National Performance Benchmarks for Modern Screening Digital Mammography: Update from the Breast Cancer Surveillance Consortium[1]

Constance D. Lehman, MD, PhD
Robert F. Arao, MPH
Brian L. Sprague, PhD
Janie M. Lee, MD, MSc
Diana S. M. Buist, PhD, MPH
Karla Kerlikowske, MD
Louise M. Henderson, PhD, MSPH
Tracy Onega, PhD, MS, MA
Anna N. A. Tosteson, ScD
Garth H. Rauscher, PhD
Diana L. Miglioretti, PhD

[1] From the Department of Radiology, Massachusetts General Hospital, Harvard Medical School, 55 Fruit St, WAC 240, Boston, MA 02114 (C.D.L.); Group Health Research Institute, Group Health Cooperative, Seattle, Wash (R.F.A., D.S.M.B.); Department of Surgery, University of Vermont College of Medicine, Burlington, Vt (B.L.S.); Department of Radiology, University of Washington School of Medicine, Seattle, Wash (J.M.L.); Department of Medicine, Epidemiology and Biostatistics, University of California–San Francisco, San Francisco, Calif (K.K.); Department of Radiology, University of North Carolina School of Medicine, Chapel Hill, NC (L.M.H.); Norris Cotton Cancer Center and Geisel School of Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH (T.O., A.N.A.T.); Institute for Health Research and Policy, University of Illinois at Chicago, Chicago, Ill (G.H.R.); and Department of Public Health Sciences, School of Medicine, University of California–Davis, Davis, Calif (D.L.M.). Received May 20, 2016; revision requested July 25; revision received August 19; final version accepted August 29. **Address correspondence to** C.D.L. (e-mail: *clehman@mgh.harvard.edu*).

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Purpose: To establish performance benchmarks for modern screening digital mammography and assess performance trends over time in U.S. community practice.

Materials and Methods: This HIPAA-compliant, institutional review board–approved study measured the performance of digital screening mammography interpreted by 359 radiologists across 95 facilities in six Breast Cancer Surveillance Consortium (BCSC) registries. The study included 1682504 digital screening mammograms performed between 2007 and 2013 in 792808 women. Performance measures were calculated according to the American College of Radiology Breast Imaging Reporting and Data System, 5th edition, and were compared with published benchmarks by the BCSC, the National Mammography Database, and performance recommendations by expert opinion. Benchmarks were derived from the distribution of performance metrics across radiologists and were presented as 50th (median), 10th, 25th, 75th, and 90th percentiles, with graphic presentations using smoothed curves.

Results: Mean screening performance measures were as follows: abnormal interpretation rate (AIR), 11.6 (95% confidence interval [CI]: 11.5, 11.6); cancers detected per 1000 screens, or cancer detection rate (CDR), 5.1 (95% CI: 5.0, 5.2); sensitivity, 86.9% (95% CI: 86.3%, 87.6%); specificity, 88.9% (95% CI: 88.8%, 88.9%); false-negative rate per 1000 screens, 0.8 (95% CI: 0.7, 0.8); positive predictive value (PPV) 1, 4.4% (95% CI: 4.3%, 4.5%); PPV2, 25.6% (95% CI: 25.1%, 26.1%); PPV3, 28.6% (95% CI: 28.0%, 29.3%); cancers stage 0 or 1, 76.9%; minimal cancers, 57.7%; and node-negative invasive cancers, 79.4%. Recommended CDRs were achieved by 92.1% of radiologists in community practice, and 97.1% achieved recommended ranges for sensitivity. Only 59.0% of radiologists achieved recommended AIRs, and only 63.0% achieved recommended levels of specificity.

Conclusion: The majority of radiologists in the BCSC surpass cancer detection recommendations for screening mammography; however, AIRs continue to be higher than the recommended rate for almost half of radiologists interpreting screening mammograms.

Online supplemental material is available for this article.

More than 50 years ago, Wolfe (1) reported results in 3891 women undergoing screening mammography and emphasized the importance of identifying small, clinically occult, node-negative breast cancers to afford women both the best options for treatment and the best chance for cure. Subsequent randomized clinical trials confirmed that screening mammography significantly reduces breast cancer mortality (2–9).

Despite its limitations, mammography continues to be the single most effective screening test to reduce breast cancer mortality and the only screening test for breast cancer supported by the United States Preventive Services Task Force and the American Cancer Society (10,11). To improve the quality of mammography, in the 1980s, the American College of Radiology (ACR) developed the Breast Imaging Reporting and Data System (BI-RADS) (12) and established a voluntary accreditation program that supported passage of the Mammography Quality Standards Act by Congress in 1992.

Although randomized trials performed in the 1960s and 1970s with now-outdated mammography technology have confirmed that mammographic screening reduces breast cancer mortality, randomized trials with mortality as an end point are not feasible to continue to assess either the effectiveness of new technology or factors associated with improved interpretive skills of radiologists reading screening mammograms. The Breast Cancer Surveillance Consortium (BCSC) is uniquely positioned to assess trends over the past 2 decades in screening mammography performance in U.S. community practice. A decade ago, the BCSC published performance benchmarks for screening mammography in U.S. community practice (13). These metrics informed the ACR BI-RADS to establish performance benchmarks for U.S. practice and also identified opportunities for improvements in future practice.

Two key changes have occurred to improve screening mammography performance in community practice. The first is transition from screen-film mammography to full-field digital mammography, and the second is expansion of training programs to enhance the interpretive skills of radiologists engaged in screening mammography programs.

The purpose of our study was to establish performance benchmarks for modern screening digital mammography and to assess performance trends over time in U.S. community practice.

Advances in Knowledge

- Mean performance measures for modern digital screening mammography in the Breast Cancer Surveillance Consortium (BCSC) were as follows: abnormal interpretation rate (AIR), 11.6 (95% confidence interval [CI]: 11.5, 11.6); cancers detected per 1000 screens, 5.1 (95% CI: 5.0, 5.2); sensitivity, 86.9% (95% CI: 86.3%, 87.6%); specificity, 88.9% (95% CI: 88.8%, 88.9%); false-negative rate per 1000 screens, 0.8 (95% CI: 0.7, 0.8); positive predictive value (PPV) 1, 4.4% (95% CI: 4.3%, 4.5%); PPV2, 25.6% (95% CI: 25.1%, 26.1%); PPV3, 28.6% (95% CI: 28.0%, 29.3%).
- Compared with prior performance reports of screening mammography in the BCSC (1996–2008), the sensitivity of screening mammography has increased from 78.7% to 86.9%.
- More than 92% of radiologists in community practice achieve recommended rates of cancers detected per 1000 women screened, and more than 97% achieve recommended ranges for sensitivity.
- More than 40% of radiologists have AIRs outside the recommended ranges, and more than 37% fall below recommended ranges for specificity.

Implication for Patient Care

- Efforts to develop and implement advanced technology and effective educational programs to reduce false-positive rates without sacrificing improved detection of invasive node-negative cancers are encouraged.

Materials and Methods

Data Source

This study included six BCSC mammography registries (Carolina Mammography Registry, Group Health Cooperative, New Hampshire Mammography Network, Vermont Breast Cancer Surveillance System, San Francisco Mammography Registry, and Metropolitan Chicago Breast Cancer Registry) that have previously been described in detail (14,15). In brief, each registry links its

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Abbreviations:
ACR = American College of Radiology
AIR = abnormal interpretation rate
BCSC = Breast Cancer Surveillance Consortium
BI-RADS = Breast Imaging Reporting and Data System
CDR = cancer detection rate
CI = confidence interval
DCIS = ductal carcinoma in situ
FN = false-negative
FNR = FN rate
FP = false-positive
NMD = National Mammography Database
PPV = positive predictive value
SEER = Surveillance, Epidemiology, and End Results
TN = true-negative
TP = true-positive

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Guarantors of integrity of entire study, C.D.L., R.F.A., D.S.M.B., K.K.; study concepts/study design or data acquisition or data analysis/interpretation, all authors; manuscript drafting or manuscript revision for important intellectual content, manuscript final version approval, all authors; approval of final version of submitted manuscript, all authors; agrees to ensure any questions related to the work are appropriately resolved, all authors; literature research, C.D.L., J.M.L., K.K., L.M.H., T.O.; clinical studies, C.D.L., K.K., L.M.H., T.O., D.L.M.; statistical analysis, C.D.L., R.F.A., G.H.R., D.L.M.; and manuscript editing, C.D.L., R.F.A., J.M.L., D.S.M.B., K.K., L.M.H., T.O., A.N.A.T., G.H.R., D.L.M.

Conflicts of interest are listed at the end of this article.

See also the article by Sprague et al and the editorial by D'Orsi and Sickles in this issue.

mammography data to a state tumor or Surveillance, Epidemiology, and End Results (SEER) registry, and data are pooled at a central Statistical Coordinating Center. Prior reports of BCSC registries and the Statistical Coordinating Center are available at *http://www.bcsc-research.org/publications/index.html*.

Study Population

Our study included women 18 years of age or older who underwent at least one digital screening mammography examination (hereafter called "mammogram") between 2007 and 2013. To measure performance trends over time, we also included previously reported data from the BCSC between the years 1996 and 2008 (16). Examinations occurring within 9 months of a prior mammogram or breast ultrasonographic (US) examination were excluded to remove potential diagnostic mammograms. We also excluded women with breast augmentation, because we were unable to distinguish implant displacement views from diagnostic views obtained the same day.

Mammographic Data Collection Procedures and Definitions

Across all BCSC registries, women complete a questionnaire at each visit that includes questions about their personal history of breast cancer, family history of breast cancer, date of last mammogram, menopausal status, and self-reported symptoms. We calculated the BCSC version 1 5-year risk score, which estimates the probability of invasive breast cancer within the next 5 years on the basis of age, race, ethnicity, family history, history of breast biopsy, and breast density (17).

All BCSC registries capture BI-RADS assessment and recommendation categories assigned by the interpreting radiologist for each mammogram. For the purposes of this study, we created an initial overall assessment for the screening examination, using the most serious BI-RADS assessment according to the following hierarchy: negative, 1; benign, 2; probably benign, 3; needs additional evaluation, 0; suspicious, 4; and highly suggestive of malignancy, 5. We followed ACR BI-RADS 5th edition definitions for all metrics (12). For all measures except positive predictive value (PPV) 2 and PPV3, a positive mammogram was defined as one with initial assessment categories 0, 3, 4, or 5. For PPV2 and PPV3, a positive mammogram was defined as one with final assessment categories 4 or 5. As per BI-RADS audit rules, any mammogram with a BI-RADS 6 assessment (known breast cancer) was excluded from analyses.

Women were considered to have breast cancer if a state tumor or SEER registry or pathology database indicated the diagnosis of invasive breast carcinoma or ductal carcinoma in situ (DCIS) within 12 months after a screening mammogram and before the next screening mammogram.

Outcome Measurements and Statistical Analysis

Following ACR BI-RADS 5th edition definitions, a true-positive (TP) mammogram was a positive mammogram followed by the diagnosis of breast cancer within 12 months. A true-negative (TN) mammogram was a negative mammogram followed by no diagnosis of breast cancer within 12 months. A false-positive (FP) mammogram was a mammogram interpreted as positive with no breast cancer diagnosed within 12 months. A false-negative (FN) mammogram was a negative mammogram followed by a diagnosis of breast cancer within 12 months. Cancer detection rate (CDR) was defined as the number of TP examinations divided by the total number of screening mammograms. FN rate (FNR) was defined as the number of FN examinations divided by the total number of screening mammograms. Sensitivity was calculated by dividing the number of TP examinations by the total number of examinations associated with cancer (TP + FN), and specificity was calculated by dividing the number of TN examinations by the total number of examinations without cancer (TN + FP).

The following three PPV calculations were made by using BI-RADS methodology: PPV1 (probability of cancer following initial assessment of 0, 3, 4, or 5), PPV2 (probability of cancer following a final assessment of 4 or 5), and PPV3 (probability of cancer among patients with biopsy performed after final assessment of 4 or 5). For screens with an initial BI-RADS assessment of 0, the final assessment was determined from additional imaging records up to 180 days after the screening examination.

Statistical Analysis

Descriptive statistics (frequencies, percentiles, means, and medians) were chosen to provide clinically relevant screening performance benchmarks. We illustrate the variability across radiologists using percentile values to indicate ranges that describe the middle 50% and 80%. For example, the spectrum from 25th to 75th percentile values defines the range within which the middle 50% of performance was found, and the spectrum from 10th to 90th percentile values defines the range within which the middle 80% of performance was found.

To reduce the amount of random statistical variation in these data, we reported outcomes from radiologists who contributed a minimum number of events for each outcome, as follows: 1000 examinations for abnormal interpretation (recall) rate and CDR, 3000 examinations for FNR, 100 abnormal interpretations for PPV1, 30 biopsies recommended for PPV2, 30 biopsies performed for PPV3, 30 cancer cases for sensitivity, 1000 noncancers for specificity, and 15 cancers with complete information on the outcome criteria for cancer measurements. We used graphic presentations (frequency distributions overlaid with percentile values) to display these data in an easily understandable format. All analyses were performed by using SAS software, version 9.3 (SAS Institute, Chicago, Ill), and all figures were produced by using STATA, version 12.1 (Stata, College Station, Tex).

Results

From 2007 to 2013, 359 radiologists from 95 facilities across six registries contributed 1 682 504 digital screening mammograms in 792 808 women. The demographics of the study population

Table 1

Clinical Demographics for 1 682 504 Screening Mammographic Examinations

Characteristic	Total No. of Examinations	Total No. of Examinations with Cancer
Age group (y)		
≤29	957 (0.1)	7 (0.1)
30–39	40 522 (2.4)	114 (1.2)
40–49	448 587 (26.7)	1679 (17.1)
50–59	505 816 (30.1)	2494 (25.4)
60–69	396 943 (23.6)	2930 (29.9)
70–79	209 747 (12.5)	1817 (18.5)
≥80	79 932 (4.8)	771 (7.9)
Race		
White, non-Hispanic	1 125 330 (71.5)	6919 (75.3)
Black, non-Hispanic	141 197 (9.0)	802 (8.7)
Asian/Pacific Islander	175 281 (11.1)	973 (10.6)
Native American	4266 (0.3)	14 (0.2)
Latina	56 296 (3.6)	251 (2.7)
Mixed/other	71 575 (4.5)	230 (2.5)
Unknown	108 559	623
Family history of breast cancer		
No	1 163 946 (83.1)	6230 (76.0)
Yes	235 882 (16.9)	1968 (24.0)
Unknown	282 676	1614
Personal history of breast cancer		
No	1 156 765 (94.9)	5793 (85.0)
Yes	61 628 (5.1)	1022 (15.0)
Unknown	464 111	2997
History of prior breast biopsy		
No	1 349 949 (80.7)	6818 (69.7)
Yes	323 567 (19.3)	2963 (30.3)
Unknown	8988	31

Table 1 (continues)

Table 1 (continued)

Clinical Demographics for 1 682 504 Screening Mammographic Examinations

Characteristic	Total No. of Examinations	Total No. of Examinations with Cancer
Time since last mammogram		
No previous mammogram	59 766 (3.7)	300 (3.2)
Within a year (0–11 months)	19 015 (1.2)	155 (1.7)
1–2 Years (12–35 months)	1 388 776 (86.6)	7532 (81.6)
+3 Years (≥36 months)	135 255 (8.4)	1247 (13.5)
Unknown	79 692	578
Menopausal status		
Premenopausal	372 059 (25.7)	1602 (17.8)
Postmenopausal	1 019 146 (70.3)	7143 (79.5)
Surgical/other amenorrhea	57 642 (4.0)	237 (2.6)
Unknown	233 657	830
Breast density		
Almost entirely fat	168 015 (11.1)	707 (8.4)
Scattered fibroglandular densities	632 529 (41.9)	3605 (42.7)
Heterogeneously dense	587 049 (38.9)	3484 (41.3)
Extremely dense	122 496 (8.1)	641 (7.6)
Unknown	172 415	1375
Self-reported symptoms*		
No	1 292 619 (98.3)	7413 (94.2)
Yes	22 890 (1.7)	453 (5.8)
Unknown	366 995	1946
5-Year risk (%)		
<1.00	459 436 (34.5)	1361 (20.9)
1.00–1.66	488 329 (36.6)	2434 (37.3)
1.67–2.49	270 977 (20.3)	1746 (26.8)
2.50–3.99	101 449 (7.6)	841 (12.9)
≥4.00	12 376 (0.9)	143 (2.2)
Unknown	349 937	3287

Note.—Data in parentheses are percentages.

* Symptoms include nipple discharge, lump, not otherwise specified, and other (not including pain).

are comparable to those of the U.S. population (Table E1 [online]), although the study population includes slightly more rural and more educated women, more Asian women, and fewer Latina women. There were no important differences in African American representation or in economic status.

The mean age of women undergoing screening mammography was 56.5 years. The majority (80.4%) of screening mammograms were performed in women aged 40–69 years; 29.3% of all screening mammograms were performed in women younger than 50 years of age, and 60.9% were performed in women aged 50–74 years. In women given a diagnosis of breast cancer, the majority (76.0%) had no family history of breast cancer, 85.0% had no personal history of breast cancer, and 84.9% had a BCSC 5-year risk of less than 2.5%. Breast density distributions did not differ in women with a breast cancer diagnosis versus in women without a breast cancer diagnosis (Table 1).

Mammographic Performance Measures

The mean abnormal interpretation rate (AIR) was 11.6% (95% confidence interval [CI]: 11.5, 11.6). Of 1682504 examinations, 8529 breast cancers were diagnosed after a positive mammogram, for a total CDR of 5.1 (95% CI: 5.0, 5.2) per 1000 screening examinations. The invasive CDR was 3.5 cancers per 1000 examinations, and the DCIS detection rate was 1.6 cancers per 1000 examinations. The sensitivity of screening mammography was 86.9% (95% CI: 86.3%, 87.6%), and the specificity was 88.9% (95% CI: 88.8%, 88.9%). There were 1283 FN examinations out of 1682504 examinations, for an FNR of 0.8 examinations per 1000 (95% CI: 0.7, 0.8). Out of 194668 examinations with an initial BI-RADS category of 0, 3, 4, or 5, 8529 cancers were diagnosed, for a PPV1 of 4.4 (95% CI: 4.3, 4.5). Out of 28785 examinations with a final BI-RADS category of 4 or 5, 7376 cancers were diagnosed,

Table 2

Performance Measures for 1 682 504 Screening Digital Mammography Examinations

Measure	Value*
AIR (recall rate) (%)	11.6 (11.5,11.6)
No. of abnormal interpretations	194 668
Total no. of examinations	1 682 504
CDR (per 1000 examinations)	5.1 (5.0, 5.2)
No. of cancers detected	8529
Total no. of examinations	1 682 504
Sensitivity (%)	86.9 (86.3, 87.6)
No. of TP examinations	8529
No. of cancers	9812
Specificity (%)	88.9 (88.8, 88.9)
No. of TN examinations	1 486 553
No. of noncancers	1 672 692
FNR (per 1000 examinations)	0.8 (0.7, 0.8)
No. of FN examinations	1283
Total no. of examinations	1 682 504
PPV1, abnormal interpretations (%)	4.4 (4.3, 4.5)
No. of cancers	8529
Initial BI-RADS category of 0,3,4, or 5	194 668
PPV2, biopsy recommended (%)	25.6 (25.1, 26.1)
No. of cancers	7376
Final BI-RADS category of 4 or 5	28 785
PPV3, biopsy performed (%)†	28.6 (28.0, 29.3)
No. of cancers	5945
Final BI-RADS category 4 or 5 with biopsy	20 763

* Data in parentheses are 95% CIs, which were based on Wald asymptotic confidence limits.

† Excludes Chicago.

Table 3

Performance Measures for 1 682 504 Screening Digital Mammography Examinations from 2007 to 2013

Performance Measure	1996–2005	2004–2008	2007–2013*	NMD 2008–2012†
AIR (recall rate) (%)	10.9	10.0	11.6 (11.5, 11.6)	10.0
CDR (per 1000 examinations)	4.8	4.3	5.1 (5.0, 5.2)	3.43
Sensitivity (%)	78.7	84.9	86.9 (86.3, 87.6)	NA
Specificity (%)	89.5	90.3	88.9 (88.8, 88.9)	NA
FNR (per 1000 examinations)			0.8 (0.7, 0.8)	NA
PPV1, abnormal interpretations (%)	4.4	4.2	4.4 (4.3, 4.5)	NA
PPV2, biopsy recommended (%)	25.1	23.9	25.6 (25.1, 26.1)	18.5
PPV3, biopsy performed (%)	31.8	27.9	28.6 (28.0, 29.3)	29.2

* Data in parentheses are 95% CIs, which were based on Wald asymptotic confidence limits.

† NMD = National Mammography Database, NA = not applicable.

for a PPV2 of 25.6 (95% CI: 25.1, 26.1). The PPV3 calculated (5945 cancers out of 20763 examinations with final BI-RADS category 4 or 5 with biopsy) was 28.6 (95% CI: 28.0, 29.3) (Tables 2, 3).

Cancers Detected with Digital Screening Mammography

Of the 8529 cancers detected with mammography, 2644 (31%) were DCIS and 5885 (69%) were invasive. Of the invasive cancers, 38.3% were 10 mm or smaller, 40.2% were between 11 and 20 mm, and 21.5% were larger than 20 mm at time of diagnosis. The majority (76.9%) of all cancers were diagnosed at stage 0 or 1, and 4816 (57.7%) were minimal cancers (defined as DCIS or invasive cancers ≤ 10 mm). Of 5789 cancers with known nodal status, 4599 (79.4%) were node negative. Fifty-two (0.6%) of 8354 cancers were metastatic at the time of diagnosis (Tables 3, 4).

Table 4

Characteristics of Cancers Detected with Digital Screening Mammographic Examinations

Characteristic	Value
Total no. of detected cancers	8529
Cancer histologic type	
DCIS	2644 (31.0)
Invasive	5885 (69.0)
Invasive cancer size (mm)*	
1–5	727 (12.7)
6–10	1461 (25.6)
11–15	1459 (25.5)
16–20	840 (14.7)
>20	1228 (21.5)
Unknown	170
Minimal cancer†	
No	3527 (42.3)
Yes	4816 (57.7)
Unknown	186
Axillary lymph node status‡	
Negative	4599 (79.4)
Positive	1190 (20.6)
Unknown	96
Cancer stage	
0	2644 (31.6)
I	3784 (45.3)
II	1585 (19.0)
III	289 (3.5)
IV	52 (0.6)
Unknown	175

Note.—Data in parentheses are percentages.

* Mean = 15.9 mm and median = 13.0 mm among known invasive cancer sizes.

† Defined as DCIS or invasive cancers ≤ 10 mm.

‡ Refers to invasive cancers only.

Radiologists Performing within Acceptable Ranges

Overall, radiologists performed better for measures of cancer detection and

Figure 1

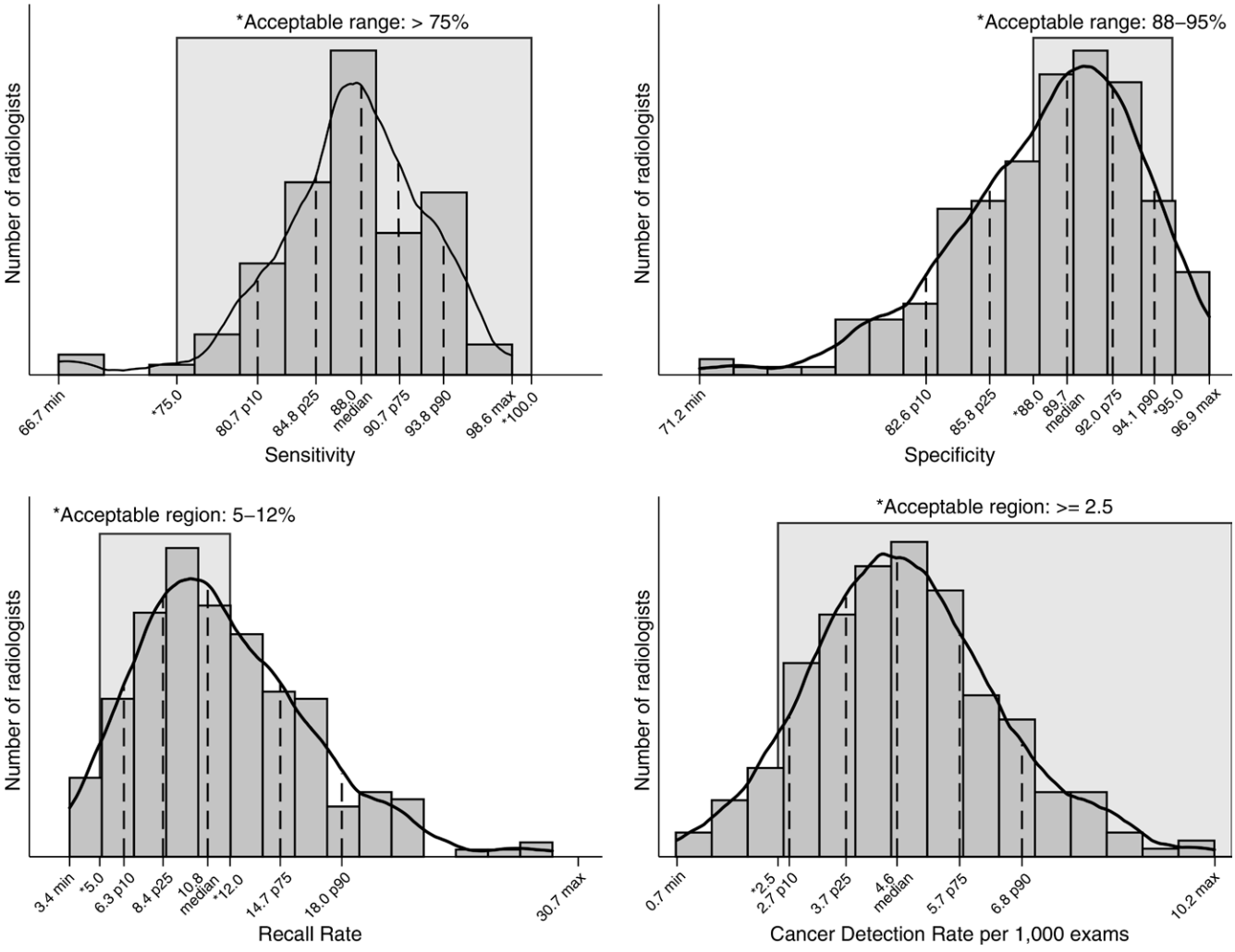

Figure 1: Graphs show common performance measures. Sensitivity was restricted to final readers with 30 or more cancers ($n = 104$). Specificity was restricted to final readers with 1000 or more noncancers ($n = 249$). CDR was restricted to final readers with 1000 or more examinations ($n = 242$). Recall rate was restricted to final readers with 1000 or more examinations ($n = 242$). *Max* = maximum, *min* = minimum, *p10* = 10th percentile, *p25* = 25th percentile, *p75* = 75th percentile, *p90* = 90th percentile.

sensitivity and worse for measures of recall rates and specificity (Fig 1). The range of sensitivities of the middle 50% of all radiologists was 84.8%–90.7%, with 97.1% of radiologists performing in the acceptable range of greater than 75% sensitivity. More than 92% of radiologists achieved the recommended acceptable range of greater than 2.5 cancers detected per 1000 examinations, with 50% of radiologists performing within the range of 3.7–5.7 cancers detected per 1000 examinations. The range of recall, or abnormal interpretation, rates of the middle 50% of all radiologists was 8.4–14.7, with only 59.0% of radiologists performing within the recommended acceptable range of 5%–12%. For specificity, 50% of radiologists performed within the range of 85.8%–92.0% and only 63.0% met the acceptable range of 88%–95% specificity.

For 194 radiologists contributing 3000 or more examinations, 50% had FNRs between 0.5 and 1.0 per 1000 examinations (Fig 2). A large percentage (62%) of radiologists did not meet the recommended range of 20%–40% PPV2 (cancers diagnosed in all examinations assessed as BI-RADS category 4 or 5). Roughly one in four radiologists had a PPV2 of less than 20% (Fig 3). The range of PPV3 values for half of all radiologists was 23.0–39.0. Twenty-five percent of radiologists performed below this range and 25% performed higher than this range.

For radiologists who detected 15 or more cancers, 50% identified between 73% and 84% of cancers at stage 0 or 1. In addition, 50% of radiologists

Radiology

Figure 2

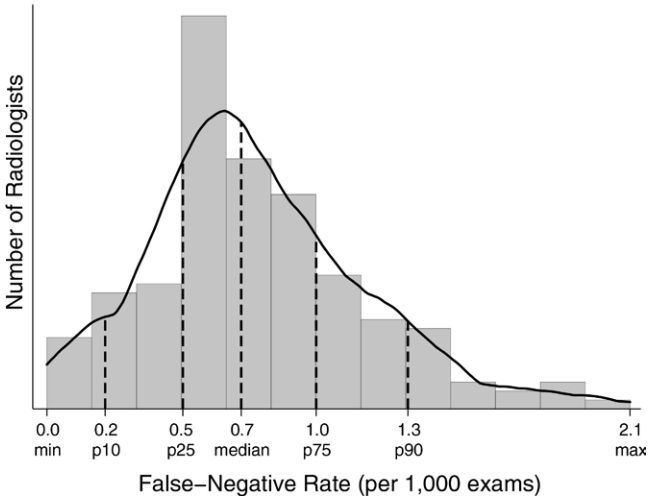

Figure 2: Graph shows FNR, which was restricted to final readers with 3000 or more examinations (n = 194). *Max* = maximum, *min* = minimum, *p10* = 10th percentile, *p25* = 25th percentile, *p75* = 75th percentile, *p90* = 90th percentile.

Figure 3

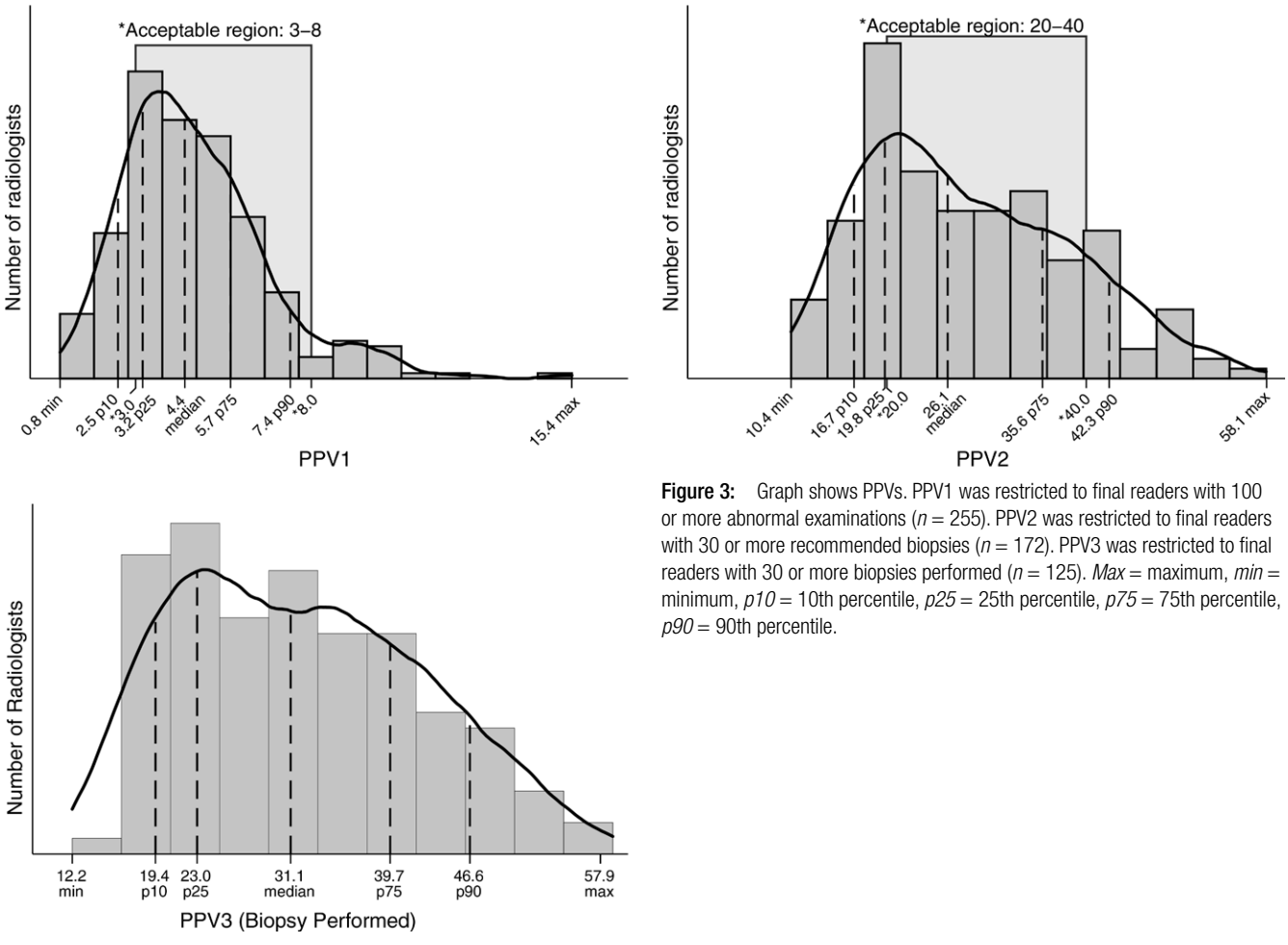

Figure 3: Graph shows PPVs. PPV1 was restricted to final readers with 100 or more abnormal examinations (n = 255). PPV2 was restricted to final readers with 30 or more recommended biopsies (n = 172). PPV3 was restricted to final readers with 30 or more biopsies performed (n = 125). *Max* = maximum, *min* = minimum, *p10* = 10th percentile, *p25* = 25th percentile, *p75* = 75th percentile, *p90* = 90th percentile.

Figure 4

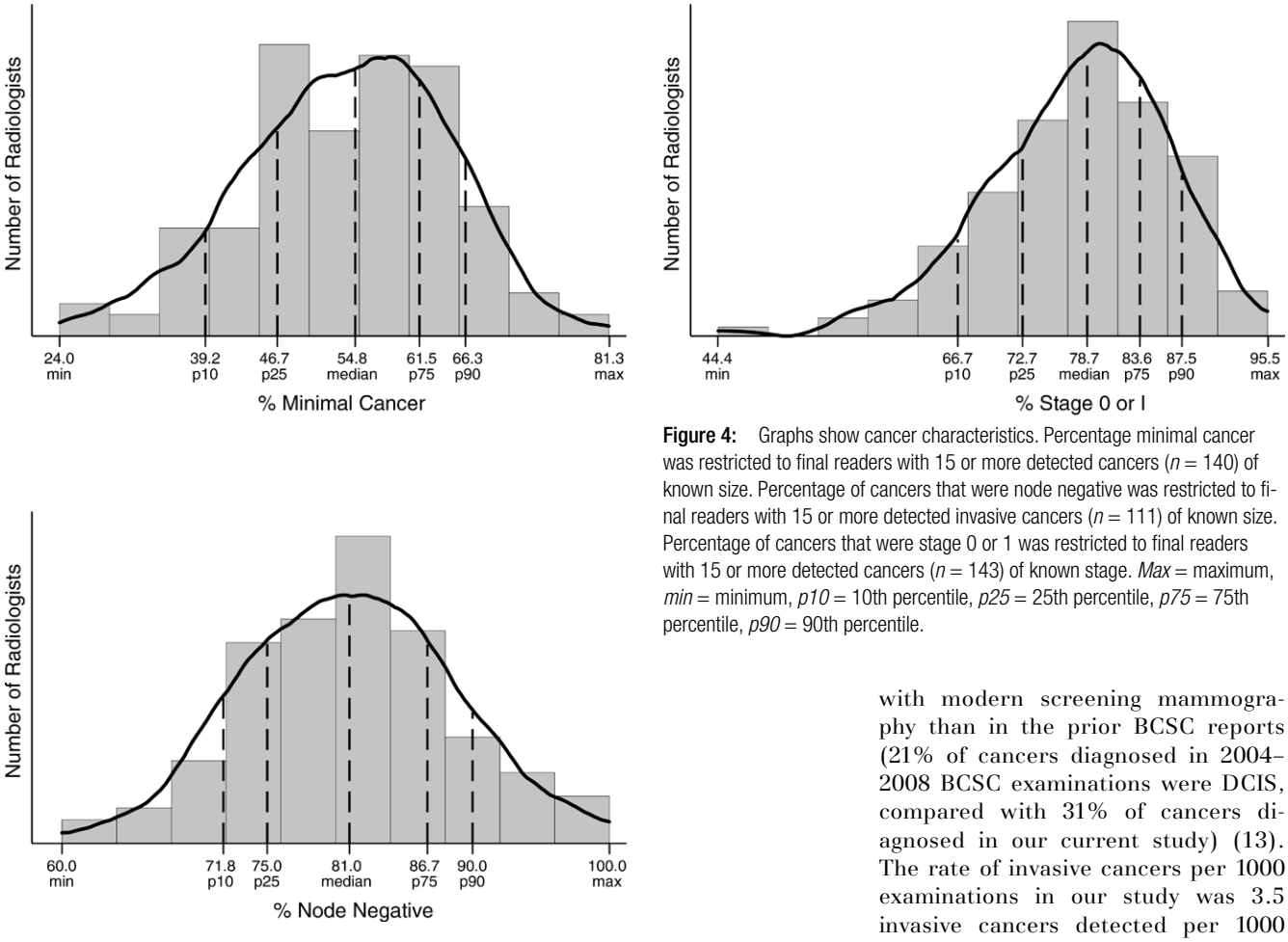

Figure 4: Graphs show cancer characteristics. Percentage minimal cancer was restricted to final readers with 15 or more detected cancers ($n = 140$) of known size. Percentage of cancers that were node negative was restricted to final readers with 15 or more detected invasive cancers ($n = 111$) of known size. Percentage of cancers that were stage 0 or 1 was restricted to final readers with 15 or more detected cancers ($n = 143$) of known stage. *Max* = maximum, *min* = minimum, *p10* = 10th percentile, *p25* = 25th percentile, *p75* = 75th percentile, *p90* = 90th percentile.

diagnosed between 75% and 87% of cancers while they were node negative (Fig 4). For the 111 radiologists who diagnosed at least 15 invasive cancers in the study period, 50% identified invasive cancers in the range of 13.6–16.8 mm (Fig 5).

Discussion

National performance benchmarks for screening mammography were published previously by the BCSC in 2006 and were subsequently updated in 2008, on the basis of examinations performed from 1996 to 2005 and from 2004 to 2008, respectively (17). Our study provides more recent estimates of modern digital screening mammography performance in the United States on the basis of examinations performed from 2007 to 2013. We restricted our study to digital mammography to provide performance measures most relevant for current clinical practice. Among the overall statistics and variation across radiologists provided in our study, a few key findings stand out.

First, the sensitivity for modern digital screening mammography in the BCSC is higher than prior BCSC reports from the pre-digital era (86.9% vs 78.7%). This likely reflects the improved performance of digital mammography compared with screen-film mammography in women with dense breast tissue (18,19), which includes almost half of women undergoing screening mammography. In particular, more cases of DCIS are diagnosed with modern screening mammography than in the prior BCSC reports (21% of cancers diagnosed in 2004–2008 BCSC examinations were DCIS, compared with 31% of cancers diagnosed in our current study) (13). The rate of invasive cancers per 1000 examinations in our study was 3.5 invasive cancers detected per 1000 women screened, compared with the prior 1996–2005 BCSC report of 3.7 invasive cancers detected per 1000 women screened. Details of cancers detected are not available from the NMD, precluding comparison.

Second, the CDR of 5.1 cancers per 1000 examinations in our study is significantly higher than that reported by the NMD (3.43 per 1000 [95% CI: 3.2, 3.7]). This may in part be explained by the improved ability of the BCSC to collect pathology data from multiple sources, including state tumor registries, compared with the NMD, which relies on data collected by radiology facilities alone. The total rate of all cancers (those detected and those not detected with mammography) was 5.9 per 1000 (95% CI: 5.7, 6.0). The total rate of cancers is not

Figure 5

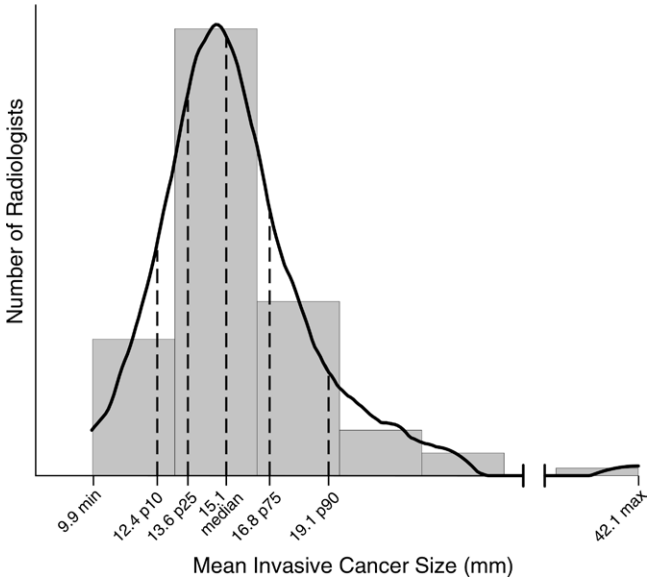

Figure 5: Graph shows results for mean invasive cancer size. Mean size was restricted to final readers with 15 or more detected invasive cancers ($n = 111$) of known size. *Max* = maximum, *min* = minimum, *p10* = 10th percentile, *p25* = 25th percentile, *p75* = 75th percentile, *p90* = 90th percentile.

available from the NMD, precluding comparison.

Last, the mean AIR in our study of 11.6% was higher than those in the 2005 and 2008 BCSC reports (10.9% and 10.0%, respectively) and higher than the 10.0% rate reported by the NMD (14,20). This is particularly concerning, given that recall rates have continually failed to meet the recommendations of the ACR and other expert panels going back to the initial BCSC report in 2005, despite calls for attention to this matter (13). Increasing access to tomosynthesis imaging for screening could yield improvements in recall rates, with current data suggesting that tomosynthesis can reduce recalls by 15%–20% (21–24)—down from initial estimates of 30%–40% (25,26). However, extreme variation across facilities and individuals threatens this gain. For instance, four of the 13 sites in the largest U.S. multicenter report had recall rates for mammograms performed with tomosynthesis that were well above the recommended rates for digital mammography alone (23). Adequate education and training of new users must be matched with ongoing quality assurance efforts if tomosynthesis is to achieve its full benefits in community clinical practice.

A notable limitation of our study was that, despite the large sample size, not all radiologists contributed sufficient interpretations to be included in all performance measures. Given the low rates of cancers in average-risk screening populations combined with the relatively low numbers of mammograms required for credentialing in the United States, accurate estimates of sensitivity necessarily exclude many radiologists in practice. Hence, radiologists with lower numbers of mammograms may not achieve the same high sensitivities we found in the 104 of 359 radiologists who contributed at least 1000 screening mammogram interpretations during the study period. Individual radiologists and breast imaging facilities can nonetheless use our results to gauge their performance against this national cohort.

In summary, we found that the majority of radiologists in U.S. community practice surpass most performance recommendations of the ACR; however, AIRs continue to be higher than the recommended rate for almost half of radiologists interpreting screening mammograms. Programs to support second reviews of mammograms recalled by radiologists known to "overcall" mammograms could be implemented. The second reviews of the recalls could be performed by radiologists with documented high performance for both recall and CDRs. The resource investment would be manageable for most practices, as it would require second reads of roughly only 11%–20% of mammograms read by the radiologists with poor specificity, rather than second reads of all mammograms. The latter approach (second reads of all mammograms) would be required for radiologists who performed below benchmarks for CDRs. In our study, we found this was a relatively uncommon scenario.

Mammography screening programs stand out as unique in imaging because they are required by law to perform practice audits. However, currently there are no requirements for additional training or practice restrictions for radiologists performing below minimal performance standards. Carney et al (27) have shown the potential positive impacts on our patients and health care expenditures if all radiologists were to meet minimally acceptable standards of performance. Yet achieving this end will likely require remedial or restrictive action to be taken regarding subpar performers. Whether we are ready to take this next step in quality assurance and cost containment in screening mammography warrants careful consideration.

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