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3 **Selfish genes and sexual selection: the impact of genomic parasites on host reproduction**

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11 Running title: Selfish genes and sexual selection

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16 *Abstract*

17 Selfish genetic elements (SGEs) such as replicating mobile elements, segregation distorters,  
18 and maternally inherited endosymbionts, bias their transmission success relative to the rest of  
19 the genome to increase in representation in subsequent generations. As such they generate  
20 conflict with the rest of the genome. Such intra-genomic conflict is also a hallmark of  
21 sexually antagonistic (SA) alleles, which are shared genes between the sexes but that have  
22 opposing fitness effects when expressed in males and females. However, while both SGEs  
23 and SA alleles are recognised as common and potent sources of genomic conflict, the  
24 realisation that SGEs can also generate sexually antagonistic selection and contribute to  
25 sexual conflict in addition to generate sexual selection is largely overlooked. Here I show that  
26 SGEs frequently generate sex-specific selection and outline how SGEs that are associated  
27 with compromised male fertility can shape female mating patterns, play a key role in the  
28 dynamics of sex determination systems, and likely be an important source of sexually  
29 antagonistic genetic variation. Given the prevalence of SGEs their contribution to sexual  
30 conflict is likely to be greatly overlooked.

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35 *1. What are Selfish Genetic Elements?*

36

37 Selfish genetic elements (SGEs) are ubiquitous in eukaryotes and prokaryotes (Burt &  
38 Trivers, 2006; Lindholm *et al.*, 2016). As the name implies, these are genes that do not play  
39 fair but manipulate the rest of the genome in a variety of ways to enjoy a transmission  
40 advantage to subsequent generations and therefore increase in frequency. As such they are an  
41 important source generating intra-genomic conflict (conflict between different agents within  
42 the genome due to biased transmission) in addition to the potential negative impact on gene  
43 function of their activity (e.g. increasing/ decreasing gene expression or immobilising genes  
44 by translocation/ insertion/ deletions, Table 1). Furthermore, their mode of generating  
45 transmission bias can have substantial fitness costs to the host. SGEs frequently target  
46 gametogenesis and reproduction to ensure enhanced transmission. There are many different  
47 types of SGE that affect the genome in a variety of ways. The different characteristics can be  
48 distilled into two types: an over-replication advantage (e.g. mobile genetic elements in  
49 genomes) and a transmission distortion advantage (e.g. meiotic drivers in populations), but  
50 they all violate the rule of equal inheritance (Table1).

51

52 The most common type of SGE are transposable elements (TEs). TEs increase in frequency  
53 by encoding for enzymes that catalyse their copy number within the genome. They are  
54 frequent in eukaryotes and prokaryotes and can make up a large part of the genome (e.g.  
55 ~45% of the human genome derive from transposable elements (Lander *et al.*, 2001)).  
56 Another group of SGE are segregation distorters that include driving chromosomes (meiotic  
57 drive), which if associated with the sex chromosomes cause sex ratio distortion (Jaenike,  
58 2001). They also include maternally inherited endosymbionts that kill or feminize males as  
59 they cannot transmit the endosymbiont, with resources instead diverted to the female function  
60 (Werren, 1997). Meiotic drivers are common in insects, mammals and plants (Lindholm *et al.*  
61 *et al.*, 2016). Endosymbionts are also ubiquitous (e.g. mitochondria), and bacterial  
62 endosymbionts that affect host reproduction by inducing reproductive incompatibility are  
63 very common in arthropods (Zeh & Zeh, 1996). There is also a growing recognition that the  
64 microbiome of animals shapes many aspects of organismal fitness, but also has the potential  
65 to act selfishly, for example by competing over nutrients in the gut at a cost to its host (Bell *et al.*,  
66 2019).

67

68 There are several consequences stemming from the intragenomic conflict and direct impact  
69 on gene function generated by SGEs. They are a potent force in shaping the structure and  
70 function of the genome, can increase the mutation rate, affect the evolution of genes,  
71 genomes, cells, gene regulation and gene expression (e.g. Jurica & Stoddard, 1999). In  
72 addition, they play a role in the formation of sex chromosomes and sex chromosome  
73 turnover, influence effective population size, viability and gene flow and may even aid  
74 speciation (Werren, 2011). They can also have dramatic impact on behaviour of individuals,  
75 including sexual behaviour (Wedell, 2019). In this review I outline how SGEs can shape  
76 sexual selection by affecting mate choice and mating strategies, but also generate sex specific  
77 selection, frequently resulting in sexual conflict and sexually antagonistic selection.

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79

80 *2. How can SGEs affect sexual selection?*

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82 Seeing that SGEs are ubiquitous and affect most aspects of organismal life it is perhaps not  
83 surprising that they also influence sexual selection and sexual conflict. There are several  
84 reasons why this is to be expected: individuals should avoid mating with partners carrying

85 genes associated with costs, and many SGEs target sperm production affecting male fertility.  
86 Below I outline how these aspects of sexual selection are affected by SGEs.

87

88 *a) SGEs affect mate preferences*

89 We might expect individuals that carry SGEs to be discriminated against during mate choice  
90 as they carry genes that result in reduced fertility, reduced offspring production, or offspring  
91 of reduced fitness or attractiveness. However, there are remarkably few examples  
92 demonstrating that SGEs make their carriers less attractive. There has to be a cue revealing  
93 that individuals carry a SGE. Unless there is a change in behaviour, odour or morphology of  
94 SGE carriers, it is not clear how individuals could discriminate against them. So, are there  
95 cues revealing SGEs? With regards to behavioural changes, unless an individual carrying the  
96 SGE suffers a direct cost (i.e. pathogenic effect), it is not always clear whether behavioural  
97 changes are to be expected (Wedell, 2019). In insects infected by the endosymbiont  
98 *Wolbachia* there is evidence that the bacteria can directly invade brain regions and interfere  
99 with the nervous system and affect mate preferences of infected individuals (Strunov *et al.*,  
100 2017). In *Drosophila melanogaster* the *wMel* strain is found throughout the insect brain  
101 (Albertson *et al.*, 2013). *Wolbachia* has been shown to influence mate preferences in some  
102 studies (e.g. Arburthnott *et al.*, 2016), whereas other studies have found no effect (e.g.  
103 Champion de Crespigny & Wedell, 2007). It is currently not clear if these different findings  
104 indicate that *Wolbachia* has a differential impact depending on the host genotype, or are due  
105 to other factors not controlled for. In contrast, in the fly *D. paulistorum* the strain *wPau* is  
106 confined to regions in the fly brain that processes olfactory and auditory information (Strunov  
107 *et al.*, 2017). *D. paulistorum* is a species complex where different strains of *Wolbachia* cause  
108 reproductive incompatibilities between infected and uninfected flies. Remarkably, mate  
109 preferences are dependent on the specific strain of *Wolbachia* hosts carry with females  
110 preferring to mate with males carrying the same *Wolbachia* strain as their own, ensuring  
111 compatible pairings (Miller *et al.*, 2010; Schneider *et al.*, 2019). It is currently not clear what  
112 impact *Wolbachia* in the brain has in terms of shaping insect mate preferences. One  
113 possibility is that endosymbionts and other SGEs have the potential to modify odour cues  
114 used in mate recognition and mate choice by uninfected individuals. For example, *Wolbachia*  
115 reduce mate discrimination in *Nasonia jewel* wasps (Chafee, 2011), and in the terrestrial  
116 isopod *Armadillium vulgare*, feminizing *Wolbachia* affects mate attraction by altering female  
117 cuticular odour cues (Richard, 2017). There is now a growing realisation that endosymbionts,  
118 as well as gut microbiota and other bacteria, can directly affect cuticular hydrocarbons, sex  
119 pheromone production, and other odour cues used in mate choice (e.g. Engl & Kaltenpoth,  
120 2018).

121

122 With non-bacterial SGEs there is more limited evidence of mate preference. For example, in  
123 *D. pseudoobscura* harbouring a sex-ratio distorting meiotic driver (SR), females do not  
124 discriminate against males despite large fitness cost (Price *et al.*, 2012). By mating with SR-  
125 carrying males, females will produce the more common sex (daughters) and may also suffer  
126 reduced fertility as SR males transfer smaller ejaculates (Price *et al.*, 2008a, b). In *Teleopsis*  
127 *dalmanni* stalk-eyed flies carrying a sex ratio distorter (an X-linked meiotic driver), females  
128 prefer to mate with males with long eye-stalks. This signals that they carry a genetic  
129 suppressor of sex-ratio drive meaning females will sire both sons and daughters (Cotton *et*  
130 *al.*, 2014). On the other hand, in mice carrying an autosomal meiotic driver, the *t*-complex,  
131 heterozygous females avoid mating with males carrying the *t*-haplotype. This may be  
132 advantageous because homozygous recessives are lethal (Lenington, 1991). Again odour cues  
133 are involved, with the *t*-complex being contained in an inversion system that also harbours  
134 the MHC alleles used in kin recognition (Lindholm *et al.*, 2013). However, mate choice is not

135 always present and it is suggested that *t*-specific female preferences may not be  
136 evolutionarily stable (Sutter & Lindholm, 2016).

137

138 In summary, there is only limited evidence for mate discrimination against carriers of SGEs.  
139 For the cases where this has been documented, mate choice appears to be based on cues that  
140 are directly linked to the SGE – usually odour cues, although eye-stalk length appears to be a  
141 reliable signal of males carrying a genetic suppressor of sex ratio drive in stalk-eyed flies. So  
142 why is there such scant evidence of SGEs-based mate choice? One reason may be a lack of  
143 genetic linkage between the SGE and the preference allele due to recombination (Nicholls &  
144 Butlin, 1998; Lande & Wilkinson, 1999). It is interesting to note, that in the stalk-eyed flies  
145 there is evidence of a tight linkage between the preference alleles and sex ratio drive (Johns  
146 *et al.*, 2005). A recent theoretical model also shows that preference can only persist in the  
147 presence of a cue that reliably indicates a male's distorter genotype (Manser *et al.*, 2017). We  
148 may therefore predict that selfish endosymbionts are more likely to have an effect on mate  
149 choice than other SGEs, as there is scope for these bacteria to have a direct impact on both  
150 odour production and invading the central nervous system of their host where cue processing  
151 takes place.

152

#### 153 *b) SGEs affect male fertility and sperm competition*

154 In contrast to the somewhat limited evidence of SGEs shaping mate preferences, there is  
155 ample evidence to show that SGE-carriers frequently suffer reduced gamete production  
156 (Zanders & Unckless, 2019). Males in particular that carry different types of SGE have  
157 reduced sperm production (Price & Wedell, 2008). While female gamete-killers operate by  
158 exploiting the asymmetric meiosis in females, where one meiotic product is selected to  
159 become the gamete (Chmatal *et al.*, 2014), they are less commonly observed than SGEs that  
160 target sperm. This may be because female drive can result in population extinction  
161 (Hamilton, 1967), and to a greater impact of gamete reduction on female compared to male  
162 fitness. There are two main ways SGEs target male spermatogenesis to increase their  
163 transmission success. Segregation distorters do this by eliminating allelic rivals during  
164 meiosis by selectively killing sperm that do not carry the distorter. Meiotic drivers achieve  
165 their transmission advantage by being the only sperm type remaining in drive-carrying males'  
166 ejaculate (Courret *et al.*, 2019). Post-segregation distorters such as maternally inherited  
167 endosymbionts achieve their transmission advantage by killing or feminizing males, or by  
168 modifying sperm function resulting in zygote death when eggs lacking the endosymbiont are  
169 fertilized. This resulting reproductive incompatibility (cytoplasmic incompatibility, CI)  
170 means that uninfected females have dramatically reduced offspring production, whereas  
171 infected females who are compatible with both infected and non-infected males' sperm  
172 produce offspring that carry the endosymbiont. This differential offspring production  
173 translates into a large transmission advantage favouring the spread of the endosymbiont  
174 through a population (Werren, 1997). However, sperm modification by post-segregation  
175 distorters, and sperm immobilisation and killing by segregation distorters, result in reduced  
176 sperm production and therefore may result in transfer of less sperm to females at mating  
177 compared to non-carrying males. There are exceptions to this rule, for example male *T.*  
178 *dalmanni* carrying sex ratio drive (SR) do not suffer reduced sperm production, but instead  
179 produce and deliver as many sperm as wild-type males. It is suggested that males have  
180 evolved to compensate for sperm loss due to SR by increased sperm production to match wild  
181 type male ejaculate production (Meade *et al.*, 2019). Whether this is due to lower overall  
182 sperm production and delivery by *T. dalmanni* males per mating compared to other fly  
183 species and/or due to unknown trade-offs with other fitness related traits, is currently not  
184 clear (Meade *et al.*, 2020).

185  
186 The magnitude of the sperm killing/modification of SGE-carrying males can be substantial.  
187 The reduction in male fertility ranges from no significant impact on sperm numbers (e.g. *T.*  
188 *dalmanni* mentioned above) to a reduction of more than 50% as has been shown in several  
189 species carrying sex-ratio drive (Price & Wedell, 2008). In addition, the mechanism whereby  
190 the gametes are rendered inviable can have deleterious impacts on the surviving SGE-  
191 carrying sperm (Price & Wedell, 2008). For example, in *D. pseudoobscura* SR males only  
192 produce X-linked sperm as all the Y-sperm are killed. However, the act of sperm killing  
193 appears to have a spill-over effect reducing the vigour of the surviving sperm that carry SR  
194 (Price *et al.*, 2008a). It is also possible that female behaviour post mating affects the number  
195 of sperm delivered by SGE-carrying males thereby reducing the likelihood of fertilization  
196 (i.e. cryptic female choice (Eberhard, 1996)). This requires that the cost of mating is  
197 relatively low allowing polyandrous females to discriminate against specific males post-  
198 mating. In many animals, females eject sperm following insemination. For example, female  
199 feral fowl eject the ejaculate after being inseminated by a subordinate male (Pizzari &  
200 Birkhead, 2000), and sperm ejection is common in many other birds, mammals, and insects  
201 (e.g. Snook & Hosken, 2004). It is currently not known if females preferentially eject sperm  
202 following mating with males carrying SGEs. In *D. simulans*, sperm are preferentially lost  
203 from the females' sperm storage following mating to males carrying sex-ratio drive (SR).  
204 However, it is not known if the removal of SR males' sperm is due to a specific response by  
205 females to sperm carrying the SR driver, or is a response to receiving small overall ejaculates  
206 (Angelard *et al.*, 2008). There is little previous evidence that females can detect meiotic  
207 drivers in sperm, and it therefore seems likely that *D. simulans* females respond to the  
208 significantly smaller ejaculates transferred by SR males (Price *et al.*, 2009). Whether female  
209 sperm dumping is a general strategy to guard against ejaculates carrying SGEs is not known,  
210 and is predicted to occur only when the cost of mating to females is low.

211  
212 Even if females are unable to detect the ejaculate of SGE-carrying males and preferentially  
213 eject sperm following insemination, there are additional strategies that they can adopt to  
214 reduce the risk of fertilizing their eggs with SGE carrying males' sperm. As SGEs frequently  
215 compromise males' sperm production, this often translates into reduced sperm competitive  
216 ability (Price & Wedell, 2008). This is because the outcome of sperm competition is often  
217 dependent on relative sperm number (Parker, 1970). In addition, the method of sperm  
218 killing/modification by SGEs often results in reduced performance in sperm competition over  
219 and above the impact of reduced sperm numbers (e.g. Price *et al.*, 2008a). This critically sets  
220 up a link between males carrying SGEs and poor sperm competitive ability, which in theory  
221 should favour polyandry (female multiple mating) as a strategy to promote sperm  
222 competition and reduce the risk of fertilizing their eggs with SGE-carrying males' sperm  
223 (Zeh & Zeh, 1996). Again, the cost of polyandry has to be relatively low. In support of this  
224 prediction, female *D. pseudoobscura* evolving in the presence of males carrying a sex ratio  
225 distorter (SR) rapidly evolved increased mating frequency and rate of remating (Price *et al.*,  
226 2008b). Subsequent work has shown that polyandry is a very effective strategy that  
227 undermines the transmission advantage of SR (Price *et al.*, 2010). Female mating patterns are  
228 influenced by the presence of SGEs that reduce male fertility also in house mice and flies  
229 (Lindholm *et al.*, 2016). This indicates the presence of SGEs may in general promote  
230 polyandry as a female strategy to reduce the risk of producing offspring sired by SGE-  
231 carrying males, and as a consequence also limit the spread of the SGE.

232  
233 In summary, there is ample evidence that SGEs have a detrimental impact on the  
234 reproductive success of SGE-carrying males by compromising their fertility. Reduced male

235 fertility can affect female mating decisions, often by promoting polyandry and sperm  
236 competition as a strategy to reduce the risk of siring their offspring by SGE-carrying males.

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238

### 239 3. SGEs affect sex determination

240

241 SGEs have been shown to play a key role in the evolution and turnover of sex chromosomes  
242 (Kozielska *et al.*, 2010; Mank *et al.*, 2014). Selfish sex chromosomes cause sex ratio bias  
243 (Table 1) that in turn can result in population extinction (Hamilton, 1967; Price *et al.*, 2010),  
244 or suppression (Jaenike, 2001). Sex ratio distorters either promote genetic suppression or  
245 evolution of new sex determination systems as a way to restore sex ratio to unity. The cost of  
246 drive and the strength of selection associated with sex ratio distortion is suggested to affect  
247 the outcome, with strong drive favouring a change in the sex determination system, whereas  
248 weak drive favours accumulation of suppressors (Lyttle, 1981; Kozielska *et al.*, 2010).  
249 Selfish endosymbionts can cause feminization of genetic males, and microbe-induced  
250 parthenogenesis regularly occurs in arthropods (Kageyama *et al.*, 2012). It is also suggested  
251 that TEs through their influence on the expression of sexual development genes, often with  
252 pronounced sex-specific effect, can influence sex determination including sex chromosome  
253 evolution (Dechaud *et al.*, 2019). Hence a variety of SGEs have a major influence on the  
254 evolutionary dynamics of sex chromosomes.

255

#### 256 *SGEs, sex chromosome evolution and sex chromosome turnover*

257 SGEs that cause sex ratio distortion (Table 1) often target sex determination mechanisms  
258 including the sex chromosomes themselves (Ma *et al.*, 2014; Courret *et al.*, 2019). As such  
259 sex chromosomes are vulnerable to the invasion of segregation distorters. This may not be  
260 surprising seeing that any gene on the X/Z can efficiently drive against the Y/W (and *vice*  
261 *versa*) resulting in sex ratio distortion (Hamilton, 1967). This in turn will promote strong  
262 selection to restore sex ratio to unity, which can favour the evolution of new sex  
263 chromosomes or new ways to determine sex. For example, segregation distorters have  
264 promoted the evolution of new mechanisms of sex-determination in rodents (e.g. wood-  
265 lemmings, moles and voles), as well as in flies (including the house fly), and scale insects  
266 (Beukeboom & Perrin, 2014). A recent model has even suggested that meiotic drive can give  
267 rise to sex chromosomes because any new sex determining allele will be favoured when  
268 linked to a sex-specific meiotic driver and therefore rapidly spread as a new sex chromosome  
269 (Úbeda *et al.*, 2015). In support of this prediction is the recent finding that in a population of  
270 the African monarch butterfly *Danaus chrysippus* harbouring male-killing *Spiroplasma*  
271 endosymbionts, a neo-W sex chromosome has hitchhiked to high frequency as the male killer  
272 has spread through the population. There appears to be a perfect genealogical congruence  
273 between the genome of the male-killing *Spiroplasma* and the neo-W sex chromosome  
274 (Martin *et al.*, 2020), suggesting that male-killing has favoured the rise of this new sex  
275 chromosome. In general sex-chromosome turnover frequently appears to involve autosome-  
276 sex chromosome fusion resulting in neo-sex chromosomes in vertebrates (e.g. Kitano &  
277 Peichel, 2012), and invertebrates (e.g. Carabel Paladio *et al.*, 2019) and are associated with  
278 faster evolution of post-zygotic isolation and diversification (Turelli & Begun, 1997; Lima,  
279 2014). In turn neo-sex chromosomes often involve small and repeat-rich chromosomes (e.g.  
280 Ahola *et al.*, 2014), suggesting a role for SGEs such as TEs.

281

282 Sex determination and differentiation of arthropods can also be perturbed by endosymbionts  
283 and promote evolution of new sex chromosomes. For example, some populations of *A.*  
284 *vulgare* pill bugs harbour feminizing *Wolbachia* that turn ZZ males into females (Leclercq *et*

285 *al.*, 2016). As a consequence, the effective population size of the W chromosome is reduced  
286 eventually resulting in its elimination (Rigaud, 1997). As a consequence of *Wolbachia*-  
287 induced feminization, all individuals are females but ZZ genetic males; those inheriting  
288 *Wolbachia* develop as females, whereas uninfected embryos develop as males, meaning there  
289 has been a transition from genetic to endosymbiont-determined sex determination. In  
290 addition, a new female determining factor that converts genetic males into females has  
291 recently been discovered. Females from these lines are thought to be ZZ genetic males  
292 converted into females by an unknown feminizing agent termed the “*f* element”. Further  
293 work has shown that this genetic element has triggered the evolution of a new W sex  
294 chromosome by horizontal transfer of part of the bacterial genome into the pillbug’s nuclear  
295 genome (Leclercq *et al.*, 2016). This complicated scenario in *A. vulgare* suggests that  
296 *Wolbachia* promoted sex chromosome turnover by first causing the loss of the W sex  
297 chromosome, and then by inserting a new sex-determining region into the nuclear genome.  
298 This sequence of events suggests that the birth of the new sex chromosome in the pill bug has  
299 its origin in the horizontal gene transfer of an initially feminizing endosymbiont (Leclercq *et*  
300 *al.*, 2016). Evidence of the wide-spread ongoing tension between SGE-fuelled sex  
301 determination and mechanisms to restore sex-ratio to unity, is the frequent occurrence of a  
302 variety of aberrations such as gynandromorphs, in addition to sex-specific lethality (e.g. male  
303 killing) and conversion of gender (e.g. feminization of genetic males). Such sexual  
304 abnormalities can be caused by selfish maternally transmitted endosymbionts such as  
305 *Wolbachia*, *Rickettsia*, *Arsenophonus*, *Spiroplasma* and *Cardinium* bacteria, and by  
306 microsporidian protists (Kageyama *et al.*, 2012) that interfere with the sex-determining  
307 systems (Ma *et al.*, 2014).

308  
309 Segregation distorters also have the potential to fuel the turnover of sex chromosomes by  
310 invasion and initiating silencing mechanisms to suppress their action (Meiklejohn & Tao,  
311 2009). Silencing of sex-linked genes is a common occurrence and involves meiotic sex  
312 chromosome inactivation (MSCI), and other inactivation mechanisms such as RNA  
313 interference and methylation (Bird, 2019; Vogel *et al.*, 2019). The co-evolution of SGEs and  
314 their silencing mechanisms on the sex chromosome can lead to reproductive incompatibilities  
315 between populations harbouring different segregation distorters and suppressors and may  
316 even contribute to speciation (Meiklejohn & Tao, 2009). Furthermore, in addition to the  
317 reduced recombination of sex chromosomes, these silencing mechanisms can promote new  
318 sex determination systems that allow SGEs to escape inactivation and sex chromosome  
319 degeneration. For example, it is suggested that gene silencing of the Y chromosome in the fly  
320 *D. albomicans* may have initiated the process of degeneration (Zhou & Bachtrog, 2012). In  
321 addition, new sex-determining mechanisms such as novel sex chromosomes can facilitate a  
322 selective sweep of the sex determining region that may also result in hitchhiking of linked  
323 genes with large fitness effects (Hall, 2004; Nolte *et al.*, 2013, Miyata *et al.*, 2017). This  
324 means there is the potential that SGEs can also increase in spread by being tightly linked to  
325 high-fitness alleles under positive selection (Mank *et al.*, 2014).

326  
327 In summary, selfish sex chromosomes and maternally inherited endosymbionts that cause sex  
328 ratio distortion can favour new ways of determining sex to restore sex ratio to unity. This can  
329 involve a variety of mechanisms and we are only now beginning to unravel the complex  
330 interaction between SGEs and novel ways to determine sex.

331

332

333 *4. SGEs can generate sexual conflict and sexually antagonistic selection*

334

335 SGEs enjoy a selfish transmission advantage with many showing asymmetrical transmission  
336 either through males (e.g. sperm killers), or females (e.g. selfish endosymbionts). While there  
337 are some SGEs that are exclusively transmitted in males (e.g. paternal sex ratio in *Nasonia*  
338 wasps (Werren, 1991)), many SGEs predominately show a sex-biased transmission in  
339 females. For example, mitochondria and other cytoplasmically transmitted agents are  
340 (almost) exclusively inherited from mother to offspring (Werren, 1997). Female gametes are  
341 usually substantially larger than sperm, in part due to a larger volume of cytoplasm that can  
342 harbour selfish endosymbionts that are hitchhiking to the next generation. It is even  
343 suggested that one reason that sperm are generally small (over and above the numerical  
344 superiority favoured by sperm competition (Parker, 1970)) is because they carry little  
345 cytoplasm, which reduces the risk of passing on hitchhiking SGEs to offspring (Randerson &  
346 Hurst, 1999). Because of the asymmetrical sexual inheritance of some SGEs, this can  
347 translate to differential selection imposed on males and females.

348  
349 For SGEs that are equally transmitted through both sexes, the overall cost to the individual  
350 carrying the SGEs will shape the transmission success. In some cases, the outcome is a less  
351 effective transmission of the SGE if greater transmission is associated with considerable  
352 fitness costs to the host. For endosymbionts and females this conflict is less apparent and may  
353 even be non-existing as their respective fitnesses are often aligned. For example, in the fly *D.*  
354 *simulans*, the Riverside strain of *Wolbachia* has gone from imposing a 15-20% fecundity cost  
355 to providing a 10% fecundity benefit to females in less than 20 years of coevolution (Weeks  
356 *et al.*, 2007). Moreover, many SGEs while not causing sex ratio distortion, also have sex-  
357 specific effects. For example, many TEs show pronounced sex-specific activity (Dechaud *et*  
358 *al.*, 2019). The differential expression of SGEs in males and females has the potential to  
359 generate sexual conflict through their potentially sexually antagonistic effect. This is because  
360 males and females share most of their genome and develop many of the same traits, but each  
361 sex frequently has different optimal trait values, creating intra-locus sexual conflict  
362 (Bonduriansky & Chenoweth, 2009). This means that SGEs have the potential to fuel such  
363 intra-locus sexual conflict by their sex-specific effects (Wedell, 2013; Mank *et al.*, 2014).  
364 Below I outline a few examples to illustrate how different SGEs can generate sexual conflict.

#### 365 366 *a) Endosymbionts promote female fitness through feminizing selection*

367 Endosymbionts are almost exclusively maternally inherited and therefore the evolutionary  
368 interests of the endosymbiont and female function are often aligned, which frequently  
369 translate into feminizing selection to promote female fitness. An extreme example is the  
370 situation in the wasp *Asobara tabida*, where female ovary development is entirely dependent  
371 on *Wolbachia* infection – if females are cured of *Wolbachia* they become sterile (Dedeine *et*  
372 *al.*, 2001). In general, we predict that maternally inherited endosymbionts such as *Wolbachia*  
373 in arthropods and mitochondria in animals would enhance female fecundity as this increases  
374 their own transmission success and hence the evolutionary interests of females and  
375 endosymbionts are frequently aligned. In support of this suggestion, in lab-adapted *D.*  
376 *melanogaster* females, *Wolbachia* increases insulin/IGF-like signalling (IIS) resulting in  
377 increased fecundity (Tomoatsu *et al.*, 2009). Endosymbiont-enhancing female fitness is also  
378 predicted to increase the longer the duration for coevolution, a prediction supported by  
379 empirical findings (e.g. Weeks *et al.*, 2007). However, due to the fact that males and females  
380 share a genome, genes that are shaped by feminizing selection to maximize female fitness can  
381 result in reduced male fitness when expressed in males. For example, in *D. simulans*, the  
382 Riverside strain of *Wolbachia* is associated with increased female fecundity (Weeks *et al.*,  
383 2007), whereas in males *Wolbachia* reduces sperm production (Snook *et al.*, 2000), and  
384 sperm competitive success (Champion de Crespigny & Wedell, 2006). *Wolbachia* therefore



385 generate strong sex-specific fitness differences. Similarly, endosymbionts that cause  
386 feminization of genetic males will clearly impose a cost on the male function. For example,  
387 feminization of males has the potential to have a detrimental impact on sexually selected  
388 traits expressed in males such as odour and visual cues used in mate choice. While there is to  
389 date no definitive evidence that feminizers have a detrimental effect on male reproductive  
390 success by affecting the expression of sexually selected traits, this is a real possibility. In  
391 many feminized systems, some males tend to escape feminization and there are naturally  
392 occurring curing agents such as exposure to high temperature and antimicrobial products that  
393 remove the endosymbiont resulting in the resurgence of males (Werren, 1997), allowing this  
394 prediction to be tested.

395  
396 A negative intersexual genetic correlation for fitness is frequently interpreted as evidence for  
397 the existence of widespread intra-locus sexual conflict where a high male fitness genotype  
398 gives rise to a low fitness female and *vice versa*. However, this negative intersexual  
399 correlation may instead be due to endosymbionts causing reproductive incompatibilities  
400 between infected males and uninfected females (Duffy *et al.*, 2019). For example, *Wolbachia*  
401 (and other endosymbionts) frequently cause reproductive failure in crosses between infected  
402 males and uninfected females (CI). *Wolbachia* will therefore reduce the fitness of uninfected  
403 females mated to infected males, while uninfected males will not suffer this fitness reduction  
404 if they mate with infected females. In fact, uninfected males often have higher fitness than  
405 infected males that can have compromised sperm production and sperm competitive ability  
406 (e.g. Champion de Crespigny & Wedell, 2006). This asymmetry in fitness between the sexes  
407 can generate a strong negative intersexual genetic correlation for fitness, thus mimicking  
408 intra-locus sexual conflict. In support of this prediction, experimental findings in *D. simulans*  
409 crosses coupled with simulations show that *Wolbachia* can generate signals of intra-locus  
410 sexual conflict (Duffy *et al.*, 2019). This possibility is currently largely overlooked as a  
411 potentially common source generating sexual conflict in arthropods, but is likely to be of  
412 genuine importance seeing the prevalence of CI-inducing endosymbionts.

413  
414 The uniparental inheritance of mitochondria, the powerhouse of cells, generates a conflict  
415 with the nuclear genome over sex determination and sex ratio, and also creates the  
416 opportunity for sexually antagonistic selection as mitochondria can increase maternal fitness  
417 but with a potential detrimental side-effect to males – often referred to as ‘mothers curse’  
418 (Gemmell *et al.*, 2004; Havird *et al.*, 2019). This occurs because mtDNA cannot evolve for  
419 male function as their heritability in males is zero. For example, in dioecious plants there is  
420 evidence that mitochondria can induce cytoplasmic sterility and abort pollen production  
421 altogether, instead diverting these resources to enhance the female function which will favour  
422 mitochondrial transmission (e.g. Loussaert *et al.*, 2017). This generates selection on the  
423 nuclear genome to suppress the action of such selfish mitochondria and restore sex ratio to  
424 unity (Fujii *et al.*, 2011). Less overt is the situation where mitochondrial genes have a  
425 negative effect on male fitness that can include compromised sperm function and fertility  
426 without affecting female fitness (Patel *et al.*, 2016; Vaught & Dowling, 2018). Such reduced  
427 male reproductive fitness can persist, as low fertility genes are not removed by selection since  
428 they are inherited through females where they are never expressed. However, selfish  
429 mitochondria can also generate antagonistic selection by favouring the female function at a  
430 cost to male fitness. One such example is a mutation in the cytochrome B identified in *D.*  
431 *melanogaster* that increase female fitness whilst simultaneously decreasing male fertility  
432 (Camus *et al.*, 2018). It is therefore likely that selfish mitochondria also represent a  
433 ubiquitous source generating sexually antagonistic selection.

434

435 In summary, because of the asymmetrical inheritance of many SGEs, it is perhaps not  
436 surprising they often generate sex-specific fitness impacts. There is extensive evidence that  
437 maternally inherited cytoplasmic SGEs can generate sex-specific and sexually antagonistic  
438 selection. Future research will reveal the relative importance of endosymbionts such as  
439 *Wolbachia* and the mitochondria for generating sex-specific selection, but it is worth noting  
440 that the inheritance patterns will promote genetic hitchhiking between these two cytoplasmic  
441 agents eventually resulting in linkage. Similarly, the frequently reported nuclear-  
442 mitochondrial interactions affecting male fertility may be due to endosymbionts such as  
443 *Wolbachia*, *Spiroplasma* and *Cardinium*, rather than a linkage disequilibrium between certain  
444 maternal mitochondrial haplotypes and the nuclear genome. Hence, endosymbionts may have  
445 an overlooked role to play in generating the reported ‘mitochondrial load’ reducing male  
446 fertility reported in several insects. The origin of mitochondria stems from an ancient  
447 endosymbiosis, and hence share features with other endosymbionts, albeit subject to billion  
448 years of coevolution (Zachar *et al.*, 2018). It is therefore possible there are lessons to be  
449 learnt from studying coevolved associations of different ages to explore the importance of the  
450 interactions between nuclear and cytoplasmic genes for the pattern of sex-specific and  
451 sexually antagonistic effects and the potential for resolution of such SGE-generated sexual  
452 conflicts.

453  
454 *b) Sex-ratio distorters are sex-specific and can generate conflict*

455 Most sex ratio distorters target males by killing sperm, males, or by feminization of genetic  
456 males, and inducing parthenogenesis and therefore by their very nature, generate strong sex-  
457 specific effects. There are examples of sex-ratio distorters that bias sex ratio towards males  
458 such as *psr* in *Nasonia* wasps that convert diploid eggs into haploid eggs resulting in male  
459 offspring. Nevertheless, despite being paternally inherited, this results in complete  
460 elimination of the sperm-derived hereditary material (Aldrich *et al.*, 2017). Paternal genome  
461 elimination (PGE) also occurs in mealybugs where males are diploid but only transmit the  
462 maternally inherited chromosomes with the paternal ones eliminated from their sperm  
463 (Normark, 2003). As a consequence, mothers in effect monopolise the parentage of sons at  
464 the cost of fathers’ reproductive success generating a conflict between maternal and paternal  
465 genomes over gene transmission. PGE is a type of meiotic drive in which the entire maternal  
466 chromosomal complement drives, and hence we expect there to be strong selection for  
467 suppression of PGE to evolve as is the case in many other meiotic drive systems (Jaenike,  
468 2001). Crosses between *Planococcus citri* and *P. ficus* mealybugs have the potential to  
469 uncover such an arms-race between maternal and paternal chromosomes. Recent experiments  
470 revealed that elimination of paternally derived chromosomes was not completely effective,  
471 implying scope for intragenomic conflict, but no evidence for an ongoing arms race was  
472 found (de la Filia *et al.*, 2019). As yet, it is not known if the incomplete PGE is associated  
473 with any fitness differences between male genotypes, but it would appear that there is almost  
474 complete maternal control over inheritance. Less extreme examples of sex ratio distorters  
475 exerting sex-specific selection are found in other taxa harbouring sperm and male killers, and  
476 feminizers.

477  
478 Above, I have provided several examples of SGEs generating sexual selection and sexual  
479 conflict and also outlined why we might expect this to be the case, i.e. asymmetrical  
480 inheritance and the generation of sex-specific selection. There are several similarities  
481 between the conflict generated by segregation distorters such as meiotic drivers and sexually  
482 antagonistic alleles (SA, alleles with opposing fitness effects when expressed in males and  
483 females) that stem from the reproductive conflict between the two sexes (Trivers & Burt,  
484 2006). A recent model has even shown that meiotic drive attracts SA alleles and can increase

485 the opportunity for polymorphism, and similarly that the opportunity for polymorphism at a  
486 driving locus also increases when linked to a SA locus (Patten, 2014). The initial model was  
487 developed for autosomal drive but the findings also holds true for X-linked drive: the driving  
488 sex chromosome becomes enriched for sexually antagonistic effects that benefits the sex in  
489 which the drive occurs (Rydzewski *et al.*, 2016). Both processes have the potential to  
490 maintain genetic variation within populations, but to date there has been little empirical  
491 exploration into the possibility that meiotic drive and sexually antagonistic selection  
492 stemming from SA alleles can reinforce each other and contribute to genetic variation of  
493 fitness related traits.

494  
495 The frequency of drive alleles is predicted to increase when a drive allele is linked to a  
496 sexually antagonistic polymorphism. In addition, drivers are predicted to accumulate SA  
497 alleles and to favour reduced recombination, analogous to a sex-determining locus (Patten,  
498 2014; Rydzewski *et al.*, 2016). Previous models have shown that sexual antagonism should in  
499 itself favour reduced recombination (Rice, 1987) hence the combined impact of drive and  
500 sexual antagonism should strengthen the speed of evolution of reduced recombination  
501 (Patten, 2014; Rydzewski *et al.*, 2016). We therefore predict that there should commonly be  
502 haplotypes with driving and sexually antagonistic effects that in theory should promote new  
503 sex-determining alleles. This is especially true for meiotic drivers with strong sex-specific  
504 fitness effects that may give rise to new sex determining alleles. It is known that sex  
505 chromosomes are particularly vulnerable to the invasion of drivers (Jaenike, 2001), but  
506 maybe drivers themselves have an unappreciated role to play in the origin of new sex  
507 chromosomes (Kozielska *et al.*, 2010; Patten, 2014).

508  
509 In summary, sex-linked meiotic drivers and sexual antagonism appear to be intrinsically  
510 linked and their joint selective force may exert dramatic impact on sex chromosome  
511 evolution and fuel sexual conflict. This is especially likely to be the case when involving X-  
512 chromosome drivers (Rydzewski *et al.*, 2016). Drive is more likely to occur on the X  
513 chromosome than on the autosome (Jaenike, 2001), and the X chromosome is predicted to  
514 accumulate SA alleles (Rice, 1987). Hence, there is a predicted link between sexual  
515 antagonism, meiotic drive and sex determination – any one of them will favour the other two  
516 in a population (Patten, 2014).

517  
518 *c) Other SGEs as sexually antagonistic alleles*

519 Segregation distorters are unequally exposed to selection in males and females, a trait they  
520 have in common with SA alleles. While many SGEs such as segregation distorters act  
521 through brute force via killing of males and sperm, or through feminization of genetic males  
522 resulting in sex-bias, other SGEs are inherited equally through males and females such as  
523 TEs and exert a more subtle sex-specific effect. It is worth remembering that the transmission  
524 success of TEs is reliant on sex, as sexual reproduction and outcrossing provide TEs with a  
525 means of spreading to all individuals in a population (Wright & Finnegan, 2001). This  
526 prediction is supported by findings that in yeast asexual reproduction is shown to reduce the  
527 load of TEs (Bast *et al.*, 2019). In mammals, it appears that oocytes are more resilient to TE  
528 activity than the male germline, and it is suggested that this difference could be due to the  
529 ongoing division of sperm cells, in contrast to oocytes, which undergo a long meiotic arrest.  
530 Cell division is required for TE transposition, and many more cell divisions occur in the male  
531 germline (Dechaud *et al.*, 2019). But there are also sex-differences in expression patterns of  
532 TEs that affect reproductive fitness. For example, in *D. melanogaster* insecticide resistance is  
533 due to the action of a TE element inserted into the promotor region of a P450 detoxification  
534 gene (*Cyp6g1*) that result in upregulation and resistance (ffrench-Constant, 2013).

535 Interestingly there are large sex-differences in the expression pattern of the TE-generated  
536 insecticide resistance allele with females showing greater expression and greater resistance to  
537 insecticides compared to males (Schmidt *et al.*, 2010). Even without the TE insertion there  
538 appear to be sex differences in the expression pattern of *Cyp6g1* (Catalan *et al.*, 2012).  
539 Importantly, these sex-differences in expression are associated with sex-specific fitness  
540 differences depending of the genetic background. In most genetic backgrounds examined,  
541 resistant females enjoy a fecundity advantage compared to their susceptible counterparts  
542 implying no cost to resistance (McCart *et al.*, 2005; Rostant *et al.*, 2015; Hawkes *et al.*,  
543 2016). In contrast, in males increased expression of *Cyp6g1* conferring resistance can be  
544 associated with large fitness costs in terms of reduced mating success and reproductive output  
545 (Smith *et al.*, 2011; Hawkes *et al.*, 2016; Rostant *et al.*, 2017). In other words, the resistance  
546 allele functions as a SA allele conferring high fitness females and low fitness males and this  
547 sex-difference in fitness is sufficient to maintain polymorphism at this locus (Rostant *et al.*,  
548 2015). As yet it is not clear if the differential expression of *Cyp6g1* due to the TE activity  
549 between the sexes is an outcome to reduce the detrimental SA effects in males, or is an  
550 intrinsic effect of TE activity. But it is remarkable what large-scale impact upregulation of  
551 one gene has on the behaviour, morphology and fitness of *D. melanogaster* flies indicating  
552 substantial pleiotropic effects of this gene (Rostant *et al.*, 2017). Seeing that TEs are present  
553 in both bacteria and eukaryotes and can dramatically affect expression of individual genes  
554 and gene networks, often in a sex specific manner, it is highly likely there will be many more  
555 examples of TEs with sexually antagonistic effects to be discovered.

556

557

## 558 5. Summary and future prospects

559

560 The selfish nature of SGEs generates conflict with the rest of the genome that will select for  
561 suppression and silencing of selfishness. This is especially true for SGEs causing sex ratio  
562 distortion, that in turn can promote the evolution of new sex chromosomes. However,  
563 changes to sex determination, such as going from male heterogamety to female heterogamety  
564 or *vice versa* will alter the opportunity for selection. Heterogamety exposes recessive alleles  
565 to selection and therefore generates differential selection on sex-linked genes expressed in  
566 males and females (Rice, 1984). In principle, any SGE that is already present on a sex  
567 chromosome (or on a former autosome now involved in sex determination) will experience a  
568 shift in the strength of sex-specific selection. And as mentioned, segregation distorters such  
569 as sex-linked meiotic drivers are themselves magnets for SA alleles and hence are expected  
570 to accumulate on the driving sex chromosome (Rydzewski *et al.*, 2016). Many SGEs  
571 associated with sex ratio bias may therefore have dramatically different fitness effects when  
572 expressed in males or females following a shift in sex determination, depending on the  
573 population sex ratio and the degree of sex bias. For example, a genome that has experienced  
574 extensive periods of feminizing selection (e.g. by feminizing, male killing, or  
575 parthenogenesis-inducing bacteria) may have accumulated female-benefit alleles that lower  
576 male fitness when expressed in “rescued” males after the evolution of suppressors of sex-  
577 ratio distortion. We may predict that over time the cost of expressing such newly exposed SA  
578 alleles in the “rescued” sex should be ameliorated (Bonduriansky & Chenoweth, 2009). The  
579 resurgence of SA alleles may therefore be more prominent in populations experiencing a  
580 recent spread of a segregation-distorting suppressor allele or a shift in sex determination. In  
581 general, the rapid turn-over of sex chromosomes generated by sex ratio distorters will alter  
582 the exposure of sex-linked SA alleles to selection and contribute to sexual conflict. Seeing  
583 that sex chromosomes are magnets for SGEs and SA alleles, and in turn SGEs promote sex

584 chromosome turnover, there is a direct link between the recurrent intragenomic conflict  
585 caused by SGEs and the resurgence and exposure of SA alleles on sex chromosomes.

586  
587 SGEs may also represent an overlooked source generating balancing selection. Theory shows  
588 that because of the predicted tight linkage that is expected to accumulate between segregation  
589 distorters and SA alleles, they will contribute to increased polymorphism at driving and SA  
590 loci and thus maintain overall genetic variation (Patten, 2014). However, also non-driving  
591 SGEs have the potential to maintain genetic variation in sexually selected traits by generating  
592 strong opposing selection. For example, feminizing endosymbionts have the potential to  
593 expose male genomes to extensive feminizing selection that could compromise trait  
594 expression when males eventually escape feminization through naturally occurring curing  
595 events. As yet there is no definitive verification of this suggestion although preliminary  
596 findings indicate that male ultra-violet wing colouration – a sexually selected trait in male  
597 *Eurema hecabe* butterflies - is eroded when exposed to feminizing selection caused by a  
598 maternally-inherited female-biasing agent (Wedell & Kemp, *unpubl.*). Future work will  
599 reveal to what extent this reduction in male trait value is directly due to feminizing selection  
600 imposed by the endosymbiont, and therefore raises the possibility it may balance the  
601 increased trait value favoured by female choice (Kemp, 2008).

602  
603 In this review I have outlined several ways in which SGEs can directly shape sexual selection  
604 and sexual conflict by promoting sex chromosome evolution (e.g. sex-ratio distorters),  
605 affecting gene expression of sex-linked genes with SA effects (e.g. TEs), generating strong  
606 sex-specific selection (e.g. maternally transmitted endosymbionts and mitochondria) and  
607 acting as a magnet for SA alleles (e.g. segregation distorters). It is likely that there are many  
608 more undetected cases of SGEs with the potential to generate sexual selection and sexual  
609 conflict, but that have largely gone undetected (Lindholm *et al.*, 2016). Genetic conflict that  
610 involves antagonistic coevolution of SGEs and suppressors are often only uncovered in  
611 interpopulation crosses. Seeing the prevalence of SGEs in nature, this source of sexual  
612 conflict is likely to be greatly overlooked.

613  
614  
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620  
621

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