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## The use of Stokes-Mueller polarimetry for assessment of amyloid-β progression in a mouse model of Alzheimer's disease

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#### ABSTRACT

Alzheimer's disease, being a major societal burden, demands improvement of current techniques for its treatment and diagnostics. Currently only autopsy histology is able to provide the definite diagnosis for Alzheimer's disease. However, the procedure is rather time consuming and costly. In the current study, we utilized Stokes and Mueller polarimetry techniques to screen for amyloid- $\beta$  (A $\beta$ ) deposits in formalin-fixed, paraffin-embedded mouse brain tissue at different stages of Alzheimer's disease. The study has shown that the presence of A $\beta$  plaques influences the properties of scattered polarized light. The Poincaré sphere was used as a graphical tool for the visualization of the alterations of the Stokes vector, obtained with Stokes polarimetry, whereas statistical moments were used for the analysis of depolarization distributions that were acquired with Mueller polarimetry. We demonstrate the sensitivity of the last component of the Stokes vector, the degree of polarization and high-order statistical moments of depolarization to the structural alterations in brain tissue, which correspond to the disease progression. The described approach has a potential to improve the existing pathology screening methods and facilitates A $\beta$  detection in AD research.

Keywords: depolarization, scattering, anisotropy, statistical analysis, amyloid-β plaque, Alzheimer's

#### **1. INTRODUCTION**

Due to the aging of the population, Alzheimer's disease (AD) has become a major social and financial challenge in the modern world<sup>1</sup>. Presently, conventional imaging techniques, such as magnetic resonance imaging (MRI) and positron emission tomography (PET) are used for the clinical screening of AD patients, but they are limited in spatial resolution and specificity<sup>2</sup>. The definite diagnosis of AD can only be given by histological analysis of *post mortem* brain tissue. The current routine procedure for the histological analysis in neuropathologic labs uses a number of laborious sample preparation steps, which include fixation of the patient's brain for 2-3 weeks in 4% formalin, sectioning of the brain, processing and embedding in paraffin of tissue specimens, sectioning with a microtome, mounting on glass slides, staining (immunohistochemical and silver stains for amyloid plaques and tau tangles), and finally microscopy investigation<sup>3</sup>. This procedure is very laborious, time-consuming and strongly relies on the neuropathologist's expertise.

In this study, we apply label-free, polarimetric techniques for the non-invasive analysis of standard paraffin-embedded brain tissue samples (paraffin blocks) of mice at different stages of  $\beta$ -amyloidosis.

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#### 2. METHODS AND MATERIALS

#### 2.1 Standard paraffin-embedded blocks of mouse brain tissue

In the current study, the surface of blocks of formalin-fixed, paraffin-embedded mouse brain tissue (FFPE) at different stages of  $\beta$ -amyloidosis were analyzed. The hemispheres were excised from sacrificed APP-transgenic mice (APPPS-21, APPtg)<sup>4</sup> at different ages: 50, 75, 100, 125, 150, 175, and 200 days. The stage of the  $\beta$ -amyloidosis correlates with the age of animals. The animals start with A $\beta$  deposition at an age of 45 days.

Figure 1 shows microscopic images of stained histological slides (hemispheres) of three mouse brain samples at an age of (a) 50 days, (b) 125 days, and (c) 200 days. Red arrows in Figure 1(b, c) point at amyloid plaques, one of the major hallmarks of AD, which are observed as dark brownish spots when stained with IHC techniques<sup>4-8</sup>. The increased number of A $\beta$  plaques correlates with a more advanced stage of the disease.



Figure 1. Brain hemisphere of APPtg mice with  $\beta$ -amyloidosis. Mouse brains were stained with antibody clone 4G8 to highlight  $\beta$ -amyloid deposits at different stages of AD correlated with the age of a mouse: (a) 50 days, (b) 125 days, and (c) 200 days.

#### 2.2 Experimental systems

The principle scheme of the Stokes polarimeter developed in-house<sup>9</sup> is shown in Figure 2 (a). In the system, the laser light source produced linearly polarized light at 450 nm, then half- and quarter-wave plates transformed the linear polarization of light into right circular polarization. The objective lens focused circularly polarized laser beam on a sample surface (beam diameter was approximately 15  $\mu$ m). The paraffin-embedded, 4-mm thick slides of mouse brain tissue were placed flat on the 2D scanning stage. Light incident on a sample surface was scattered within the tissue sampling volume, which was adjusted by the variation of the distance of detection (Fig. 2(a)). Light backscattered from the sample was collected with an objective lens, spatially filtered by a diaphragm and analyzed by the Stokes polarimeter, which consists of a rotating quarter-wave plate, polarizer and powermeter. The angles of incidence and detection were 550 and 300, respectively; this was optimized in order to eliminate specular reflection in the detected signal. The scanning of the samples was performed over 5 × 5 mm2 area with a 25-µm step. The acquired distributions of Stokes vector were averaged over the scanning area. The principle scheme of the multi-wavelength wide field Mueller imaging polarimeter, developed in LPICM, Ecole polytechnique10,11, is shown in Figure 2 (b).

The state of polarization of the incident white light was sequentially transformed by the polarization stage generator (PSG) into four different polarization states. For each generated polarization state of incident light, the light scattered back from the sample was analyzed by the polarization state analyzer (PSA), which filtered sequentially the same four polarization states, as the ones generated by the PSG. Both the PSG and PSA are assembled from linear polarizer and two liquid crystals,

the order of optical elements is reversed for PSA with respect to PSG. The light filtered by the PSA passed through a 40 nm wide interference filter, centered at 450 nm, and was recorded by the CCD camera. Thus, 16 intensity images were recorded and processed with regard to the instrument calibration data, resulting into the Mueller matrix which contains full polarimetric response of the examined sample. The field of view of the system was  $19 \times 9 \text{ mm2}$  with 0.4 mm spatial resolution.



Figure 2. Schematic layout of experimental systems: (a) Stokes polarimeter, (b) Mueller imaging polarimeter. Explanations are given in the text.

#### 3. RESULTS AND DISCUSSION

The experimental results of the screening of 7 FFPE tissue blocks of mouse brain samples at different stages of the AD are shown in Figure 3: (a) degree of polarization in %, (b) V component of Stokes vector; (c) positions of Stokes vector mapped into the Poincaré sphere with respect to the degree of polarization.



Figure 3. Change of the Stokes vector with  $\beta$ -amyloidosis progression (from 50 to 200 days): (a) degree of polarization in %, (b) V Stokes parameter, (c) Stokes vector mapped on the Poincaré sphere with respect to degree of polarization. The radius of the sphere corresponds to 10% of degree of polarization. The highest magnitude of Stokes vector degree of polarization shown in figure is 80%.

According to the experimental results shown in Figure 3, alterations of the brain tissue, associated with the progression of the disease, affect the degree of polarization and the relative phase shift between transverse components of electric field of polarized light, which is observed as a translation of the Stokes vector towards positive hemisphere of the Poincaré sphere and inside the sphere. Due to the increase in scattering of brain tissue, conditioned by the accumulation of amyloid plaques (this has been demonstrated in literature<sup>12</sup>) the degree of polarization decreases and the phase shift between electric field components changes gradually with the disease progression.

The typical Mueller matrix images of the mouse brain tissue samples obtained with the Mueller polarimeter are presented in Figure 4 (a). The matrices were diagonal for all 21 measured samples (3 samples for each of 7 stages of the disease), which means that paraffin-embedded blocks of mouse brain tissue acted as a partial depolarizer and did not exhibit any anisotropy of amplitude or phase. The spatial distributions of total depolarization parameter  $\Delta = 1 - \frac{m22+m33+m44}{3}$  were analyzed using statistical moments of 1<sup>st</sup> to 4<sup>th</sup> order, as it was done in previously published works<sup>13,14</sup>. The obtained trends of the 1<sup>st</sup> to 4<sup>th</sup> statistical moments (mean value, standard deviation, skewness and kurtosis) are shown in Figure 4 (b).



Figure 4. Experimental results obtained with the Mueller polarimetry: (a) typical Mueller matrix of a mouse brain sample; (b) Statistical moments of  $1^{st}$  to  $4^{th}$  order (mean, standard deviation, skewness, kurtosis). Blue points represent the experimentally obtained data, red lines show the results of the fit: linear for  $1^{st}$  and  $2^{nd}$  moments and exponential for  $3^{rd}$  and  $4^{th}$  moments.

According to the obtained results, the statistical moments of the 1<sup>st</sup> and 2<sup>nd</sup> order of the distributions of total depolarization at different stages of the disease do not exhibit noticeable changes with the disease progression. Due to the limited resolution of the instrument and different optical properties of brain areas<sup>12</sup>, differently affected by the disease, 1<sup>st</sup> and 2<sup>nd</sup> statistical moments are not sensitive to the disease progression. However, 3<sup>rd</sup> and 4<sup>th</sup> moments show significant changes, approximated by the exponential fit. This indicates that the distribution of depolarization values is becoming less symmetrical and more peaked with weaker outliers with more severe stage of the disease. This is explained by the change in anisotropy of scattering conditioned by the increase of the scatterers' size<sup>12</sup> due to accumulation of neuronal plaques. With the later stage of the disease, the angular dependence of scattering is growing, and the sampling distribution of depolarization values becomes deviated from normal, therefore, the results show the increased absolute skewness and kurtosis.

#### 4. CONCLUSIONS

In the current study, we demonstrate the applicability of polarization-based techniques for the non-destructive label-free screening of standard paraffin-embedded blocks of mouse brain tissue with the aim of differentiating the AD stage. We have revealed the sensitivity of V parameter of Stokes vector and the degree of polarization, acquired with the laser-based scanning-based approach of Stokes-vector polarimetry with incident circularly polarized light, to the morphological alterations of brain tissue, associated with the progression of AD. Moreover, we have shown the sensitivity of high-order statistical moments of spatial distributions of total depolarization, acquired with Mueller polarimeter to the AD

progression. The combination of the described optical modalities can potentially improve existing pathology screening techniques, as the described protocols are non-destructive and label-free.

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