
Poster Presentation

Relationship between Using Social Networks, Internet Addiction and Loneliness among Students

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Background: Worldwide internet is known as one of the most outstanding information and communication technology and represents the technological advancement of modern humans. Its role in creating social changes is unavoidable. The aim of this study was to determine the relationship between using social networks and loneliness among students.

Methods: The study was cross-sectional and correlational. The sample consisted of 30 students and 30 students Mvzady use of social networks, which were selected by convenience sampling method. The data gathering tool included UCLA loneliness scale, Young's Internet Addiction and researcher made questionnaires.

Results: There was a significant relationship between using social network and internet addiction ($r=0.506$, $P<0.001$). There was no significant relationship between using social network and loneliness. Between girls and boys, there was no significant difference in the use of social networks, between the two groups with up to Internet addiction Internet addiction and lack of significant differences in the levels of loneliness there.

Conclusion: Internet due to its false appeals to users slowly causes addiction and can satisfy the user's psychological and emotional needs. Therefore, replacing interaction with people in the real world rather than social networking can help in developing emotional and social communications.

Key Words: Social networking, , loneliness, Internet Addiction

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