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Occupational Health Hazards: Assessing Occurrence and Policies in Nigerian Academic Libraries

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Abstract

This study examines the policies and occurrences of occupational health hazards among library personnel in private universities in the Southwest, Nigeria. A total population of 177 respondents from 15 privately owned universities were used for the study. The research instrument used in the collection of data was a questionnaire. The result of the study shows that most respondents have experienced occupational health hazards. The study also revealed that muscle strain, back aches, eye problems, and respiratory diseases are the most prevalent occupational health hazards experienced by library personnel. The study identified manual handling of library materials, constant exposure of the eyes to computer screens, inhaling of chemicals and dust, as well as long sitting position as the main causes of occupational health

hazards among staff. Most respondents indicated that their organizations are not implementing policies on occupational health hazards. Recommendations were made on how to address the various issues raised.

Keywords

- [occupational health hazards](#),
- [libraries](#),