

1 **Resolving the upper-ocean warm layer improves the**
2 **simulation of the Madden-Julian Oscillation**

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13 **Abstract**

14 **Here we show that coupling a high-resolution one-column ocean model to an**
15 **atmospheric general circulation model (AGCM) dramatically improves simulation**
16 **of the MJO to have realistic strength, period, and propagation speed. The**
17 **mechanism for the simulated MJO involves both Frictional Wave-Convective**
18 **Conditional Instability of the Second Kind (Frictional wave-CISK) and Air-Sea**
19 **Convective Intraseasonal Interaction (ASCI). In particular, better resolving the**

20 fine structure of upper ocean temperature, especially the warm layer, produces
21 more vigorous atmosphere-ocean interaction and strengthens intraseasonal
22 variations in both SST and atmospheric circulation. This helps organize and
23 strengthen deep convection, inducing a stronger Kelvin-wave like perturbation
24 and frictional near-surface convergence to the east. In addition, the warmer SST
25 ahead of the MJO also acts to destabilize the boundary layer and enhance
26 frictional convergence. These lead to a more realistic eastward-propagating MJO.

27 A suite of sensitivity experiments were performed to show the robustness of the
28 mechanisms and to demonstrate: (1) that mean state differences are not the main
29 contributors to the improved simulation of our coupled model; (2) the role of SST
30 variability in enhancing frictional convergence and intraseasonal variations in
31 precipitation, and (3) that the simulation is significantly degraded when the first
32 ocean model layer is thicker than 10m. Our coupled model results are consistent
33 with observations and demonstrate a simple but effective means to significantly
34 improve MJO simulation and potentially also forecasts.

35 **Key word:** MJO, Coupling, warm layer, one column ocean model

36 1. Introduction

37 The Madden-Julian Oscillation (MJO) is the dominant pattern of atmospheric
38 intraseasonal variability in the tropics. MJO events are characterized by large-scale
39 tropical circulation anomalies that develop over the Indian Ocean and propagate
40 eastward into the western Pacific with a timescale of 2-3 weeks (Madden and Julian
41 1972; Hendon and Salby 1994; Zhang and Mu 2005). Many theories exist for the MJO,
42 but none are completely satisfactory. The equatorial wave solution to deep tropical

43 diabatic heating describes the MJO structure well, but fails to explain its period of 30-60
44 days and eastward propagation speed of approximately 5 m/s over the Indo-Pacific
45 warm pool¹ (Madden and Julian 1972; Zhang 2005). On these timescales, low-level
46 moisture convergence, warm sea surface temperature (SST), and shallow upper ocean
47 mixed-layer depth precede the eastward propagation of organized deep convection by
48 around ten days (Hendon and Salby 1994; Woolnough et al. 2000); opposite conditions
49 follow by around 10 days. While the oceanic changes are well understood (Shinoda and
50 Hendon 1998; Bernie et al. 2005), the relative importance of the low-level convergence
51 and ocean-atmosphere interaction are debated (Zhang et al. 2006; Marshall et al. 2008).

52 There are numerous MJO theories. Some of them disagree on the cause of the
53 low-level convergence. For example, in Frictional Wave-Convective Conditional
54 Instability of the Second Kind (Frictional wave-CISK), equatorial waves propagate
55 eastward through the interaction with the frictional boundary layer (Wang and Rui
56 1990; Hendon and Salby 1994; Maloney and Hartmann 1998; Hsu et al. 2004; Kang et
57 al. 2013). While in Air Sea Convective Intraseasonal Interaction (ASCII) (Flatau et al.
58 1997; Waliser et al. 1999), the SST drives the low-level convergence and eastward
59 propagation, but the exact mechanism remains unclear. Other theories emphasize
60 different aspects. In the wind-evaporation feedback or wind induced surface heat
61 exchange (WISHE) theory (Emanuel 1987; Neelin et al. 1987), the destabilization of the
62 convectively coupled Kelvin wave is driven by anomalous latent heat flux at the surface
63 induced by anomalous wind speed. This theory cannot explain the eastward propagation
64 in the Indian Ocean and the western Pacific where the observed background flow is

¹ Typically defined as the region of water warmer than 29°C in the Indo-Pacific region.

65 westerly. Although the increased moisture preceding the MJO does not result from
66 locally enhanced evaporation, the feedback of moisture and heat flux on the MJO is
67 likely important (Maloney and Sobel 2004; Maloney 2009; Kiranmayi and Maloney
68 2011; Andersen and Kuang 2012). Multi-scale interaction during the MJO is also
69 observed (Nakazawa 1988; Hendon and Liebmann 1994; Chen et al. 1996; Yanai et al.
70 2000; Zhang 2005). The eastward moving convective center or active phase of the MJO
71 can be viewed as a large-scale ensemble of myriad higher-frequency, small-scale
72 convective systems moving in all directions. Large-scale dynamics may organize the
73 mesoscale convective systems, which in turn can couple shallow and deep heating
74 modes, leading to eastward propagating MJO like disturbances (Ajayamohan et al.
75 2013).

76 It remains a challenge to simulate the MJO. Only a limited number of atmospheric
77 models were shown to simulate the MJO reasonably well (Lin et al. 2006; Kim et al.
78 2009; Jiang et al. 2014). Model disagreement has been linked to differences in the
79 representation of atmospheric processes, such as convection and boundary layer
80 processes (Liu et al. 2005; Zhang and Mu 2005; Zhu et al. 2009; Deng and Wu 2010;
81 Zhou et al. 2012). The simulation of the MJO is also sensitive to the background mean
82 state including westerly winds and precipitation that are often poorly simulated by
83 coupled models (Inness and Slingo 2003; Watterson and Syktus 2007; Kim et al. 2011).

84 There is some consensus that coupling with an ocean model generally improves
85 an atmospheric model's simulation of the MJO. However, most current coupled models
86 still poorly simulate intraseasonal atmospheric variability (Kim et al. 2011; Hung et al.
87 2013) and the role of coupling remains debated. In particular, while in some models

88 resolving ocean-atmosphere interaction benefits MJO simulation (Waliser et al. 1999;
89 Inness and Slingo 2003; Marshall et al. 2008; Klingaman et al. 2011; Subramanian et al.
90 2011; Crueger et al. 2013), in others it has little influence or even degrades model
91 performance (Hendon 2000; Sperber et al. 2005; Hung et al. 2013).

92 In terms of the oceanic aspect, coupling to an ocean general circulation model
93 (OGCM) (Bernie et al. 2008), a simple slab ocean model (Marshall et al. 2008) or a
94 more complex 1D ocean mixed layer model (Bernie et al. 2005) have all been shown to
95 improve the simulation of the MJO. Bernie et al. (2008) showed that resolving the
96 diurnal cycle in the upper ocean improves coupled ocean-atmosphere feedbacks, the
97 basic state, and the timing of the seasonal cycle of SST and the trade winds in the
98 tropical Pacific, and leads to a better simulation of the MJO. These effects represent a
99 non-linear rectification of the diurnal cycle onto intraseasonal variability and the mean
100 state. Woolnough et al. (2007) compared a fully coupled atmosphere-ocean model and
101 an atmosphere-1D ocean mixed layer model for MJO prediction skill. Their experiment
102 with the mixed layer model showed improvement in skill over the full dynamical ocean
103 model that arises from an enhanced sensitivity of the SST to the surface flux. Other
104 works have examined the sensitivity to slab thickness in coupled AGCM – slab ocean
105 models (Watterson 2002; Maloney and Sobel 2004; Klingaman et al. 2011). In
106 general, shallower slabs resolve upper ocean temperature variance better and
107 further improve the MJO simulation. However, most climate models do not resolve
108 upper ocean processes sufficiently to simulate realistically intraseasonal SST variations
109 in the Indo-Pacific warm pool region. Thus, the role played by SST variations on these
110 timescales in the MJO remains to be fully explored.

111 To better simulate the upper ocean temperature variability in the Indo-Pacific
112 warm pool it is necessary to include the processes that determine the warm layer and
113 cool skin. The warm layer (Fairall et al. 1996) resides in the upper few meters of the
114 ocean, where most of the solar radiation is absorbed. It onsets after sunrise, exists until
115 sunset, and is a maximum in the early afternoon. The warm-layer contributes to the
116 diurnal cycle in SST. The cool-skin phenomenon occurs because energy transport is
117 limited to molecular diffusivity in the upper few tenths of a millimeter to a few
118 millimeters, depending on wind speed (Fairall et al. 1996; Tu and Tsuang 2005). This
119 phenomenon causes the SST to be typically a few-tenths of a degree Celsius cooler than
120 the temperatures below (Saunders 1967; Paulson and Simpson 1981; Wu 1985; Fairall
121 et al. 1996). The cool skin does not contribute directly to SST variability, but is
122 important for computation of surface fluxes.

123 In summary, our theoretical understanding and ability to simulate the MJO are
124 limited, and while it is generally accepted that ocean-atmosphere interaction improves
125 the simulation of the MJO, whether it is an essential element of the MJO is unclear. The
126 main objective of this study is to improve understanding of the role of ocean-
127 atmosphere interaction for the MJO. In particular, we aim to address two open issues:
128 First, what is the role of temperature variations in the upper few meters of the ocean?
129 We also consider the influence of the cool-skin, but find very limited impact on the
130 MJO; thus it is not discussed further. Second, what is the role of the SST in driving low-
131 level convergence? Is it a local or remote influence? For this purpose, we couple a high-
132 vertical-resolution 1D ocean mixed layer model to an atmospheric general circulation
133 model (AGCM) with high coupling frequency. The model configuration allows proper
134 simulation of upper-ocean temperature variations, while maintaining a realistic model

135 mean state. The coupling substantially improves simulation of the MJO to have realistic
136 strength, period, and propagation speed. In our opinion, the model performance
137 surpasses that of most previous studies; it is also listed among the eight best models in
138 simulating the MJO and four best in simulating convectively coupled wave spectra in a
139 recent intercomparison of 27 models (Jiang et al. 2014). A suite of carefully designed
140 experiments are performed to identify the contribution of mixed-layer processes, the key
141 regions of ocean-atmosphere interaction, mean state differences, and intraseasonal SST
142 variations in our improved MJO simulation. The model and methods are described in
143 the next section. Section 3 presents the results and is followed by a summary and
144 discussion.

145 **2. Data, methodology and model**

146 We analyse Global Precipitation Climatology Project (GPCP) data, outgoing
147 longwave radiation (OLR) and daily SST (OISST; Reynolds and Smith (1995)) data
148 from the National Oceanic and Atmosphere Administration (NOAA) and parameters
149 from ERA-interim reanalysis (Dee et al. 2011). We use the CLIVAR MJO Working
150 Group diagnostics package (CLIVAR 2009), and a 20-100 day filter to isolate
151 intraseasonal variability. MJO phase composites are computed using the MJO index
152 defined by the leading pair of principal components from an Empirical Orthogonal
153 Function analysis of intraseasonal OLR, and 850 hPa and 200 hPa zonal wind (Wheeler
154 and Hendon 2004).

155 The model used in this study is ECHAM5.4 (Roeckner 2003) coupled with the
156 Snow-Ice-Thermocline (SIT) one column ocean model (Tu and Tsuang 2005; Tsuang et
157 al. 2009). ECHAM5 is the fifth generation of the ECHAM atmospheric general

158 circulation model, developed at the Max Planck Institute for Meteorology (MPI). It is a
159 spectral model employing state-of-the-art physics. The horizontal resolution used here is
160 T63 ($\sim 1.8^\circ$) with 31 vertical layers and a model top at 10hPa ($\sim 30\text{km}$). The default
161 cumulus convective scheme, Nordeng (Nordeng 1994), is used in this study. Nordeng is
162 an improved version of the Tiedtke mass flux convection scheme (Tiedtke 1989).
163 Nordeng extends on this scheme to have organized entrainment and detrainment in
164 penetrative convection related to buoyancy.

165 SIT simulates the SST and upper ocean temperature variations, including the cool
166 skin and warm layer (diurnally occurring) of the upper ocean, and turbulent kinetic
167 energy (TKE; Gaspar et al. (1990)) of a water column. Further details of the SIT model
168 are described in the appendix. In the finest resolution experiments SIT has 42 vertical
169 layers, with 12 in the upper 10 m. The resolution in the upper 10 m is very fine in order
170 to capture the upper ocean warm layer, and there is a layer at 0.05 mm for reproducing
171 the cool skin of the ocean surface. Note that it is not conventional to couple such a high
172 vertical resolution TKE ocean model to an AGCM. To account for neglected horizontal
173 processes, the ocean is weakly nudged (with a 30-day time scale) to the observed
174 climatological ocean temperature below 10 m depth; there is no nudging within the
175 upper 10-m depth. SIT and ECHAM exchange SST and fluxes at every time step (12
176 minutes) in the tropics (30°S - 30°N), elsewhere climatological SST drives the AGCM.

177 A series of 25-year numerical experiments were performed to evaluate the impact
178 of atmosphere-ocean coupling on the MJO simulation. They include a control coupled
179 simulation (C-CTL) and standalone AGCM simulations forced by observed and
180 simulated climatological monthly SST (A-CTL and A-clim, respectively) and daily SST

181 (A-OISST and A-day, respectively). Note that in the coupled simulations, model SST
182 was relaxed to observed climatological monthly SST (see appendix). Two extra coupled
183 experiments with coarser vertical resolutions (16.8 meters (C-17m) and 59.3 meters (C-
184 59m); see appendix) in SIT and three regional coupled experiments (the Indian Ocean
185 (C-IO), the western Pacific (C-PO) and the Indian-western Pacific Oceans (C-IPO))
186 were also conducted. All experiments are summarized in the Table 1.

187 **3. Simulation results**

188 **3.1. The improvement of MJO simulation through ocean-atmosphere coupling**

189 To assess the impact of ocean-atmosphere interaction on the MJO, we compare
190 simulations of the coupled model (C-CTL) with the uncoupled AGCM (A-CTL) forced
191 by climatological monthly SST. We focus on boreal winter (November-April) when the
192 MJO is most prominent, but results are similar in other seasons (not shown). As shown
193 in zonal wavenumber-frequency spectra of 850-hPa zonal wind (Fig. 1a-c), the coupled
194 model simulates realistically the 30-80-day eastward-propagating zonal-wavenumber
195 one signal. The uncoupled AGCM produces both eastward and westward propagating
196 wavenumber 1-3 signals with periods longer than 80 days, indicative of the stationary
197 behavior of the uncoupled simulation. The coupled model reproduces the realistic
198 eastward propagation, although slightly slower than observed, in precipitation and
199 surface winds, in contrast to the stationary intraseasonal fluctuation in the uncoupled
200 simulation (e.g., Hovmöller diagrams shown in Fig. 1d-f). This statistical analysis
201 clearly shows the improvements of the MJO simulation in the coupled model relative to
202 the uncoupled simulation. Thus, active ocean-atmosphere interaction may be an
203 important factor responsible for the coupled model's realistic MJO simulation

204 (Watterson 2002; Watterson and Syktus 2007; Woolnough et al. 2007; Subramanian et
205 al. 2011; Crueger et al. 2013). In contrast to other state-of-the-art climate models (Kim
206 et al. 2009; Hung et al. 2013), ECHAM-SIT exhibits excellent MJO simulation skill
207 both in the periodicity and eastward propagation, and is among the few top models
208 participating in a Joint WGNE MJO Task Force / GEWEX GASS Project on the
209 Vertical Structure and Diabatic Processes of the MJO - Part I. Climate Simulations
210 (Jiang et al. 2014).

211 **3.2.Mechanism investigation**

212 In this section two possible mechanisms for the improved MJO simulation
213 resulting from coupling are investigated, and their relevance to observations is
214 discussed.

215 **a) Instability**

216 We analyze vertical atmospheric profiles and local ocean-atmosphere interaction
217 in different MJO phases over the Maritime Continent region; these results are
218 representative for the entire Indo-Pacific warm pool sector. Figure 2 shows MJO phase
219 composites analysis for the vertical profile of moisture divergence and the equivalent
220 potential temperature (θ_e) over the 10°S-0°N and 120-150°E region. In both
221 observations and the coupled simulation, near-surface moisture convergence and a less
222 stable lower troposphere (during phase 1-3) lead the deep convection (in phase 4) (Fig.
223 2a, b; upper panels). As the MJO is an eastward propagating phenomenon, the shallow
224 convective phases occur to the east of deep convective phases and hence, the horizontal
225 (phase) axis can be equivalently considered as the zonal direction (Kim et al. 2009).

226 Thus the moisture convergence exhibits a westward tilting structure that is consistent
227 with low-level convergence preconditioning deep convection and the eastward
228 propagation. The uncoupled AGCM fails to simulate both enhanced low-level moisture
229 convergence and less stable lower troposphere during the development phase (Fig. 2c).

230 The simulated intraseasonal SST variations largely agree with observations in
231 terms of amplitude and phase, although the model warm phase leads the observed by
232 about a phase. By contrast, there is no intraseasonal SST variation in the uncoupled
233 model (Fig 2; bottom) because of prescribed climatological monthly SST. The observed
234 SST varies by a few tenths of a degree over an MJO life cycle, with positive 2m
235 temperature (T2m), negative (anomalously downward) latent heat flux, negative
236 sensible heat flux (not shown), and positive (anomalously downward) short wave flux
237 (not shown) anomalies leading warmer SST, and vice versa for cooler SST (Fig. 2a).
238 Both latent and sensible heat flux variations are dominated by anomalous wind speed,
239 but sensible heat flux variations are much weaker than those of latent heat flux. While
240 the latent heat flux variations in the coupled and uncoupled simulations have similar
241 phase relation to observations, major differences are found in the simulation of T2m. In
242 the MJO development phase, the T2m anomaly is positive in the coupled simulation,
243 but it is negative in the uncoupled simulation. This might be because the SST does not
244 vary in the uncoupled simulation and the negative sensible heat fluxes cool the
245 atmosphere (not shown). In the coupled model the T2m temperature appears more
246 synchronized with the SST in comparison to ERA-interim reanalysis, but there is large
247 uncertainty between reanalysis data (e.g., comparing the ERA-Interim and NCEP
248 reanalysis in bottom panel of Fig 2a). The NCEP reanalysis also shows a near
249 synchronization between T2m and SST. In observations the warmer SST appears almost

250 concurrently with near-surface convergence, and both lead the deep convection (Fig.
 251 2a). This well-known phase relationship is reasonably simulated by the coupled model,
 252 but cannot be simulated by the uncoupled model with prescribed SST (Fig. 2; bottom
 253 panel). In observations and the coupled model the warmer SST contribute to destabilize
 254 the lower troposphere during the MJO's development, consistent with the ASCII
 255 mechanism. However, in the uncoupled simulation, the fixed climatological SST
 256 stabilizes and weakens low-level convergence. This stabilization effect is unfavorable
 257 for triggering the low-level convergence. The convergence may also in part be driven by
 258 large-scale influences, as discussed further below.

259 To further understand the moisture sources (Fig. 2), the moisture flux divergence
 260 on the intraseasonal time scale is decomposed as follows:

$$\begin{aligned}
 & (\nabla \cdot \bar{q}\vec{U})' \\
 261 \quad & = [\bar{q}] \frac{\partial u'}{\partial x} + [\bar{q}] \frac{\partial v'}{\partial y} + [\bar{u}] \frac{\partial q'}{\partial x} + [\bar{v}] \frac{\partial q'}{\partial y} + q' \frac{\partial [\bar{u}]}{\partial x} + q' \frac{\partial [\bar{v}]}{\partial y} + u' \frac{\partial [\bar{q}]}{\partial x} + v' \frac{\partial [\bar{q}]}{\partial y} \\
 & + q' \frac{\partial u'}{\partial x} + q' \frac{\partial v'}{\partial y} + u' \frac{\partial q'}{\partial x} + v' \frac{\partial q'}{\partial y}
 \end{aligned}$$

262 where, q is specific humidity, and \vec{u} is vector wind. Brackets are climatological
 263 means, and primes are intraseasonal anomalies. Results are presented in Fig. 3. In
 264 observation and coupled model the anomalous low-level moisture convergence is
 265 mainly determined by anomalous wind convergence (i.e., the first two right-hand
 266 terms), while other terms are of secondary importance. The moisture convergence in the
 267 uncoupled simulation remains small in all phases compared to the observation and the
 268 coupled simulation. The meridional component ($[\bar{q}] \frac{\partial v'}{\partial y}$) that is a dominant term in

269 moisture flux convergence is missing in the uncoupled simulation. The anomalous wind
270 convergence drives the moistening of atmospheric boundary layer and preconditions the
271 atmosphere for deep convection leading to the active MJO phase and eastward
272 propagation. The coupled model successfully simulated this important process.

273 **b) Precipitation and Kelvin wave**

274 Stronger convection will help trigger stronger convectively coupled equatorial
275 waves. Thus, another possible reason for the improved coupled model simulation is the
276 increase in precipitation variability of up to 180% over parts of the Indian Ocean and
277 the Maritime Continent compared to the uncoupled model (Fig. 4). This appears to lead
278 to more organized convection and stronger Kelvin-wave like signals with enhanced
279 low-level convergence to the east of the convection. This is evident in composites for
280 phase 4 when deep convection is the strongest over the Maritime Continent (Fig. 5);
281 similar results are found for phase 3. During these phases, SLP pattern in the
282 observation and the coupled model resembles the classical Gill-type (Gill 1980)
283 response to tropical heating, while the pattern in the uncoupled model is not as well
284 organized (Fig. 5a, c and e). Although both models simulate Kelvin-wave like SLP
285 structure leading the convection, only the coupled model is able to reproduce the low-
286 level wind convergence strongly confined to the equator as in observations. In the
287 uncoupled model low-level convergence occurs only in limited regions with no clear
288 relationship with the deep convection. The convergence in both the observation and the
289 coupled simulation does not coincide with the warmest water (Fig. 5b, d) and therefore
290 is not completely consistent with the Lindzen-Nigam model (Lindzen and Nigam 1987).
291 The Kelvin-wave like structure with the meridional low level convergence is consistent

292 with the Frictional Wave-CISK mechanism that acts as a major mechanism in both
293 observation and our coupled model. The improved MJO simulation is shown to be due
294 to active ocean-atmosphere interaction, and the mechanism identified appears to have
295 elements of Frictional wave-CISK and ASCII.

296 **3.3.Sensitivity experiments**

297 In this section we will address the importance of vertical resolution and
298 investigate the regions where coupling is most essential. Furthermore, we will consider
299 whether the improvements arise indirectly through accounting for intraseasonal SST
300 variations or through changes in the background state, rather than active ocean-
301 atmosphere interaction.

302 **a) Ocean vertical resolution**

303 Two additional experiments are performed to further assess the SST's role in
304 determining the eastward propagation speed and period of the MJO. In the coupled
305 model experiment (C-CTL) described above the vertical resolution is 1m within the
306 upper 10m, while in the two new experiments the top of the ocean layer is increased to
307 16.8m (C-17m), and 59.3m (C-59m), respectively. In the C-CTL simulation the upper
308 ocean temperature variations are mostly confined to the upper 10m of the ocean and are
309 the largest in the upper few meters (Fig. 6a). The amplitude of the temperature
310 variations over the MJO cycle decreases by about 20% in the C-17m (Fig. 6b), and by
311 about 40% in the C-59m (Fig. 6c). Furthermore, the coarser the resolution the slower
312 the temperature response to the surface heating changes, as thicker surface layers heat
313 more slowly. This causes a longer intraseasonal periodicity and slower eastward

314 propagation of the MJO (Fig 6d-f). These results suggest temperature variations in the
315 upper few meters of the ocean contribute to setting the MJO periodicity in this model.

316 **b) Regional coupling experiments**

317 Here we consider three experiments that examine the importance of the ocean-
318 atmosphere interaction over different regions of the main MJO activity area with
319 coupling (1) over the Indian Ocean (C-IO; 30°N-30°S, 50°E-100°E), (2) over the western
320 Pacific (C-PO; 30°N-30°S, 110°E-180°E), and (3) over both regions (C-IPO; 30°N-30°S,
321 40°E-180°E); elsewhere observed climatological SST is prescribed. The C-IPO run
322 exhibits the best MJO simulation (Fig. 7c and 7f) in terms of the zonal wave number-
323 frequency spectrum and eastward propagation characteristics. The simulation of the
324 MJO is degraded in the C-IO and C-PO runs (Fig. 7a-b, d-e) when coupling was
325 performed only in one oceanic region. The result tends to relax toward that of the
326 uncoupled simulation (i.e., the A-CTL), e.g., longer periodicity and weaker eastward
327 propagation tendency. Key discrepancies are found in the phase 4 of MJO life cycle in
328 the different experiments (Fig. 8). The C-IPO correctly reproduces the SSTA-
329 convergence relationship in the observation and the C-CTL simulation. In the C-IO and
330 C-PO experiments, the SSTA-convergence relationship is correctly simulated in the
331 oceanic region where coupling is considered. By contrast, in other regions the near-
332 surface convergence is much weaker than the observed and that in the C-CTL. The C-
333 PO simulates stronger eastward-propagation tendency and near-surface convergence in
334 the western Pacific than the C-IO. The warm SST anomalies over the western Pacific
335 act to destabilize the boundary layer, and help drive the near surface convergence and
336 eastward propagation of the MJO. In addition, the intraseasonal precipitation variance in

337 the tropical eastern Indian Ocean and the Maritime Continent is also enhanced due to
338 the coupling. Fig. 9 shows the same intraseasonal precipitation variance ratio for the
339 regional coupling experiments, as in Fig. 4. The precipitation variance in the
340 southeastern Indian Ocean and the western Maritime Continent in the C-IPO is similar
341 to the C-CTL experiments and is the largest, followed by the C-PO and C-IO. A
342 comparison between Fig. 8 and Fig. 9 indicates that larger intraseasonal precipitation
343 variance ratio corresponds to stronger near-surface convergence along the equator in the
344 western Pacific. Results presented above confirm again that the coupling enhances both
345 ASCII and Frictional wave-CISK mechanisms and therefore is an important process for
346 simulating realistic MJO.

347 **c) Daily SST variations and mean state discussion**

348 In this section we consider three experiments designed to assess the importance of
349 time varying SST versus active ocean-atmosphere coupling and further discuss the
350 mean state effect. These experiments consist of uncoupled experiments forced by
351 observed daily SST (A-OISST), simulated daily SST from the C-CTL (A-day) and
352 simulated climatological monthly SST from the C-CTL (A-clim). The impact on the
353 MJO is assessed in terms of zonal-wavenumber spectrum and eastward propagation of
354 intraseasonal precipitation and 10m zonal wind. A comparison between the A-OISST
355 (with daily SST, Fig. 10a and d) and the A-CTL (with climatological monthly mean
356 SST, Fig. 1c and 1f) indicates that the simulation including the intraseasonally-varying
357 SST signal does not help much in improving the simulation of periodicity and eastward
358 propagation. By contrast, forcing the model with simulated daily SST (Fig. 10b and e)
359 does simulate stronger eastward propagation tendency, although the frequency is still

360 lower than the observed. When the simulated climatological monthly mean SST is used
361 as a forcing, the simulation results deteriorate (Fig. 10c and 10f). This comparison
362 between different SST simulations suggests higher-frequency SST variations help
363 improve the eastward propagation but have little effect on improving the periodicity
364 simulation. The contrast between the C-CTL (coupled) and the A-day (uncoupled)
365 further suggests that the coupling tends to synchronize and enhance the internal oceanic
366 and atmospheric variability on intraseasonal timescales.

367 One interesting point is the improvement of the A-day simulation over the A-
368 OISST simulation. Fig 11 shows the SST-convergence relationship in both simulations
369 in phase 4. Near-surface convergence and SSTA in the A-OISST simulation are weaker
370 than those in the A-day simulation. In the A-OISST simulation, the near-surface
371 convergence in the western Pacific is located off the equator and the model does not
372 realistically simulate the equatorial Kelvin wave as observed (not shown). It is likely
373 that the Frictional wave-CISK mechanism does not work properly when the observed
374 daily SST is prescribed. By contrast, the observed convergence-SSTA relationship is
375 reasonably simulated in the A-day simulation. The much larger intraseasonal variance
376 of precipitation (Fig. 12) in A-day simulations than in the A-OISST simulation also
377 induce more active equatorial waves, as in those simulations shown in preceding
378 sections. Although the OISST is the observation and represents the true world, it does
379 not seem to synchronize nicely with the simulated circulation in the model, perhaps
380 because our model simulates slower MJO eastward propagation than observed (Fig. 1).
381 By contrast, the simulated SSTA seems to synchronize much closely with the
382 circulation in the model, probably due to the imprinted influence of the model
383 circulation through coupling. This result is consistent with Woolnough et al. (2000).

384 The simulation of the MJO is recognized to be sensitive to the mean state
385 (Watterson and Syktus 2007; Kim et al. 2011). Thus, one would be interested in
386 whether better MJO simulation is associated with an improved simulation of mean flow.
387 Climatological mean 10-m zonal wind, precipitation, and SST in the observation and in
388 the C-CTL, A-CTL, and A-clim simulations are presented in Fig. 13. In terms of MJO
389 performance, the C-CTL simulation is the best, followed by the A-clim and A-CTL
390 simulations. A statistical significance test was conducted between the fields shown in
391 Fig. 13. No significant differences were found between C-CTL and A-clim simulations
392 in terms of wind and precipitation fields over the tropics (not shown). This is consistent
393 with the A-clim simulation being forced by the climatological monthly SST from the C-
394 CTL simulation. The improvement of MJO simulation in the C-CTL experiment over
395 the A-clim experiment is evidently due to the coupling. A comparison between the A-
396 clim and A-CTL experiments yields another interesting point. While the A-CTL
397 experiment simulates a better spatial distribution of precipitation compared to the A-
398 clim experiment, the precipitation in the eastern Indian Ocean and the western Maritime
399 Continent is significantly under simulated. By contrast, the A-clim simulates much
400 larger mean precipitation and also stronger variance (not shown), although the westerly
401 in the eastern Indian Ocean and the Maritime Continent is weaker. In summary, the
402 comparison of A-clim to A-CTL shows the mean state has an effect on the MJO
403 simulation and may explain some of the discrepancies in our simulation to observations.
404 But the comparison of C-CTL to A-clim indicates that the ocean-atmosphere coupling is
405 a more influential process than the mean states for improving MJO simulation in this
406 study; this might be because our model already simulates a mean state favorable to the

407 simulation of the MJO. Independently performed experiments with CNRM show a
408 similar importance of air-sea interaction (Jiang et al. 2014).

409 **4. Summary**

410 This study has shown that coupling SIT, a 1-D TKE ocean mixed layer model, to
411 the ECHAM5 significantly improves the MJO simulation over the stand-alone
412 ECHAM5 and produces a much better result than most of the current climate models
413 (Kim et al. 2009; Hung et al. 2013; Jiang et al. 2014). The ECHAM5-SIT is a simple
414 and efficient way to simulate the major MJO characteristics (e.g., periodicity, eastward
415 propagating speed, vertical structure, etc.). Our results suggests the MJO can be more
416 realistically simulated by increasing the vertical resolution of the one-column ocean
417 model to better resolve the upper-ocean warm layer. The improvement and the effect of
418 the warm layer have not been demonstrated so clearly in previous studies. This study
419 supports the previous findings that coupling may improve the MJO simulation, although
420 the ocean may simply play a passive role in response to atmospheric forcing, by clearly
421 demonstrating the potential of coupling processes for a significant improvement in MJO
422 simulation.

423 The performance of the ten 25-year simulations conducted in this study is
424 summarized in terms of four common metrics in Fig. 14. Fig. 14a presents the
425 propagation speed of the MJO (based on 10-meter zonal wind) versus power ratio of
426 eastward- and westward-propagating 30-80-day signal (E/W ratio, derived from the
427 zonal wavenumber-period spectrum; Kim et al. (2009)). Fig. 14b presents the
428 propagation speed of MJO-related precipitation anomaly versus the variance explained

429 by RMM1 and RMM2 (e.g., the sum of the EOF1 and EOF2 variance based on Wheeler
430 and Hendon 2004). Considering all four metrics, the C-CTL and A-CTL simulate yield
431 the best and worst performance, respectively. MJO simulation skill decreases when air-
432 sea interaction is degraded, as demonstrated in the regional coupling simulations
433 (purple; C-IO, C-PO and C-IPO), as well as in simulations of coarser vertical ocean
434 resolution (blue; C-17m and C-59m). Uncoupled simulations generally show lower skill
435 than the coupled simulations. Characteristics of SST prescribed in the uncoupled
436 simulation affect the simulation skill. Using daily or simulated SST is able to enhance
437 the E/W ratio and eastward propagation, but both are still under simulated compared to
438 the coupled simulation and observations. Comparing the A-clim and A-CTL simulations
439 (i.e., with coupled and observed climatological monthly SST, respectively) shows that
440 the mean state improves the MJO simulation to some extent but coupling is needed for a
441 realistic simulation. This can be seen more clearly by comparing Fig. 1 and 10.
442 Prescribing observed and simulated daily SST also improves MJO simulation, but the
443 frequency is unrealistically low.

444 This study suggests that SST variations may improve the simulation of
445 intraseasonal atmospheric variability over the Indo-Pacific warm pool region. We
446 identify two possible reasons for the coupled model's better MJO simulation. First, the
447 coupled simulation reproduces the observed warmer SST leading the convectively
448 active MJO phase that contributes to destabilize the boundary layer. Second, coupling
449 enhances precipitation variability on intraseasonal timescales, which results in stronger
450 and more organized diabatic heating and tropical waves. Together these two factors
451 enhance the low-level atmospheric convergence ahead of the MJO. The sensitivity
452 studies supported the importance of these two factors in the simulation of the MJO.

453 Thus, the mechanism suggested by our results (Fig. 15) has elements of the Frictional
454 wave-CISK and ASCII mechanisms. It is reminiscent of the “enhanced moisture
455 convergence-evaporation feedback” (EMCEF) mechanism of Marshall et al. (2008)
456 with the only difference being the sign of latent heat flux anomalies ahead of and behind
457 the MJO convection. Our mechanism can be summarized as follows: To the east of
458 organized deep convection there is increased incident short wave radiation due to clear
459 sky conditions, and reduced latent heat flux (evaporation) from weaker wind speed.
460 These drive the warming of the upper ocean. The organized deep convection induces a
461 Kelvin-wave like perturbation with lower SLP to the east at the equator. The latter
462 enhances the low-level atmospheric convergence through frictional effects and leads to
463 enhanced low-level moisture, preconditioning deep convection and eastward
464 propagation of deep convection; while the warmer ocean enhances frictional
465 convergence. To the west, stronger winds enhance evaporation and latent heat flux loss,
466 and cool the ocean; while under the deep convection short wave radiation is reduced and
467 also cools the ocean. Weaker winds ahead of the deep convection and stronger winds
468 following drive shallow and deep upper ocean mixed layers, respectively. In this way
469 ocean-atmosphere interaction appears a key element of the MJO, helping to drive
470 eastward propagation of intraseasonal atmospheric variability and set the dominant
471 timescale.

472 We examined two specific issues here. First, what is the role of temperature
473 variations in the upper few meters of the ocean? Our results are consistent with the
474 previous studies (Watterson 2002; Woolnough et al. 2007; Klingaman et al. 2011) that
475 coupling improves MJO simulation. This study further demonstrates the significant
476 improvement achieved through the two mechanisms mentioned above by a passive but

477 essential ocean role, especially the warm layer temperature variability. In addition to
478 confirming that shallower mixed layer could accelerate the MJO eastward propagation
479 speed (Watterson 2002), our simulations also provide the precise evidence that the fine
480 ocean vertical resolution is necessary to well reproduce warm layer. Second, what is the
481 role of the SST in driving low-level convergence? Is it local or remote influence?
482 Locally, warmer SST destabilizes the lower troposphere during the MJO development
483 phase. In addition, stronger Kelvin wave signal could be induced by remote influence of
484 the enhanced deep convection due to coupling. This is an important concept to further
485 understand the detail of the ocean-atmosphere coupling process.

486 It is interesting that, while the mean state changes do help to certain extent, it is
487 not the most influential factor in simulation improvement, as we demonstrated by
488 performing an additional uncoupled experiment with prescribed SST from the fully
489 coupled model (Fig. 1 and 10). This simulation reproduced the mean state of the
490 ECHAM5-SIT coupled model, but the MJO simulation was less realistic. Our results do
491 not necessarily contradict previous findings showing the sensitivity of MJO simulation
492 to the background mean state (e.g., Inness et al. 2003; Watterson and Syktus 2007; Kim
493 et al. 2011a). Instead, it simply indicates that coupling has a stronger effect in
494 improving MJO simulation in our model; this might be because our model already
495 simulates a mean state favorable to the simulation of the MJO. A similar finding has
496 been recently reported (Jiang et al. 2014).

497 Our results suggest that accurate simulation of the MJO can be achieved by a fine
498 oceanic vertical resolution that can capture temperature variations in the upper few
499 meters of the ocean. Nevertheless, many other atmospheric factors (e.g., realistic

500 representation of the climatology and convective parameterization) are known to
501 influence the MJO, which is essentially an atmospheric mode of variability (Zhang
502 2005; Ajayamohan et al. 2013). Coupling may only improve MJO simulation in
503 AGCMs with reasonable atmospheric dynamics and parameterization schemes.
504 Nevertheless, this study provides a great promise for future prediction of MJO
505 variability and its impacts.

506

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517

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694 **Table Captions**

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696 **Table 1.** List of the experiments. The ECHAM5 AGCM is used in all experiments. The
 697 abbreviation of the experiments: “A” means standalone AGCM simulation. “C” means
 698 coupled to SIT model. The description indicates key features of the experiments.

Section	Experiments	Ocean model	Description
3.1–3.2	A-CTL	-	Standalone AGCM forced by observed SST climatology
	C-CTL	SIT	Model coupled over the tropical domain (30S-30N), with the finest vertical resolution (1m in the upper 10m)
3.3 a)	C-17m	SIT	The first ocean vertical level starts at 16.8 m
	C-59m		The first ocean vertical level starts at 59.3 m
3.3 b)	C-IO	SIT	Coupled in Indian Ocean only. (30°S-30°N,50°E-100°E)
	C-PO		Coupled in West Pacific only. (30°S-30°N,110°E-180°E)
	C-IPO		Coupled in Indian Ocean and West Pacific. (30°S-30°N,40°E-180°E)
3.3 c)	A-OISST	-	AGCM forced by the observed daily SST
	A-day		AGCM forced by the daily SST from C-CTL
	A-clim		AGCM forced by the climatology SST from C-CTL

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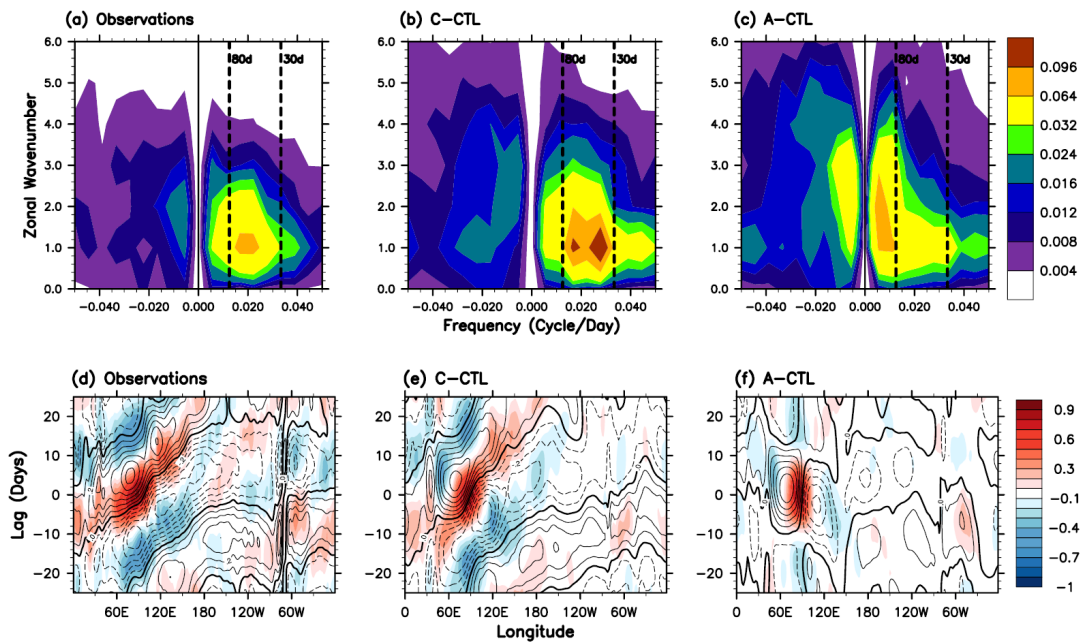
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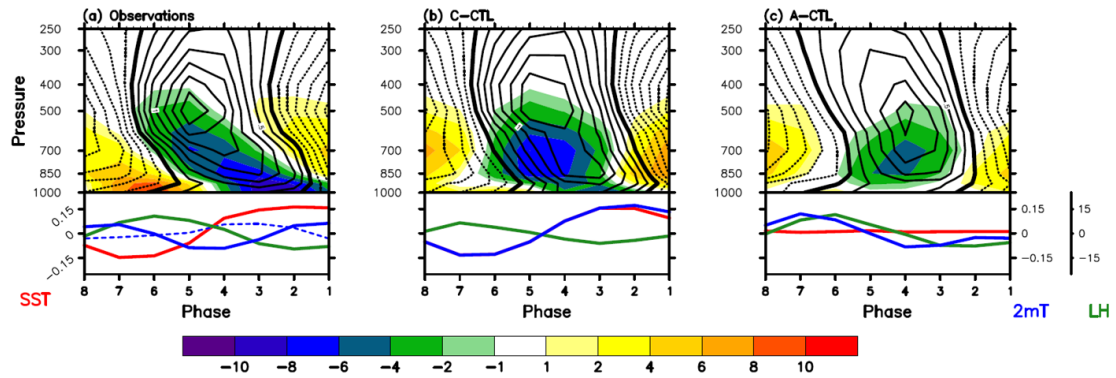
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711 **Figure Captions**

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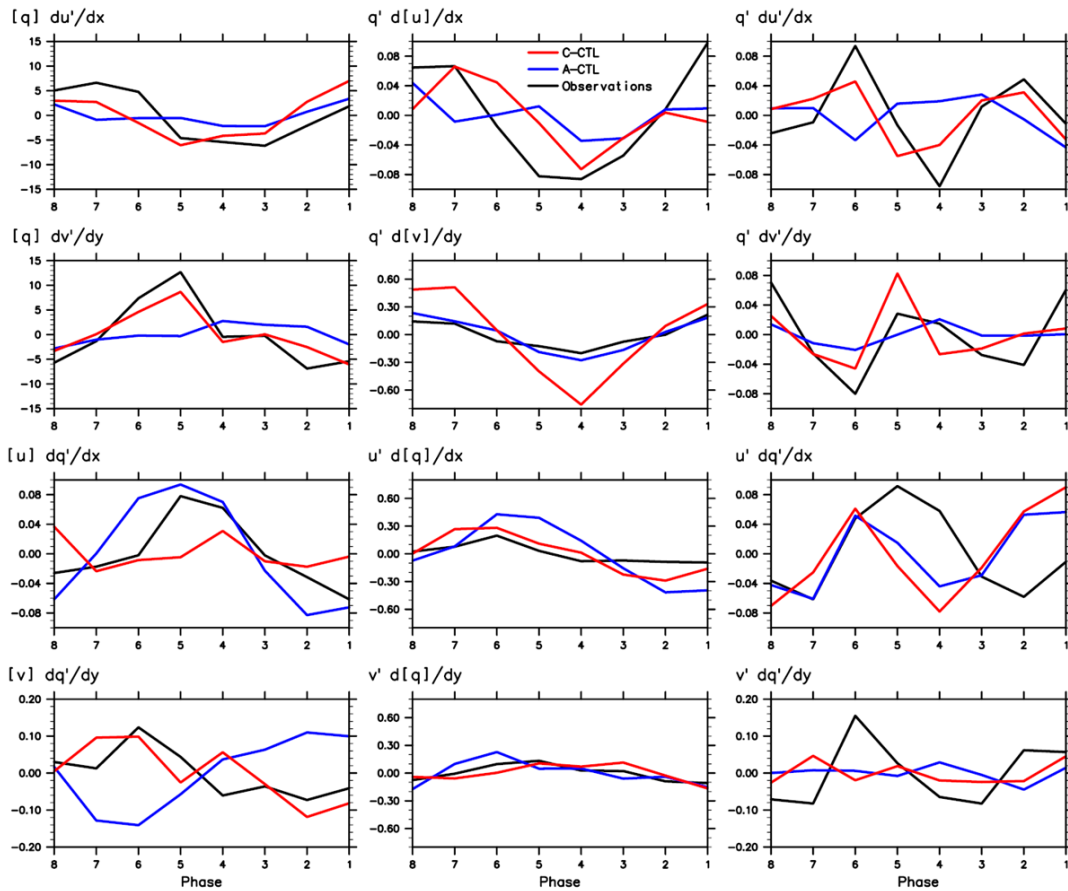
713 **Figure 1.** (a-c) Zonal wavenumber-frequency spectra for equatorial 850-hPa zonal wind
 714 and (d-f) Hovmöller diagrams of correlation between the Indian Ocean (10°S-5°N, 75-
 715 100°E) precipitation and 10°N-10°S averaged precipitation (color) and zonal wind
 716 (contour) on intraseasonal timescale. (a, d) are from observations and (b, e) and (c, f)
 717 are from the simulations by the coupled ECHAM5-SIT (C-CTL) and uncoupled
 718 ECHAM5 (A-CTL) models (see Table 1), respectively.



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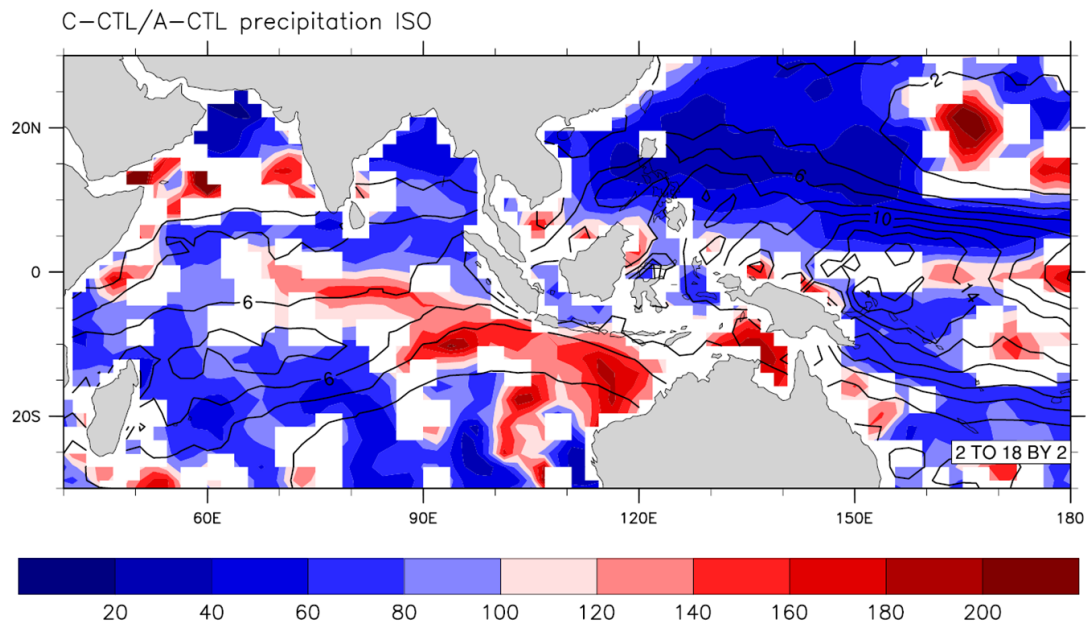
720 **Figure 2.** The MJO lifecycle in the Maritime Continent region in (a) observations (ERA
 721 interim) and simulations by the (b) coupled ECHAM5-SIT (C-CTL) and (c) uncoupled
 722 ECHAM5 (A-CTL) models. Shading shows moisture divergence ($10^{-6} \cdot \text{g/kg} \cdot 1/\text{s}$) from
 723 the surface to the upper troposphere; negative values indicate convergence. Overlaid
 724 contours show the equivalent potential temperature (θ_e ; K). Contour interval is 0.025;
 725 solid (dashed) lines are positive (negative) values. (Lower panels) SST ($^{\circ}\text{C}$, red), latent
 726 heat flux (W/m^2 , green; positive is upward) and 2 meter air temperature ($^{\circ}\text{C}$, blue)
 727 anomalies. The 2m-air temperature from NCEP Reanalysis II is shown in (a) for
 728 comparison (blue dashed). Phase 1 is the earliest of the eight MJO phases, and phase 4
 729 is the active phase when convection is strongest over the Maritime continent. The phase
 730 from 8 down to 1 implies the zonal direction. All parameters are averaged over the
 731 region 10°S - 0°N , 120 - 150°E .

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733

734 **Figure 3.** Anomalous moisture divergence components ($10^{-6} \cdot \text{g/kg} \cdot 1/\text{s}$) at 1000hPa
 735 averaged over the maritime region ($10^{\circ}\text{S}-0^{\circ}\text{N}$, $120-150^{\circ}\text{E}$) during the eight phases of
 736 the MJO for observations (black), and simulated by the (red) coupled ECHAM5-SIT
 737 (C-CTL) and (blue) uncoupled ECHAM5 (A-CTL) models. The observed terms are
 738 computed from the ERA-Interim reanalysis (Dee et al. 2011). q is specific humidity,
 739 and \bar{u} is vector wind. Brackets are climatological means, and primes are intraseasonal
 740 anomalies. Note the different vertical scales between panels.



741

742 **Figure 4.** The ratio of the precipitation variance between the coupled ECHAM5-SIT

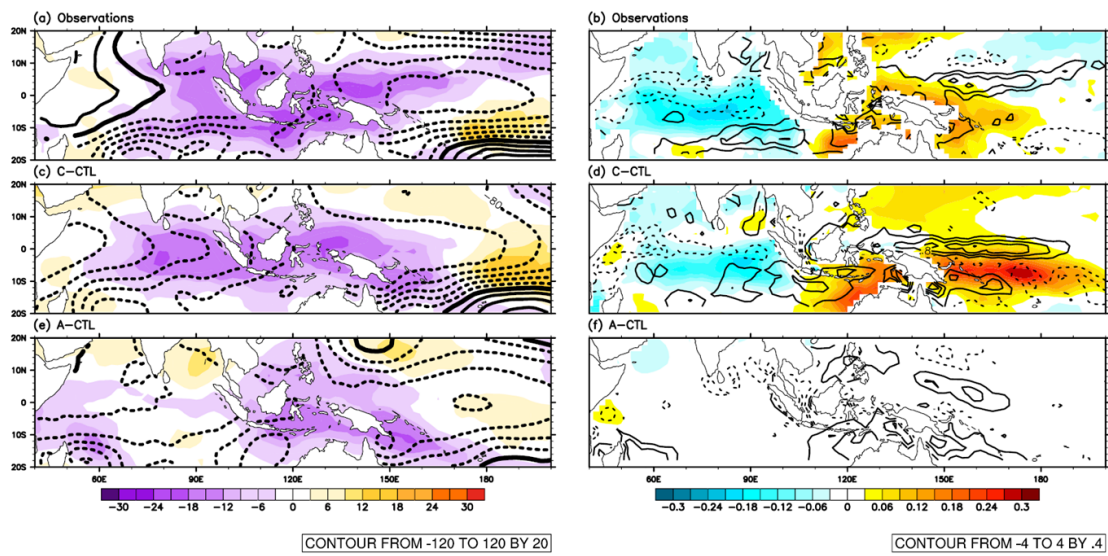
743 (C-CTL) and uncoupled ECHAM5 (A-CTL) models on intraseasonal time scales. The

744 colour areas mark where the ratio is statistically significant at 1% based on an F-test.

745 The contours show the mean precipitation of the A-CTL.

746

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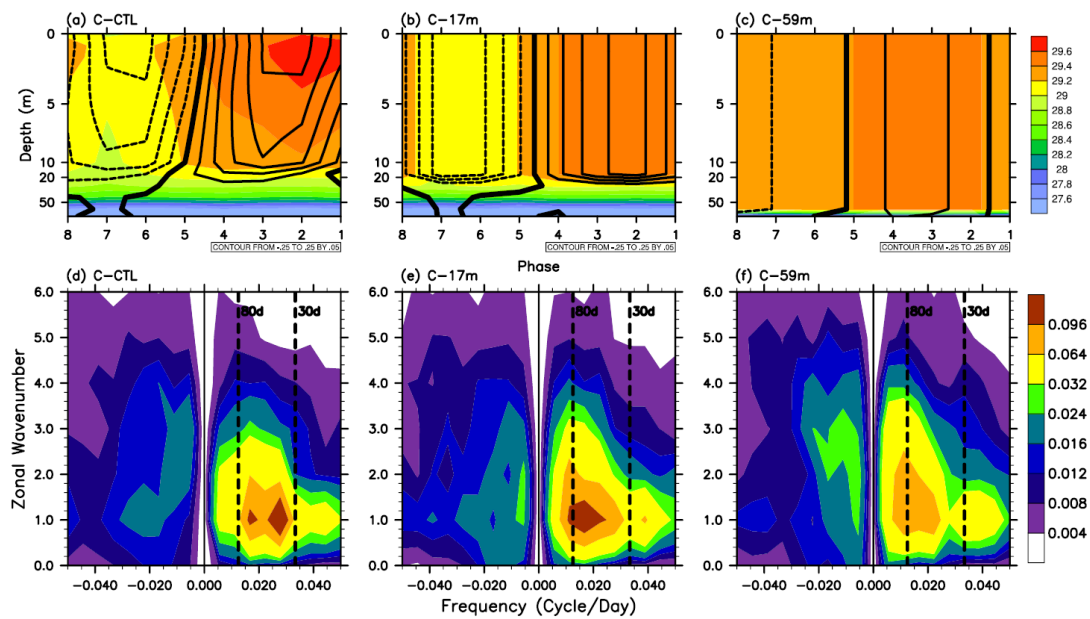


748

749 **Figure 5.** Composites for MJO phase 4 when deep convection is the strongest over the
 750 Maritime Continent: **(a, c, e)** OLR (W/m^2 , shaded), SLP (Pa, contours) and **(b, d, f)** SST
 751 (K, shaded), 10 meter horizontal convergence (10^{-6} $1/\text{s}$, contours, solid line indicating
 752 convergence). **(a, b)** are from observations and **(c, d)** and **(e, f)** are from simulations by
 753 the coupled ECHAM5-SIT (C-CTL) and uncoupled ECHAM5 (A-CTL) models,
 754 respectively.

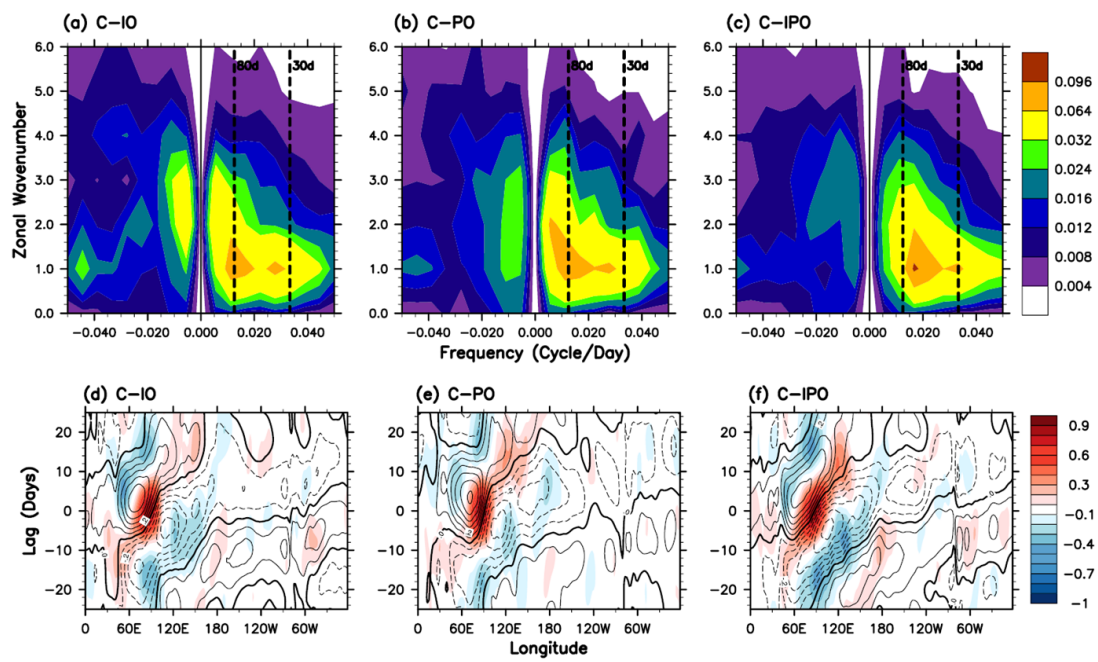
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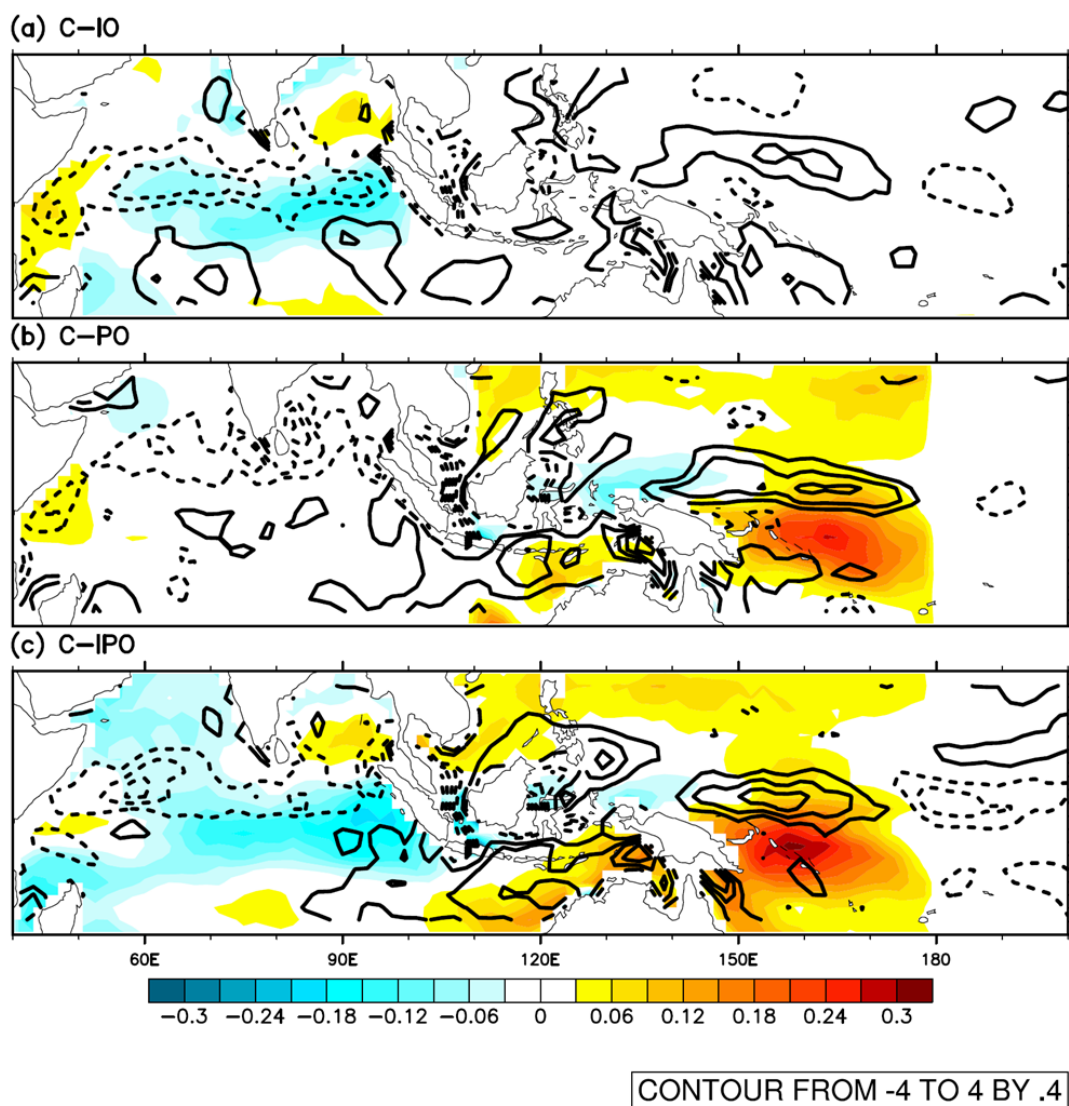
757

758 **Figure 6.** Upper ocean potential temperature ($^{\circ}\text{C}$) variations at 2.5°S , 130°E over the
 759 eight MJO phases simulated with ECHAM5-SIT coupled model with vertical
 760 resolutions of (a) 1m in the ocean upper 10m (C-CTL), and with top ocean grid cells of
 761 (b) 16.8m (C-17m) and (c) 59.3m (C-59m). Temperature is shaded and anomaly is
 762 contoured with an interval of 0.05°C . Note the non-linear depth axis. (d, e, f)
 763 Corresponding zonal wavenumber-frequency spectra for the equatorial 850-hPa zonal
 764 wind.



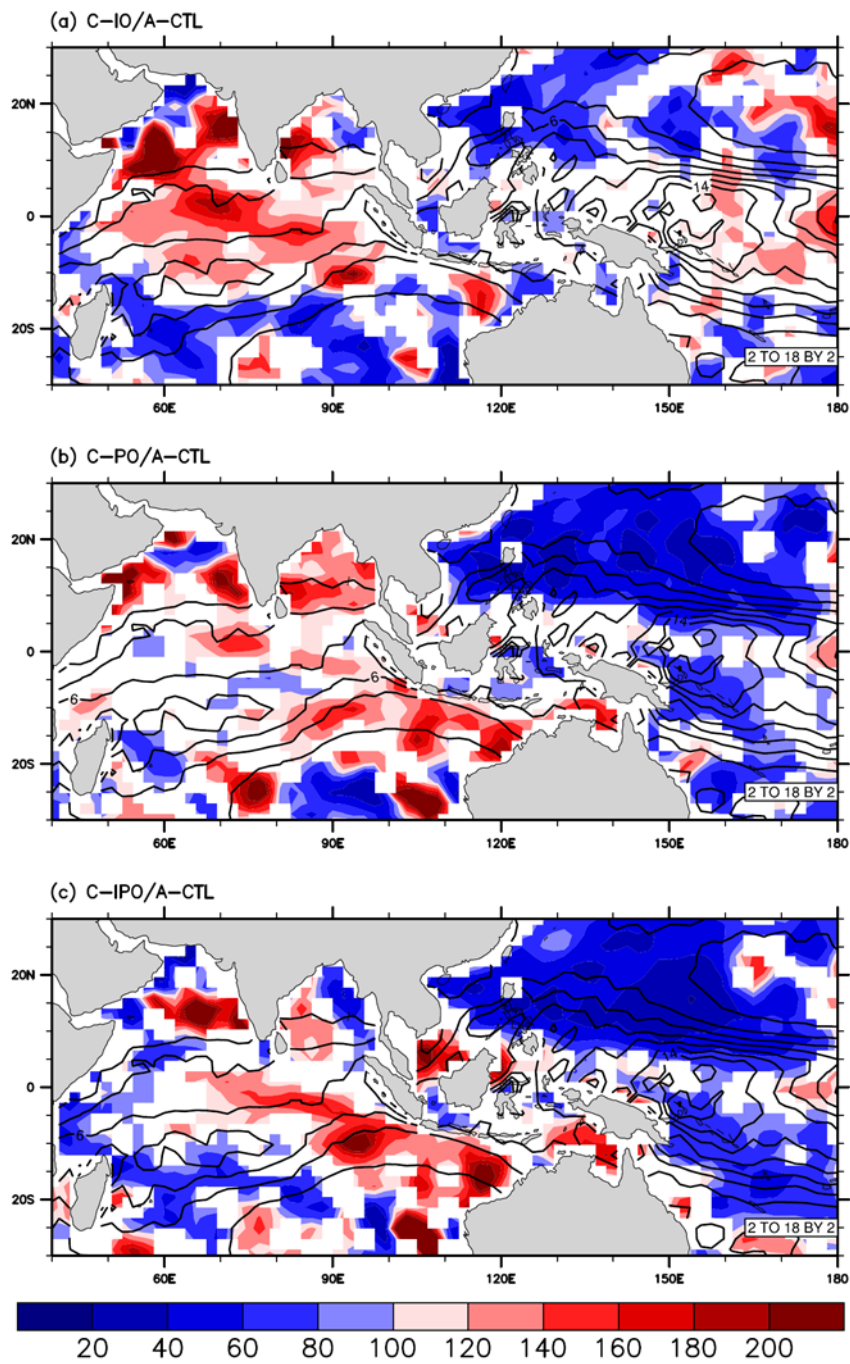
765

766 **Figure 7.** Same as Fig. 1 except for **(a, d)** C-IO, coupling region 30°N - 30°S , 50°E - 100°E ;
 767 **(b, e)** C-PO, coupling region 30°N - 30°S , 110°E - 180°E ; and **(c, f)** C-IPO, coupling
 768 region 30°N - 30°S , 40°E - 180°E .



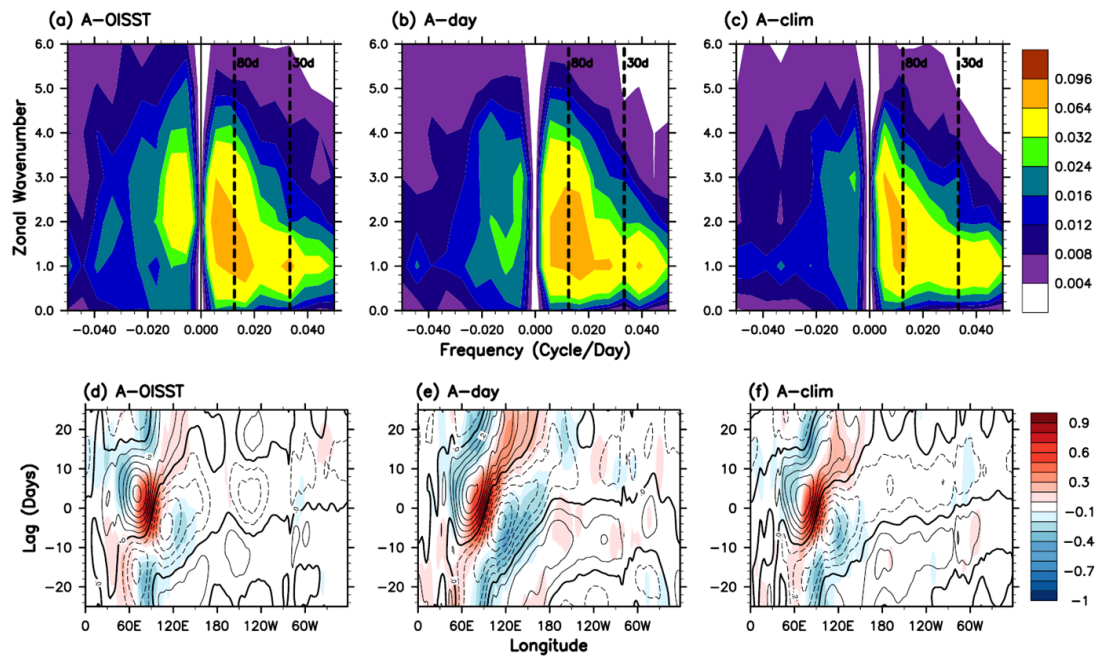
769

770 **Figure 8.** Composites for MJO phase 4 when deep convection is the strongest over the
 771 Maritime Continent: SST (K, shaded), 10 meter horizontal convergence (10^{-6} 1/s,
 772 contours, solid line indicating convergence) from (a) C-IO (b) C-PO and (c) C-IPO.



773

774 **Figure 9.** Same as Figure 4 except for (a) C-IO, (b) C-PO and (c) C-IPO.

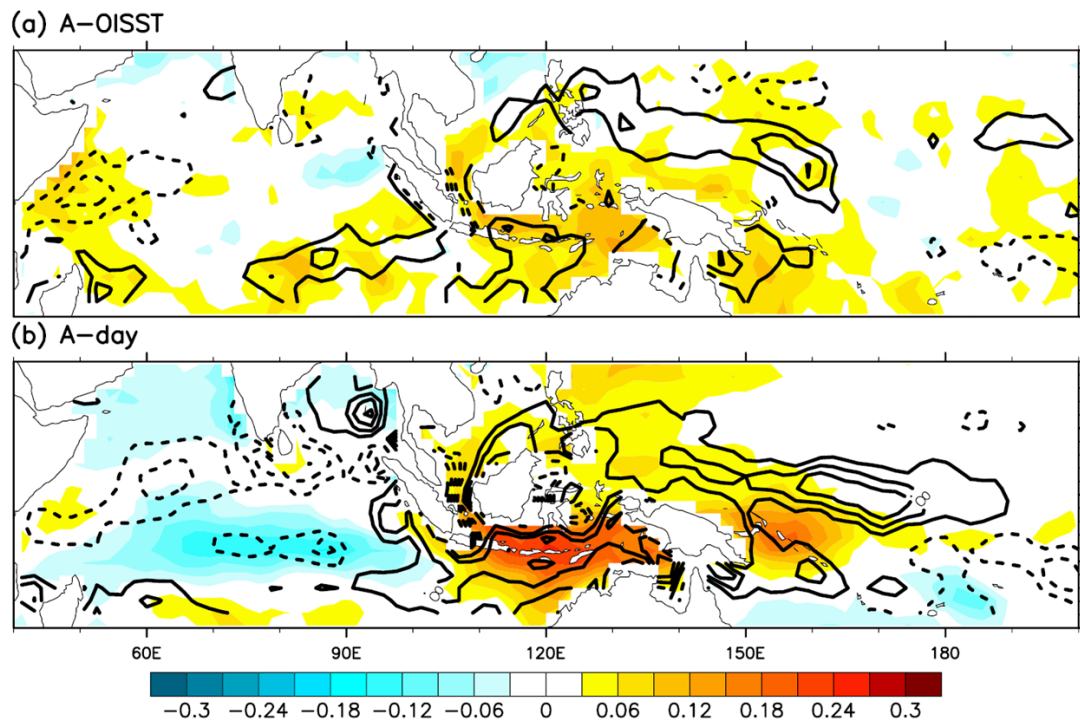


775

776 **Figure 10.** Same as Fig. 1 except for (a, c) A-OISST, (b, d) A-day and (c, f) A-clim
 777 simulations.

778

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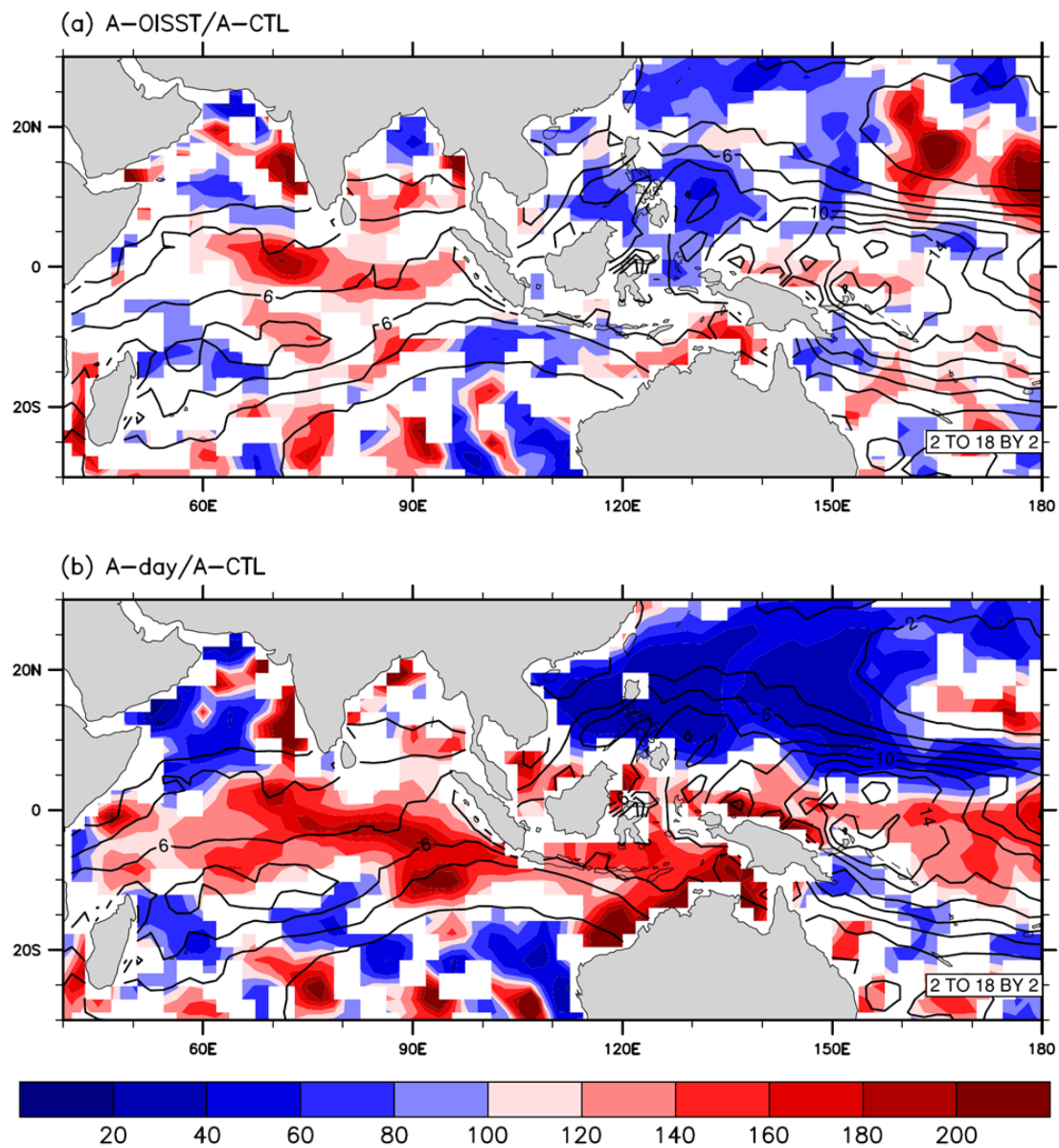


CONTOUR FROM -4 TO 4 BY .4

780

781 **Figure 11.** Same as Fig. 8 except for (a) A-OISST and (b) A-day.

782

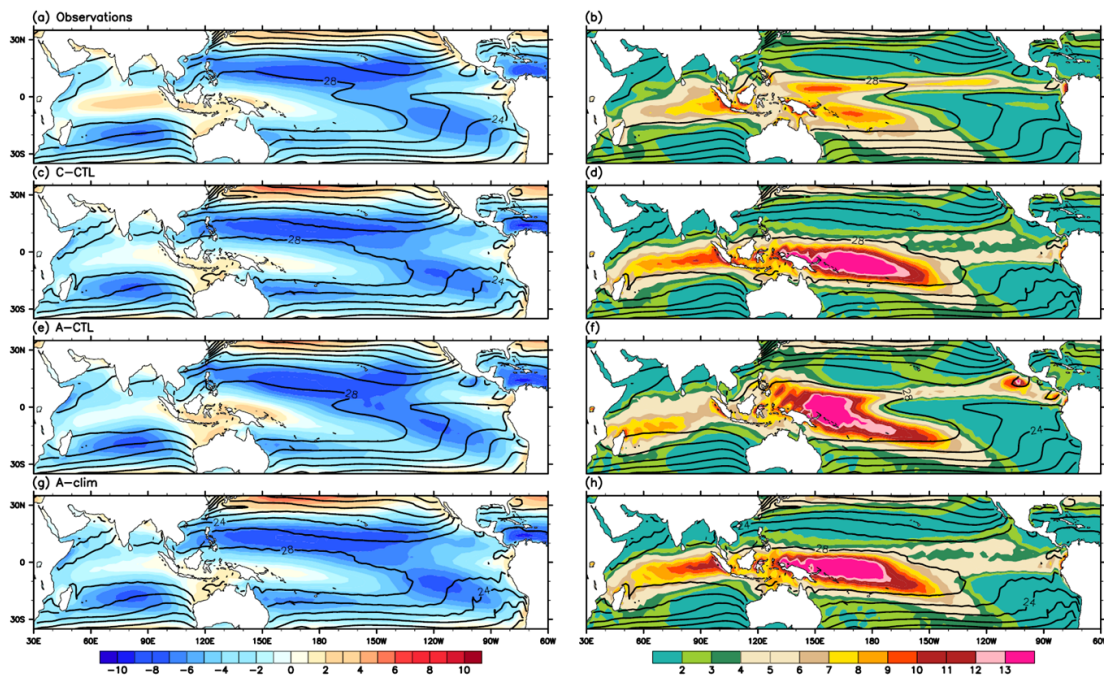


783

784 **Figure 12.** Same as Figure 4 except for (a) A-OISST and (b) A-day.

785

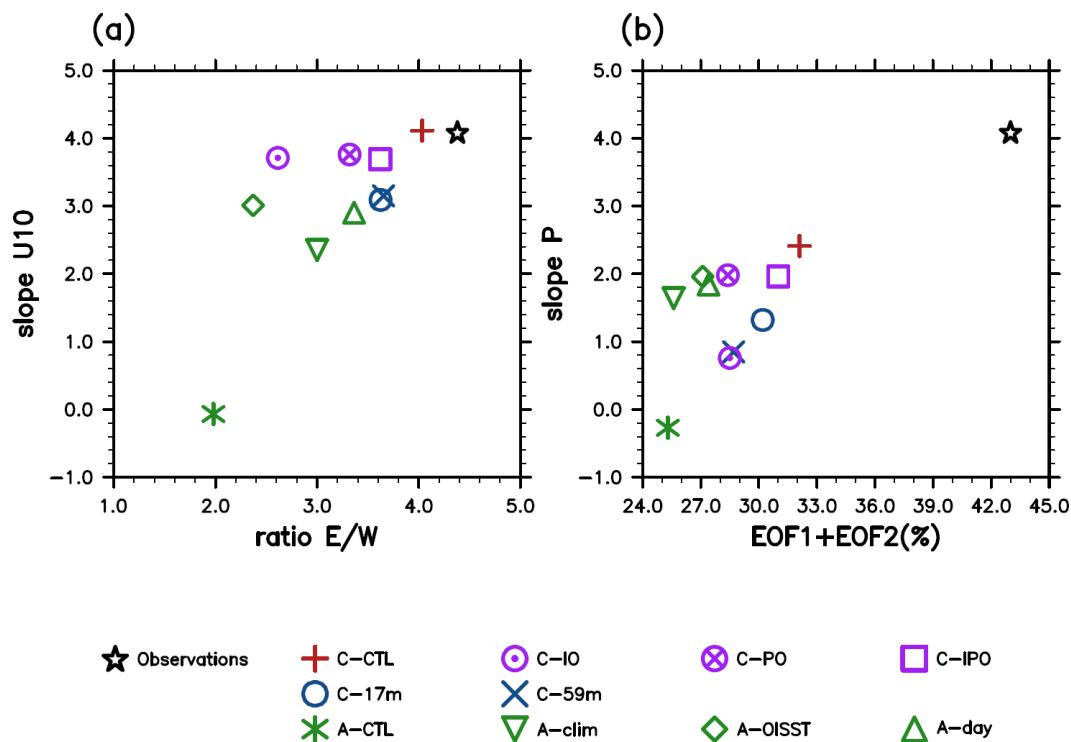
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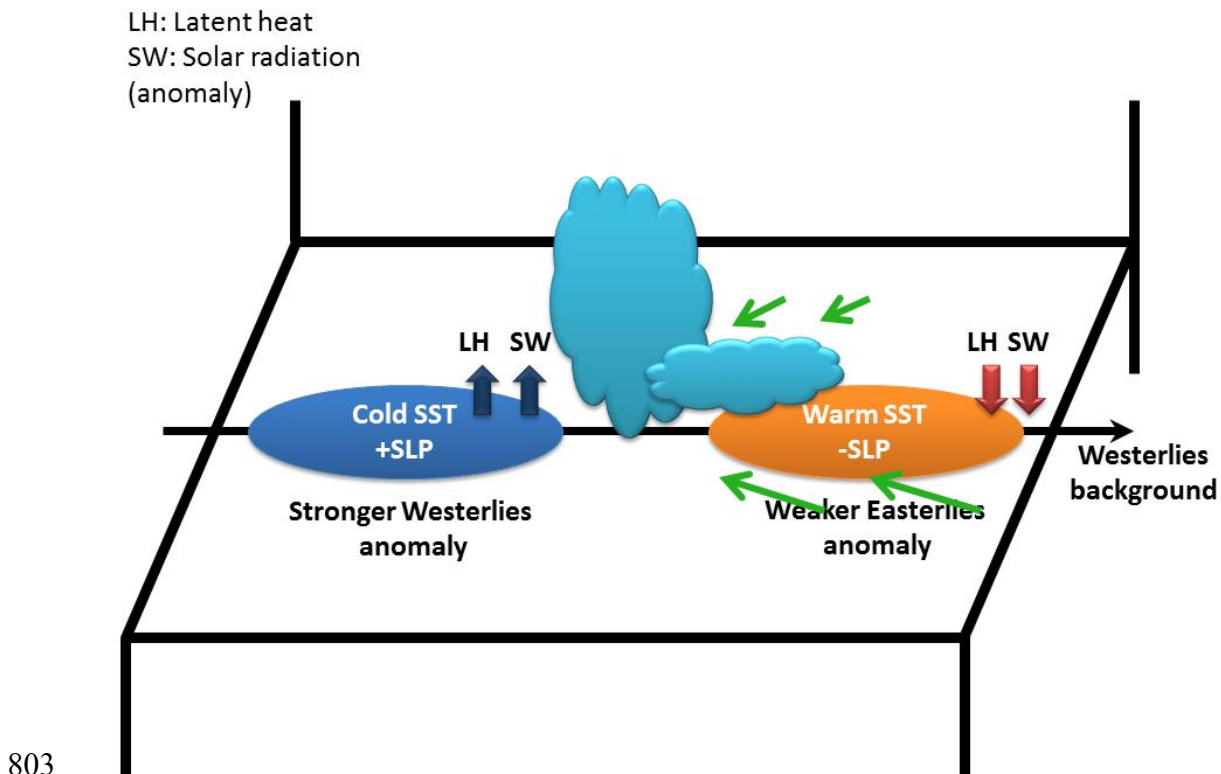
788 **Figure 13.** The mean winter (DJF) conditions from **(a, b)** observations and simulations
 789 by **(c, d)** C-CTL, **(e, f)** A-CTL and **(g, h)** A-clim. Shading shows (left) 10 m zonal wind
 790 (m/s) and (right) precipitation (mm/day), with SST contour overlaid ($^{\circ}\text{C}$, contour).
 791 Observed precipitation are from GPCP (Adler et al. 2003), 10 m zonal wind from ERA
 792 Interim reanalysis, and SST from NOAA.

793



794

795 **Figure 14.** Scatter plots of various MJO indices in observation and ten experiments
 796 (Table 1). **(a)** X-axis is the power ratio of east/west propagating waves. The east/west
 797 ratio is calculated by dividing the sum of eastward propagating power by the westward
 798 propagating counterpart within wavenumbers 1–3 (1–2 for zonal wind), period 30–80
 799 days. Y-axis is the eastward propagation speed of 10 meter zonal wind anomaly. **(b)** X-
 800 axis is the sum of the RMM1 and RMM2 variance based on (Wheeler and Hendon
 801 2004). Y-axis is the eastward propagation speed of precipitation anomaly. Numbers
 802 marked in the plots were inferred from plots similar to Fig. 1.



804 **Figure 15.** Schematic of the MJO mechanism identified from observations and coupled
 805 ECHAM5-SIT simulations. A combination of Frictional Wave-CISK mechanism
 806 (Wang and Rui 1990) and ASCII (Flatau et al. 1997) is proposed: To the east of
 807 organized deep convection there is increased incident short wave radiation due to clear
 808 sky conditions, and reduced latent heat flux (evaporation) from weaker wind speed.
 809 These drive warming of the upper ocean that in turns causes anomalously low SLP by
 810 inducing Kelvin-wave like perturbation and enhances the low-level atmospheric
 811 convergence. The latter leads to enhanced low-level moisture and preconditions deep
 812 convection and eastward propagation of deep convection. To the left, stronger winds
 813 enhance evaporation and latent heat flux loss, cooling the ocean; while under the deep
 814 convection short wave radiation is reduced and also cools the ocean. Weaker winds

815 ahead of the deep convection and stronger winds following drive shallow and deep
816 upper ocean mixed layers, respectively.

817

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