



**University of Dundee**

## **Breast cancer**

Vinnicombe, Sarah J.

*Publication date:*  
2015

[Link to publication in Discovery Research Portal](#)

*Citation for published version (APA):*

Vinnicombe, S. J. (2015). Breast cancer: towards personalised screening and treatment. University of Dundee. College of Medicine, Dentistry and Nursing Research Symposium 2015, Crieff, United Kingdom.

### **General rights**

Copyright and moral rights for the publications made accessible in Discovery Research Portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from Discovery Research Portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain.
- You may freely distribute the URL identifying the publication in the public portal.

### **Take down policy**

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.



# Breast Cancer: towards personalised screening and treatment?

Sarah J Vinnicombe  
Clinical Senior Lecturer  
Ninewells Hospital Medical School  
University of Dundee

[s.vinnicombe@dundee.ac.uk](mailto:s.vinnicombe@dundee.ac.uk)

# Breast Cancer: Issues

---

- Screening: overdiagnosis, overall accuracy  
*Personalised, risk-adapted*
- Diagnosis: non-specific conventional imaging  
*Better characterisation required*
- Treatment planning: often inaccurate  
*Multimodal pre-operative imaging*
- Systemic therapy: early prediction of response  
*Multimodal, multiparametric assessment*
- Overtreatment:  
*Commensurate with risk*

# Better Screening

---

- Better techniques
  - Full field digital mammography (FFDM)<sup>1,2</sup>
  - Digital breast tomosynthesis (DBT)<sup>3</sup>
  - (supplemental whole breast US, ABUS)
  - Breast MRI? (high risk patients)
- Better risk assessment

<sup>1</sup>*Pisano et al NEJM 2005*

<sup>2</sup>*Vinnicombe et al Radiology 2009*

<sup>3</sup>*Houssami Breast 2013*

# Better Risk Assessment

---

- Risk factors for breast cancer:
  - Age
  - Family history (+/- previous XRT)
  - Mammographic breast density
  - Mammographic texture
  - Reproductive factors (menarche, menopause, parity)
  - Lifestyle factors (BMI, alcohol)
  - Genetic (low risk single nucleotide polymorphisms)

# Risk Assessment: Density (MD)

---

- Women with 76-100% MD have 4-6x relative risk compared to women with 1-25% MD<sup>1,2</sup>
- Breast density is highly heritable<sup>1</sup>
- Explains 14% of FH risk<sup>3</sup>

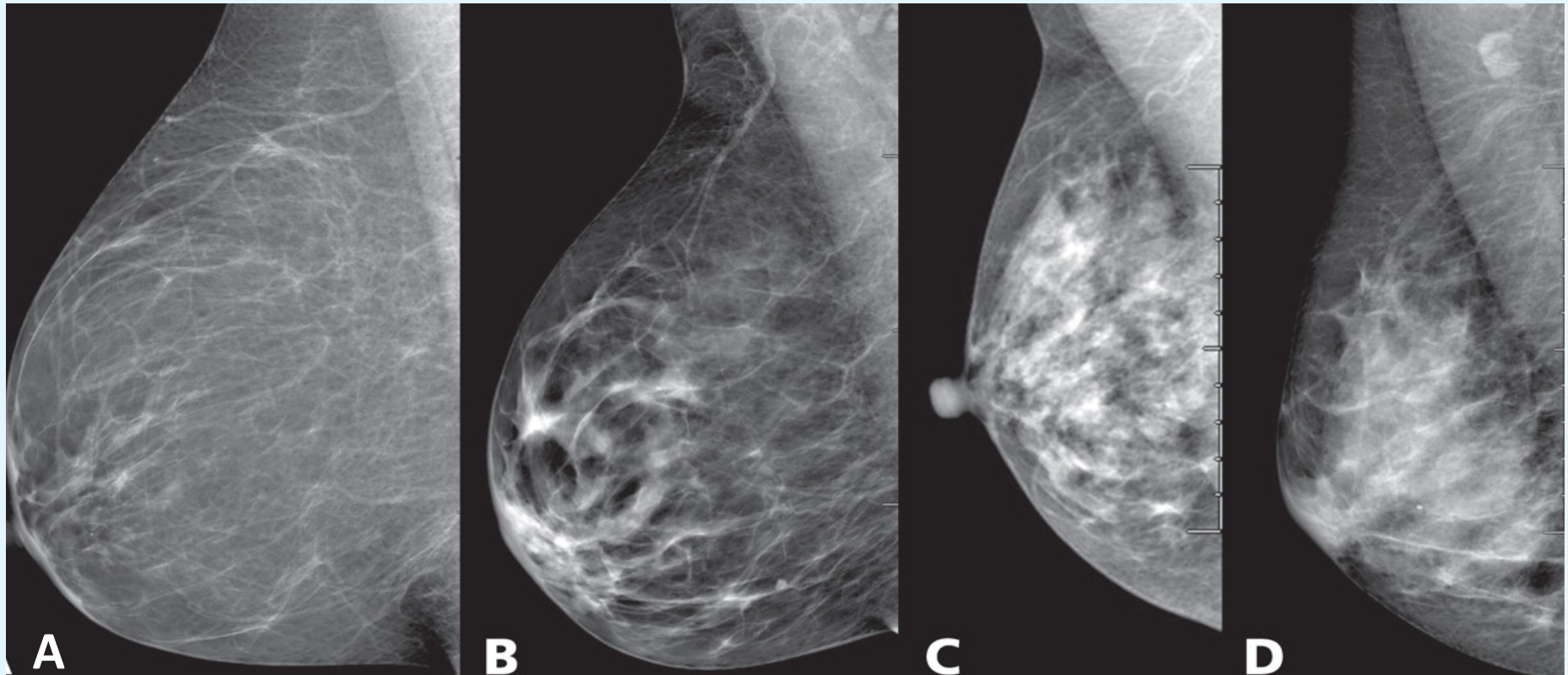
*Only factor with higher relative risk at extremes is age*

<sup>1</sup>Boyd *Methods Mol Biol* 2009

<sup>2</sup>Dos Santos Silva *Cancer Epidem Biom Prev* 2006

<sup>3</sup>Martin *et al. Cancer Epidem Biom Prev* 2010

# Breast Density



*50% all ca's detected 1y after normal screen attributable to having > 50% density*

# Risk Assessment: Density

---

- Can we measure it accurately & reliably enough?
- Is its effect independent of other risk factors?
- Does incorporation of density into established risk models improve their predictive ability?



# Density: Measurement

---

- Visual: poor reproducibility & agreement
- Computer assisted thresholding: research tool
- FFDM: automated volumetric measurements
  - Volpara<sup>®</sup> (Matakina)
  - Quantra<sup>®</sup> (Hologic)
    - Breast volume
    - Dense volume
    - % volumetric density

# Density: Measurement

---

Digital mammographic density and breast cancer risk: a case-control study of six alternative density assessment methods

**Breast Cancer Res. 2014 Sep 20;16:439**

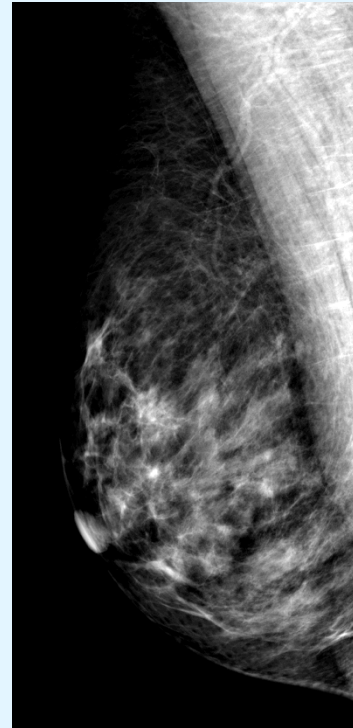
*Eng A, Gallant Z, Shepherd J, McCormack V, Li J, Dowsett M, Vinnicombe S, Allen S, dos-Santos-Silva I*

- PD (volumetric) positively associated with breast cancer
- Increase in risk per standard deviation increment in PD highest for Volpara (1.83; 95% CI: 1.51 to 2.21)
- Same technique needed for longitudinal measurements

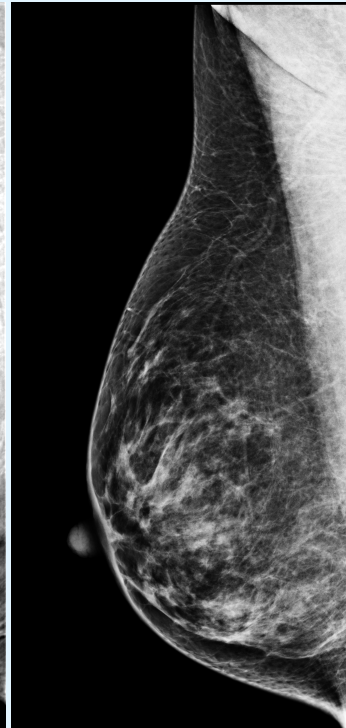
# Does the FFDM unit matter?

- Retrospective analysis, 100 paired FFDM, Selenia & GE units, 1 y apart
- NSD in Volpara readings (ICC >0.9)
- Mean absolute difference for pairs 0.67% (8% of median, 8%)
- Visual assessment: 10% paired scores disagreed
  - GE FFDM perceived as denser

2009 GE



2010 Selenia



# Risk Assessment: Density

---

- Is its effect independent of other risk factors?
- HAMAM (EU FP7 funded, 2008)
  - Case-control study
  - 18 SNP genotype score (predictive of risk)
  - NO correlation between BOADICEA risk
    - SNP score
    - Volumetric MD (Volpara)



*Merrick, Mallin, Berg, Vinnicombe  
(submitted)*

# Can addition of MD improve risk assessment models?

---

- Most risk models (Gail, BOADICEA) poor for individual women
- Studies to date:
  - Visual assessment of MD or computerised thresholding
  - Only slight increases in predictive accuracy
- Results of studies with volumetric MD & better calibrated models awaited

# Other measures

---

- MRI measurement of fibroglandular volume
  - Inherently 3D, therefore gold standard?
  - Anonymous Trust Grant
  - Analyze<sup>®</sup> segmentation software
  - Reproducibility varies with MR sequence (T1, T2)
  - Good absolute agreement with volumetric MD (ICC 0.742)
  - Systematic bias (Volpara PD > MRI FGV)<sup>1</sup>

<sup>1</sup>Vinnicombe, Wood, Waugh, Cui  
UKRC 2015

# Personalised screening

---

## Risk-adapted screening: challenges

- How to incorporate MD, texture, SNP score into risk model?
- Logistics of data collection and integration
- Presentation to patient and clinician
- Personalised screening programme
- Effect of lifestyle interventions

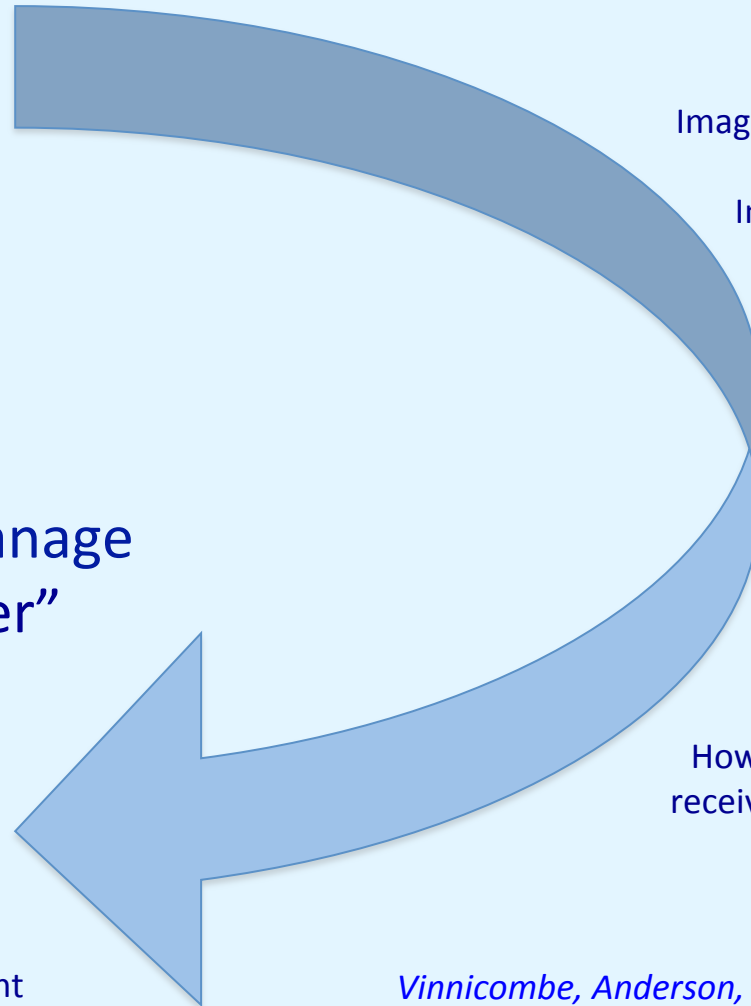
# “I am worried about my risk of breast cancer”



## WP 1

Recruitment

Getting correct imaging,  
DNA and clinical data



## WP 2

Image processing 7 output  
DNA analysis  
Integration of data

## WP 3

How patient and clinician  
receive and use information



## WP 4

Delivering tailored management  
“Individual management pathway”

“I understand and can manage  
my risk of breast cancer”



# Better Lesion characterisation

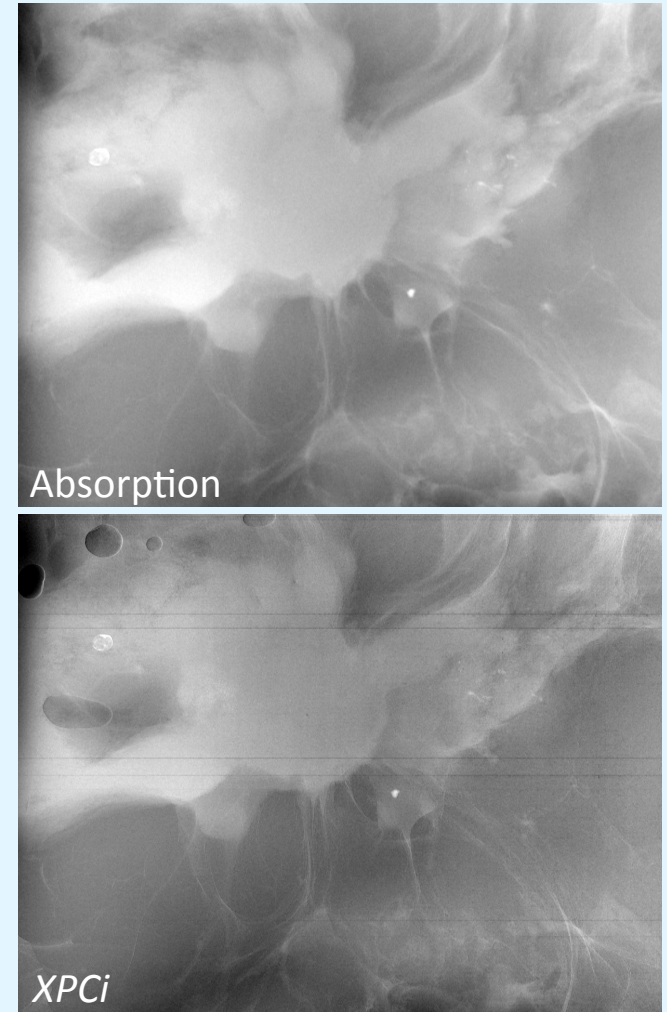
---

- Phase contrast mammography (XPCi)
- X-ray diffraction mammography
- Digital breast tomosynthesis (DBT)
- US shear wave elastography (SWE)

# Phase Contrast Mammography

## XPCi:

- Wellcome Trust Translational Award, £461k
- Medical Physics, UCL (Prof Rob Speller)
- Low dose phase contrast mammography c. conventional x-ray sources
- Better visualisation high contrast detail (trabeculae,  $\text{Ca}^{2+}$ )
- Submitted to *Radiology*



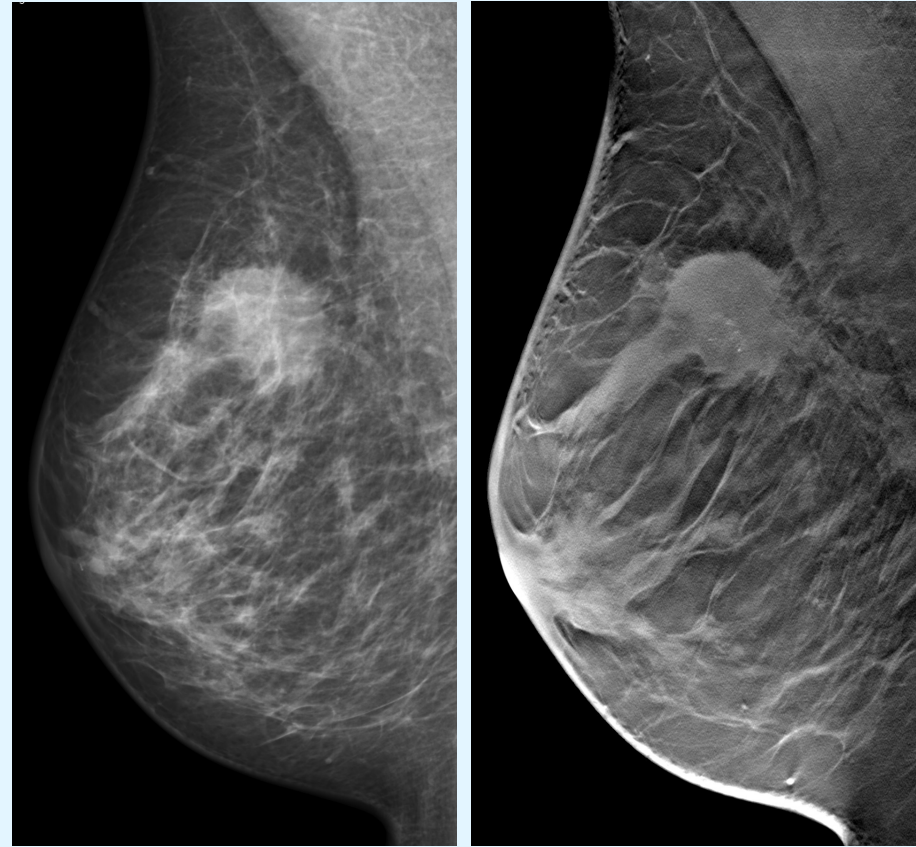
# X-ray Diffraction Imaging

---

- Collaboration with Prof Rob Speller, Med Physics, UCL
- Pilot study funded by BCC, December 2014
- Can we identify abnormal collagen in & around cancers?
  - 20 excised breast cancers
  - Diffraction signatures (from tumour, peritumoural & normal tissues)
- Correlation with high res. mammography & pathology
- Potential impact:
  - ‘high risk’ phenotype; targeted screening
  - better surgical planning
  - i.d. of likely non-responders to adjuvant  $R_x$

# Digital Breast Tomosynthesis (DBT)

- Screening: increased sensitivity cf. FFDM (generally low grade, spiculate ca's)
- Higher specificity (reduced recall rates)
- Better characterisation of mammographic lesions
- Better lesion sizing for surgical planning



# DBT

---

- Not all DBT units are the same!
- Only Selenia Dimensions recognised by NHS BSP
- Breast Imaging Research Group UoD coordinating multi-reader study of Siemens DBT in screening assessment (Munich, Germany)
  - Funded by Siemens
  - Whelehan, Vinnicombe, Evans

# Shear Wave Elastography (SWE)

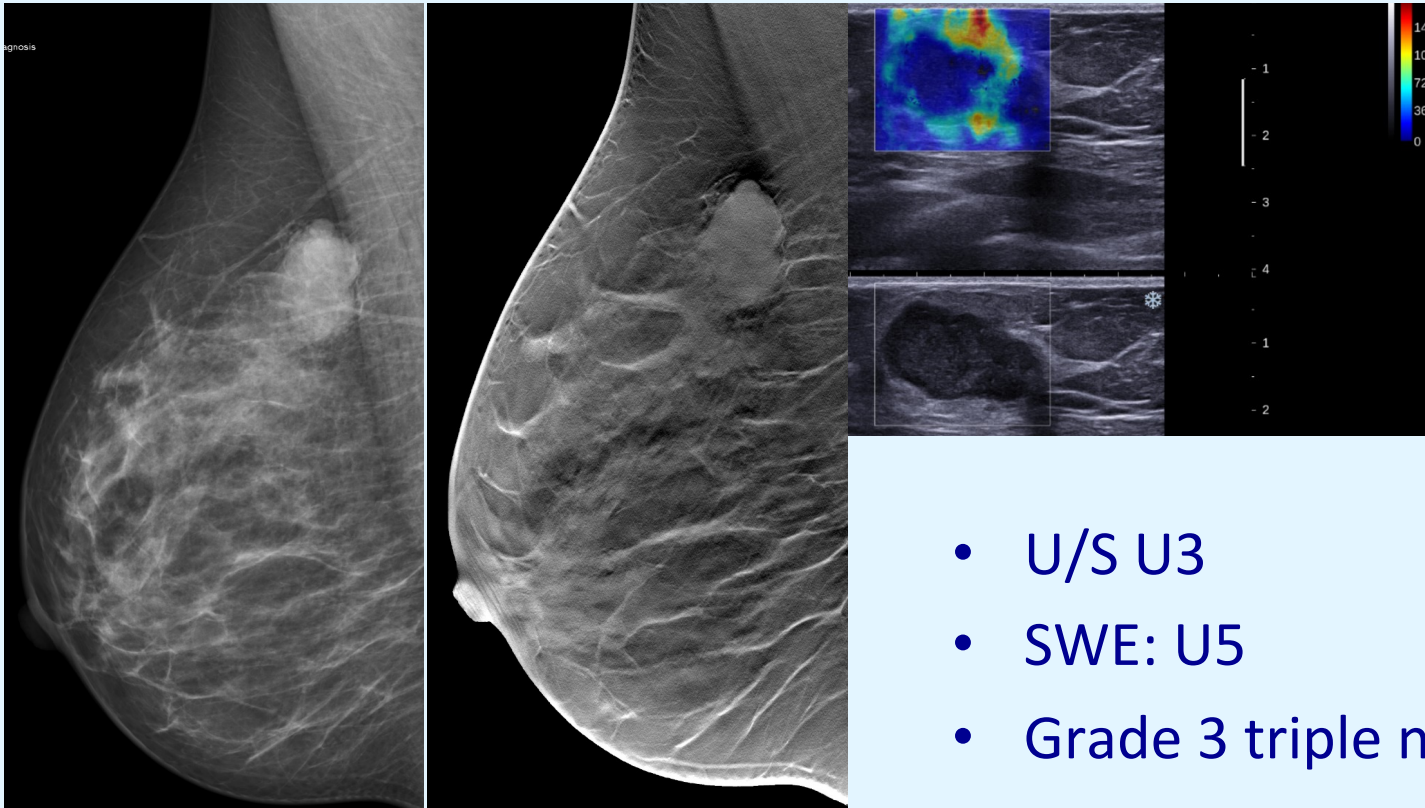
---

- Combination of grey scale US and SWE v. sensitive for cancer detection (NPV 100%)<sup>1</sup>
- False negatives very rare (small, low grade ca's, DCIS)<sup>2</sup>
- Obviates need for biopsy of benign appearing masses in women < 40 yrs
- Research has formed basis for breast US elastography practice guidelines in:
  - Japanese Society of US in Medicine
  - Korean Society of US in Medicine

<sup>1</sup>Evans et al Br J Cancer 2012

<sup>2</sup>Vinnicombe et al Eur Radiol 2014

# SWE: Lesion Characterisation



- 42 y.o
- P3 lump
- 2D M3, 3D M4

- U/S U3
- SWE: U5
- Grade 3 triple negative ca

# Breast Cancer: Issues

---

- Screening: overdiagnosis, underdiagnosis  
*Personalised, risk-adapted*
- Diagnosis: non-specific conventional imaging  
*Better characterisation required*
- Treatment planning: often inaccurate  
*Multimodal pre-operative imaging*
- Systemic therapy: early prediction of response  
*Multimodal, multiparametric assessment*
- Overtreatment:
  - *Commensurate with risk*



# VPH-PRISM

---

- Virtual Physiological Human: Personalized Predictive Breast Cancer Therapy through Integrated Tissue Micro-Structure Modelling
- EU FP7 funded  
265,000 Eu to UoD (2013-16)

# VPH-PRISM

---

## Collaborating Partner Centres

- 1) EIBIR (Vienna)
- 2) Fraunhofer-Mevis (Bremen)
- 3) Stichting Katholieke Universitat (Nijmegen) - RUNMC
- 4) University College London (UCL)
- 5) Phillips Technologie GMBH (Hamburg)
- 6) University of Dundee – UDUN
- 7) University of Chicago - UCHI
- 8) Medizinische Universitaet Wien - MUW
- 9) Boca Raton Hospital (USA)

# VPH-PRISM: Aims

---

- Optimisation of breast cancer imaging by integrated forward modelling of the image formation process
- Predict personal risks for cancer progression and *sensitivity to NAC*
- Proof of concept study

# VPH-PRISM

---

## Study Overview:

- 4 core clinical sites (RUNMC, UDUN, UCHI, MUW)
  - data from at least 50 patients each, collected prospectively, all have DBT, 3T MRI then 2D & 3D SWE prior to surgery
- Cases collected at each site will include:-
  - 10-15 cases of pure DCIS > 20 mm in extent
  - 10-15 surgically treated T1 tumours
  - 10-15 surgically treated T2+ tumours
  - 10-15 T2+ tumours treated with neoadjuvant chemotherapy, with at least 3 MRI examinations: prior, halfway and after NAC



# Medical imaging markers of cancer initiation, progression and therapeutic response in the breast based on tissue microstructure

Grant Reference: EP/K020439/1

April 2013 to March 2016

£340k for UoD



# Partners:

---

- UCL CMIC
  - Prof D Hawkes (PI)
  - Prof D Alexander (co-I)
  - Dr P Taylor (co-I)
  - Dr J Hipwell
  - Dr L Panagiotaki
  - Dr T Mertzaniidou
  - Dr C Bailey
  - Dr P Wijeratne
- Uni. of Dundee
  - Prof A Evans (co-I)
  - Dr S Vinnicombe (co-I)
  - Prof L Bidaut (co-I)
  - Ms P Whelehan (co-I)
  - Dr K Kitching
  - Dr R Morin
- KCL
  - Prof S Pinder

# MIMIC: Aims

---

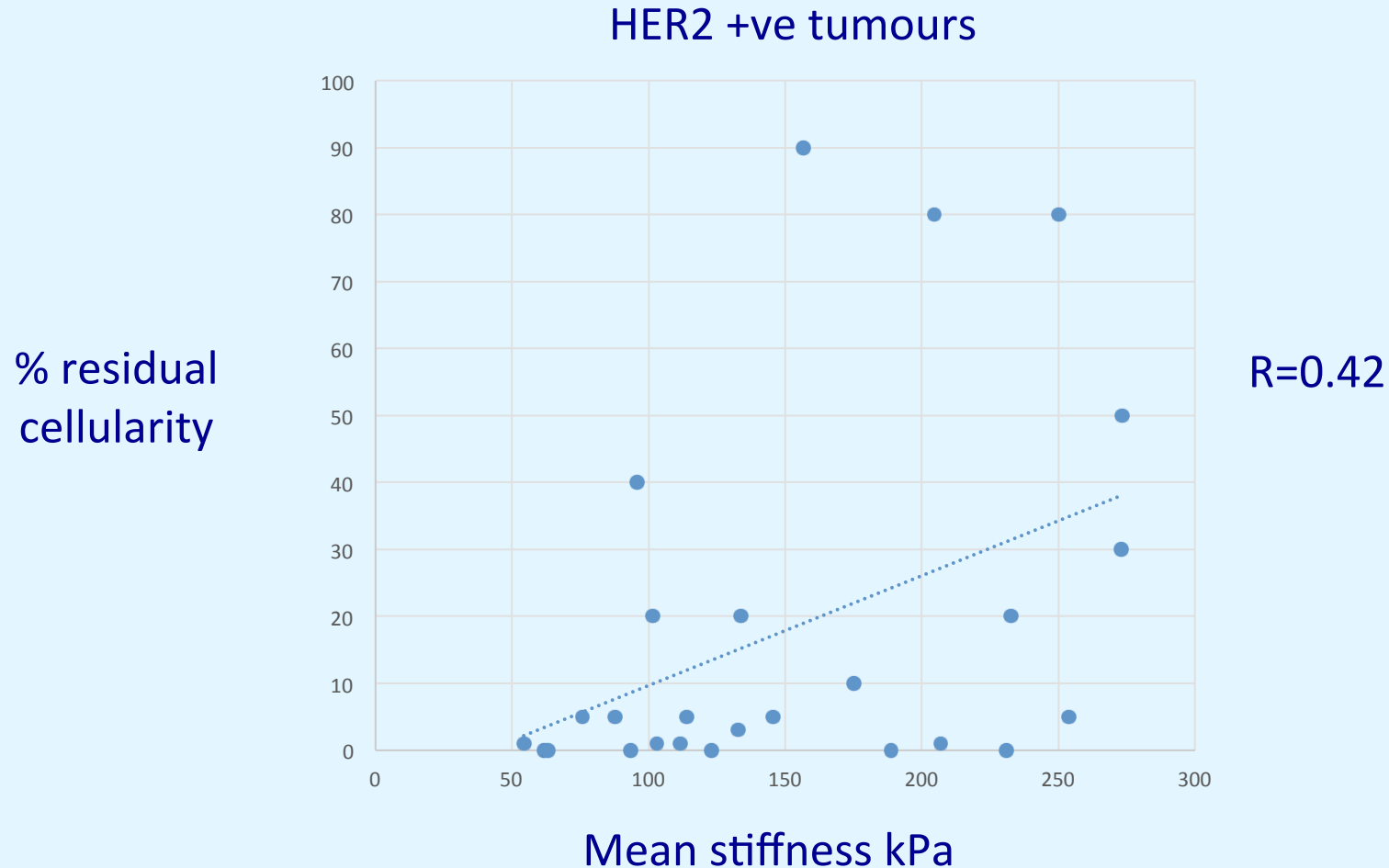
- Development of computational and imaging tools to stratify tumours & peri-tumoural stroma regarding risk of metastatic progression and response to NAC
- Imaging peri-tumoural stroma
  - may provide prognostic and predictive information
  - stromal enhancement on MRI correlates with response to NAC<sup>1</sup>
  - boundary can be defined by diffusion weighted MRI<sup>2</sup>
  - SWE: stromal stiffness predicts aggressive histological characteristics and chemoresistance<sup>3</sup>

<sup>1</sup>Hattangadi et al, *Am J Roentgenol* 2008

<sup>2</sup>McLaughlin et al, *JMRI* 2014

<sup>3</sup>Evans et al, *Br J Cancer* 2013

# Baseline stiffness vs. NAC response

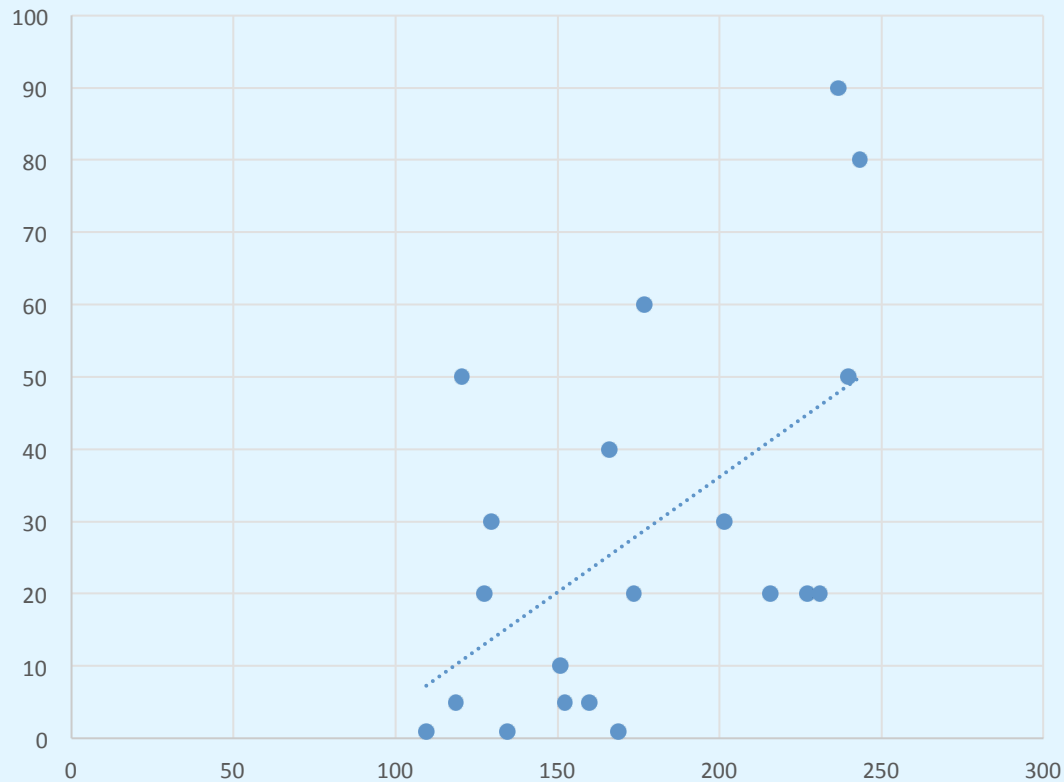




# Baseline stiffness vs. NAC response

## Luminal tumours

% residual  
cellularity



R=0.55

Mean stiffness kPa

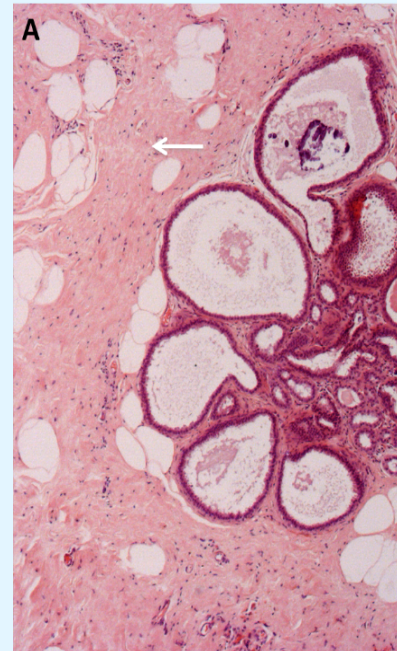
# SPECIALS

---

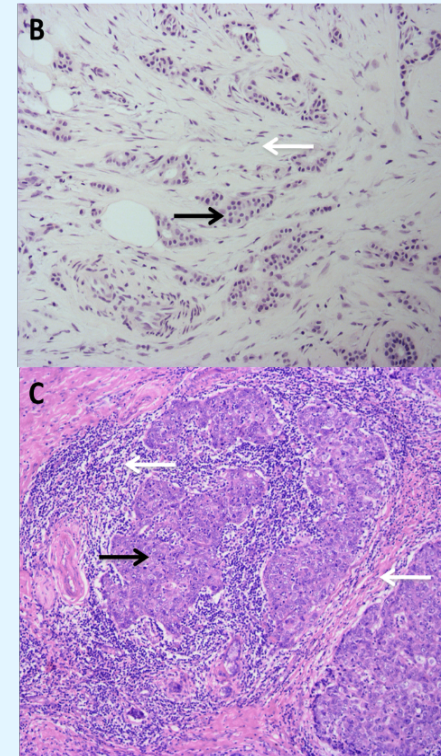
- Breakthrough Breast Cancer Programme Grant 2013-17, £900k
- Predicting response to NAC
  - Stromal protocol evaluating Chemotherapy:  
Imaging and Laboratory studies
  - Co-PIs AE, SV, FFP
  - DBT, 2D & 3D US & SWE of stroma, high res multiparametric MRI (MP-MRI) - DCE, DWI, DTI

# Background

- Stroma in breast cancer differs from normal breast stroma
- Stroma-related gene signatures predict resistance to neoadjuvant chemotherapy (NAC)<sup>2</sup>
- Breast cancer stroma thus determines prognosis of breast ca & likelihood of response to NAC



A. Benign breast tissue with adjacent normal stroma;  
B. Invasive cancer with cellular stroma;  
C. Invasive cancer with lymphoid stroma  
(Black arrows – cancer islands, white arrows - stroma).



<sup>1</sup>Farmer et al. A stroma-related gene signature predicts resistance to neoadjuvant chemotherapy in breast cancer. *Nature Medicine* 2009;15(1):68-74

# Key Research Questions

---

1. Can peritumoural imaging distinguish subtypes of breast cancer?
2. Which imaging features of peritumoural tissues change during NAC and predict response?
3. What are the pathophysiological features of peritumoural tissue in subtypes of breast cancer?
4. Are the pathophysiological changes in peritumoural tissues with NAC predictive or prognostic?
5. What are the features of peritumoural stromal tissues compared with intra-tumoural stroma?
6. Can these imaging and laboratory data be used to populate developing mathematical modelling techniques at the cellular, intercellular and whole tissue levels?

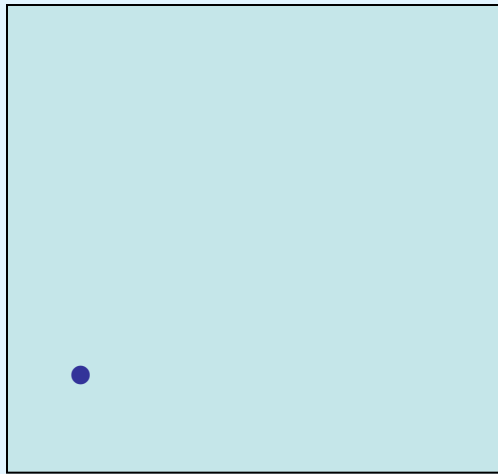
# Key Research Questions

---

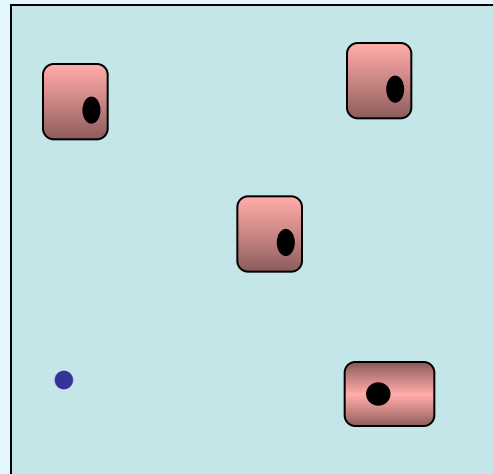
1. Can peritumoural imaging distinguish subtypes of breast cancer?
2. Which imaging features of peritumoural tissues change during NAC and predict response?
3. What are the pathophysiological features of peritumoural tissue in subtypes of breast cancer?
4. Are the pathophysiological changes in peritumoural tissues with NAC predictive or prognostic?
5. What are the features of peritumoural stromal tissues compared with intra-tumoural stroma?
6. Can these imaging and laboratory data be used to populate developing mathematical modelling techniques at the cellular, intercellular and whole tissue levels?

# Diffusion Weighted MR Imaging

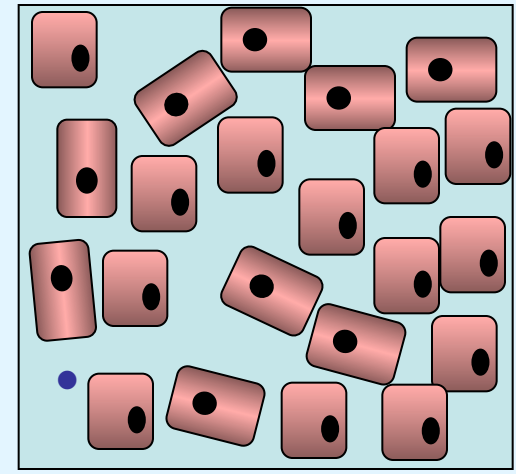
Sensitive to factors affecting microscopic motion of water



Random Brownian  
Motion



Free diffusion  
Low signal intensity DWI  
High signal ADC



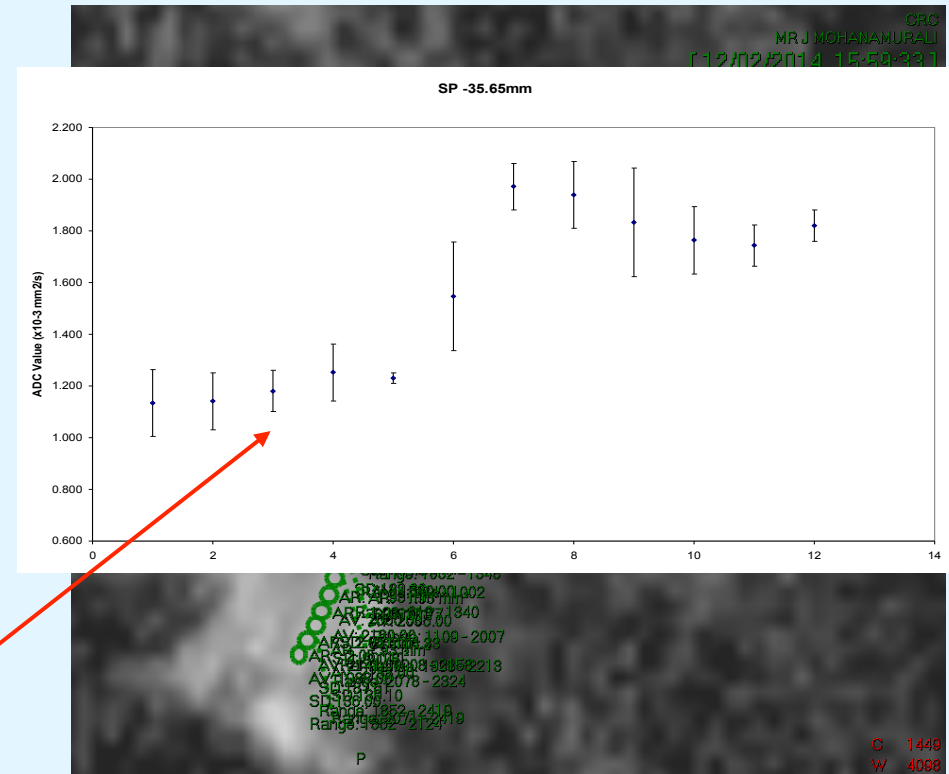
Restricted diffusion  
High signal intensity DWI  
Low signal ADC

 cell    ● water molecule

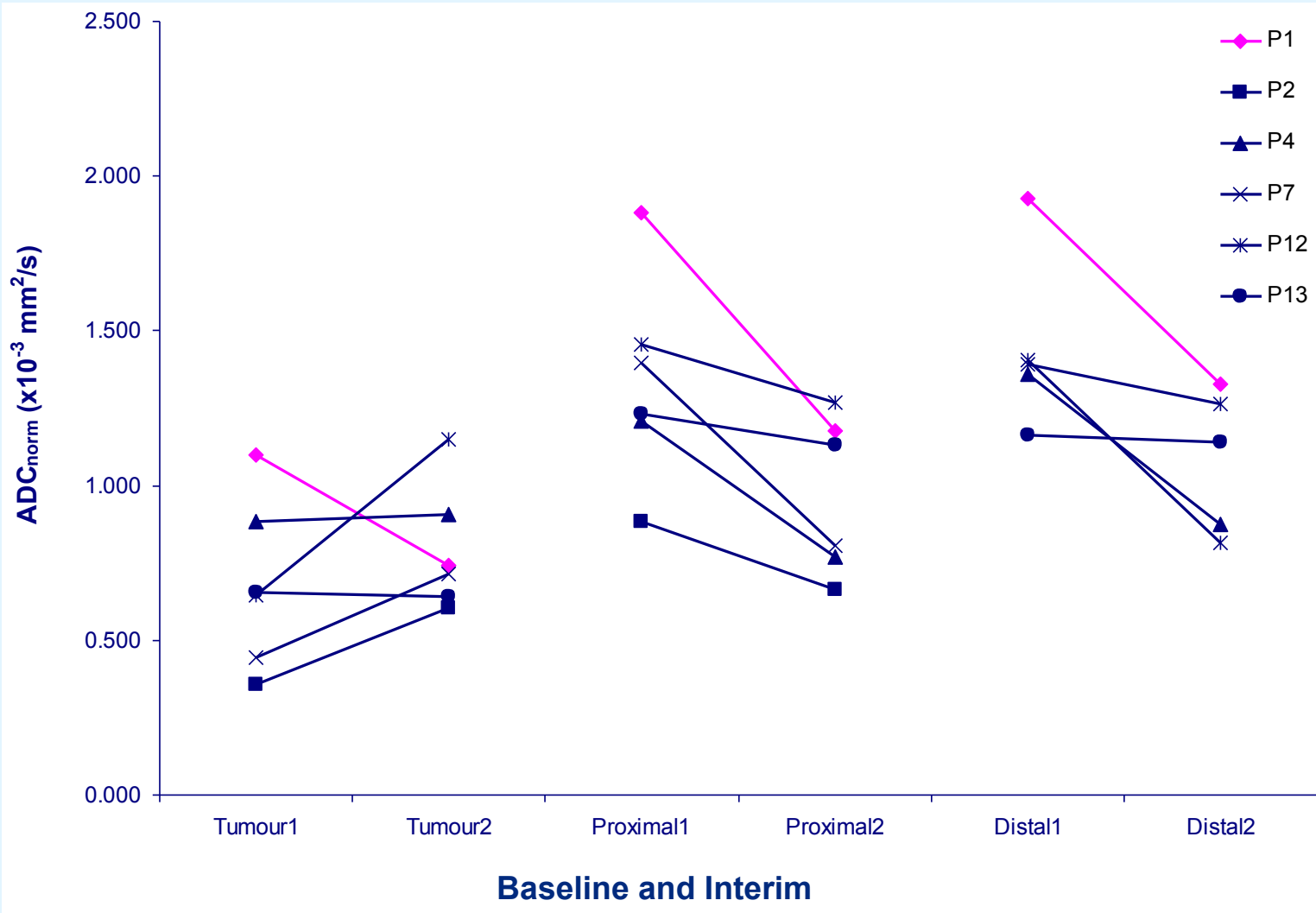
ADC = Apparent diffusion coefficient

# Peri-tumoural Diffusion

- Analysis currently performed manually
- Within the tumour:  
*2-5mm within perceived boundary*
- Proximal to the tumour:  
*2-5mm from perceived boundary*
- Distal to the tumour:  
*9-13mm from perceived boundary*

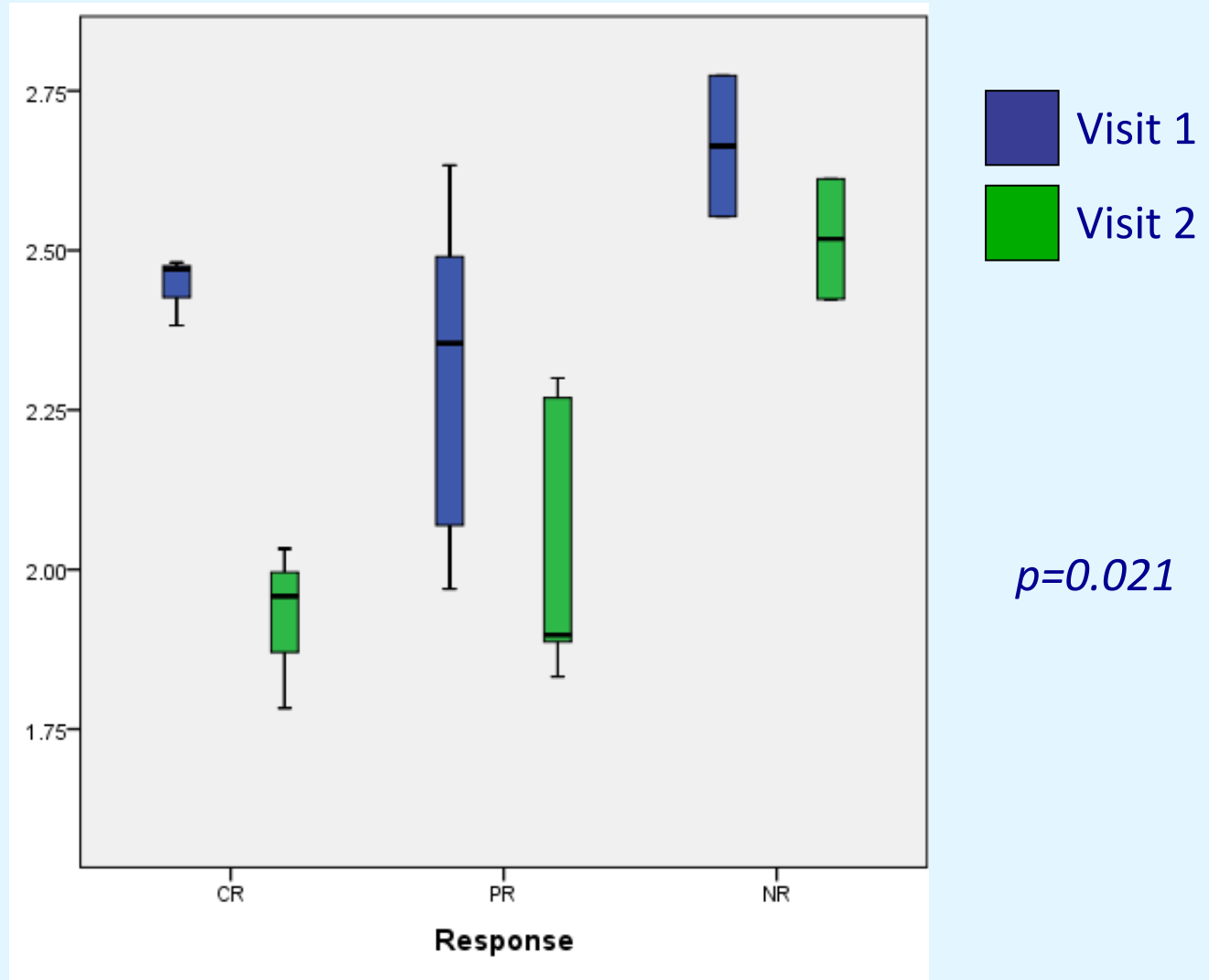


# ADC<sub>norm</sub>

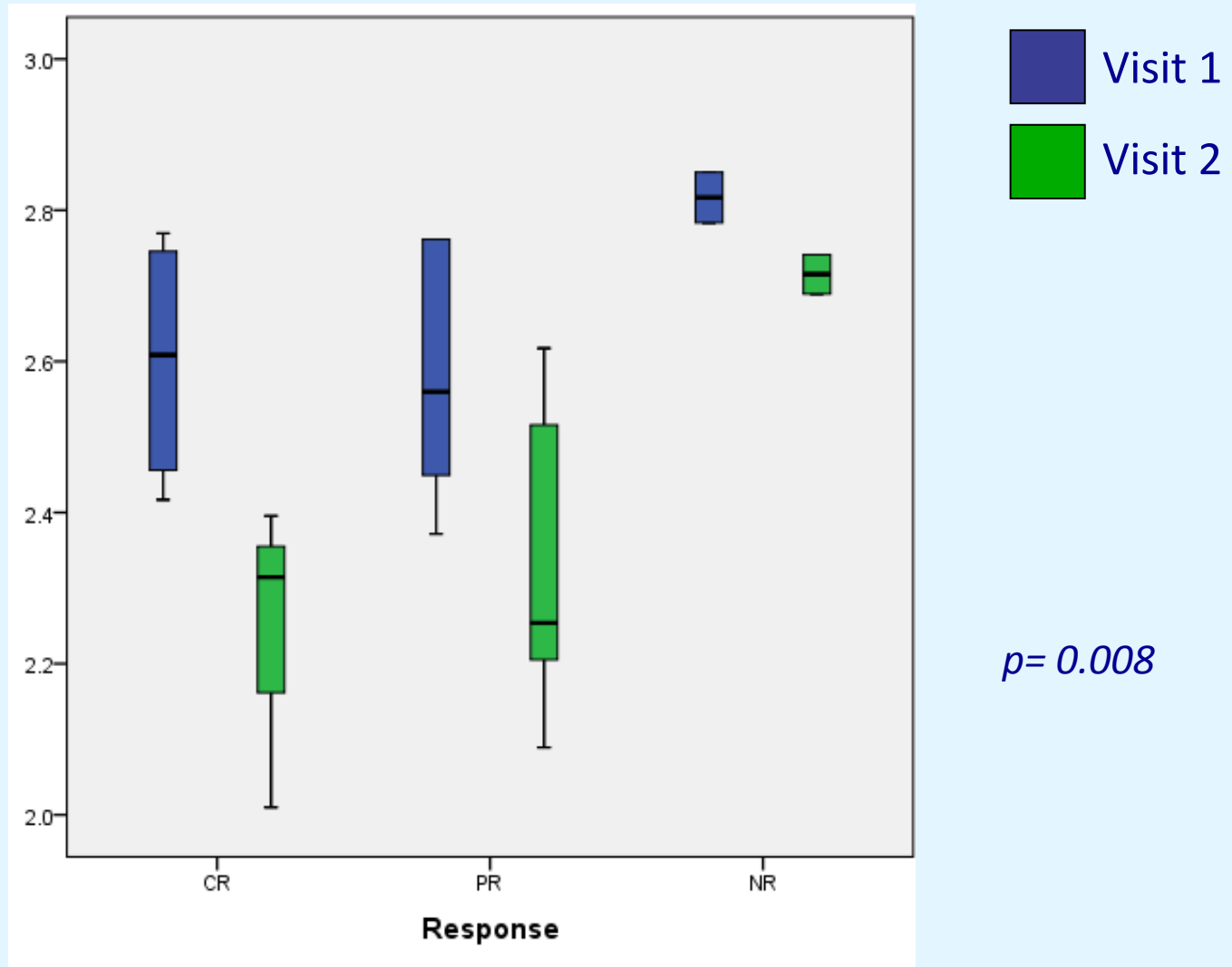




# Textural Analysis: ADC Entropy

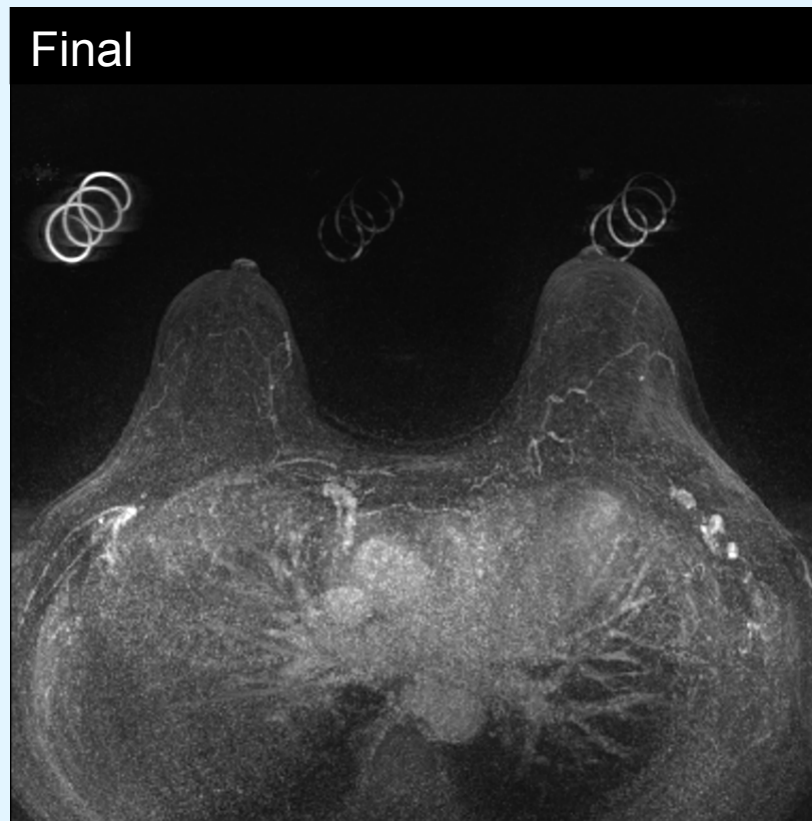


# Textural Analysis: T2 Entropy



# Patient 4

- Grade 3 invasive ductal carcinoma
- Triple negative basal phenotype



## Volumes:

Baseline: 36.3 cc

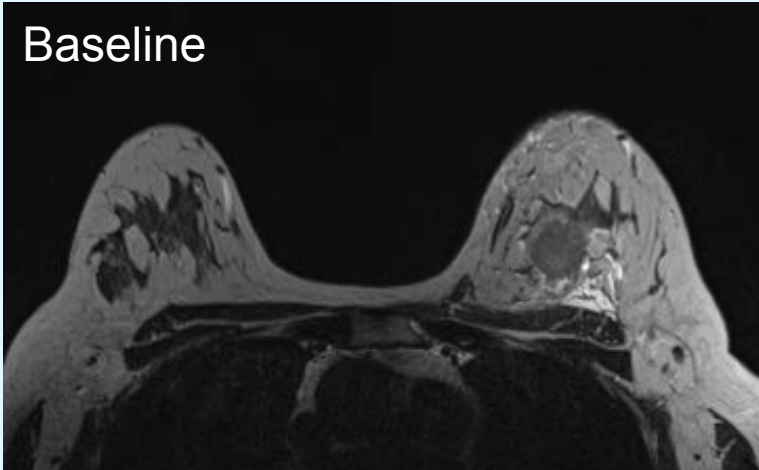
Interim: 3.7 cc

Final: 0.0 cc

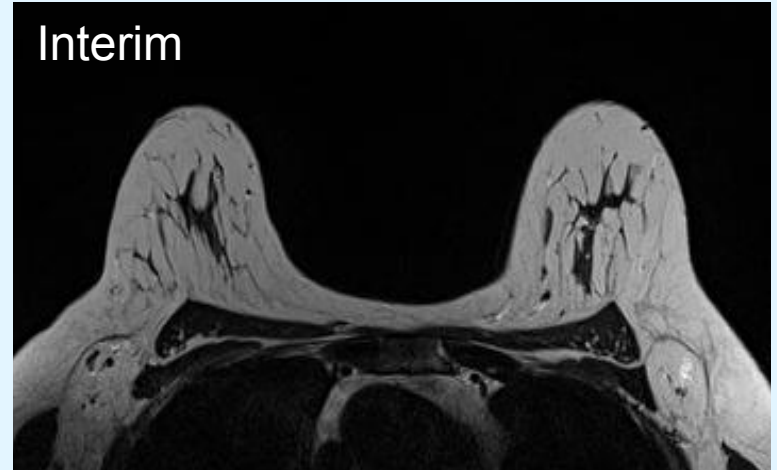
# Multiparametric MR Imaging

T2W

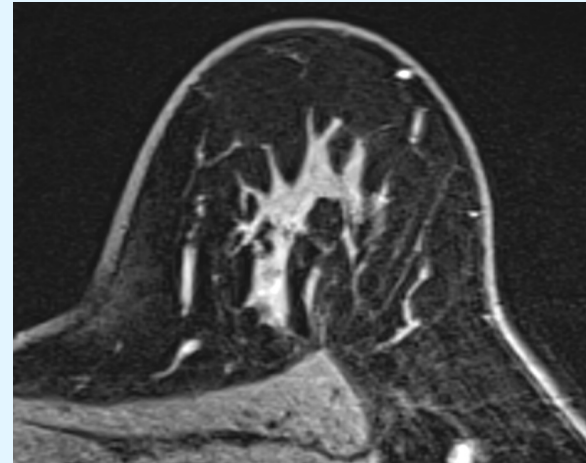
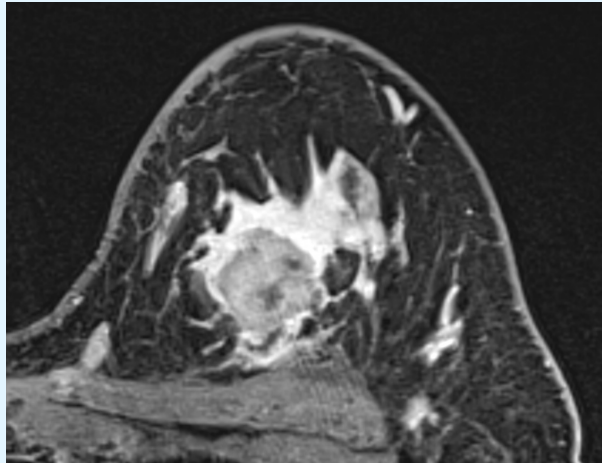
Baseline



Interim

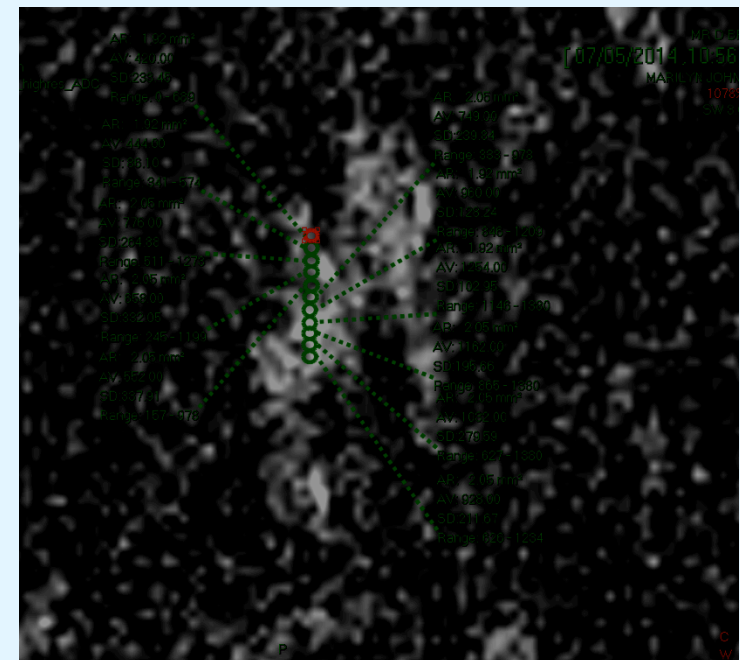
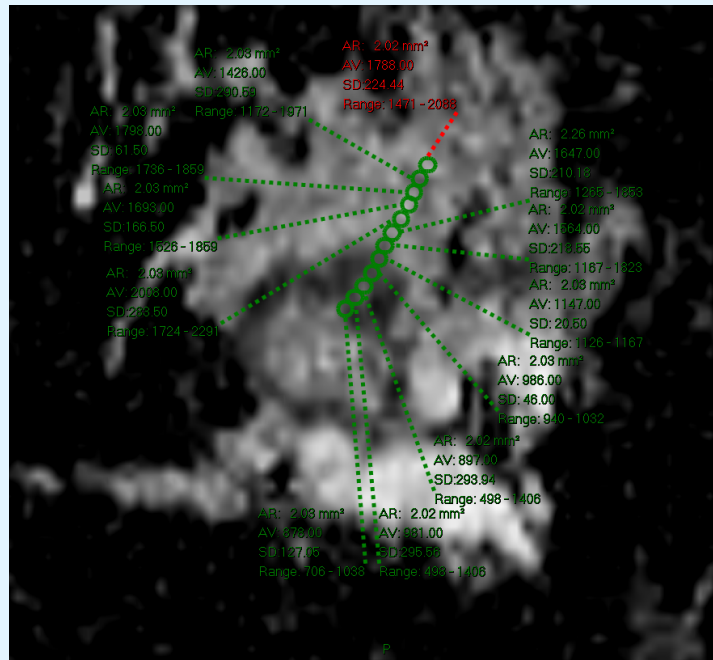


Stromal  
enhancement



# Multiparametric MR Imaging: ADC

	Within tumour (2-5mm)	Proximal to tumour (2-5mm)	Distal to tumour (9-13mm)
Visit 1	1.276 ± 0.167	1.748 ± 0.230	1.967 ± 0.190
Visit 2	1.169 ± 0.178	0.990 ± 0.230	1.128 ± 0.200
Visit 3	-	-	-



# Breast Cancer: Issues

---

- Screening: overdiagnosis, underdiagnosis  
*Personalised, risk-adapted*
- Diagnosis: non-specific conventional imaging  
*Better characterisation required*
- Treatment planning: often inaccurate  
*Multimodal pre-operative imaging*
- Systemic therapy: early prediction of response  
*Multimodal, multiparametric assessment*
- **Overtreatment:**  
*Commensurate with risk*

# Overtreatment

---

- Treatment should be commensurate with risk
- Less axillary surgery
  - can imaging predict likelihood of nodal disease?<sup>1</sup>
- Noninvasive Rx for low risk cancers
  - MR guided focused ultrasound surgery (MRgFUS)
  - Current systems slow, suboptimal for breast
  - Can Thiel cadavers be used as a model for research?

# MRgFUS

---

- DCC funded feasibility study 2014
  - Thiel and fresh breast tissue for sonication in lab, 1.5T MR unit, 3T CRC unit
  - MR compatible chamber built for sonication of samples<sup>1</sup>
  - MR compatible thermocouple
- Results:
  - No visible lesions in Thiel tissue post sonication<sup>2</sup>
  - Dampened temperature rises cf. fresh tissue samples
  - First samples sonicated in CRC 3T magnet successfully<sup>3</sup>

<sup>1</sup>Joy, Purdie, Melzer, Cochran, Vinnicombe 2014 ISTU

<sup>2</sup>Joy, Yang, Karakitsios, Eisma, Purdie, Melzer, Cochran, Vinnicombe 2014 FUS Symposium

<sup>3</sup>Joy, Yang, Cavin, Vinnicombe



# Conclusions:

---

- Journey of the patient at risk of or with breast cancer highlights challenges of risk-adapted personalised screening and treatment
- Multimodal, multiparametric imaging has the potential to advance progress towards this goal

# Acknowledgments

---



Shelley Waugh  
Joyce Joy  
Colin Purdie  
Lee Jordan  
Patsy Whelehan  
Frances Fuller-Pace  
Celine Pourreyron  
Andy Evans  
The Tayside patients



Breakthrough Breast Cancer, Breast Cancer Campaign,  
EPSRC, Dundee Cancer Center, Anonymous Trust