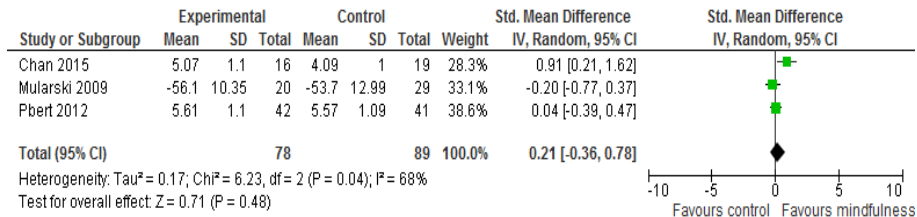
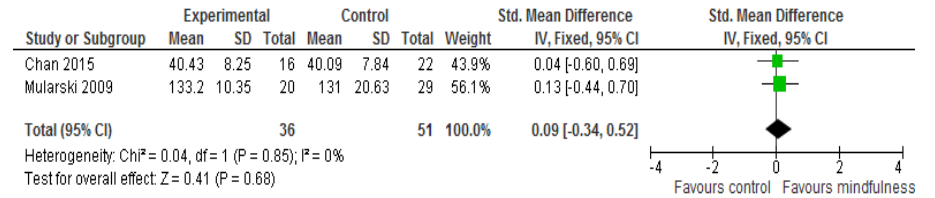


**Figure 2. Meta-analyses for outcomes assessed post-intervention in two or more studies**

**Figure 2a. Results for the meta-analysis on disease-specific HRQOL**



**Figure 2b. Results for the meta-analysis on levels of mindfulness**



**Figure 2c. Results for the meta-analysis on stress levels**

