

Swelling and shrinking kinetics of a lamellar gel phase

David J. Fairhurst,^{1,4,a)} Mark E. Baker,² Neil Shaw,² and Stefan U. Egelhaaf^{3,4}

¹Department of Physics, Nottingham Trent University, Nottingham, NG11 8NS, United Kingdom

²Unilever Research, Port Sunlight Laboratory, Bebington, Wirral L63 3JW, United Kingdom

³Condensed Matter Physics Laboratory, Heinrich-Heine-University, 40225 Düsseldorf, Germany

⁴SUPA, School of Physics, The University of Edinburgh, Edinburgh EH9 3JZ, United Kingdom

(Received 29 November 2007; accepted 11 March 2008; published online 2 May 2008)

We investigate the swelling and shrinking of L_β lamellar gel phases composed of surfactant and fatty alcohol after contact with aqueous poly(ethyleneglycol) solutions. The height change $\Delta h(t)$ is diffusionlike with a swelling coefficient S : $\Delta h = S\sqrt{t}$. On increasing polymer concentration, we observe sequentially slower swelling, absence of swelling, and finally shrinking of the lamellar phase. This behavior is summarized in a nonequilibrium diagram and the composition dependence of S quantitatively described by a generic model. We find a diffusion coefficient, the only free parameter, consistent with previous measurements. © 2008 American Institute of Physics.

[DOI: [10.1063/1.2913762](https://doi.org/10.1063/1.2913762)]

In everyday life and many industrial processes, materials swell by absorption of solvent, e.g., washing powder,¹ foodstuff,² diapers,³ eyeballs,⁴ and clay.⁵ Conversely, if the solvent flow is reversed materials shrink, as for a hypertonic cell with a lower solute concentration than its environment. Model systems are often preferred for study. Swelling rates of L_α surfactant lamellar phases are observed to change when the chemical potential difference between lamellar phase and contacting solution is varied through polymer addition.⁶ Artificial liposomes can be swollen or shrunk using glycerol solutions⁷ and hard sphere colloidal suspensions shrink when contacted with high concentration polymer solutions.⁸ Here, we quantitatively investigate the swelling and shrinking behavior of a complex surfactant system, namely an L_β lamellar gel phase, as used in cosmetics and pharmaceuticals. The volume change is initiated by contact with aqueous polymer solution. Our observations are in quantitative agreement with a generic model, which we expect to be applicable to a large variety of situations.

The lamellar phase is prepared following an industrial procedure.^{9,10} It consists of a cationic quaternary surfactant [behenyl trimethyl ammonium chloride (BTAC)] and a fatty alcohol [1-octadecanol] at a molar ratio of 1:3 in water with different total surfactant concentrations c_s . Electron and light microscopy reveal a disordered system. Numerous stacks of bilayers form an open structure with small pockets of water and excess fatty alcohol.¹⁰ While the sample is prepared at elevated temperature T , the experiments are performed at $T = 25^\circ\text{C}$, which is below the chain melting temperature (about 78°C). Approximately 0.5 g of this L_β lamellar gel phase is pipetted into a 2 cm³ cylindrical glass cell and centrifuged for 1 min at 2500 rpm to ensure that the entire highly viscous sample is at the bottom of the cell with a smooth upper surface. Within a range of lamellar masses (0.45–1.25 g) no systematic change in behavior was observed within the $\sim 12\%$ experimental uncertainty. The experiment is started by adding 1.5 g of water or polymer solution on top of the lamellar phase. The use of polymer [poly(ethyleneglycol), PEG-10000 with molar mass from 8500 to 11500 g/mol and an average radius of gyration of

about 3 nm] allows us to vary the difference in chemical potential, i.e. osmotic pressure or water concentration, between the two phases.

After contact with solvent, the lamellar phase remains as one contiguous mass, but changes its volume on a time scale of hours (Fig. 1). Depending on the polymer concentration c_p of the contacting solution, qualitatively different behavior is observed. The lamellar phase swells for c_p below a specific concentration $c'_p(c_s)$ (Fig. 2, upward triangles). In contrast, for $c_p > c'_p(c_s)$, the lamellar phase shrinks (downward triangles). Based on the experimentally determined $c'_p(c_s)$ values and the additional observation that a sample with $c_s = 1\%$ does not show detectable swelling when contacted with water, we obtain by a fit

$$c'_p(c_s) = 1.28c_s - 0.65\% \text{ w/w}, \quad (1)$$

where we assumed a linear dependence between c'_p and c_s . Along this boundary (Fig. 2, solid line), the sample neither swells nor shrinks, which suggests that the osmotic pressures of the surfactant phase $\Pi_s(c'_s)$ and contacting polymer solution $\Pi_p(c'_p)$ are balanced, $\Pi_s(c'_s) = \Pi_p(c'_p)$. Using the known osmotic pressure $\Pi_p(c_p)$ of our polymer solution¹¹ (Fig. 2, right hand axis) and Eq. (1), we can calculate $\Pi_s(c_s)$, e.g., $\Pi_s(6\%) = 52 \text{ kPa}$. With no literature data for $\Pi_s(c_s)$, we calculate the osmotic pressure of an ideal gas of chloride counterions (from BTAC), which for $c_s = 6\%$ ($c_{\text{BTAC}} = 49 \text{ mM}$) gives $\Pi_{\text{Cl}}(6\%) = RTc_{\text{BTAC}} = 121 \text{ kPa}$, with universal gas constant R . Given this crude approximation, the agreement with $\Pi_s(6\%)$ is encouraging. Poisson–Boltzmann theory provides a more accurate calculation¹² but requires a precise knowledge of the surface charge density and bilayer spacing. Nevertheless, if not only $\Pi_p(c_p)$ but also $\Pi_s(c_s)$ is

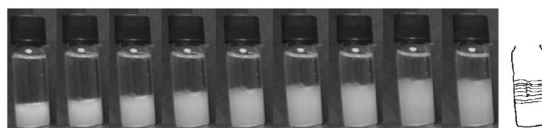


FIG. 1. Swelling of L_β lamellar phase with an initial total surfactant concentration $c_s = 6\%$ w/w. To illustrate the square-root growth behavior, images at times $t = 0, 1, 4, 9, 16, 25, 36, 49,$ and 64 h (left to right) are shown. The right-most image is the digitized version used for the analysis.

^{a)}Electronic mail: david.fairhurst@ntu.ac.uk.

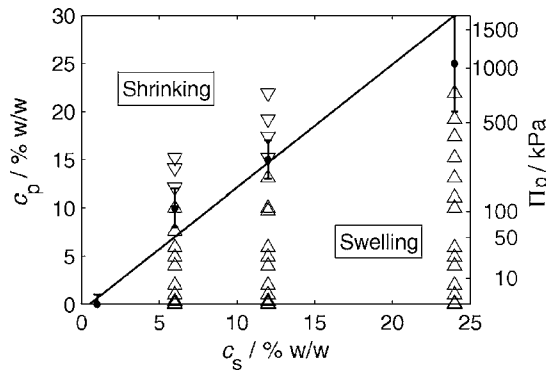


FIG. 2. Nonequilibrium diagram in the initial total surfactant concentration (c_s)-polymer concentration (c_p) plane indicating the compositions of samples that swell (upwards triangles) or shrink (downwards triangles). Solid circles indicate where no change in volume is expected, based on data in Fig. 4. The solid line represents the fitted boundary $c'_p(c_s)$ [Eq. (1)]. The right hand axis indicates the osmotic pressure of the polymer solution $\Pi_p(c_p)$.

known *a priori* or can be measured or calculated, one could, based on $\Pi_s(c'_s) = \Pi_p(c'_p)$, compute the location of the boundary $c'_p(c_s)$ and thus predict the behavior of any sample.

Upon contact, the concentration of the lamellar phase at the interface with the polymer solution must jump to the relevant equilibrium value $c'_s(c_p)$. Assuming the polymer does not move into the lamellar phase, i.e., c_p is constant, the value of $c'_s(c_p)$ is found graphically by moving horizontally on Fig. 2 from the initial point (c_s, c_p) to the boundary (c'_s, c_p) and mathematically by inverting Eq. (1) to get $c'_s(c_p)$. The abrupt change in surfactant concentration at the interface is unstable and decays through counter-diffusion of water and surfactant. For $c_s > c'_s$, the surfactant concentration has to decrease to c'_s so water will enter the lamellar phase causing it to swell. Conversely, for $c'_s > c_s$ the interface is at a higher surfactant concentration than the bulk lamellar phase and water will diffuse out, resulting in a shrinking lamellar phase.

We now quantitatively investigate the swelling and shrinking kinetics. The change in volume, or for our sample geometry the change in sample height Δh , is followed (Fig. 1, right-most image). For all samples, Δh as a function of time since contact t can be described by

$$\Delta h(t) = S\sqrt{t} \quad (2)$$

with swelling coefficient S (Fig. 3, solid lines) which is positive for samples that swell and negative for those that shrink. This form of growth is common in many systems, including the swelling of L_α lamellar phases^{6,13,14} the swelling of polymer gels⁴ and capillary flow.¹⁵ Fits to each $\Delta h(t)$ data-set provide the dependence of S on c_p and c_s (Fig. 4), with $S(c_s, c_p)$.¹⁶ To predict the c_s and c_p dependence of $S(c_s, c_p)$, we use its relation to the diffusion coefficient D . Numerical methods were used to extract D from the motion of interfaces in a swelling L_α lamellar system.¹⁴ Here, we adapt an analytical solution to this Stefan (moving boundary) problem, previously used for the precipitation of a solid phase from a supersaturated liquid,¹⁷ and the growth of a colloidal crystal.¹⁸ This requires two assumptions, both phases are semi-infinite and thus the concentrations c_s and c_p are fixed far from the interface (only at late times do we observe sub-diffusive growth caused by the limited extent of the two

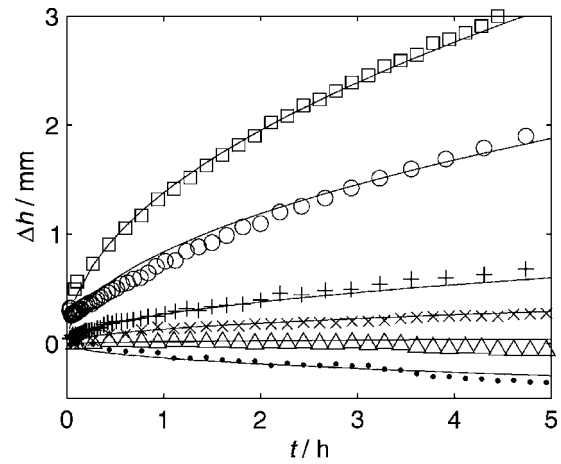


FIG. 3. Change in sample height Δh as a function of time since contact t for lamellar phase (initial total surfactant concentration $c_s = 6\%$ w/w) contacted with polymer solutions with concentration $c_p = 0, 0.3, 4.9, 7.6, 10.0,$ and 15.2% w/w, top to bottom. The solid lines are fits for the swelling coefficients S : data up to $t = 40$ h were used, but only early times are shown.

phases) and polymer diffusion is slow into the lamellar phase, i.e., into the gaps between bilayers, but fast within the contacting (bulk) polymer solution relative to the movement of the interface, thus c_p is constant in both time and space. Then $S(c_s, c_p)$ can be related to D by¹⁸

$$S(c_s, c_p) = -2\lambda(c_s, c_p)\sqrt{D(c_s)}. \quad (3)$$

The velocity coefficient $\lambda(c_s, c_p)$ (Ref. 19) is related to the relative supersaturation $\sigma(c_s, c_p) = (c'_s(c_p) - c_s) / c'_s(c_p)$ by

$$\sigma(c_s, c_p) = \sqrt{\pi}\lambda e^{\lambda^2} \operatorname{erfc}(\lambda). \quad (4)$$

For each sample we use the inverted Eq. (1) to calculate $\sigma(c_s, c_p)$ and then find $\lambda(c_s, c_p)$ numerically from Eq. (4). Equation (3) suggests that on a graph of $S(c_s, c_p)$ versus $\lambda(c_s, c_p)$, the experimental points for all samples should

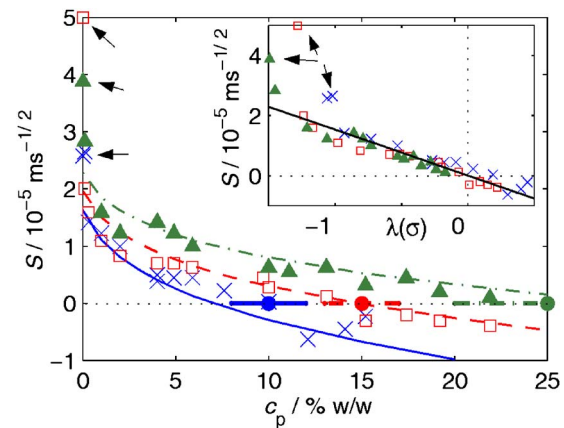


FIG. 4. (Color online) Measured swelling coefficients S as a function of polymer concentration c_p . The lines are fits with $D = 5.8 \times 10^{-11} \text{ m}^2 \text{ s}^{-1}$ as the only free parameter. Symbols and lines are for initial total surfactant concentration $c_s = 6\%$, blue, crosses, solid line, for 12% , red, hollow squares, dashed line and for 24% , green, filled triangles, dash-dotted line. Solid circles show estimate of where each data-set cross the x axis, with thick horizontal lines indicating uncertainties. The inset shows the same values of $S(c_p)$ plotted against the velocity coefficient $\lambda(\sigma)$, where σ is the relative supersaturation [Eqs. (3) and (4)]. The best fit line has a negative slope of $(1.525 \pm 0.070) \times 10^{-5} \text{ ms}^{-1/2} = 2\sqrt{D}$. Samples contacted with pure water are indicated by arrows.

collapse onto a single straight line through the origin with slope $-2\sqrt{D}$. This is indeed observed (Fig. 4 inset), with significant deviations only for the samples contacted with pure water ($c_p=0$, arrows), which are ignored in the following. If we fit individual $D(c_s)$ values for each c_s , we obtain similar values. A D independent of c_s is often assumed *a priori* as it reduces mathematical complexities and seems not overly restrictive,²⁰ so we fit a single value to all data sets irrespective of c_s and obtain $D=(5.8\pm 0.5)\times 10^{-11}\text{ m}^2\text{ s}^{-1}$. The agreement between fit and experimental data (Fig. 4, main plot and inset) is remarkable given the simplicity of the model, the complexity of the lamellar gel phase, and the presence of only one adjustable parameter D . The value of D can be compared with values for other systems obtained with different, more involved techniques: for AOT [sodium bis-(2-ethylhexyl)sulfosuccinate] solutions forming various phases, $(0.2-9)\times 10^{-11}\text{ m}^2\text{ s}^{-1}$,¹³ for an aqueous C_{12}E_6 solution forming a lamellar L_α phase, $(8.5-12)\times 10^{-11}\text{ m}^2\text{ s}^{-1}$,²¹ and for C_{12}E_5 solutions with concentrations between 5% and 50% w/w, $(5-20)\times 10^{-11}\text{ m}^2\text{ s}^{-1}$.²² Thus, our value of D is not unreasonable.

In conclusion, we contacted L_β lamellar gel phases consisting of BTAC and fatty alcohol with aqueous polymer solutions. Depending on whether the polymer concentration c_p was below or above a specific concentration $c_p'(c_s)$, the volume of the lamellar phase either increased or decreased. This was summarized in a nonequilibrium diagram (Fig. 2) and rationalized in terms of the osmotic pressure difference between the lamellar phase and the polymer solution. Swelling and shrinking kinetics were both described by a square-root time dependence with a swelling coefficient $S(c_s, c_p)$ (Fig. 3). Based on an established theoretical framework,¹⁸ we collapsed $S(c_s, c_p)$ for *all* c_s and c_p onto a single line (Fig. 4, inset). The slope of this line is related to the diffusion coefficient D , independent of c_s and c_p and the only free parameter in the model. A fit resulted in $D=(5.8\pm 0.5)\times 10^{-11}\text{ m}^2\text{ s}^{-1}$, which is consistent with values for other systems.

The theoretical approach is independent of the specific details of the system. It describes the process after contacting any two phases which can be considered semi-infinite and where the solute concentration in the contacting solution can be assumed constant (here c_p). First, based on the osmotic pressures of the initial phases (here Π_s and Π_p) or, if they are unknown, on the experimentally determined boundary dividing swelling and shrinking behavior, the final equilibrium composition $c_p'(c_s)$ can be determined [line in Fig. 2, Eq. (1)]. Then the supersaturation $\sigma(c_s, c_p)$ and velocity coeffi-

cient $\lambda(c_s, c_p)$ can be determined [Eq. (4)]. Together with the diffusion coefficient D , which is available for some systems^{13,21,22} or can be estimated, the swelling coefficient $S(c_s, c_p)$ can be calculated [Eq. (3)], which determines the time dependence of the sample height $\Delta h(t)$ [Eq. (2)] and thus the volume change as a function of the initial concentrations c_s and c_p . We maintained the subscripts s and p , although the two phases do not need to be surfactant and polymer phases. It is merely required that the two phases exchange only solvent, as through a semipermeable membrane. Due to this generic nature, we believe the theoretical approach to be potentially applicable to many other contact, dilution, dissolution and swelling situations.

We thank Unilever plc and the Engineering and Physical Sciences Research Council (EPSRC Grant GR/S10377, Edinburgh Soft Matter and Statistical Physics Programme Grant) for support, M. E. Cates, J. Leng, and A. Wagner for very helpful discussions and P. B. Warren and R. M. L. Evans for critical comments on the manuscript.

- ¹P. Prinsen, P. B. Warren, and M. A. J. Michels, *Phys. Rev. Lett.* **89**, 148302 (2002).
- ²L. Fisher, *How to Dunk a Doughnut* (Phoenix, London, 2003).
- ³F. L. Buchholz, S. R. Pesce, and C. L. Powell, *J. Appl. Polym. Sci.* **98**, 2493 (2005).
- ⁴G. F. Elliott and S. A. Hodson, *Rep. Prog. Phys.* **61**, 1325 (1998).
- ⁵J. D. F. Ramsay, S. W. Swanton, and J. Bunce, *J. Chem. Soc., Faraday Trans.* **86**, 3919 (1990).
- ⁶L. Zou and S. R. Nagel, *Phys. Rev. Lett.* **96**, 138301 (2006).
- ⁷P. Ghosh and U. N. Singh, *Biochim. Biophys. Acta* **1110**, 88 (1992).
- ⁸J. Baudry and W. C. K. Poon, *Langmuir* **19**, 2606 (2003).
- ⁹G. M. Eccleston, *Colloids Surf., A* **123-124**, 169 (1997).
- ¹⁰J. Nakarapanich, T. Baramesangpet, S. Suksamranichit, A. Sirivat, and A. M. Jamieson, *Colloid Polym. Sci.* **279**, 671 (2001).
- ¹¹J. A. Cohen and S. Highsmith, *Biophys. J.* **73**, 1689 (1997).
- ¹²M. Dubois, T. Zemb, L. Belloni, A. Delville, P. Levitz, and R. Setton, *J. Chem. Phys.* **96**, 2278 (1992).
- ¹³M. Buchanan, S. U. Egelhaaf, and M. E. Cates, *Langmuir* **16**, 3718 (2000).
- ¹⁴J. Bai and C. A. Miller, *Colloids Surf., A* **224**, 113 (2004).
- ¹⁵E. W. Washburn, *Phys. Rev.* **17**, 273 (1921).
- ¹⁶The samples on the boundary, where $c_p=c_p'(c_s)$, and $S(c_s, c_p)=0$, (Fig. 4, thick horizontal lines) were used for fitting Eq. (1) (Fig. 2, solid circles).
- ¹⁷R. Ghez, *A Primer of Diffusion Problems* (Wiley, New York, 1988).
- ¹⁸R. M. L. Evans and W. C. K. Poon, *Phys. Rev. E* **56**, 5748 (1997).
- ¹⁹The negative sign occurs as the roles of the growing crystal and super-saturated liquid are swapped and in the present context are taken by the solvent and growing lamellar phase, respectively.
- ²⁰M. Tsige and G. S. Grest, *J. Chem. Phys.* **120**, 2989 (2004).
- ²¹L. Sallen, P. Oswald, and P. Sotta, *J. Phys. II* **7**, 107 (1997).
- ²²B.-H. Chen, C. A. Miller, J. M. Walsh, P. B. Warren, J. N. Ruddock, and P. R. Garrett, *Langmuir* **16**, 5276 (2000).