

Combined associations of a polygenic risk score and classical risk factors with breast cancer risk

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Abstract

We evaluated the joint associations between a new 313-variant PRS (PRS₃₁₃) and questionnaire-based breast cancer risk factors for women of European ancestry, using 72,284 cases and 80,354 controls from the Breast Cancer Association Consortium. Interactions were evaluated using standard logistic regression, and a newly developed case-only method, for breast cancer risk overall and by estrogen receptor status. After accounting for multiple testing, we did not find evidence that per-standard deviation PRS₃₁₃ odds ratio differed across strata defined by individual risk factors. Goodness-of-fit tests did not reject the assumption of a multiplicative model between PRS₃₁₃ and each risk factor. Variation in projected absolute lifetime risk of breast cancer associated with classical risk factors was greater for women with higher genetic risk (PRS₃₁₃ and family history), and on average 17.5% higher in the highest vs lowest deciles of genetic risk. These findings have implications for risk prevention for women at increased risk of breast cancer.

Precision prevention and early-detection of cancer is a key aim of cancer research and utilizes tools such as risk prediction models for risk stratification[1, 2]. Many breast cancer risk prediction models are focused either on classical risk factors or on inherited mutations causing a moderate-to-high risk of cancer, and do not include risk associated with common susceptibility variants[3]. Modeling the joint associations of genetic and classical risk factors could result in substantial improvement in risk stratification and therefore improved prevention and screening modalities for breast cancer[4-7] .

Combined associations of SNPs can be summarized by a polygenic risk score (PRS); women in the top 1% of the newly derived 313-SNP PRS(PRS_{313}) have a four-fold increased risk of breast cancer than women at population-average risk[8]. Previous studies, which evaluated combined associations between classical risk factors and breast cancer PRS based on 77 SNPs[9] and 24 SNPs[10], found weak or no evidence of departure from the multiplicative risk assumption for overall breast cancer. In the current study, we extend these analyses to assess the combined associations of the PRS_{313} and classical risk factors using data from the Breast Cancer Association Consortium (BCAC). This new PRS has been validated by prospective studies and shown to be more predictive than the previously reported 77-SNP PRS[11] for risk of breast cancer overall as well as for estrogen receptor (ER) subtype-specific breast cancer[8]. Additionally, this study found evidence of interaction for ER-positive disease between PRS_{313} and family history, indicating the need to consider the joint effects of these two factors[8].

Detailed information on study samples, genetic data and risk factor data is provided in the **Supplementary Materials**. Briefly, we performed analyses using data from women of European ancestry from 16 prospective cohorts, 14 population-based case-control studies and 16 non-population based studies included in BCAC (**Supplementary Table 1**). Samples were genotyped

using two arrays, iCOGS[12] and OncoArray[13-15]. Risk factor data were derived with respect to a reference age (date at diagnosis for cases and date at interview for controls). Development of the PRS is briefly explained in **Supplementary Materials**[8]. We standardized the PRS to have unit standard deviation for the controls.

Departure from the assumption of multiplicative combined effects of standardized PRS₃₁₃ and each risk factor was assessed using two methods, unconditional logistic regression model and likelihood ratio test, and a newly developed case-only method, which assumes independence between PRS and risk factors in the underlying population and has greater efficiency compared with logistic regression[16]. Individual models were fitted for each PRS-risk factor combination for overall and ER-specific breast cancer. Models were adjusted for reference age, study, and corresponding ten ancestry-informative principal components for each array. Array-specific results were meta-analyzed using a fixed-effect inverse-variance weighted method. To evaluate global goodness-of-fit of the multiplicative model between PRS₃₁₃ and each risk factor, we performed the Hosmer-Lemeshow test using population-based studies. Moreover, we assessed goodness-of-fit at the extremes of the distribution (tails) using a tail-based test[17]. Using the iCARE-BPC3 model[4], we projected absolute lifetime risk of breast cancer for 50-year old White non-Hispanic US women up to age 80 years. We assessed the distribution of risk due to classical (i.e. menstrual/reproductive, and lifestyle) and modifiable risk factors, respectively, within categories of risk defined by genetic factors (i.e. breast cancer family history and PRS₃₁₃).

Associations between PRS₃₁₃ and overall and ER-specific breast cancer risk are likely to be over-estimated because there was substantial overlap between the SNP discovery samples and our dataset (**Supplementary Figure 1**). The number of cases and controls varied for each risk factor, ranging from 61,617 cases and 74,698 controls for ever parous to 14,576 cases and 19,640

controls for pack-years smoked for overall breast cancer risk (**Supplementary Table 2**). Based on the population-based case-control and prospective cohort studies, the associations of the risk factors with overall and ER subtype-specific breast cancer were of the expected magnitude and direction (**Supplementary Table 3**).

After accounting for multiple testing using Bonferroni adjustment ($p_{\text{int}} < 0.05/16 = 0.003$), none of the interactions between PRS₃₁₃ and any classical risk factor was statistically significant except for family history (**Table 1**). All statistical tests were two-sided. The observed interaction between PRS₃₁₃ and family history for ER-positive breast disease is consistent with what has been previously published based on an overlapping dataset[8]. Such an interaction was also found for overall and ER-negative breast cancer risk. There was no evidence for a clear dose-response in the estimated ORs associated with classical risk factors when stratified by PRS percentiles (**Supplementary Figure 2-4**). Neither global nor tail-based goodness-of-fit tests supported departure from the multiplicative model for any risk factor, for both overall and ER-positive breast cancer (**Supplementary Table 4**). Goodness-of-fit tests were not performed for ER-negative breast cancer due to the relatively small sample size.

Lack of evidence for substantial departure from the multiplicative assumption between the PRS₃₁₃ and risk factors using this large study implies that the absolute risk associated with each classical risk factor is greater for women with higher polygenic risk[5, 18]. This is illustrated by our projections, which show that the lifetime risk due to classical risk factors was higher with a wider variation across women who are at a higher risk due to genetic factors (PRS₃₁₃ and family history) (**Figure 1A**), and consistent with a recent study of BMI combined with a measure of familial risk based on multi-generational family history[18]. The predicted average lifetime risk due to all classical risk factors for women in the lowest and highest deciles

of the genetic risk were 21.9% and 4.4%, respectively, so the difference in risk was 17.5%. The difference in risk between these two deciles associated with the subset of modifiable risk factors was 16.5% (**Figure 1B**). However, the absolute risk projections shown in Figure 1 should be viewed with caution since they assume perfect model calibration. In addition, these absolute risk projections require validation.

Our analyses using the current PRS₃₁₃ are based on a sample size three times larger than that used in previously published BCAC analyses[9], although the dataset for ER-negative breast cancer is still limited. Our previous work on the PRS₃₁₃ development[8] and the current analyses are based on European ancestry and may not be generalizable to other populations, highlighting the need for more studies in populations of non-European or mixed ancestry.

Overall, the combined associations of the newly developed PRS₃₁₃ and the classical risk factors on breast cancer risk are well explained by a multiplicative model, except for family history, and will inform the development of overall and ER-specific risk prediction models in future. Most importantly, our findings suggest that preventive strategies aimed at modifying individual risk factors could have stronger impact on absolute risk reduction for women at higher genetic risk.

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Table 1: Odds ratios and 95% confidence intervals for multiplicative interactions between the 313 SNP-polygenic risk score (continuous) and classical risk factors of breast cancer, overall and by estrogen receptor (ER) status

Risk Factors	Controls	Case-control logistic regression method ^{*‡}									Case-only linear regression method ^{*†‡}					
		Overall breast cancer risk			ER-positive breast cancer risk			ER-negative breast cancer risk			Overall breast cancer risk		ER-positive breast cancer risk		ER-negative breast cancer risk	
		Cases	OR _{int} (95% CI)	P _{int}	Cases	OR _{int} (95% CI)	P _{int}	Cases	OR _{int} (95% CI)	P _{int}	OR _{int} (95% CI)	P _{int}	OR _{int} (95% CI)	P _{int}	OR _{int} (95% CI)	P _{int}
Age at menarche (per 2 years)	64087	52170	1.01 (0.99-1.03)	0.26	36820	1.01 (0.99-1.03)	0.29	8323	1.01 (0.98-1.04)	0.55	1.01 (1.00-1.02)	0.22	1.01 (0.99-1.02)	0.37	1.02 (0.99-1.06)	0.21
Ever parous (yes/no)	72552	59298	0.97 (0.93-1.00)	0.07	41858	0.98 (0.94-1.02)	0.35	9273	0.98 (0.92-1.05)	0.57	0.97 (0.94-1.00)	0.08	0.99 (0.96-1.03)	0.72	1.00 (0.92-1.09)	0.97
Number of children (1,2,3,≥4) [§]	61654	48786	1.00 (0.99-1.02)	0.96	34666	1.00 (0.99-1.02)	0.73	7552	0.99 (0.96-1.02)	0.53	1.01 (0.99-1.02)	0.38	1.01 (1.00-1.03)	0.11	1.00 (0.97-1.04)	0.90
Age at FFTP (per 5 years) [§]	53042	41671	1.00 (0.99-1.02)	0.82	29601	1.00 (0.98-1.01)	0.68	6517	0.99 (0.96-1.02)	0.52	1.00 (0.98-1.01)	0.39	0.99 (0.97-1.00)	0.06	1.00 (0.97-1.03)	0.92
Breastfeeding (yes/no) [§]	37568	34199	1.02 (0.98-1.06)	0.44	24273	1.01 (0.96-1.05)	0.81	5548	1.01 (0.95-1.08)	0.74	1.02 (0.99-1.05)	0.17	1.02 (0.98-1.06)	0.36	1.02 (0.95-1.11)	0.55
Duration of breast feeding (per 12 months) [§]	26367	27741	1.00 (0.98-1.02)	0.71	19329	1.00 (0.97-1.02)	0.76	4669	0.99 (0.95-1.03)	0.57	1.01 (0.99-1.03)	0.32	1.01 (0.99-1.03)	0.57	0.99 (0.96-1.03)	0.77
Adult height (per 5 cm)	62414	54847	0.99 (0.98-1.00)	0.07	38730	0.99 (0.98-1.00)	0.04	8682	1.00 (0.98-1.02)	0.77	1.00 (0.99-1.01)	0.92	0.99 (0.98-1.01)	0.29	1.01 (0.99-1.03)	0.48
Premenopausal BMI (per 5 kg/m ²)	15610	12837	0.98 (0.95-1.00)	0.08	8354	0.99 (0.96-1.02)	0.48	2333	0.95 (0.91-1.00)	0.04	0.97 (0.94-1.00)	0.02	1.00 (0.96-1.03)	0.77	0.95 (0.89-1.01)	0.10
Postmenopausal BMI (per 5 kg/m ²)	46137	37088	1.01 (0.99-1.02)	0.49	27305	1.01 (0.99-1.02)	0.39	5260	1.01 (0.99-1.04)	0.36	1.01 (1.00-1.02)	0.29	1.01 (1.00-1.03)	0.08	0.99 (0.96-1.02)	0.45
Ever use of oral contraceptives (yes/no)	56768	44979	1.01 (0.98-1.04)	0.63	31640	1.02 (0.98-1.05)	0.36	7061	1.02 (0.97-1.08)	0.42	0.99 (0.97-1.02)	0.45	1.00 (0.97-1.02)	0.75	1.01 (0.95-1.08)	0.73
Current use of	20896	19047	1.07	0.02	14465	1.06	0.08	2761	1.05	0.49	1.00	0.93	0.98	0.32	1.04	0.59

EPT (yes/no) ^{¶, #}			(1.01-1.14)			(0.99-1.13)			(0.92-1.19)			(0.96-1.04)			(0.93-1.03)			(0.91-1.18)
Current use of Estrogen-only therapy (yes/no) ^{¶, #}	20716	18716	0.97 (0.91-1.03)	0.33	14201	0.96 (0.90-1.03)	0.28	2733	1.06 (0.94-1.20)	0.37	0.96 (0.91-1.01)	0.09	0.94 (0.89-0.99)	0.03	1.08 (0.95-1.23)	0.26		
Alcohol consumption (per 10g/day)	16851	14484	1.00 (0.97-1.02)	0.75	10253	0.98 (0.96-1.00)	0.07	2259	1.06 (1.01-1.11)	0.03	1.00 (0.99-1.02)	0.71	0.99 (0.97-1.01)	0.19	1.04 (1.00-1.08)	0.06		
Current smoking (yes/no) ^{**}	56308	43303	1.04 (1.00-1.08)	0.07	30486	1.05 (1.00-1.10)	0.03	6813	1.05 (0.97-1.13)	0.25	1.02 (0.98-1.05)	0.42	1.02 (0.98-1.06)	0.40	1.03 (0.95-1.11)	0.52		
Pack-years of smoking (per 10 pack-years) ^{††}	15990	11766	0.99 (0.98-1.01)	0.43	8268	0.99 (0.97-1.01)	0.19	1778	0.99 (0.96-1.02)	0.67	1.00 (0.99-1.01)	0.97	1.00 (0.99-1.01)	0.99	1.00 (0.97-1.03)	0.97		
Family history in a first-degree relative (yes/no) ^{‡‡}	50955	42024	0.93 (0.89-0.96)	0.00003	28909	0.93 (0.90-0.97)	0.0008	6921	0.93 (0.87-0.99)	0.03	—	—	—	—	—	—		

* Number of cases are same for case-control and case-only method

† The case-only analyses do not provide additional evidence to case-control analyses

‡ Models are adjusted for reference age, study and ten ancestry-informative principal components

§ Among parous women

|| Among premenopausal women

¶ Among postmenopausal women

Models used to assess association with the use of MHT have been further adjusted for former use of any MHT, and use of other MHT preparations than the MHT preparation of interest

** Models used to assess association with current smoking have been further adjusted for former smoking

†† Among ever smoked

‡‡ PRS and family history are not independent therefore, case-only analyses were not conducted for family history

OR_{int}: Interaction odds ratio (per SD of PRS₃₁₃), CI: confidence intervals, SNP: single nucleotide polymorphisms, FFTP: First full-term pregnancy, BMI: Body mass index, MHT:

Menopausal hormonal therapy, EPT: Estrogen-progesterone therapy.

Figure 1: Distribution of absolute lifetime risk explained by a) all classical risk factors, b) modifiable classical risk factors within decile categories of genetic risk, due to 313-variant polygenic risk score (PRS) and family history, for 50-year old White non-Hispanic women in the United States before 80 years.

The solid horizontal lines represent the mean risk within each decile, while the dashed horizontal line across the plot represents the population lifetime mean risk (10.9%). Lifetime risk is estimated using the iCARE-BPC3 model and refers to absolute risk from age 50 to 80 years. The genetic component includes the 313-variant polygenic risk score and breast cancer family history. The classical risk factor component includes following risk factors: age at menarche, age at menopause, parity, age at first birth, height, body mass index, alcohol intake, smoking status, ever and current use of hormone replacement therapy (HRT), and HRT type among ever users. The modifiable classical risk factor component includes BMI, ever or current use of HRT, smoking status, and alcohol consumption. Outliers defined as points beyond 1.5 times the interquartile range below the first quartile or above the third quartile were excluded from the plot.

1 **Supplementary Methods**

2 *Study participants*

3 Analyses were conducted using data from 46 studies (16 prospective cohorts, 14 population-based case-
4 control studies and 16 non-population based studies) participating in BCAC (Supplementary Table 1).
5 Participants were excluded if they were male, were of non-European descent, had breast cancer of unknown
6 invasiveness or had in-situ breast tumors. Women with unknown reference age (defined as age at diagnosis
7 for cases and age at interview for controls) and women who had prevalent disease at the time of recruitment
8 were also excluded from the analyses. After implementation of the above exclusion criteria, studies with at
9 least 150 cases and 150 controls having genetic data and information on at least one of the lifestyle risk
10 factor were included in the further analyses. All studies were approved by the relevant ethics committee
11 and written informed consent was acquired from the study participants.

12 *Genetic data*

13 Two custom-made genotyping arrays: iSelect genotyping array (iCOGS) and OncoArray 500K (Oncoarray)
14 were used to genotype the samples. Detailed information about genotyping and imputation can be found
15 elsewhere [1-4]. Briefly, 28,176 cases and 32,209 controls of European ancestry were genotyped by the
16 iCOGS array, containing 211,155 SNPs, and 44,109 cases and 48,145 controls were genotyped by
17 Oncoarray, comprising of 533,000 SNPs, of which 230,000 SNPs served as “GWAS backbone” (Illumina
18 HumanCore).

19 *Epidemiological data*

20 Epidemiological data from different studies was centrally quality controlled and harmonized to a common
21 data dictionary and was derived with respect to a reference date (age at diagnosis for cases and age at
22 interview for controls). The mean (standard deviation) of reference age in the iCOGS data set is 57.5 (11.3)
23 years for cases and 56.8 (11.4) years for controls. In the OncoArray dataset, the mean (standard deviation)

1 reference age is 59.5 (11.7) years for cases and 57.3 (11.9) years for controls. The following lifestyle risk
2 factors variables were used in the analysis: age at menarche (per 2 years), ever parous (yes or no), ever use
3 of oral contraceptives (yes or no), adult body mass index (BMI) separately for pre- and postmenopausal
4 women (per 5 kg/m²), adult height (per 5 cm), lifetime alcohol consumption (per 10 g/day), current smoking
5 (yes or no), and family history defined as family history of breast cancer in a first-degree relative (yes or
6 no). Further reproductive variables, including number of full-term pregnancies (1, 2, 3 and ≥ 4), age at first
7 full-term pregnancy (per 5 years), ever breastfed (yes or no), duration of breastfeeding (per 12 months)
8 were assessed in parous women. Current use of combined estrogen-progesterone menopausal hormonal
9 therapy (MHT) (yes or no) and current use of estrogen-only MHT (yes or no) were analyzed for
10 postmenopausal women. Women were categorized as pre- and postmenopausal based on their self-reported
11 menopausal status. In case of missing menopausal status, reference age (<54 years: premenopausal and ≥ 54
12 years: postmenopausal) was used as surrogate to assign menopausal status.

13 *Creation of PRS*

14 Detailed information on creation of PRS is explained in Mavaddat *et al.*[5]. Briefly, using the Breast Cancer
15 Association Consortium data from 69 studies comprising of nearly 94,000 cases and 75,000 controls of
16 European descent, a new 313-SNP PRS was developed. SNPs were sorted and ranked based on their p-
17 value of the associations with overall breast cancer risk. SNPs were then filtered in linkage disequilibrium
18 and correlation such that, uncorrelated SNPs with lowest p-values were taken forward. Two approaches
19 were employed to the remaining SNPs after preliminary filtration: (i) hard thresholding and stepwise
20 forward regression model and (ii) penalized lasso regression method. Effect estimates for all the SNPs
21 chosen by these methods were assessed in a logistic regression model in order to develop a best PRS. For
22 ER-subtype specific PRS, effect estimates were obtained from case-only lasso model, otherwise overall
23 estimates were utilized. The best PRS was further validated in an independent dataset of 10 prospective
24 studies (approximately 11,000 cases and 18,000 controls) and also using data from the UK Biobank cohort
25 (nearly 3,000 breast cancer incident cases).

1 Individual PRS was derived using the formula

$$2 \text{ PRS} = \beta_1 x_1 + \beta_2 x_2 + \dots + \beta_k x_k \dots + \beta_n x_n$$

3 where β_k is per-allele log risk ratio (in this case, odds ratio) for breast cancer established with the minor
4 allele of SNP k , x_k is the dosage of the allele for SNP k and n is the total number of SNPs (which is 313 in
5 these analyses). The effect estimates used to construct the PRS₃₁₃ are obtained from Supplementary Table
6 7 of Mavaddat *et al.*[5]. Subtype-specific PRSs were created by incorporating ER-subtype specific weights.

7 Overall, the 313-SNP PRS showed evidence of increased risk of overall breast cancer with an odds ratio
8 (OR) of 1.65 (95% CI = 1.59-1.72) per 1 SD for the PRS. This PRS was found to be more predictive for
9 ER-positive breast cancer risk with OR of 1.74 (95% CI = 1.66-1.82) per SD of PRS when compared to
10 ER-negative breast cancer risk (OR = 1.65, 95% CI = 1.59-1.72).

11 *Statistical analysis*

12 Interaction odds ratio (OR) and 95% confidence interval were assessed using unconditional logistic
13 regression and likelihood ratio tests. We also conducted a newly developed case-only method [6] to evaluate
14 the departure from multiplicative model between polygenic risk score (PRS) and lifestyle risk factors. This
15 method takes into account the independence between PRS and risk factors, and has been shown to be more
16 efficient over the logistic regression. The interaction between PRS and risk factors is evaluated using a
17 simple linear regression of the PRS on the risk factors in the sample of cases. To check the independence
18 assumption between the PRS and classical risk factors, we calculated pair-wise Spearman correlations for
19 all variables using unaffected controls (Supplementary Figure 5).

20 Individual models were fitted for each PRS-risk factor combination for overall and ER-specific breast
21 cancer. The ER-specific PRS was used for interaction analyses of the corresponding ER-specific breast
22 cancer risk. Each model was adjusted for reference age (date at diagnosis for cases and date at interview
23 for controls), study and ten array-specific principal components. An indicator variable for study design
24 was created (prospective cohort/population-based case-control vs. non-population-based studies). To

1 account for potential differential main effects of risk factors by study design (prospective cohort/population-
2 based, non-population based), an interaction term between risk factor and the aforementioned indicator
3 variable was also added to the model, along with main effects. Models assessing current use of menopausal
4 hormonal therapy (MHT) by type (estrogen-progesterone combined (EPT) or estrogen-only therapy (ET))
5 were further adjusted for former use of any MHT and former use of MHT other than the one being assessed.
6 The association analysis of current smoking was further adjusted for former smoking. Analyses were
7 conducted separately for iCOGS and OncoArray and then results were meta-analyzed using fixed-effect
8 inverse-variance method. Analyses were conducted using SAS 9.4 [7] and R version 3.4.4[8].

9 Using the population-based studies, we evaluated the goodness-of-fit of a multiplicative model between
10 PRS₃₁₃ and individual risk factors for overall and ER-positive breast cancer risk. Global goodness-of-fit
11 was tested using the Hosmer-Lemeshow (HL) test to compare expected and observed risks by quantiles.
12 Furthermore, goodness-of-fit was tested at the extremes of the distribution (tails) by using the tail-based
13 goodness of fit [9]. Due to relatively small number of cases, goodness of fit was not tested for ER-negative
14 breast cancer risk.

15 We used the iCARE-BPC3 model [10] to estimate the distribution of lifetime risk of breast cancer for 50-
16 year old White non-Hispanic US women before attaining 80 years. For these calculations, we utilized an
17 individual level reference dataset of risk factors representative of this population [11] as well as breast
18 cancer incidence rates from the US National Cancer Institute-Surveillance, Epidemiology, and End Results
19 Program (NCI-SEER) (2015) and competing mortality rates from the Center for Disease Control (CDC)
20 WONDER database (2015). We assume that the PRS is independent of the other risk factors, conditional
21 on family history. The genetic risk score accounts for the attenuation of the family history association due
22 to its correlation with the PRS.

23 For computing the genetic risk score, the log relative risks for all the risk factors except family history and
24 PRS was set to zero. We categorized the population into deciles of the genetic risk score based on the 313-

1 SNP PRS and family history (i.e., presence or absence of breast cancer in first degree relatives) multiplied
2 by the log-relative risk for family history. A new variable was created to record the decile specific average
3 genetic risk score and included as a covariate in the model. The log relative risk for this new variable was
4 set to 1 and the log relative risk for family history was set to 0.

5 The recently developed Individualized Coherent Absolute Risk Estimator (iCARE) tool was used to
6 perform the above calculations [12]. More specifically the computeAbsoluteRisk() function implemented
7 within the iCARE tool was used. The log relative risk for the risk factors were obtained from Mass, P. et
8 al. [10]. We fitted the multiplicative model presented in this paper and it included an interaction term
9 between BMI and menopausal hormone therapy. Within each category of the genetic risk, we computed
10 the absolute risk in the age range 50-80 years based on a) classical risk factors (i.e., all other risk factors
11 excluding PRS and family history), and b) modifiable classical risk factors (BMI, use of hormonal
12 replacement therapy, smoking status, and alcohol consumption) with the genetic risk score fixed at the
13 category specific average. For computing the absolute risk based on modifiable risk factors, the log relative
14 risk of all the other non-modifiable risk factors are set to zero. More details on the calculation of the absolute
15 risk and the iCARE tool can be found elsewhere [12]. Figure 1a and 1b shows the distribution of this
16 absolute lifetime risk within each category. In calculation of the absolute lifetime risk, we did not include
17 the interaction between family history and PRS, therefore, the absolute lifetime risk may be slightly over-
18 estimated for women with family history and high PRS.

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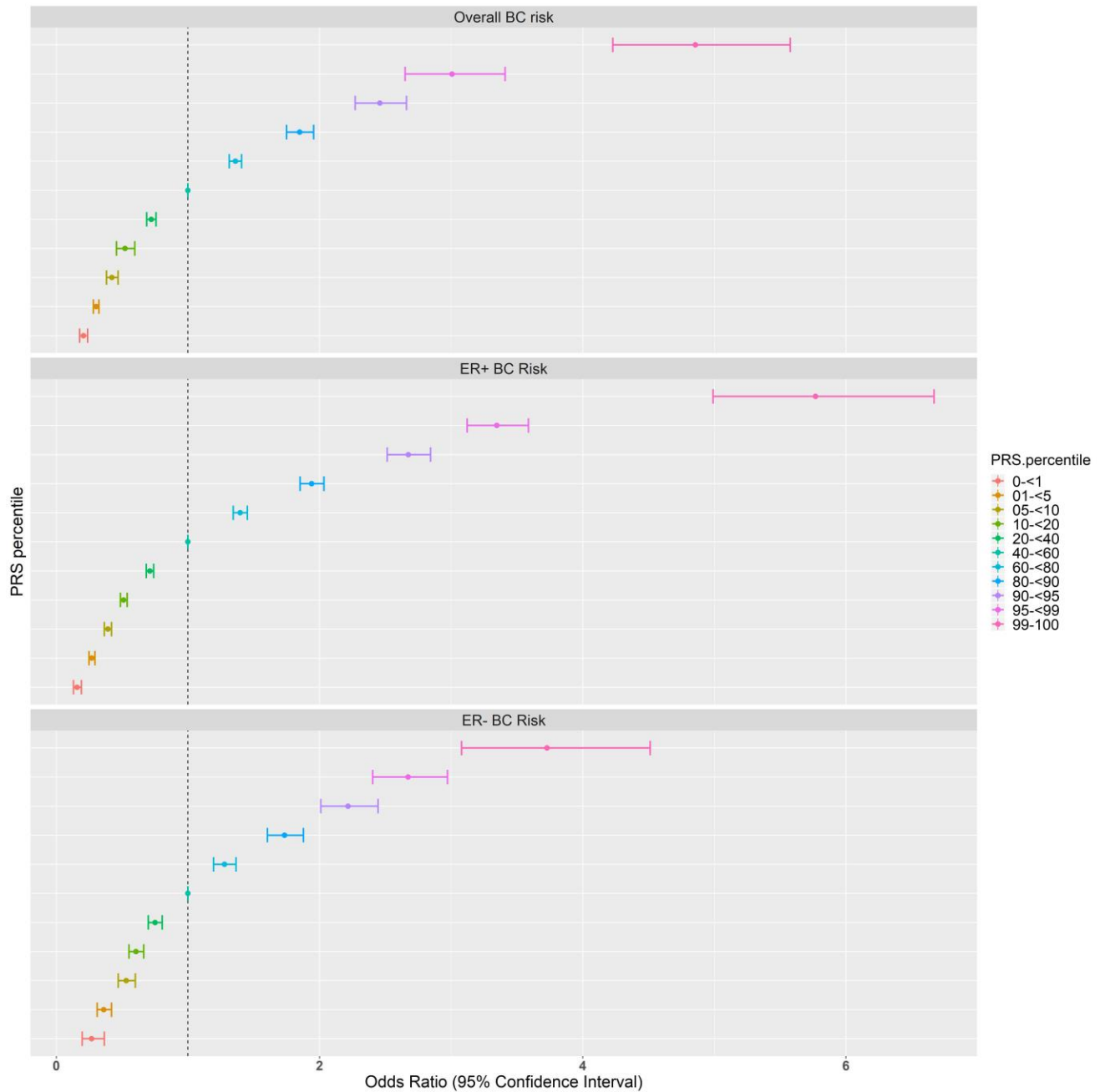
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1 **Supplementary Figures**

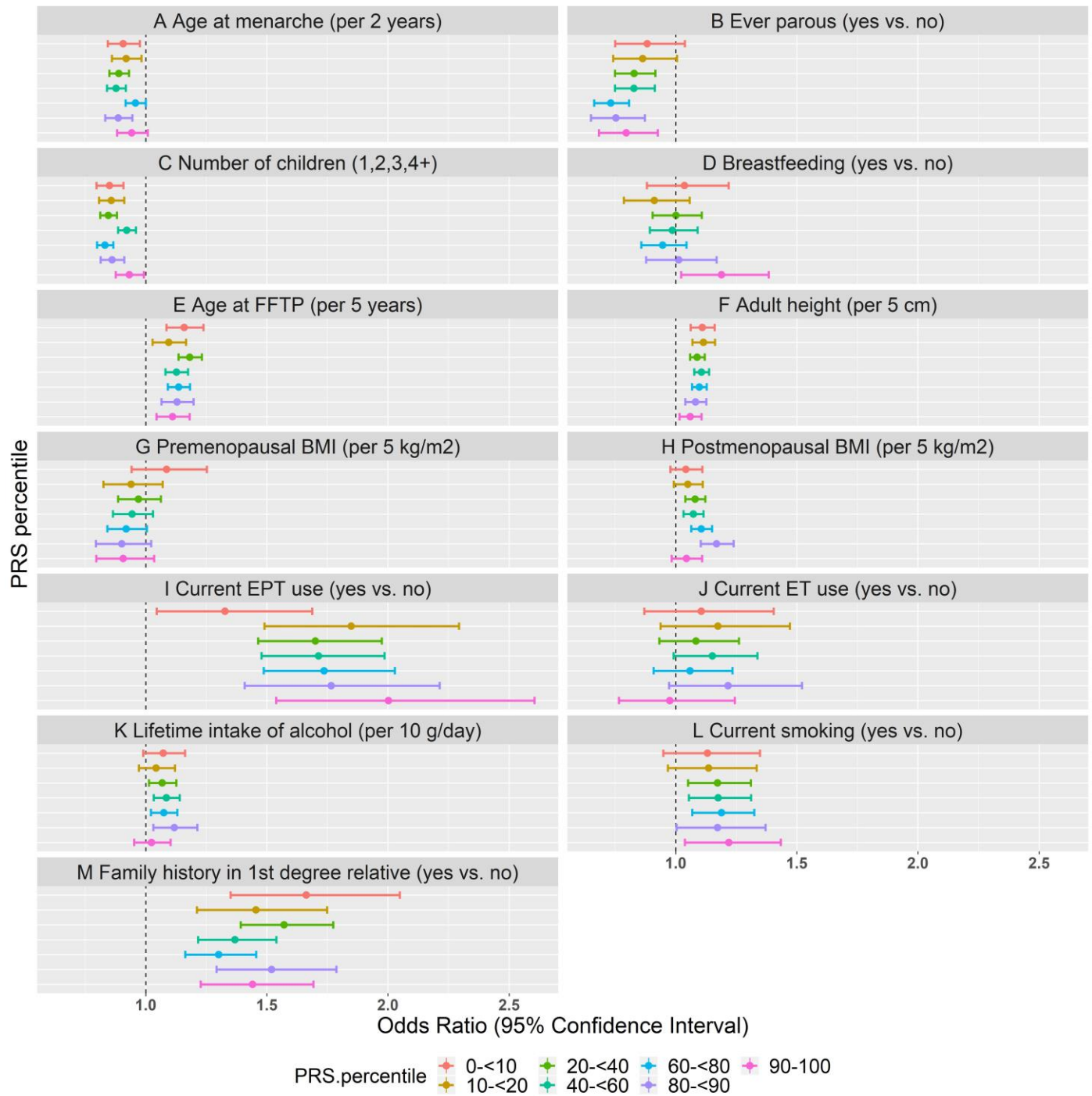
2 Supplementary figure 1: Associations of main effect of the PRS (by percentiles) on overall and estrogen
3 receptor (ER)-subtype breast cancer risk in this dataset



4
5 BC: Breast cancer, PRS: Polygenic risk score, ER: estrogen receptor, ER+: Estrogen receptor positive, ER-: Estrogen
6 receptor negative.

7 X-axis shows the odds ratio and y-axis shows the PRS percentiles. The legend on the right side shows the
8 corresponding color scheme of PRS percentiles.

1 Supplementary Figure 2: Odd ratios and 95% confidence intervals for classical risk factors by percentiles
 2 of the 313-SNP polygenic risk score for overall breast cancer risk

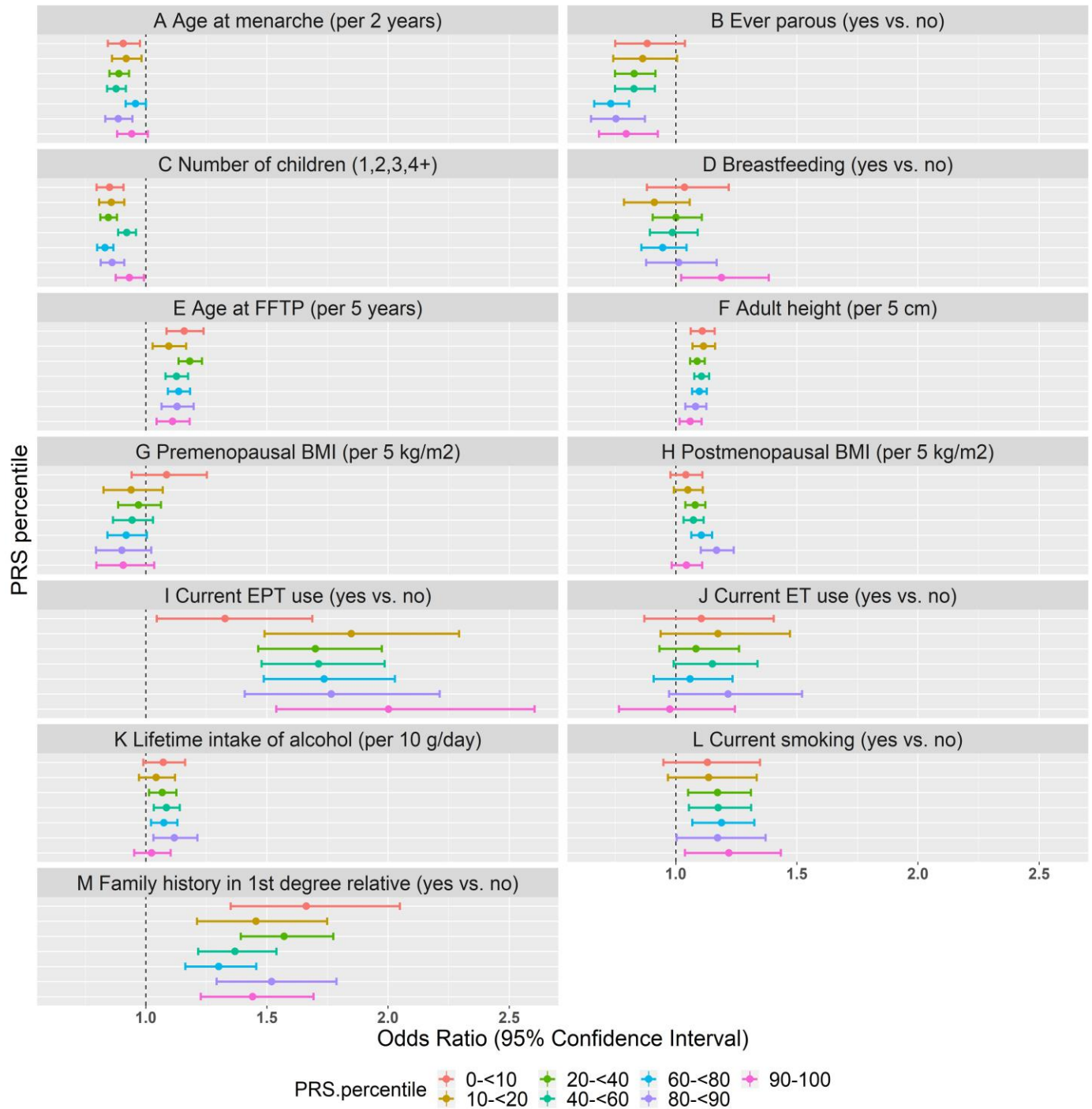


3

4 PRS: Polygenic risk score, FFTP: First full-term pregnancy, BMI: Body mass index, EPT: Estrogen-progesterone
 5 therapy, ET: Estrogen-only therapy

6 X-axis shows the odds ratio and y-axis shows the PRS percentiles. The legend on the right side shows the
 7 corresponding color scheme of PRS percentiles.

1 Supplementary Figure 3: Odd ratios and 95% confidence intervals for classical risk factors by percentiles
 2 of the 313-SNP polygenic risk score for ER-positive breast cancer risk

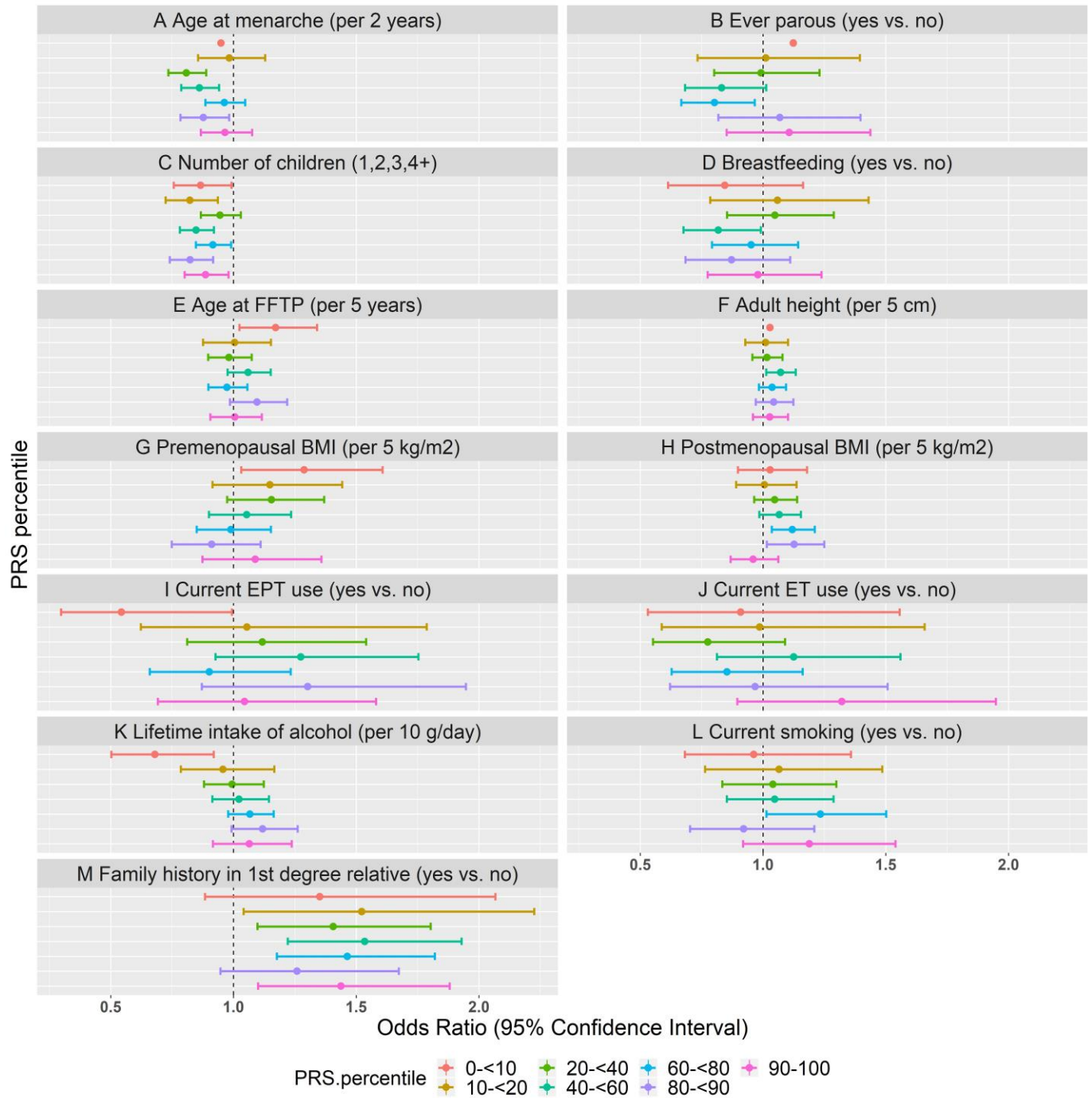


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4 PRS: Polygenic risk score, FFTP: First full-term pregnancy, BMI: Body mass index, EPT: Estrogen-progesterone
 5 therapy, ET: Estrogen-only therapy

6 X-axis shows the odds ratio and y-axis shows the PRS percentiles. The legend on the right side shows the
 7 corresponding color scheme of PRS percentiles.

1 Supplementary Figure 4: Odd ratios and 95% confidence intervals for classical risk factors by percentiles
 2 of the 313-SNP polygenic risk score for ER-negative breast cancer risk

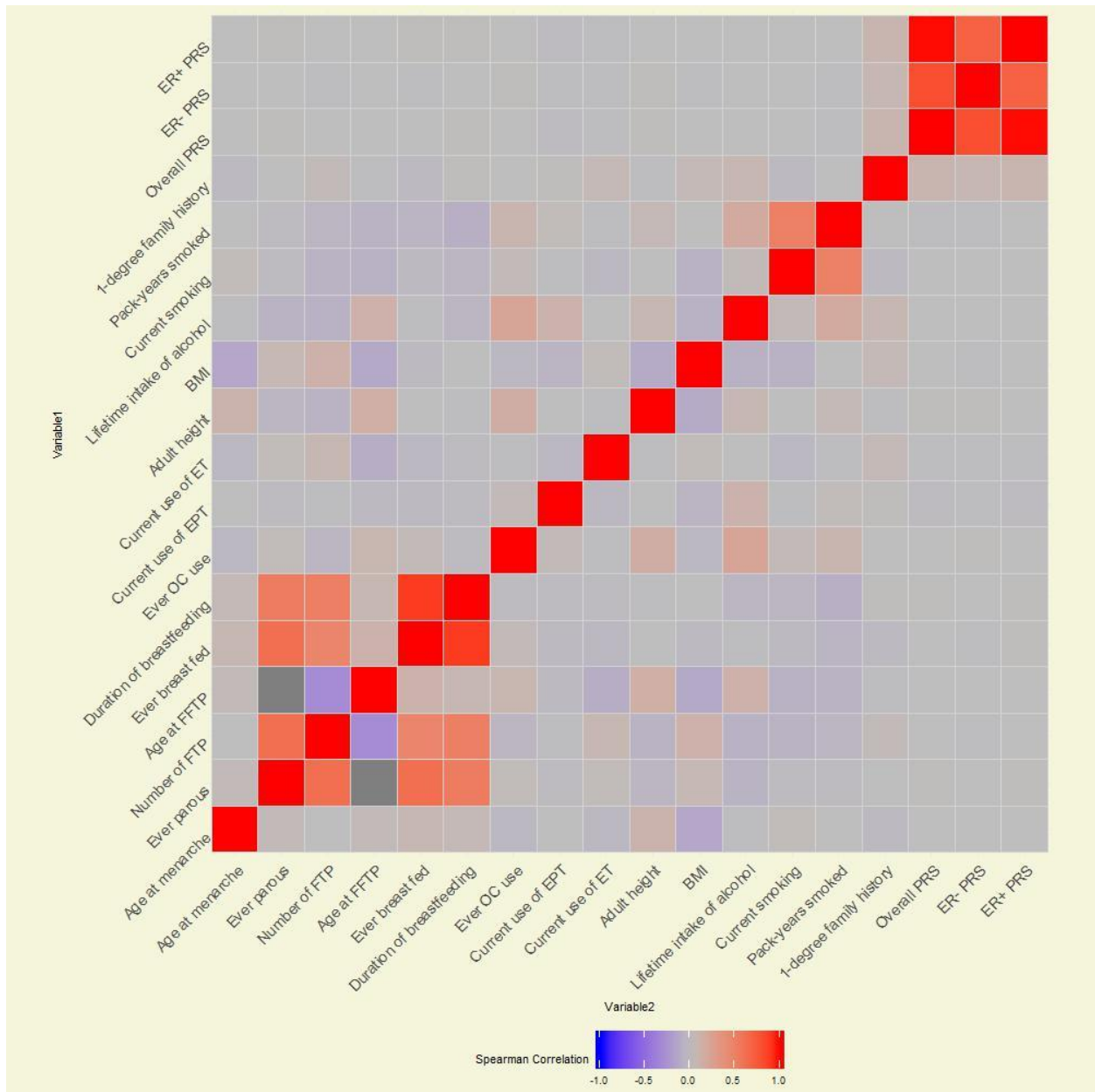


3

4 PRS: Polygenic risk score, FFTP: First full-term pregnancy, BMI: Body mass index, EPT: Estrogen-progesterone
 5 therapy, ET: Estrogen-only therapy

6 X-axis shows the odds ratio and y-axis shows the PRS percentiles. The legend on the right side shows the
 7 corresponding color scheme of PRS percentiles.

1 Supplementary Figure 5: Heatmap of Spearman pairwise correlation between PRS₃₁₃ (overall and ER-
 2 subtype) and all classical risk factors (high positive correlation: red, high negative correlation: blue) using
 3 controls.



4
 5 ER+: Estrogen receptor positive, ER-: Estrogen receptor negative, PRS: Polygenic risk score, BMI: Body
 6 mass index, ET: Estrogen-only menopausal hormonal therapy, EPT: Combined estrogen-progesterone
 7 therapy, OC: Oral contraceptives, FFTP: First full-term pregnancy, FTP: Full-term pregnancies, 1-degree
 8 family history: Family history in first degree relative.

9

1 **Supplementary Tables**

2

Supplementary Table 1: List of participating studies with number of total cases and controls					
<i>Study name</i>	<i>Study acronym</i>	<i>Country</i>	<i>Study Design¹</i>	<i>Cases</i>	<i>Controls</i>
Australian Breast Cancer Family Study	ABCFS	Australia	Population-based case-control study	1317	738
Amsterdam Breast Cancer Study	ABCS	Netherlands	Non population-based study	442	1376
Australian Breast Cancer Tissue Bank	ABCTB	Australia	Non population-based study	947	375
Agricultural Health Study	AHS	USA	Prospective cohort study	513	1137
Bavarian Breast Cancer Cases and Controls	BBCC	Germany	Non population-based study	809	706
Breast Cancer Employment and Environment Study	BCEES	Australia	Population-based case-control study	783	834
Breast Cancer in Northern Israel Study	BCINIS	Israel	Population-based case-control study	1315	724
Breast Oncology Galicia Network	BREOGAN	Spain	Non population-based study	1265	725
Canadian Breast Cancer Study	CBCS	Canada	Population-based case-control study	568	817
CECILE Breast Cancer Study	CECILE	France	Population-based case-control study	910	1002
Copenhagen General Population Study	CGPS	Denmark	Non population-based study	4064	5241
Spanish National Cancer Centre Breast Cancer Study	CNIO-BCS	Spain	Non population-based study	746	829
Cancer Prevention Study-II Nutrition Cohort	CPSII	USA	Prospective cohort study	2546	3323
California Teachers Study	CTS	USA	Prospective cohort study	1156	610
European Prospective Investigation Into Cancer and Nutrition	EPIC	France, Germany, Greece, Italy, Spain, The Netherlands, and UK	Prospective cohort study	3436	3597
ESTHER Breast Cancer Study	ESTHER	Germany	Population-based case-control study	476	505
Gene Environment Interaction and Breast Cancer in Germany	GENICA	Germany	Population-based case-control study	912	710
Genetic Epidemiology Study of Breast Cancer by Age 50	GESBC	Germany	Population-based case-control study	316	181
Karolinska Mammography Project for Risk Prediction of Breast Cancer - Cohort Study	KARMA	Sweden	Prospective cohort study	1415	6026
Kathleen Cuningham Foundation Consortium for research into Familial Breast Cancer/Australian Ovarian Cancer Study	KCONFAB/AOCS	Australia and New Zealand	Non population-based study	251	896
Leuven Multidisciplinary Breast Centre	LMBC	Belgium	Non population-based study	3003	1821

Mammary Carcinoma Risk Factor Investigation	MARIE	Germany	Population-based case-control study	1643	2065
Mayo Clinic Breast Cancer Study	MCBCS	USA	Non population-based study	2062	2041
Melbourne Collaborative Cohort Study	MCCS	Australia	Prospective cohort study	1002	1206
Multiethnic Cohort	MEC	USA	Prospective cohort study	668	724
Melanoma Inquiry of Southern Sweden	MISS	Sweden	Prospective cohort study	599	1529
Mayo Mammography Health Study	MMHS	USA	Prospective cohort study	276	1635
Nashville Breast Health Study	NBHS	USA	Population-based case-control study	482	652
Northern California Breast Cancer Family Registry	NC-BCFR	USA	Non population-based study	696	150
North Carolina Breast Cancer Study	NCBCS	USA	Population-based case-control study	2074	1006
Nurses' Health Study	NHS	USA	Prospective cohort study	1103	1804
Nurses' Health Study 2	NHS2	USA	Prospective cohort study	1112	1905
Ontario Familial Breast Cancer Registry	OFBCR	Canada	Non population-based study	1934	728
NCI Polish Breast Cancer Study	PBCS	Poland	Population-based case-control study	1768	2082
Karolinska Mammography Project for Risk Prediction of Breast Cancer - Case-Control Study	PKARMA	Sweden	Non population-based study	3115	5464
The Prostate, Lung, Colorectal and Ovarian Cancer Screening Trial	PLCO	USA	Prospective cohort study	1822	2595
Predicting the Risk Of Cancer At Screening Study	PROCAS	UK	Population-based case-control study	342	1656
Singapore and Sweden Breast Cancer Study	SASBAC	Sweden	Population-based case-control study	1129	1373
Sheffield Breast Cancer Study	SBCS	UK	Non population-based study	594	848
Study of Epidemiology and Risk factors in Cancer Heredity	SEARCH	UK	Non population-based study	12571	8889
The Sister Study	SISTER	USA	Prospective cohort study	1501	1562
Swedish Mammography Cohort	SMC	Sweden	Prospective cohort study	1349	661
UCI Breast Cancer Study	UCIBCS	USA	Non population-based study	427	258
UK Breakthrough Generations Study	UKBGS	UK	Prospective cohort study	1047	1032
US Radiologic Technologists Study	USRT	USA	Non population-based study	848	1699
Women's Health Initiative Observational Study	WHI	USA	Prospective cohort study	4930	4617
Total				72284	80354

¹Population-based design was defined as recruiting a random sample of all cases occurring in a geographically defined population during a specified period of time, and recruiting controls that were a random sample of the same source population as cases during the same period of time. Non-population-based design was defined as not strictly population-based (e.g. due to oversampling of selected participant groups for genotyping) or hospital-based.

1

Supplementary Table 2: Characteristics of the study population by study design.

Characteristics	Population-based studies				Non population-based studies			
	Cases N (%)	Controls N (%)	Cases Mean (S.D.)	Controls Mean (S.D.)	Cases N (%)	Controls N (%)	Cases Mean (S.D.)	Controls Mean (S.D.)
Reference age	38510	48308	61.03 (11.27)	58.66 (10.71)	33774	32046	56.10 (11.38)	54.80 (12.58)
ER status								
Positive	27830 (72.27)				22385 (66.28)			
Negative	5783 (15.02)				5113 (15.14)			
Missing	4897 (12.72)				6276 (18.58)			
Menopausal status								
Premenopausal	9045 (23.49)	12047 (24.94)			12556 (37.18)	13424 (41.89)		
Postmenopausal	29465 (76.51)	36261 (75.06)			21218 (62.82)	18622 (58.11)		
Family history in a first-degree relative								
Yes	7226 (18.76)	6784 (14.04)			5396 (15.98)	2060 (6.43)		
No	19564 (50.80)	28860 (59.74)			19764 (58.52)	15895 (49.60)		
Missing	11720 (30.43)	12664 (26.22)			8614 (25.50)	14091 (43.97)		
Reproductive risk factors								
Age at menarche (years)	36893	46855	12.86 (1.53)	12.96 (1.56)	22415	19439	12.99 (1.57)	12.99 (1.55)
Ever parous								
Yes	32025 (83.16)	41555 (86.02)			20442 (60.53)	23398 (73.01)		
No	5217 (13.55)	5618 (11.63)			3933 (11.65)	4127 (12.88)		
Missing	1268 (3.29)	1135 (2.35)			9399 (27.83)	4521 (14.11)		
Number of full-term pregnancies^a								
1	5572 (17.40)	6182 (14.88)			3912 (19.14)	4151 (17.74)		
2	13004 (40.61)	17091 (41.13)			9811 (47.99)	11263 (48.14)		
3	7735 (24.15)	10427 (25.09)			4511 (22.07)	5140 (21.97)		
≥4	5323 (16.62)	7652 (18.41)			2048 (10.02)	2146 (9.17)		
Missing	391 (1.22)	203 (0.49)			160 (0.78)	698 (2.98)		
Ever breastfed^a								

Yes	17358 (54.20)	19953 (48.02)			11298 (55.27)	9543 (40.79)		
No	6155 (19.22)	6557 (15.78)			3167 (15.49)	2409 (10.30)		
Missing	8512 (26.58)	15045 (36.21)			5977 (29.24)	11446 (48.92)		
Duration of breast feeding^a (months)	20737	22183	7.83 (10.39)	8.30 (10.77)	9201	5555	6.99 (10.22)	7.32 (10.67)
Age at FFTP^a (years)	30412	39987	24.92 (4.65)	24.67 (4.54)	17883	16192	25.09 (5.05)	25.48 (4.82)
Anthropometric risk factors								
Adult height (cm)	35767	46506	163.58 (6.50)	163.62 (6.49)	23642	18359	164.13 (6.78)	164.54 (6.88)
Premenopausal BMI^b (kg/m²)	8509	11510	24.85 (4.78)	25.26 (5.12)	8467	9464	25.28 (4.95)	24.98 (4.78)
Postmenopausal BMI^c (kg/m²)	28069	35112	26.52 (5.29)	26.05 (4.98)	14877	15508	26.45 (4.99)	26.30 (4.85)
Hormonal risk factors								
Ever use of oral contraceptives								
Yes	19632 (50.98)	26311 (54.47)			11018 (32.62)	12356 (38.56)		
No	15750 (40.90)	18441 (38.17)			5080 (15.04)	3419 (10.67)		
Missing	3128 (8.12)	3556 (7.36)			17676 (52.34)	16271 (50.77)		
Current use of EPT^c								
Yes	3490 (11.84)	2758 (7.61)			258 (1.22)	174 (0.93)		
No	13525 (45.90)	16757 (46.21)			3962 (18.67)	3406 (18.29)		
Missing	12450 (42.25)	16746 (46.18)			16998 (80.11)	15042 (80.78)		
Current use of ET^c								
Yes	2736 (9.29)	3236 (8.92)			185 (0.87)	240 (1.29)		
No	14072 (47.76)	16180 (44.62)			3929 (18.52)	3282 (17.62)		
Missing	12657 (42.96)	16845 (46.45)			17104 (80.61)	15100 (81.09)		
Lifestyle risk factors								
Lifetime intake of alcohol (g/day)	15829	18723	6.55 (12.57)	5.79 (10.33)	1461	1376	10.84 (14.81)	33.60 (63.31)
Current smoking								
Yes	4762 (12.37)	5630 (11.65)			2505 (7.42)	14681 (45.81)		
No	28975 (75.24)	37592 (77.82)			11965 (35.43)	15214 (47.48)		
Missing	4773 (12.39)	5086 (10.53)			19304 (57.16)	14681 (45.81)		

Pack-years smoked^d	11607	15660	17.82 (18.27)	15.64 (16.44)	2969	3980	18.31 (17.63)	16.03 (15.58)
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This table shows the number of cases and controls for each risk factor after all exclusions except for the exclusion of 150 cases and 150 controls for the variable of interest. This exclusion was conducted individually for each risk factor at the time of fitting logistic regression models. For continuous variables mean and standard deviation are reported, whereas, for categorical variables numbers and percentage are reported.

N: Number; %: Percentage; S.D.: Standard deviation; ER: Estrogen receptor; FFTP: First full-term pregnancy; BMI: Body mass index; EPT: Combined estrogen-progesterone menopausal hormonal therapy; ET: Estrogen-only menopausal hormonal therapy

^a Among parous women, ^b Among premenopausal women, ^c Among postmenopausal women, ^d Among women who were ever smokers

Supplementary Table 3: Associations of epidemiological risk factors for overall and ER-specific subtype breast cancer risk in population-based and cohort studies

<i>Environmental risk factor</i>	<i>Overall breast cancer risk OR (95% CI)</i>	<i>ER-positive breast cancer risk OR (95% CI)</i>	<i>ER-negative breast cancer risk OR (95% CI)</i>
<i>Univariate models^a</i>			
Age at menarche (per 2 years)	0.91 (0.89-0.92)	0.91 (0.89-0.93)	0.89 (0.85-0.93)
Ever parous (yes/no)	0.81 (0.77-0.84)	0.78 (0.74-0.81)	0.94 (0.85-1.04)
Number of full-term pregnancies (1,2,3,≥4) ¹	0.87 (0.85-0.88)	0.86 (0.84-0.87)	0.90 (0.86-0.94)
Age at first full-term pregnancy (per 5 years) ¹	1.14 (1.12-1.16)	1.17 (1.14-1.19)	1.02 (0.97-1.06)
Ever breastfed (yes/no) ¹	0.91 (0.88-0.95)	0.92 (0.88-0.96)	0.96 (0.88-1.03)
Duration of breastfeeding (per 12 months) ¹	0.96 (0.93-0.98)	0.95 (0.93-0.98)	0.98 (0.94-1.03)
Adult height (per 5 cm)	1.09 (1.08-1.10)	1.10 (1.09-1.12)	1.03 (1.00-1.05)
Premenopausal BMI (per 5 kg/m ²)	0.95 (0.92-0.98)	0.92 (0.89-0.95)	1.07 (0.98-1.16)
Postmenopausal BMI (per 5 kg/m ²)	1.07 (1.05-1.09)	1.07 (1.05-1.09)	1.05 (1.00-1.11)
Ever use of oral contraceptives (yes/no)	1.22 (1.18-1.26)	1.24 (1.20-1.29)	1.14 (1.05-1.23)
Current use of EPT (yes/no) ^{2,3}	1.75 (1.65-1.87)	1.93 (1.81-2.06)	1.11 (0.92-1.34)
Current use of ET (yes/no) ^{2,3}	1.10 (1.03-1.17)	1.11 (1.03-1.19)	1.35 (1.11-1.64)
Lifetime intake of alcohol (per 10 g/day)	1.07 (1.05-1.10)	1.09 (1.07-1.11)	1.03 (0.98-1.08)
Current smoking (yes/no) ⁴	1.18 (1.13-1.24)	1.18 (1.12-1.25)	1.06 (0.96-1.18)
Pack years smoked (per 10 pack-years) ⁵	1.02 (1.00-1.04)	1.02 (1.00-1.04)	1.00 (0.95-1.04)
Family history (yes/no)	1.56 (1.49-1.64)	1.54 (1.46-1.62)	1.53 (1.39-1.68)
<i>Multivariate model I^b</i>			
Age at menarche (per 2 years)	0.89 (0.86-0.94)	0.90 (0.86-0.95)	0.85 (0.79-0.93)
Number of full-term pregnancies (per 1 unit)	0.89 (0.86-0.93)	0.88 (0.85-0.92)	0.89 (0.82-0.95)
Age at first full-term pregnancy (per 5 years)	1.07 (1.02-1.12)	1.08 (1.03-1.14)	0.96 (0.88-1.04)
Ever breastfed (yes/no)	0.97 (0.89-1.05)	0.98 (0.89-1.07)	0.96 (0.82-1.12)
Adult height (per 5 cm)	1.05 (1.01-1.08)	1.07 (1.03-1.10)	0.99 (0.94-1.05)
BMI (<18.5 kg/m ²)	1.28 (0.92-1.76)	1.35 (0.94-1.92)	1.13 (0.66-1.96)
BMI (25-30 kg/m ²)	1.04 (0.93-1.16)	1.00 (0.88-1.13)	1.12 (0.92-1.36)
BMI (≥30 kg/m ²)	1.14 (0.98-1.33)	1.02 (0.86-1.22)	1.03 (0.76-1.38)
Current use of MHT (yes/no)	1.30 (1.15-1.46)	1.39 (1.22-1.58)	1.00 (0.80-1.24)
Interaction between current use of MHT and BMI (<18.5 kg/m ²)	0.61 (0.33-1.13)	0.55 (0.28-1.07)	1.12 (0.39-3.23)
Interaction between current use of MHT and BMI (25-30 kg/m ²)	0.91 (0.74-1.12)	0.93 (0.74-1.16)	0.82 (0.54-1.26)
Interaction between current use of MHT and BMI (≥30 kg/m ²)	0.98 (0.72-1.34)	1.02 (0.72-1.43)	0.69 (0.33-1.42)

Lifetime intake of alcohol (per 10 g/day)	1.02 (0.99-1.06)	1.02 (0.99-1.06)	1.04 (0.99-1.10)
Current smoking (yes/no)	1.28 (1.16-1.42)	1.36 (1.22-1.52)	1.01 (0.85-1.20)
Family history (yes/no)	1.75 (1.57-1.94)	1.73 (1.54-1.94)	1.72 (1.42-2.08)

Multivariate model 2^c

BMI (<18.5 kg/m ²)	1.10 (0.87-1.39)	1.22 (0.94-1.58)	1.04 (0.67-1.61)
BMI (25-30 kg/m ²)	0.99 (0.92-1.07)	0.96 (0.88-1.04)	1.04 (0.90-1.21)
BMI (≥30 kg/m ²)	1.10 (1.00-1.22)	1.05 (0.94-1.18)	1.13 (0.91-1.39)
Current use of MHT (yes/no)	1.45 (1.34-1.57)	1.58 (1.45-1.72)	1.09 (0.92-1.28)
Interaction between current use of MHT and BMI (<18.5 kg/m ²)	0.75 (0.49-1.16)	0.63 (0.39-1.01)	0.99 (0.43-2.31)
Interaction between current use of MHT and BMI (25-30 kg/m ²)	0.88 (0.77-1.00)	0.90 (0.78-1.04)	0.94 (0.70-1.27)
Interaction between current use of MHT and BMI (≥30 kg/m ²)	0.86 (0.72-1.03)	0.88 (0.72-1.07)	0.60 (0.37-2.61)
Lifetime intake of alcohol (per 10 g/day)	1.05 (1.03-1.08)	1.07 (1.04-1.09)	1.02 (0.98-1.07)
Current smoking (yes/no)	1.28 (1.19-1.38)	1.31 (1.21-1.42)	1.12 (0.97-1.28)

BMI: Body mass index, EPT: Estrogen-Progesterone menopausal hormonal therapy, ET: Estrogen-only menopausal hormonal therapy; MHT: Menopausal hormonal therapy

^aAll OR estimates are based on a model with single risk factor analyses adjusted for reference age and study

^bModel includes all classical risk factors: age at menarche, age at first full-term pregnancy, number of children, ever breastfed, height, BMI (18.5-<25 kg/m²: reference category), current MHT use, current smoking, and lifetime alcohol consumption. This model is adjusted for reference age, study, menopausal status, former smoking, former use of menopausal hormonal therapy, interaction between BMI and current MHT use, and interaction between BMI and former MHT use

^cModel includes modifiable risk factors: BMI (18.5-<25 kg/m²: reference category), current MHT use, current smoking and lifetime alcohol consumption. This model is adjusted for reference age, study, menopausal status, former smoking, former use of menopausal hormonal therapy, interaction between BMI and current MHT use, and interaction between BMI and former MHT use.

¹ among parous women

² among postmenopausal women

³ Additionally, models were adjusted for former use of menopausal hormonal therapy and use of any other menopausal hormonal therapy preparations

⁴ Additionally, model was adjusted for former smoking

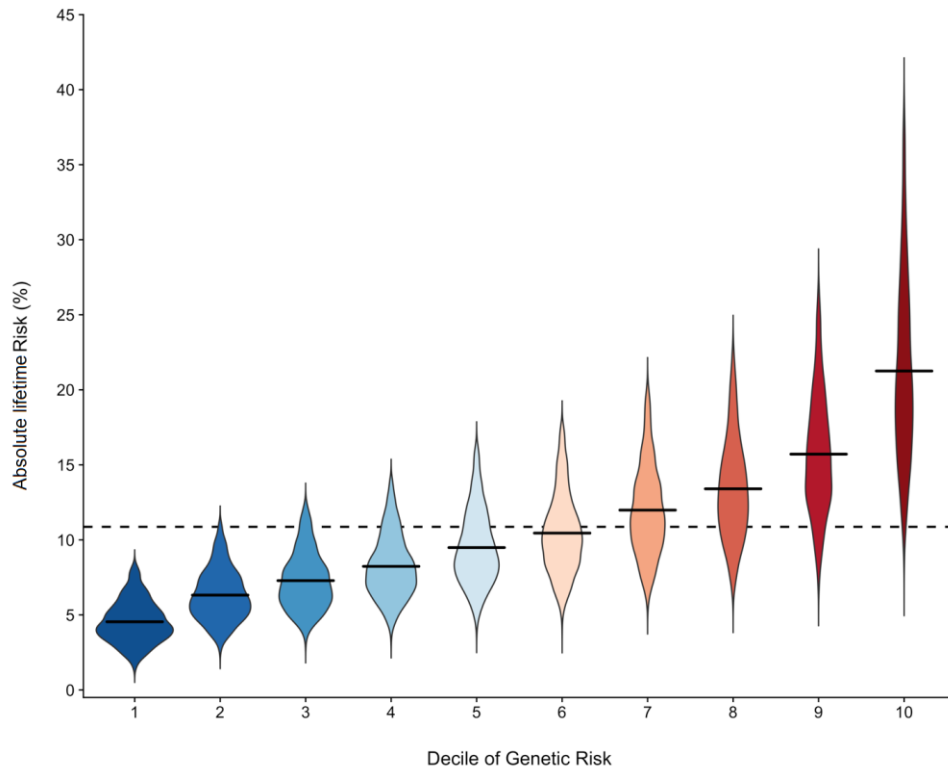
⁵ among ever smokers

Supplementary table 4: Goodness of fit test p-values for overall breast cancer and estrogen receptor (ER) positive breast cancer, based on population-based studies

<i>Single risk factor models with 313-SNP PRS¹</i>	Overall breast cancer risk			ER-positive breast cancer risk		
	<i>Cases/Controls</i>	<i>Tail-based goodness-of-fit test</i>	<i>Global goodness-of-fit test</i>	<i>Cases/Controls</i>	<i>Tail-based goodness-of-fit test</i>	<i>Global goodness-of-fit test</i>
Age at menarche (per 2 years)	36893/46855	0.75	0.47	26331/46855	0.41	0.67
Ever parous (yes/no)	37242/47173	0.68	0.28	26938/47173	0.34	0.62
Number of children (1, 2, 3, ≥ 4) ²	31634/41352	0.40	0.19	22860/41352	0.29	0.08
Age at first full-term pregnancy (per 5 years) ²	30412/39987	0.87	0.42	22009/39987	0.78	0.40
Breastfeeding (yes/no) ²	23513/26510	0.23	0.32	16616/26510	0.45	0.76
Duration of breastfeeding (per 12 months)	20737/22183	0.09	0.08	14615/22183	0.16	0.73
Adult height (per 5 cm)	35767/46506	0.51	0.60	25764/46506	0.18	0.44
Premenopausal BMI (per 5kg/m ²) ³	8509/11510	0.51	0.56	5615/11510	0.74	0.31
Postmenopausal BMI (per 5kg/m ²) ⁴	28069/35112	0.31	0.65	20884/35112	0.09	0.24
Ever use of oral contraceptives (yes/no)	35382/44752	0.30	0.38	25417/44752	0.13	0.53
Current use of EP therapy (yes/no) ^{4,5}	17015/19515	0.43	0.31	12777/19515	0.55	0.78
Current use of E-only therapy (yes/no) ^{4,5}	16808/19416	0.48	0.26	12614/19416	0.63	0.79
Alcohol consumption (per 10g/day)	15829/18723	0.40	0.11	11304/18723	0.07	0.44
Current smoking (yes/no) ⁶	33737/43222	0.51	0.82	24124/43222	0.20	0.68
Pack-years (per 10 pack-years)	11607/15660	0.71	0.95	8373/15660	0.46	0.80

¹always adjusted for study; ²in parous women only; ³in premenopausal women; ⁴in postmenopausal women; ⁵adjusted for former use of MHT and use of any other MHT than the preparation of interest; ⁶adjusted for former smoking.

a)



b)

