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NSAID consumption and risk of acute myeloid leukemia: a national population-based case-control study

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Background: Most cases of acute leukemia arise without identifiable risk factors. Studies investigating the impact of autoimmune diseases and infections on leukemogenesis have revealed conflicting results. If inflammation increases the risk of acute myeloid leukemia (AML), nonsteroidal anti-inflammatory drug (NSAID) use may decrease the risk of leukemia.

Methods: We conducted a case-control study of 3,053 patients with AML diagnosed between 2000 and 2013, who were registered in the Danish National Acute Leukemia Registry, and 30,530 population controls matched on sex and age. We identified prescriptions through the Danish National Health Service Prescription Database. We used conditional logistic regression analysis to compute ORs associating AML with NSAID use overall, in patients with inflammatory diseases, and for specific AML subtypes (de novo AML, AML related to previous hematological disease, ie, secondary AML [sAML], or therapy-related AML [tAML; exposed to previous cytotoxic therapy]).

Results: Overall, NSAID use was not associated with a lower risk of AML (OR 1.1, 95% CI=1.0–1.2), de novo AML (OR 1.0, 95% CI=0.9–1.1), and sAML/tAML (OR 1.3, 95% CI=1.1–1.5). In addition, in patients with known inflammatory diseases, NSAIDs did not affect AML risk (OR 0.9, 95% CI=0.5–1.6). Number of prescriptions, type of NSAID, age, or sex did not influence the results.

Conclusion: In line with our recent findings that showed no association between autoimmune diseases and infections and de novo AML, NSAID use was not found to reduce the risk of AML.

Keywords: acute myeloid leukemia, population controls, population-based, risk, NSAIDs, inflammation

Introduction

The most important risk factors for acute myeloid leukemia (AML) are prior cytotoxic therapy (therapy-related AML [tAML]) and/or antecedent hematological diseases (secondary AML [sAML]).¹ Still, most cases arise without identifiable risk factors (de novo AML). Studies have found an association between infections,²⁻⁵ autoimmune diseases,^{2,6} and AML, suggesting that acute and chronic inflammation may influence leukemogenesis. We recently demonstrated that, in general, this association is confined to tAML and sAML.⁷

It is well accepted that inflammation plays a carcinogenic role in lymphomas and solid cancers.⁸ In line with this, nonsteroidal anti-inflammatory drugs (NSAIDs) have been shown to reduce the risk of cancers such as colon cancer, likely due to prostaglandins and Cox-2 inhibition of the Wnt signaling pathway, a protein signal transduction pathway demonstrated to play an important role in cell regeneration and carcinogenesis.⁹

Furthermore, the Wnt pathway affects nonmalignant proliferation of the bone marrow, and aberrant activation of Wnt signaling involving genes implicated in leukemogenesis has been demonstrated in AML (eg, AML1-ETO and mutated FLT3).^{10–12} If inflammation plays an important role in the development of AML (in particular sAML and tAML), it is important to determine if use of anti-inflammatory drugs reduces the risk of AML.

Limited studies have investigated the effects of NSAID use in AML patients. Ross et al found a chemo-preventive effect of regular- to extra-strength doses of aspirin on AML in only women; however, no effects of ibuprofen and Cox-2 inhibitors were shown.¹³ Consistent with this finding, Kasum et al found a reduced risk of AML in aspirin users in a cohort of older women,¹⁴ whereas Pogada et al demonstrated that long-term use of NSAID reduces the overall risk of AML.¹⁵ Small study samples, selected patients, and use of self-reported data limit previous reports. In a larger study using prescription data, Bhayat et al did not find any association between AML and use of NSAIDs.¹⁶ However, the AML diagnoses were not validated, no clinical information was available, and results were only given for unspecified NSAIDs, which may be important in light of previous findings.

To further investigate whether NSAID use reduces the risk of AML, we designed a national population-based case-control study among all Danish AML patients diagnosed between 2000 and 2013 and matching population controls. We stratified results by NSAID subtypes, sex, age, inflammatory disease, and by whether AML developed de novo or following antecedent hematological diseases or cytotoxic therapy.

Methods

The source population for this case-control study was Danish residents ≥ 15 years of age (Danish population 5.7 million)¹⁷ observed between 2000 and 2013. All Danish residents are provided with tax-supported medical care, including deduction on prescription medication.

AML cases

We included all nonpromyelocytic AML cases 16 years or older diagnosed in Denmark between January 1, 2000, and December 31, 2013, identified through the Danish National Acute Leukemia Registry, which has been described in details elsewhere.^{18,19} We included information on date of diagnosis as well as data on AML type (de novo, sAML, and tAML).²⁰ The definition was based on the WHO classification system and was based on information on prior exposure to chemotherapy or radiotherapy for an unrelated

disease (tAML), and/or preceding myeloid hematological malignancy (sAML; eg, myelodysplastic syndrome and myeloproliferative neoplasms).²¹ From the Danish National Registry of Patients (DNRP), we retrieved information on autoimmune diseases and five chronic autoimmune inflammatory disease categories were elected to retrieve the patient's information (Table S1).

Selection of population controls

The Civil Registration System²² and the DNRP²³ were used to select 10 controls for each AML case. Controls had to be alive at the index date (day of AML diagnosis of their matched patient) and without a history of AML (ICD-10: DC 92.0–92.9, ICD-8: 205.0 registered in the DNRP). Risk set sampling²⁴ was used to match controls with cases on sex and date of birth.

Use of NSAID

We obtained data on NSAID prescriptions through the Danish National Health Service Prescription Database.²⁵ The database is maintained by the Danish Medicines Agency and includes information on all prescribed drugs dispensed from Danish pharmacies. Information includes the unique civil registration number, date of prescription, and type of drug prescribed according to the Anatomical Therapeutic Chemical (ATC) classification system. We used ATC codes included in the M01A category comprising systemic nonsteroidal anti-inflammatory and antirheumatic products to identify prescriptions for NSAIDs. We categorized NSAIDs into nonselective NSAIDs, Cox-2 inhibitors, and others (specific ATC codes used to define NSAID subgroups; Table S2, online only). Only higher priced small packages of low-dose (20 pills, 200 mg) ibuprofen can be bought over the counter, and therefore, long-time users are likely to redeem prescriptions.²⁶ Prescription data are only available after 1995, which allowed for a minimum 5-year opportunity for exposure to NSAIDs before AML diagnosis. We excluded prescriptions < 3 years prior to AML diagnosis to minimize the risk of reverse causality and detection bias. In the overall and NSAID subgroup analysis, we defined NSAID use as more than one prescription redeemed.

Statistical analysis

We computed the frequencies and proportions of cases and controls by categories of drug exposure and covariates.

We used conditional logistic regression analysis to estimate the ORs associating AML with NSAID use. Given the density sampling of controls, ORs in conditional logistic

regression are valid estimates of the corresponding incidence rate ratios.

All results were given for NSAID overall, by subgroups (nonselective, Cox-2, and other NSAIDs), and by number of NSAID prescriptions (0, 1–2, 3–5, 6–10, >10). All results were given overall and stratified by sex, age (<60 years, ≥60 years), type of AML (de novo, sAML, or tAML), and in patients with known inflammatory diseases (connective tissue disease; ICD-10). Results were provided with 95% CIs.

We repeated all analyses using 1-year exclusion of prescription history. In addition, we repeated the overall analysis using >1 redeemed prescription as exposure.

Analyses were performed using SAS, version 9.4 (SAS Institute Inc., Cary, NC, USA). The study protocol was approved by the Danish Data Protection Agency (jr. nr. 2013-41-1570).

Results

The final study population included 3,053 AML cases and 30,530 sex- and age-matched population controls. The median age was 69.4 years (15–99). The prevalence of AML was stable during the study period with 73.6% de novo AML, 19.8% sAML, and 6.7% tAML. Fifty-five percent of the patients were men. Descriptive characteristics are shown in Table 1.

Table 1 Characteristics of patients with AML and their matched population controls in Denmark, 2000–2013

	AML cases		Population controls ^a	
	N=3,053	%	N=30,530	%
Sex				
Men	1,685	55.2	16,850	55.2
Women	1,368	44.8	13,680	44.8
Age, years				
Median age, years (IQR)	69.4 (58.2–78.2)		69.4 (58.2–78.2)	
<59	882	28.9	8,820	28.9
60–74	1,138	37.3	11,380	37.3
≥75	1,033	33.8	10,330	33.8
Prior chemotherapy/hematological disease				
De novo AML	2,247	73.6		
sAML	603	19.8		
tAML	203	6.7		
No. of NSAID prescriptions ^b				
≤2	759	24.9	7,962	26.1
3–5	460	15.1	4,573	15.0
6–10	360	11.8	3,066	10.0
>10	500	16.4	4,538	14.9

Notes: ^aCases and controls were matched on date of birth and sex. ^bDuring the calendar year before diagnosis among AML cases or the year before the index date among controls.

Abbreviations: AML, acute myeloid leukemia; IQR, interquartile range; sAML, secondary AML; tAML, therapy-related AML; NSAID, nonsteroidal anti-inflammatory drug.

The number of patients and controls redeeming a prescription for NSAID during the years 1995 and 3 years prior to their AML diagnosis by number of prescriptions are shown in Table 1.

The number of AML patients who redeemed >1 prescription (not accounting patients who only redeemed prescriptions <1 year before the AML diagnosis) was 2,079 (68.1%). Among the 30,530 controls, 20,139 (66.0%) had redeemed at least 1 NSAID prescription during the years 1995–2013 and >1 year before their index date. Ignoring prescriptions <3 years before AML diagnosis or index date, the numbers were 1,869 (61.2%) for cases and 18,128 (59.4%) for controls.

The associations between NSAID use and risk of AML are shown in Table 2.

Overall, any use of NSAID prior to AML diagnosis was not associated with the risk of AML (OR 1.1, 95% CI=1.0–1.2). Similar results were seen across NSAID subtypes. In addition, long-term use did not reduce the risk of AML when the risk of AML was compared between patients with different numbers of prescriptions (1–2 prescriptions, OR 1.0, 95% CI=0.9–1.1) vs those with >10 prescriptions (OR 1.1, 95% CI=0.9–1.2).

When repeating the analysis for patients with de novo AML and sAML/tAML separately (Table 2), an increased risk of AML in NSAID users across NSAID subtypes and numbers of prescriptions was observed in patients with sAML/tAML (OR 1.3, 95% CI=1.1–1.5), whereas use of NSAIDs was not associated with the risk of de novo AML (OR 1.0, 95% CI=0.9–1.1). Stratification by sex or age (<60 vs ≥60 years) did not change the interpretation of results, although lower estimates were found in women without any evidence of protective effect (Table 3).

Restricting analysis to patients with known inflammatory conditions measured as autoimmune diseases, NSAID consumption did not reduce the overall risk of AML (Table 4). In a subgroup analysis, NSAID use did not affect the risk of AML in patients with connective tissue disease (OR 0.9, 95% CI=0.5–1.6) compared with non-NSAID users. In contrast, we did observe a lower risk of AML in patients with inflammatory gastrointestinal conditions; however, results were imprecise (OR 0.6, 95% CI=0.2–1.2).

To test the robustness of our results, we repeated all analyses ignoring prescriptions only 1 year before AML diagnosis or index date (results not shown). In general, the estimates were slightly higher when using only 1 year as an exclusion criterion (NSAID overall: 1 year: OR 1.0, 95% CI=0.9–1.1 vs 3 years: OR 1.1, 95% CI=1.0–1.2). Thus, our overall conclusions did not change based on these results. In addition, we

Table 2 ORs for AML according to NSAID use in 3,053 AML cases and 30,530 population controls in Denmark, 2000–2013^a

NSAID prescriptions	No. of cases (%)	No. of controls (%)	OR ^b (95% CI)
Type of NSAID			
NSAIDs	1,869 (61.2)	18,128 (59.4)	1.1 (1.0–1.2)
Nonselective NSAIDs	1,606 (52.6)	15,553 (50.9)	1.1 (1.0–1.2)
Cox-2 inhibitors	221 (7.2)	2,052 (6.7)	1.1 (0.9–1.3)
Other NSAIDs	789 (25.8)	7,678 (25.1)	1.0 (1.0–1.1)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	771 (25.3)	7,878 (25.8)	1.0 (0.9–1.1)
3–5 prescriptions	414 (13.6)	4,101 (13.4)	1.0 (0.9–1.1)
6–10 prescriptions	313 (10.3)	2,052 (8.5)	1.2 (1.1–1.4)
>10 prescriptions	371 (12.2)	3,557 (11.7)	1.1 (0.9–1.2)
Type of AML			
De novo			
Type of NSAID			
NSAIDs	1,336 (59.5)	13,206 (58.8)	1.0 (0.9–1.1)
Nonselective NSAIDs	1,143 (50.9)	11,328 (50.4)	1.0 (0.9–1.1)
Cox-2 inhibitors	155 (6.9)	1,479 (6.6)	1.1 (0.9–1.3)
Other NSAIDs	557 (24.8)	5,521 (24.6)	1.0 (0.9–1.1)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	579 (25.8)	5,813 (25.9)	1.0 (0.9–1.1)
3–5 prescriptions	274 (12.2)	3,001 (13.4)	0.9 (0.8–1.0)
6–10 prescriptions	215 (9.6)	1,812 (8.1)	1.2 (1.0–1.4)
>10 prescriptions	268 (11.9)	2,580 (11.5)	1.1 (0.9–1.2)
sAML or tAML			
Type of NSAID			
NSAIDs	533 (66.1)	4,922 (61.1)	1.3 (1.1–1.5)
Nonselective NSAIDs	463 (57.4)	4,225 (52.4)	1.2 (1.1–1.5)
Cox-2 inhibitors	66 (8.2)	573 (7.1)	1.2 (0.9–1.5)
Other NSAIDs	232 (28.8)	2,157 (26.8)	1.1 (0.9–1.3)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	192 (23.8)	2,065 (25.6)	0.9 (0.8–1.1)
3–5 prescriptions	140 (17.4)	1,100 (13.6)	1.3 (1.1–1.6)
6–10 prescriptions	98 (12.2)	780 (9.7)	1.3 (1.0–1.6)
>10 prescriptions	103 (12.8)	977 (12.1)	1.1 (0.9–1.3)

Notes: ^aPrescriptions were recorded from 1995 through 3 calendar years before the date of AML diagnosis. ^bConditional on date of birth and sex.

Abbreviations: AML, acute myeloid leukemia; NSAID, nonsteroidal anti-inflammatory drug; sAML, secondary AML; tAML, therapy-related AML.

repeated analysis defining NSAID users as subjects with 1 or more prescriptions. This did not change the estimates of the overall analysis (> 1 prescription: OR 1.1, 95% CI= 1.0–1.2 vs ≥ 1 prescription: OR 1.1, 95% CI= 1.0–1.2).

Discussion

In this large population-based case-control study, we demonstrated that NSAID use does not protect against AML overall or in patients with known inflammatory conditions.

Prior studies have attempted to define the effect of NSAID use on the risk of leukemogenesis, and conflicting results have been reported. For example, in women, a protective effect of nonaspirin anti-inflammatory agents (OR 0.5, 95% CI=0.2–0.9) and that of general NSAID use for more than 4 weeks have been reported in different studies.^{13,15} These results are in clear contrast to our observations showing

a lack of protective or dose–response effect of NSAIDs on leukemogenesis. However, our findings resemble those from 2 separate reports that failed to demonstrate any protective effect of NSAID use on AML risk.^{14,16} Significant methodological concerns were observed in previous studies, including small cohorts (28–568 cases) and reliance on self-reported data in all but 1 prior report.^{13–15} Thus, study participants were required to recall medicine intake for up to 10 years and differentiate between different subtypes of NSAIDs. In addition, some studies used proxy responders, which is likely to further increase the risk of recall bias. Participation rates were low (42%–58%), increasing the risk of selection bias and favoring long-term survivors reducing the generalizability.

Overall, our study did not find NSAID to be associated with an increased risk of AML. Patients with sAML and

Table 3 ORs for AML according to NSAID use by sex and age in 3,053 AML cases and 30,530 population controls in Denmark, 2000–2013^a

NSAID prescriptions	No. of cases (%)	No. of controls (%)	OR ^b (95% CI)
Sex			
Women			
Type of NSAID			
NSAIDs	866 (63.3)	8,549 (62.5)	1.0 (0.9–1.2)
Nonselective NSAIDs	731 (53.4)	7,299 (53.4)	1.0 (0.9–1.1)
Cox-2 inhibitors	118 (8.6)	1,159 (8.5)	1.0 (0.8–1.3)
Other NSAIDs	408 (29.8)	3,903 (28.5)	1.1 (0.9–1.2)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	341 (24.9)	3,534 (25.8)	1.0 (0.8–1.1)
3–5 prescriptions	187 (13.7)	1,872 (13.7)	1.0 (0.9–1.2)
6–10 prescriptions	141 (10.3)	1,272 (9.3)	1.1 (0.9–1.4)
>10 prescriptions	197 (14.4)	1,871 (13.7)	1.1 (0.9–1.3)
Men			
Overall			
Type of NSAID			
NSAIDs	1,003 (59.5)	9,579 (56.8)	1.1 (1.0–1.3)
Nonselective NSAIDs	875 (51.9)	8,254 (49.0)	1.1 (1.0–1.3)
Cox-2 inhibitors	103 (6.1)	893 (5.3)	1.2 (0.9–1.5)
Other NSAIDs	381 (22.6)	3,775 (22.4)	1.0 (0.9–1.2)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	430 (25.5)	4,344 (25.8)	1.0 (0.9–1.1)
3–5 prescriptions	227 (13.5)	2,229 (13.2)	1.0 (0.9–1.2)
6–10 prescriptions	172 (10.2)	1,320 (7.8)	1.4 (1.1–1.6)
>10 prescriptions	174 (10.3)	1,686 (10.0)	1.0 (0.9–1.3)
Age			
<60 years			
Type of NSAID			
NSAIDs	487 (55.2)	4,783 (54.2)	1.1 (0.9–1.2)
Nonselective NSAIDs	443 (50.2)	4,310 (48.9)	1.1 (0.9–1.2)
Cox-2 inhibitors	23 (2.6)	269 (3.0)	0.9 (0.6–1.3)
Other NSAIDs	155 (17.6)	1,534 (17.4)	1.0 (0.8–1.2)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	240 (27.2)	2,592 (29.4)	0.9 (0.8–1.1)
3–5 prescriptions	114 (12.9)	1,133 (12.8)	1.0 (0.8–1.2)
6–10 prescriptions	80 (9.1)	550 (6.2)	1.5 (1.2–2.0)
>10 prescriptions	53 (6.0)	508 (5.8)	1.1 (0.8–1.4)
≥60 years			
Type of NSAID			
NSAIDs	1,382 (63.7)	13,345 (61.5)	1.1 (1.0–1.2)
Nonselective NSAIDs	1,163 (53.6)	11,243 (51.8)	1.1 (1.0–1.2)
Cox-2 inhibitors	198 (9.1)	1,783 (8.2)	1.1 (1.0–1.3)
Other NSAIDs	634 (29.2)	6,144 (28.3)	1.1 (1.0–1.2)
No. of prescriptions, all NSAIDs			
1–2 prescriptions	531 (24.5)	5,286 (24.3)	1.0 (0.9–1.1)
3–5 prescriptions	300 (13.8)	2,968 (13.7)	1.0 (0.9–1.2)
6–10 prescriptions	233 (10.7)	2,042 (9.4)	1.2 (1.0–1.3)
>10 prescriptions	318 (14.6)	3,049 (14.0)	1.1 (0.9–1.2)

Notes: ^aPrescriptions were recorded from 1995 through 3 calendar years before the date of AML diagnosis. ^bConditional on date of birth and sex.

Abbreviations: AML, acute myeloid leukemia; NSAID, nonsteroidal anti-inflammatory drug.

tAML may have a higher consumption of anti-inflammatory drugs and an increased risk of AML mediated through the premalignant disorders or cytotoxic therapy, suggesting against a causal relationship between NSAID use and AML. Our results stratified by type of AML support this theory, as

the association between NSAID use and high risk of AML was only seen for sAML/tAML patients, whereas a clear null result was seen for de novo AML.

Although the literature on whether NSAIDs reduce AML risk is sparse, studies have found an association between

Table 4 Risk of AML in patients with inflammatory disease and NSAID consumption compared with patients without NSAID consumption^a

Inflammatory disease	No. of cases (%)	No. of controls (%)	OR ^b (95% CI)
Endocrine disease	46 (75.4)	438 (67.5)	1.5 (0.8–2.9)
Central nervous system disease	7 (63.6)	50 (62.5)	1.2 (0.3–5.1)
Gastrointestinal disease	25 (64.1)	203 (74.6)	0.6 (0.3–1.2)
Connective tissue disease	88 (86.3)	622 (87.7)	0.9 (0.5–1.6)
Vasculitis syndrome	33 (82.5)	222 (79.3)	1.2 (0.5–3.0)

Notes: ^aConditional on date of birth and sex. ^bPrescriptions were recorded from 1995 through 3 calendar years before the date of AML diagnosis.

Abbreviations: AML, acute myeloid leukemia; NSAID, nonsteroidal anti-inflammatory drug.

autoimmune diseases, infections, and AML.^{2–4,6} However, study designs and lack of clinical data prevented investigation of whether inflammation or bias could explain their findings. The finding that NSAID overall did not reduce the risk of AML supports our hypothesis that at least for de novo AML, inflammation is unlikely to be responsible for initiation of leukemogenesis⁷ but may be associated with progression to AML in patients with an underlying condition such as prior hematological disorder or selection of Clonal Hematopoiesis of Indeterminate Potential following cytotoxic therapy.

In patients with known inflammatory disease, patients are likely to consume NSAIDs at higher doses and longer periods of time. In patients with connective tissue disease such as rheumatoid arthritis, use of NSAIDs did not influence the risk of AML. Interestingly, though results were imprecise, we did observe a lower risk of AML in NSAID users with gastrointestinal inflammatory conditions. In line with this, we recently found an association between both gastrointestinal infections and gastrointestinal autoimmune conditions and risk of AML, suggesting that inflammation in the gastrointestinal tracts causes immune-related/inflammation-driven leukemogenesis. Therapeutic immune-modulating agents (eg, azathioprine) increase both risk of infections and AML and may explain prior findings. However, the observed tendency toward a lower AML risk in patients with gastrointestinal inflammatory disease with NSAID consumption calls for further investigation of the potential role of gastrointestinal inflammation in leukemogenesis.

To our knowledge, this is the largest study investigating the association between NSAID use and risk of AML. The national population-based design and the use of matched population-based controls reduce selection bias and increase the generalizability of the study results. The use of prescription information prospectively collected of purposes independent of the study aims reduces the risk of recall bias. Both AML coverage and accuracy of the diagnosis are high (>99%).¹⁹ Furthermore, our findings were consistent across age and sex strata, thus strengthening our conclusions.

Our study has a few limitations. It was not known whether patients who were prescribed NSAID actually consumed these agents as prescribed. Defining NSAID users as persons with >1 prescription increased the likelihood that patients who redeemed prescriptions actually were NSAID users. In addition, adherence is expected to be similar between cases and controls. Cases and controls are equally likely to buy over-the-counter drugs and since we did not see a protective effect of patients with higher number of prescription and defined NSAID users as persons with >1 prescription, this is unlikely to have influenced our results. The multiple comparison approach may have resulted in some significant associations simply happening by chance, and results of the stratified analyses must be interpreted with caution. However, the analyses were primarily used to test and confirm a predefined hypothesis that NSAID use is not associated with an increased risk of AML, reducing the likelihood of our conclusions relying on coincidence.

Conclusion

In this large population-based study of 3,165 AML cases and 31,650 controls, we did not find that NSAID reduces the risk of AML. Age, sex, and number of prescriptions did not influence the results. In line with our recent findings of no association between autoimmune diseases and infections and de novo AML, these findings support our hypothesis that inflammation plays a minor role in the initiation of de novo AML.

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Author contributions

Conception and design: LSGØ, MN, LP, and MKJ. Collection and assembly of data: LSGØ, CS, MTS, CWM, LSF, and MKJ. Data analysis and interpretation: LSGØ, MN, RØ, LP, BCM, and MKJ. All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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Supplementary material

Table S1 Diagnoses and ICD codes included in 5 chronic autoimmune/inflammatory disease categories

Autoimmune disease categories	ICD-8	ICD-10
Endocrine diseases		
Grave's disease	242.00, 242.01, 242.08, 242.09	E05.0
Autoimmune thyroiditis	244.01, 245.03	E06.3
Addison's disease	255.10, 255.11	E27.1A, E27.2A
Diabetes I	249	E10
Gastrointestinal/hepato-biliary system diseases		
Pernicious anemia	281.00, 281.01, 281.08, 281.09	D51.0
Coeliac disease	269.00	K90.0
Crohn's disease	563.01, 563.02, 563.09	K50, M07.4
Ulcerative colitis	563.19	K51, M07.5
Primary biliary cirrhosis	571.90	K74.3
Skin diseases		
Pemphigus/pemphigoid	694.00–694.03, 694.05	L10.0, L10.2, L10.4, L12.0
Dermatitis herpetiformis	693.08, 693.09	L13.0
Psoriasis	696.09, 696.10, 696.19	L40, M07.0-M07.3
Vitiligo	709.01	L80
Rheumatological diseases		
Scleroderma	734.0	M34
Juvenile rheumatoid arthritis	712.09	M05, M06, M08, G73.7D
Rheumatoid arthritis	712.19, 712.29, 712.39, 712.59	I32.8A, I39.8E, I41.8A, I52.8A
Ankylosing spondylitis	712.49	M45
Polymyositis/dermatomyositis	716.09, 716.19	M33
Systemic lupus erythematosus	734.19	M32, G73.7C, I39.8C, N08.5A, N16.4B
Sjögren's syndrome	734.90	M35, G73.7A, N16.4A
Sarcoidosis	I35.99	D86, G53.2, H22.1A, I41.8B, K77.8B, M63.3
Vasculitis syndromes		
Polyarteritis nodosa	446.09	M30.0
Wegener's granulomatosis	446.29	M31.3
Temporal arteritis/polymyalgia rheumatica	446.30, 446.31, 446.39	M31.5, M31.6, M35.3

Abbreviation: ICD, International Classification of Diseases.

Table S2 ATC coding used to identify NSAID prescriptions in the Danish National Health Service Prescription Database

Type of NSAIDs	ATC code
Non-selective NSAIDs	
Diclofenac	M01AB05
Ibuprofen	M01AE01
Naproxen	M01AE02
Cox-2 inhibitors	
Celecoxib	M01AH01
Rofecoxib	M01AH02
Others	
Phenylbutazone, indomethacin, sulindac, tolmetin	M01AA01, M01AB01
Etodolac, aceclofenac, piroxicam, tenoxicam	M01AB02, M01AB03, M01AB08, M01AB16, M01AC01,
Lornoxicam, meloxicam, ketoprofen, fenoprofen	M01AC02, M01AC05, M01AC06, M01AE03, M01AE04,
Flurbiprofen, tiaprofenic acid, dexibuprofen	M01AE09, M01AE11, M01AE14, M01AE17,
Dexketoprofen, etoricoxib, nabumetone	M01AH05, M01AX01

Abbreviations: ATC, Anatomical Therapeutic Chemical; NSAID, nonsteroidal anti-inflammatory drug.

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