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Karl Jancart Duquesne University

Jessica Spirnak Duquesne University

Claire Boe Duquesne University

**Amber Delprince** Duquesne University

Regina Harbourne Duquesne University

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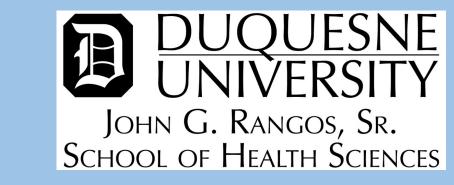
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# Functional Sitting Skill Development, Sitting Posture and the Relationship to Object Permanence in Infants with Motor Delays

Jancart, Karl, M.S.Ed.; Spirnak, Jessica; Boe, Claire; Delprince, Amber; Harbourne, Regina, PT, PhD; START-Play Consortium

Duquesne University, Pittsburgh, PA



# Background/Purpose

- Object Permanence is the ability to understand that objects continue to exist even when they cannot be observed.
- Object permanence, a cognitive construct, is grounded in infants' everyday perceptual-motor experience, such as sitting and object interaction.<sup>1-2</sup>
- The development of sitting may also contribute to building cognition through object understanding.
- Adequate postural control in sitting allows infants to process visual information and use their hands freely to manipulate objects, which facilitates cognitive development.<sup>3</sup>
- It is not clear how sitting development relates to object permanence in infants with motor delays.
- The purpose of this study was to investigate the relationship of two factors: functional sitting skill development, measured by a standardized observational test, and sitting posture, measured by angular forward lean of the trunk in sitting.
- 25 infants with severe motor delays were assessed for gains in object permanence, angular trunk lean, and functional sitting between baseline and 3 months.

### Results

- A significant regression equation was found (F(2,22)=9.63, p<.001) with a R<sup>2</sup> of .467. However, only GMFMsit was a significant predictor of object permanence scores (t=4.03, p=0.001). See graphs
- Infants who progressed in functional sitting skills were able to perform better on the Object Permanence Scale regardless of "normal" posture as measured by AngleSit.

# Conclusions

- Infant improvements in sitting skill, even though delayed developmentally and with adaptive postures, may contribute to advancing a cognitive skill such as understanding the permanent characteristics of objects.
- Advancement of object permanence may be related to sitting development, in addition to advances previously noted in selfmobility studies.

### Clinical Relevance

- Physical therapists often focus on alignment of posture in both early sitting and standing, at the expense of allowing functional adaptations that can drive cognitive advancement.
- Therapists should understand that infants may be building cognitive constructs during the emergence of sitting function.
- Cognitive tasks should be embedded in tasks focused on building functional motor abilities.

## **Participants**

- Twenty-five infants with severe motor delays were recruited as part of a larger study (START-Play).
- Inclusion criteria:
- > 1SD below mean for corrected age on motor domain of the Bayley Scales of Infant and Toddler Development
- 7-16 months of corrected age
- Ability to sit propping with their arms for at least 3 seconds but unable to get in and out of sitting (sitting emergence)
- Exclusion criteria: blindness, progressive disorder

## **Procedure**

- The Object Permanence Scale (OPS), the Gross Motor Function Measure-88<sup>4</sup> Sitting subsection (GMFM-SS), and angular measurement of forward lean of the trunk via the Angles Video Goniometer© App measured at baseline and 3 months.
- The median score of 3 trials of sitting used for trunk lean =AngleSit

## **Object Permanence Scale (OPS)**

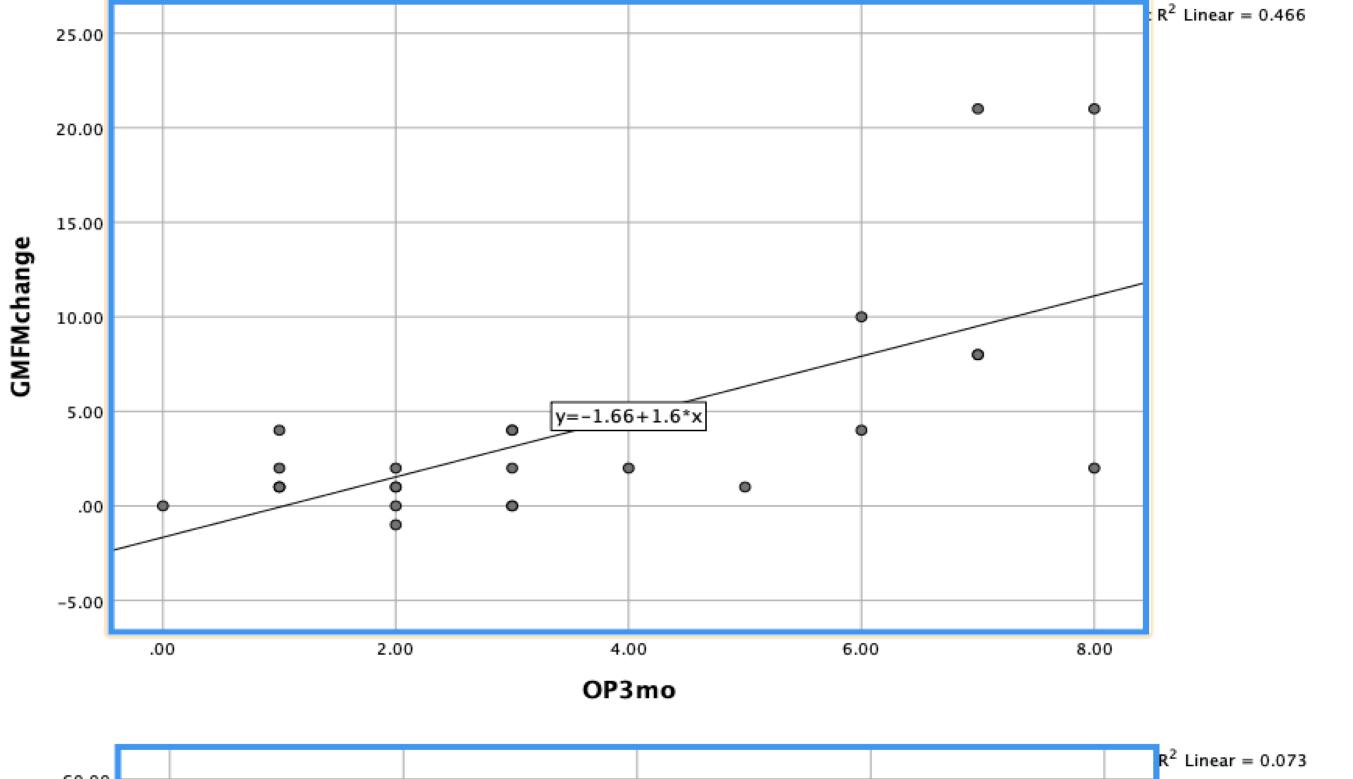
- Consists of 7 tasks extracted from developmental studies on object permanence.<sup>5</sup>
- Developed to measure object permanence from minimal to advanced skills, scaled from 0-10.
- During the test, infants sit on the floor or sit in a supportive chair depending on their ability to maintain a sitting position.

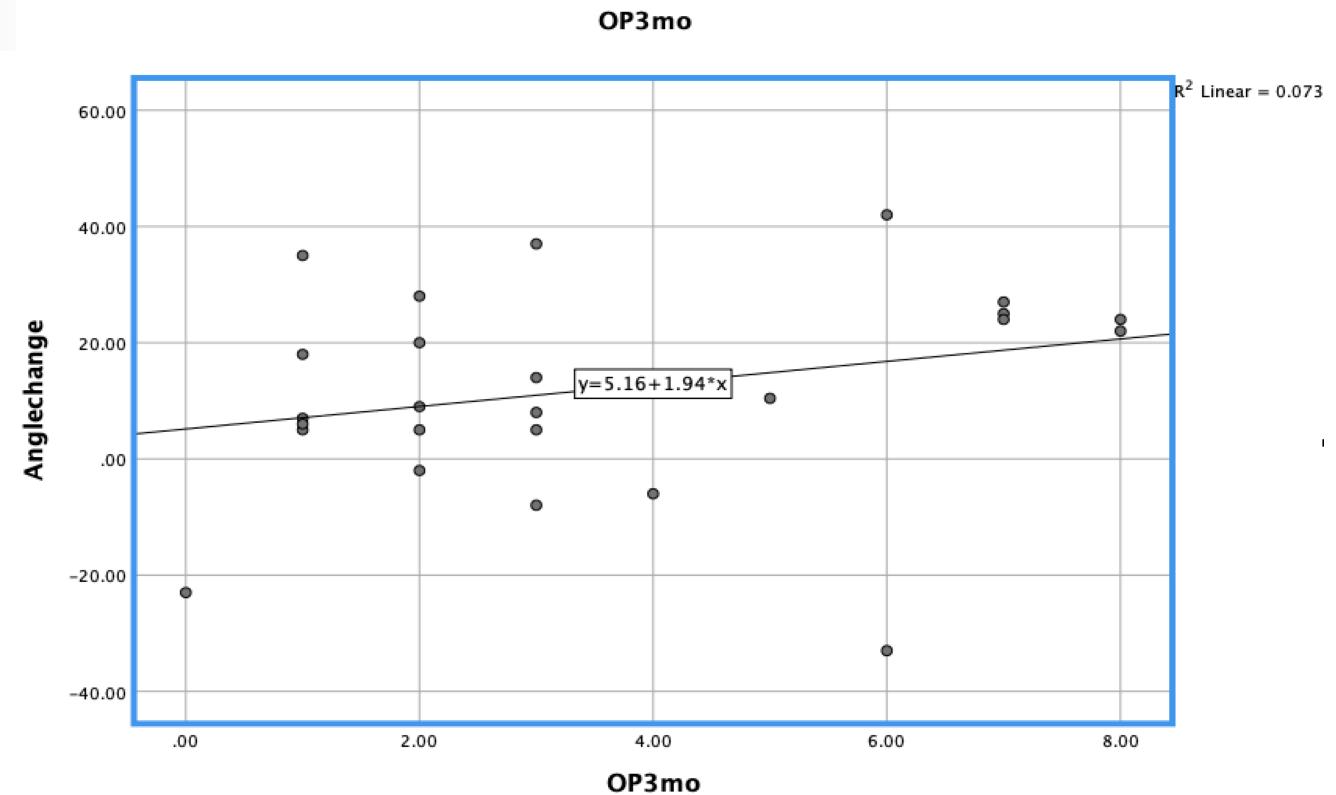
#### **Analysis**

- SPSS version 26 used
- Linear regression model with change scores in OPS =dependent variable
- Predictors=change in GMFMsit and change in AngleSit

# Angles Video Goniometer © App

- The Angles Video Goniometer©5 application measures forward trunk incline when support released in sitting.
- Coder moved video to point where the infant stops falling forward after trunk release.
- The coder (95% reliability) measured the angle of the trunk to the legs at the lowest point.

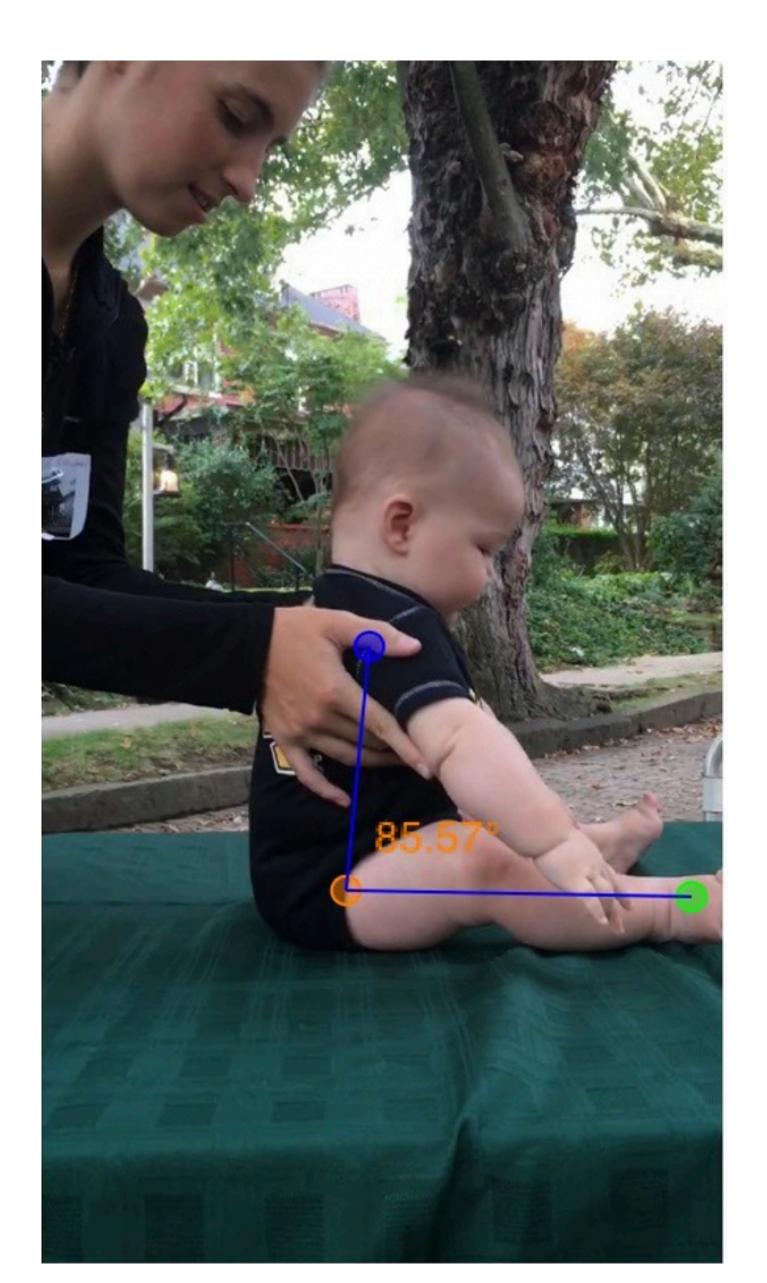




# Methods

# Score Behavior Child does not look at object or follow object

- 1 Child looks at object in one location, then shifts gaze to new location to find object when object is moved
- 2 Child re-orients body part other than head to gaze at moved object when object shifted in space
- Child re-orients body posture to follow object moved out of view (e.g., looking over edge of tray in highchair when toy dropped)
- 4 Looks inside of wide container and attempts to retrieve toy dropped inside
- 5 Pulls cloth off interesting toy after watching cloth being placed and toy partially visible
- 6 Pulls cloth off toy after watching toy being slid under cloth
- Pulls cloth off interesting toy after watching cloth being placed and toy completely covered, with identical cloth nearby
- 8 Finds a toy hidden under one of two cups
- Find a toy hidden under one of two cups when the cups are reversed after the toy is hidden
- Double visual displacement used as a toy is hidden under one cup, removed and hidden a second time under the second cup





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For any questions about this research, please contact Karl Jancart: jancartk@duq.edu