

Can a Soy Diet Mimic the Effects of Estrogen?

TO THE DEPOSITE OF THE PARTY OF

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Background

- Cancer: The body's cells not acting correctly
 - Myeloid-derived suppressor cells (MDSCs): protect cancer from the immune system, make tumors resistant against immunotherapy, & allow the tumor to be strong as it weakens its host
- Estrogen: enhances the immune system & the way MDSCs weaken the immune system.²
- Xenoestrogens: estrogen-mimicking substances that can be found in many foods we consume such as soy.³
- Isoflavones: specific category of xenoestrogens, considered one of the most multipurpose xenoestrogens naturally produced.³

Isoflavones4

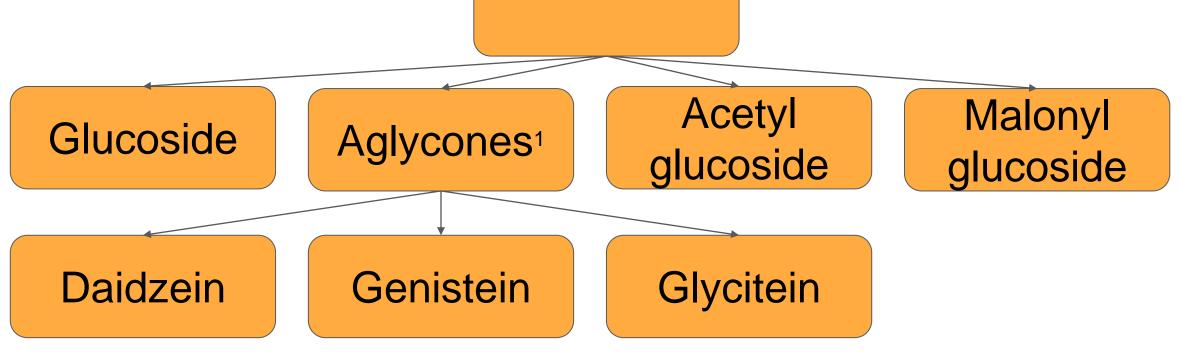


Figure 1. Categories of Isoflavones in Specifics to the Ones we Experimented With. Isoflavones have four different categories each of which have three different subcategories. The aglycones of daidzein, genistein, and glycitein are the ones we experimented with.

• Xenoestrogens mimic estrogen closely in structure (Fig. 2) & chemical function.^{5,6}

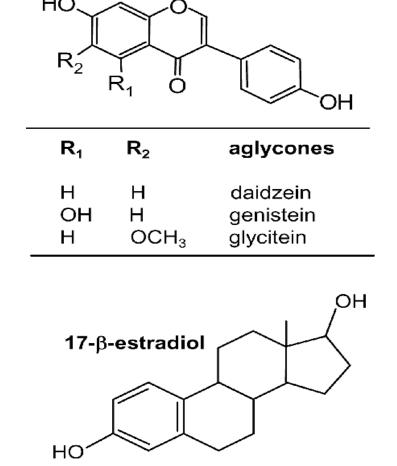


Figure 2. Comparison
Between Structure of
Aglycones and
Estradiol. These two
structures are similar in
that they contain some
of the same properties,
structure, and function
when introduced into
the body.

 Once the isoflavones enter the body, they find and bind to the same chemical receptors that estrogen binds to.

Hypothesis

As estrogen mimicking compounds, these three xenoestrogens will be statistically similar to estrogen. If they are similar to estrogen, they will enhance MDSC function as estrogen does.

Methods

1. Culture of Dendritic Cells

2. Flow Cytometry for expression of MHC II and CD80

3. T cell Isolation and Cell Culture

4. MTT Proliferation to assess cell viability

5. ELISA for comparison of IL-4 and IFN-g

6. Statistical Analysis

Results

CD80 expression showed similarities in estrogen and glycitein.

IFNy secretion showed similarities between estrogen and daidzein.

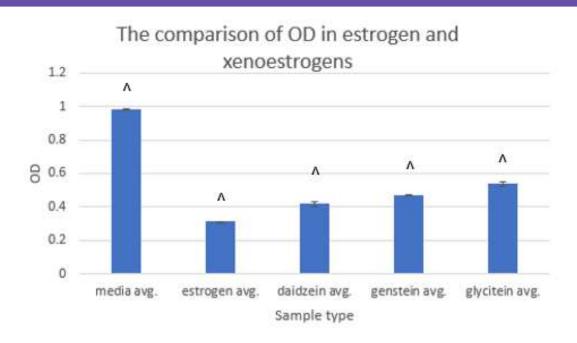


Figure 4 (right). Flow Cytometry Data. Flow cytometry was used to test the levels of CD80 and MHCII when stimulated with media, estrogen, daidzein, genistein, and glycitein. For MHC II, all stimulants were significantly different except for estrogendaidzein, estrogen-genistein, and daidzeingenistein @. For CD80, significant results were shown between all stimulants but genistein and daidzein. #(P<0.05 for both)

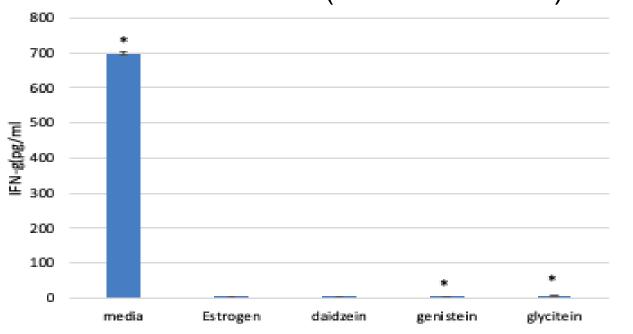
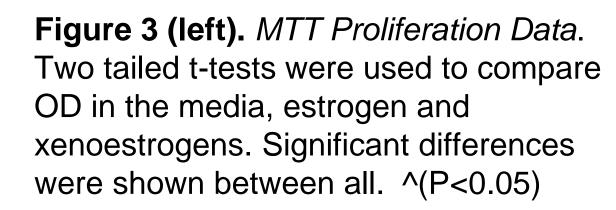


Figure 6 (right). ELISA IL-4 Secretion Data. ELISA was run to determine the picogram/mL values of each of our media, estrogen, and xenoestrogens. Significant differences were shown between all. *(P<0.05)



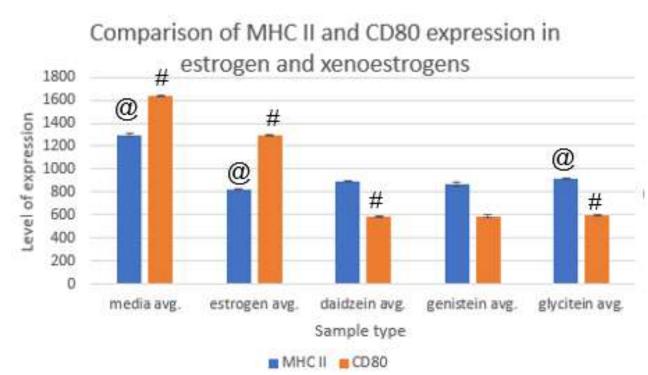
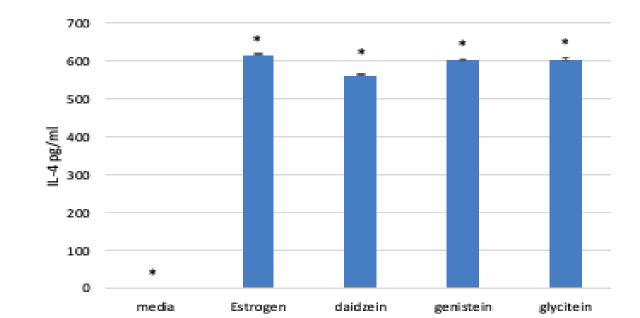


Figure 5 (left). ELISA IFNy Secretion Data. ELISA was run to determine the picogram/mL values of each of our media, estrogen, and xenoestrogens. The graph shows these values. Significant differences were shown between all except estrogen and daidzein. *(P<0.05)



Conclusions/Future Directions

We found few statistically significant similarities between estrogen and our xenoestrogens. Therefore, we cannot conclude that these xenoestrogens enhance MDSC function. Many believe these xenoestrogens are mimics of estrogen, but what makes them mimics? There was not enough evidence to show that they effect MDSC function, but maybe they affect a different function estrogen also affects.

References

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