

# 3D printed temperature-sensing repairs for concrete structures

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## Abstract

Multifunctional coating materials have enjoyed extensive development within civil engineering in the last few decades, with numerous proposals for self-sensing and self-healing repairs. Less thought has been afforded to coating material deployment, but a reliance on conventional manual methods is leading to high costs and variabilities in performance. This is prohibiting the application of new materials in the field. This paper addresses this issue by outlining, for the first time a 3D printable temperature sensing repair for concrete. The multifunctional material used in this study is a geopolymer: a durable alternative to ordinary Portland cement repairs, which can be electrically interrogated to act as a sensor. In this paper, we outline the material and 3D printing process development, and demonstrate 3D printed repair patches with a temperature sensing precision of 0.1 °C, a long-term sensing repeatability of 0.3 °C, a compressive strength of 24 MPa, and an adhesion strength to concrete of 0.6 MPa. The work demonstrates the feasibility of using additive manufacturing as a new means of applying repairs to concrete substrates, and provides one clear pathway to removing some of the barriers to the field deployment of multifunctional materials in a civil engineering context. The process shown here could enhance the design versatility of self-sensing repairs, unlock remote deployment, and de-cost and de-risk actions that prolong the lifespan and performance of existing concrete structures.

Keywords: geopolymer; additive manufacturing; smart material; temperature sensor; repair

## 1. Introduction

Geopolymers are a class of alkali activated materials that have gained popularity as a low-carbon alternative to ordinary Portland cement (OPC) [1,2]. Geopolymers exhibit similar mechanical properties to OPC, but a higher electrolytic conductivity due to free ions in their matrix [3,4]. This has allowed geopolymers to be developed for a wide array of multifunctional applications, ranging from the production of concrete elements [5–8], to fire- and chloride- resistant repair and coating systems [9–14], to sensing applications [15–22].

OPC and geopolymer concrete systems have seen some applications within 3D printing, primarily to produce structural elements via extrusion, direct ink writing and powder-bed processes [23–27]. Despite these applications, at the time of writing, the use of geopolymers as 3D printed multifunctional *coatings* for concrete has not been studied in detail. There are, however, clear benefits to 3D printing multifunctional sensor-repair coatings onto concrete substrates:

- i) when compared to manual methods, additive manufacturing methods, like 3D printing, can improve the repeatability of deposition and hence the repeatability of repair and sensor performance;
- ii) 3D printing reduces labour costs, and provides fixed marginal costs per printed item;
- iii) interfacing 3D printing with robotics could allow sensor-repairs to be deployed in harsh, dangerous or remote environments without risk to personnel.

This paper outlines the 3D printing of metakaolin geopolymer sensor-repairs onto concrete substrates. We discuss and test the adhesion of the patch, its temperature-sensing capability, and the challenges in development. As far as we are aware, this is the first time that 3D printable self-sensing repairs for concrete substrates have been demonstrated.

Applications for this technology include remotely-deployable, retrofitted repairs and continuous monitoring solutions for existing structures in hazardous construction, nuclear or oil and gas environments. The technology could also be deployed within the precast sector. In either case,

48 facilitating cheap, low-risk, continuous data acquisition could contribute to a clearer understanding of  
49 concrete structural health and design.

50 This paper begins with a brief introduction to geopolymer fabrication, coatings and sensing.  
51 Following this the state of the art in the 3D printing of cementitious materials is outlined. Thereafter  
52 the materials and methodology used in this research are presented, and the 3D printing process and  
53 performance of the patches as sensors and repairs are outlined.

## 54 **2. Background and theory**

### 55 *2.1 Geopolymer fabrication and raw materials*

56 Geopolymers are alkali-activated materials with an amorphous to semi-crystalline three  
57 dimensional silico-aluminate structure. They are usually formulated with a two-part mix of: i) a solid  
58 aluminosilicate precursor, typically metakaolin (calcined clay), fly ash and blast furnace slag [28]; and  
59 ii) an alkaline solution, a mixture of an alkali hydroxide and silicate solution typically sodium or  
60 potassium based [29]. When the precursor and the alkaline solution are mixed together the process of  
61 alkaline activation (or geopolymerisation) is initiated, and a series of reactions transpire — namely  
62 dissolution, rearrangement, condensation and solidification [30].

63 In this work, we have opted to use a metakaolin precursor and a sodium-based activator. Metakaolin  
64 is an amorphous material formulated through the calcination of kaolin (china clay) at temperatures of  
65 550 – 850 °C. During heat treatment, the clay is dehydroxylated and the structure of kaolin is disordered  
66 into metakaolin, our reactive precursor [2,31]. Metakaolin was chosen in this work as it:

- 67 i) tends to be more compositionally consistent and more reactive than fly ash [30];
- 68 ii) is a raw material, whereas fly ash is an inconsistent industrial by-product of coal  
69 combustion, a globally dwindling industry;
- 70 iii) produces more suitable repairs than blast furnace slag geopolymers [14].

71 Metakaolin geopolymers do, however, tend to have a lower workability than fly ash geopolymers.  
72 This is due to their disc-shaped particles [32].

### 73 *2.2 Geopolymer coatings for concrete*

74 OPC substrates, such as concrete, consist of rich calcium-based surfaces which react with  
75 geopolymers to form a strong chemical bond between the two materials. [33]. This is a clear benefit  
76 for a coating and repair material, but one that can raise its own challenges. Geopolymers shrink during  
77 curing, and this can cause stress to develop when the coating is restrained by adhesion. If the layer of  
78 geopolymer coating is thin, tensile stresses can surpass the instantaneous strength of the curing  
79 geopolymer, causing cracks to appear. Thicker coating layers, meanwhile, are more susceptible to  
80 stresses at the substrate-coating interface, and this can cause de-bonding [34]. Potential means of  
81 mitigating high shrinkage levels in repair materials include the incorporation of sand [12,35,36],  
82 fibres - polypropylene (PP) [12,35], polyvinyl alcohol (PVA) [9], expansion reagents [35] and  
83 nanoparticles for refining the microstructure [37].

84 The concrete substrate's moisture levels and surface conditions also play a role. Substrates which  
85 are too dry or wet can absorb or supply water respectively, unbalancing any optimisations made in the  
86 chemical composition of the geopolymer binder [38]. For this reason, consistent methods of pre-  
87 wetting concrete substrates and removing excess surface water prior to geopolymer deposition are  
88 vital [39]. Finally, in order to ensure proper performance of a repair, suitable surface preparation is  
89 required. Rough surfaces are preferred in these cases as this leads to greater bond strength [40,41].  
90 Among the many available surface treatment methods, sand-blasting and wire brushing have been  
91 proven to be the most effective [42].

92

93

### 94 2.3 Geopolymer electrical conductivity

95 Due to the alkaline solution in their pores, geopolymers are solid electrolytic conductors which  
96 exhibit a reasonably high electrical conductivity of order  $10^{-4}$ - $10^{-3}$  S/cm [3,4]. They have therefore  
97 been employed in multiple self-sensing applications for strain and temperature [15–22]. Many of  
98 these applications have been carried out free from conductive filler additives [17–21]. The change in  
99 electrical impedance of geopolymer substrates due to temperature and strain has been attributed to  
100 changes in ion migration [17,21] and percolation [19]. The former is a result of the quantum  
101 tunnelling effect in which at low external voltage the electrons are able to move to create a current.  
102 The latter is attributed to formation of a conductive passage in the material mainly with the use of  
103 conductive filler [43].

104 In general, sensing schemes apply a sinusoidal voltage of magnitude  $V$  and frequency  $f$ , to the  
105 sample and measure the current response,  $I$ . This allows the impedance to be calculated via [44]:

$$\vec{Z} = \frac{V}{I} e^{i(\phi_V - \phi_I)}, \quad (1)$$

106 where  $\Phi_V - \Phi_I$  is the phase difference between the applied voltage and measured current and the  
107 impedance is a complex number of the form [44]:

$$\vec{Z} = Z e^{i \arg(Z)}, \quad (2)$$

108 where  $Z$  and  $\arg(Z)$  are the impedance's magnitude and argument. Geopolymers have a resistance (the  
109 real part of  $\vec{Z}$  is non-zero) and a capacitance (the voltage lags the current, and the imaginary part of  $\vec{Z}$   
110 is negative). High frequency ( $f > 1$  kHz) excitation is usually preferred over low frequency and dc for  
111 sensing, as it prevents electrolysis (the net migration of conductive  $\text{Na}^+$  ions towards the cathode).  
112 Sensing schemes also typically employ a four-probe sensing method to reduce the effects of lead and  
113 contact resistances [45,46].

### 114 2.4 Temperature sensing

115 When using geopolymers as temperature sensors, it is often adequate to consider only the  
116 response of the impedance magnitude,  $Z$ , on temperature,  $T$  [47]:

$$\frac{Z}{Z_0} = e^{\left(\frac{a}{T} + bT + c\right)}, \quad (3)$$

117 where  $Z_0$  is an arbitrary baseline impedance for normalisation, and  $a$ ,  $b$  and  $c$  are characterised  
118 parameters which depend on geopolymer coating chemistry and geometry. An exponential decrease of  
119 impedance with temperature is expected as heat increases ionic mobility [16,18,48,49]. Equation (3)  
120 assumes that other measurands, such as water content and strain within the specimen are constant. If  
121 the temperature is high enough to cause significant water evaporation from the coating, for example,  
122 then the impedance of the specimen can increase due to water depletion [3,48].

### 123 2.5 3D printing of geopolymers

124 Recently, 3D printing has been introduced as a means of fabricating cementitious structures.  
125 Bypassing conventional moulds and formwork, cementitious materials can be extruded in a layer-by-  
126 layer process through a nozzle. Common additive manufacturing processes for curable pastes include  
127 contour crafting [50,51] and direct-ink writing [52–54].

128 Le et al. [55] introduced four properties that cementitious mixes should attain for 3D printing. Mixes  
129 and processes should exhibit adequate:

- 130 1. **Extrudability:** the ability of the mix to be extruded as a continuous filament from a dispensing  
131 unit.  
132 2. **Buildability:** the number of layers that can be ‘stacked’ without any noticeable deformation, or the  
133 ability a material has to maintain its self-weight and the weight of subsequent layers[56].  
134 3. **Workability or pumpability:** the ease with which the batch can move through a pumping system.  
135 4. **Open time, or setting time:** the time window in which the mix remains extrudable.

136 Extrudability has also been referred to as ‘printability’ by Le et al. [55]. However, these two terms  
137 have recently developed separate meanings. While extrudability retains the original definition as the  
138 ability of a mix to be printed as a continuous filament, printability is regarded as something different.  
139 In particular it involves the interactions between the other properties in order to achieve a printable  
140 state [57–59].

141 Factors that affect the quality and performance of printed objects are speed, distance between  
142 nozzle and printer bed, nozzle size and shape, layer height, loading orientation and printing path  
143 [24,56,60–63].

144 Similar to OPC, geopolymer-based materials have already seen applications in 3D printing  
145 including the printing of fly ash and slag based mortars [23,58,64], glass fibre and steel cable  
146 reinforced mortars [24–26], one-part geopolymer mixes [27], metakaolin/fly ash lattices [53],  
147 kaolin/graphene composite suspensions [54] and powder-bed methods [61,65]. These previous  
148 studies have all mainly focused on the use of geopolymer 3D printing to produce bespoke  
149 construction elements. Additional applications include fly ash-based geopolymer foams for insulative  
150 applications [66] and kaolin-based geopolymers for electronic packaging [52]. Zhong et al. [67] have  
151 extruded electrically conductive geopolymer / graphene oxide composites, but the study focused on  
152 the printing of stand-alone objects (not coatings) and it was focused on demonstrating the effects of  
153 the graphene oxide additive volume fraction on dc conductivity.

154 The properties proposed by Le et al. [55] are a useful tool to guide the process of mix design and  
155 printing optimisation, but they are naturally subjective and application dependent. The application in  
156 this work, namely sensor-repair patches for concrete substrates, is inherently different to previous  
157 applications for 3D printed geopolymers. This meant that, mix development and fine tuning was very  
158 much a process of optimisation, and had to exhibit two further properties. Geopolymers had to exhibit  
159 an adequate:

- 160 5. **Adhesion:** Defined by the pull-off strength of the geopolymer coating from the concrete substrate  
161 6. **Electrical conductivity:** For a given electrode configuration, the geopolymer’s electrical  
162 impedance should be measurable and allow for sensing.

163 For adhesion, one could view the concrete surface as an “old, previously printed layer” of  
164 deposited material, one that the newly deposited layer must adhere to. This highlights the challenge of  
165 achieving a high bond strength when using additive manufacturing, as it is known that increasing the  
166 time gap between layers has a negative effect on bond strength [55,56,60].

167 Note that electrical conductivity is a consideration of secondary importance, because the  
168 configuration of the electrodes and the electrical interrogation system can be modified to overcome any  
169 shortcomings in the conductivity of the material. However, these modifications do have a limit, and this  
170 imposes some limitations on the quantity and types of additives that can be added to the mix.

### 171 3. Methodology

#### 172 3.1 Materials and mixing

173 In this work, kaolin sourced from the Southwest of England, UK, was calcined at 800 °C for  
174 2 hours in an electric muffle furnace. The calcined clay was left to cool in the furnace prior to  
175 removing and storing in sealed containers. Silica fume was also added to the mix for greater  
176 densification [68]. The precursor consisted of 95% metakaolin and 5% silica fume. The properties of  
177 each material, provided by the supplier, are presented in Table 1.

178 Table 1 Material properties, including Brunauer–Emmett–Teller (BET) surface area.

	SiO <sub>2</sub>	Al <sub>2</sub> O <sub>3</sub>	Mean particle size	BET surface area	Specific gravity
Kaolin	47 wt%	38 wt%	2 μm	14 m <sup>2</sup> /g	2.6
Silica fume	90wt%	1 wt%	0.15 μm	-	-

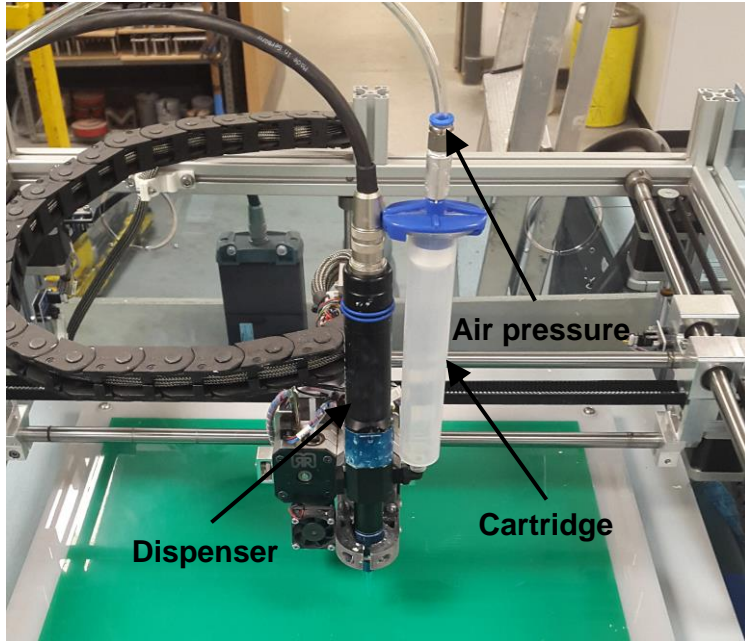
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180 The alkaline activator was made by combining sodium silicate (Na<sub>2</sub>O = 8.5%, SiO<sub>2</sub> = 27.8%,  
 181 H<sub>2</sub>O = 63.7%) and 10 M sodium hydroxide solutions. The mass ratio of sodium silicate to sodium  
 182 hydroxide was 2. After mixing, the solution was left to cool for at least 24h.

183 To improve adhesion by reducing shrinkage [9], 0.5 wt% PVA fibres (3 mm length) were added  
 184 to the dry metakaolin precursor. The materials were dry mixed for 1 minute. The activator was then  
 185 poured into the dry materials and mixed for 5 minutes until a homogenous mix was achieved. The  
 186 precursor to solution ratio was 0.90. The amount and size of PVA fibres was based on the  
 187 extrudability of the mix after a series of trial and error experiments explained in Section 4.

### 188 3.2 3D Printing overview

189 A screw cavity extruder fitted with a nozzle of size 18G (0.84 mm) was mounted onto a  
 190 commercial 3D printer with an x-y gantry axis. A picture of the setup is presented in Figure 1. The  
 191 steps in our 3D printing process were extended from [55] to encompass: 1) data preparation, 2)  
 192 concrete surface preparation, 3) filament mixing and loading, 4) printing, 5) electrode insertion, and  
 193 6) curing. The printing process is outlined as a flowchart in Figure 2. It essentially explains the  
 194 iterative process in 3D printing. Similar to other cement-printing flow charts, the data files are  
 195 prepared by using a slicing software and the filament is prepared and printed [69]. As mentioned in  
 196 Section 2.5 the mix must be extrudable and buildable. If the mix cannot be extruded, this signifies the  
 197 need to reduce the mix's viscosity which is typically achieved by increasing liquid content, employing  
 198 viscosity modifying agents and adjusting filler content [55,64]. Once the mix is extrudable, the mix is  
 199 tested for buildability purposes as well. In like manner if buildability and shape retention are low,  
 200 solid content is typically increased, more filler content is added and the viscosity is altered through the  
 201 use of admixtures [53,64]. Compared to other flowcharts in 3D printing, the main differences are the  
 202 addition of concrete surface preparation, electrode insertion and curing. In most cases these factors are  
 203 absent, however in the current application these parameters must be investigated as they are  
 204 paramount factors in ensuring proper function of sensing repairs. The printing process is explained in  
 205 further detail in the Sections 3.2.1, Section 3.2.2 and Section 3.2.3.



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Figure 1: 3D printing setup showing the dispensing unit and an empty pressurized feed cartridge.

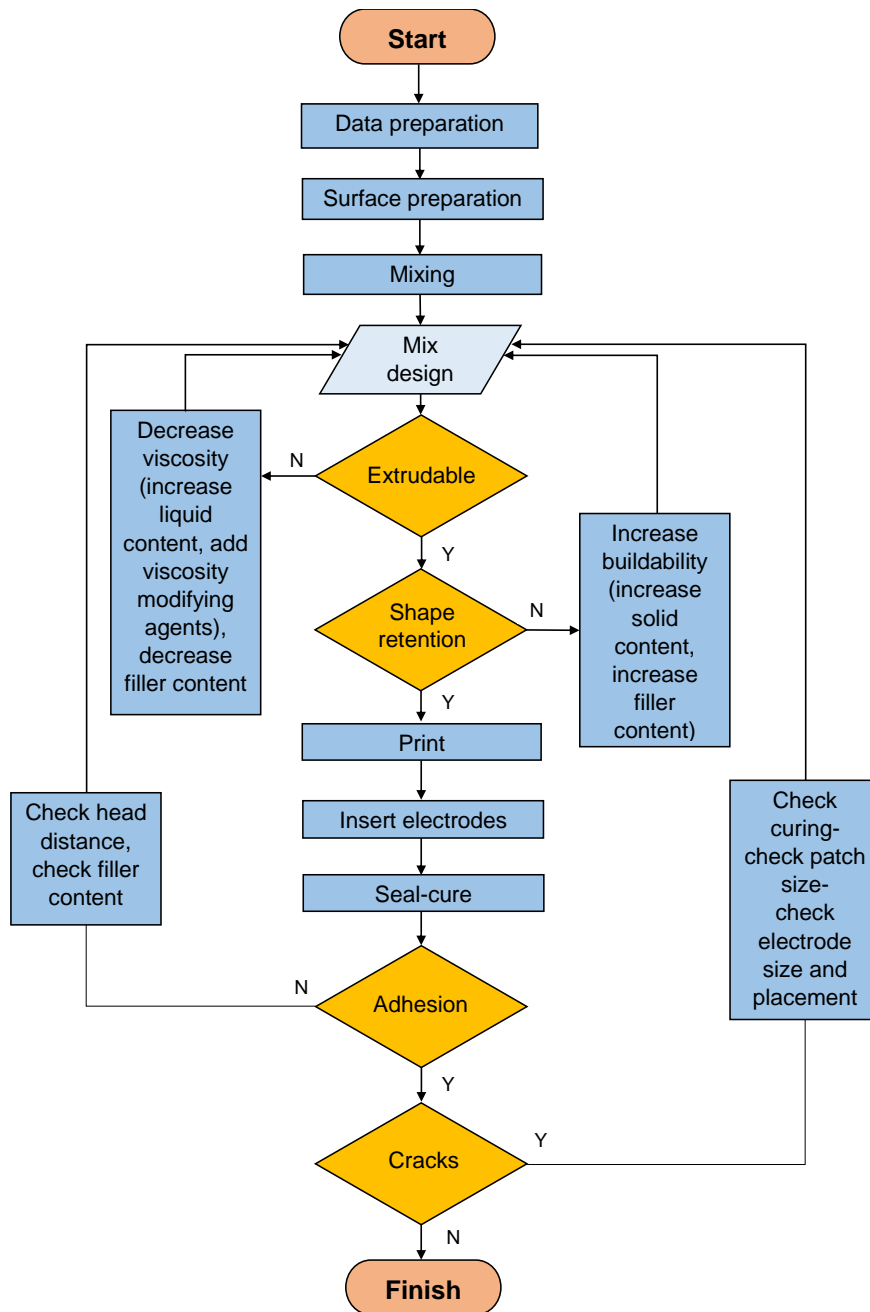


Figure 2: Flow chart of printing and fine-tuning process

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209

### 210 3.2.1 Data preparation

211 A 3D CAD file of a double-layered patch was exported in stereolithography (STL) file  
 212 format. Slicer software (Slic3r) was then used to generate G-Code from the STL, which defines the  
 213 toolpaths for the printing head and stepper motor (extrusion) rates. Printing speeds were kept constant  
 214 at 50 mm/s to avoid heterogeneities, a rectilinear density was chosen with 100% infill. A single  
 215 perimeter was also added as the infill path can lead to gaps at the object's edges. Including a perimeter  
 216 would close any potential gaps and allow greater interlocking of the extruded infill filament onto the  
 217 outer shell [51]. The layer height was 0.66 mm. Figure 3 depicts an illustration of the sliced model.

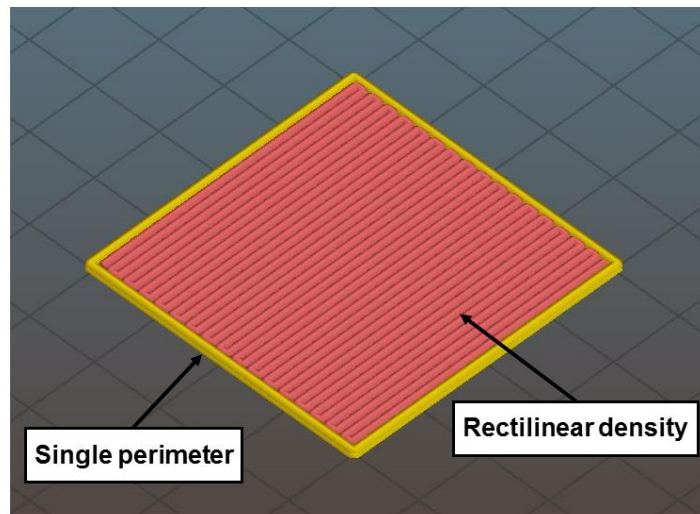


Figure 3: G-Code representation of patch

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219

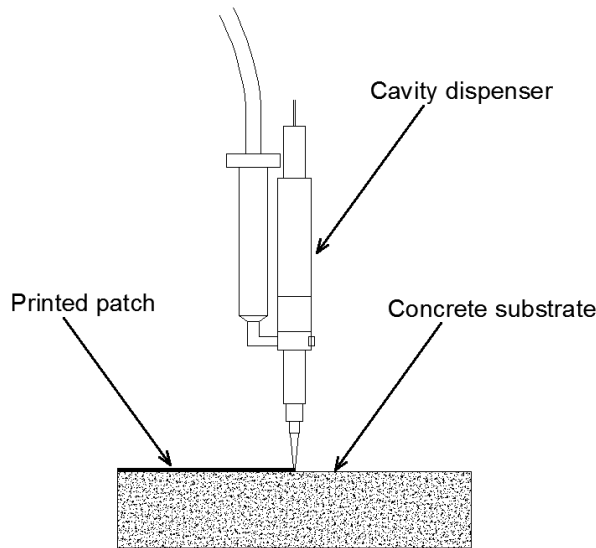
### 220 3.2.2 Concrete surface preparation

221 In this work, concrete slabs (70 mm x 20 mm x 20 mm) and cubes (side 100 mm) were  
 222 printed onto. The top layer of the cube surface was removed with an electrical brush to expose the  
 223 aggregates and improve adhesion between substrate and patch [40]. This is standard practice when  
 224 repairing a concrete structure. In order to avoid liquid absorption, the concrete substrate was then pre-  
 225 wetted [39] prior to printing to avoid excess liquid loss from the patch. The substrates were immersed  
 226 in water at least for two hours and were removed shortly before printing. Excess water was removed  
 227 with paper towels.

### 228 3.2.3 Filament mixing and loading

229 The geopolymer mix described in Section 3.1 was deposited into the barrel syringe (the  
 230 cartridge labelled in Figure 1). As the material was, by design, not self-levelling, it was placed under  
 231 an air pressure of 2 bar to force the material to flow into the screw extruder's dispensing cavity.  
 232 Figure 4a presents a drawing of the dispensing unit printing and Figure 4b depicts a photograph of the  
 233 printing procedure on a concrete slab. The density of the mix was 1.73 g/mL and the flowrate of the  
 234 mix during printing was 2 mL/min.





(a)

(b)

235

236

Figure 4: a) Schematic diagram and b) photograph of geopolymer being extruded onto concrete slab.

237

### 3.2.4 Electrode insertion

238

The probes for electrical sensing attached were stainless steel wires, attached according to the Van Der Pauw (VDP) configuration [70] in order to minimize the electrode effect on the integrity of the patch. The VDP configuration also provides an average (rather than localised) measurement of the patch's overall impedance. Two methods of incorporating the electrodes were tested in this work:

242

- Method 1: was to pre-arrange the probes on the concrete substrate and print directly over them.

243

- Method 2: probes were inserted into the patch after the patch was printed.

244

### 3.2.5 Curing

245

The samples were then stored in sealed, plastic containers to maintain moisture and cured at 40 °C for 24 hours. The elevated temperature is not mandatory [13] but accelerates the geopolymerization process. The samples were then kept under ambient conditions until testing.

246

248

### 3.3 Sensor testing

249

The electrical properties of the patch were analysed with an electrical impedance analyser running in potentiostatic mode. The impedance of the samples was measured by applying 10 mV voltage for frequencies between 10 Hz and 0.5 MHz and measuring the electrical current response. The impedance was then determined using equations (1) and (2) listed in Section 2.3. The electrical configuration is depicted in Figure 5. The voltage was applied across electrodes 1 and 4 and the current was measured across electrodes 2 and 3.

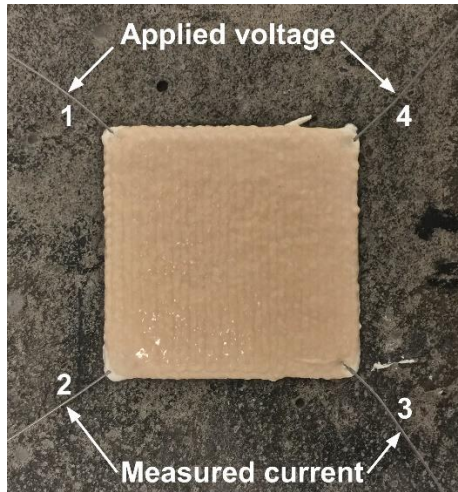
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Figure 5: Printed sensor on a concrete substrate

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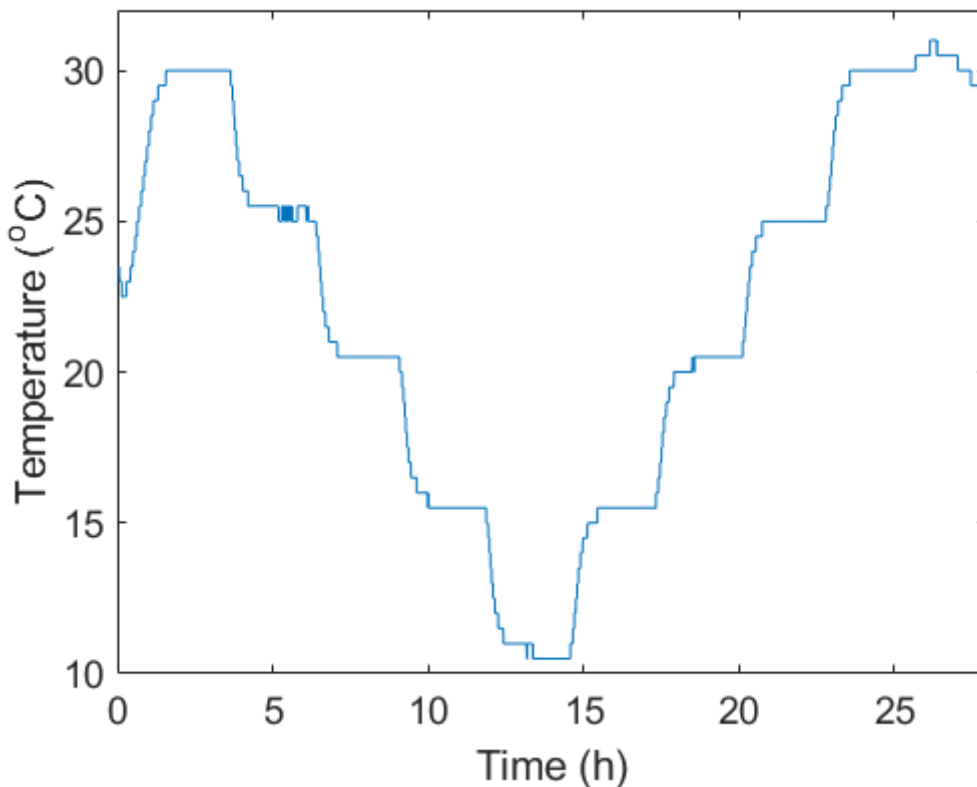
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In order to avoid humidity fluctuations during temperature experiments, samples were placed in a controlled environmental chamber. The chamber set the temperature at 30 °C and then reduced it to 10 °C in 5 °C steps: we denote this the “down cycle”. It then performed an “up cycle”, increasing temperatures from 10 °C to 30 °C in 5 °C steps. When target temperatures were reached, they were held for 135 minutes to ensure thermal stabilisation of the patch and the concrete substrate. Following this, temperatures were held for a further 15 minutes and measurements of impedance were taken. This allowed for extraction of average values of impedance components over this time period. Note that this long measurement period is not something that would be required during sensor operation, but it does improve measurement confidence during characterisation. The temperature steps as recorded by an external sensor are presented in Figure 6.



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268

Figure 6: Time-temperature series for temperature characterization.

269 3.4 Mechanical properties

270 3.4.1 Compressive strength

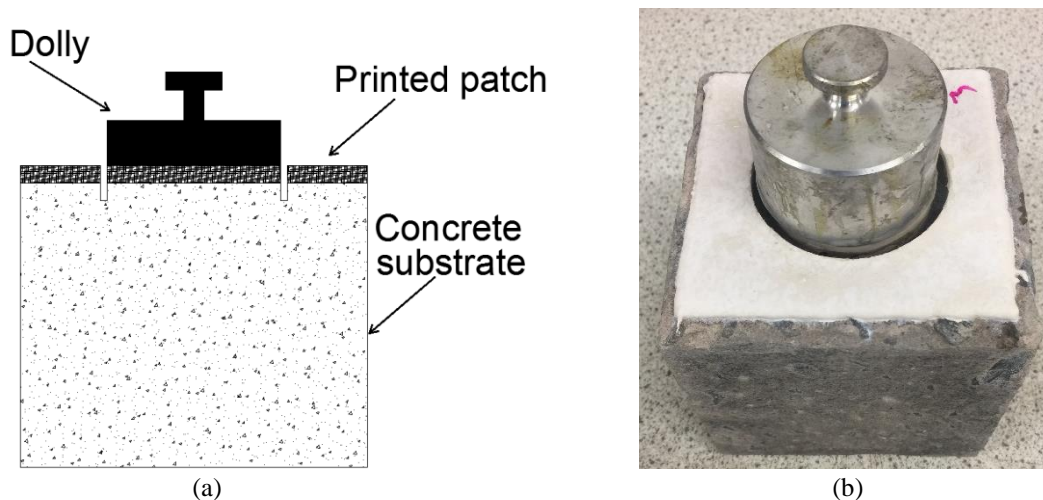
271 As there was more focus on achieving an adequate adhesion with the concrete layer, the mix's  
272 buildability was not sufficient enough to print specimens for compression testing. For this reason, the  
273 compressive strength of the batch was tested for casted samples rather than printed ones. After  
274 mixing, the geopolymer paste was placed into six silicon moulds 30 mm x 30 mm x 25 mm and  
275 vibrated for 10 minutes to remove the entrapped air. Each mould was then wrapped with plastic film,  
276 sealed in a plastic container and cured at 40 °C for 24 hours. The samples were left to cure in an  
277 environmental chamber for another 27 days at 20 °C until testing. The compressive strength was  
278 measured with a universal loading cell at a loading rate of 0.5 mm/s.

279 3.4.2 Adhesion testing

280 The bond strength of printing repair patches was evaluated by using a pull-off adhesion tester in  
281 accordance to standard BS EN 1542-1999 [71]. In order to avoid shrinkage issues and allow for quicker  
282 curing as discussed further below in Section 4.4, double layered 90 mmx 90 mm patches were printed  
283 on separate 100 mm cubes instead of a slab. This was to allow for quick sealing for each specimen to  
284 avoid liquid evaporation. Five samples were tested 6 days after extrusion. Figure 7a and 7b depict a  
285 schematic drawing and a picture of the cored samples. As per BS EN 1542-1999:

- 286 • The samples were core drilled with a 50 mm diameter cylinder through the repair product and into  
287 the concrete substrate (total depth 10 mm).
- 288 • Following this, an epoxy adhesive was used to attach an aluminium 50 mm dolly to the cored  
289 surface. The centre of the dolly was aligned with the centre of the core to limit eccentricity issues  
290 and assure proper load application.
- 291 • The epoxy was left to dry as per manufacturer requirements. The adhesion tester (Elcometer) was  
292 then fastened onto the dolly for pull-off testing. The nut of the tester was tightened to evenly  
293 apply force to the dolly and subsequently stress to the coating. The nut was tightened until the  
294 dolly was removed from the substrate and a reading was taken for each sample.

295



296 Figure 7: Printed overlay for adhesion test a) schematic drawing of sample b) picture of sample

297 **4. 3D printing: tuning and improvement**

298 4.1 Baseline properties

299 This section briefly outlines some of the challenges overcome in developing the mix design and  
300 printing process outlined in Section 3. We began by qualitatively addressing three of Le et al's [55]  
301 baseline properties for 3D printing, as outlined in Section 2.5:

302 1) Extrudability: Once the precursor and alkaline solution are mixed together, the gel phase of  
 303 geopolymerisation commences [30]. The homogeneous and cohesive nature of the gel makes  
 304 achieving printable mixes relatively straightforward. The extrudability of the mix was tested by  
 305 extruding three straight lines 4 mm apart. If the lines retained their intended shaped and were free  
 306 from gaps the mix was deemed extrudable. Figure 8 displays the printed lines for the mix  
 307 described in Section 3.1.  
 308



309  
 310 Figure 8: Extrudability test showing three printed lines of material.

311 2) Pumpability/workability: Pumpability/workability is particularly important to consider for  
 312 syringe-based 3D printers [52–54,58] or when materials must be conveyed long distances to the  
 313 nozzle. In this work, we were able to design out stringent pumpability requirements by using a  
 314 local cartridge of material fed to a progressive cavity (screw) extruder, which can pump low and  
 315 high viscosity fluids at stable rates. This was required in this work because metakaolin  
 316 geopolymers can present workability and mixing issues due to their large liquid demand [32].  
 317 4) Open time: The open time of the mix was investigated as a continuation of extrudability. It was  
 318 found that the mix was able to be extruded without any gaps for about 60 minutes at ambient  
 319 temperatures, as a consequence of the water content in the alkaline solution [72]. This was a long  
 320 enough duration to deposit around 100 mL of material (several full cartridges). It should be noted  
 321 though, that this is not the setting time of the paste associated with a Vicat needle test. During  
 322 printing the paste can eventually congeal inside the dispenser due to heat generation from friction  
 323 as the screw rotates disrupting the flow thus leading to extrusion issues.

324

#### 325 4.2 The buildability adhesion trade-off

326 The final requirement, and the one that required the most mix design alterations was the trade-off  
 327 between buildability and adhesion (and to a lesser extent, a trade-off with electrical conductivity)  
 328 mentioned in Section 2.5. Unfortunately, in cementitious materials, a high buildability and high  
 329 adhesion tend to be two contradictory requirements. Normally, buildability of a cementitious material  
 330 (including geopolymer) would be increased by increasing its solid content [73], but this comes at the  
 331 expense of inter-layer and substrate adhesion [56,63,74,75], higher shrinkage due to greater stress  
 332 development [76] and conductivity [4,77], as shown in Table 2. In other words, opting to maximize  
 333 the patch’s printing potential would compromise the repair and sensing aspects of the patch. For this  
 334 reason, a zero-slump mix was not suitable for this sort of application.

335 Table 2 Functional requirements for 3D printed self-sensing materials

	3D printing/extrusion	Repairs	Self-sensing materials
Solid content	High	Low (high liquid content)	High liquid content (greater conductivity)
Surface quality	Smooth flat surface	Rough surface better adhesion	-

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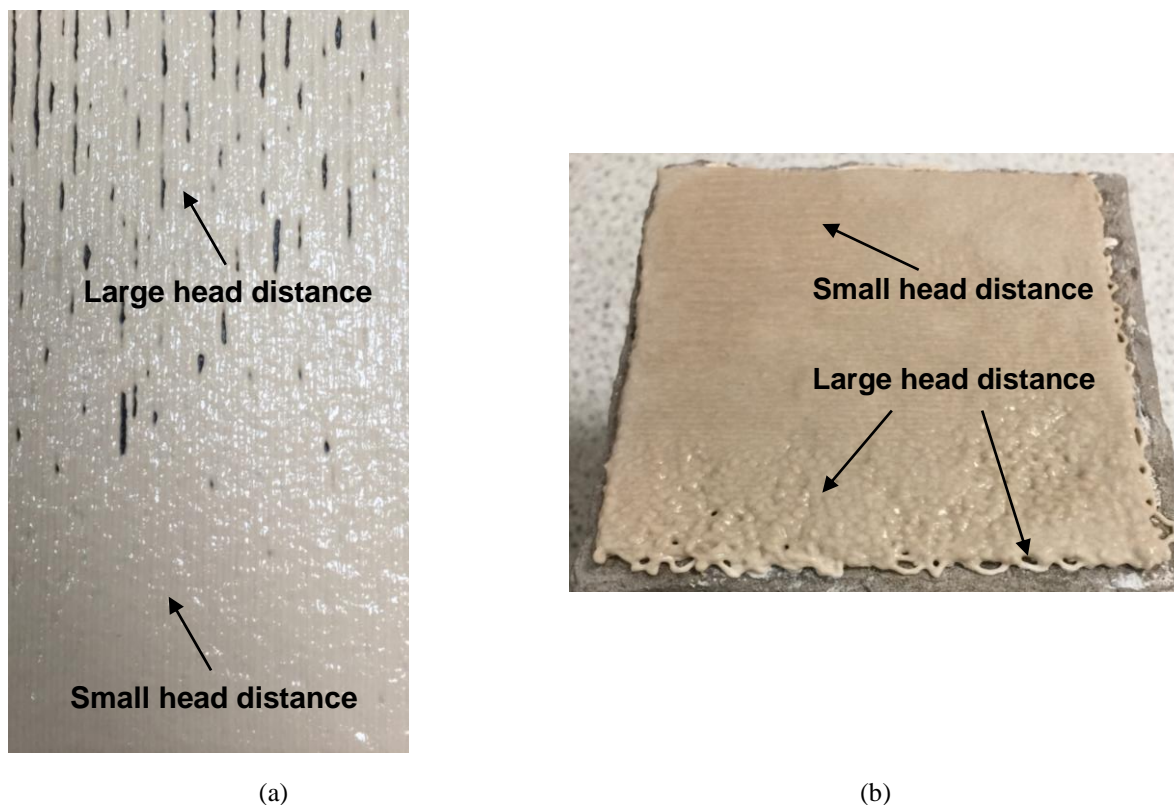
337 This issue could be solved by using several mixes, such as a low viscosity primer layer followed  
 338 by more viscous additional layers for printing. This would come at the cost of process complexity and  
 339 cost. In this case, we were able to find an optimal mix by sacrificing some buildability. A solid-liquid  
 340 ratio of 0.9 allowed the geopolymer to maintain shape stability, and provide reasonable adhesion (see

341 Section 5). For this application, sacrificing buildability for adhesion was worthwhile, as we only  
342 needed to print coatings which were a few layers thick. Any thicker, and we would risk debonding of  
343 the coating during curing due to shrinkage, as outlined in Section 2.2.

#### 344 4.3 The concrete substrate

345 Another matter to consider is the ‘printing bed’ in these applications. Normally a flat surface is  
346 required to ensure proper structural integrity and avoid deformations in subsequent layers [62]. The  
347 effective printing bed in this application is the concrete substrate.

348 For repairs a rough surface is preferred to ensure proper adhesion and interlocking between repair  
349 and substrate [39]. However, this could pose various issues in printing especially when small nozzle  
350 sizes are employed. Firstly, this could result to nozzle obstruction if proper head distance (distance  
351 between substrate and nozzle) is not considered. Secondly, if a large head distance is selected to avoid  
352 any potential interferences, the unevenly distributed surface can result in a printed object with  
353 ununiform quality. Figures 9a and 9b present an example of such an effect. It could be viewed that the  
354 area with a higher head distance resulted in poorer quality and gaps in printing in comparison to the  
355 area with a shorter head distance. The higher distance prevented proper interlocking with the  
356 substrate, which led to dragging of the filament and inaccurate deposition creating a mismatch  
357 between previous and subsequent printing paths.



358 Figure 9: Examples of adverse print quality due to uneven concrete surface and head distance

359

#### 360 4.4 Shrinkage control

361 Shrinkage in this system is a vital point of consideration and thus proper shrinkage control is  
362 required to avoid the formation of cracks. Tensile stresses develop between the substrate and the  
363 repair which could result into cracks [34]. Moreover, metakaolin based repairs are prone to  
364 delamination [78] and cracks [36] primarily due to high levels of shrinkage. For this reason,

365 incorporating additives to deal with these issues is necessary. PP [12,35] and PVA [9] fibres could  
366 provide a solution to high restrained shrinkage. Water loss in the system is also an issue to tackle. Pre-  
367 wetting the substrate prevents loss of liquid in the patch [39]. Figure 10 presents a square patch  
368 printed onto a dry substrate. Furthermore, sealing the sample prevents water evaporation during  
369 thermal curing [79]. It should be added that thermally curing also leads to reduced cracks and  
370 increased bond strength [9].



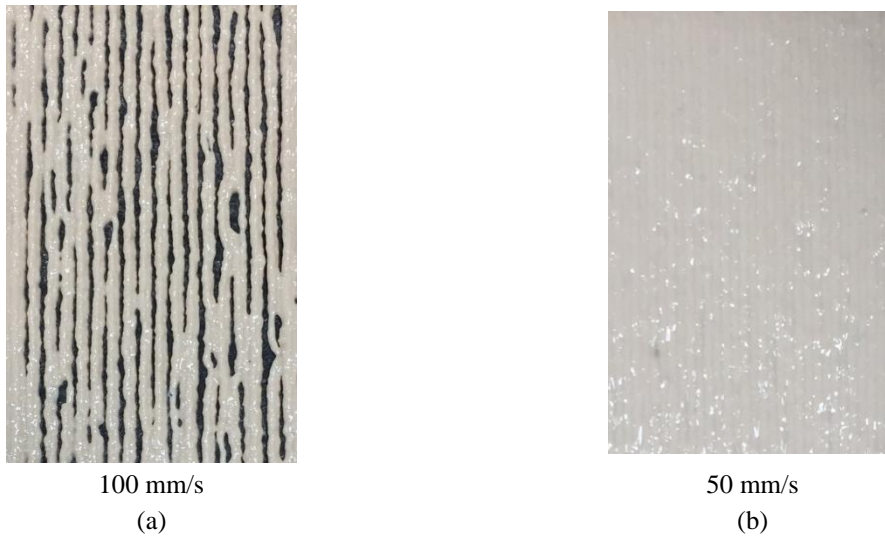
371  
372 Figure 10: Cracked patch printed onto dry concrete substrate

373

374 In order to counter shrinkage issues, the use of fibre additives was employed. However,  
375 having tested PP fibres, extrudability was found to be poor even at 0.5-1% w/w, as the inflexible  
376 fibres would cluster near the nozzle and cause congestion. Short (3 mm) PVA fibres, being more  
377 flexible, did not cause extrudability issues at 0.5 % w/w (6 mm fibres compromised extrudability).  
378 The inclusion of PVA fibres enhances shape stability [57]. In addition, according to Zanotti et al. [9],  
379 PVA fibres also increase the bond strength of repairs, as they decrease repair cracking and  
380 delamination due to restrained shrinkage, and enhance interfacial failure resistance with the patch and  
381 the concrete substrate. The fibres are able to bridge the gaps of cracks while carrying the induced  
382 tensile loads [80].

383 Another factor that may be overlooked for shrinkage control when printing overlays for  
384 repairing purposes is the total print time. Rapid drying can occur when large surface areas are being  
385 repaired with relatively thin overlays. This is relevant in 3D printing applications especially when the  
386 extrusion rate is low. This can subsequently prolong the total print run and delay proper curing  
387 leading to potential moisture loss. [81]. The repair application must be quick enough to avoid material  
388 hardening and developing high viscosity. Low viscosity is desired as it would be able to spread on the  
389 surface and enable penetration into the capillaries [75]. In order to accomplish this in the current  
390 application, increasing the print speed was an option. However, as could be seen in Figures 11a and  
391 Figure 11b, increasing print speed from 50mm/s to 100mm/s had a negative impact on the quality of  
392 the print leading to multiple gaps and thus poor printing. This is mainly because the volume of  
393 material that can be extruded per second (and therefore per mm) is limited in our set up.

394 Taking everything into account when extruding for repairing purposes the printing duration,  
395 speed and any delays, should be such that does not negatively impact the repair quality but at the same  
396 time is quick enough to maintain adequate viscosity and to allow proper sealing and curing to avoid  
397 moisture loss. In essence, the open time in repair applications can be viewed as not by the time a mix  
398 is printable but in which the time a mix can achieve adequate adhesion while avoiding excessive  
399 shrinkage. This, however, is closely linked to equipment limitations which can cause variations in the  
400 final time.

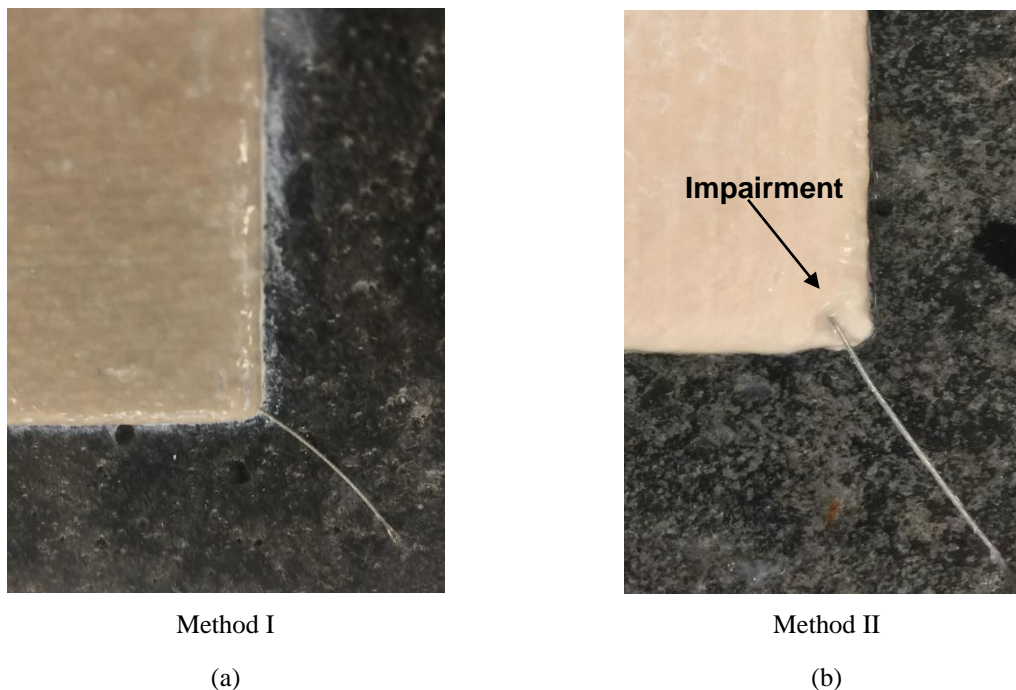


402 Figure 11: Poor printing due to increased print speed: a) printing at 100 mm/s, and b) printing at 50 mm/s.

403

#### 404 4.5 *Electrode insertion*

405 Electrode insertion is another parameter to take into account when 3D printing self-sensing materials.  
 406 In conventional smart materials, embedded electrodes are often inserted into moulds prior to casting  
 407 to ensure proper placement [82]. However, as 3D printing is a means of fabrication without the use of  
 408 moulds, other routes must be considered. In general, electrodes alone are capable of generating cracks  
 409 in cementitious materials [83]. Therefore, a proper electrode insertion method is necessary to avoid  
 410 any addition impairments to the patches. Figures 12a and 12b present the two electrode insertion  
 411 methods outlined in Section 3.2.4. Figure 12a refers to method I in which the electrodes are  
 412 prearranged and printed directly over and Figure 12b depicts method II in which the electrodes were  
 413 inserted into the object after it was printed.



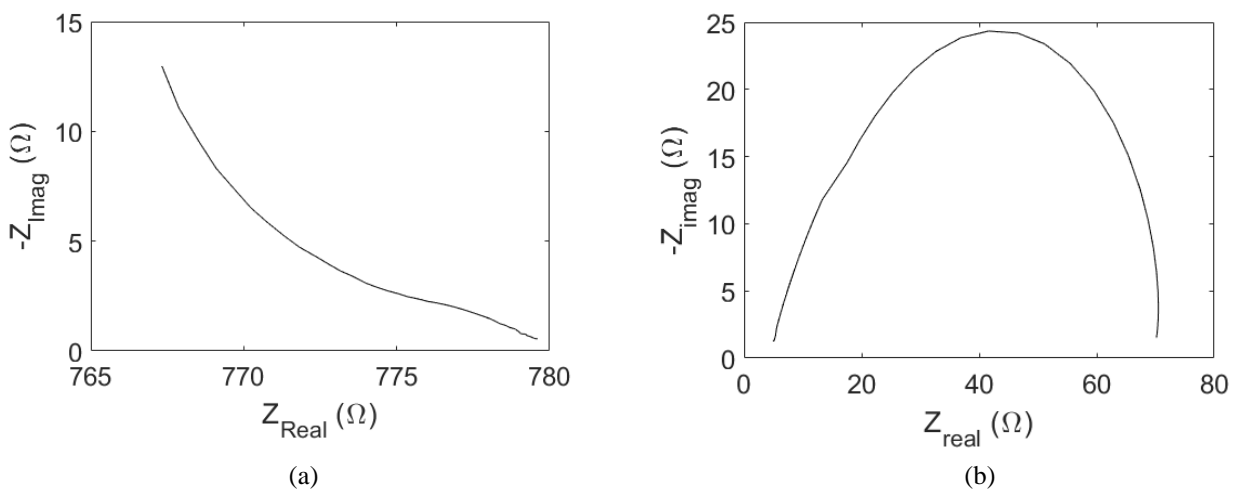
414 Figure 12: Electrode insertion methods can be a) prearranged, or b) inserted after printing.

415 It is evident that inserting the electrodes after printing causes impairments to the printed object  
 416 compared to printing directly onto them in a prearranged manner. When using method II the patch is  
 417 still in a relatively fresh state and it is still susceptible to deformations. Any unaccounted interferences  
 418 can impair the shape of the printed object, which in turn will carry over to the hardened state of the  
 419 material. This could pose an issue as this practice could generate undesired cavities making it prone to  
 420 water and chloride ingress. Furthermore, depending on the electrode size and impairment caused, the  
 421 geometrical and mechanical properties of the patch could be affected, and this can have knock-on  
 422 effects on sensor performance and reliability.

## 423 5. Results and discussion

### 424 5.1 Printed sensor: impedance response to temperature

425 Figure 13a present a typical Nyquist plot for a printed patch at room temperature (20 °C), for  
 426 frequencies between 10 Hz and 0.5 MHz respectively. As can be seen, the Nyquist plot of the patch  
 427 differs from the traditional semi-circle Nyquist plot of a geopolymers cube as depicted in Figure 13b  
 428 which is expected in cementitious materials [84]. The difference in Nyquist plots can be attributed to  
 429 various factors most likely influenced by the concrete-geopolymer interaction. The positive calcium  
 430 ions ( $\text{Ca}^{2+}$ ) from the concrete charge-balance the negative charge due to the aluminium ( $\text{Al}^{3+}$ ) ions in  
 431 the geopolymer creating a chemical bond at the interface between these two materials [33]. The  
 432 material that is being measured is the metakaolin geopolymer coating which is inherently low on  
 433 calcium (Ca) content [29]. It could be speculated that the chemical bond developed at the interface  
 434 between concrete and geopolymer results into a non-homogenous area compared to the rest of the  
 435 coating affecting the electrical properties at lower frequencies, introducing more than one semi-circle  
 436 [85]. Similar behaviour can be observed in concrete-steel interfaces in which the typical semi-circle  
 437 cannot be employed in that configuration due to the interaction between steel and concrete [85,86].  
 438 The magnitude of the impedance,  $Z$ , was relatively stable for each measurement between 10-1000 Hz  
 439 with a slight decreasing tendency that was more evident beyond 1000 Hz. Bearing this in mind, we  
 440 can infer that frequency has a minor effect on the sensing capacity of the patch.

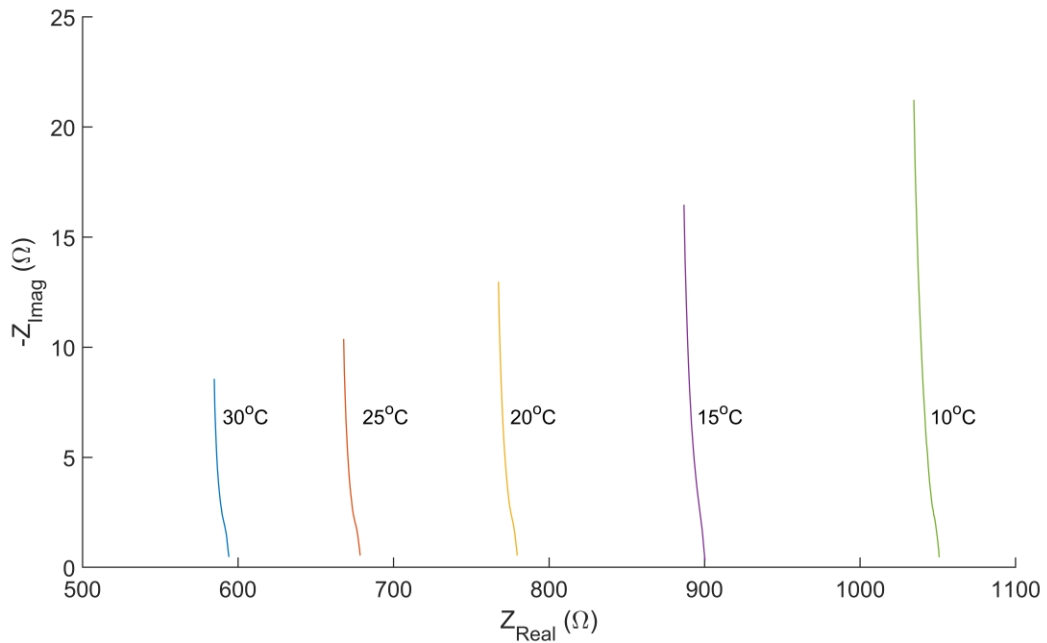


441 Figure 13: a) Typical Nyquist plot of printed patch. b) Typical Nyquist plot of metakaolin geopolymer cube

442 Figures 14 and 15 depict the Nyquist and Bode plot respectively for frequencies between  
 443 10 Hz –  $10^5$  Hz for the down cycle. As shown, a clear shift in impedance can be observed for the  
 444 different temperatures in both the Nyquist and Bode plot for each cycle. The sensor's response is in  
 445 accordance to the expected behaviour of geopolymers under these circumstances. In specific, the  
 446 impedance decreased with increasing temperature and increased when the temperature decreased. The

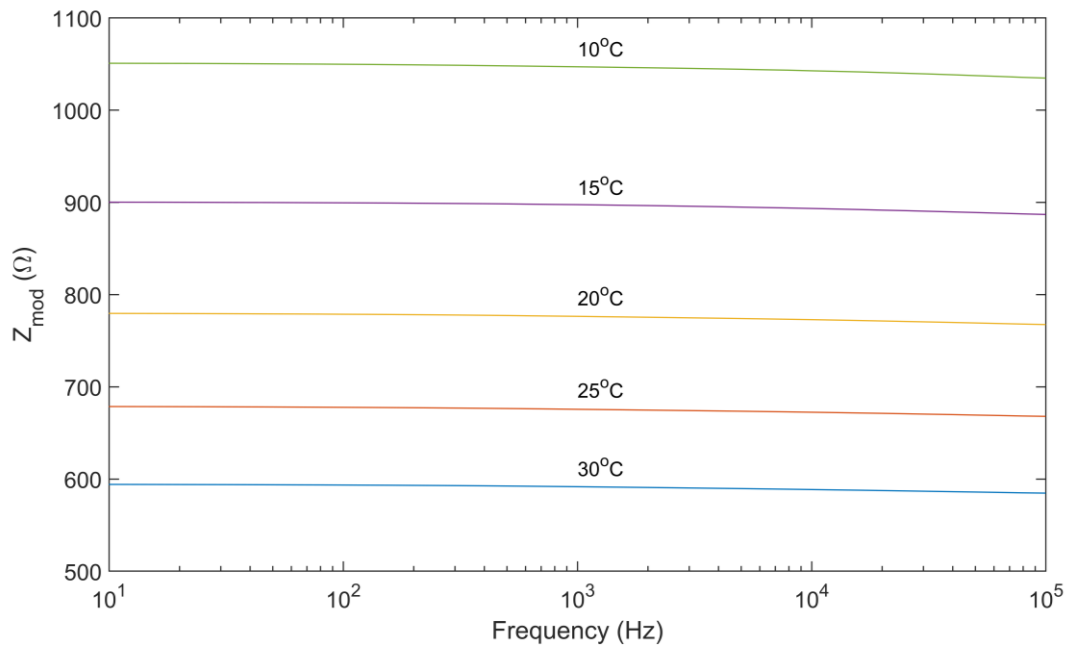


447 change in impedance under these conditions can be attributed to ion mobility in the pores of the patch.  
448 This behaviour is in accordance to previous authors [16,18,48].



449  
450  
451

Figure 14: Nyquist plot for each temperature during a down cycle

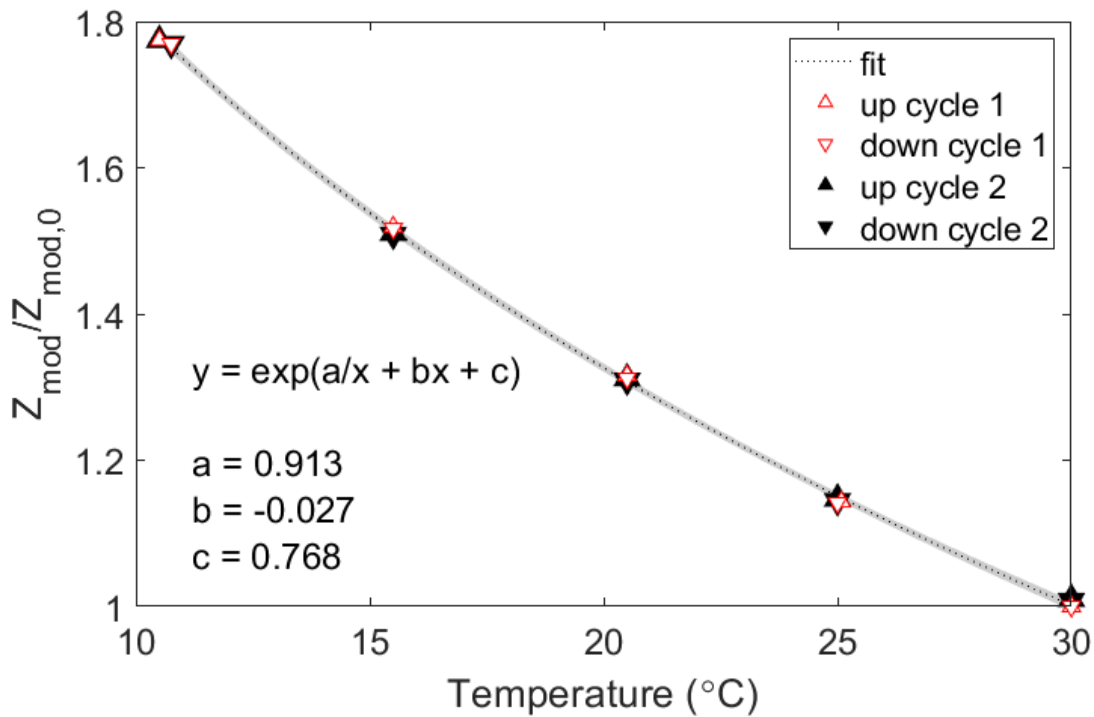


452  
453

Figure 15: Bode plot for each of temperature during a down cycle

454 Figure 16 plots the sensor response (at 1 kHz) against temperature during two temperature  
455 cycles taken over two days. The fit to equation (4) is excellent, and the sensor response is repeatable: the  
456 pooled repeatability was measured to be 0.3 °C. Under the current experimental conditions it has been  
457 assumed that the moisture content in the patch is relatively stable as moisture is controlled due to

458 sealed conditions and under the assumption no liquid in the patch is lost due absorption from the  
 459 concrete substrate. In practice, moisture conditions can be compensated for with a reference sensor.



460

461 Figure 16: Normalised impedance response of geopolymer patch to temperature during four temperature cycles. Shaded  
 462 regions shows the 95% confidence interval of the fit

463 5.1.1 Compressive strength

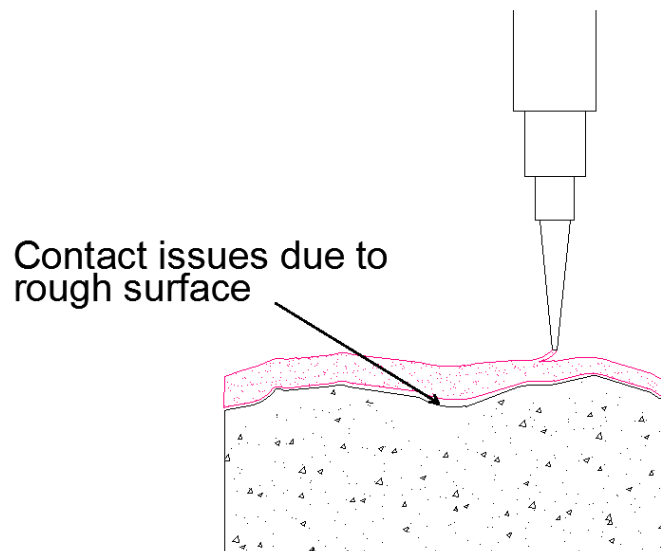
464 The compressive strength of the mix was  $24 \pm 1.7$  MPa after 1 day. This is slightly lower than  
 465 a typical geopolymer mix, and this is likely due to the high water content in the extrudable mix: this is  
 466 considered to hinder high strength development of the geopolymer [87].

467 5.1.2 Adhesion results

468 The average bond strength between the printed patch and the concrete substrate for 5 samples  
 469 was  $0.6 \pm 0.16$  MPa. The failure type in all geopolymer overlays was adhesion failure (failure at the  
 470 interface between the substrate and the repair). Conventionally applied metakaolin-based repairs with  
 471 proper optimization can achieve adhesion strength within the range of 1 - 2 MPa with the pull-off test  
 472 [14,78]. The difference in strength can be attributed to numerous factors. Firstly, as shown by  
 473 Vasconcelos et al. [36], metakaolin based geopolymer repairs can achieve poor bonding performance  
 474 if the mix design is not properly tailored. Metakaolin geopolymers have a high liquid demand, which  
 475 leads to excessive water in the alkaline solution. This promotes drying shrinkage thus compromising  
 476 the bond between the repair and the substrate at the interface [9,78]. Furthermore, the low adhesion  
 477 strength can also be attributed to 3D printing fabrication process. It could be that the mix is not  
 478 coming in to full contact with the substrate, thus compromising anchorage between the two materials  
 479 [75]. While the geopolymer repair was tuned to achieve both adequate printability and adhesion in  
 480 this experiment, the mix design was not optimized for achieving maximum levels of bond strength,  
 481 due to the trade-offs discussed in Section 4.2.

482 Another crucial factor that needs to be taken into account is the concrete substrate. In typical  
 483 3D printing applications, the printing bed should be level and smooth to ensure proper stability during  
 484 printing. In the current application, the effective printing bed is the concrete substrate, which as  
 485 previously mentioned in Section 3.2.2, has a rough surface to promote greater adhesion between the  
 486 repair and the substrate. While this practice is meant to increase adhesion, it could simultaneously

487 compromise adhesion in extrusion applications. As the head distance is measured from the highest  
488 peak of the surface in order to avoid nozzle obstruction, apart from gaps in printing as mentioned in  
489 Section 4.4, the contact between the two materials will not be uniform. This issue is even more  
490 prevalent the rougher the surface is. As illustrated in Figure 17 the geopolymer filament may not  
491 come into full contact with the substrate when the material is deposited onto a valley (area between  
492 two peaks on the surface). This could result into air pockets in the repair and due to the lack of  
493 compaction in the extrusion process this could cause an adverse effect on its bonding performance  
494 [88].



495

496

Figure 17: Non-uniform contact due to the rough surface of the concrete substrate

497 A potential solution to work around rough surfaces would be to employ a nozzle with a diameter  
498 larger than to the height difference between the highest and lowest peak of the surface to avoid the  
499 formation of air pockets. Moreover, this allows greater surface coverage which would minimize layers  
500 and print paths thus lessening the formation of gaps in the material formed due to printing and  
501 subsequently leading to a stronger object [50,89]. In addition, setting a smaller layer height than the  
502 nozzle diameter allows for greater compaction between layers [62] which could enable greater contact  
503 between the patch and the substrate. Finally, digitally scanning the surface profile and creating a  
504 respective G-code file could properly tailor the repair to the respective substrate. Further investigation  
505 is required to optimize the mix design and printing process to allow for a more suitable repair  
506 solution.

## 507 6. Conclusions

508 In this paper a 3D printed, multifunctional geopolymer sensor-repair for concrete structures was  
509 presented. The fabrication process and the temperature sensing response of the printed sensor were  
510 outlined. The performance of the sensor was in accordance to the expected behaviour of geopolymer  
511 dependence to temperature, with a resolution of 0.1 °C and a repeatability of 0.3 °C. The adhesion of  
512 the printed patch to the concrete substrate was 0.6 MPa. This bond strength was lower than a typical  
513 geopolymer repair due to the high degree of drying shrinkage and limitations in the 3D printing  
514 process itself. Further investigation is required to optimize 3D printing for repair and sensing  
515 applications. Future work involves exploring the sensor's capability in other areas such as strain  
516 sensing and damage detection.

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523

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