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# GazeLockPatterns: Comparing Authentication Using Gaze and Touch for Entering Lock Patterns

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## ABSTRACT

In this work, we present a comparison between Android's lock patterns for mobile devices (TouchLockPatterns) and an implementation of lock patterns that uses gaze input (GazeLockPatterns). We report on results of a between subjects study (N=40) to show that for the same layout of authentication interface, people employ comparable strategies for pattern composition. We discuss the pros and cons of adapting lock patterns to gaze-based user interfaces. We conclude by opportunities for future work, such as using data collected during authentication for calibrating eye trackers.

## CCS CONCEPTS

• Human-centered computing → Human computer interaction (HCI); Empirical studies in HCI.

## KEYWORDS

Gaze Patterns, Touch Patterns. Authentication

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## 1 INTRODUCTION

Graphical passwords, such as lock patterns, are a popular means of authentication especially among Android users [Ye et al. 2017]. In lock patterns, users authenticate by entering a pattern that connects up to 9 digits on a 3×3 grid. Lock patterns that are entered via touch (TouchLockPatterns, for short), have been extensively studied by the user-centred security community [Egelman et al. 2014; Harbach et al. 2016; Uellenbeck et al. 2013; von Zezschwitz et al. 2015]. This resulted in an understanding of how strong the TouchLockPatterns users create are, common pitfalls, and areas of improvement. At the same time, advances in gaze estimation accuracy and eye tracking hardware led to gaze gaining popularity for authentication as a more natural and secure modality for entering passwords [Katsini et al. 2020]. Gaze offers usability advantages



Figure 1: Study setup where we investigate the difference between using gaze and touch for entering lock patterns

over traditional modalities such as touch and pointing (e.g., mouse) and its subtleness makes it more secure against observation attacks.

Although gaze was employed for password entry, and showed promising results for entering graphical passwords [Bulling et al. 2012; De Luca et al. 2009], there is a gap in understanding how users create lock patterns using gaze. For example, do users create stronger lock patterns when using gaze as opposed to touch? Or do they make the same mistakes rendering lock patterns entered via touch vulnerable (e.g., the majority of users create TouchLockPatterns starting on the top left corner, making them more predictable)? This knowledge is important to understand whether adapting lock patterns for gaze authentication is a meaningful approach.

We study how the use of gaze influences the creation of lock patterns. We provide the first comparison of GazeLockPatterns to the well studied TouchLockPatterns to understand differences in usability and security on a tablet mobile device (Figure 1). Through a between-subjects study with 40 participants, we show that for the same interface, people employ similar password composition strategies. An analysis of gaze behaviour when entering lock patterns using touch suggests that long lock patterns could serve as a basis for eye tracker calibration. The findings are valuable for designers of authentication schemes in gaze-based systems.

## 2 RELATED WORK

Previous work analysed passwords created by users of Android TouchLockPatterns in the wild. Harbach et al. [Harbach et al. 2016] conducted a month-long field study in which they logged locking-related events on smartphones. Almost half of participants they surveyed had been using TouchLockPatterns. They found that the average pattern is of length 5.9 cells, and only 8 of them had set up

their device to make the strokes invisible. They found authentication times to increase on average by 147 ms for each additional cell in a pattern. Uellenbeck et al. [Uellenbeck et al. 2013] analysed the guessability of patterns and showed that users are biased in their choices; users are biased towards starting their patterns from the top left corner, and are biased against the centre. Von Zezschwitz et al. [von Zezschwitz et al. 2015] studied the influence of pattern length, line visibility, number of knight moves, number of overlaps and number of intersections on observation resistance. They found that line visibility and length are the most important security factors, in addition to pattern complexity. Literature also showed that users often select patterns that are short and constitute simple strokes [Andriotis et al. 2014; Uellenbeck et al. 2013]. Loge et al. [Loge et al. 2016] showed that age, gender, and experience in IT significantly influence the strength and length of chosen patterns.

The aforementioned work helped shape the user-centred security community's understanding of TouchLockPatterns' usability, and how the way people use them influences security. Work by Katsini and colleagues analysed touch or mouse-based graphical authentication schemes where passwords consist of a series of pictures [Katsini et al. 2019, 2018a,b,c]. However, none of these works discussed the use of gaze for entering lock patterns. We close this gap in understanding whether the same behaviours observed when creating and using lock patterns pertain for gaze, opposed to touch.

A recent survey on eye gaze for security and privacy applications [Katsini et al. 2020] showed that gaze is promising for password entry. In addition to usability benefits, gaze is subtle and hard to observe, and can be a powerful means to add biometrics as a layer on top of gaze-based passwords. Gaze can be used for implicit (biometric) authentication [Abdulin and Komogortsev 2015; Cantoni et al. 2018; Holland and Komogortsev 2012; Juhola et al. 2013; Pfeuffer et al. 2019; Sluganovic et al. 2018; Zhang et al. 2014] or explicit authentication, i.e., entering a password using gaze [Abdrabou et al. 2019; Best and Duchowski 2016; Kumar et al. 2019]. The latter is more relevant to our work: examples include EyePass [De Luca et al. 2008] and others [De Luca et al. 2007; Salehifar et al. 2019] based on gaze gestures, and smooth pursuit eye movement based systems [Khamis et al. 2018b,c; Pfeuffer et al. 2013; Rajanna et al. 2018; Rajanna et al. 2017]. De Luca et al. [De Luca et al. 2009] proposed EyePassShapes, that extend PassShapes [Weiss and De Luca 2008], a mouse-based scheme similar to lock patterns. EyePassShapes was not compared with its touch-based counterparts. The slight differences between PassShapes and lock patterns suggest that users' behaviour might be different when using either, thus warranting the need to understand users' behaviour for gaze lock patterns.

### 3 GAZELOCKPATTERNS: IMPLEMENTATION

We implemented a version of TouchLockPatterns that employs eye gaze for drawing the strokes between digits on a 3×3 grid. The system is based on an existing application [Code 2016] and was implemented in C#. We used a radius of 34 pixels for the interface buttons and the entry pad area size was 0.4 of the screen width and 0.25 of the screen height. The pad was centred in the middle of the screen. For gaze tracking, we used the raw data stream of a Tobii eye tracker and mapped it to the screen size. The gaze trace feature of Tobii was enabled during the gaze condition as an indication of

where the user is looking. The entry pad size and the gaze trace features were enabled as result of a pilot test with 3 participants. The pattern pad implementation enables users to enter patterns of size 4-9, overlaps were enabled and closed shapes were disabled. To trigger gaze input, users touch on the screen, perform the gesture and release. We used the same interface for TouchLockPatterns. Input was logged via touch rather than using the eye tracker.

## 4 EVALUATION

The main research question is: 'How different gaze authentication is from touch authentication?' We designed a between subjects experiment where half of the participants underwent the touch condition (TouchLockPatterns) while the other half underwent the gaze condition (GazeLockPatterns). There were security level scenarios inspired from literature [Loge et al. 2016]: The participants were asked to create a pattern for a smartphone, an account for online shopping (i.e. Amazon), and a new online banking profile. We studied the effect on different factors as used in literature [von Zezschwitz et al. 2015], e.g.: *Pattern Length, Intersections, Overlaps, Knight Moves, Observation risk, Start and End Positions*.

We invited 40 users (15F, 1 lefthanded, 2 contact lenses, 14 glasses) between 20 to 55 years (Mean=28.52, SD=9.5) to the experiment. A Microsoft Surface Pro 4 (2736 × 1824) was used with a Tobii 4C eye tracker (Figure 1).

Upon arrival, participants were introduced to the study, filled in a consent form and a demographics questionnaire, then calibrated the eye tracker. Participants then went through three blocks, one per scenario. For each scenario, participants 1) created a lock pattern, then reentered it for confirmation, and 2) rated the strength and the memorability of the entered pattern on a scale from 1 to 5 (5=very strong; highly memorable). At the end participants filled a questionnaire to share their experience with IT, IT security, lock patterns, the operating system of their smartphone, which authentication schemes they use, and their dominant hand. Those who experienced GazeLockPatterns additionally rated their experience of entering patterns using gaze, and reflected on the technique.

## 5 RESULTS

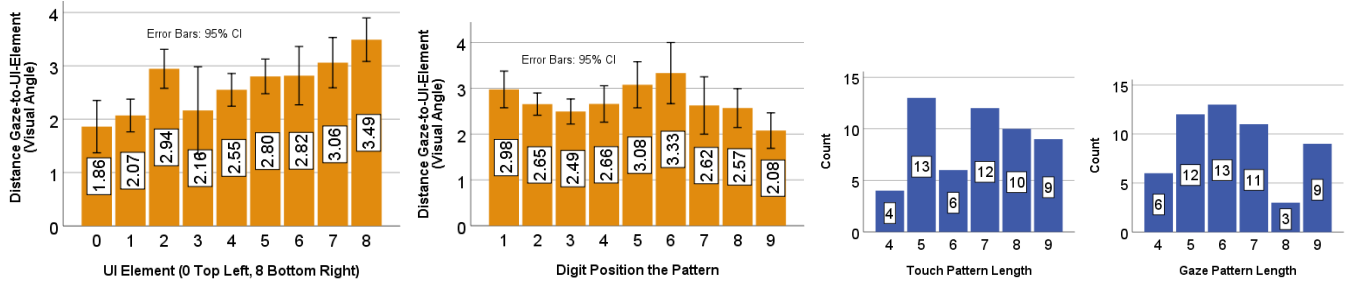
We analysed the effect of input modality on the aforementioned lock pattern properties for 120 patterns. Results are presented in Table 1. Statistical analysis was performed with repeated measures ANOVA and posthoc pairwise comparisons with Bonferroni correction.

### 5.1 Pattern Length

We first analyse the length of the patterns. The distributions of pattern lengths is shown in Figures 2c and 2d. The mean pattern length across TouchLockPatterns and GazeLockPatterns for each scenario. As seen, there are almost no noticeable differences. No significant differences were found between input modalities ( $F(1,53) = 1.308, p = .258$ ) of gaze ( $M=6.41; SD=1.654$ ) and touch ( $M=6.80; SD=1.784$ ). However, factor context revealed significant differences ( $F(2,58) = 5.396, p = .014$ ). Posthoc tests showed the smartphone context ( $M=5.93; SD=1.337$ ) had a significantly lower length than bank context ( $M=7.33; SD=2.07$ ).

**Table 1: Comparison between gaze and touch modalities for the 3 situations**

	Length		Intersections		Overlaps		Knight Moves		Observation Risk		Memorability		Perceived Strength	
	Touch	Gaze	Touch	Gaze	Touch	Gaze	Touch	Gaze	Touch	Gaze	Touch	Gaze	Touch	Gaze
<b>Smartphone</b>	5.7	5.9	1	3	1	1	2	2	80.25	79.48	4.4	4.2	2.9	2.8
<b>Shopping</b>	6.9	6.6	3	6	1	4	4	1	73.71	77.31	3.9	3.7	3.2	3.2
<b>Bank</b>	7.6	7.2	9	8	5	5	9	4	67.88	72.28	3.4	3.0	3.9	3.5



(a) Gaze distance relative to UI 9 digits (b) Gaze distance relative to positions (c) Touch frequency (d) Gaze frequency

**Figure 2: Gaze distance relative to the 9 grid digits (a) and the pattern positions (b), showing how closely users follow their finger; and the frequency of the users' chosen pattern lengths (c, d).**

## 5.2 Intersections

Intersections are “strokes which cross already drawn strokes” [von Zezschwitz 2016]. Users tend to include more intersections when using gaze than touch. However, the analysis did not reveal significant difference between gaze ( $M=.31$ ;  $SD=.54$ ) and touch ( $M=.24$ ;  $SD=.51$ ) modality ( $F(1,53) = .611$ ,  $p = .438$ ). Factor context showed significant differences between smartphone ( $M=.10$ ;  $SD=.31$ ), shopping ( $M=.27$ ;  $SD=.450$ ) and bank ( $M=.43$ ;  $SD=.68$ ), at  $F(2,58) = 3.718$ ,  $p = .025$ . Comparisons showed significantly less intersections with smartphone than bank context ( $p = .047$ ), potentially as drawing intersecting patterns using gaze is easier than when using touch.

## 5.3 Overlaps

We use overlaps as “crossing over an already activated cell by connecting to a distant cell” [von Zezschwitz 2016]. No significant differences were found for the modality between gaze ( $M=.19$ ;  $SD=.39$ ) and touch ( $M=.13$ ;  $SD=.39$ ) at  $F(1,53) = .525$ ,  $p = .472$ , neither for the context between smartphone ( $M=.07$ ;  $SD=.25$ ), shopping ( $M=.13$ ;  $SD=.34$ ) and bank ( $M=.30$ ;  $SD=.54$ ) at  $F(2,58) = 3.222$ ,  $p = .097$ .

## 5.4 Knight Moves

A knight move “specifies the connection of two distant cells which are not directly neighbored.” [von Zezschwitz 2016]. Analysis did not reveal significant difference between gaze ( $M=.13$ ;  $SD=.34$ ) and touch ( $M=.28$ ;  $SD=.66$ ) modality ( $F(1,53) = 2.180$ ,  $p = .146$ ), neither for the context ( $F(2,58) = 1.661$ ,  $p = .269$ ), between smartphone ( $M=.10$ ;  $SD=.31$ ), shopping ( $M=.17$ ;  $SD=.46$ ) and bank ( $M=.33$ ;  $SD=.71$ ). It was noticed that users include more knight moves in the bank situation, potentially due to the perceived sensitivity of the situation which requires a stronger password.

## 5.5 Observation Risk

Observation risk is a function of number of cells, knight moves, overlaps, and intersections [von Zezschwitz 2016] that outputs a

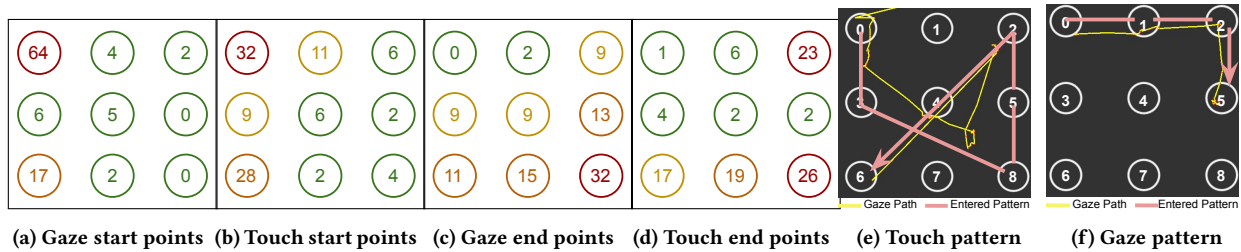
higher number with higher risk. We discard the parameter “visibility of the strokes” as the strokes were visible in both conditions. We find gaze has a slightly higher mean observation risk than touch, although no significant differences were found between gaze ( $M=76.49$ ;  $SD= 9.89$ ) and touch ( $M=74.18$ ;  $SD=11.66$ ) modality ( $F(1,53) = 1.345$ ,  $p = .251$ ). A significant difference was revealed for smartphone ( $M=79.92$ ;  $SD= 7.30$ ), shopping ( $M=74.89$ ;  $SD=9.21$ ) and bank ( $M=70.19$ ;  $SD=13.68$ ) context at  $F(2,58) = 7.05$ ,  $p = .005$ . The posthoc test showed that the smartphone context resulted in significantly higher vulnerability than the bank context ( $p = .004$ ), indicating touch patterns are slightly more secure to observation attacks. However, the nature of gaze input implies that it is robust to observation attacks, indicating that in future work the observation risk equation should be refined.

## 5.6 Memorability

Participants were asked to rate the memorability of the created patterns. Table 1 shows participants created similar patterns for both modalities. Analysis did not reveal significant difference between gaze ( $M=3.62$ ;  $SD=1.44$ ) and touch ( $M=3.98$ ;  $SD= 1.15$ ) modality ( $F(1,49) = 2.309$ ,  $p = .135$ ). Significant differences were found for smartphone ( $M=4.30$ ;  $SD= 1.06$ ), shopping ( $M=3.77$ ;  $SD= 1.22$ ) and bank ( $M=3.03$ ;  $SD= 1.38$ ), at  $F(2,58) = 9.05$ ,  $p = .001$ . Posthoc tests showed, as expected, that smartphone patterns are significantly more memorable than bank ( $p = .001$ ).

## 5.7 Perceived Strength

There is almost no difference between the rated strength of the patterns between gaze and touch (Table 1). There are minor differences for the 3 scenarios between gaze ( $M=3.14$ ;  $SD=.990$ ) and touch ( $M=3.30$ ;  $SD=1.129$ ) modality ( $F(1,49) = .635$ ,  $p = .429$ ). A significant difference was found for smartphone ( $M=2.77$ ;  $SD=1.01$ ), shopping ( $M=3.20$ ;  $SD=.89$ ) and bank ( $M=3.63$ ;  $SD=1.16$ ) context



**Figure 3: Start and end point distribution for gaze and touch patterns in percentages (a-d) showing top-left / bottom-right trends; and examples of the gaze path when entering a lock pattern with touch (e) or with gaze (f).**

( $F(2,58) = 6.44, p = .002$ ), showing that bank patterns were perceived significantly stronger than smartphone patterns ( $p = .002$ ).

### 5.8 Start and End Position

The majority of users tend to start their patterns from the top left corner [Uellenbeck et al. 2013]. We also analysed start and end positions for our patterns. We found that the majority of users (64%) also tend to start their patterns from the top left corner while using gaze. However, for touch 32% of the patterns started from the top left corner and 28% of the patterns started from the bottom left corner. For the end position in the gaze condition, we found that the majority of users (32%) tend to end their patterns with the right down position. However, for the touch end position 26% of the users ended their pattern with the right down position and 23% ended their patterns with top right point.

### 5.9 Additional Analysis: Gaze Calibration

Authentication and calibration are both secondary tasks, in the user's way to achieve their goal (e.g., write a message). Calibration is a tedious task, and conducting the calibration implicitly can improve usability [Pfeuffer et al. 2013]. We investigated whether the gaze data collected during TouchLockPattern authentication can be used to calibrate the eye tracker. The idea is that if the user's TouchLockPattern matches their gaze points, we could draw mappings between eye movements and positions on the screen, and use this data to calibrate the eye tracker.

We plotted the gaze path while entering patterns (Figure 3e-f). Users tend to look at the digits they are selecting when entering a TouchLockPattern. We calculated the visual angle of the gaze path for each point on the UI grid (the distance between the center of the UI element and the users gaze at the moment the finger enters the digit), shown in Figure 2a. We found the gaze is close to the digit at top left corner digits 0, 1, 3 ( $M=1.45^\circ$ ), and further away at bottom right corner digits 5, 7, 8 ( $M=3.1^\circ$ ).

We then analysed the gaze path with respect to the digit position in the patterns (i.e., distance between gaze at the moment the finger enters the digit, and the center digit position). As the pattern length increases, the gaze data becomes more accurate from 3 to 2 $^\circ$  (Figure 2b). A reason may be, as with longer patterns, difficulty increases and users visually carefully inspect their touch. Thus, longer patterns can lead to more precise calibration data, which needs to be carefully designed as longer patterns reduce memorability (a Pearson correlation indicated negative correlation between memorability and length of patterns ( $r = -0.34, n = 284, p < 0.001$ )).

### 5.10 Discussion

Overall we found no significant difference between gaze and touch modalities, suggesting that findings from studies that investigated TouchLockPatterns are likely to match those on GazeLockPatterns. Users tend to use similar strategies (i.e. length and overlaps) while using the same interface with different modalities. Also, finding that user's gaze while doing TouchLockPatterns in 2 angles view opens a new design paradigm for future calibration methods. In addition to its known resistance to the common attack schemes, i.e., shoulder surfing [Kumar et al. 2007], smudge attacks [Aviv et al. 2010], and thermal attacks [Abdelrahman et al. 2017], we find gaze has promising potential as a secure and usable modality for entering lock patterns. Eye tracking is increasingly becoming more available in off the shelf devices (e.g., many smartphones come with front-facing depth cameras) [Khamis et al. 2018a], which makes this an even more promising time to adopt gaze for authentication.

## 6 CONCLUSION AND FUTURE WORK

In this work, we investigated the difference between how users created touch and gaze patterns for authentication where we recorded gaze data for both conditions. We conducted a between subjects evaluation ( $N=40$ ) where we asked the participants to create 3 patterns for 3 different scenarios. We found that as long as the interface is the same, people tend to use the same strategies. We also found that gaze is similar to touch while doing patterns, hence, it can be integrated to existing systems with no additional changes to the interface. We also found that user's gaze follow their touch pattern; future work should investigate in depth whether the user's gaze during authentication can be leveraged for calibration.

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