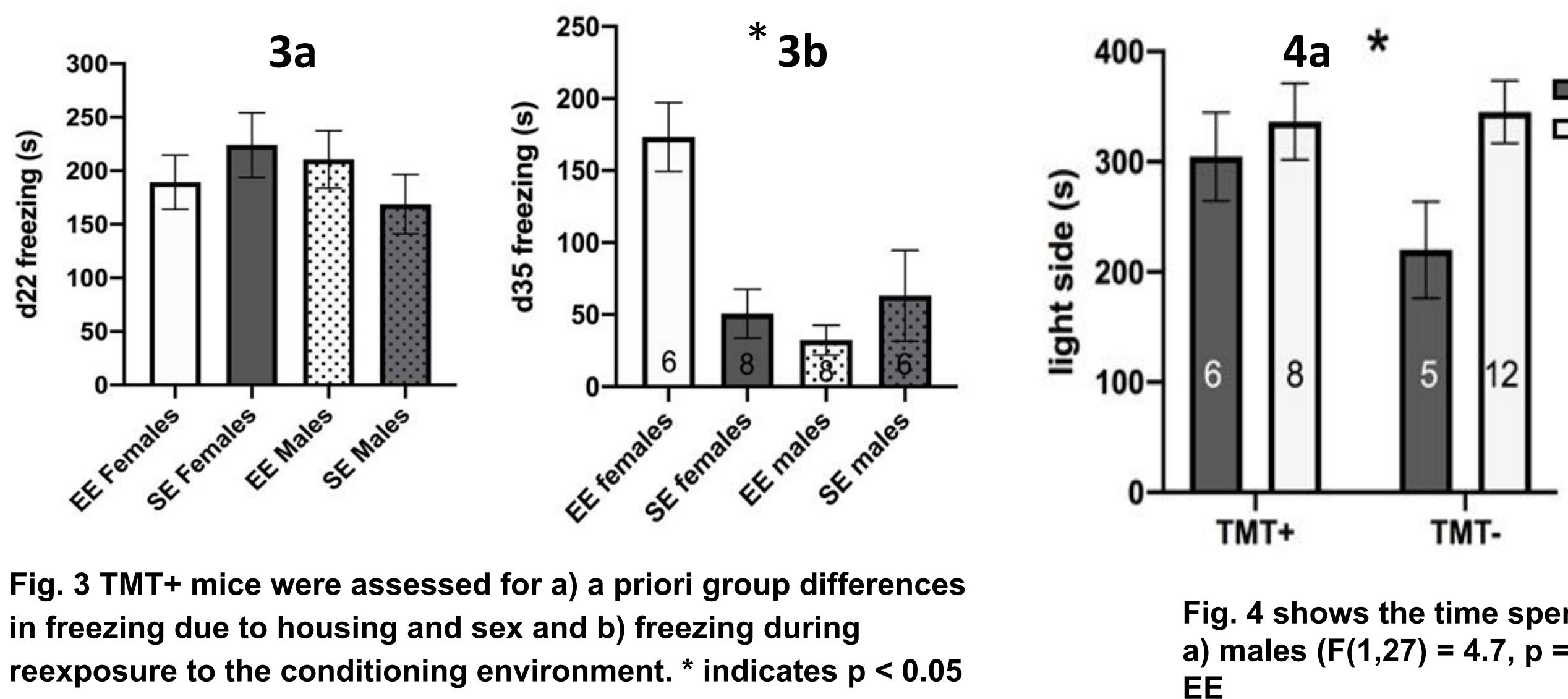
## The Effects of Environmental Enrichment on Post-Trauma Anxiety and Alcohol Use Disorder



## Background

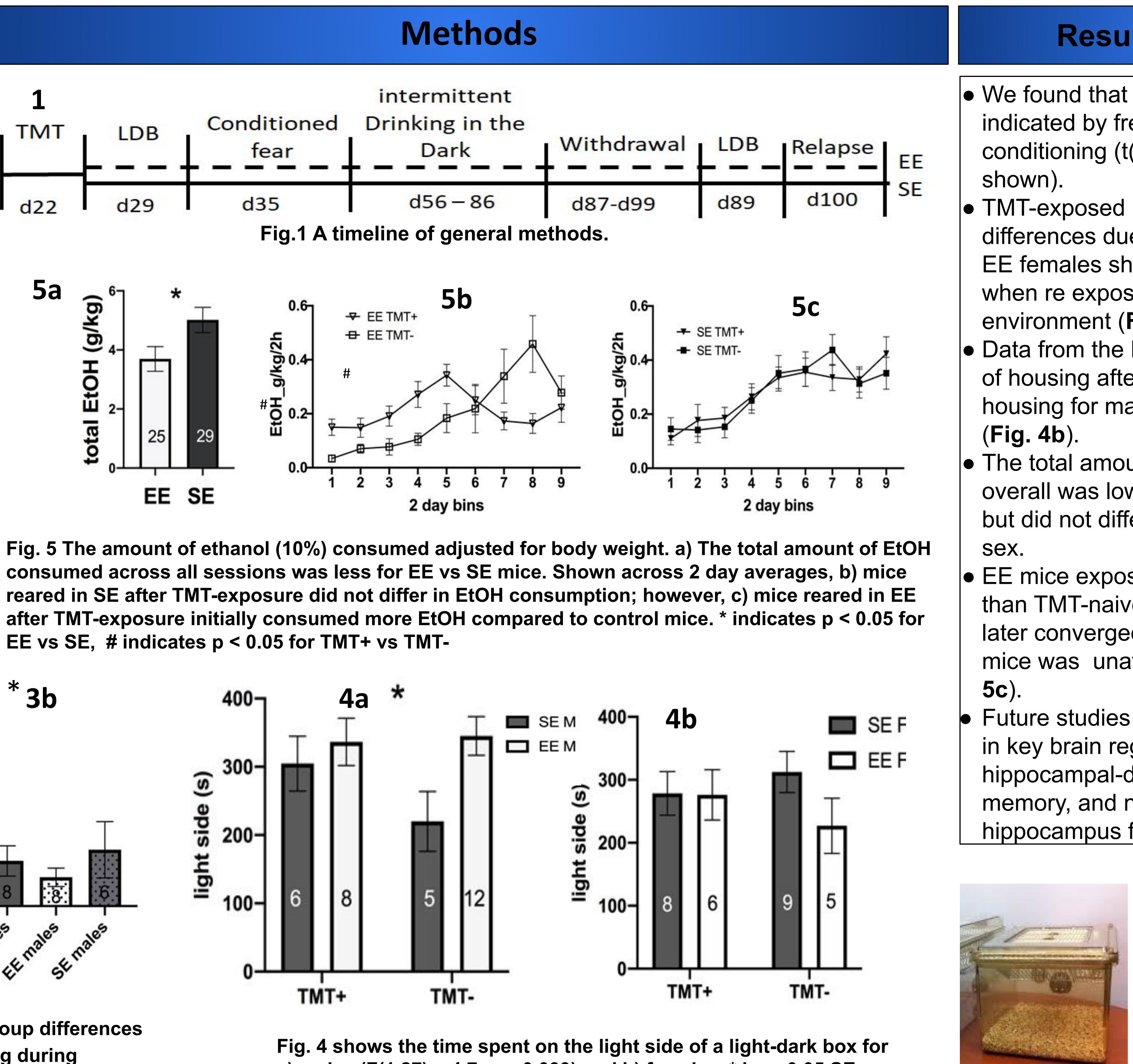
- People that develop post-traumatic stress disorder (PTSD) are 3-5 times more likely to develop a substance use disorder
- Alcohol is the most commonly abused substance among individuals with PTSD
- The interaction between trauma and environment and its influence on the development of alcohol use disorder is not well understood.
- Weanling mice (d22) were exposed to a synthetic fox pheromone (TMT) and assessed for differences in adolescent anxiety and adult alcohol consumption (Fig.1). Mice were reared in two different environments: standard (SE) or enriched (EE) (**Fig.2**).
- Findings demonstrate the importance of environment as a developmental modifier for post-trauma anxiety and alcohol use disorders



for EE females vs SE females, EE males, and SE males

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a) males (F(1,27) = 4.7, p = 0.039) and b) females. \* is p<0.05 SE vs

## **Results & Conclusions**

• We found that TMT is an effective stressor indicated by freezing behavior during d22 conditioning (t(44) = 8.8, p<0.0001; data not

• TMT-exposed mice had no a priori group differences due to housing or sex (Fig. 3a),

EE females showed heightened freezing when re exposed to the conditioning environment (Fig. 3b).

• Data from the Light Dark Box shows an effect of housing after only one week in the EE housing for males (Fig. 4a), but not females

• The total amount of alcohol (g/kg) consumed overall was lower in EE vs SE mice (Fig. 5a), but did not differ due to TMT treatment or

• EE mice exposed to TMT initially drank more than TMT-naive EE mice, although levels later converged (Fig. 5b). Drinking in SE mice was unaffected by TMT exposure (Fig.

• Future studies will assess neuronal activation in key brain regions as well as assess hippocampal-dependent learning and memory, and neuronal activation in the hippocampus for sex and housing effects.

**Fig. 2** represents a standard (left) versus an enriched (right) environment

