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## Management of mandibular condylar fractures in patients with atrophic edentulous mandibles

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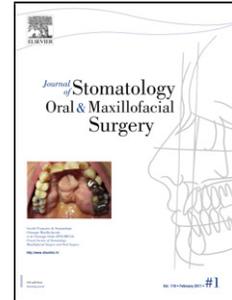
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# Journal Pre-proof

Management of mandibular condylar fractures in patients with atrophic edentulous mandibles

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ABSTRACT:

INTRODUCTION

Treatment of condylar fractures in patients with atrophic edentulous mandibles is a peculiar field that has been little considered in the literature. The aim of the study was to assess the demographic and clinical variables as well as management and outcome of mandibular condylar fractures in edentulous patients with atrophic mandibles that were treated at several European departments of oral and maxillofacial surgery.

METHODS

The data of all patients with fractures of the atrophic edentulous mandible from the involved maxillofacial surgical units across Europe between January 1, 2008, and December 31, 2017. Only patients that were diagnosed with condylar fractures of the edentulous atrophic mandible were included.

RESULTS

A total of 52 patients met the inclusion criteria and were included in the study: 79% of patients reported one or more comorbidities. 34 unilateral neck or subcondylar fractures, 9 bilateral neck or subcondylar condylar fractures, 7 unilateral head condylar fractures, and 2 bilateral head condylar fractures were diagnosed. No treatment was performed in 37 cases, whereas in 4 patients a closed treatment was decided, and 11 patients underwent open reduction and internal fixation. Outcome was considered to be satisfying in 48 patients, with no complications.

CONCLUSIONS

The golden rule still remains that the diagnosis of a subcondylar or neck fracture in an edentulous patient should constitute an indication for open reduction and internal fixation. However, an appropriate choice of management options has to be individualized on a case by case basis, also depending on the patient consent.

Keywords: condylar fracture; management; surgery; edentulous; atrophic mandible.

INTRODUCTION

Management of mandibular condylar fractures represents a controversial issue in maxillofacial trauma. In particular, treatment of condylar fractures in edentulous patients with atrophic mandibles is a peculiar field that has been little considered in the literature.<sup>1-21</sup>

Minimally displaced condylar fractures in the edentulous atrophic mandible are generally treated conservatively and minor occlusal changes are corrected by fabrication of new prostheses.

Moreover, small deviations in mandibular motion and aesthetics are commonly of minor importance for elderly edentulous patients. However, open reduction and rigid fixation of displaced and unstable mandibular condylar fractures in the edentulous atrophic mandible is frequently necessary to maintain the posterior vertical height of the mandibular ramus. Moreover, the provoked loss of vertical mandibular ramus height due to condylar fractures may cause altered jaw mechanics with either deviation toward the fractured side or, in the case of bilateral fractures, open bite deformity.<sup>22-24</sup>

Therefore, open reduction and rigid fixation has been suggested for displaced mandibular condylar (neck and subcondylar) fractures in edentulous patients with loss of vertical ramus height.<sup>22-24</sup>

Previously, only few studies have evaluated the treatment outcome after the management of mandibular condylar fractures in edentulous patients. However, small patient samples, different treatment modalities and short-term observation period diminish the possibility of providing evidence-based treatment guidelines of mandibular condylar fractures in edentulous patients.

Consequently, several European centers that had already shown research experience in maxillofacial trauma decided to collaborate on a multicenter research project about the management of mandibular condylar fractures in edentulous patients, in order to obtain a wide study population and to reduce bias.

The aim of the study was to assess the demographic and clinical variables as well as management and outcome of mandibular condylar fractures in edentulous patients with atrophic mandibles treated at several European departments of oral and maxillofacial surgery.

## METHODS

This study was conducted at several European departments of oral and maxillofacial surgery: Division of Maxillofacial Surgery, University of Eastern Piedmont (Novara, Italy); Department of Maxillofacial Surgery, University Hospital Dubrava (Zagreb, Croatia); Clinic of Maxillofacial Surgery, School of Dentistry, University of Belgrade (Belgrade, Serbia); Department of Oral surgery, Faculty of Dental medicine, Medical University (Plovdiv, Bulgaria); Department for Oral and Maxillofacial Surgery, Bogomolets National Medical University (Kiev, Ukraine); Service de Stomatologie et

Chirurgie Maxillo-faciale, CHU de Nantes (Nantes, France); Department of Oral and Maxillofacial Surgery, Aalborg University Hospital (Aalborg, Denmark); Department of Maxillofacial Surgery, North Estonia Medical Centre Foundation (Tallinn, Estonia); Department of *Maxillofacial* and Oral Surgery of the University Medical Centre (Ljubljana, Slovenia); Maxillofacial Department, Hospital Universitario Central de Asturias (Oviedo, Spain).

The data of all patients with fractures of the atrophic edentulous mandible from the involved maxillofacial surgical units across Europe between January 1, 2008, and December 31, 2017.

Only patients that were diagnosed with condylar fractures of the edentulous atrophic mandible were included.

The following data were recorded for each patient: gender; age; comorbidities; etiology; degree of atrophy of the mandible; type of condylar fracture (unilateral or bilateral; head, neck or subcondylar), according to AO classification of condylar fractures; type of management (observation, closed treatment, open reduction and internal fixation); length of hospital stay; presence and type of complications.

The following categories of the cause of injury were considered: fall, motor vehicle accident (MVA), assault, sport injury, work injury, and other cause.

The degree of atrophy of the mandibles was categorized according to Luhr et al<sup>5</sup>: bone height from 16 to 20 mm was classified as Class I, from 11 to 15 mm as Class II, and less than 10 mm as Class III atrophy.

As for management, the observation option included a soft diet for 30 days and progressive rehabilitation exercises to restore mandibular excursions to retrieve mouth opening, lateral excursion and protrusion for 30 days. Closed treatment involved a period of maxillomandibular fixation followed progressive functional therapy with rubber bands.

Patient characteristics were analyzed using descriptive statistics. Statistical analysis was used to search for associations among multiple variables. Statistical significance was determined using the X<sup>2</sup> test or, if the sample sizes were too small, the Fisher exact test. Statistical significance was set at .05. We followed the Helsinki Declaration guidelines, according to local laws. The study was exempt from requiring institutional review board approval as a retrospective study, according to a local institution.

## RESULTS

A total of 52 patients (18 male and 34 female patients) met the inclusion criteria and were included in the study.

The mean age of the study population was 75.7 years (median, 78 years; standard deviation, 12.1 years; range, 42 to 98 years).

On the whole, 41 patients (79%) reported one or more comorbidities, the most frequent being hypertension (26), followed by diabetes (9), heart rhythm disease (8), and dementia (3).

As for aetiology, the most frequent cause of injury was fall with 40 patients, followed by other causes (4 patients), assaults (3 patients), MVAs (3 patients), and work accident (2 patients)(Figure 1).

On the whole, 14 patients' mandibles were classified as class I according to Luhr, 34 as class II, and 4 as class III (Figure 2).

Within the study population, 34 unilateral neck or subcondylar fractures, 9 bilateral neck or subcondylar condylar fractures, 7 unilateral head condylar fractures, and 2 bilateral head condylar fractures were diagnosed.

Figure 3 depicts the distribution of condylar fractures according to Luhr classes.

Observation was performed in 37 cases, whereas in 4 patients a closed treatment was decided, and 11 patients underwent open reduction and internal fixation.

Figure 4 depicts the distribution of performed management according to condylar fracture types. Outcome was considered to be satisfying in 48 patients, with no complications. Two patients died during hospital stay for heart comorbidities. Complications were observed in 2 cases (TMJ pain, limited mouth opening): all two patients were assigned to the observation option.

Mean length of hospital stay was 2.3 days (range, 0 – 18) in patients that underwent observation, whereas mean stay was 5.5 days in patients that underwent closed or open treatment (range, 2 – 11).

No significantly statistical association was found between the considered variables.

## DISCUSSION

Management of mandibular condylar fractures in edentulous patients with atrophic mandibles is a controversial topic, which has not received much attention in the literature.<sup>1-24</sup>

The mean age of the study population of the present study testifies that age (and the associated health issues) still represents an important factor to be considered, as well as the high prevalence of comorbidities.

Furthermore, the presence of dentures, and the economic possibilities for new dentures are further elements to be considered.

Therefore, it seems that no strict rules of indications can be applied to edentulous patients with mandibular condylar fractures, but clinical decision has to be taken, in agreement with the patient, on a case by case basis.

As for the etiopathogenesis of condylar fractures in edentulous patients, our study population interestingly shows that the distribution of condylar fracture subtypes does not change according to Lühr classes of atrophy. Therefore, the decrease of height and thickness of atrophic mandibles does not seem to contribute to different types of condylar fractures.<sup>22-24</sup>

As for treatment, head fractures were either treated by ORIF or they underwent simple observation. This choice may be due to the different experiences of the single centers about the possibility of surgical treatment for head fractures. Most centers preferred to manage head fractures by a conservative attitude with observation.

Instead, the choice of the most appropriate treatment for neck or subcondylar fractures is much more difficult. In fact, a conservative attitude represented the preferred option for neck and subcondylar fractures too, probably due to the health conditions of the patients or because of the opposition to surgery by some old patients. Furthermore, the degree of displacement or dislocation of the fractured condyle may have also had an important role in influencing the surgeon's decision. For example, in some involved centers, if the condyle was not dislocated, surgeons just suggested observation or closed treatment. Otherwise, if a decreased height of mandible was observed, ORIF was the preferred option.<sup>22-24</sup> When a treatment was decided, the closed treatment option was applied in selected cases, for example when the patients had dentures that could be used to this aim. Otherwise, an open reduction and internal fixation was performed as shown in Figures 5, 6, and 7.

Outcome was considered to be satisfying in 48 patients, with no complications. Complications were observed in 2 cases (TMJ pain, limited mouth opening): all two patients were assigned to the observation option.

Therefore, an appropriate selection of patients and the relative indications seems to be the crucial feature for a successful management of condylar fractures in edentulous patients.

## CONCLUSIONS

The golden rule still remains that the diagnosis of a subcondylar or neck fracture in an edentulous patient with the atrophic mandible should constitute an indication for open reduction and internal fixation. However, the theory often has to face several practical management problems and difficulties, associated with poor medical conditions and old age of such patients. Therefore, an

appropriate choice of management options has to be individualized on a case by case basis, also depending on the patient consent.

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#### LEGENDS

Figure 1: etiological factors within the study population.

Figure 2: percentages of Luhr classes within the study population.

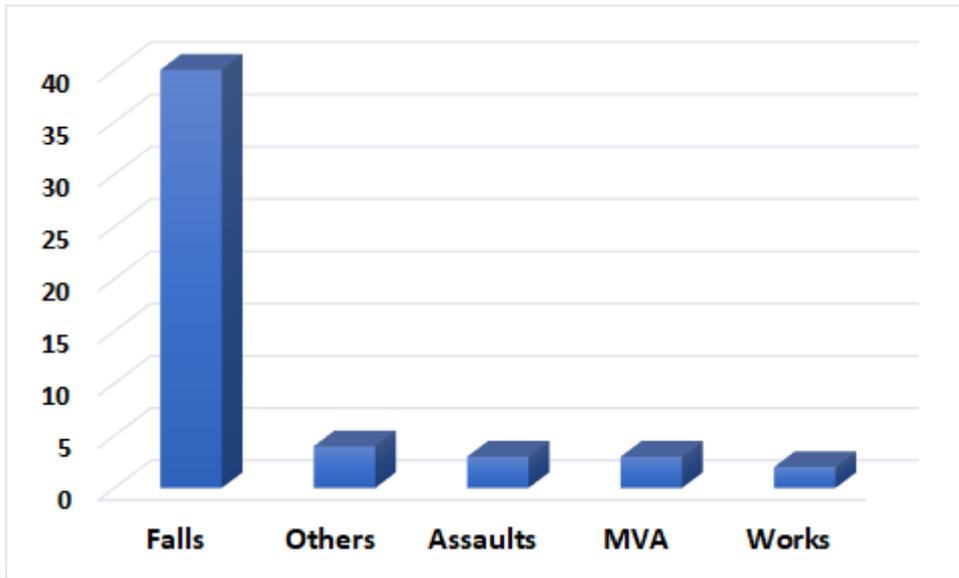
Figure 3: distribution of condylar fractures according to Luhr classes.

Figure 4: distribution of performed management according to condylar fracture types.

Figure 5: Female patient from Zagreb center, 70 years, reporting a dislocated left extracapsular condylar fracture following a fall (A, B). The patient presented altered jaw mechanics with deviation toward the fractured side. Past medical history included heart rhythm disease. The mandible was rated as Luhr Class II. The patient underwent open reduction and internal fixation, by the placement of a single 2.0 miniplate (C). Postoperative course was uneventful.

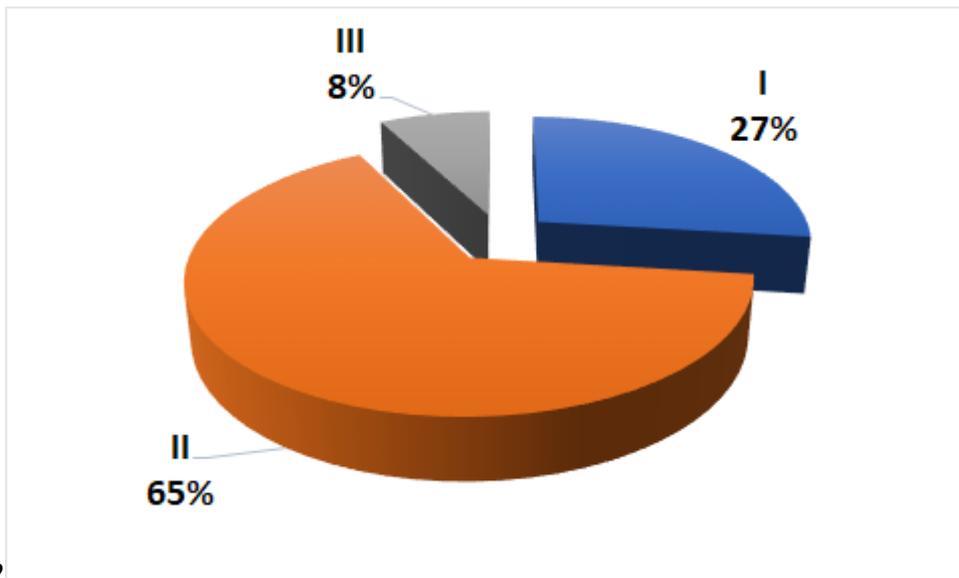
Figure 6: Female patient from Aalborg center, 76 years, reporting a dislocated right extracapsular condylar fracture following a fall (A, B, C). The patient presented difficulties in mouth opening with deviation toward the fractured side. Past medical history included hypertension and osteoporosis. The mandible was rated as Luhr Class II. The patient underwent open reduction and internal fixation, by the placement of a single condylar miniplate (D, E). Postoperative course was uneventful.

Figure 7: Male patient from Nantes center, 83 years, reporting a dislocated left extracapsular condylar fracture following a fall (A, B). The patient presented deviation toward the fractured side. Past medical history included cognitive disorders. The mandible was rated as Luhr Class I. The patient underwent open reduction and internal fixation, by the placement of two 2.0 miniplates (C, D, E). Postoperative course was uneventful.



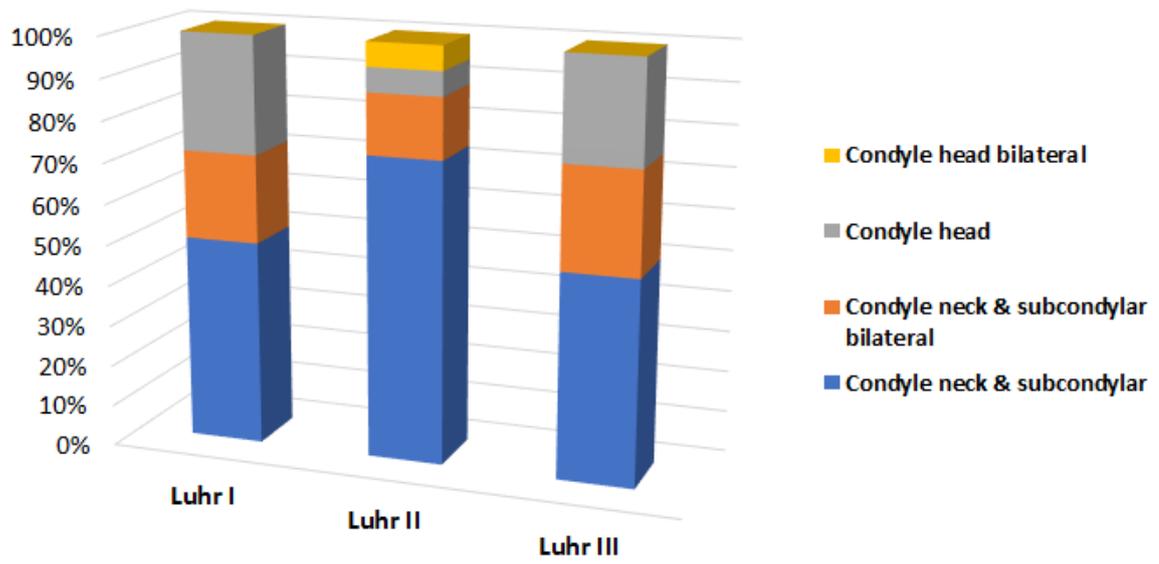
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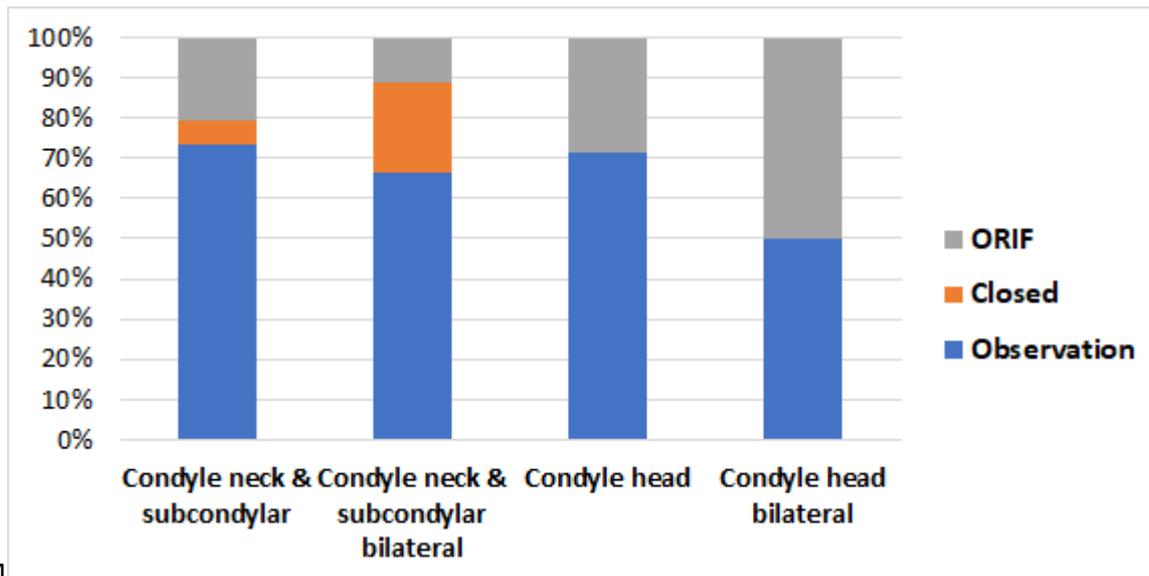
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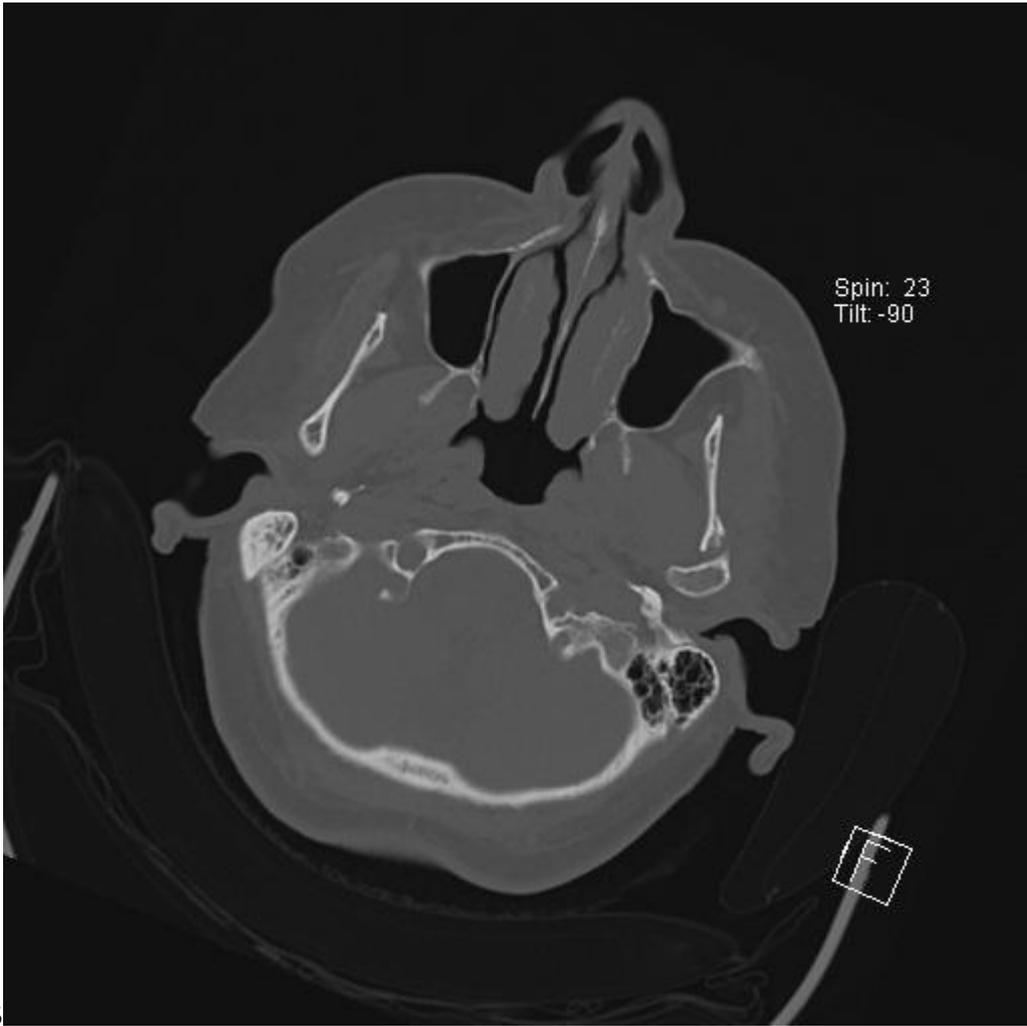
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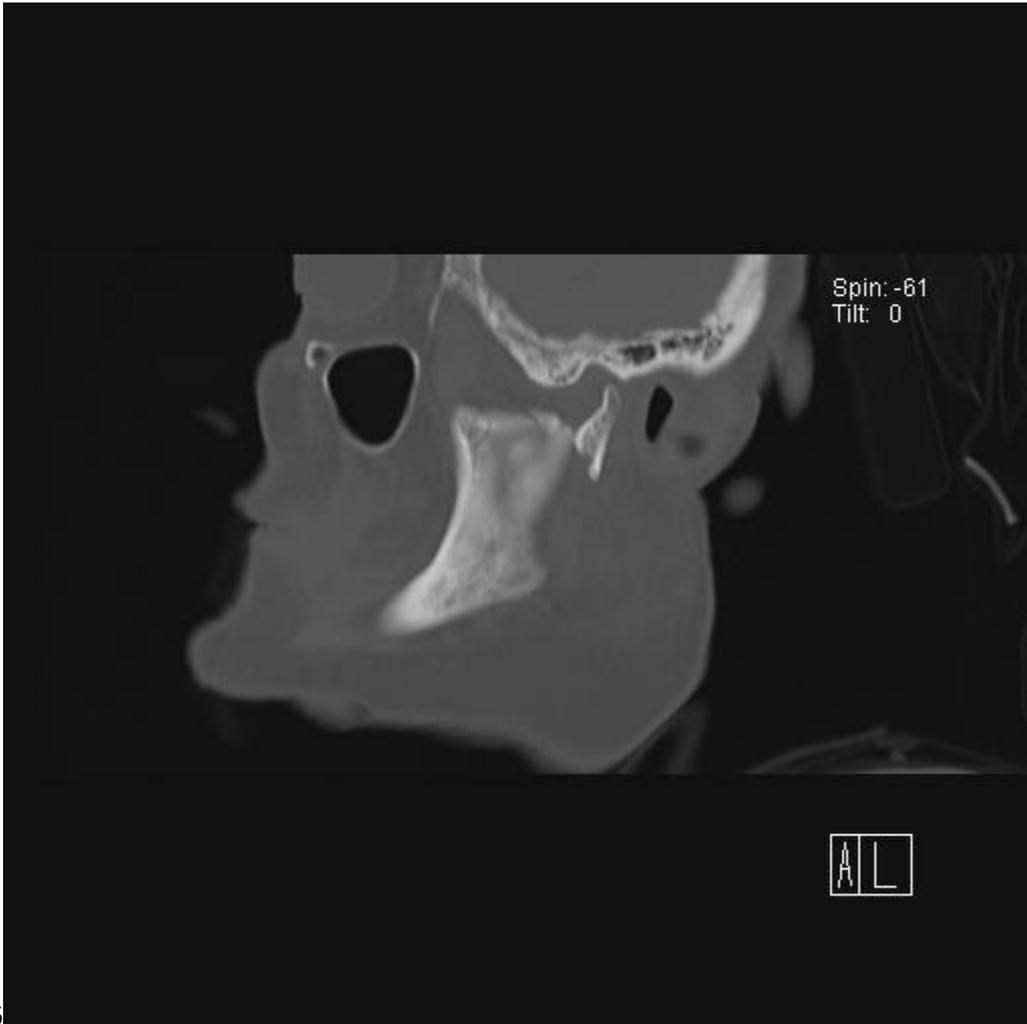
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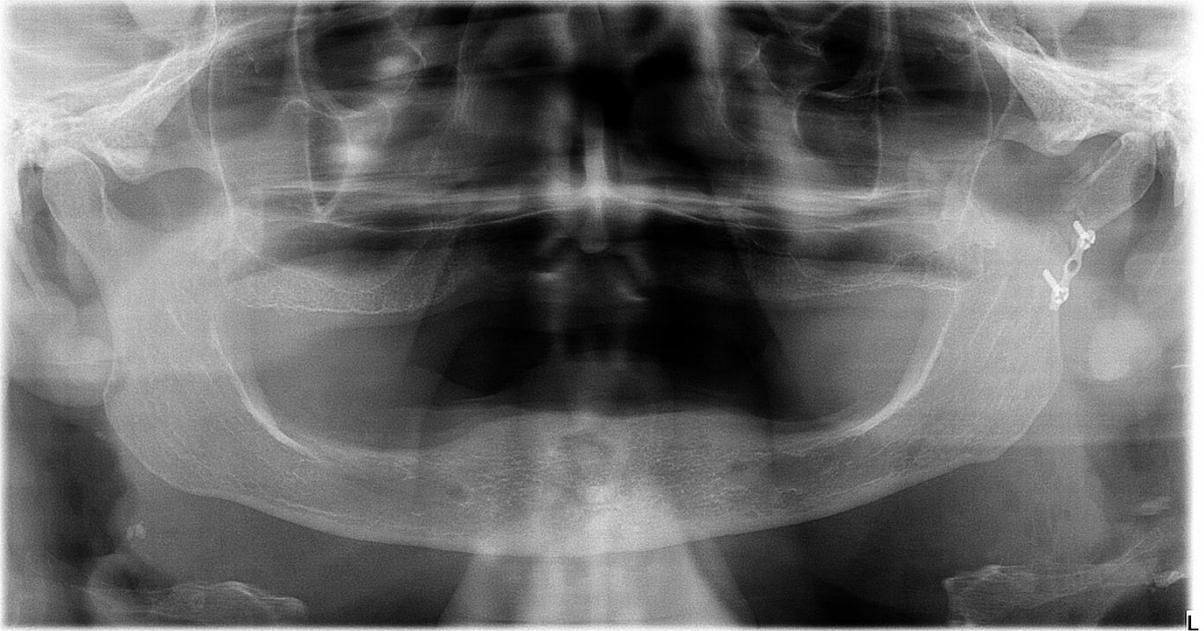


Fig-7

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Fig-8

Journal Pre-proof



Fig-9

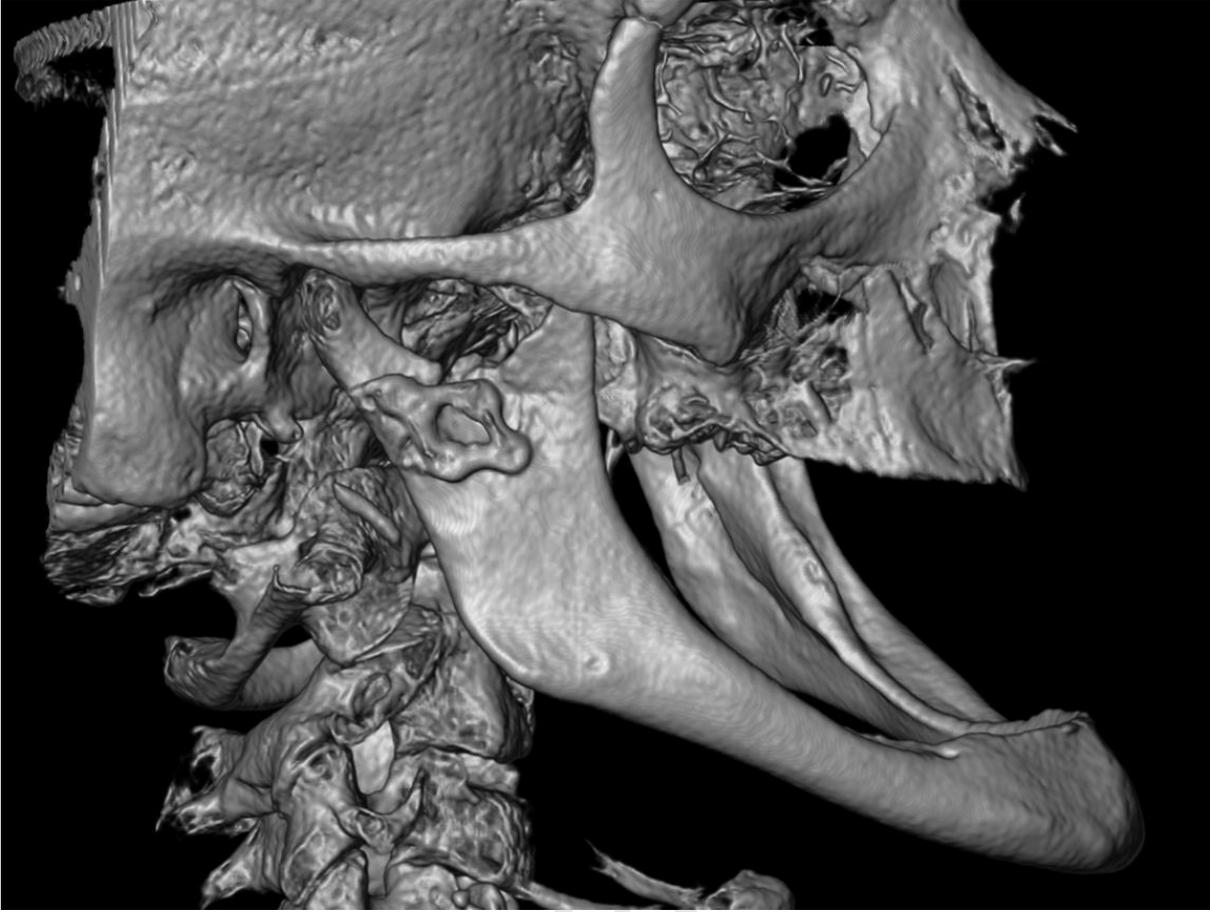
Journal



Figr-10

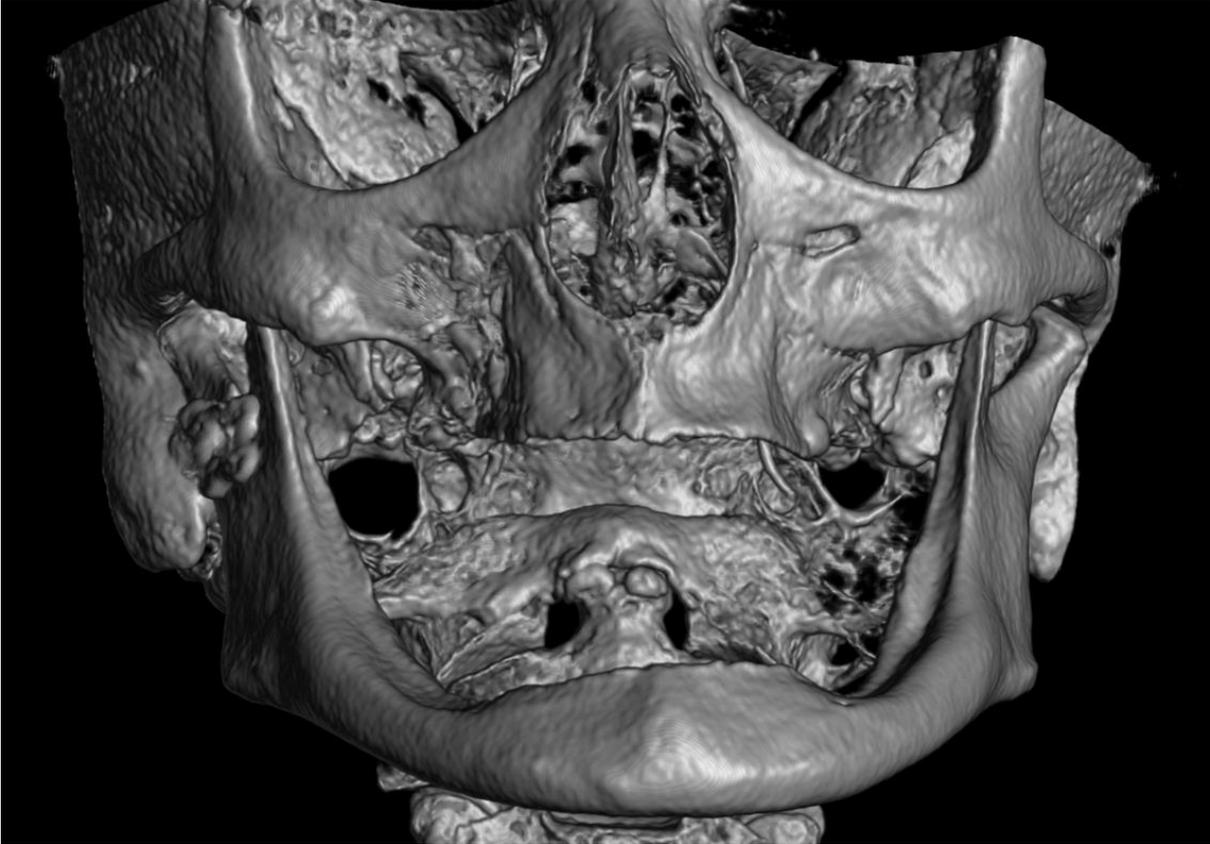
Journal Pre

Figr-11

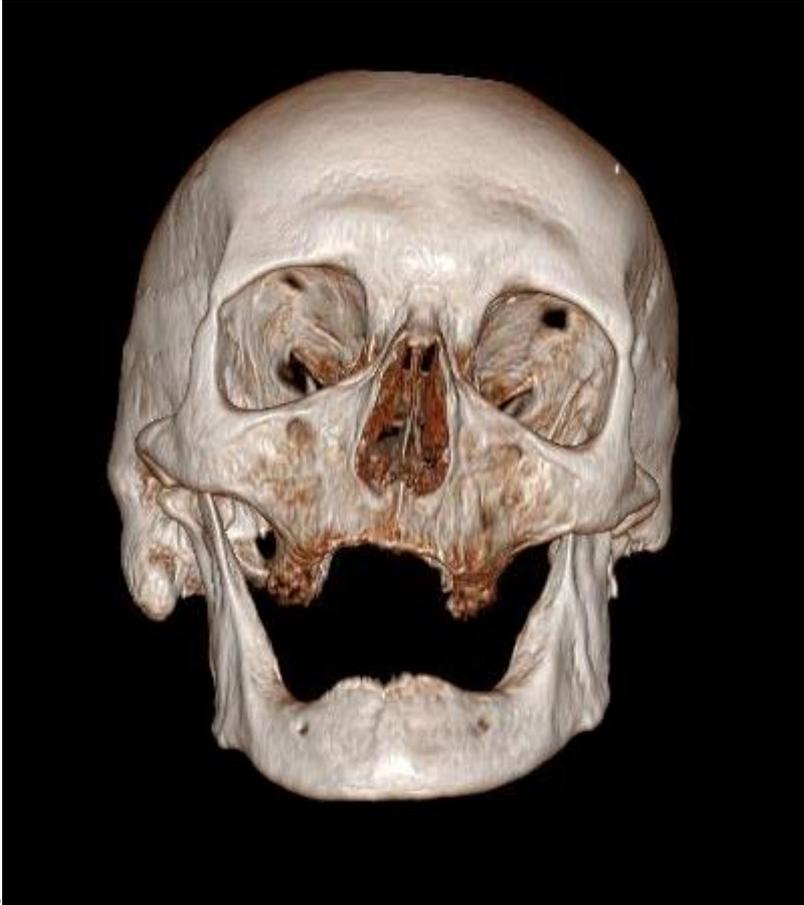


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Figr-12



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Figr-13

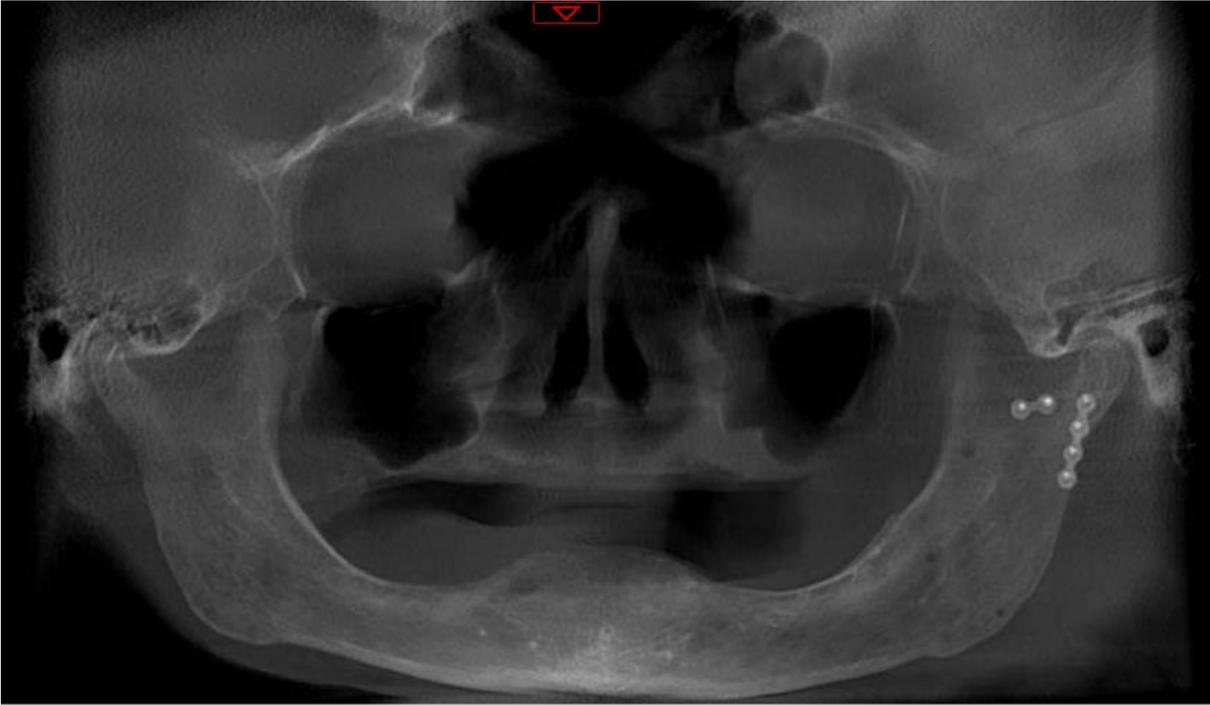
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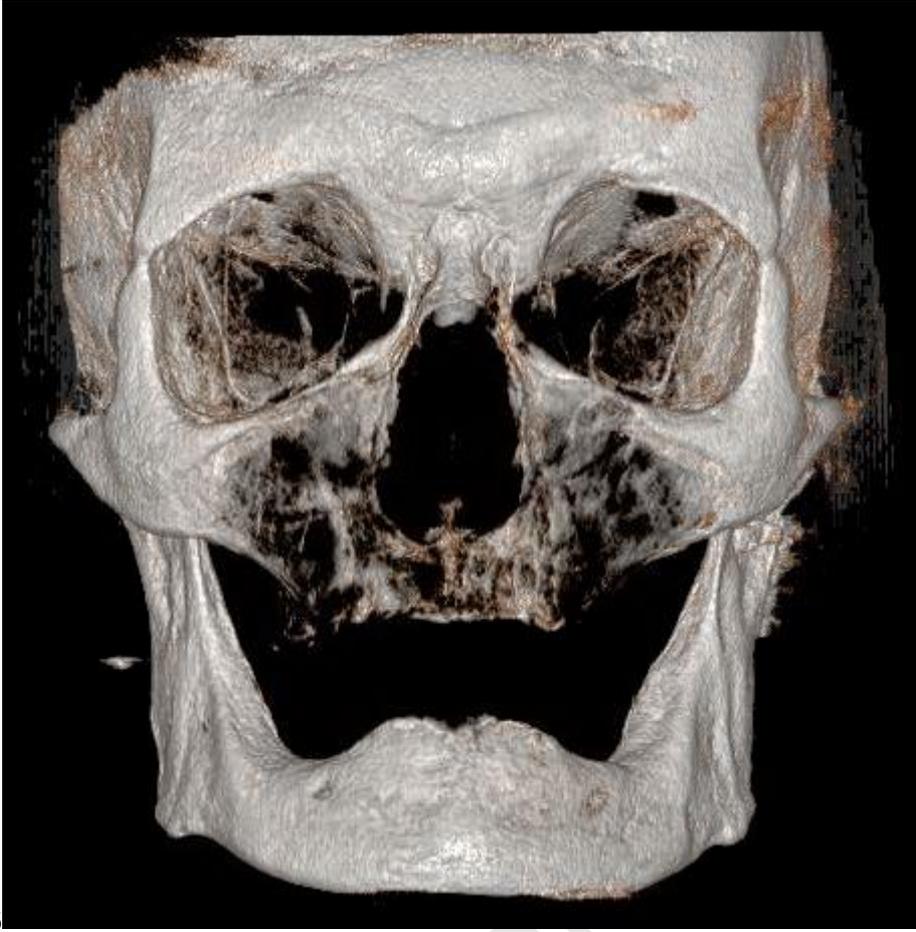
Figr-14

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Figr-15



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Figr-16

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Figr-17

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