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The Identification of Hyperinvasive *Campylobacter jejuni* Strains in Poultry and Human Clinical Isolates

Running Title: Hyperinvasive *Campylobacter jejuni* strains

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32 **SUMMARY**

33 *Campylobacter jejuni* causes gastroenteritis with a variety of symptoms in humans. In the absence of a
34 suitable animal model, *in vitro* models have been used to study virulence traits such as invasion and toxin
35 production. In this study one hundred and thirteen *C. jejuni* isolates from poultry and poultry-related (n=74)
36 environments as well as isolates from human cases (n=39) of campylobacteriosis and bacteraemia, were
37 tested for invasiveness using INT407 cells. The method was sufficiently reproducible to observe a spectrum
38 of invasiveness amongst strains. As a result, strains were classified as low, high and hyper-invasive. The
39 majority of strains (poultry and human) were low invaders (82 % and 88 % respectively). High invasion was
40 found for 5 % of human strains and 11 % of poultry-related isolates. However, only 1 % of poultry strains
41 were classified as hyperinvasive compared to 13% of human isolates (P= 0.0182). Of those isolates derived
42 from the blood of bacteraemic patients 20% were hyperinvasive, though this correlation was not statistically
43 significant. An attempt was made to correlate invasiveness with the presence of 7 genes previously reported
44 to be associated with virulence. Most of these genes did not correlate with invasiveness, but gene Cj0486
45 was weakly overrepresented, and a negative correlation was observed for the gene *ciaB*. This trend was
46 stronger when the two genes were analysed together, thus *ciaB*⁻Cj0486⁺ was overrepresented in high and
47 hyperinvasive strains, with low invaders more commonly found to lack these genes (P=0.0064).

48

49 **INTRODUCTION**

50 *Campylobacter jejuni* is a common cause of bacterial enteritis in the industrialised world. In 2006 there were
51 over 46,600 cases in England and Wales reported to the Health Protection Agency Centre for Infections
52 (www.hpa.org.uk). Due to under-reporting this is thought to reflect only about 12 % of the true incidence of
53 campylobacteriosis (Tompkins *et al.*, 1999). Although the disease is generally self-limiting, the symptoms
54 can be particularly debilitating, with severe abdominal pain and cramps followed by profuse diarrhoea. In
55 developed countries disease symptoms indicate an inflammatory infection with blood-containing faeces,
56 even when stools have a more watery appearance (Wassenaar & Blaser, 1999). Transient colonisation with
57 few or no symptoms is more common in developing countries where individuals are constantly exposed to
58 campylobacters. Here individuals are thought to acquire a protective immune response from an early age
59 (Newell, 2002). Asymptomatic infection is rare in the developed world (Food Standards Agency, 2007), but
60 has been reported for people who are frequently exposed to high doses in an occupational setting such as
61 slaughterhouse workers or veterinarians (Cawthraw *et al.*, 2000). This variation in clinical outcome most
62 likely reflects both variations in the pathogenic potential of the infecting strain, and the immune status of the
63 host, however the relative contributions of these two factors are presently unknown.

64

65 There have been extensive studies to investigate the disease mechanisms of *C. jejuni*. The accepted
66 mechanisms of pathogenesis are colonisation of the mucous layer of the intestine, adhesion to and invasion
67 of the intestinal epithelial cells, and the production of one or more cytotoxins (Wassenaar & Blaser, 1999).
68 The inflammatory nature of the disease, as well as strong evidence from *in vivo* studies (Newell & Pearson,
69 1984; Ruiz-Palacios *et al.*, 2007; Russell *et al.*, 1993), suggest that invasion is an important virulence trait of
70 this organism. Many *in vitro* invasion assays, largely based upon gentamicin protection (Elsinghorst, 1994;
71 Friis *et al.*, 2005), have been developed and used to study the invasiveness of campylobacters using various
72 cell lines including HEp2 (de Melo *et al.*, 1989; Konkel & Joens, 1989), HeLa (Fauchere *et al.*, 1986; Newell
73 & Pearson, 1984), INT407 (Wassenaar *et al.*, 1991) and Caco2 (Everest *et al.*, 1992; Russell & Blake, 1994)
74 cells. Several invasion-related genes have been proposed as a consequence of such studies. The *flaA*
75 gene has been known for some time to be involved with invasion (Wassenaar *et al.*, 1991) and motility of the
76 organism is strongly linked to its invasive capacity. More recently other genes have been implicated in
77 invasion, notably *cadF*, a fibronectin binding protein that may provide a potential binding site for the
78 bacterium (Konkel *et al.*, 1997) with an additional involvement in cell signalling leading to GTPase activation
79 (Krause-Gruszczynska *et al.*, 2007); *ciaB*, which encodes one of eight proteins that are secreted upon
80 contact with the host cell (Konkel *et al.*, 1999); *iam* (invasion associated marker) identified following
81 fingerprint analysis of invasive strains (Carvalho *et al.*, 2001); and *virB8*, *virB9* and *virB11*, which are present
82 on the pVir plasmid, first identified in strain 81-176 (Bacon *et al.*, 2000; Bacon *et al.*, 2002).

83

84 Variation in pathogenicity between strains is a common feature among many enteropathogens, including
85 *Salmonella enterica*, *Escherichia coli* and *Yersinia enterocolitica*. Diversity between *C. jejuni* strains has
86 been observed in various pathogenicity traits including adherence (Coote *et al.*, 2007; Fauchère *et al.*, 1986;
87 Konkel & Joens, 1989; Zheng *et al.*, 2006) and toxicity (Abu Oun *et al.*, 2005; Bang *et al.*, 2001; Bang *et al.*,
88 2003; Coote *et al.*, 2007; Eyigor *et al.*, 1999; Hänel *et al.*, 2007; Johnson & Lior, 1986; Lindblom *et al.*,
89 1990). Variation in invasion between strains of *C. jejuni* has also been demonstrated (Newell *et al.*, 1985).
90 Wide variation in adhesion and invasion were observed in isolates from retail meat (Zheng *et al.*, 2006) and
91 unsuccessful attempts were made to correlate the presence or absence of known virulence-related genes to
92 the phenotypes observed. Similar results have been reported in other studies (Coote *et al.*, 2007; Datta *et al.*,
93 2003; Müller *et al.*, 2006), suggesting that observable links between gene presence, genotype, isolation
94 source or virulence potential, are rarely observed, or extremely weak (Coote *et al.*, 2007).

95 Risk attribution studies have identified poultry as a major source of human infection (Adak *et al.*, 2005).
96 Indeed, chickens are frequently colonized with *Campylobacter* and poultry meat is frequently contaminated
97 (Jorgensen *et al.*, 2002). Nevertheless, differences in the population structures of human and poultry strains
98 (Dingle *et al.*, 2001; Koenraad *et al.*, 1995; Krause-Gruszczynska *et al.*, 2007; Manning *et al.*, 2003a)
99 suggest either that not all poultry *Campylobacter* strains possess the pathogenic potential to cause disease
100 in man, or that not all poultry isolates survive meat processing and storage, thus never reaching the human
101 consumer. It seems likely that both explanations contribute to the observed differences in human and
102 poultry *C. jejuni* populations.

103

104 In this study we have investigated whether representative poultry isolates have the capacity to cause human
105 disease using invasion as a surrogate marker of virulence. The invasion potential of 74 poultry and poultry-
106 related isolates was compared with that of 39 human clinical isolates, some of which were from blood and
107 were therefore assumed to be invasive to the human host. In contrast the poultry isolates were, for the most
108 part, epidemiologically-unrelated and had been obtained from asymptomatic birds and their environments.
109 The results confirm variation in invasiveness among *C. jejuni* strains. A hyperinvasive group of strains has
110 been identified; a greater proportion of which were found among the human isolates. The genetic
111 relatedness of these strains was determined by multilocus sequence typing (MLST). In addition, the
112 presence of putative invasion-related genes was investigated by PCR.

113

114 **METHODS**

115 **Bacterial strains and growth conditions.** *C. jejuni* strains (n=66) were isolated from cloacal swabs of
116 broilers, conventionally housed in farms within the South East of England, in 1996 and 1997. Two additional
117 poultry cloacal isolates and 6 broiler house environmental strains (taken from puddles around the broiler
118 house) were isolated from a farm in the South West of England and were thus temporally and geographically
119 related.

120

121 Thirty-nine human *C. jejuni* clinical isolates were also investigated; 29 were isolated from the stools of
122 patients with diarrhoea, who had presented to their general practitioner. The remaining ten strains were
123 isolated from the blood of hospitalised patients with bacteraemia.

124

125 Three laboratory-adapted *Campylobacter* strains, originally of clinical origin, of which the genome sequences
126 are now known, were included as reference strains: *C. jejuni* strain NCTC 81116 originally isolated during a

127 water outbreak in the UK in 1981 (Palmer *et al.*, 1983; Pearson *et al.*, 2007); *C. jejuni* 81-176, bearing the
128 pVir plasmid (Bacon *et al.*, 2000; Hofreuter *et al.*, 2006), which has previously been reported to be invasive
129 (Oelschlaeger *et al.*, 1993; Russell & Blake, 1994); and *C. jejuni* strain NCTC 11168, for which the first
130 complete *Campylobacter* genome sequence was obtained (Parkhill *et al.*, 2000).

131

132 All strains used in this study were stored at -80 °C in 1 % (w/v) proteose peptone water containing 10 % (v/v)
133 glycerol until required. Strains had been minimally passaged *in vitro* before storage and subsequent testing.
134 When required bacteria were inoculated on blood agar containing selective Skirrow's antibiotics (Oxoid,
135 Basingstoke, UK) and Actidione (50 µgml⁻¹) (BASA) and grown under microaerobic conditions at 42 °C. After
136 24 h growth a loopful of bacteria was inoculated into pre-warmed brain heart infusion broth supplemented
137 with 1 % (w/v) yeast extract (BHI/YE) overlaying BHI/YE agar. This was cultured for 20 h at 42 °C
138 microaerobically for invasion assays. These conditions were determined in preliminary studies as optimum
139 growth conditions for the invasion assay.

140

141 **Invasion assay.** The gentamicin protection assay used in this study was based on that of Elsinghorst
142 (Elsinghorst, 1994). INT407 cells, and later Caco2 cells, were obtained from the European Collection of
143 Animal Cell Cultures (ECACC, CAMR, Porton Down, Salisbury). Note that it is now generally recognised
144 that the INT407 cell line was contaminated with HeLa cells in the 1970s and therefore has cellular markers
145 consistent with this contamination. Cells were maintained as a monolayer in Eagles Minimal Essential
146 Medium (EMEM, Sigma) supplemented with 10 % (v/v) foetal bovine serum, 2 mM L-glutamine, 1 % (v/v)
147 non-essential amino acids (NEAA) and 50 µg ml⁻¹ gentamicin (complete media, all from Sigma) at 37 °C in a
148 5% CO₂ atmosphere. Confluent cultures were trypsinised, the cells counted and suspended in the above
149 growth medium at a concentration of 2x10⁵ cells ml⁻¹. A 24 well tissue culture tray was seeded with 1ml per
150 well and incubated at 37 °C for 48 h to establish confluent monolayers (approx. 5 x 10⁵ cells per well for
151 INT407 cells; or 3 x 10⁵ cells per well for Caco2 cells). On the day of the assay the monolayers were washed
152 twice with Hanks Balanced Salt Solution (HBSS, Sigma) to remove any residual antibiotics and incubated
153 with 1 ml of a maintenance medium of EMEM, supplemented with 2 mM L-glutamine and 1 % (v/v) NEAA
154 before use. Mid log phase campylobacters were harvested by centrifugation at 2100 g at room temperature
155 and re-suspended in 0.1 M phosphate buffered saline pH 7.2 (PBS). Further dilutions into prewarmed EMEM
156 were carried out to give a bacterial to cell ratio of 200:1. The viable count was determined retrospectively by
157 culturing serial dilutions of the used suspension in PBS on BASA plates as before.

158

159 A volume of 0.1 ml of the bacterial suspension was inoculated into triplicate wells containing confluent
160 monolayers of INT407 cells in 1 ml of maintenance medium. Tissue culture plates were centrifuged at 450 x
161 g at room temperature for 15 min to bring the bacteria in contact with the cells. Centrifugation was carried out
162 to eliminate variations in motility between strains, which could influence the outcome of the assay. Inoculated
163 monolayers were incubated for 3 hours to allow the bacteria to invade the cells. After washing three times
164 with HBSS, 2 ml of medium containing 250 $\mu\text{g ml}^{-1}$ gentamicin was placed in each well and incubated for a
165 further 2 hours to kill extracellular bacteria. Following incubation the monolayers were washed 3 times with
166 HBSS and lysed with 1 % (v/v) Triton X-100 (Sigma) in PBS for 10 minutes at room temperature to release
167 the intracellular bacteria. Serial dilutions of the suspensions were made in PBS and inoculated onto BASA
168 plates to determine the number of organisms that survived the gentamicin treatment and hence had invaded
169 the INT407 or Caco2 cells.

170
171 The invasion efficiency of each isolate was expressed as a percentage of the number of bacteria added to
172 the well at the start of the experiment with the standard error of the mean calculated from triplicate assays.
173 Statistical analysis of the data was carried out using GraphPad Prism™ software version 2.01 (San Diego,
174 CA, USA). Analysis of variance (ANOVA) with one factor was used to test for significant differences between
175 the mean invasion efficiencies of the test isolates. Despite optimal standardisation of procedures, inter-
176 experimental variation remained considerable. Nevertheless, particular strains were consistently found low or
177 highly invasive. One low invasive strain, *C. jejuni* NCTC 81116, was used as an internal control strain in all
178 experiments and invasion potential of all other strains was related to this control strain using Dunnet's post
179 test analysis. Invasiveness was then plotted for all investigated strains, and cut-off values for hyper-invasive,
180 highly invasive and low invasive strains were chosen as described in the Results section. The grouping of
181 isolates into the invasion classes was reproducible irrespective of inter-experimental variation (data not
182 shown).

183
184 **Translocation and association assays using alternative cell lines.** To confirm the invasive capacity
185 observed with INT407 cells, two more phenotypic characteristics were tested: the capacities to translocate
186 across Caco-2 cell monolayers (Konkel *et al.*, 1992) and to associate with HT29-CI.16E mucus-secreting
187 cells (Augeron *et al.*, 1992). For translocation assays Caco-2 cells were grown on porous membrane inserts
188 (3 μm pores) that were immersed in complete media. The cells were allowed to differentiate into polarised
189 monolayers for 14 days. Bacteria were placed in the upper compartment and allowed to associate with the
190 apical surface of the Caco-2 cell surface. The ability of the bacteria to translocate was determined over time

191 by enumerating the number of bacteria that had passed through the cell monolayer into the lower
192 compartment below the porous membrane insert.

193

194 HT29-CI.16E is a homogenous colonic epithelial goblet cell line (Augeron *et al.*, 1992). As gentamicin is
195 unable to penetrate the mucus-secreted by this cell line, total association of the bacteria with these cells was
196 measured. The assay was carried out as described above but after the initial three hour incubation the cells
197 were lysed with Triton X-100 and the total number of bacteria that were in association and internalised was
198 determined by viable count.

199

200 **Motility assay.** To test whether variation in invasion corresponded with variation in motility the following
201 motility studies were carried out. Bacterial strains were grown as described on BASA plates, adjusted to a
202 similar concentration spectrophotometrically, at a wavelength of 600nm, and 1 μ l of the suspension was
203 stabbed into semi-solid media (0.4% Muller Hinton agar). Both a test strain and a control strain were
204 included on the same agar plate to avoid plate to plate variation. The plates were incubated as described for
205 48 hours at 42 °C and the diameter of the halo of growth measured for each strain. Each strain was tested in
206 triplicate.

207

208 **Scanning electron microscopy.** Specimens were fixed for 16 hours in 3% (v/v) glutaraldehyde in 0.1M
209 phosphate buffer, pH 7.4, washed in phosphate buffer and post fixed in 1% (w/v) osmium tetroxide in the
210 same buffer. Specimens were rinsed in six changes of phosphate buffer, dehydrated in ethanol and placed in
211 acetone. Specimens were subjected to critical point drying with liquid carbon dioxide. Dried specimens were
212 fixed to aluminium stubs with silver conductive paint, sputter coated with gold and examined using a Stereo-
213 scan S250 MarkIII scanning EM at 10-20 KV.

214

215 **PCR screening of isolates.** PCR screening was conducted on a subset of strains (n= 61), selected on the
216 basis of their invasion phenotype to determine the presence of invasion-related genes. PCR primers, as
217 previously published, were used for detection of *cadF*, *iamA*, *virB11* and *ciaB* (Datta *et al.*, 2003), Primers for
218 *virB8* and *virB9* were derived from the *C. jejuni* strain 81-176 sequence (accession number AF226280)
219 (*virB8* FWD 5'-GCCATTA CTTTCTTGCCCC, *virB8* REV: 5'-CGCTCCTTTCGTTTGTTGTG; *virB9* FWD 5'-
220 GTTCCTAACCTAATGCAAAC, *virB9* REV 5'- CTACACATACATAACTATCTCC). In addition to the
221 published invasion-related genes, the presence of another gene, Cj0486, was determined since this gene
222 was identified as having a potential role in the invasion of *C. jejuni* by transposon mutagenesis (Manning *et*

223 *al.*, 2003b). Primers for gene Cj0486 were Cj0486 FWD 5' GATAGAGCATTAATTGGGATG 3', and Cj0486
224 REV 5' CCTATAAAGCCATACCAAGCC 3'. Primers were used at a concentration of 10 pmol μL^{-1} and the
225 pre-prepared PCR mastermix, HotStar *Taq* Polymerase, was used for the reactions (Qiagen, Crawley UK).
226 PCR conditions were as follows: an initial denaturation step of 95 °C for 15 min, 25 cycles of: denaturation for
227 45 sec at 95 °C; annealing for 45 sec at the temperature used by the authors in the above references, or 50
228 °C, 50 °C and 58 °C for the *virB8*, *virB9* and Cj0486 genes respectively; extension for 90 sec at 72 °C;
229 followed by extension for 10 min.

230

231 **Multilocus sequence typing (MLST).** MLST was conducted on all the 61 isolates screened by PCR above
232 using the primers and conditions previously described (Dingle *et al.*, 2001; Manning *et al.*, 2003a).

233

234 **RESULTS AND DISCUSSION**

235 **Invasiveness of *C. jejuni* strains from poultry and poultry-related environments**

236 Invasiveness of the 74 poultry-associated strains was tested using INT407 cells and invasion was related to
237 a low invasive control strain, *C. jejuni* NCTC 81116, to correct for inter-experimental variation. Invasiveness
238 varied considerably between the investigated strains, as is shown in Figure 1. From the distribution profile
239 obtained, three classes of relative invasiveness were defined. Strains that were at least 25 times as invasive
240 than NCTC81116 were classified hyper-invasive and strains more than 10 times as invasive were classified
241 as highly invasive. Below this level, strains were classified as low invaders. The cut-off level of 10 times the
242 reference strain was chosen to divide low from high invaders since the distribution of invasiveness seems to
243 drop at this level (as seen in Figure 1); below this cut-off invasion steadily decreases. The vast majority of
244 strains (88 %) were thus classified as low invaders (between 0.0006 % to 0.3 % of the bacterial inoculum
245 internalised). Although these invasion efficiencies are low in comparison to those reported for invasive
246 *Salmonella* (Finlay & Falkow, 1990; Huang *et al.*, 1998), *Shigella* (Honma *et al.*, 2000), *Yersinia* (Pepe &
247 Miller, 1993) and *E. coli* (Boudeau *et al.*, 1999) they are similar to those previously reported for *C. jejuni*
248 (Biswas *et al.*, 2000; Everest *et al.*, 1992; Konkel & Joens, 1989; Tay *et al.*, 1996). The number of strains per
249 isolation source in each invasion class is summarized in Table 1. Of the poultry-related isolates, 11 % (8 of
250 74 strains) were classed as highly invasive (between 0.3% and 1% of the inoculum internalised, whereas
251 only EX114, a strain isolated from a puddle, possessed the hyper-invasive phenotype (1.2 % of the bacterial
252 inoculum internalised). Interestingly, the other strains that were isolated at the same time from puddles
253 surrounding the same poultry house were all found to be low invaders.

254

255 **Invasive potential of clinical isolates.** *Campylobacter* strains (n=39) isolated from patients with
256 campylobacteriosis (enteritis and/or bacteraemia) also possessed a range of invasion phenotypes from low
257 to hyperinvasive as previously defined (Table 1). However, a higher percentage of human isolates was found
258 to be hyperinvasive (13 %) compared to poultry isolates (1 %). This difference was statistically significant (P=
259 0.0182). The proportion of low invaders varied very little between human and poultry isolates (82 % and 88
260 % respectively), while of the clinical isolates only 5 % were highly invasive (compared to 11 % in poultry).
261 The prevalence of hyperinvasive strains from patients with bacteraemia (20 %, Table 1) was higher than
262 among the stool isolates (10 %) though this was not statistically significant (P= 0.3812). Medical records of
263 the cases from which the blood isolates originated showed that 3 of the 10 bacteraemic patients had prior
264 debilitating conditions, such as neutropenia or chronic renal failure, which may have rendered them more
265 susceptible to bacteraemia. However, at least in some cases, bacteraemia may have been the result of
266 infection with a more invasive strain. Our data support a role for invasion in human disease as a greater
267 proportion of human isolates were hyperinvasive compared with poultry isolates.

268
269 Several studies have compared the variation in invasiveness of clinical isolates with those of animal and
270 environmental isolates (Biswas *et al.*, 2000; Fernandez & Trabulsi, 1995; Konkel & Joens, 1989; Manninen
271 *et al.*, 1982; Newell *et al.*, 1985; Tay *et al.*, 1996). Despite a low number of isolates tested in each of these
272 studies, all studies have shown that the prevalence of invasive isolates is higher among clinical isolates than
273 animal isolates and our data are in accordance to these previous reports.

274
275 **Confirmation of invasiveness using alternative cell lines.** It is well recognised that such INT407-based
276 invasion assays poorly reflect the *in vivo* situation as a result of their de-differentiated status, There are some
277 cell lines which more closely mimic the differentiated intestinal tract. All six hyperinvasive strains identified
278 within this study were subsequently tested for invasion of Caco2 cells grown as a monolayer (data not
279 shown). Five out of the six strains were invasive in Caco2 cells, one of which was over 4 times more
280 invasive than the control and the other four had invasion efficiencies greater than 10 times that of the
281 reference strain NCTC 81116, including one human clinical isolate, 01/51, maintaining a hyperinvasive
282 phenotype in this cell line (26 times more invasive than NCTC 81116). The sixth strain had a low invasive
283 phenotype in Caco2 cells. Three strains with a low invasive phenotype were also tested using Caco2 cells,
284 all of which maintained this phenotype in the alternative cell line (data not shown). The different invasion
285 phenotypes observed using Caco2 cells may be due to inherent differences in the cell lines used (Friis *et al.*,
286 2005).

287

288 Caco-2 cells under defined culture conditions can also be used to generate polarised and differentiated
289 monolayers. Such organised cell systems are considered models of the intestinal epithelium. The ability of *C.*
290 *jejuni* to translocate may also be a virulence property (Lee *et al.*, 1986), particularly to enable access to the
291 underlying gut epithelial tissues (Bras & Ketley, 1999; Everest *et al.*, 1992; Konkel *et al.*, 1992). The
292 hyperinvasive puddle isolate (Ex114) and two low invasive strains (*C. jejuni* NCTC 81116 and a second
293 puddle isolate Ex323 from the same farm as Ex114) were tested in the translocation model. All three strains
294 possessed the ability to translocate, however large differences in their efficiencies were measured (Figure 2).
295 The hyperinvasive puddle isolate was the most efficient at translocating through the monolayer.
296 Approximately 14-fold more bacteria had passed through the monolayer after four hours compared to the
297 two low invasive strains, both of which had low levels of translocation. These data support the INT407 cell
298 invasion data.

299

300 The hyperinvasive strain, Ex114, and the low invasive reference strain *C. jejuni* NCTC 81116 were also
301 tested for their ability to associate (adhere and invade) with HT29-CI.16E mucus-secreting cells. NCTC
302 81116 demonstrated a low association with these cells while the hyperinvasive strain, Ex114, possessed a
303 high association capacity (Figure 3). Increasing the number of bacteria added to the monolayer did not
304 significantly increase association of NCTC 81116, which was approximately 40 fold lower than the
305 hyperinvasive strain.

306

307 The finding that selected hyperinvasive and low invasive strains retained their relative differences in
308 invasiveness in these alternative tissue culture models provides supporting evidence that the INT407 cell
309 assay is a suitable surrogate and objective measure of the invasion potential of *C. jejuni*.

310

311 **The hyperinvasive phenotype is not due to enhanced adhesion or motility.** Scanning electron
312 microscopy was used to visualise the number of bacteria of strains NCTC 81116 and Ex114 adhered to the
313 mucous layer covering HT29-CI.16E cells. No detectable differences in the abilities of these strains to adhere
314 to the mucus were observed (data not shown). This suggests that the increased association demonstrated
315 by the hyperinvasive strain to the HT29-CI.16E cells is attributable to increased invasiveness, rather than to
316 more efficient attachment.

317

318 The motility of the three *C. jejuni* strains representing the low and hyperinvasive phenotypes (Ex114, Ex323
319 and NCTC 81116) was determined using semi-solid motility agar. All tested strains were fully motile, with a
320 diameter of growth varying between 5.0 and 5.8 cm. As there was little difference in motility between hyper-
321 and low invasive strains, it seems unlikely that motility influenced the invasion capacity.

322

323 **Prevalence of known virulence-related genes.** Attempts were then made to correlate the invasion
324 phenotype to particular genetic characteristics. The presence of six previously-reported invasion-associated
325 genes was determined by PCR in 62 isolates (Table 2), selected to represent all sources and invasion
326 phenotypes recognized. The three reference strains were also included. The genes studied included *cadF*,
327 *ciaB*, *iamA*, *virB8*, *virB9* and *virB11*. In addition, gene Cj0486 was included as it had been identified as
328 potentially related to invasion by transposon mutagenesis (Manning *et al.*, 2003b).

329

330 The results of the PCRs are given in Table 2. The reference strain NCTC 11168 was found positive for all
331 PCR reactions except *iamA* and the *virB* genes. Previous studies reported that NCTC 11168 does not
332 contain the pVir plasmid (Bacon *et al.*, 2000) and so absence of the *virB* genes was to be expected, however
333 NCTC 11168 was thought to contain the *iamA* gene. Comparison of the *iamA* gene sequence from NCTC
334 11168 with that previously identified in an invasive strain (Carvalho, *et al.*, 2001), from which strain the *iamA*
335 PCR primers were derived, suggested that lack of conservation of the primer sequences could explain the
336 absence of a PCR product from NCTC 11168. The other two reference strains NCTC 81116 and 81176 also
337 lacked the *iamA* gene as well as Cj0486 as was expected from their respective genome sequences
338 (Hofreuter *et al.*, 2007). As expected strain 81176 possessed the three pVir-derived genes. Although these
339 three reference strains were originally isolated from clinical cases, their phenotypes may have changed over
340 time as a consequence of multiple laboratory passages (Gaynor *et al.*, 2004). However, because the
341 genome sequences are known for all three strains, this provides evidence of the validity of the PCR tests.

342

343 Only *cadF* was present in all isolates tested regardless of invasive phenotype or isolation source. This
344 confirmed previous studies of the prevalence of *cadF* (Datta *et al.*, 2003; Dorrell *et al.*, 2001; Müller *et al.*,
345 2006; Pearson *et al.*, 2003; Zheng *et al.*, 2006). In contrast the other genes tested varied in presence from
346 82 % (*ciaB*) to 2 % (*virB9*) of strains. The observed frequency is summarised for the three invasion potential
347 classes and for the two main isolation sources (poultry and humans) in Table 3. None of the hyperinvasive
348 strains possessed all of the genes investigated by PCR. Presence of the Cj0486 gene weakly correlated with
349 invasive phenotype, in that 73 % of highly invasive strains were positive against 62% of the low-invasive

350 strains. In contrast the *ciaB* gene showed a negative correlation to invasiveness as it was more common in
351 low invasive strains compared to highly and hyperinvasive strains (Table 3). This finding contrasts with a
352 prevalence approaching 100% for this gene, reported previously (Datta *et al.*, 2003; Dorrell *et al.*, 2001;
353 Müller *et al.*, 2006; Pearson *et al.*, 2003; Zheng *et al.*, 2006). Considering these two genes together, a
354 significant correlation was found ($P=0.0064$) for *ciaB* presence combined with Cj0486 absence: this pattern
355 was found in 33 % of low invaders but only in 12 % of the combined highly or hyperinvasive strains.
356 Conversely, *ciaB* absence combined with Cj0486 presence was found in 29 % of high or hyperinvasive
357 strains, but only in 2 % of the low invaders (Table 3). The observed correlations between presence or
358 absence of Cj0486 and *ciaB* may or may not be causative; the genes may either encode proteins that
359 enhance or reduce invasiveness, or they may be genetic markers for such a phenotype without encoding a
360 product functional in invasion. That protein CiaB is produced upon contact with host cells (Rivera-Amill and
361 Konkel, 1999) suggests a functional relationship with cell contact for this gene. However, the observed
362 correlation described in this study suggests that this protein may limit invasion rather than promote it.
363 Interestingly, mutagenesis of Cj0486 in the hyperinvasive *C. jejuni* strain 01/51 resulted in a mutant with a
364 reduced invasion potential of just 10 % of that of the wild-type (Manning *et al.*, 2003b), indicating a
365 functional, positive relationship between the Cj0486 gene product and invasion. The gene Cj0486 is
366 annotated as a putative sugar transporter in NCTC11168 (Parkhill *et al.*, 2000), with homology to *fucP*,
367 encoding L-fucose permease, in *C. jejuni* strain RM1221 (Fouts *et al.*, 2005). It is likely that such a sugar
368 transporter is located in the inner membrane and may be linked to chemotaxis as L-fucose is a reported
369 chemoattractant of *C. jejuni* (Hugdahl *et al.*, 1988). It should be noted that the correlation with invasiveness
370 cannot be explained by differences in chemotaxis or motility, as the invasion assay included centrifugation to
371 overcome such differences, and a correlation between invasiveness and motility was not found, as
372 discussed above.

373

374 As the three genes *virB11*, *virB8* and *virB9* have been reported to encode type IV secretion proteins (Bacon
375 *et al.*, 2002) it seemed likely that these genes may play a role in cell contact or invasion. Indeed mutational
376 analysis of *virB11* (Bacon *et al.*, 2002) and *virB9* (Bacon, *et al.*, 2000) have indicated a significant role in
377 invasion for these two genes. Mutation of the *virB11* gene resulted in an 11-fold reduction in invasion, and
378 reduced virulence in the ferret model. The *virB11* gene was present in only 5 of the 62 (8 %) isolates in our
379 study, which is consistent with other reports (Bacon *et al.*, 2000; Datta *et al.*, 2003). These 5 strains included
380 one of the hyperinvasive strains and one of the highly invasive strains, however, the numbers involved are
381 too small to draw any conclusions about association with invasiveness. The three genes encoded by pVir

382 were only rarely found (Table 2), presumably reflecting the low prevalence of pVir, and usually (but not
383 always) detected together. Genes *virB8* and *virB9* were even less prevalent (3 % and 2 % respectively) than
384 *virB11*, indicating diversity in the pVir genetic content.

385
386 Surprisingly *iamA* was not found in human isolates but was present in 31 % of poultry isolates (Table 3).
387 Similar observations have been reported (Rozynek *et al.*, 2005) in Poland where 1.6% of isolates from Polish
388 children, but 55 % of chicken isolates possessed this gene . In contrast a study testing only 11 strains from
389 various sources (human enteritis, milk and bovine sources) detected the *iamA* gene in all strains (Müller *et*
390 *al.*, 2006).

391
392 Clearly there are considerable discrepancies between studies attempting to correlate invasiveness with
393 genomic content. One possible explanation is the inherent limitations of gene detection using PCR. False-
394 negative results can be expected when a gene is polymorphic and the designed PCR primers do not detect
395 the presence of particular orthologs. On the other hand, a gene may be present but mutated and non-
396 functional or not expressed, leading to a lack of correlation with phenotype. However, it seems much more
397 likely that invasiveness is the result of the interplay of numerous genes, some of which may be redundant
398 and others which may be interchangeable. More comprehensive studies in the future using DNA
399 microarrays may more accurately identify correlations between genotype and phenotype.

400

401 **Distribution of strains with known invasion potential amongst the MLST clonal complexes.**

402 The strains selected for this study were, to the best of our knowledge, not epidemiologically related.
403 Nevertheless, we determined the phylogenetic relationship of all 62 strains selected above by MLST, to
404 assess if the hyperinvasive strains were related. MLST analysis showed that the isolates were representative
405 of 17 already-established sequence type (ST) complexes (<http://pubmlst.org/campylobacter/>) (Table 2). The
406 ST21 complex was the most highly represented among the 62 isolates tested, with 22 strains belonging to
407 this complex. This is in line with previous reports in which this complex is highly represented within the *C.*
408 *jejuni* population (Dingle *et al.*, 2001; Manning *et al.*, 2003a). The remaining strains belonged to at least 16
409 ST complexes; with each complex represented by up to 5 isolates within the 62 strains tested. There were
410 also 4 isolates with sequence types that are so far unassigned to any ST complex (database last searched
411 August, 2007). Four of the six hyperinvasive strains were part of the ST21 complex (3 were ST21 and one
412 was ST916). Of the other two hyper-invasive strains one was ST914 (Ex114), which is part of the ST682
413 complex and one was ST677 (0104), which is part of the ST677 complex. Interestingly, the ST682 complex

414 contains a number of isolates from wild bird sources (<http://pubmlst.org/campylobacter/>), suggesting that
415 Ex114, which was isolated from a puddle on a farm, may well have originated from a wild bird, rather than a
416 poultry source.

417
418 Overall these results show that hyperinvasiveness is not restricted to strains belonging to a particular ST
419 complex. All ST complexes represented in this study, excepting three (ST354, ST677, and ST682 complex)
420 contained isolates with a low invasion potential, suggesting that this phenotypic group, too, is genetically
421 diverse. Using Pearson's Chi-square test, no association was found between ST complex and invasion
422 potential. The majority of isolates belonging to the most common ST21 complex possessed *cadF* (100 %),
423 Cj486 (100%) and *ciaB* (90 %) but only a minority possessed of cases *iamA* (13 %) or *virB11* (13%). None of
424 the ST21 isolates were *ciaB*⁺Cj486⁻ and only 14 % were *ciaB*⁻Cj486⁺. These findings suggest that ST21
425 complex isolates are no more likely to be invasive than those of other clonal complexes and in fact the
426 combination *ciaB*⁻Cj486⁺, overrepresented in low invasive strains, is also overrepresented in ST21 isolates
427 compared to the total number of isolates.

428
429 In conclusion, using a relatively large number of isolates (n=113), we have shown that *C. jejuni* strains
430 exhibit a range of invasion phenotypes, and that hyper-invasiveness is more frequently observed among
431 human clinical isolates. Nevertheless, 82 % of clinical isolates have a low invasion phenotype and a similar
432 proportion (88 %) was also found in poultry isolates. Attempts to correlate the hyper- or high-invasiveness
433 with the presence of putative invasion-associated genes indicated an association with the *ciaB*⁻Cj0486⁺
434 genotype but the molecular basis of this observation needs to be studied further. Overall these results
435 suggest that invasiveness in the host is a consequence of the interaction of multiple bacterial factors.
436 However, it must also be considered that the outcome of infection with *C. jejuni* is highly dependant on the
437 physiological and immunological status of the host.

438

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632

633 **Table 1:** The invasiveness of *C. jejuni* isolates from poultry, the poultry environment (surrounding a broiler
 634 house) and human clinical isolates from both blood and faeces.
 635

Source	Number of strains displaying invasiveness† (% per isolation source)			
	Low	High	Hyper	Total
Poultry cloaca	60 (88%)	8 (12%)	0	68
Poultry environment	5 (83%)	0	1 (17%)	6
Poultry-related total	65 (88%)	8 (11%)	1 (1%)	74
Human faecal	24 (83%)	2 (7%)	3 (10%)	29
Human blood	8 (80%)	0	2 (20%)	10
Human total	32 (82%)	2 (5%)	5 (13%)	39

636
 637 † Strains were grouped into the three invasion phenotypic groups according to their invasiveness compared
 638 to the control strain *C. jejuni* 81116 as rationalised in the text. Isolates were classified as hyper-invasive,
 639 high and low invaders using the criteria explained in the text and as shown in Figure 1.

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 642

643 **Table 2:** MLST characterisation and prevalence of invasion-related genes amongst selected *C. jejuni*
 644 isolates (n=62) of human, poultry and poultry-related sources.

Strain	Source	Clonal Complex	ST complex	Invasion Phenotype	cadF	ciaB	Cj0486	iamA	virB11	virB8	virB9	ciaB ⁺ Cj0486 ⁻	ciaB ⁻ Cj0486 ⁺
01 10	Human	21	21	Hyper	+	+	+	-	-	-	-		
01 35	Human	21	21	Hyper	+	-	+	-	-	-	-		✓
01 51	Human	21	21	Hyper	+	-	+	-	-	-	-		✓
01 41	Human	21	916	Hyper	+	+	+	-	-	-	-		
01 04	Human	677	677	Hyper	+	+	-	-	-	-	-	✓	
01 37	Human	21	21	High	+	-	+	-	-	-	-		✓
01 38	Human	354	354	High	+	-	+	-	-	-	-		✓
01 50	Human	21	19	Low	+	+	+	-	-	-	-		
01 39	Human	21	53	Low	+	+	+	-	-	-	-		
01 40	Human	21	53	Low	+	+	+	-	-	-	-		
01 42	Human	21	104	Low	+	+	+	-	-	-	-		
01 33	Human	21	943	Low	+	+	+	-	-	-	-		
01 07	Human	22	22	Low	+	+	-	-	-	-	-	✓	
01 32	Human	22	22	Low	+	-	-	-	-	-	-		
01 11	Human	45	137	Low	+	+	-	-	-	-	-	✓	
01 30	Human	45	45	Low	+	+	-	-	-	-	-	✓	
01 48	Human	48	48	Low	+	+	+	-	-	-	-		
01 09	Human	52	52	Low	+	+	+	-	-	-	-		
01 52	Human	52	775	Low	+	+	+	-	-	-	-		
01 08	Human	61	61	Low	+	+	-	-	-	-	-	✓	
01 43	Human	257	257	Low	+	+	+	-	-	-	-		
01 36	Human	354	324	Low	+	+	+	-	-	-	-		
01 05	Human	508	508	Low	+	+	-	-	-	-	-	✓	
01 06	Human	677	677	Low	+	+	-	-	+	-	-	✓	
C322/12	Poultry	U/A	436	High	+	-	+	-	-	-	-		✓
C423/5	Poultry	U/A	942	High	+	-	-	+	-	-	-		
C423/7	Poultry	U/A	942	High	+	-	-	+	-	-	-		
C153/1	Poultry	21	21	High	+	+	+	-	-	-	-		
C223/10	Poultry	21	21	High	+	+	+	-	-	-	-		
C153/4	Poultry	52	63	High	+	+	+	-	-	-	-		
C181/12	Poultry	52	910	High	+	+	+	-	-	-	-		
C272/11	Poultry	U/A	586	Low	+	+	-	-	-	-	-	✓	
C2/2	Poultry	21	21	Low	+	+	+	-	-	-	-		
C201/8	Poultry	21	21	Low	+	+	+	-	-	-	-		
C2/3	Poultry	21	21	Low	+	+	+	+	-	-	-		
C13/4	Poultry	21	21	Low	+	+	+	-	+	-	-		
C39/10	Poultry	21	44	Low	+	+	+	+	-	-	-		
C1/1	Poultry	21	53	Low	+	+	+	-	-	-	-		
C3/4	Poultry	21	104	Low	+	+	+	-	+	-	-		
C27/7	Poultry	21	262	Low	+	+	+	-	-	-	-		
C1/2	Poultry	21	489	Low	+	+	+	+	-	-	-		
C216/11	Poultry	42	911	Low	+	-	+	+	-	-	-		✓
C187/5	Poultry	45	45	Low	+	+	-	+	-	-	-	✓	

Strain	Source	Clonal Complex		ST complex	Invasion Phenotype	<i>cadF</i>	<i>ciaB</i>	Cj0486	<i>iamA</i>	<i>virB11</i>	<i>virB8</i>	<i>virB9</i>	<i>ciaB</i> ⁺ Cj0486 ⁻	<i>ciaB</i> ⁻ Cj0486 ⁺
C4/1	Poultry	48	475	Low	+	+	+	-	-	-	-	-		
C4/6	Poultry	48	475	Low	+	+	+	-	-	-	-	-		
C1/8	Poultry	49	907	Low	+	+	+	+	-	-	-	-		
C70/6	Poultry	49	909	Low	+	+	+	-	-	-	-	-		
C196/14	Poultry	49	915	Low	+	+	-	+	-	-	-	-	✓	
C181/2	Poultry	52	52	Low	+	+	+	+	-	-	-	-		
C27/14	Poultry	257	257	Low	+	+	+	-	-	-	-	-		
C35/4	Poultry	283	267	Low	+	+	-	-	-	-	-	-	✓	
C39/12	Poultry	283	267	Low	+	+	-	-	-	-	-	-	✓	
C110/4	Poultry	433	433	Low	+	+	-	-	-	-	-	-	✓	
C148/2	Poultry	433	433	Low	+	+	-	+	-	-	-	-	✓	
C69/7	Poultry	443	393	Low	+	+	+	-	-	-	-	-		
C69/2	Poultry	443	393	Low	+	+	+	-	-	-	-	-		
C12/11	Poultry	658	908	Low	+	+	-	-	-	-	-	-	✓	
Ex114	Puddle	682	914	Hyper	+	-	-	-	+	+	-	-		
Ex403	Puddle	45	45	Low	+	-	-	-	-	-	-	-		
Reference strains														
11168	Human	21	21	High	+	+	+	-	-	-	-	-		
81176	Human	42	913	High	+	+	-	-	+	+	+	+	✓	
81116	Human	283	267	Low	+	+	-	-	-	-	-	-	✓	

645

646

647 **Table 3:** Presence of predicted invasion-related genes in *C. jejuni* isolates with varying invasion potentials
 648 (top) and isolation source (bottom).

649

Number of isolates (%) positive for each gene by PCR									
Invasion Potential	<i>cadF</i>	<i>ciaB</i>	Cj0486	<i>iamA</i>	<i>virB11</i>	<i>virB8</i>	<i>virB9</i>	<i>ciaB</i> ⁺ Cj486 ⁻	<i>ciaB</i> ⁻ Cj486 ⁺
Hyper (n=6)	6 (100%)	3 (50%)	4 (67%)	0 (0%)	1 (17%)	1 (17%)	0 (0%)	1 (17%)	2 (33%)
High (n=11)	11 (100%)	6 (55%)	8 (73%)	2 (18%)	1 (9%)	1 (4%)	1 (4%)	1 (9%)	3 (27%)
Low (n=45)	45 (100%)	42 (93%)	28 (62%)	9 (20%)	3 (7%)	0 (0%)	0 (0%)	15 (33%)	1 (2%)
Total (n=62)	62 (100%)	51 (82%)	40 (65%)	11 (18%)	5 (8%)	2 (3%)	1 (2%)	17 (27%)	6 (10%)
Number of isolates (%) positive for each gene by PCR									
Isolation Source	<i>cadF</i>	<i>ciaB</i>	Cj0486	<i>iamA</i>	<i>virB11</i>	<i>virB8</i>	<i>virB9</i>	<i>ciaB</i> ⁺ Cj486 ⁻	<i>ciaB</i> ⁻ Cj486 ⁺
Poultry [†] (n=35)	35 (100%)	29 (83%)	23 (66%)	11 (31%)	3 (9%)	1 (3%)	0 (0%)	8 (24%)	2 (6%)
Human [†] (n=27)	27 (100%)	22 (81%)	17 (63%)	0 (0%)	2 (7%)	1 (4%)	1 (4%)	9 (33%)	4 (17%)
Total (n=62)	62 (100%)	51 (82%)	40 (65%)	11 (18%)	5 (8%)	2 (3%)	1 (2%)	17 (27%)	6 (10%)

650 † Strains isolated from a puddle close to a poultry farm are included here as 'poultry' strains. Reference
 651 strains that were originally isolated from human clinical cases are included here as 'human'.

652

653

654 **FIGURE LEGENDS**

655 **Figure 1.** Distribution of the 113 isolates tested for invasion into INT407 cells. Invasion is expressed in
656 relation to the reference strain NCTC 81116 which is a relatively low invader. Three classes of invasiveness
657 were defined: hyper-invasive strains are at least 25 times more invasive than the reference strain; high
658 invasive strains are at least 10 times as invasive and low invaders are lower than 10 times as invasive as the
659 reference strain. These findings were reproducible between individual experiments (not shown).

660

661 **Figure 2.** Translocation of two *C. jejuni* strains through a monolayer of differentiated Caco-2 cells. The
662 translocated fraction is shown for 6 time points. White bars: *C. jejuni* 81116; grey bars: *C. jejuni* strain Ex323;
663 diagonal striped bars: *C. jejuni* Ex114.

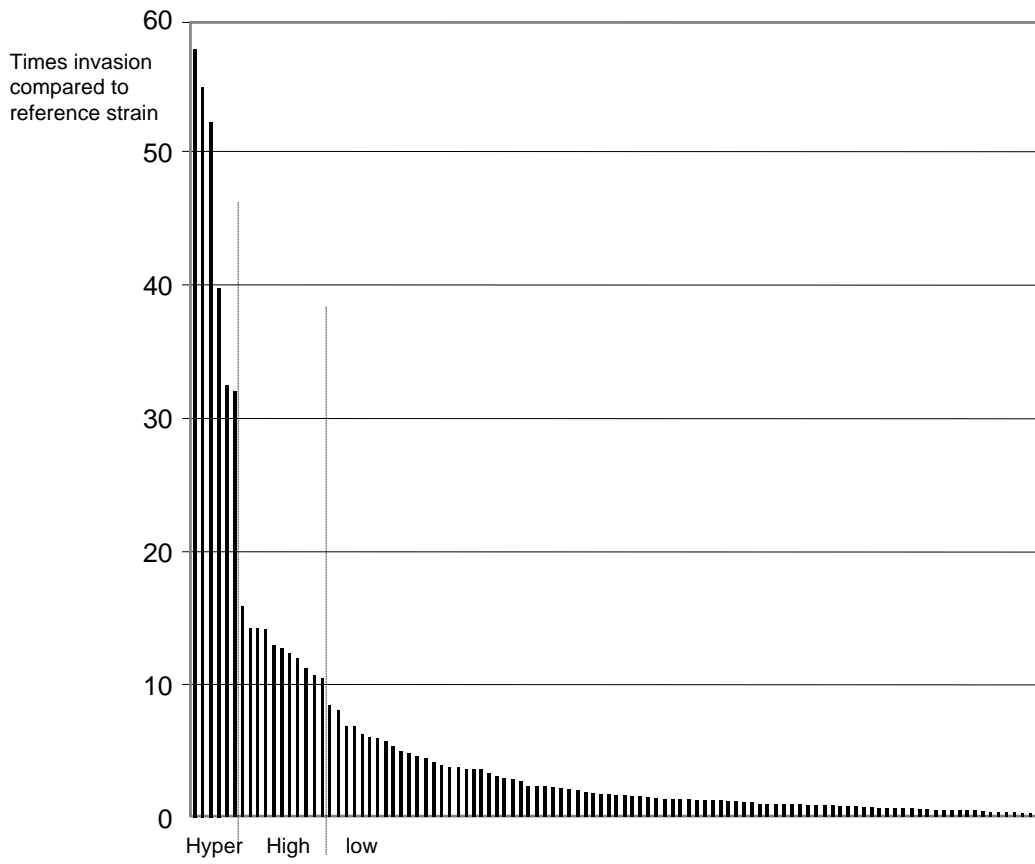
664

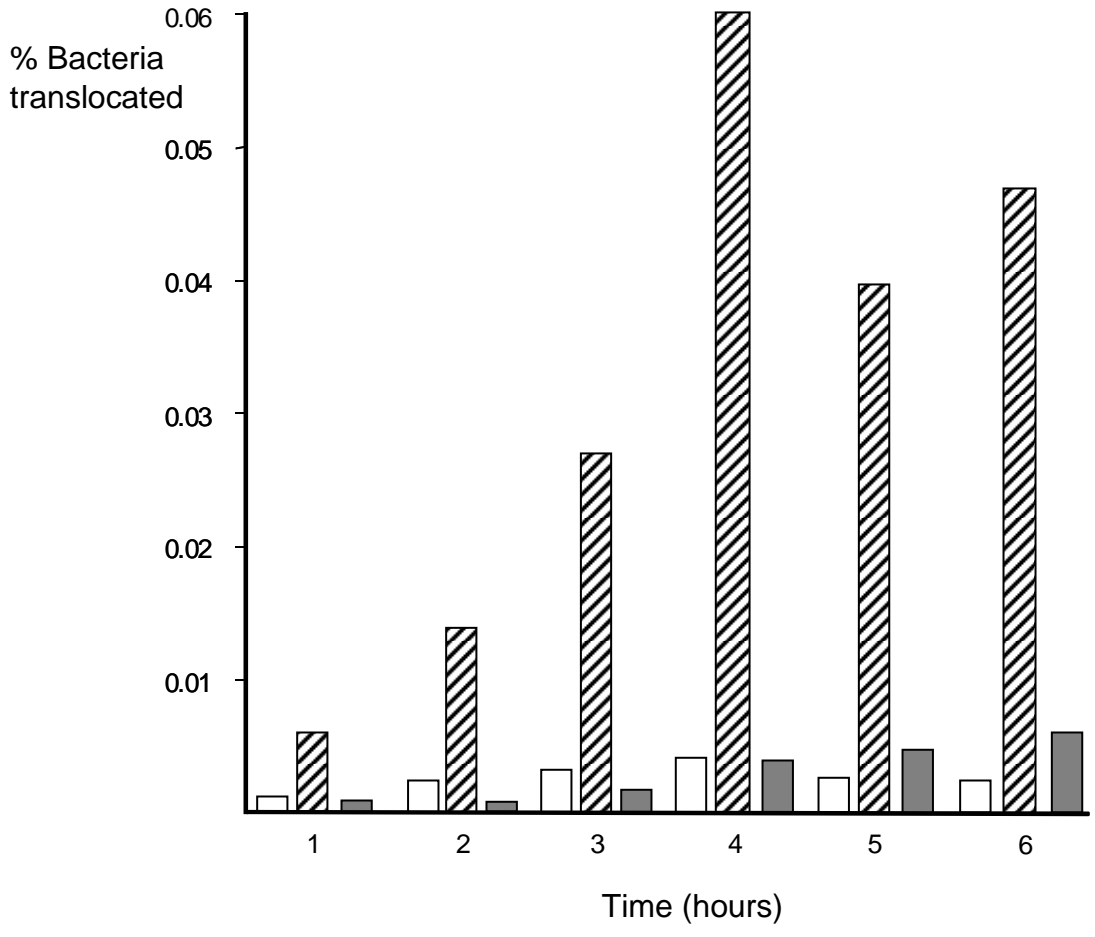
665 **Figure 3.** Association of two *C. jejuni* strains to a monolayer of mucus-secreting cells. The fraction of
666 associated bacteria, expressed as percentage of inoculum, is represented for triplicate experiments.

667 Triangles: *C. jejuni* 81116; squares: *C. jejuni* strain Ex114.

668

669





% bacteria associated per monolayer

