# 2015 Nevada High School Youth Risk Behavior Survey (YRBS): Sexual Identity Analysis 

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## Additional Resources

http://chs.unr.edu/subpages/research/YRBS.htm
http://www.cdc.gov/HealthyYouth/yrbs/index.htm

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## INTRODUCTION

Priority health risk behaviors (i.e. preventable behaviors that contribute to the leading causes of morbidity and mortality) are often established during childhood and adolescence and extend into adulthood. Ongoing surveillance of youth risk behaviors is critical for the design, implementation, and evaluation of public health interventions to improve adolescent health. The Youth Risk Behavior Survey (YRBS) is a national surveillance system that was established in 1991 by the Centers for Disease Control and Prevention (CDC) to monitor the prevalence of health risk behaviors among youth. The Nevada High School YRBS is a biennial, anonymous, and voluntary survey of students in $9^{\text {th }}$ through $12^{\text {th }}$ grade in regular public, charter, and alternative schools. The survey asks students to self-report their behaviors in six major areas of health that directly lead to morbidity and mortality, these include:

1) Behaviors that contribute to unintentional injuries and violence;
2) Sexual behaviors that contribute to human immunodeficiency virus (HIV) infection, other sexually transmitted diseases, and unintended pregnancy;
3) Tobacco use;
4) Alcohol and other drug use;
5) Unhealthy dietary behaviors; and
6) Physical inactivity.

The Nevada High School YRBS provides prevalence estimates for priority risk behaviors and can be used to monitor trends over time.

## METHODS

The 2015 Nevada YRBS sampling plan was designed to ensure that every eligible student in regular public, charter, and alternative high schools had an equal chance of selection. For the 2015 High School YRBS, a random sample 5,108 youth from 97 schools completed the survey. Please see 2015 Nevada Youth Risk Behavior reports for detailed information on the random cluster sampling design used.

The 2015 Nevada YRBS data were weighted at the state level and regional level based on the sex, race/ethnicity, and grade level of students in each region. The weighting process ensured that the estimates accurately represent the entire student population in each region and the state as a whole. Non-response or poor sampling procedures can result in a sample that is not a representative subset of the population; therefore, unweighted results from these samples may not accurately reflect student behaviors and could be misleading. This report only displays weighted results.

In 2015 sexual identity was added as a CDC core YRBS variable. Students could selfidentify as: heterosexual (straight), gay or lesbian, bisexual, or not sure. Consistent with CDC-coding, students were categorized as lesbian, gay, or bisexual (LGB) vs. heterosexual; students who were "not sure" were counted as missing ( $n=227$ ). Differences in the weighted prevalence of risk behaviors between LGB and heterosexual students were assessed with weighted chi-square tests. All comparisons are shown in Table 4 and significant differences in risk behaviors between LGB and heterosexual students $(\mathrm{p}<.05)$ are displayed in Figures 1-85.

## SUMMARY HIGHLIGHTS

Table 1: Summary table of risk behaviors significantly associated with sexual orientation - Nevada, Youth Risk Behavior Survey, 2015

| Risk Behavior Category | Behaviors With Significant Differences / Total Number <br> of Behaviors |  |
| :--- | :---: | :---: |
|  | Fraction | Percent |
| All Categories | $84 / 112$ | $75 \%$ |
| Participant Characteristics* | $2 / 3$ | $67 \%$ |
| Safety and Violence | $17 / 20$ | $85 \%$ |
| Emotional Health | $7 / 7$ | $100 \%$ |
| Tobacco Use | $7 / 10$ | $70 \%$ |
| E-Vapor Use | $2 / 2$ | $100 \%$ |
| Alcohol Use | $4 / 5$ | $80 \%$ |
| Marijuana Use | $3 / 3$ | $100 \%$ |
| Other Drug Use | $13 / 13$ | $100 \%$ |
| Sexual Behavior | $9 / 14$ | $64 \%$ |
| Dietary Behavior | $9 / 20$ | $45 \%$ |
| Physical Activity | $6 / 9$ | $67 \%$ |
| Weight | $3 / 4$ | $75 \%$ |
| Resilience | $2 / 2$ | $100 \%$ |
| *Includes military family status, free and reduced lunch, and grades in school |  |  |

## RESULTS

Table 2: Demographic characteristics of all participating students, by sex, age, grade, race/ethnicity, and region - Nevada, Youth Risk Behavior Survey, 2015

|  |  | Student Participants ${ }^{\text {a }}$ | Unweighted \% | Weighted \% |
| :---: | :---: | :---: | :---: | :---: |
| Total |  | 5,108 | 100.00\% | 100.00\% |
| Sex | Female | 2,600 | 51.18\% | 48.40\% |
|  | Male | 2,480 | 48.82\% | 51.60\% |
| Age Groups | 14 years old or younger | 610 | 11.98\% | 10.58\% |
|  | 15 years old | 1,401 | 27.52\% | 25.59\% |
|  | 16 years old | 1,347 | 26.46\% | 25.84\% |
|  | 17 years old | 1,173 | 23.05\% | 24.77\% |
|  | 18 years old or older | 559 | 10.98\% | 13.22\% |
| Grade | 9 9th grade | 1,490 | 22.10\% | 25.77\% |
|  | 10th grade | 1,334 | 30.10\% | 26.00\% |
|  | 11th grade | 1,249 | 25.10\% | 24.75\% |
|  | 12th grade | 958 | 22.70\% | 23.30\% |
|  | Ungraded or other grade | 13 | 0.26\% | 0.16\% |
| Race/Ethnicity | American Indian/Alaska Native ${ }^{\text {d }}$ | 104 | 2.09\% | 1.59\% |
|  | Asian ${ }^{\text {d }}$ | 258 | 5.17\% | 6.09\% |
|  | Black ${ }^{\text {d }}$ | 273 | 5.47\% | 9.95\% |
|  | Native Hawaiian/Pacific Islander ${ }^{\text {d }}$ | 92 | 1.84\% | 1.38\% |
|  | White ${ }^{\text {d }}$ | 1,955 | 39.19\% | 36.00\% |
|  | Hispanic/Latino | 2,029 | 40.68\% | 39.81\% |
|  | Other/Multiple ${ }^{\text {d }}$ | 277 | 5.55\% | 5.17\% |
| Region | 1: Carson City and Douglas | 291 | 5.70\% | 3.15\% |
|  | 2: Elko, White Pine, and Eureka | 356 | 6.97\% | 2.56\% |
|  | 3: Churchill, Humboldt, Pershing, and Lander | 326 | 6.38\% | 2.16\% |
|  | 4: Lyon, Mineral, and Storey | 234 | 4.58\% | 1.96\% |
|  | 5: Nye and Lincoln | 415 | 8.12\% | 1.50\% |
|  | 6: Washoe | 1,175 | 23.00\% | 14.77\% |
|  | 7: Clark | 2,311 | 45.24\% | 73.90\% |

[^0]Table 3: Demographic characteristics of participating students by sexual orientation Nevada, Youth Risk Behavior Survey

|  |  | LGB |  |  | Heterosexual |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathrm{N}^{\text {a }}$ | \% ${ }^{\text {b }}$ | C.I. ${ }^{\text {c ( }}$ (95\%) | $\mathrm{N}^{\text {a }}$ | \% ${ }^{\text {b }}$ | C.I. ${ }^{\text {c }}$ (95\%) |
| Overall Total | Total | 498 | 10.4\% | (9.1-11.7) | 4230 | 89.6\% | (88.3-90.9) |
| Sex | Female | 360 | 15.5\% | (13.3-17.6) | 2032 | 84.5\% | (82.4-86.7) |
|  | Male | 134 | 5.6\% | (4.3-7.0) | 2184 | 94.4\% | (93.0-95.7) |
| Age | 14 years old or younger | 65 | 10.5\% | (7.2-13.8) | 498 | 89.5\% | (86.2-92.8) |
|  | 15 years old | 142 | 11.8\% | (9.6-14.0) | 1147 | 88.2\% | (86.0-90.4) |
|  | 16 years old | 127 | 8.6\% | (6.7-10.4) | 1127 | 91.4\% | (89.6-93.3) |
|  | 17 years old | 113 | 11.1\% | (8.3-14.0) | 980 | 88.9\% | (86.0-91.7) |
|  | 18 years old or older | 50 | 9.6\% | (6.5-12.7) | 468 | 90.4\% | (87.3-93.5) |
| Grade | 9th grade | 153 | 11.2\% | (9.2-13.2) | 1218 | 88.8\% | (86.8-90.8) |
|  | 10th grade | 135 | 10.3\% | (8.0-12.5) | 1106 | 89.7\% | (87.5-92.0) |
|  | 11th grade | 113 | 9.8\% | (7.2-12.3) | 1058 | 90.2\% | (87.7-92.8) |
|  | 12th grade | 93 | 10.3\% | (7.8-12.8) | 790 | 89.7\% | (87.2-92.2) |
| Race/Ethnicity | American Indian/Alaska Native ${ }^{\text {d }}$ | 8 | 9.4\% | (1.8-17.0) | 85 | 90.6\% | (83.0-98.2) |
|  | Asian ${ }^{\text {d }}$ | 20 | 9.1\% | (4.2-14.0) | 224 | 90.9\% | (86.0-95.8) |
|  | Black ${ }^{\text {d }}$ | 35 | 12.7\% | (8.5-16.8) | 217 | 87.3\% | (83.2-91.5) |
|  | Native Hawaiian/Pacific Islander ${ }^{\text {d }}$ | 3 | 2.8\% | (0.0-6.7) | 82 | 97.2\% | (93.3-100.0) |
|  | White ${ }^{\text {d }}$ | 199 | 10.1\% | (8.1-12.2) | 1637 | 89.9\% | (87.8-91.9) |
|  | Hispanic/Latino | 177 | 9.9\% | (8.1-11.7) | 1684 | 90.1\% | (88.3-91.9) |
|  | Other/Multiple ${ }^{\text {d }}$ | 41 | 15.2\% | (10.1-20.3) | 228 | 84.8\% | (79.7-89.9) |
| Region | 1: Carson City and Douglas | 32 | 10.4\% | (3.8-17.0) | 235 | 89.6\% | (83.0-96.2) |
|  | 2: Elko, White Pine, and Eureka | 32 | 10.3\% | (6.2-14.3) | 303 | 89.7\% | (85.7-93.8) |
|  | 3: Churchill, Humboldt, Pershing, and Lander | 21 | 6.4\% | (3.4-9.5) | 281 | 93.6\% | (90.5-96.6) |
|  | 4: Lyon, Mineral, and Storey | 34 | 14.4\% | (9.2-19.5) | 188 | 85.6\% | (80.5-90.8) |
|  | 5: Nye and Lincoln | 31 | 9.6\% | (6.2-13.1) | 359 | 90.4\% | (86.9-93.8) |
|  | 6: Washoe | 117 | 11.0\% | (8.3-13.7) | 949 | 89.0\% | (86.3-91.7) |
|  | 7: Clark | 231 | 10.3\% | (8.7-11.9) | 1915 | 89.7\% | (88.1-91.3) |

[^1]Table 4: Weighted prevalence estimates of health risk behaviors, by sexual orientation Nevada, 2015

| PARTICIPANT CHARACTERISTICS | LGB | Non-LGB | Difference |
| :---: | :---: | :---: | :---: |
| Percentage of students who have parents or other adults in family serving on active duty in the military | 13.9 | 12.9 | No difference |
| Percentage of high school students who qualify for or get free and reduced lunch at school | 49.1 | 39.6 | LGB Higher |
| Percentage of students who made mostly A's or B's in school (during the 12 months before the survey) | 61.9 | 71.2 | LGB Lower |
| SAFETY |  |  |  |
| Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey) | 86.3 | 84.8 | No difference |
| Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else) | 8.7 | 5.7 | LGB Higher |
| Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey) | 29.8 | 20.0 | LGB Higher |
| Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey) | 10.6 | 5.9 | LGB Higher |
| Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey) | 34.4 | 38.0 | LGB Lower |
| VIOLENCE-RELATED BEHAVIORS |  |  |  |
| Percentage of students who carried a weapon (such as a gun, knife, or club on at least 1 day during the 30 days before the survey) | 22.7 | 15.7 | LGB Higher |
| Percentage of students who carried a gun (on at least 1 day during the 30 days before the survey) | 4.7 | 4.4 | No difference |


| Percentage of students who carried a weapon on <br> school property (such as a gun, knife, or club on <br> at least 1 day during the 30 days before the <br> survey) | 6.6 | 3.0 | LGB Higher |
| :--- | :--- | :--- | :--- |
| Percentage of students who did not go to school <br> because they felt unsafe at school or on their way <br> to or from school (on at least 1 day during the 30 <br> days before the survey) | 13.1 | 6.3 | LGB Higher |
| Percentage of students who were threatened or <br> injured with a weapon on school property (such <br> as a gun, knife, or club one or more times during <br> the 12 months before the survey) | 13.2 | 5.4 | LGB Higher |
| Percentage of students who were in a physical <br> fight (one or more times during the 12 months <br> before the survey) | 24.1 | 18.2 | LGB Higher |
| Percentage of students who were injured in a <br> physical fight (one or more times during the 12 <br> months before the survey; injuries had to be <br> treated by a doctor or nurse) | 4.8 | 2.5 | LGB Higher |
| Percentage of students who were in a physical <br> fight on school property (one or more times <br> during the 12 months before the survey) | 9.2 | 4.6 | LGB Higher |
| Percentage of students who were ever physically <br> forced to have sexual intercourse (when they did <br> not want to) | 24.4 | 6.8 | LGB Higher |
| Percentage of students who experienced physical <br> dating violence (one or more times during the 12 <br> months before the survey, including being hit, <br> slammed into something, or injured with an <br> object or weapon on purpose by someone they <br> were dating or going out with among students <br> who dated or went out with someone during the <br> 12 months before the survey) | 20.9 | 7.5 | LGB Higher |
| Percentage of students who experienced sexual <br> dating violence (one or more times during the 12 <br> months before the survey, including kissing, <br> touching, or being physically forced to have <br> sexual intercourse when they did not want to by <br> someone they were dating or going out with <br> among students who dated or went out with <br> someone during the 12 months before the <br> survey) | 22.1 | 8.8 | LGB Higher |
| Percentage of students who were bullied on <br> school property (during the 12 months before the <br> survey) | 30.3 | 16.8 |  |


| Percentage of students who were electronically <br> bullied (including being bullied through e-mail, <br> chat rooms, instant messaging, websites, or <br> texting during the 12 months before the survey) | 26.8 | 11.9 | LGB Higher |
| :--- | :--- | :---: | :--- |
| Percentage of high school students who have <br> ever seen adults in their home slap, hit, kick, <br> punch, or beat each other up | 26.7 | 14.7 | LGB Higher |
| Percentage of high school students who have <br> ever been hit, beaten, kicked, or physically hurt in <br> anyway by an adult (not including spanking for <br> bad behavior) | 34.1 | 13.4 | LGB Higher |

## EMOTIONAL HEALTH

Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)

| Percentage of students who seriously considered <br> attempting suicide (during the 12 months before <br> the survey) | 41.5 | 13.9 | LGB Higher |
| :--- | :--- | :--- | :--- |
| Percentage of students who made a plan about <br> how they would attempt suicide (during the 12 <br> months before the survey) | 37.2 | 12.7 | LGB Higher |
| Percentage of students who attempted suicide <br> (one or more times during the 12 months before <br> the survey) | 28.5 | 6.8 | LGB Higher |
| Percentage of students who attempted suicide <br> that resulted in an injury, poisoning, or overdose <br> that had to be treated by a doctor or nurse <br> (during the 12 months before the survey) | 8.8 | 2.2 | LGB Higher |
| Percentage of high school students who did <br> something to purposely hurt themselves without <br> wanting to die, such as cutting or burning <br> themselves on purpose (one or more times <br> during the 12 months before the survey) | 48.0 | 17.7 | LGB Higher |
| Percentage of students who have ever lived with <br> someone who was depressed, mentally ill, or <br> suicidal | 50.3 | 27.4 | LGB Higher |

TOBACCO USE

| Percentage of students who ever tried cigarette <br> smoking (even one or two puffs) | 51.7 | 29.6 | LGB Higher |
| :--- | :---: | :---: | :---: |
| Percentage of students who smoked a whole <br> cigarette before age 13 years (for the first time) | 15.3 | 5.0 | LGB Higher |


| Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey) | 21.3 | 5.1 | LGB Higher |
| :---: | :---: | :---: | :---: |
| Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey) | 7.3 | 1.1 | LGB Higher |
| Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station | 4.9 | 13.7 | No difference |
| Percentage of students who attempted to quit smoking in the past 12 months (among those who currently smoke cigarettes) | 58.2 | 50.5 | No difference |
| Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey) | 6.8 | 3.7 | LGB Higher |
| Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey) | 12.1 | 5.4 | LGB Higher |
| Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey) | 24.8 | 9.4 | LGB Higher |
| ELECTRONIC VAPOR PRODUCT USE |  |  |  |
| Percentage of students who ever used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz) | 64.6 | 48.9 | LGB Higher |
| Percentage of students who currently used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey) | 36.8 | 24.2 | LGB Higher |
| ALCOHOL USE |  |  |  |
| Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life) | 78.1 | 62.1 | LGB Higher |
| Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips) | 30.2 | 16.1 | LGB Higher |
| Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey) | 46.8 | 28.1 | LGB Higher |


| Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey | 24.7 | 13.6 | LGB Higher |
| :---: | :---: | :---: | :---: |
| Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol) | 35.7 | 39.9 | No difference |
| MARIJUANA USE |  |  |  |
| Percentage of students who ever used marijuana (one or more times during their life) | 57.1 | 37.0 | LGB Higher |
| Percentage of students who tried marijuana before age 13 years (for the first time) | 19.7 | 7.7 | LGB Higher |
| Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) | 34.7 | 17.5 | LGB Higher |
| OTHER DRUG USE |  |  |  |
| Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life) | 13.8 | 4.7 | LGB Higher |
| Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life) | 17.9 | 5.1 | LGB Higher |
| Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life) | 7.3 | 1.5 | LGB Higher |
| Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life) | 10.3 | 2.0 | LGB Higher |
| Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life) | 15.6 | 5.4 | LGB Higher |
| Percentage of high school students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks") one or more times during their life | 22.5 | 9.3 | LGB Higher |
| Percentage of students who currently use synthetic marijuana (also called "K2", "Spice", "fake weed", "King Kong", "Yucatan Fire", "Skunk", or "Moon Rocks", one or more times during the 30 days before the survey) | 10.6 | 3.0 | LGB Higher |

## 2015 Nevada High School YRBS Sexual Identity Report

Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)
8.9
2.5

LGB Higher

```
Percentage of students who ever took
prescription drugs without a doctor's prescription
(such as OxyContin, Percocet, Vicodin, codeine,
Adderall, Ritalin, or Xanax, one or more times
during their life)
```

Percentage of students who currently use prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)

| Percentage of students who were offered, sold, <br> or given an illegal drug on school property (during <br> the 12 months before the survey) | 39.8 | 27.8 | LGB Higher |
| :--- | :--- | :---: | :--- |
| Percentage of students who have ever lived with <br> someone who was a problem drinker or alcoholic <br> or abused street or prescription drugs | 47.1 | 28.2 | LGB Higher |

## SEXUAL BEHAVIORS

| Percentage of students who ever had sexual <br> intercourse | 51.8 | 37.0 | LGB Higher |
| :--- | :---: | :---: | :---: |
| Percentage of students who had sexual <br> intercourse before age 13 years (for the first time) | 7.5 | 3.5 | LGB Higher |
| Percentage of students who had sexual <br> intercourse with four or more persons (during <br> their life) | 17.6 | 9.7 | LGB Higher |
| Percentage of students who were currently <br> sexually active (sexual intercourse with at least <br> one person during the 3 months before the <br> survey) | 35.7 | 26.2 | LGB Higher |
| Percentage of students who drank alcohol or <br> used drugs before last sexual intercourse (among <br> students who were currently sexually active) | 31.0 | 17.9 | LGB Higher |
| Percentage of students who used a condom <br> (during last sexual intercourse among students <br> who were currently sexually active) | 35.6 | 60.5 | LGB Lower |

## 2015 Nevada High School YRBS Sexual Identity Report

| Percentage of students who used birth control <br> pills (before last sexual intercourse to prevent <br> pregnancy among students who were currently <br> sexually active) | 15.5 | 15.1 | No difference |
| :--- | :--- | :--- | :--- |
| Percentage of students who used a shot (e.g., <br> Depo-Provera), patch (e.g., OrthoEvra), birth <br> control ring (e.g., NuvaRing), IUD (e.g., Mirena or <br> ParaGard) or implant (e.g., Implanon or <br> Nexplanon) (before last sexual intercourse to <br> prevent pregnancy among students who were <br> currently sexually active) | 10.3 | 4.4 | LGB Higher |
| Percentage of students who used birth control <br> pills; an IUD or implant; or a shot, patch, or birth <br> control ring (before last sexual intercourse to <br> prevent pregnancy among students who were <br> currently sexually active) | 25.9 | 19.4 | No difference |
| Percentage of students who used both a condom <br> during and birth control pills; an IUD or implant; or <br> a shot, patch, or birth control ring before last <br> sexual intercourse (to prevent STD and <br> pregnancy among students who were currently <br> sexually active) | 5.6 | 6.0 |  |
| Percentage of students who did not use any <br> method to prevent pregnancy (during last sexual <br> intercourse among students who were currently <br> sexually active) | 35.6 | 9.1 | No difference |
| Percentage of students who were ever tested for <br> HIV (not including tests done when donating <br> blood) | 16.4 | 9.9 | LGB Higher |
| DIET | 57.1 | 58.8 | NGB Higher |
| Percentage of students who did not eat fruit or <br> drink $100 \%$ fruit juices (during the 7 days before <br> the survey) | 4.6 | 4.9 | No difference |
| Percentage of students who ate fruit or drank <br> 10\%\% fruit juices one or more times per day <br> (during the 7 days before the survey) | No difference |  |  |
| Percentage of students who ate fruit or drank <br> 100\% fruit juices two or more times per day <br> (during the 7 days before the survey) | 27.2 | 28.4 | No difference |
| Percentage of students who ate fruit or drank <br> 100\% fruit juices three or more times per day <br> (during the 7 days before the survey) | 17.5 | 17.3 |  |

## 2015 Nevada High School YRBS Sexual Identity Report

Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)

| Percentage of students who ate vegetables one <br> or more times per day (green salad, potatoes <br> [excluding French fries, fried potatoes, or potato <br> chips], carrots, or other vegetables, during the 7 <br> days before the survey) | 58.6 | 56.8 | No difference |
| :--- | :--- | :--- | :--- |
| Percentage of students who ate vegetables two <br> or more times per day (green salad, potatoes <br> [excluding French fries, fried potatoes, or potato <br> chips], carrots, or other vegetables, during the 7 <br> days before the survey) | 24.6 | 22.6 | No difference |
| Percentage of students who ate vegetables three <br> or more times per day (green salad, potatoes <br> [excluding French fries, fried potatoes, or potato <br> chips], carrots, or other vegetables, during the 7 <br> days before the survey) | 12.7 | 11.1 | No difference |
| Percentage of students who did not drink a can, <br> bottle, or glass of soda or pop (not including diet <br> soda or diet pop, during the 7 days before the <br> survey) | 25.6 | 29.7 | No difference |
| Percentage of students who drank a can, bottle, <br> or glass of soda or pop one or more times per <br> day (not including diet soda or diet pop, during <br> the 7 days before the survey) | 17.2 | 14.1 | No difference |
| Percentage of students who drank a can, bottle, <br> or glass of soda or pop two or more times per day <br> (not including diet soda or diet pop, during the 7 <br> days before the survey) | 12.0 | 8.3 | LGB Higher |
| Percentage of students who drank a can, bottle, <br> or glass of soda or pop three or more times per <br> day not including diet soda or diet pop, during <br> the 7 days before the survey) | 7.3 | 4.5 | LGB Lower |
| Percentage of students who did not drink milk <br> (during the 7 days before the survey) | 28.2 | 22.0 | LGB Higher |
| Percentage of students who drank one or more <br> glasses per day of milk (during the 7 days before <br> the survey) | 24.8 | 32.5 | LGB Higher |
| Percentage of students who drank two or more <br> glasses per day of milk (during the 7 days before <br> the survey) | 14.4 | 20.1 | Lower |

Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)
6.6
6.3
No difference

No

Percentage of students who drank three or more glasses per day of milk (during the 7 days before $4.7 \quad 9.0 \quad$ LGB Lower the survey)

| Percentage of students who did not eat breakfast <br> (during the 7 days before the survey) | 23.6 | 15.5 | LGB Higher |
| :--- | :--- | :--- | :--- |
| Percentage of students who ate breakfast on all 7 <br> days (during the 7 days before the survey) | 23.8 | 35.6 | LGB Lower |
| Percentage of high school students who go <br> hungry most of the time/always because there is <br> not enough food in the house | 6.8 | 3.5 | LGB Higher |
| Percentage of students who saw a dentist (for a <br> check-up, exam, teeth cleaning, or other dental <br> work during the 12 months before the survey) | 62.7 | 71.3 | LGB Lower |

## PHYSICAL ACTIVITY

Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe 23.2 hard some of the time during the 7 days before the survey)

Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe 34.0

LGB Lower hard some of the time during the 7 days before the survey)

Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)
$18.4 \quad 29.3 \quad$ LGB Lower

Percentage of students who watched television 3 or more hours per day (on an average school 24.3
22.3

No difference day)

Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)

Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)
36.7

LGB Higher
LGB Higher
$\qquad$

## PHYSICAL ACTIVITY (CONT.)

Percentage of students who attended physical education classes on all 5 days (in an average 23.0
28.8

LGB Lower week when they were in school)

| Percentage of students who played on at least <br> one sports team (run by their school or <br> community groups during the 12 months before <br> the survey) | 41.9 | 51.9 | LGB Lower |
| :--- | :---: | :---: | :---: |
| Percentage of students who had 8 or more hours <br> of sleep (on an average school night) | 20.4 | 23.0 | No Difference |
| WEIGHT |  |  |  |
| Percentage of students who were overweight (>= |  |  |  |
| 85th percentile but <95th percentile for body |  |  |  |
| mass index, based on sex-and age-specific |  |  |  |
| reference data from the 2000 CDC growth chart) |  |  |  |

## RISK BEHAVIORS SIGNIFICANTLY ASSOCIATED WITH SEXUAL ORIENTATION

## Participant Characteristics

Figure 1: Percentage of students who qualify for or get free and reduced lunch at school, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 2: Percentage of students who made mostly A's or B's in school,* by sexual orientation - Nevada Youth Risk Behavior, 2015

*During the 12 months before the survey

## Safety

Figure 3: Percentage of students who rarely or never wore a seat belt,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* When riding in a car driven by someone else

Figure 4: Percentage of students who rode with a driver who had been drinking alcohol,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* In a car or other vehicle one or more times during the 30 days before the survey

Figure 5: Percentage of students who drove when drinking alcohol,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* One or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey


## Violence-Related Behaviors

Figure 6: Percentage of students who carried a weapon,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^2]Figure 7: Percentage of students who carried a weapon on school property,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Such as a gun, knife, or club on at least 1 day during the 30 days before the survey

Figure 8: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* On at least 1 day during the 30 days before the survey

Figure 9: Percentage of students who were threatened or injured with a weapon on school property,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Such as a gun, knife, or club one or more times during the 12 months before the survey

Figure 10: Percentage of students who were in a physical fight,* by sexual orientation Nevada Youth Risk Behavior, 2015


[^3]Figure 11: Percentage of students who were injured in a physical fight,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* One or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse

Figure 12: Percentage of students who were in a physical fight on school property,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* One or more times during the 12 months before the survey

Figure 13: Percentage of students who were ever physically forced to have sexual intercourse,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* When they did not want to

Figure 14: Percentage of students who experienced physical dating violence,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^4]Figure 15: Percentage of students who experienced sexual dating violence,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* One or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey

Figure 16: Percentage of students who were bullied on school property,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^5]Figure 17: Percentage of students who were electronically bullied,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey

Figure 18: Percentage of students who have ever seen adults in their home slap, hit, kick, punch, or beat each other up, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 19: Percentage of students who have ever been hit, beaten, kicked, or physically hurt in anyway by an adult,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Not including spanking for bad behavior


## Emotional Health

Figure 20: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey),* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^6]Figure 21: Percentage of students who seriously considered attempting suicide,* by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 22: Percentage of students who made a plan about how they would attempt suicide,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^7]Figure 23: Percentage of students who attempted suicide,* by sexual orientation Nevada Youth Risk Behavior, 2015


* One or more times during the 12 months before the survey

Figure 24: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* During the 12 months before the survey

Figure 25: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose,* by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 26: Percentage of students who have ever lived with someone who was depressed, mentally ill, or suicidal, by sexual orientation - Nevada Youth Risk Behavior, 2015


## Tobacco Use

Figure 27: Percentage of students who ever tried cigarette smoking,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Even one or two puffs

Figure 28: Percentage of students who smoked a whole cigarette before age 13 years,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* For the first time

Figure 29: Percentage of students who currently smoked cigarettes,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* On at least 1 day during the 30 days before the survey

Figure 30: Percentage of students who currently smoked cigarettes,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* On 20 or more days during the 30 days before the survey

Figure 31: Percentage of students who currently used smokeless tobacco,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey

Figure 32: Percentage of students who currently smoked cigars,* by sexual orientation Nevada Youth Risk Behavior, 2015


* Cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey

Figure 33: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* On at least 1 day during the 30 days before the survey


## Electronic Vapor Product Use

Figure 34: Percentage of students who ever used electronic vapor products,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^8]Figure 35: Percentage of students who ever used electronic vapor products,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* E-cigarettes, e-ciagrs, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey


## Alcohol Use

Figure 36: Percentage of students who ever drank alcohol,* by sexual orientation Nevada Youth Risk Behavior, 2015


* At least one drink of alcohol on at least 1 day during their life

Figure 37: Percentage of students who drank alcohol before age 13 years,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* For the first time other than a few sips

Figure 38: Percentage of students who currently drank alcohol,* by sexual orientation Nevada Youth Risk Behavior, 2015


[^9]Figure 39: Percentage of students who drank five or more drinks of alcohol in a row,* by sexual orientation - Nevada Youth Risk Behavior, 2015

*Within a couple of hours on at least 1 day during the 30 days before the survey

## Marijuana Use

Figure 40: Percentage of students who ever used marijuana,* by sexual orientation Nevada Youth Risk Behavior, 2015


[^10]Figure 41: Percentage of students who tried marijuana before age 13 years,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* For the first time

Figure 42: Percentage of students who currently used marijuana,* by sexual orientation Nevada Youth Risk Behavior, 2015


[^11]
## Other Drug Use

Figure 43: Percentage of students who ever used cocaine,* by sexual orientation Nevada Youth Risk Behavior, 2015


* Any form of cocaine, such as powder, crack, or freebase, one or more times during their life

Figure 44: Percentage of students who ever used inhalants,* by sexual orientation Nevada Youth Risk Behavior, 2015


[^12]Figure 45: Percentage of students who ever used heroin,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Also called "smack," "junk," or "China white," one or more times during their life

Figure 46: Percentage of students who ever used methamphetamines,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^13]Figure 47: Percentage of students who ever used ecstasy,* by sexual orientation Nevada Youth Risk Behavior, 2015


* Also called "MDMA," one or more times during their life

Figure 48: Percentage of high school students who ever used synthetic marijuana,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^14]Figure 49: Percentage of high school students who currently use synthetic marijuana,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks" one or more times during the 30 days before the survey

Figure 50: Percentage of students who ever took steroids without a doctor's prescription,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^15]Figure 51: Percentage of students who ever took prescription drugs without a doctor's prescription,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^16]Figure 52: Percentage of students who currently take prescription drugs without a doctor's prescription,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^17]Figure 53: Percentage of students who ever injected any illegal drug,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Used a needle to inject any illegal drug into their body one or more times during their life

Figure 54: Percentage of students who were offered, sold, or given an illegal drug on school property,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^18]Figure 55: Percentage of students who have ever lived with someone who was a problem drinker or alcoholic or abused street or prescription drugs, by sexual orientation Nevada Youth Risk Behavior, 2015


## Sexual Behaviors

Figure 56: Percentage of students who ever had sexual intercourse, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 57: Percentage of students who had sexual intercourse before age 13 years,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* For the first time

Figure 58: Percentage of students who had sexual intercourse with four or more persons during their life, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 59: Percentage of students who were currently sexually active,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Sexual intercourse with at least one person during the 3 months before the survey

Figure 60: Percentage of students who drank alcohol or used drugs before last sexual intercourse,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^19]Figure 61: Percentage of students who used a condom,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* During last sexual intercourse among students who were currently sexually active

Figure 62: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), birth control ring (e.g., NuvaRing), IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon),* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^20]Figure 63: Percentage of students who did not use any method to prevent pregnancy,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* During last sexual intercourse among students who were currently sexually active

Figure 64: Percentage of students who were ever tested for HIV,* by sexual orientation Nevada Youth Risk Behavior, 2015


[^21]
## Diet

Figure 65: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^22]Figure 66: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^23]Figure 67: Percentage of students who did not drink milk,* by sexual orientation Nevada Youth Risk Behavior, 2015


* During the 7 days before the survey

Figure 68: Percentage of students who drank one or more glasses per day of milk,* by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 69: Percentage of students who drank two or more glasses per day of milk,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* During the 7 days before the survey

Figure 70: Percentage of students who drank three or more glasses per day of milk,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* During the 7 days before the survey

Figure 71: Percentage of students who did not eat breakfast,* by sexual orientation Nevada Youth Risk Behavior, 2015


* During the 7 days before the survey

Figure 72: Percentage of students who ate breakfast on all 7 days,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* During the 7 days before the survey

Figure 73: Percentage of students who mostly or always go hungry because there is not enough food in the house, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 74: Percentage of students who saw a dentist,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^24]
## Physical Activity

Figure 75: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

Figure 76: Percentage of students who were physically active at least 60 minutes per day on 5 or more days,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^25]Figure 77: Percentage of students who were physically active at least 60 minutes per day on all 7 days,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^26]Figure 78: Percentage of students who played video or computer games or used a computer 3 or more hours per day,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^27]Figure 79: Percentage of students who attended physical education classes on all 5 days,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* In an average week when they were in school

Figure 80: Percentage of students who played on at least one sports team,* by sexual orientation - Nevada Youth Risk Behavior, 2015


[^28]
## Weight

Figure 81: Percentage of students who were obese,* by sexual orientation - Nevada Youth Risk Behavior, 2015


* >= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart

Figure 82: Percentage of students who described themselves as slightly or very overweight, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 83: Percentage of students who were trying to lose weight, by sexual orientation Nevada Youth Risk Behavior, 2015


## Resilience

Figure 84: Percentage of students who reported their parents or other adults in their family most of the time or always ask where they are going or with whom they will be, by sexual orientation - Nevada Youth Risk Behavior, 2015


Figure 85: Percentage of students who would most likely talk with their parent or other adult family member about their feelings,* by sexual orientation - Nevada Youth Risk Behavior, 2015


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[^0]:    ${ }^{\text {a }}$ The sample size in the total and subgroups may differ due to missing data
    ${ }^{\text {d }}$ Non-Hispanic

[^1]:    ${ }^{\text {a }}$ The sample size in the total and subgroups may differ due to missing data
    ${ }^{\mathrm{b}}$ Weighted row percent
    c $95 \%$ confidence interval
    ${ }^{\text {d }}$ Non-Hispanic

[^2]:    * Such as a gun, knife, or club on at least 1 day during the 30 days before the survey

[^3]:    * One or more times during the 12 months before the survey

[^4]:    * One or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey

[^5]:    * During the 12 months before the survey

[^6]:    * Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey

[^7]:    * During the 12 months before the survey

[^8]:    * E-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz

[^9]:    * At least one drink of alcohol on at least 1 day during the 30 days before the survey

[^10]:    * One or more times during their life

[^11]:    * One or more times during the 30 days before the survey

[^12]:    * Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life

[^13]:    * Also called "speed," "crystal," "crank," or "ice," one or more times during their life

[^14]:    * Also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks" one or more times during their life

[^15]:    * Pills or shots, one or more times during their life

[^16]:    * Such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life

[^17]:    * Such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey

[^18]:    * During the 12 months before the survey

[^19]:    * Among students who were currently sexually active

[^20]:    * Before last sexual intercourse to prevent pregnancy among students who were currently sexually active

[^21]:    * Not including tests done when donating blood

[^22]:    * Not including diet soda or diet pop, during the 7 days before the survey

[^23]:    * Not including diet soda or diet pop, during the 7 days before the survey

[^24]:    * For a check-up, exam, teeth cleaning, or other dental work during the 12 months before the survey

[^25]:    * Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

[^26]:    * Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time, during the 7 days before the survey

[^27]:    * For something that was not school work on an average school day

[^28]:    * Run by their school or community groups during the 12 months before the survey

[^29]:    * Among students who report having felt sad, empty, hopeless, angry, or anxious

