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Author manuscript *Burns*. Author manuscript; available in PMC 2017 November 01.

Published in final edited form as:

Burns. 2016 November ; 42(7): 1522–1527. doi:10.1016/j.burns.2016.05.005.

## Direct detection of blood nitric oxide reveals a burn injurydependent decrease of nitric oxide in response to *Pseudomonas aeruginosa* infection

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## Abstract

**Purpose**—Burn injury is associated with severe immune dysfunction, including an antiinflammatory state that occurs late after burn injury. While increased nitric oxide (NO) production is associated with severe infection and sepsis, the effect of burn trauma on these levels during a non-lethal infection remains unknown. We hypothesized that in a mouse model, 1) NO levels would be increased after infection without trauma and 2) burn injury would lead to decreased NO production even during infection.

**Methods**—Mice were infected via intra-tracheal inoculation with *Pseudomonas aeruginosa* 14 d following a 20% total body surface area contact burn. At 48 h following infection, blood was drawn to quantify NO concentrations using a microfluidic electrochemical sensor.

**Significant findings**—In uninjured mice, infection caused a significant increase in blood NO levels. Increases in NO occurred in a dose-dependent response to the bacterial inoculum. Following burn injury, an identical infection did not elicit increases in NO.

**Conclusions**—While increases in NO are expected over the course of an infection without prior trauma, burn injury and subsequent immune suppression decreases NO levels even in the presence of infection.

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#### Keywords

Nitric oxide; burn injury; *Pseudomonas aeruginosa*; pneumonia; electrochemistry; microfluidic sensor; compensatory anti-inflammatory response syndrome; sepsis

### Introduction

Physical trauma such as burn injury causes severe immune dysfunction, often resulting in infection, sepsis, multiple organ dysfunction, and death [1]. Historically, this immune response has been characterized by an initial pro-inflammatory period and a subsequent antiinflammatory phase [1, 2]. These periods have been referred to as the systemic inflammatory response syndrome (SIRS), during which pro-inflammatory mediators (e.g., tumor necrosis factor, interleukin-6, interleukin-1 $\beta$ ) are released [3], and a compensatory anti-inflammatory response syndrome (CARS) thought to limit damage due to chronic inflammation [1–6]. More recent studies have illustrated a more complex scenario, wherein pro- and antiinflammatory cytokines may be secreted simultaneously, suggesting that the SIRS/CARS paradigm may be insufficient to characterize the immune response to trauma [4-6]. Despite this paradigm shift, it remains true that late after trauma patients exhibit elevated susceptibility to nosocomial infection [7–9]. Burn patients are especially prone to ventilatorassociated pneumonia and wound infections [7, 10], and the leading cause of death following burn injury is related to infection and sepsis [7, 11]. In particular, pulmonary infections by Gram-negative Pseudomonas aeruginosa are quite common [8]. Novel methods are needed that will enable healthcare providers and researchers to monitor the immune response during trauma and infection.

Nitric oxide (NO) is a free radical species that is intricately involved with the innate immune response [12–27], and as such, *in vivo* levels will likely reflect the immune status of an individual. Indeed, the up-regulation of inducible nitric oxide synthase (iNOS) during SIRS has been observed, in addition to accumulation of NO byproducts in blood and tissue [8, 13, 18, 28–32]. Until recently, direct detection of NO in whole blood was not feasible, requiring either the measurement of its byproducts (i.e., nitrate and nitrate) or the use of complex instrumentation (i.e., electron paramagnetic resonance spectroscopy) [33]. Studies measuring NO byproducts in sheep have found that serum NO is increased in sheep after burn and smoke inhibition, and that this increase can be blocked with iNOS inhibitors [34].

Direct measurement of NO is likely to sensitively detect changes in patient status; therefore, such measurements should be incorporated into clinically relevant models. Because of the availability of genetically modified mice, confirming the usefulness of NO as a readout in mouse models of trauma will enable elucication of disease mechanisms that impact NO production among other phenotypes. Recently, a microfluidic amperometric sensor was developed and used to directly measure increases in NO levels during a lethal murine model of sepsis[29].

We expect that NO levels may be decreased during an infection following burn injury. Because patients demonstrate susceptibility to infection late after trauma, we focused on NO levels in a nonlethal infection model at 14 days after burn injury. Quantifying changes in NO

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concentration may allow for the elucidation of immune dysfunction, indicated by either elevated levels during systemic infection or decreased levels during immune suppression.

## **Materials and Methods**

#### Murine model of burn injury and infection

Nine week-old female C57BL/6 mice weighing ~18 g underwent a 20% total body surface area (TBSA) burn injury as previously described [35]. Briefly, mice were anesthetized with gaseous isofluorane, their dorsal flanks were shaved, and they received a subcutaneous injection of morphine sulphate prior to receiving a full-thickness burn with 4 applications of a copper rod heated in boiling water. Following burn injury, mice were resuscitated via an intraperitoneal injection of lactated Ringer's solution. Throughout the experiment, mice were monitored and received morphine in their drinking water (0.02 mg mL<sup>-1</sup>; 4 mg kg<sup>-1</sup> body weight per day) *ad libitum*. Sham (0% TBSA) mice also underwent these treatments as described, except the application of the copper rod.

At 14 d following burn injury, pneumonia was induced via the intratracheal administration of 50  $\mu$ L *Pseudomonas aeruginosa* (PAK strain) following sedation with Avertin. Uninfected groups were administered 50  $\mu$ L PBS with 1% protease peptone in the same manner. At 48 h following infection, ~300  $\mu$ L blood was drawn into EDTA-coated microcentrifuge tubes via submandibular puncture. This blood was immediately injected into the microfluidic device and analyzed amperometrically to determine NO concentrations.

#### Microfluidic amperometric sensor for nitric oxide measurement

Devices were fabricated as previously described [29]. Working electrodes were 100  $\mu$ m wide and consisted of 150 nm thick platinum with a 10 nm titanium seed layer, coated with a selective film (adhesion layer of 1% v/v (3-aminopropyl)triethoxysilane and a fluoroalkoxysilane xerogel) to impart selectivity to NO. The fluoroalkoxysilane membrane solution was prepared via the acid catalyzed hydrolysis and condensation of (heptadeca uoro-1,1,2,2-tetrahydrodecyl)trimethoxysilane and methyltrimethoxysilane as reported previously [36, 37]. Reference electrodes consisted of a 10 nm titanium adhesion layer followed by a ~1  $\mu$ m silver layer, chemically oxidized by reaction with 50 mM ferric chloride for 10 s to create a silver/silver chloride pseudo-reference/counter electrode. The ~90  $\mu$ m microfluidic channel was formed using Kapton® tape.

The working and reference/counter electrodes of the microfluidic device were connected to a CH Instruments 1030A 8-channel potentiostat (Austin, TX). Prior to sample analysis, the device was polarized at +800 mV vs. the Ag/AgCl pseudo-reference/counter electrode for at least to 1 h in PBS. To calibrate the device, a saturated NO standard solution (prepared by purging deaerated PBS with NO gas for ~10 min to yield a 1.9 mM solution of NO) was diluted with PBS and introduced into the inlet reservoir.

#### Statistical analysis

Where appropriate, either an unpaired, two-sided Student's t-test or two-way ANOVA with Bonfennori post-test was used to determine statistical significance between groups, with p < 0.05 considered to be significant.

## Results

#### Nitric oxide levels are increased during pneumonia without prior burn injury

Blood samples were drawn 48 h following infection with  $1 \times 10^6$  CFU of *P. aeruginosa* and immediately analyzed using the microfluidic sensor. As shown in Figure 1A, blood NO levels were significantly increased in the infected versus uninfected mice at this time point (810 ± 180 nM and 370 ± 40 nM, respectively). As expected, these data suggest that activation of the immune response following infection leads to increased production of NO.

#### Increased infectious dose corresponds with elevated serum NO

Blood samples were drawn 24 h and 72 h following infection with either  $5 \times 10^5$  or  $5 \times 10^6$  CFU of *P. aeruginosa*. As indicated in Figure 1B, blood NO levels were higher in uninjured mice exposed to a higher infectious dose at 24 h ( $3.0 \pm 0.2 \mu$ M vs.  $6.2 \pm 0.7 \mu$ M) and 72 h ( $7.0 \pm 1.4 \mu$ M vs.  $15.2 \pm 4.7 \mu$ M) following infection. At both high- and low-dose inocula, blood NO concentrations were higher at 72 vs. 24 h. We also harvested lungs and quantified bacterial load in these mice at 72 h after infection. A significant difference in bacterial load was observed between mice with high and low dose bacterial inoculum, with a corresponding difference in plasma NO levels (Figure 1B).

#### Burn injury inhibits nitric oxide release following infection

Blood samples from infected  $(1 \times 10^6 \text{ CFU})$  and uninfected mice 14 d after burn injury were analyzed using the electrochemical sensor. Concentrations of NO in blood of infected burned mice were not significantly elevated compared to uninfected burn mice  $(290 \pm 80 \text{ nM} \text{ vs. } 410 \pm 110 \text{ nM})$ . We also harvested lungs and quantified bacterial load in these mice at 72 h post infection, and observed both reduced NO and pulmonary bacterial clearance in burn versus sham mice (Figure 2). These data indicate a late-stage effect of burn injury on immune function and NO production during an infection. Also of note, the NO concentrations observed in uninfected burn mice were equivalent to those in the uninfected sham mice.

Blood NO levels were measured at 24 and 72 h following a low-dose ( $5 \times 10^5$  CFU) infection with *P. aeruginosa*. We observed that the NO measured was lower in burn infected mice compared to unburned infected mice at both 24 h ( $1.1 \pm 0.4$  vs.  $3.0 \pm 0.2 \mu$ M) and 72 h ( $6.0 \pm 0.6$  vs.  $7.0 \pm 1.4 \mu$ M) following the infection (Figure 3A). In contrast, we observed elevated blood NO following inoculation with a high-dose ( $5 \times 10^6$  CFU) of *P. aeruginosa* in burned mice compared to unburned mice at 24 h ( $7.5 \pm 0.7 \mu$ M vs.  $6.2 \pm 0.7 \mu$ M). However, the measured NO was not increased in burned mice at 72 h ( $4.2 \pm 2.0 \mu$ M vs.  $15.2 \pm 4.7 \mu$ M) post infection (Figure 3B) while blood NO continued to rise in unburned mice.

## Discussion

In this study, we evaluated the effect of infection and burn injury on endogenous NO levels in a murine model. While it is well understood that NO, along with other reactive oxygen and nitrogen species (ROS and RNS), are produced at higher levels during infection, direct detection of NO has not been possible and analysis of its byproducts (nitrate and nitrite) has been required to estimate NO production. The microfluidic electrochemical sensor utilized herein allowed for the immediate and direct detection of NO in a small (~250  $\mu$ L) volume of whole blood, without the addition of external reagents. As hypothesized, during an infection with no previous trauma, NO levels were increased relative to control mice. This result is not surprising, as NO is known for its antibacterial activity [38] and has been previously demonstrated to increase during systemic infection [29]. We therefore conclude that our novel monitor sensitively detects changes in endogenous NO during nonlethal infection in mice.

However, this trend was not observed or was attenuated during infection that occurred 14 d following burn injury. Indeed, NO concentrations in infected burn mice were equivalent to those of uninfected burn and sham mice, indicating immune suppression as a result of the burn injury. Even following high dose infection, when at 24 h NO concentrations were higher in burn than unburned mice, the injured mice were unable to sustain a robust response and NO concentrations diminished by 72 h compared with unburned mice.

The dysfunctional immune response following burn injury has been well documented [2]. Cairns *et al.* demonstrated that while expression of TLR2 and TLR4 by macrophages is increased early (3 d) following burn injury, these levels are significantly decreased at 14 d [39]. Numerous immune defense systems are linked to TLR, including the induction of iNOS [40]. Other studies have linked TLR with the induction of iNOS and concomitant release of NO by innate immune cells (e.g., macrophages) [41–43]. For example, TLR is directly involved in microbe recognition by innate immune cells (TLR2 for Gram-positive peptidoglycan and TLR4 for Gram-negative lipopolysaccharide) and thus mediates subsequent inflammatory signals, including NO [40]. Future studies should determine whether TLR signaling is directly linked to endogenous NO following infection.

While increased levels of endogenous NO may indicate development of a severe infection in otherwise healthy animals, the immune dysfunction that occurs late after trauma (e.g., burn injury) significantly alters NO production. As such, monitoring *in vivo* NO production in real time may provide insight into emerging infection as well as immune dysfunction. Reduction in NO production by innate immune cells, along with other aspects of immune suppression (e.g., shifts in T cell phenotype [44], altered cytokine profiles[45]), contribute to the increased infection susceptibility of burn patients. The clinical utility of NO measurement can be further evaluated by monitoring concentration changes throughout the course of infection/sepsis and throughout the dynamic immune response following trauma. In murine models, differences in NO concentration caused by infection with more virulent strains and during antibiotic treatment must also be evaluated.

## Acknowledgments

#### Funding

The authors acknowledge research support from the National Institutes of Health (NIAID AI094719).

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## Highlights

•	Microfluidic nitric oxide sensor is used to directly measure nitric oxide levels in fresh whole blood
•	Increased nitric oxide production measured in mice infected with <i>Pseudomonas aeruginosa</i>
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• Significantly diminished nitric oxide levels observed in infected animals that had suffered a burn 14 d prior



Figure 1. Nitric Oxide (NO) levels are elevated following infection without prior injury in a dose-dependent fashion

Mice (n=4) were infected with of *P. aeruginosa* and blood NO analyzed. A) NO levels were significantly increased 48 h following infection with  $1 \times 10^{6}$  CFU compared to uninfected counterparts. Statistical significance is indicated by \*, p < 0.05 by a Student's *t* test. B) NO levels in blood and bacterial recovery from lungs were higher in mice inoculated with 5 ×  $10^{5}$  CFU vs.  $5 \times 10^{6}$  CFU at 72 hours post infection. Statistical significance is indicated by \*, p<0.05 and \*\*\*, p < 0.001 by Two-way ANOVA with Bonfennori post-test. Data are given as mean ± standard deviation.



Figure 2. Relative to sham mice, burn injury causes decreased blood NO concentrations and increased pulmonary bacterial load following a 14 d post-burn infection

Mice (n=4) were infected with  $1 \times 10^6$  CFU of *P. aeruginosa* 14 d after injury and blood NO analyzed 48 h after infection. Statistical significance is indicated by \*, p<0.05 and \*\*\*, p < 0.001 by a Two-way ANOVA followed by Bonfennori post-test. Data are given as mean ± standard deviation.

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Figure 3. Inoculation dose impacts blood NO concentration in burn mice following infection Mice (n=3–4) were infected with A)  $5 \times 10^5$  or B)  $5 \times 10^6$  CFU of *P. aeruginosa* and blood NO analyzed after 24 h or 72 h. Statistical significance is indicated by \*\*\*, p < 0.001 by a Two-way ANOVA followed by Bonfennori post-test. Data are given as mean ± standard deviation.

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