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Pomegranate inhibits neuroinflammation and amyloidogenesis in IL-1β-stimulated SK-N-SH cells

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## Abstract

**Purpose:** Pomegranate fruit, *Punica granatum L*. (Punicaceae) and its constituents have been shown to inhibit inflammation. In this study we aimed to assess the effects of freeze-dried pomegranate (PWE) on PGE<sub>2</sub> production in IL-1 $\beta$  stimulated SK-N-SH cells.

**Methods:** An enzyme immuno assay (EIA) was used to measure prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) production from supernatants of IL-1 $\beta$  stimulated SK-N-SH cells. Expression of COX-2, phospho-I $\kappa$ B and phospho-IKK proteins were evaluated, while NF- $\kappa$ B reporter gene assay was carried out in TNF $\alpha$ -stimulated HEK293 cells to determine the effect of PWE on NF- $\kappa$ B transactivation. Levels of BACE-1 and A $\beta$  in SK-N-SH cells stimulated with IL-1 $\beta$  were measured with an in cell ELISA.

**Results:** PWE (25-200 µg/ml) dose dependently reduced COX-2 dependent PGE<sub>2</sub> production in SK-N-SH cells stimulated with IL-1 $\beta$ . Phosphorylation of I $\kappa$ B and IKK were significantly (p<0.001) inhibited by PWE (50- 200 µg/ml). Our studies also show that PWE (50-200 µg/ml) significantly (p<0.01) inhibited NF- $\kappa$ B transactivation in TNF $\alpha$ -stimulated HEK293 cells. Furthermore PWE inhibited BACE-1 and A $\beta$  expression in SK-N-SH cells treated with IL-1 $\beta$ .

**Conclusions:** Taken together, our study demonstrates that pomegranate inhibits inflammation, as well as amyloidogenesis in IL-1 $\beta$ -stimulated SK-N-SH cells. We propose that pomegranate is a potential nutritional strategy in slowing the progression of neurodegenerative disorders like Alzheimer's disease.

## Keywords

Pomegranate; Neuroinflammation; Amyloidogenesis; Neurons; Interleukin-1ß

### 1 Introduction

- 2 Alzheimer's disease (AD) is still the most common cause of dementia accounting for
- 50% to 75% of all cases [1], especially in the elderly [2]. As the population of the
- 4 European continent continues to age, it is predicted that AD will continue to be a
- 5 major public health problem. Consequently, there is need to identify and develop
- 6 therapeutic strategies aimed at delaying progression of AD.
- 7 Neurodegeneration in AD is linked to the accumulation of senile plaques which
- 8 consist of small peptides, known as amyloid-β (Aβ), and intracellular neurofibrillary
- 9 tangles, consisting of aggregates of hyperphosphorylated tau protein [3].
- 10 Neuroinflammation is a process which principally involves activation of astrocytes
- and microglia by inflammatory mediators in AD [4, 5]. However, in spite of the widely-
- 12 reported roles of microglia and astrocytes in neuroinflammation, it has been
- 13 suggested that PGE<sub>2</sub> produced in neurons may contribute to the self-propagating
- 14 processes involved in AD. For instance, Hoshino et al. showed that PGE<sub>2</sub> stimulates
- the production of A $\beta$  in cultured human neuroblastoma (SH-SY-5Y) cells [6]. Also,
- 16 reports have demonstrated elevated levels of PGE<sub>2</sub> and COX-2 in the brains of AD
- patients [7, 8]. Inhibition of PGE<sub>2</sub> production and COX-2 expression therefore
- 18 provides a critical target for reducing the contributions of neurons to the self-
- 19 perpetuating cycle of neuroinflammation.
- 20 The production of COX-2 and other inflammatory factors is regulated by the
- 21 transcription factor, nuclear factor-kappa B (NF-κB), which has been shown to be
- widely expressed in the brain. Evidences have been put forward that NF-κB
- signalling pathways may be activated in AD brains [9]. These have been supported
- by reports demonstrating that A $\beta$  peptides could activate NF- $\kappa$ B in neurons [10].
- 25 NFkB pathway therefore provides an important target in the understanding of
- 26 mechanisms involved in modulating inflammation in the neurons.
- 27 Accumulation of extracellular A $\beta$  plaques in neurons is one of the important
- 28 pathological hallmarks in AD. Also, the beta-site amyloid precursor protein cleaving
- enzyme1 (BACE-1) play a key role in the processing of A $\beta$  and its aggregation
- through catalysing amyloid precursor protein (APP) [11]. Various studies have
- demonstrated that the transcription of BACE-1 is controlled by NF- $\kappa$ B, and thus A $\beta$

production in neurons [12, 13 14, 15]. In this regard targeting BACE-1 and Aß 32 production could be a potential strategy in slowing down the progression of AD. 33 Pomegranate fruit (Punica granatum L.) is widely consumed for its broad spectrum of 34 nutritional and health benefits. Pomegranate contains polyphenols and tannins, 35 which have been shown to be responsible for most of its nutritional benefits. Extracts 36 and bioactive constituents of pomegranate fruit have been shown to suppress 37 inflammation. Components such as punicalagin and punicalin have been shown to 38 reduce nitric oxide and PGE<sub>2</sub> production in intestinal cells [16, 17]. In vitro and in vivo 39 studies showed that pomegranate produced significant reduction in egg albumin-40 induced hind paw inflammation following intraperitoneal and intracerebroventricular 41 administrations in rats, reduction in carrageenan-induced paw oedema, and NO 42 production and iNOS expression in RAW 264.7 cells [18, 19]. Recently, we showed 43 that one of the bioactive components of pomegranate, punicalagin inhibited 44 neuroinflammation in LPS-activated microglia [20]. In spite of accumulating evidence 45 showing that inflammation in neurons contribute to the pathology in AD, it is not 46 currently known if pomegranate or its constituents produce any direct effect on these 47 cells. In this study, we have evaluated the activity of freeze-dried pomegranate juice 48 on PGE<sub>2</sub> production in IL-1β-stimulated SK-N-SH cells. In light of the importance of 49 50 neuroinflammation to amyloidogenesis, we also investigated whether pomegranate could inhibit BACE-1 and Aß protein expression in IL-1ß-activated neuronal cells. 51

### 52 Materials and methods

### 53 Materials

Pomegranate juice (POM Wonderful LLC, Los Angeles, CA) was freeze-dried to a solid sample (PWE) which was then reconstituted in sterile water and stored at -20°C. Pomegranate juice used in this study was made from fruit skins, which has been standardised to ellagitannins, as punicalagins (80-85%) and free ellagic acid (1.3%) as determined by high-performance liquid chromatography [21].

### 59 Cell culture

60 The human neuroblastoma (SK-N-SH) cells were obtained from the HPA Culture

61 Collection (Salisbury, UK) and were grown in MEM-Eagle's medium (Life

- Technologies, UK). Medium was supplemented with 10% foetal bovine serum
- 63 (Sigma, UK), 2 mM L-glutamine, 1 mM sodium pyruvate, 40 units/ml
- 64 penicillin/streptomycin (Sigma, UK). Confluent monolayers were passaged routinely
- by trypsinisation. Cultures were grown at 37 °C in 5% CO<sub>2</sub> until 80% confluence, and
- 66 the medium was to serum free MEM the day before treatment.
- 67 HEK293 cells were obtained from the HPA Culture Collection (Salisbury, UK) and
- were grown in MEM-Eagle's medium (Life Technologies, UK). Medium was
- 69 supplemented with 10% foetal bovine serum (Sigma, UK), 2 mM L-glutamine, 1 mM
- sodium pyruvate, 40 units/ml penicillin/streptomycin (Sigma, UK). Confluent
- 71 monolayers were passaged routinely by trypsinisation. Cultures were grown at 37 °C
- in 5% CO<sub>2</sub> until 80% confluence.

### 73 PGE<sub>2</sub> measurement

- 74 Quantification of PGE<sub>2</sub> accumulation was carried out in SK-N-SH cells by seeding in
- 96-well plates (2 × 10<sup>5</sup>/well), cultured for 48 h, and incubated with or without IL-1 $\beta$
- 76 (10 U/ml) in the absence or presence of PWE (25-200  $\mu$ g/ml) for 24 h. PGE<sub>2</sub>
- concentration was assessed in cell supernatants with a commercially available kit
- (Arbor Assays, Ann Arbor, MI, USA), followed by measurement at 450 nm with a
- 79 microplate reader. Experiments were performed at least three times and in triplicate.

## 80 Sandwich ELISA for COX-2, phospho-I $\kappa$ B $\alpha$ and phospho-IKK $\alpha$

- Protein expressions of COX-2, phospho-IkBa and phospho-IKKa were determined 81 using an ELISA for human COX-2, phospho-IkBa and phospho-IKKa. Cultured SK-82 83 N-SH cells were stimulated with IL-1 $\beta$  (10 U/ml) in the presence or absence of PWE (25-200 µg/ml) for 24 h (COX-2), or 5 min (phospho-IkBa and phospho-IKKa). At the 84 end of the experiments, cells were washed with phosphate-buffered saline (PBS) 85 and lysed with 400 µl cell lysis buffer (20 mM Tris-HCl [pH 7.5], 150 mM NaCl, 1 mM 86 Na<sub>2</sub>EDTA, 1 mM EGTA, 1% Triton, 2.5 mM sodium pyrophosphate, 1 mM β-87 glycerophosphate, 1 mM Na<sub>3</sub>VO<sub>4</sub>, 1 µg/ml leupeptin) and incubated on ice for 5 min. 88
- The cells were then scraped and centrifuged at 13,500 rpm. Cell lysates were
- 90 collected and measured for levels of COX-2, phospho-I $\kappa$ B $\alpha$  and phospho-IKK $\alpha$ ,
- <sup>91</sup> using a PathScan<sup>®</sup> sandwich ELISA kit (Cell Signalling Technology), according to the
- 92 manufacturer's instructions.

### 93 Transient transfection and luciferase reporter gene assay

- In order to determine the effect of PWE on the transactivation of NF- $\kappa$ B, a luciferase
- reporter gene assay was carried out. HEK293 cells were seeded out at a
- 96 concentration of  $4 \times 10^5$  cells/ml. Twenty-four hours later, cells were transfected with
- 97 a Cignal<sup>®</sup> NF-κB Reporter (luc) (SABiosciences), using TransIT<sup>®</sup>-LT1 transfection
- reagent (Mirus Bio LLC) and incubated for a further 16 h at 37 ℃ in 5% CO<sub>2</sub>. Twenty-
- four hours later, transfected HEK293 cells were stimulated with TNF $\alpha$  (1 ng/ml) in the
- presence or absence of PWE (25-200 μg/ml) for 6 h. NF-κB-mediated gene
- 101 expression was measured with ONE-Glo luciferase assay kit (Promega,
- 102 Southampton, UK) according to the manufacturer's instructions.

### 103 In Cell ELISA for BACE1 and Aβ

In Cell ELISA is used for quantitative protein analysis directly in adherent cell

- 105 cultures, and was used to measure BACE-1 and A $\beta$  protein expression following
- stimulation of SK-N-SH cells with IL-1β, as described earlier [22]. The protocol was
   based on the MaxDiscovery In Cell ELISA kit (Bio Scientific, Texas). SK-N-SH cells
- were seeded out in a 96-well plate ( $2.5 \times 10^5$  cells/ml). At 80% confluence, cells were
- pre-treated with PWE (25-200  $\mu$ g/ml) 30 min before stimulation with IL-1 $\beta$  (10 U/ml)
- for 24 h. At the end of stimulation, cells were washed with 100  $\mu$ l PBS, fixed and
- permeabilised. Primary antibodies (rabbit anti-BACE-1 or rabbit anti-Aβ) were diluted
- 1:100 and added to each sample well and incubated at room temperature for 1 h.
- 113 This was followed by incubation with HRP-conjugated anti-rabbit IgG antibody at
- room temperature for 1 h. TMB solution was added, followed by stop solution and
- the plate read at 450 nm using a Tecan F50 microplate reader. GAPDH was used as
- 116 internal control.

### 117 Determination of cell viability

- <sup>118</sup> Viability of SK-N-SH cells treated with IL-1 $\beta$  (10 U/ml) in the presence or absence of
- 119 PWE (25-200  $\mu$ g/ml) was measured by 3-(4, 5-dimethylthiazol-2-yl)-2, 5-
- 120 diphenyltetrazolium bromide (MTT) assay. Cells were seeded in 96-well plates (2  $\times$
- 121 10<sup>5</sup> cells/ml) and incubated for 48 h. Thereafter, cells were pre-treated with PWE
- 122 (25-200 μg/ml) prior to stimulation with IL-1β (10 U/ml). Twenty-four hours after
- stimulation, culture medium was replaced with MTT solution (5 mg/ml) and incubated

- 124 for 4 h at 37 ℃ in 5% CO<sub>2</sub>. Thereafter 150 µl of MTT solution was replaced with
- 125 DMSO and mixed thoroughly on a plate shaker and read at 540 nm.
- 126 Cell viability was also measured using the Lactate dehydrogenase (LDH) assay [23].
- 127 LDH is a cytosolic enzyme that is an indicator of cellular toxicity. When the plasma
- membrane is damaged, LDH is released into cell culture media. Cells were seeded
- in 96-well plates (2  $\times$  10<sup>5</sup> cells/ml) and incubated for 48 h. Thereafter, cells were pre-
- treated with PWE (25-200  $\mu$ g/ml) prior to stimulation with IL-1 $\beta$  (10 U/ml). Cells were
- then lysed and supernatants collected for LDH assay. LDH levels in supernatants
- 132 were determined using the CytoTox 96® non-radioactive cytotoxicity assay kit
- 133 (Promega, Southampton).

## 134 Statistical analysis

- 135 Values of all experiments were represented as mean ±SEM of at least
- 136 3 experiments. Values were compared using t-test (two groups) or one-way ANOVA
- 137 with post-hoc Student Newman–Keuls test (multiple comparisons). Levels of
- 138 significance were set at \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001.

## 139 **Results**

# PWE reduced PGE<sub>2</sub> production by inhibiting cyclooxygenase-2 (COX-2) protein expression in IL-1β-activated SK-N-SH cells.

- In the presence of IL-1 $\beta$  (10 U/ml), there was a marked increase (\*\*\*p<0.01) in PGE<sub>2</sub>
- 143 production in supernatants of SK-N-SH cells, when compared to unstimulated cells.
- However, treatment with PWE (25-200 µg/ml) for 30 min prior to stimulation with IL-
- 145 1β resulted in significant reduction (\*\*\*p<0.001) in PGE<sub>2</sub> production, in comparison
- with IL-1β control (Fig. 1). PGE<sub>2</sub> is synthesised through the enzymatic activity of
- 147 COX-2. Consequently, we sought to determine whether the effect of PWE on PGE<sub>2</sub>
- 148 was mediated through inhibition of the activities of this enzyme. Interestingly,
- 149 experiments showed that PWE (25-200 μg/ml) produced significant reduction
- 150 (\*\*\*p<0.001) in COX-2 protein levels in IL-1 $\beta$ -stimulated SK-N-SH cells (Fig. 2).

# 151 PWE inhibited NF- $\kappa$ B dependent reporter gene expression in TNF $\alpha$ activated

152 **HEK293 cells.** 

In order to determine the effect of PWE on the transactivation of NF- $\kappa$ B, a luciferase 153 reporter gene assay was carried out. We observed that stimulation of transfected 154 cells with TNF $\alpha$  (1 ng/ml) resulted in activation of the NF- $\kappa$ B-driven luciferase 155 expression (Fig. 3). Pre-incubation with PWE (25 µg/ml) did not affect luciferase 156 expression. However, pre-treatment with 50, 100 and 200 µg/ml of PWE resulted in 157 significant (p<0.01) and concentration-dependent inhibition of NF- $\kappa$ B-driven 158 luciferase expression, demonstrating that PWE suppresses NF-kB-dependent gene 159 expression in general. 160

### 161 PWE inhibited IL-1β dependent IκB and IKK phosphorylation in SK-N-SH cells.

Based on our observation that PWE inhibited NF- $\kappa$ B-mediated gene expression in general, we sought to investigate its effect on IKK and I $\kappa$ B phosphorylation following stimulation with IL-1 $\beta$  (10 U/ml). Using a sandwich ELISA kit, we observed that IL-1 $\beta$ treatment resulted in phosphorylation of IKK and I $\kappa$ B in IL-1 $\beta$  treated cells, compared with unstimulated cells. These were significantly inhibited by pre-treatment with 50,

167 100 and 200  $\mu$ g/ml of PWE (Fig. 4 and 5).

# Pre-treatment of SK-N-SH cells with PWE resulted in inhibition of BACE-1 and Aβ proteins

170 Exposure of the cells to IL-1 $\beta$  resulted in a marked increase in both BACE-1 and A $\beta$ 

proteins (Fig. 6 and 7). However, pre-treatment with PWE (50,100 and 200 μg/ml)

significantly reduced the levels of BACE-1 and A $\beta$  proteins.

## 173 **PWE did not affect the viability of SK-N-SH cells**

In order to show that PWE did not affect viability of SK-N-SH cells at concentrations
used in this experiment, an MTT assay was performed. Results showed that
treatment with PWE (25-200 μg/ml) did not have significant effect on the viability of
the cells (Fig. 8a). LDH assay also showed that concentrations of PWE used for
pharmacological investigations did not affect viability (Fig. 8b). These results suggest

- that the observed effects of PWE were not due to cytotoxicity as a result of
- 180 decreased live cells.

#### 181 **Discussion**

182 Studies on the role of neuroinflammation in AD have focused mainly on the activity of

the microglia. However, studies have shown that inflammation in neurons also

contribute to the self-perpetuating processes leading to neuronal loss. For example,

- studies have shown that PGE<sub>2</sub> is able to stimulate Aβ production in SH-SY5Y cells
- [6]. Furthermore, IL-18 has been shown to increase BACE-1 expression in
- differentiated SH-SY5Y cells [24]. We therefore investigated whether pomegranate

could affect IL-1β-induced PGE<sub>2</sub> production, as well as BACE-1 and Aβ production in
 SK-N-SH cells.

190 Studies have shown that elevated levels of COX-2 and its metabolic product PGE<sub>2</sub>

191 was observed in AD brains, while COX-2 inhibitors markedly reduce the risk of AD

192 [25]. Recent *in vivo* studies also show that long term treatment of APP transgenic

mice with NSAIDs significantly diminished inflammatory factors and its dependant Aß

deposition [2626]. Our results show that pomegranate significantly inhibited COX-2-

- mediated PGE<sub>2</sub> production in IL-1 $\beta$ -stimulated SK-N-SH cells, suggesting that
- pomegranate could reduce the toxic effects of PGE<sub>2</sub> overproduction in neurons.

NF- $\kappa$ B plays a crucial role in regulating the transcription of a wide variety of genes 197 and during neuroinflammation and neurodegeneration. In the cytoplasm NF- $\kappa$ B is 198 coupled with IkB, an inhibitory protein which stays inactive. On activation, IkB 199 undergoes phosphorylation by IKK, resulting in the liberation of NF-kB. This free 200 NF-kB translocates into the nucleus and binds to the promoter region of respective 201 genes such as COX-2. Furthermore, NF-kB activation has been shown to control the 202 transcription of the BACE-1 and APP genes in neurons [13]. To investigate the effect 203 of pomegranate on NF-kB-mediated gene expression in general, a reporter gene 204 assay was carried out. Results show that pomegranate significantly inhibited NF-KB-205 driven luciferase expression in TNF $\alpha$  stimulated HEK293 cells, suggesting that this 206 compound is able to attenuate NF- $\kappa$ B mediated gene expression. To gain a better 207 understanding on the modulatory action of pomegranate on NF-kB signalling 208 pathway we studied its activity on upstream protein targets. Results show that 209 pomegranate blocked phosphorylation of IkB and IKK in SK-N-SH neuronal cells 210 stimulated with IL-1B; this outcome might suggest that pomegranate acts through 211 interference with NF-κB pathway in neurons. These results were consistent with the 212 outcome of studies conducted by Romier-Crouzet et al in human intestinal cells. 213

- They reported that polyphenolic aqueous extract of pomegranate significantly
- suppressed NF- $\kappa$ B mediated NO, PGE<sub>2</sub>, IL-8 production in IL-1 $\beta$  activated Caco-2
- cells [27]. Our results also reflect the results of studies conducted by Ahmed et al
- where it was shown that pomegranate inhibited NF- $\kappa$ B in IL-1 $\beta$ -activated human
- chondrocytes [28].

In AD brains, A $\beta$  is generated through proteolysis of APP by  $\beta$ -secretase enzymes. 219 Several studies have identified BACE-1 as an important  $\beta$ -secretase enzyme which 220 effectively cleaves membrane bound APP [29]. In vivo studies in transgenic mice 221 have also revealed that BACE-1 is highly involved in A<sup>β</sup> plague formation, and 222 employing BACE-1 blockers has completely reversed Aβ production [30]. As BACE-1 223 transcription has been shown to be controlled by NF- $\kappa$ B [13], and since we have 224 shown that pomegranate inhibits NF-κB signalling in SK-N-SH cells, we investigated 225 whether pomegranate would block BACE-1 protein in IL-1β-stimulated SK-N-SH 226 cells. Expectedly, IL-1ß induced marked increase in BACE-1 expression in these 227 228 cells and this increase was significantly blocked with pomegranate pre-treatment. Interestingly, pomegranate also inhibited Aß protein induced by IL-1ß, suggesting 229 230 that its effect is probably mediated through the observed interference with BACE-1 enzymatic activity. 231

These in vitro evidence of the potential nutritional benefits of pomegranate in AD 232 does not prove bioavailability or in vivo biological activity of pomegranate 233 polyphenols following oral intake in humans. However, bioavailability studies have 234 shown that bioactive polyphenols in pomegranate are absorbed from the 235 236 gastrointestinal tract. Lei et al. reported that punicalagin and ellagic acid reached a plasma concentration of 30 µg/ml and 213 ng/ml, respectively following oral 237 238 administration in rats [31]. A study in rabbits reported that pomegranate constituents become bioavailable 2 hours after oral ingestion of concentrated pomegranate 239 extract, ellagic acid reaching a plasma value of 247 ng/ml [32]. In a human study, 240 Seeram et al. administered 180 ml of pomegranate juice containing 25 mg ellagic 241 acid and 318 mg ellagitanins to a human subject. Results of this study showed that 242 ellagic acid was detected in human plasma at a concentration of 31.9 ng/ml 1 hour 243 244 after ingestion [33]. Furthermore, ellagitannins in pomegranate have been shown to be metabolised by gut bacteria into urolithins that readily enter systemic circulation. 245 These metabolites appeared in human systemic circulation within a few hours of 246

consumption of pomegranate products, reaching maximum concentrations between248 24 and 48 hours [34].

To provide benefits in CNS diseases like AD, pomegranate polyphenols must
permeate the blood-brain barrier (BBB). It is not yet clear if biologically-active levels
of these compounds could be detected in the CNS following oral administration.
However, a study by Farbood et al [35] showed that oral administration of 100 mg/kg
ellagic acid for seven days prevented cognitive and long-term potentiation deficits in
rats. The outcome of this study suggests that ellagic acid permeated the BBB to act
in the CNS.

- Our study did not establish if the concentrations of pomegranate used in the
- experiments contain quantities of ellagic acid and ellagitannins which reflect levels
- which have been detected in plasma. However, we can conclude that bioactive
- polyphenols in pomegranate could be absorbed from the gastrointestinal tract.
- 260 In conclusion, we have provided further data showing that pomegranate inhibits
- induced inflammation in SK-N-SH cells. It appears that the effects of pomegranate
- on inflammatory processes in SK-N-SH cells results in a reduction of BACE-1 and
- the neurotoxic Aβ. We propose that pomegranate is a potential nutritional strategy in
- slowing the progression of neuroinflammatory diseases such as AD, possibly
- through its anti-inflammatory effect. Further pharmacokinetic studies in animals and
- humans are needed to confirm whether pomegranate polyphenols permeate the
- BBB and reach biologically-active levels in the brain.

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### 272 Conflict of interest

273 On behalf of all authors, the corresponding author states that there is no conflict of 274 interest.

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## **Figure legends**

## Figure 1

PWE reduced PGE<sub>2</sub> production in IL-1 $\beta$ -stimulated SK-N-SH cells. Cells were stimulated with IL-1 $\beta$  (10 U/ml) in the presence or absence of PWE (25-200 µg/ml) pre-incubated for 30 min. After 24 h, supernatants were collected for PGE<sub>2</sub> measurement. All values are expressed as mean±SEM for 3 independent experiments. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with IL-1 $\beta$  control.

# Figure 2

PWE inhibited COX-2 protein expression in IL-1β-stimulated SK-N-SH cells. Cells were stimulated with IL-1β (10 U/ml) in the presence or absence of PWE (25-200 µg/ml) pre-incubated for 30 min. After 24 h, COX-2 protein expression was determined using PathScan<sup>®</sup> sandwich ELISA. All values are expressed as mean±SEM for at least 3 independent experiments. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with IL-1β control.

# Figure 3

TNF $\alpha$ -induced NF- $\kappa$ B-dependent gene expression in HEK293 cells was inhibited by PWE. Transfected cells were incubated with different concentrations of PWE followed by stimulation with TNF $\alpha$  (1 ng/ml) for an additional 6 h. Luminescence was them measured. All values are expressed as mean±SEM for 3 independent experiments performed in triplicates. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with TNF $\alpha$  control.

## Figure 4

PWE inhibited IL-1 $\beta$ -induced I $\kappa$ B phosphorylation in SK-N-SH cells. Cells were stimulated with IL-1 $\beta$  (10 U/ml) in the presence or absence of PWE (25-200  $\mu$ g/ml) pre-treated for 30 min. After 5 min, p-I $\kappa$ B $\alpha$  protein expression was determined using PathScan<sup>®</sup> sandwich ELISA. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro

plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with IL-1 $\beta$  control.

## Figure 5

PWE inhibited IL-1β-induced IKK phosphorylation in SK-N-SH cells. Cells were stimulated with IL-1β (10 U/ml) in the presence or absence of PWE (25-200 µg/ml) for 5 min. At the end of incubation period, p-IKKα protein expression was determined using PathScan<sup>®</sup> sandwich ELISA. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with IL-1β control.

## Figure 6

PWE inhibited IL-1 $\beta$ -induced BACE-1 in SK-N-SH cells. Cells were pre-treated with PWE (25-200 µg/ml) 30 min before stimulation with IL-1 $\beta$  (10 U/ml) for 24 h. At the end of stimulation, levels of BACE-1 were determined using MaxDiscovery In Cell ELISA kit. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with IL-1 $\beta$  control. GAPDH was used as internal control.

# Figure 7

PWE attenuated IL-1 $\beta$ -induced A $\beta$  production in SK-N-SH cells. Cells were pretreated with PWE (25-200 µg/ml) 30 min before stimulation with IL-1 $\beta$  (10 U/ml) for 24 h. At the end of stimulation, A $\beta$  production was determined using MaxDiscovery In Cell ELISA kit. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, \*p < 0.05, \*\*p<0.01, \*\*\*p<0.001 in comparison with IL-1 $\beta$  control. GAPDH was used as internal control.

# Figure 8

Pre-treatment with PWE (25-200  $\mu$ g/ml) did not affect the viability of SK-N-SH cells stimulated with IL-1 $\beta$  (10 U/ml). Cells were per-incubated for 30 min with PWE (25-200  $\mu$ g/ml) in the presence or absence of IL-1 $\beta$  for 24 h. At the end of the incubation period, MTT and LDH assays were carried out on cells. All values are expressed as mean±SEM for 3 independent experiments.