, • Protease inhibitor leuserpin-2, • Serpin D1	Thrombin inhibitor activated by the glycosaminoglycans, heparin or dermatan sulfate. In the presence of the latter, HC-II is the predominant thrombin inhibitor instead of AT-III. Inhibits chymotrypsin in a glycosaminoglycan-independent manner. Peptides at the N-terminal of HC-



Protein	Alternative names	Function
Histidine-rich glycoprotein	<ul style="list-style-type: none"> <li>• Histidine-proline-rich glycoprotein</li> </ul>	<p>It has chemotactic activity for both monocytes and neutrophils.</p> <p>Function not yet known. It binds heme and divalent metal ions. Interact with heparin and the lysine-binding site of plasminogen. On the basis of its His-rich region may mediate the activation phase of intrinsic blood coagulation cascade</p>
Inter-alpha-trypsin inhibitor	<ul style="list-style-type: none"> <li>• Inter- trypsin inhibitor complex component</li> <li>• Serum-derived hyaluronan-associated protein.</li> </ul>	<p>May act as a carrier of hyaluronan in serum or as a binding protein between hyaluronan and other matrix protein, including cell surfaces, to regulate its localization, synthesis and degradation. ITI-HC1 contains a peptide which could stimulate a broad spectrum of phagocytotic cells. ITIH4 is secreted into the blood, where it is cleaved by plasma kallikrein.</p>
Interleukin 1 receptor antagonist protein	<ul style="list-style-type: none"> <li>• ICIL-1RA, IL1 inhibitor</li> <li>• INN= Anakinra</li> </ul>	<p>Inhibits the activity of IL-1 by binding to its receptor, but no IL-1 like activity.</p>
Kallikreins	<ul style="list-style-type: none"> <li>• Kidney / pancreas/salivary gland kallikrein. • Tissue kallikrein</li> </ul>	<p>Diverse physiologic functions in many tissues. Contact of human plasma with a negatively charged surface such as dextran sulfate activates prekallikrein to kallikrein, which releases the peptide bradykinin from high-molecular-weight kininogen. Kallikreins are involved in the posttranslational modification of polypeptide hormones precursors and growth factors.</p>
Leucine-rich alpha-2-glycoprotein		<p>Family of proteins, including LRG1 that have been shown to be involved in protein-protein interaction, signal transduction, and cell adhesion and development. LRG1 is expressed during granulocyte differentiation.</p>
LPS binding protein	<ul style="list-style-type: none"> <li>• Lipopolysaccharide-binding protein</li> </ul>	<p>Binds to the lipid A moiety of bacterial lipopolysaccharides (LPS), a glycolipid present in the outer membrane of all Gram-negative bacteria. The LBP/LPS complex seems to interact with the CD14 receptor.</p>
Manganese-superoxide dismutase		<p>Destroys radicals which are normally produced within the cells and which are toxic to biological systems.</p>
Manan-binding lectin	<ul style="list-style-type: none"> <li>• Collectin-1 • MBP1</li> <li>• Mannan-binding protein</li> <li>• Mannose-binding lectin</li> </ul>	<p>Calcium-dependent lectin involved in innate immune defense. Binds mannose, fucose and N-acetylglucosamine of different microorganisms and activates the lectin complement pathway. Binds to late apoptotic cells, as well as to apoptotic blebs and to necrotic cells, facilitating their uptake by macrophages. May bind DNA.</p>

Protein	Alternative names	Function
PAP-1	<ul style="list-style-type: none"> <li>•Anchorin CII •Annexin V</li> <li>•Calphobindin I •etc.</li> </ul>	Anticoagulant protein that acts as an indirect inhibitor of the thromboplastin-specific complex, which is involved in the blood coagulation cascade.
Plasma protease C1 inhibitor	<ul style="list-style-type: none"> <li>•C1 esterase inhibitor •C1-inhibiting factor •Serpin G1.</li> </ul>	Controls the activation of the C1 complex. It forms a proteolytically inactive stoichiometric complex with the C1r or C1s proteases. May play a role in regulating important physiological pathways including complement activation, blood coagulation, fibrinolysis and the generation of kinins. Efficient inhibitor of FXIIa. Inhibits chymotrypsin and kallikrein.
Plasminogen	<ul style="list-style-type: none"> <li>•Plasmin heavy chain A</li> <li>•Activation peptide</li> <li>•Angiostatin •Plasmin heavy chain A short form</li> <li>•Plasmin light chain B.</li> </ul>	Dissolves the fibrin of blood clots and acts as a proteolytic factor in various processes: embryonic development, tissue remodeling, tumor invasion, and inflammation, and may be modulated by CSPG4. It activates the urokinase-type plasminogen activator, collagenases and several complement factors (C1, C5) and cleaves fibrin, fibronectin, thrombospondin, laminin and von Willebrand factor. Angiostatin is an angiogenesis inhibitor that blocks vascularization and growth of experimental primary and metastatic tumors <i>in vivo</i> .
Plasminogen activator inhibitor-1	<ul style="list-style-type: none"> <li>•Endothelial plasminogen activator inhibitor •Serpin E1</li> </ul>	This inhibitor acts as 'bait' for tissue plasminogen activator, urokinase, and protein C. Its rapid interaction with TPA may function as a major control point in the regulation of fibrinolysis.
Protein AMBP	<ul style="list-style-type: none"> <li>• -1 microglycoprotein</li> <li>•Complex-forming glycoprotein •Bikunin •etc.</li> </ul>	Inter-alpha-trypsin inhibitor inhibits trypsin, plasmin, lysosomal granulocytic elastase, and calcium oxalate crystallization. Alpha-1-microglobulin occurs as a monomer and also in complexes with IgA and albumin and interacts with FN1.
Prothrombin	<ul style="list-style-type: none"> <li>•Coagulation factor II</li> </ul>	Thrombin, which cleaves bonds after Arg and Lys, converts fibrinogen to fibrin and activates factors V, VII, VIII, XIII, and, in complex with thrombomodulin, protein C. Functions in blood homeostasis, inflammation and wound healing
Retinol-binding protein	<ul style="list-style-type: none"> <li>•Plasma retinol-binding protein</li> </ul>	Delivers retinol from the liver stores to the peripheral tissues. In plasma, the RBP-retinol complex interacts with transthyretin, this prevents its loss by filtration through the kidney glomeruli.
Serum amyloid A protein	<ul style="list-style-type: none"> <li>•Amyloid protein A</li> <li>•Amyloid fibril protein A</li> </ul>	Major acute phase reactant. Apolipoprotein of the HDL complex.

Protein	Alternative names	Function
Serum amyloid P component	• 9.5S alpha-1-glycoprotein	Can interact with DNA and histones and may scavenge nuclear material released from damaged circulating cells. May also function as a calcium-dependent lectin.
Serum albumin		Serum albumin, the main protein of plasma, has a good binding capacity for water, $Ca^{2+}$ , $Na^+$ , $K^+$ , fatty acids, hormones, bilirubin and drugs. Its main function is the regulation of the colloidal osmotic pressure of blood. Major zinc transporter in plasma, typically binds about 80% of all plasma zinc.
Serotransferrin	• Beta-1 metal-binding globulin, • Siderophilin	Iron binding transport proteins which can bind two $Fe^{3+}$ ions in association with the binding of an anion, usually bicarbonate. Responsible for the transport of iron from sites of absorption and heme degradation to those of storage and utilization. It may also have a further role in stimulating cell proliferation.
Tetranectin	• C-type lectin domain family 3 member B • etc.	Tetranectin binds to plasminogen and to isolated kringle 4. May be involved in the packaging of molecules destined for exocytosis.
Transthyretin	• ATTR • Prealbumin • TBPA	Thyroid hormone-binding protein. Probably transports thyroxine from the bloodstream to the brain.
Properdin	• Complement factor P	Positive regulator of the complement alternate pathway. Binds to and stabilizes the C3- and C5-convertase complexes.
Vitamin D-binding protein	• Gc-globulin • Group-specific component	Multifunctional protein found in plasma, ascitic fluid, cerebrospinal fluid, urine and on the surface of many cell types. In plasma, it carries the vitamin D and prevents polymerization of actin. Associates to membrane-bound Ig on the surface of B-lymphocytes and with IgG Fc receptor on the membranes of T-lymphocytes.
Von Willebrand factor	• Von Willebrand antigen II	Important in the maintenance of hemostasis, it promotes adhesion of platelets to the sites of vascular injury by forming a molecular bridge between sub-endothelial collagen matrix and platelet-surface receptor complex GPIb-IX-V. It also acts as a chaperone for coagulation factor VIII, delivering it to the site of injury, stabilizing its heterodimeric structure and protecting it from premature clearance from plasma.
Zinc-alpha-2-glycoprotein		Stimulates lipid degradation in adipocytes and causes the extensive fat losses associated with some advanced cancers. May bind polyunsaturated fatty acids.

Table 2. Main functions of Acute Phase Proteins.

Existing APPs test provide a spectrum of clinical information, including definitive diagnosis of acute events (e.g. CRP), prediction of disease risk (CRP increases in coronary disease) or detection of disease recurrence. Thus, if we check the clinical diagnostic catalog at the Beckman Coulter home page, one of the companies with the broader list of IVD tests for APPs (Table 3), we will find that those tests have the following intended uses ([https://www.beckmancoulter.com/eCatalog/Catalog/Disease\\_Management](https://www.beckmancoulter.com/eCatalog/Catalog/Disease_Management)): albumin, to evaluate the hepatic/renal function, infectious diseases, inflammatory responses or nutritional assesment; alpha 1 acid glycoprotein, to assess the existence of infectious diseases or inflammation; alpha 1 antitrypsin, to check the presence of infectious diseases or inflammation; alpha 2 macroglobulin and antithrombin III, to detect anemia, thrombophilia or to assay the hepatic function; ApoA1 and ApoB, to measure the cardiovascular risk; ceruloplasmin, for the evaluation of the hepatic function or the detection of infection/inflammation; complement factors (C3 and C4), to evaluate the liver function or unmask autoimmune or inflammatory processes; fibrinogen, for thrombophilia and bleeding disorders detection; haptoglobin, to uncover infectious diseases, inflammation, and anemia; plasminogen, to assess fibrinolysis; transferrin, to value the presence of anemia, the nutritional status, the presence of infectious diseases, or the renal function; and finally transthyretin/prealbumin, for hepatic function and nutritional assesment. In addition, detection of beta 2 microglobulin (e.g. Quantikine® IVD® Human  $\beta_2$ M Immunoassay, R&D) is an aid in the diagnosis of autoimmune diseases (rheumatoid arthritis, systemic lupus erithematosus), viral infections or reduced glomerular filtration rates (kidney diseases). On the other hand, low levels of plasminogen activator inhibitor 1 (PAI-1) are linked to bleeding, while its elevation is related with an increased number of blood clots (surgery, infection, diabetes) and elevated risk of heart attack or coronary artery disease (CAD).

Company name			Company name		
1	Abaxis, Inc	ABX	40	Health Chem Diagnostics, Llc	HCD
2	Abbott Laboratories	ABL	41	Horiba Abx	HOR
3	Access Bio, Inc	ACC	42	Human Diagnostics Worldwide	HDW
4	Affinity Biologicals, Inc	AFF	43	Ibl, Gmbh	IBL
5	Alfa Wassermann Diagnostic Technologies, Inc	AWDT	44	Immunostics, Inc	IMMTICS
6	American Diagnostica, Inc	AMER	45	Immuno, Gmbh	IMM
7	Amico Lab, Inc	AMI	46	Instrumentation Laboratory, Co	ILAB
8	Arkray, Inc	ARK	47	Jas Diagnostics Systems, Gmbh	JAS
9	Arlington Scientific, Inc	ARL	48	Kamiya Biomedical, Co	KB
10	Axes-Shield Diagnostics, Ltd	AS	49	Kent Laboratories, Inc	KL
11	Bacton Assay Systems	BAS	50	Medical Diagnostic	MDT



12	Baxter Diagnostics, Inc	BAX	51	Technologies Medical Laboratory Automation Systems, Inc	MLAS
13	Beckman Coulter, Inc	BC	52	Nitto Boseki Co., Ltd (Medical Division)	NB
14	Biocheck, Inc	BCK	53	Novamed, Ltd	NVM
15	Bio/Data, Corp	BIODT	54	Olympus Life Science Research Europa, Gmbh (Europa)	OLSR
16	Biokit, S.A.	BK	55	Ortho-Clinical Diagnostics, Inc	OCD
17	Bio-Medical Products, Corp	BMP	56	Polymedco, Inc	POL
18	Biopool AB	BAB	57	Precisa Intl Corp	PREC
19	Boditech Dioagnostics, Inc	BODIT	58	Quidel Corp	QUID
20	Brahms AG	BAG	59	R2 Diagnostics, Inc	R2
21	Carolina Liquid Chemistries, Corp	CLC	60	Randox Laboratories, Ltd	RDXL
22	Cenogenetics, Corp	CNG	61	Reagents Applications, Inc	RA
23	Cezanne SAS	CSAS	62	Remel, Inc	REM
24	Cliniqa, Corp	CLINQ	63	R&D Systems	R&D
25	Covance Research Products, Inc	CRP	64	Roche Diagnostics, Gmbh	ROD
26	Dade Behring, Inc	DB	65	Rowley Biochemical Institute, Inc	ROW
27	Dako Denmark A/S	DAK	66	Seradyn, Inc	SER
28	Dexall Biomedical Labs, Inc	DEX	67	Shanghai Shenfeng Biochemistry Reagent Co, Ltd	SSBR
29	Diagnostica-Stago	DS	68	Siemens Medical Solutions Diagnostics	SMSD
30	Diagnostix Technology, Inc	DT	69	Stago R&D	STG
31	Diamedix Corp	DIAMED	70	Sterling Diagnostics, Inc	SD
32	Diasorin, Inc	DIA	71	Teco Diagnostics	TECO
33	Diasys Diagnostics Systems, Gmbh	DSYS	72	Texas Immunology	TEXAS
34	Dominion Biologicals, Ltd	DOM	73	The Binding Site, Inc	TBS
35	DRG Instruments, Gmbh	DRGI	74	Tosoh Bioscience, Inc	TOS
36	Eucardio Laboratory, Inc	EUL	75	Trinity Biotech, Plc	TB
37	Fisher Diagnostics	FISH	76	Ventana Medical Systems, Inc	VMS
38	Genetic Technologies, Inc	GEN	77	Wako Pure Chemicals, Inc	WAKO
39	Globalemed, Llc	GBL	78	<b>YK &amp; E Advance Trading, Inc</b>	<b>YK&amp;EAT</b>

Table 3. Some companies developing *in vitro* diagnostics (IVD) tests for clinical use.

This table is not expected to be a comprehensive summary of all existing IVD companies. Mainly, data have been collected from different sources, like the US Food and Drug Administration Home Page (<http://www.fda.gov>), ZapConnect.com, or the home page of each company.



Amongst this first group of IVD tests for APPs, C-reactive protein/CRP is, by far, the most frequent offered by different companies (Table 4). That is due to a dual use: On the one hand, a low sensitivity test for inflammation or infectious/autoimmune diseases. On the other hand, systemic inflammation and CRP levels increase as the amount of visceral adipose tissue and the waist circumference become excessive, and that is because CRP (as well as the fibrinolysis inhibitor PAI-1) are not only produced by liver but also by adipocytes (Libby et al., 2010). Based on that, a high-sensitivity assay for cardiovascular risk (denoted hs-CRP) has been developed to predict future clinical cardiovascular events. Elevation of average hs-CRP level is linked to atherosclerosis, and therefore point to a higher potential of stroke, myocardial infarction or severe peripheral vascular disease development. Thus, apparently healthy people with some inflammation (above median hsCRP) but below median levels of low-density lipoprotein (LDL) could nonetheless benefit from statin therapy (Libby et al., 2010).

Moreover, these companies are continuously adding new products to their growing portfolio of IVD assays, as it is the case for some acute phase reactants (Table 4). For example, tests for factor VIII (hemophilia A) and von Willebrand (von Willebrand disease) are included within the pannels of reagents to check hemostasis, and alpha 1 microglobulin is been introduced in market for the functional evaluation of liver and kidney, diabetes and stroke. As well, elevation of calcitonin precursor levels in plasma represent a high risk for progression to severe sepsis if the measurement of this acute phase reactant is done shortly after the systemic infection process has started (on the first day). Still, there are other IVD tests that have not been included in Table 4, like properdin Factor B (autoimmune diseases) or apolipoprotein (a)(cardiovascular risk), that are also manufactured by some companies.

A large majority of APPs are typically measured by enzyme immunoassays (EIA, ELISA), but also by immunoturbidimetric or nephelometric technologies through chemistry analyzers such as Alfa Wassermann Alera/ACE, Roche/Hitachi, Roche/Cobas, Beckman Synchron®, Beckman/Olympus, Abbot Aeroset, Siemens/Bayer Advia or Siemens/Dade Dimension. There are some radioimmuno- (RIA) (e.g., Abbott Beta-2-Microglobulin RIA) and chromogenic assays too (e.g., BCG method for albumin), and some of these analytes have waived versions (simple and accurate, according to the CLIA complexity classification; e.g., Abaxis, Inc).

#### **4. New methods and technologies for the quantification of acute phase proteins: APPs as disease biomarkers**

The high-throughput genomic and proteomic technologies, combined with bioinformatics, give the most recent approaches to the study and analysis of APPs in human body fluids (plasma, serum). There are different methods that permit the simultaneous qualitative/quantitative analysis of several APPs from small volume of samples: 2-DE/MS, 2-DE-DIGE/MS, MALDI-TOF-MS, SELDI-TOF-MS, label-free LC-MS profiling, CE-ESI-MS, isotope tagging/MS/MS, or antibody arrays for serum profiling. Proteomic methods can now detect more than 1000 proteins in plasma at the same time. However, the comprehensive analysis of the proteome of any body fluid is still beyond our reach, despite great methodological advances in recent years. Several major challenges must be faced by researchers. For instance, proteomics of body fluids is limited to a  $\sim\mu\text{g/L}$  (ng/mL)

Company name	Acute phase proteins																		N <sup>er</sup>							
	ALB	AGP	AAT	Alpha-2-	AIM	A2M	ATIII	APOLIPOP	B2M	CER	COMPLE	CCP	CRP	AHF	FG	HP	HPX	PAI-1		PLA	PTR	RBP	Transferrin	TTR	vWF	
	11	11	18	2	2	8	8	21	15	7	24	3	34	4	8	14	2	5	10	2	3	18	18	1		
ABX	X																									
ABL	X	X	X					X	X	X	X		X			X						X	X			↑
ACC													X													
AFF														X												
AMI											X															
AWDT	X							X														X				
AMER																		X								
ARK	X																									
ARL													X													
AS									X																	
BAS								X																		
BAX																		X								
BC	X	X	X		X	X	X	X	X	X	X		X			X			X			X	X			↑
BCK									X				X													
BIODT														X												
BK		X	X						X				X												X	
BMP													X													
BAB																		X								
BODIT													X													
BAG												X														
CLC	X										X					X						X				
CNG													X													
CSAS												X														
CLINQ																X								X		
CRP			X																							
DB	X	X	X	X		X	X	X	X	X	X		X	X		X	X		X		X	X	X			↑
DAK									X																	
DEX													X													
DS			X	X		X	X				X				X				X	X						
DT													X													
DIA		X	X			X	X		X	X	X		X			X			X			X	X			↑
DIAMED											X															
DSYS								X															X			
DOM													X													
DRGI								X																		
EUL								X																		
FIS															X											
GEN													X									X	X			
GBL			X			X	X		X		X		X						X		X	X				↑
HCD			X																							

HOR																			X	
HDW	X					X		X	X	X									X	
IBL								X												
IMMTICS									X											
IMM						X														
ILAB										X	X									
JAS																				X
KB		X	X	X	X	X		X	X	X	X	X		X				X	X	↑
KL		X	X		X			X	X		X	X	X					X	X	↑
MDT														X						
MLAS													X							
NB		X	X			X		X					X		X			X	X	↑
NVM						X														
OLSR		X	X			X	X	X	X				X					X		↑
OCD			X			X		X	X				X					X	X	↑
POL	X					X		X	X									X	X	↑
PREC									X											↑
QUID								X												
R2																				
RDXL	X					X		X	X									X	X	↑
RA		X						X	X				X							
REM									X											
R&D							X													
ROD			X			X		X	X			X						X	X	↑
ROW											X									
SER									X											
SSBR						X													X	
SMSD	X	X		X	X	X		X	X									X		↑
STG								X						X						
SD									X											
TECO									X											
TEXAS									X											
TBS		X	X		X	X	X	X					X		X	X	X	X	X	↑
TB					X						X			X	X					
TOS						X														
VMS			X																	
WAKO						X			X										X	
YK&EAT						X														

Table 4. *In vitro* diagnostic (IVD) tests for the quantitative determination of acute phase proteins in serum or plasma.

This table is not intended to be a comprehensive summary. Data come from different sources, like the US Food and Drug Administration Home Page (<http://www.fda.gov>), ZapConnect.com, or the home page of each company. Sometimes this one does not offer directly IVD tests for some APPs, but can do it through strategic alliances that are not reflected in Table 3 (e.g., Beckman Coulter and Instrumentation Laboratory and the HemosIL® Fibrinogen-C kit). Abbreviations used for the name of the companies are the same as in Table 3. Abbreviations for APPs are the same as in Table 1.

sensitivity, which is roughly 1000-fold less sensitive than the most specific immunoassays. Another additional problem is the range of protein concentrations in body fluids. The dynamic range of plasma proteins concentrations spans from that much as 40 mg/mL for albumin (50% of the total mass of plasma proteins) to less than 4 pg/mL; i.e., the concentration of many cytokines. Therefore, we are talking about 10-12 orders of magnitude, which means that disease-mediated alterations in soluble mediators (e.g., cytokines), or modifications in those released into the circulation through cell-leaking processes during normal cell turnover (apoptosis) or specific injuries (e.g., myocardial infarction), are hardly detectable. For example, the most common technology for fractionating and identifying proteins, 2-DE, has a range of detection of no more than 3-4 orders of magnitude with differential gel electrophoresis (DIGE). About 99% of total protein mass in plasma depends on only 22 abundant species, like albumin (35-45 mg/mL), IgG, IgA, IgM (12-18 mg/mL),  $\alpha$ 2 and  $\beta$ -lipoproteins (LDL; 4-7 mg/mL), fibrinogen (2-6 mg/mL),  $\alpha$ 1-antitrypsin (2-5 mg/mL),  $\alpha$ 2-macroglobulin (2-4 mg/mL), transferrin (2-3 mg/mL),  $\alpha$ 1-acid-glycoprotein (1 mg/mL), hemopexin (1 mg/mL),  $\alpha$ -lipoproteins (HDL, 0.6-1.5 mg/mL), haptoglobin (0.3-2 mg/mL), prealbumin (0.3-0.4 mg/mL) or ceruloplasmin (0.3 mg/ml). Most of them are acute phase reactants; i.e., plasma resident proteins with a molecular mass larger than the kidney filtration cutoff and large half-lives, both characteristics ensuring an extended residence time and high protein concentrations (45 mg/mL-0.001 mg/mL). Thus, this high abundance makes them easily accessible to proteomic technologies, although there are still a couple of questions to consider: complexity of this family of proteins and their time-dependent concentration modulation (kinetics).

Regarding complexity, the most important APPs are usually glycoproteins. This means that APPs, like immunoglobulins, are highly heterogeneous (Anderson and Anderson, 2002). The difficulty of their analysis is even enhanced by processing events, that lead to the generation of smaller proteins or peptides from larger precursors (both the plasma and cells contains numerous proteases), or the presence of genetic variants in acute phase reactants as apoE, apoH, transferrin or haptoglobin. Two-dimensional electrophoresis (2-DE) was the first used method in clinical biofluids proteomics, and still is one of the most used nowadays for different reasons. After the introduction of high resolution 2-DE in 1975 this technique was applied to the plasma proteins (Anderson & Anderson, 1977). These authors were able to resolve by 2-DE about 300 or more spots and a number of about 40 distinct plasma proteins. This initial amount has been extended to 626 identified spots, 1966 detected spots and 69 proteins in the current Swiss 2D-Page Web site (<http://expasy.org/swiss-2dpage>), which may represent the limit in terms of 2-DE analysis of unfractionated plasma. Therefore, it was clear very soon that 2-DE had limitations with respect to the resolution to cope with the extraordinary dynamic range of plasma proteins concentrations and the complexity issue, apart from additional problems: low and high molecular weight, hydrophobic, and very acid or basic proteins. Still, isoelectric points of APPs are mostly between pH 5 and 6, and these proteins are originated mainly from liver secretion (not cell leakage; i.e., hydrophilic) and have a medium-high molecular size. In addition, there are means to reduce sample complexity and enhance the loading capacity of 2-DE (see below). Therefore, 2-DE is a technique specially suited to screen the acute phase response, and can be even essential to determine the post-translational and genetic modifications of APPs.

Nevertheless, and largely because of novel methods of serum fractionation and MS based protein identification, after the turn of the century the number of plasma proteins that could be identified increased over time. Thus, thanks to extensive fractionation serum

fractionation and tandem mass spectrometry, Adkins et al. (2002) were able to identify 490 proteins. That number suffered a huge increase in 2004, to achieve an identification of 1,175 non-redundant plasma proteins, by using multidimensional chromatography and MS analysis (Anderson et al. 2004). At present, the Human Proteome Organization (HUPO) Plasma Proteome Project (PPP) has a list of 3020 plasma proteins (<http://www.hupo.org/research/hppp/>)

#### 4.1 Quantitative proteomics technologies applied to the study of APPs

However, the elaboration of a detailed list of serum/plasma proteins provides relatively limited biological information. To understand the biology of any pathological process, quantitative analysis of these proteins is essential. Perhaps, 2-DE or 2-DE fluorescence differential gel electrophoresis (DIGE), followed by MS analysis, remains as the most commonly used method (see Table 5). DIGE is a quantitative technique that enhance the dynamic range of 2-DE up to four orders of magnitude. DIGE is commercially available from GE Healthcare, and allows the direct comparison of different samples at the same time on a single 2-DE gel. This technique involves the use of up to three different samples and three cyanide dyes (Cy2, Cy3, and Cy5). These dyes have an NHS-ester reactive group designed to covalently attach to the epsilon amino group of lysine of proteins via an amide linkage. In addition, dyes label 1-2% of all the available proteins (minimal labelling, about one dye molecule per protein), without changing their pI and adding only 0.5 kDa to the protein mass. Normally, a pooled sample, comprising equal amounts of each of the initial samples within the study, is labelled with Cy2 and used as internal control. This internal standard allows normalization and is an effective way to increase accuracy and reproducibility during quantification. On the contrary, one particular disadvantage of DIGE is the equipment required for visualization and spot excision, and another major problem with these 2-DE based methodologies is that they are labor intensive and difficult to automate. In addition, as we have just commented, they are not able to effectively mine the low abundance biofluids proteome (<100 ng/ml). Therefore, the detected proteins limit primarily to high (0.1–40 mg/ml) and medium abundance (0.1–100 µg/ml) species, which is enough to study the classical acute phase reactants (e.g., CRP <10 µg/ml), but does not allow to find new ones. All these limitations of 2-DE based methods are driving the development of new proteomic methodologies for serum/plasma profiling that seek to reduce the workload of 2-DE (since they use automated equipment), such as MALDI-TOF-MS, SELDI-TOF-MS, label-free LC-MS profiling, CE-ESI-MS, isotope tagging/MS/MS, or antibody arrays. Although it is outside the scope of this chapter to review comprehensively these techniques, we will go through a brief summary of some of them.

Simple adsorption/washing/desorption methods are fast, easily automated and have a widespread use (Table 5). In matrix-assisted laser desorption/ionization mass spectrometry (MALDI-TOF-MS) samples are digested with trypsin and deposited on the MALDI plate prior peptide mass fingerprinting (PMF) or partial sequencing of peptides (MS/MS; e.g., MALDI-TOF/TOF). In surface-enhanced laser desorption/ionization (SELDI) (e.g., ProteinChip®, Ciphergen Biosystems, Palo Alto, CA) different chromatographic surfaces (hydrophobic, hydrophilic, etc) are used on a metal array to bind a subset of proteins from a sample. The unbound proteins are washed away, the bound proteins are overlaid with an organic matrix, and finally this fraction is profiled by MS analysis (e.g., MALDI-TOF-MS), generating rather simple mass spectra which can be easily analyzed. SELDI is a very useful method for high throughput screening, although this approach is not very reproducible and



quite cumbersome to identify detected proteins, since require mass spectrometers such as FT-ICR-MS instruments to get a direct fragmentation of high molecular weight ions. However, patterns of peaks are usually found to be useful for the classification of pathological samples (Table 5).

Combination of online sample preparation with liquid chromatography (LC) and mass spectrometry (MS; LC-MS) is a common practice. Leaving aside the peptidomics approach, which is perhaps less interesting to study acute phase reactants, these medium-high molecular weight proteins can be analyzed through shotgun proteomics (Murakoshi et al., 2011). During the shotgun proteomics approach the entire serum/plasma proteome is submitted to trypsin digestion followed by peptides separation through one or normally (due to the very complex mixture of peptides) several liquid chromatography steps prior to MS. Multidimensional protein identification technology (MudPIT), for example, consists of a 2D chromatography separation prior to electrospray (ESI)-MS. In MudPIT the first dimension is normally a high loading capacity strong cation exchange (SCX) column, while the second dimension is reverse phase chromatography. After this extensive peptide fractionation and MS, the fragmentation data are matched against sequence databases using different software (e.g., SEQUEST) in order to identify serum/plasma proteins. However, several runs are required to get a comprehensive analysis of the whole proteome and, as with 2-DE, there are problems to mine the low abundant subproteome. In addition, qualitative over quantitative data are obtained by LC-MS, although the use of label-free LC-MS profiling (Wesner et al., 2010) or techniques such as isotope-coded affinity tag (ICAT) (Lin et al., 2009), isobaric (iTRAQ) and MRM (multiple reaction monitoring; mTRAQ) tags for relative and absolute quantitation (Boylan et al., 2010; Kanq et al., 2010), or  $^{18}\text{O}$  labelling (Qian et al., 2010) allows for quantitative comparisons between different samples. Finally, there are other high throughput methods to analyze the acute phase response in serum/plasma samples, such as capillary electrophoresis connected to electrospray ionization MS (CE-ESI-MS) or antibody arrays. Regarding antibody arrays, their main problem is that these methodologies are not discovery based; i.e., the only proteins that can be detected and quantitated are those targeted by the available antibodies. Moreover, several technological advances must be accomplished before truly high density antibody microarrays are readily available (Borrebaeck & Wingren, 2009)

#### **4.2 Complexity and sensitivity: Strategies to enhance the detection of lower abundant APPs**

The unmasking of low abundant proteins (protein depletion), together with new technologies with enhanced resolving power, will provide access to more sensitive and specific biomarkers, and it is likely that some of them will represent new acute phase reactants. One way to reduce sample complexity and enhance the capacity to detect proteins or peptides at lower concentrations is to remove high-abundance proteins selectively. Only albumin (3.4-5.4 g/L) and immunoglobulins (IgG, 7.2-15 g/L; IgA, 0.9-0.33 g/L; IgM, 0.5-2.5 g/L; IgD, 0-0.4 g/L; IgE, 100-200  $\mu\text{g/L}$ ) account for >70% of total serum proteins. Several affinity columns, based on dye ligands (e.g., Cibacron-blue) or specific antibodies (e.g., IgY, IgG), have been developed for albumin removal, while either thiophilic gels (Salgado, 2010) or resins with fixed antibodies (anti-IgG and, sometimes, even anti-IgA or anti-IgM) or immunoglobulin binding-proteins (protein A, protein G, protein A/G mixtures,

protein L) have been used for immunoglobulins subtraction methods (Fang & Zhang, 2008).

Although albumin is an acute phase reactant, removal of this abundant protein together with immunoglobulins facilitate the detection of less abundant or previously masked new acute phase reactants. A good example of this comes from our 2-DE analyses of human serum samples, where we were able to identify both leucine rich  $\alpha$ 2 glycoprotein (LRG) and apolipoprotein H (ApoH) (Salgado, 2010). LRG is a positive acute phase reactant whose concentration in serum (LRG;  $\sim 3 \mu\text{g/ml}$ ) is close to the detection limit of 2-DE electrophoresis ( $\mu\text{g/mL}$  range), and therefore very difficult to show in order to measure quantitative differences. The second one, apolipoprotein H, has a position coincident with immunoglobulin G heavy chains in 2-DE maps, appearing fully hidden prior albumin/immunoglobulins depletion (Salgado et al., 2010).

Sometimes, methods to eliminate albumin or immunoglobulins can be rather inespecific. For example, dye-ligand affinity columns (e.g. Cibracron Blue-based kits), still used in proteomic studies due to its relatively low cost, show a low specific binding for albumin and causes retention of unwanted proteins (Bellei et al., 2011). Thus, to achieve deeper and more specific protein depletion, different companies have developed several alternatives, like antibody immunoaffinity media or combinatorial peptide libraries. An example is the MARS-Hu-14 column (Agilent Technologies, Santa Clara, California, USA), intended to deplete the 14 most abundant proteins from serum or plasma samples. Another one is the ProteoPrep® 20 Plasma Immunodepletion spin or LC-column from Sigma (St Louis, MO, USA), allowing the simultaneous depletion of 20 abundant proteins (97-98% of plasma/serum proteins) and up to 50-fold increased protein loads (according to the company data). However, despite these clear benefits, the use of these affinity chromatography technologies generates great losses of information about the acute phase response, since all the removed proteins are acute phase reactants themselves. For example, the ProteoPrep® 20 Plasma Immunodepletion column from Sigma eliminates albumin, IgG, transferrin, fibrinogen, IgA,  $\alpha$ 2- Macroglobulin, IgM,  $\alpha$ 1- Antitrypsin, complement C3, haptoglobin, apolipoprotein A1, A3 and B;  $\alpha$ 1-Acid Glycoprotein, ceruloplasmin, complement C4, C1q, IgD, transthyretin, and plasminogen.

Another choice to reduce sample complexity in order to study the acute phase response is to use ProteoMiner (Bio-Rad Laboratories) or ProSpectrum Libraries (Prolias). Both are approaches based upon a combinatorial peptide libraries displayed on beads. These beads are incubated with the starting material and are capable of interacting with most of proteins in serum/plasma proteome. Because the binding capacity of those beads is limited, and each peptide combination binds, in theory, to a unique protein sequence, the high-abundance proteins (e.g., albumin, immunoglobulins) quickly saturate the beads, so their excess can be washed away. Thus, low-abundance proteins are concentrated in the final sample, thereby decreasing the dynamic range of proteins and becoming a good alternative to immunoaffinity separation media. Using this technology, modification in APPs like apolipoprotein A1, apolipoprotein A4, antithrombin-III, C4a complement, vitamin D binding protein or apolipoprotein J can be easily traced (our unpublished data; Kolla et al., 2010).

Prefractionation is another choice to augment the depth of the analysis, even though at the expense of having to analyze multiple subsamples. One example is to select narrower pH

ranges during the first dimension in 2-DE, to visualize only the part of the serum/plasma proteome we are interested in. Another way, perhaps not so popular, is to use preparative in-solution isoelectric focusing (e.g., Zoom IEF fractionator®, Invitrogen) as the first step in body fluid analysis prior to 2-DE or, preferably, an automated method (e.g., LC-MS). Finally, the last strategy that we will mention to reduce sample complexity and cover more of the lower-abundance acute phase proteome is to enrich some protein families specifically. Thus, most of acute phase reactants are glycoproteins. Therefore, they can be enriched by a number of different techniques; one of the most commonly used is lectin affinity chromatography. More than 100 different lectins (concanavalin A, wheat germ agglutinin, peanut agglutinin, etc) are commercially available, which differ in specificity (a drawback of lectin chromatography). Glycoproteins are involved in many diseases (e.g., cancer), so the study of the O- and N-linked glycosylated APPs may therefore be particularly interesting (see below).

There is still another concern to address, which is associated with the removal of proteins like serum albumin or immunoglobulins. These high abundant proteins appear to fulfill the function of carriers for less abundant species, especially low molecular weight proteins (cytokines, growth factors, etc) that can only escape kidney clearance when bound to these high molecular weight carrier proteins. Moreover, some APPs, which are not so small, are also bound to these carrier proteins. Therefore, immunoaffinity subtraction may potentially remove non-targeted and potentially important APPs from serum/plasma samples, which may lead to unnoticed losses of information. In other words: what do we know about the interactome of APPs? For instance, it is known that transthyretin binds another APP, the retinol binding protein (Folli et al., 2010), and the same happens with albumin (Gundry et al., 2007). In fact, almost every single APP has been described associated with albumin, like retinol-binding protein,  $\alpha$ 2-antiplasmin, complement factors, fibrinogen ( $\alpha$  chain), histidine-rich glycoprotein, prothrombin, serum amyloid A4,  $\alpha$ 1-acid glycoproteins 1 and 2,  $\alpha$ 1-antichymotrypsin,  $\alpha$ 1-antitrypsin,  $\alpha$ 1B-glycoprotein,  $\alpha$ 2HS-glycoprotein, antithrombin III, apolipoproteins, ceruloplasmin, haptoglobin, hemopexin, inter- $\alpha$ -trypsin inhibitor (heavy chain H4), leucine-rich  $\alpha$ 2 glycoprotein, paraoxonase 1, plasminogen, transferrin, transthyretin, vitamin D-binding protein or zinc- $\alpha$ 2-glycoprotein (Gundry et al., 2007; Salgado et al., 2010). Immunoglobulins are another example, since they fix complement factors. Immunoglobulins-complement factors interactions may cause unwanted loss of the second ones during the process of removing antibodies from biological fluids, which could account for the reduced levels of complement factors (C1, C3, C4) found in some clinic proteomic studies (Table 5). Finally, another good example comes from the association of haemoglobin and its scavenger protein haptoglobin with ApoA1 under an inflammatory context (Salvatore et al., 2007; Watanabe et al., 2009), so removal of haptoglobin can affect to ApoA1 detected levels, and vice versa. Despite these different setbacks, it can be stated that immunoaffinity depletion of just the two most abundant plasma proteins (i.e., albumin and immunoglobulins) still appears to be necessary, or at least beneficial, to enhance the resolving power (e.g., in 2-DE), reduce technical variation, detect or unmask lower abundant acute phase reactants (e.g., ceruloplasmin, C1q, ceruloplasmin, LRG) or reveal qualitative or quantitative differences in this group of plasma proteins more accurately. In any case, we always recommend analyze the retained fractions in order to extract more information from our clinical plasma/serum proteomic studies (Salgado et al., 2010).

Another problem of studying the APP is their modulation across the time. As commented in the introduction, the so-called negative acute phase reactants are highly abundant proteins which are rapidly down-regulated in response to a variety of stimuli, (e.g., transthyretin). The same “stressors”, in turn, cause the up-regulation of another important subclass: the positive APPs. This last class may be divided into three subclasses (I-III), based on their normal plasma concentrations. Class I, like ceruloplasmin (0.3 mg/mL) or complement factors C3 (0.8-1.7 mg/mL) or C4 (0.15-0.65 mg/mL), whose concentration may increase by 50%; Class II ( $\alpha$ 1-acid glycoprotein,  $\sim$ 1 mg/mL;  $\alpha$ 1-antitrypsin, 2-5 mg/mL;  $\alpha$ 1-antichymotrypsin, 0.3-1.6 mg/mL; haptoglobin, 0.3-0.2 mg/mL; fibrinogen, 2-6 mg/mL) begin to increase 24 to 48 hours and reach to their maximum level (two to five fold enhancement) in about 7-10 days, and require about two weeks to return to their normal levels; and finally class III (e.g, C reactive protein/CRP < 5  $\mu$ g/mL; serum amyloid A/SAA; < 10  $\mu$ g/mL), whose concentrations rise as early as 4 hours after inflammatory stimulus and attain their maximum levels within 24 to 72 hours (concentration may increase up to 1000 fold) and also decline very rapidly. Thus, depending on the acute/chronic nature of the pathology or the sampling time, one may get different results.

#### 4.3 Clinical proteomics

The field of clinical proteomics holds tremendous potential for discovery of noninvasive diagnostic and prognostic biomarkers or the identification of novel drugs targets, although there is a lack of approved IVD biomarkers (Table 4) based on clinical proteomics data (Anderson, 2010). However, scientists have accumulated during the last years a huge amount of high-throughput proteomic data with a true translational potential. Table 5 summarizes a literature review on different proteomics strategies used for the study of serum/plasma samples from several important diseases, as well as an overview on the major APPs alterations observed.

There are at least three sources of plasma/serum biomarkers: a) the primary diseased tissue, such as endothelial cells in atherosclerosis or neoplastic cells in cancer; b) the microenvironment around the primary cells; c) the systemic response to these local alterations, where APPs are involved. APPs are altered in bacterial infections, fractures, tumors, Crohn's disease, surgery, rheumatoid arthritis, burns or systemic vasculitis; however, they remain unaltered in others. The use of this third source of biomarkers has a clear advantage, as the APR is a kind of “amplificated biological response” (Omenn et al., 2007). Maybe for that reason, most of candidate biomarkers discovered in clinical proteomic studies using biofluids (plasma, serum, urine, cerebrospinal fluid, pleural effusion, etc) are APPs, which are shared among different pathological situations, like different cancers or autoimmune diseases. Therefore, contrary to single proteins biomarkers like PSA (prostate cancer), CA 125 (ovarian cancer), CEA (pancreatic cancer or CA 19-9 (breast cancer), which show a low sensitivity and specificity during disease detection, acute phase reactants (for example, C-reactive protein and cardiovascular risk detection) are more sensitive, but lack specificity. For example, Table 5 shows that CRP is elevated in allogeneic hematopoietic stem cell transplantation/HSCT, Down syndrome (maternal plasma), or hepatocellular carcinoma. Similarly, alpha 1 acid glycoprotein, alpha 1-antichymotrypsin,  $\alpha$ 1- B-Glycoprotein, antithrombin III, apoA1, ceruloplasmin, leucine rich glycoprotein, prothrombin, serum amyloid A, serum amyloid P component,



transferrin, transthyretin, vitamin D Binding Protein or zinc  $\alpha$ 2-glycoprotein are systematically either down- or up-regulated in different diseases (low specificity) (Table 5). This fact does not mean they are not useful as biomarkers. Rheumatoid arthritis (RA) is an autoimmune disease affecting 0.5-1% of adults characterized by persistent synovitis, systemic chronic inflammation and presence of autoantibodies. About 50-80% of RA patients are seropositive for rheumatoid factor (RF; IgM and IgA autoantibodies directed against the Fc region of IgG), antibodies against cyclic citrullinated peptides (anti-CCP), or both. Anti-CCP antibodies are more sensitive and specific for RA diagnosis than RF, which is present in up to 20% of elderly individuals, and also seem to be a better predictor of progressive joint destruction (Scott et al., 2010). Early diagnosis of RA is fundamental to achieve significantly better clinical outcomes, and acute-phase reactants can help to assess the probability of developing RA once there are evidences of inflammatory arthritis. Indeed, the low specific C-reactive protein is part of the ACR (American College of Rheumatology)/EULAR (European League Against Rheumatism) 2010 criteria to classify both early and established disease. Also on this regard, in 2010 our group published a preliminary 2-DE study using Immunoglobulins/HSA-depleted serum samples from healthy individuals and recently diagnosed/untreated rheumatoid arthritis (RA) patients. This work found that leucine rich glycoprotein was significantly upregulated, while antithrombin III was downmodulated (Salgado et al., 2010). Separately, Satoshi Serada (Serada et al., 2010), using iTRAQ, found that leucine rich glycoprotein is increased in RA patients before therapy. Like C-reactive protein, leucine rich glycoprotein is a low specific biomarker, as elevations of this APP are observed in bacterial (toxic shock syndrome) and viral (HIV) infections, autoimmune diseases (Crohn's disease, Behcet's disease) and some kind of cancers. However, this novel biomarker may be particularly useful to monitor disease activity in patients with active disease but normal C-reactive protein levels (Serada et al., 2010). In clear contrast (Table 5), other APPs, such as alpha 1 antitrypsin, hemopexin and, curiously, haptoglobin (considered a positive acute phase reactant), show a higher variability. Perhaps, such variability is rather due to genetic or posttranslational based changes more than simple augmented or reduced levels (see below), but there is no doubt that this kind of APPs may be more specific and therefore attractive from a diagnostic point of view.

Anyhow, the simple test paradigm, where one expects changes in the concentration of unique biomarkers linked to the diagnosis of single diseases, is gradually moving on to the use of multivariate tests. In classical clinical chemistry, a biomarker determination has diagnostic value only if compared with a reference interval including 95% (about 2 standard deviations above and below the mean value) of the reference values from the reference population (normally "healthy" people, but not always). Thus, plasma levels of a particular disease biomarker should lie within that reference interval, and values outside that reference range could point out (in theory) a pathological situation. However, this is not so straightforward. As mentioned above, it seems not likely to find a fully specific acute phase protein, since other diseases may alter the blood levels of this biomarker too (Table 5). What is more, acute phase protein concentrations within non-diseased subjects may vary substantially and overlap with those within diseased populations because: (A) genetic influences, like gender or race; (B) non genetic influences, like age, exercise, circadian rhythm, season, smoking, diet or sleep; (C)



medical treatment, such as drug therapy; and (D) pre-analytical phase variation, including sample drawing (body posture, time of venous occlusion by the tourniquet), transport and preparation. Indeed, there is a strong evidence of genetic control of plasma protein abundance: ~ 12-95% of the quantitative variation in specific plasma protein levels is genetic in origin (Anderson & Anderson, 2002). Therefore, it is important to control both the analytical and biological variation in any clinical proteomic study of the acute phase response in order to predict the number of samples and replicates that should be analyzed to find statistically significant differences (Hunt et al., 2005).

As we have just mentioned, most biomarker studies in scientific literature detecting acute phase response proteins are based on transversal/cross-sectional comparisons (e.g., healthy vs diseased group; Table 5). This approach suffers sometimes from large biological variation in the baseline values of APPs within the reference population, which, summed to the technical variation, generate a significant overlap with the concentration range of diseased populations. This overlap may mask the existence of significant changes and leads to low sensitivity (false negatives) and, especially for APPs, low specificity (false positives), once a cut-off value is set. ROC curves can help us to select such a discriminative value in order to maximize the specificity without renouncing to a good sensitivity level. Nonetheless, even if we find a sensitive and specific acute phase protein for a disease, the positive predictive value of that biomarker would depend, in the end, on the disease's prevalence, since even specificities as high as 99% will result in false positive results of low prevalent pathologies (Hoffman et al., 2007).

To solve these problems, two changes may help. The first one is the use of individual instead of population-based reference intervals for APPs (personalized medicine). Different authors have monitored the protein expression dynamics that take place within one individual to overcome all these limitations and to get more meaningful data; for example, to reveal serum/plasma biomarkers or to predict the recovery or treatment response during acute events such as trauma, infection or drug intervention. An example is the study of Han Roelofsen in 2007, who studied the kinetic of serum proteome before and after colon laparoscopic surgery (Roelofsen et al., 2007). Using SELDI-TOF-MS, this group could distinguish up to four groups of proteins based on their expression pattern kinetics. Thus, they identified serum amyloid protein and C-reactive protein as part of the positive slow response cluster, and transthyretin as a negative reactant belonging to the fast response group. These authors were also able to observe serum amyloid protein differences between patients, related to their recovery from surgery (Roelofsen et al., 2007). Another interesting work was the recent study on the serum proteome changes produced during allo hematopoietic stem cell transplantation by Joohyun Ryu (Ryu et al., 2010). The aim of this work was to find biomarkers suited for the diagnosis and follow-up of patients who experience complications after allo-HSCT (Table 5). Using 2-DE analysis of HSA/IgG depleted sera obtained at different times (pretransplant, 7, 14 and 21 days), these authors found 14 differentially expressed APPs. They observed three different expression patterns: A) serum amyloid P, ApoE and C-reactive protein, elevated 14 or 21 days post-HSCT; B) haptoglobin, alpha 2 HS glycoprotein, decreased upon HSCT; C) and APPs with irregular patterns. Based on their data, this group has suggested CRP as a risk factor for the development of major transplant-related complications, and haptoglobin as a prognostic biomarker of relapses in underlying

hematologic disease (Ryu et al., 2010). On the other hand, the second change consist in using multiplex panels of specific APPs (a proteome signature), which may improve diagnostic performance through the use of protein ratios (Gruys et al., 2006) or more sophisticated interpretive algorithms. In time, some of acute phase response biomarkers combinations might perhaps mature to FDA/EMA-approved IVD-tests, something costly and time-consuming (~10-20 years).

As commented above, 12-95% of the quantitative variation in specific plasma protein levels depends on genetic background. Thus, haptoglobin shows a 20% CV intraindividual, and 27.9% CV interindividual, and C-reactive protein 42.2% CV intraindividual and 92.5% CV interindividual (Anderson & Anderson, 2002). Polymorphic APPs, such as haptoglobin, alpha 2 HS glycoprotein, alpha 1 antitrypsin, vitamin D binding protein, and transferrin, have been detected by proteomic techniques (2-DE) since the seventies (Anderson & Anderson, 1977; Goldman et al., 1985; Salgado et al., 2010). Some of these variations have been associated with several pathological conditions. For example, schizophrenia shows enhanced levels of haptoglobin (Table 5) and a significant association with the HP 1-2 genotype (Wan et al., 2007), while the Hp 2-2 genotype seems rather linked to increased hemoglobin/haptoglobin/hemopexin content on HDL (ApoA1) particles and higher risk of coronary heart disease (Watanabe et al., 2009). It also has been found a higher susceptibility to chronic graft versus host disease (GVHD) after allogeneic hematopoietic cell transplantation (HSCT) in HP 2-2 patients (McGuirk et al., 2009). On the other hand, it was detected a higher incidence of myotrophic lateral sclerosis in vitamin D binding protein GC2 isoform carriers (Palma et al., 2008).

Post-translational modifications (PTMs) have also an important role in determining the function of proteins and come in a great degree of variation: citrullination, phosphorylation, proteolysis, glycosylation, oxidative modifications, etc. Many APPs show a complex combination of post-translational modifications, which may be disease- or inflammation-dependent. Thus, analysis of serum glycome in chronic inflammation associated to advanced ovarian cancer patients (Saldova et al., 2007) revealed sialyl Lewis x (SLe<sup>x</sup>) structures in APPs that already had this marker: haptoglobin  $\beta$ -chain, alpha 1 acid glycoprotein, and alpha 1 antichymotrypsin. These glycosylation changes were parallel to the upregulation of these proteins (Amon et al., 2010; Lin et al., 2009) (Table 5), and could be tumour specific (Saldova et al., 2007). In addition, PTMs may have an impact on 2-DE patterns (Butler et al., 2003; Saldova et al., 2007), and application of lectin affinity chromatography prior 2-DE (or other proteomic techniques) could sometimes unmask previously unnoted expression changes (Seriramalu et al., 2010). Some of those pathological-dependent post-translational modifications in APPs may result in the generation of new antigens (neo-antigenicity), and hence autoantibodies against them (autoimmune diseases). Two good examples to illustrate this point are autoantibodies specific for citrullinated proteins in rheumatoid arthritis/multiple sclerosis and autoantibodies recognizing oxidatively modified C1q in rheumatoid arthritis and systemic erythematosus lupus (Eggleton, 2008). Similarly, phospholipids and apolipoproteins (e.g., ApoB100) of low-density lipoprotein (LDL) are also susceptible to oxidation, promoting chronic inflammation and the generation of autoantibodies against highly immunogenic oxidation-specific neopeptides (Eggleton, 2008).

Disease	ALB	AAG	AAT	AAC	A1M	ABG	AHSG	A2M	ATIIL	APOLIPO-PROTEINS	CER	COMPLEMENT FACTORS	CRP	FBR	HP	HPX	HRG	ITI	LRG	PLA	PON1	PTR	RBP	SAA	SAP	TN	TRF	TTR	VDBP	ZAG	
CARDIOVASCULAR DISEASES: ATHEROSCLEROSIS, CORONARY RISK, MYOCARDIAL INFARCTION	↑	↓	↓	↓	↓	↓	↓	↓	↓	↑ Apo A1	↑	↓ C1	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↑	↓	↓	↑	↑	↑	↑	↑	
TYPE 2 DIABETES	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑ ApoA1, ApoA2, ApoC2, ApoC3, ApoE	↑	↑ C3, C4, ↑ C4A, C4B, ↑ CFH, C1q, ↑ C8	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	
RHEUMATOID ARTHRITIS	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓ ApoA1 ↓ ApoA4	↓	↑ C3	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
SCHIZOPHRENIA	↑	↑	↑	↑	↑	↑	↑	↑	↑	↓ Apo A1	↓	↑ C4	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
BIPOLAR DISORDER	↑	↑	↑	↑	↑	↑	↑	↑	↑	↓ Apo A1	↓	↓ CFB, C3	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
CYSTIC FIBROSIS	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓ Apo A1	↓	↑ C3, C4	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
WILSON DISEASE	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓ ApoA1	↓	↑ C3, C4	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑
SEVERE ACUTE RESPIRATORY SYNDROME	↑	↑	↑	↑	↑	↑	↑	↑	↑	↓ ApoA1 ↑ ApoE	↑	↑ C3, C4	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑	↑

Disease	ALB	AAG	AAT	AAC	A1M	ABG	AHSG	A2M	A1III	APOLIPO-PROTEINS	CER	COMPLEMENT FACTORS	CRP	FBR	HP	HPX	HRG	ITI	LRG	PLA	PON1	PTR	RBP	SAA	SAP	TN	TRF	TTR	VDBP	ZAG
ALLOGENEIC HSCT	↑	↑	↑	↑	↓	↓	↓	↓	↓	↑ ApoA4, ApoE ↓ ApoJ				↑	↓ ↑							↑		↓	↑					↑
DOWN SYNDROME (MATERNAL PLASMA)	↓	↓	↓	↓				↓		↓ ApoM, ApoA1, ApoA4 ApoB100 Lp(e)		↑ CFH, CFB ↑ C5, C8 ↓ C3	↑	↓	↑	↑	↑	↑				↑		↑						
ENDOMETRIAL ADENOCARCINOMA	↓	↓	↓	↓					↑	↑ Apo J									↑											↑
SQUAMOUS CELL CERVICAL CARCINOMA	↓	↓	↓	↓					↑																					↑
CERVICAL ADENOCARCINOMA	↓	↓	↓	↓					↑																					↑
OVARIAN CANCER	↓	↑	↑	↑								↑ C4bp, C9 ↓ C2	↑	↑	↑	↑	↑	↑	↑					↑			↓			
BREAST CANCER	↑	↑	↑	↑				↓ ↑	↑	↑ ApoA2 ↑ Apo D		↑ C1, CFB, C8β ↓ C3, C4A, C8β	↑	↑	↑	↑	↑	↑	↑	↓										
HEPATOCELLULAR CARCINOMA	↑	↑	↑	↑				↓		↓ Apo J		↑ C4A, CFH, C1r, C1g, CFB, C9	↑	↑	↑	↑	↑	↑	↑					↑	↑	↑	↑	↑		
LUNG ADENOCARCINOMA	↑	↑	↑	↑				↑	↑	↑ Apo A1				↑				↓												↑

Table 5. Acute phase protein patterns revealed by proteomic studies in different diseases.



Sometimes, different studies on a particular disease yield opposite data regarding the same acute phase reactant, and there are examples even within the same paper: e.g., alpha 2 macroglobulin, inter- $\alpha$ -trypsin inhibitor in breast cancer, and transthyretin in severe acute respiratory syndrome. In the last case, this is due to different modulation of low a high molecular weight forms. Abbreviations are the same as in Table 1. Blue colour indicates prototypical positive acute phase proteins, while yellow colour points out characteristic negative acute phase reactants. Proteomic methodologies used: **Cardiovascular disease** (Kim et al., 2011) 2-DE. Silver staining. MS/MS. Western blot. ELISA. **Type 2 diabetes** (Li et al., 2008) 1-DE/Coomassie. **Rheumatoid arthritis** (Salgado et al., 2010) HSA/Ig depleted sera. 2-DE/Coomassie. MS/MS; (Doherty et al., 1998) whole plasma. 2-DE/Coomassie. Immunoassays; (Serada et al., 2010) Sera were depleted with MARS-Hu-14 (14 abundant proteins removed, Agilent Technologies), iTRAQ labelling. nanoLC-MS/MS. ELISA. **Schizophrenia** (Wan et al. 2007) 2-DE/Coomassie. MALDI-MS (PMF). **Bipolar disorder** (Sussulini et al., 2011) SELDI-TOF. **Cystic fibrosis** (Charro et al., 2011) Pooled serum samples processed with Multiple Affinity Removal System (MARS) spin cartridges (6 abundant proteins removed; Agilent Technologies). 2-DE/Coomassie. MALDI-TOF/TOF (MS/MS). Shotgun proteomics (nanoRPLC-MS/MS). **Wilson disease** (Park et al., 2009) Sera were depleted using MARS column (6 abundant proteins removed, Agilent Technologies). 2-DE/Coomassie. MALDI-TOF (MS), MS/MS and Western blot. **Severe acute respiratory syndrome** (Chen et al., 2004) Unfractionated plasma samples. 2-DE/Sypro Ruby. MALDI-TOF-MS and LC-MS/MS; (Wan et al., 2006) HSA/IgG depleted pooled plasma samples. 2-DE DIGE. MALDI-MS/MS and Western blot. **Allogeneic HSCT** (Ryu et al., 2010) HSA/IgG depleted sera. 2-DE/silver staining. L-MS/MS. (McGuirk et al., 2010) HSA depleted sera. 2-DE/Silver staining. LC-MS/MS. **Down syndrome** (Kolla et al., 2010) Plasma samples depleted with ProteoMiner Enrichment Kit (BioRad). Trypsin digestion, iTRAQ labelling, and SCX/Nano LC MALDI-TOF-TOF (MS/MS). **Endometrial adenocarcinoma** (Abdul-Rahman et al., 2007). Unfractionated sera, 2-DE/ Silver Stain/Coomassie. MALDI-MS (PMF and MS/MS). Western blot. Competitive ELISA. **Squamous cell cervical carcinoma** (Abdul-Rahman et al., 2007). Unfractionated sera, 2-DE/ Silver Stain/Coomassie. MALDI-MS (PMF and MS/MS). Western blot. Competitive ELISA. **Cervical adenocarcinoma** (Abdul-Rahman et al., 2007). Unfractionated sera, 2-DE/ Silver Stain/Coomassie. MALDI-MS (PMF and MS/MS). Western blot. Competitive ELISA. **Ovarian cancer** (Amon et al., 2010) Serum samples were depleted using Multiple Affinity Removal System (MARS-7) columns (Agilent). 2D (Anion exchange/Reverse phase)-LC. MS/MS and ELISA. (Lin et al., 2009) Depleted sera (IgY12 columns). ICAT/ $\mu$ LC/MS/MS and ELISA. (Boylan et al., 2010) Depleted sera (MARS and IgY12 columns). Trypsin digestion, iTRAQ labelling, and SCX/reverse phase LC/MS/MS. Western blot. **Breast cancer** (Kadowaki et al., 2011) MARS-6 (Agilent) depleted sera. Reverse phase HPLC followed by 2-DE/Coomassie. Western blot and ELISA. **Hepatocellular carcinoma** (Yang et al., 2007) Serum samples. 2-DE/silver staining. Nano-HPLC-ESI-MS/MS. **Lung adenocarcinoma** (Hongsachart et al., 2009) Crude sera or WGA lectin-bound serum proteins. 2-DE/Sypro and 2-DE-DIGE. MALDI-TOF MS and MS/MS. Western blot.

## 5. Conclusion

The acute phase response is a highly conserved system that takes place during inflammation. During this response the serum levels of a continuously growing list of



plasma proteins change, either up- (some of them even 1000 fold) or downwards, under the influence of cytokines like IL-1, IL-6 or TNF $\alpha$ . Some APPs have antiinflammatory effects (e.g., C-reactive protein, leptin), while others influence leukocyte activation/trafficking (e.g., serum amyloid A), modulate the coagulation/complement cascade (e.g., anti-thrombin 3, C-reactive protein) or work for example as scavenger proteins (e.g., haptoglobin, serum amyloid A). With such a variety of functions, it is not surprising to find that some of these APPs are useful for diagnosis and prognosis of different diseases, and for that reason different companies have developed a high number of IVD tests based on single acute phase reactants. For example, amongst others, APPs-based tests are being used nowadays in hepatic/kidney function or nutritional status evaluation, to check the presence of infectious diseases, inflammation or autoimmune diseases, or to detect anemia or thrombophilia/bleeding disorders. Apart from the discovery of new APPs whose potential clinical interest awaits future studies, some older ones seem to have got a second life as biomarkers, like C-reactive protein and cardiovascular risk assesment. In addition, the role of many of these APPs has not been completely elucidated (e.g., leucine rich  $\alpha$ 2 glycoprotein, serum amyloid A), and experimental evidences also point out new associations of some of these proteins with different diseases, like for instance serum amyloid A and obesity-related disorders (e.g., cardiovascular diseases, atherosclerosis, diabetes, insulin resistance) (Zhao et al., 2010). Therefore, it can be said that much work remains to be done in the future around the acute phase reactants field. Actually, body fluid proteomics techniques have become promising tools to uncover new APPs and their associations with human disorders, and it is likely that some of these proteomic studies will finally reveal proteins within the expanding group of APPs with potential clinical interest. Moreover, these findings might even lead to the development and marketing of new IVD tests by the biotechnology industry. Nevertheless, according to data from different pathological scenarios, it is more likely that combinations of APPs will characterize disease states or predict disease outcomes better than single APPs. Thus, what the future may hold is the use of IVD assays with improved tests properties (e.g., sensitivity, specificity) based on disease-associated acute phase reactants patterns (or APPs "signatures").

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