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Venous thromboembolic complications to hysterectomy for benign disease

a nationwide cohort study

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1 **Venous thromboembolic complications to hysterectomy for benign disease. A nationwide**
2 **cohort study.**

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22
23 **Source of the study**

24 A nationwide cohort study using The Danish National Patient Register.

25
26 **Disclosure statements**

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30
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36
37 **Short title**

38 Venous thromboembolism after hysterectomy

39
40
41 **Précis**

42 The risk of venous thromboembolism after hysterectomy for benign disease is generally low,
43 highest with an abdominal procedure, and particularly low after laparoscopic and vaginal
44 procedures.

45

46 **Abstract**

47 Study Objective: To estimate the risk of venous thromboembolic complications following
48 abdominal, laparoscopic and vaginal hysterectomy when performed for benign disorders.

49 Design: Nationwide cohort study (Canadian Task Force Classification II-2).

50 Setting: Data from Danish national registers on all women undergoing hysterectomy for benign
51 conditions in the period 1996-2015.

52 Patients: Women aged 18 and above who underwent hysterectomy for benign disease were
53 stratified into 3 groups according to hysterectomy approach: abdominal, laparoscopic or vaginal.

54 Intervention: Hysterectomy.

55 Measurements and Main Results: 89,931 women met the inclusion criteria. Venous
56 thromboembolism (VTE) as a diagnosis or cause of death was identified. Risk of postoperative
57 VTE was examined with Cox proportional hazard models adjusting for age, surgical approach and
58 relevant comorbidities. Mean age was 49.9, 47.9 and 54.3 years for women with abdominal,
59 laparoscopic and vaginal hysterectomy, respectively. Crude incidences of VTE within 30 days after
60 hysterectomy were 0.24% (n=142), 0.13% (n=12) and 0.10% (n=21). The most important
61 predictors of VTE were approach to hysterectomy and a history of thromboembolic disease. In the
62 multivariable analysis risk of VTE was significantly reduced with laparoscopic hysterectomy (HR
63 0.51; 95% CI 0.28-0.92, $P=.03$) and vaginal hysterectomy (HR 0.39; 95% CI 0.24-0.63, $P<.001$)
64 when compared to the abdominal procedure. Data on postoperative heparin thromboprophylaxis
65 were available in 53,566 patients and adjusted HR was 0.63 (95 % CI 0.42-0.96, $P=.03$) in patients
66 receiving heparin thromboprophylaxis.

67 Conclusions: The 30-day cumulative incidence of VTE after hysterectomy for benign conditions
68 was low overall (0.19%). Laparoscopic and vaginal hysterectomy carry a lower risk than the

69 abdominal procedure. Postoperative heparin thromboprophylaxis significantly reduces risk of VTE
70 and should be considered especially if risk factors are present.

71

72 **Keywords:** Deep venous thrombosis; hysterectomy; pulmonary embolism; thromboprophylaxis.

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96 **Introduction**

97 Postoperative venous thromboembolism (VTE) is the second-most common medical complication
98 to general surgery and results in excess morbidity and mortality[1]. The most feared consequence,
99 pulmonary embolism (PE), is the most common preventable cause of hospital death[1]. Deep vein
100 thrombosis (DVT) and PE are preventable with proper thromboprophylaxis as demonstrated in
101 clinical trials[2].

102 One of the most common gynecologic procedures is hysterectomy with 400- 600,000 procedures
103 per year in the United States[3,4]. Few studies have focused on the incidence of VTE in women
104 undergoing hysterectomy for benign conditions. There are three different approaches to
105 hysterectomy: abdominal, laparoscopic and vaginal. In 2015, 20 % were performed as abdominal,
106 64 % as laparoscopic assisted (including robotic-assisted surgery) and 16 % as vaginal
107 hysterectomies in Denmark[5]. The risk of postoperative DVT and PE, in patients undergoing
108 surgery for benign conditions, is presumed to be low in general[6,7], and in particular when
109 performed laparoscopically[8]. This is probably the reason, why pharmacologic VTE prophylaxis
110 has not been used systematically. Despite being the recommendation in most clinical guidelines,
111 the proportion of patients actually receiving thromboprophylaxis after hysterectomy may be as low
112 as 11.9%[6]. Danish guidelines recommend postoperative venous thromboprophylaxis with low
113 molecular weight heparin administered 4-12 hours following hysterectomy in prophylactic dose
114 once daily until discharge from hospital, this can optionally be supplemented with graduated elastic
115 compression stockings[9]. Few studies have focused on VTE in benign gynecologic surgery and
116 recommendations on thromboprophylaxis have mostly been based on the experience from
117 abdominal surgery and study populations with a broad variation of risk factors[10]. The striking
118 difference between clinical practice and guidelines calls for a more precise estimation of risk of
119 VTE after hysterectomy for benign conditions.

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123 **Materials and Methods**

124 **Data-sources**

125 This study is based on data from national Danish administrative registries.

126 In Denmark, every resident is at the time of birth or immigration assigned a unique and permanent
127 civil registration number, which enables linkage between nationwide administrative registers on the
128 individual level. The Danish National Patient Register (DNPR) was established in 1977 and holds
129 data on all hospitalizations in Denmark[11]. Each admission is registered at discharge with one
130 primary and if appropriate one or more secondary diagnoses according to the International
131 Classification of Diseases, the 10th revision (ICD-10). Surgical procedures are registered according
132 to the Nordic Medico-statistical Committee's Classification of Surgical Procedures[12], together
133 with the indication for the procedure. There could be multiple indications for hysterectomy.

134 We retrieved information on hormone substitution and anticoagulant treatment from The Danish
135 Register of Medicinal Product Statistics where all prescription based pharmacy dispensings are
136 stored. The National Population Register and the National Causes of Death Register hold
137 information on vital status, date of birth and death including cause of death.

138 **Study population**

139 All patients who underwent hysterectomy from January 1st 1996 until December 31st 2015 were
140 identified. The patients were separated into three groups according to the surgical approach:

141 abdominal (subtotal or total abdominal hysterectomy comprised the codes KLCD00, KLCD96,
142 KLCC10), laparoscopic (total, subtotal, vaginal and robotic assisted laparoscopic hysterectomy
143 comprised the codes KLCD01, KLCD04, KLCC11, KLCD11, KLCD97) or vaginal (total or subtotal
144 comprised the codes KLCD10, KLCC20, colpoperineoplasty and vaginal hysterectomy KLEF13).

145 Patients diagnosed with any type of cancer within 1 month prior to surgery or two months following
146 the surgical procedure were excluded (ICD10 codes DC00-96). Radical hysterectomies (KLCD30,
147 KLCD31, KLCD40) were excluded because these procedures are only performed in the case of
148 gynecologic malignancy. We did not include hysterectomies performed at the same time as
149 cesarean section or hysterectomy performed at the same time as cystectomy in the case of urine

150 bladder malignancy.

151 Patients were excluded if the specific date of surgery was not defined.

152 **Outcome**

153 VTE comprised the following ICD-10 codes: I80.1 (phlebitis or thrombophlebitis in the femoral
154 vein), I80.2 (deep phlebitis or thrombophlebitis in other veins in lower extremities), I80.3 (deep
155 phlebitis or thrombophlebitis in other veins in lower extremities without specification), I80.8
156 (phlebitis or thrombophlebitis at other locations), I80.9 (phlebitis or thrombophlebitis without
157 specification) and I26 (pulmonary embolism). If one of these codes occurred prior to the date of
158 hysterectomy it was registered as a previous VTE. If the code was assigned to a patient within one
159 month after hysterectomy it was registered as a postoperative VTE.

160 **Confounders**

161 Use of hormones or antithrombotic agents prior to surgery was defined as at least one claimed
162 prescription within 180 days before surgery of the following agents: oral contraceptives with
163 estrogen in combination with progesterone (Anatomical Therapeutic Chemical Classification G03A,
164 G03HB01) or hormone therapy (estrogen as monotherapy or in combination with progesterone,
165 both orally and transdermal administrated G03F, G03CX, G03CA and G03CB; low dose estrogen
166 vagitories were excluded by product number). Antithrombotic agents were defined including
167 antiplatelet drugs (B01AC) and anticoagulant drugs (B01 except B01AC).

168 Co-morbidities were defined as one of the following ICD-10 codes if the code was used at
169 discharge within 365 days prior to the hysterectomy date: ischemic heart disease (I20, I23, I24,
170 I25), cerebral vascular disease (I60-69), acute myocardial infarction (I21), varices of the lower
171 extremities (I83), thrombophilia (D68), heart failure ((I50), chronic obstructive lung disease (J44).

172 Two time periods were compared as the Danish Board of Health in 2003 published a national
173 guideline for benign hysterectomy including recommendations on postoperative VTE prophylaxis
174 with heparin injections and graduated elastic compression stockings during hospitalization[13]. A
175 Danish national hysterectomy database was established in October 2003 and one of the clinical

176 indicators is the use of VTE prophylaxis which is registered in the DNPR by the clinicians
177 (BOHA03C).
178 Information on Body Mass Index (BMI) was obtained from the Danish Anesthesia Database (DAD).
179 This information was not available for all patients since the database was established in 2004 and
180 it does not cover all departments in Denmark.
181 Data are reported in accordance with the STROBE statement[14].

182

183 **Statistics**

184 Cumulative incidence was calculated for the competing risks VTE and death after abdominal,
185 laparoscopic and vaginal hysterectomy respectively. Time to event was calculated from the date of
186 surgery, follow-up time was 30 days and data were analyzed using univariable and multivariable
187 Cox proportional hazard regression. Hazard ratios (HRs) of VTE after abdominal, laparoscopic and
188 vaginal hysterectomy were hence estimated and presented with 95% confidence intervals (95%
189 CI). A *P*-value less than 0.05 was considered statistically significant. Plots of Schoenfeld Residuals
190 were used to examine the proportional hazard assumption. Linearity between the continuous
191 variable age and outcome was tested. Interaction between approach to hysterectomy and
192 presence of uterine fibroids was tested using analysis of variance.
193 Calculations were performed using SAS V.9.4 (SAS Institute, Cary, North Carolina, USA) and R
194 version 3.1.0 (R Core Team (2014))[15].

195

196 **Ethics**

197 The study was approved by The Danish Data Protection Agency (Re: 2007-58-0015, int.ref: GEH-
198 2010-001). Permission from the ethics committee is not required for retrospective register studies
199 in Denmark.

200

201 **Results**

202 We identified 89,931 patients who underwent hysterectomy for benign conditions in the period
203 January 1st 1996 until December 31st 2015. Patients were divided into three groups according to
204 the route of hysterectomy: Abdominal (n=59,231), laparoscopic (n=9,198) and vaginal (n=21,502)
205 (figure 1). Table 1 shows the demographic data of the cohort according to age at surgery, length of
206 stay, body mass index (BMI), concomitant disease, use of medicine before surgery, the indication
207 for hysterectomy and postoperative pharmacologic VTE prophylaxis. Women undergoing vaginal
208 hysterectomy were older and more likely to have comorbidities, although the general incidence of
209 comorbidity was low in the total cohort. The indication for hysterectomy was uterine prolapse in
210 more than 50 % of cases within the vaginal hysterectomy group. In the abdominal and
211 laparoscopic hysterectomy groups, uterine fibroids and abnormal uterine bleeding were the
212 dominant causes.

213 Comparing the two time periods before and after January 1st, 2004 showed that the proportion of
214 minimally invasive hysterectomy was increasing during the study period with 29,060 abdominal
215 approaches in 36,365 hysterectomies before 2004 ~80 %. After January 1st, 2004 44 % of
216 hysterectomies were performed as laparoscopic and vaginal procedures.

217 During 30-day follow up after surgery we observed 175 cases of VTE with 100 cases of PE. There
218 were 109 deaths in the abdominal hysterectomy group compared to one in the laparoscopic and
219 12 in the vaginal hysterectomy group.

220 Competing risk analysis of the cumulative incidence of VTE showed higher incidence with open
221 surgery compared to the two minimally invasive methods. Cumulative incidence of mortality
222 showed the highest incidence with open surgery compared to the two minimally invasive methods.
223 (Figures S1 and S2 are provided in supplemental material).

224 Unadjusted HRs in different exposure groups are provided in table 2. The indication for
225 hysterectomy could be strongly correlated to the choice of surgery approach as surgeons might
226 prefer to perform abdominal hysterectomy in the presence of uterine and ovarian neoplasms.
227 Statistical testing showed no evidence of interaction between hysterectomy approach and uterine
228 fibroids ($P=0.35$).

229 Length of stay was associated with surgical approach (table 1) with median value highest in the
230 abdominal hysterectomy group and univariable analysis (table 2) shows that it is significantly
231 associated with HR of VTE.
232 Adjusting for age, time period, ovarian and uterine neoplasms, relevant drugs and concomitant
233 disease, the laparoscopic (HR 0.51; 95% CI 0.28-0.92, $P=.03$) and vaginal (HR 0.39; 95% CI 0.24-
234 0.63, $P<.001$) procedures are correlated with a significantly reduced HR of VTE when compared to
235 abdominal hysterectomy (figure 2).
236 The use of oral hormonal contraceptives or hormone therapy did not influence on the HR of VTE in
237 women undergoing hysterectomy (figure 2 and 3). In contrast, anticoagulant drugs, previous acute
238 myocardial infarction (AMI) and previous VTE significantly increase the HR of VTE (figure 2 and 3).
239 Usage of postoperative heparin as VTE prophylaxis has been registered in the DNPR since 2004.
240 There is no change in the impact of the different factors included in the first model (figure 2) when
241 performing the same multivariable analysis on hysterectomies performed after 2003 including VTE
242 prophylaxis instead of time period (figure 3). This subgroup analysis shows a reduced HR (0.63;
243 95% CI 0.42-0.96, $P=.03$) for VTE in patients receiving pharmacologic VTE prophylaxis.
244 Data on BMI were available in 11,177 patients with overall mean BMI 26.1 (SD ± 5.0) and 19 VTE
245 events (table 1). We found no difference in risk of VTE between BMI groups in a univariable Cox
246 proportional hazard regression analysis. Because of the smaller number of events we did not
247 attempt of multivariable analysis including BMI.

248

249 **Discussion**

250 This study demonstrates that the 30-day incidence of postoperative VTE after hysterectomy for
251 any benign condition is low. The rate of VTE was lowest in patients treated with laparoscopic and
252 vaginal hysterectomy compared to the abdominal approach.

253 A Cochrane review (2009) comparing the complication rates between different procedures
254 concluded that vaginal hysterectomy was superior to abdominal on almost all outcome measures

255 and recommended laparoscopic surgery in cases where vaginal hysterectomy could not be
256 performed[17]. However, there was no apparent difference in the VTE incidence according to
257 surgical approach, probably due to limited power.

258 Barber et al (2014) found an overall incidence of VTE at 0.35 % in 44,167 women undergoing
259 hysterectomy for benign conditions and showed abdominal hysterectomy to be associated with
260 higher risk of VTE compared to minimally invasive surgery (OR 2.45; CI 1.77-3.40)[18]. Swenson
261 et al (2015) registered 110 VTE events (0.5%) during 30 days of follow-up in 20,496 women with
262 hysterectomy for benign, malignant and obstetric indications. Prominent risk factors were
263 abdominal approach, cancer, BMI>35 and increased surgical time[19].

264 The frequency of VTE in these studies is consistent with our findings. The association between
265 BMI and VTE is debated and experience from bariatric surgery suggests that it has been
266 overestimated[20]. We found no association between BMI and VTE in a subgroup of the cohort;
267 due to missing data, we could not include BMI in the multivariable analysis.

268 White et al (2003) showed, that the incidence of first-time VTE increases exponentially with age
269 with a dramatically increase after the age of 60[21]. Ritch et al (2011) identified age as a significant
270 risk factor of VTE after hysterectomy[6].

271 In accordance with these studies we found the crude HR of VTE increasing with age in the
272 unadjusted model. This association could not be reproduced in the multivariable models, indicating
273 a stronger association between VTE and approach to hysterectomy.

274 Several studies have reported an increased risk of VTE with hormone therapy (HT) [22]. In the
275 present study we found no difference in HR between women on HT or oral contraceptives
276 containing estrogen compared to women not exposed.

277 A benign pelvic mass might compress the iliac veins leading to venous stasis and subsequent
278 thrombosis. Fletcher et al. (2009) found an increased risk of VTE (OR 3.75; CI 2.92-4.78, $P<.001$)
279 among women with uterine fibroids with and without surgery when compared to the expected rate
280 in hospitalized women[23]. Shiota et al. (2011) found an overall incidence of preoperative
281 asymptomatic DVT at 3.7 % (31/843) in patients with benign ovarian tumors[24]. Our analysis

282 indicated no correlation between any benign indication for hysterectomy and risk of postoperative
283 symptomatic VTE. Our dataset did not contain neoplastic size, therefore, the possible impact of
284 large tumors on VTE risk cannot be assessed.

285 It must be emphasized that we can only report cases of symptomatic VTE's. The incidence would
286 probably be higher with more sensitive methods as demonstrated in randomized controlled
287 trials[2].

288 In Denmark, thromboprophylaxis is administered by the hospital and was not registered in the
289 DNPR before 2004. Hansen et al. (2008) reported an increase in heparin thromboprophylaxis
290 administered following hysterectomy from 20 % in 2004 to more than 90 % of patients undergoing
291 hysterectomy for benign disease in 2006[25]. Surgeons were probably paying more attention to
292 VTE prophylaxis after the establishment of the Danish Hysterectomy and Hysteroscopy Database
293 and implementation of recommendations on postoperative VTE prophylaxis. Our results indicate a
294 significant reduction in risk of VTE following hysterectomy for benign conditions when
295 pharmacologic VTE prophylaxis was administered during hospital stay after surgery. The ACOG
296 Practice Bulletin (2007) recommends initiation of venous thromboprophylaxis with graduated
297 compression stockings or pneumatic compression devices before surgery as VTE begins in the
298 perioperative period[10]. Our results show a decrease in HR of VTE in patients receiving
299 postoperative heparin which is supported by Hansen et al. (2008) who found preoperative
300 administration associated with higher risk of bleeding complications compared to postoperative
301 administration and no apparent difference in risk of VTE.[26] From our study we cannot draw any
302 conclusions on the timing of VTE prophylaxis. Not all patients received prophylaxis, it is likely that
303 patients within a fast track regimen undergoing MIS are discharged before heparin administration.
304 Increasing length of stay increased the HR of VTE in a univariable analysis (table 2), despite this
305 finding we did not include it in the multivariable analysis as we believe the variable is not a
306 confounder because it is on the causal pathway between main exposure and outcome[27]. Talec
307 et al (2016) suggest individual evaluation of thromboprophylaxis in each patient based on patient-

308 related risk factors, type of surgery including length of operation and duration to mobilization[28].
309 Our results support this approach to the planning of VTE prophylaxis.
310 The strength of epidemiologic research using national registries is the availability of a large patient
311 cohort. Through our study, we found an important association between the risk of VTE and the
312 approaches to hysterectomy. Groups were considered highly comparable according to baseline
313 characteristics. The vaginal approach was used more often in case of pelvic organ prolapse and
314 the abdominal approach in the presence of benign neoplasms, consistent with available
315 gynecologic guidelines[29,30]. Bias could arise from misclassification of diseases and treatments.
316 We calculated cumulative incidence of VTE considering mortality as a competing risk to illustrate
317 how mortality affect the probability of a VTE event to occur. As mortality was highest in the
318 abdominal hysterectomy group we found no reason to think mortality precluded the occurrence of
319 VTE in the laparoscopic and vaginal hysterectomy groups.
320 The coding of co-morbidity and coexisting diseases in DNPR is validated by Thygesen et al.
321 (2011), with a positive predictive value ranging from 82 to 100 %.[31]. The validity of VTE
322 discharge diagnoses in DNPR was investigated by Severinsen et al. (2010) who found a positive
323 predictive value of 75% for diagnoses coded at wards[32].
324 Confounding by indication could arise if the indication for hysterectomy carries a risk of developing
325 VTE. Most other studies included patients with both benign and malignant diseases[6,19]. We
326 chose to exclude patients with malignant disease and also obstetric patients, as these conditions
327 are recognized risk factors for VTE[33,34].

328

329 **Conclusion:**

330 The risk of postoperative VTE in the first 30 days after hysterectomy is low (0.19 %). Laparoscopic
331 and vaginal approach to hysterectomy significantly reduce the risk of VTE when compared to
332 abdominal approach and adjusted for age and relevant risk factors. Our results indicate that
333 postsurgical use of pharmacologic thromboprophylaxis reduce the risk of VTE. If heparin
334 prophylaxis is not routinely used we suggest individual evaluation in each patient considering

335 approach to surgery, concomitant disease and previous thromboembolic events.

336

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338 Danish Anesthesia Database (DAD) is acknowledged.

339

340

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430 **Figure 1.** Flowchart presenting the patient selection using Danish National Registries.

431

432 **Figure 2.** Multivariable Cox proportional Hazards Regression analysis presenting hazard ratios of
433 venous thromboembolism associated with the approach to hysterectomy, adjusted for age, time
434 period, ovarian and uterine neoplasm, use of sex hormones, a history of acute myocardial
435 infarction (AMI) and previous venous thromboembolism (VTE).

436 Abdominal hysterectomy is used as reference in the main exposure group, among categorical
437 variables in the confounder group exposed individuals are compared to non-exposed.

438

439 **Figure 3.** Multivariable Cox proportional Hazards Regression analysis presenting hazard ratios of
440 venous thromboembolism associated with the approach to hysterectomy, adjusted for age, use of
441 postoperative thromboprophylaxis, ovarian and uterine neoplasm, use of sex hormones and a
442 history of acute myocardial infarction (AMI) and previous venous thromboembolism (VTE).

443 Stratified for period, showing results after 2003. Abdominal hysterectomy is used as reference in
444 the main exposure group, among categorical variables in the confounder group exposed
445 individuals are compared to non-exposed.

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447 **Figure S1.** Cumulative incidence of venous thromboembolism 30 days following hysterectomy.

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449 **Figure S2.** Cumulative incidence of death 30 days following hysterectomy.

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453 **Table 1. Baseline characteristics and variables related to treatment**

Variable*	Abdominal hysterectomy	Laparoscopic hysterectomy	Vaginal hysterectomy	Totals
	N=59,231	N=9,198	N=21,502	N=89,931
Mean age, years	49.9 ±10.4	47.9 ±10.5	54.3 ±13.2	50.7 ±11.3
Median length of stay, days (interquartile range)	3 (2,5)	1 (1,2)	2 (1,2)	3 (2,4)
Length of stay data missing	4	1	10	15
Body Mass Index (BMI)	26.2±5.2	25.7±5.3	25.9±4.7	26.1±5.0
BMI missing	52,706	8,394	17,654	78,754
Anticoagulant drugs	631 (1.1)	110 (1.2)	177 (0.8)	918 (1.0)
Antiplatelet drugs	2,243 (3.8)	359 (3.9)	1,633 (7.6)	4,235 (4.7)
Hormonal contraception	4,422 (7.5)	894 (9.7)	1,280 (6.0)	6,596 (7.3)
Hormone therapy	7,183 (12.1)	927 (10.1)	4,821 (22.4)	12,931 (14.4)
Hysterectomy before 2004	29,060 (49.1)	2,166 (23.5)	5,139 (23.9)	36,363 (40.4)
Hysterectomy after 2003	30,171 (50.9)	7,032 (76.5)	16,363 (76.1)	53,566 (59.6)
Indication for hysterectomy[†]				
Abnormal uterine bleeding	21,187 (35.8)	4,389 (47.7)	7,806 (36.3)	33,382 (37.1)
Benign ovarian neoplasm	4,910 (8.3)	292 (3.2)	189 (0.9)	5,391 (6.0)
Uterine fibroids	34,849 (58.8)	3,314 (36.0)	4,888 (22.7)	43,051 (47.9)
Pelvic organ prolapse	1,209 (2.0)	319 (3.5)	10,935 (50.9)	12,463 (13.9)
Pelvic pain	8,536 (14.4)	2,061 (22.4)	3,115 (14.5)	13,712 (15.2)
Endometriosis	5,161 (8.7)	1,192 (13.0)	1,191 (5.5)	7,544 (8.4)
Cervical intraepithelial neoplasia	1,958 (3.3)	624 (6.8)	872 (4.1)	3,454 (3.8)
Endometrial hyperplasia	485 (0.8)	123 (1.3)	184 (0.9)	792 (0.9)
Urinary incontinence	628 (1.1)	66 (0.7)	588 (2.7)	1,282 (1.4)
Cancer predisposition	100 (0.2)	91 (1.0)	8 (0.04)	199 (0.2)
Concomitant diseases				
Ischemic heart disease	1,498 (2.5)	329 (3.6)	902 (4.2)	2,729 (3.0)
Cardiovascular disease	873 (1.5)	176 (1.9)	419 (1.9)	1,468 (1.6)
History of acute myocardial infarction	320 (0.5)	67 (0.7)	186 (0.9)	573 (0.6)
Thrombophilia	266 (0.4)	68 (0.7)	120 (0.6)	454 (0.5)
Varicose disease	1,838 (3.1)	350 (3.8)	1,166 (5.4)	3,354 (3.7)
Heart failure	345 (0.6)	53 (0.6)	158 (0.7)	556 (0.6)
Chronic obstructive lung disease	720 (1.2)	136 (1.5)	337 (1.6)	1,193

Venous thromboembolism after hysterectomy

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				(1.3)
Previous VTE	1,026 (1.7)	182 (2.0)	332 (1.5)	1,540 (1.7)
Postoperative VTE prophylaxis[‡]	N=30,171	N=7,032	N=16,363	N=53,566
No prophylaxis	13,755 (45.6)	2,797 (39.8)	5,623 (34.4)	22,175 (41.4)
VTE prophylaxis	16,416 (54.4)	4,235 (60.2)	10,740 (65.6)	31,391 (58.6)

* Data are expressed as N (column %), mean \pm SD.

† There could be more than one indication for hysterectomy.

‡ Only registered in patients undergoing surgery after 2003.

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459 **Table 2. Unadjusted hazard ratios (HRs) of venous thromboembolism (VTE) in**
 460 **different exposure groups**

	-VTE events/N total	HR	95 % CI	P value
Age (by decade)	175/89,931	1.16	1.02-1.31	.019
Age<60 years	129/72,847	1.0 (reference)		
Age≥60 years	46/17,084	1.53	1.09-2.14	.013
Length of stay (LOS), days*	175/89,577	1.09	1.05-1.13	<.001
Abdominal hysterectomy	142/59,231	1.0 (reference)		
Laparoscopic hysterectomy	12/9,198	0.54	0.30-0.98	.042
Vaginal hysterectomy	21/21,502	0.41	0.26-0.64	<.001
Previous VTE	67/1,540	36.7	27.1-49.8	<.001
Previous acute myocardial infarction	6/573	5.7	2.5-12.8	<.001
Benign ovarian neoplasm	11/5,391	1.05	0.57-1.94	.867
Uterine fibroids	76/43,051	0.83	0.62-1.13	.834
Abnormal uterine bleeding	55/33,318	0.78	0.56-1.07	.117
Hormone therapy	24/12,931	0.95	0.62-1.46	.804
Contraceptives	13/6,596	1.01	0.58-1.78	.965
Anticoagulant drugs	31/918	21.5	14.6-31.7	<.001
Surgery after 2003				
After implementation of VTE prophylaxis	105/53,566	1.02	0.75-1.38	.907
VTE prophylaxis registered	43/31,391	0.49	0.33-0.72	<.001

461 *354 patients with missing data on LOS or LOS exceeding follow-up time of 30 days were excluded from the
 462 analysis. There were no cases of VTE within this group.
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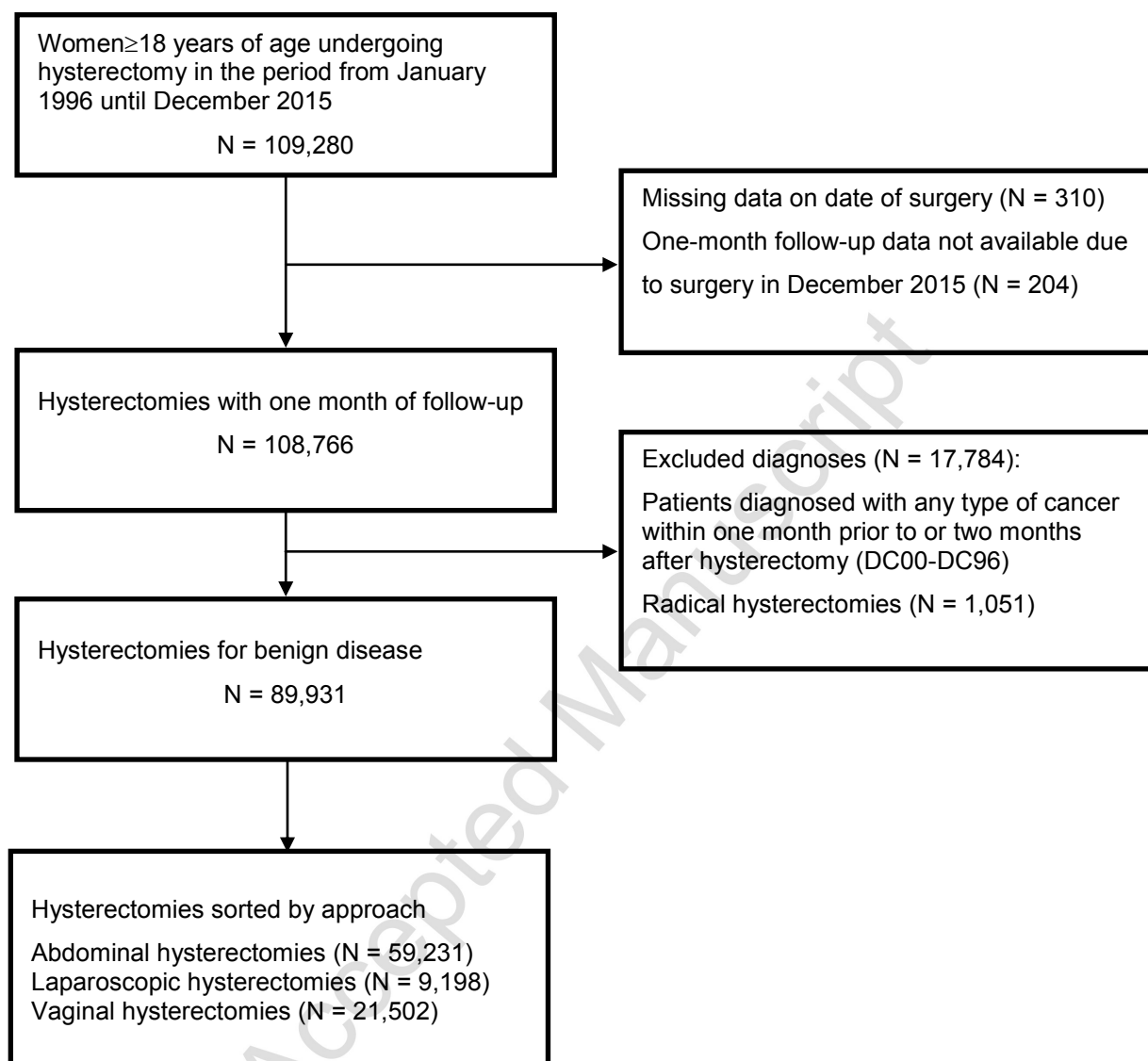
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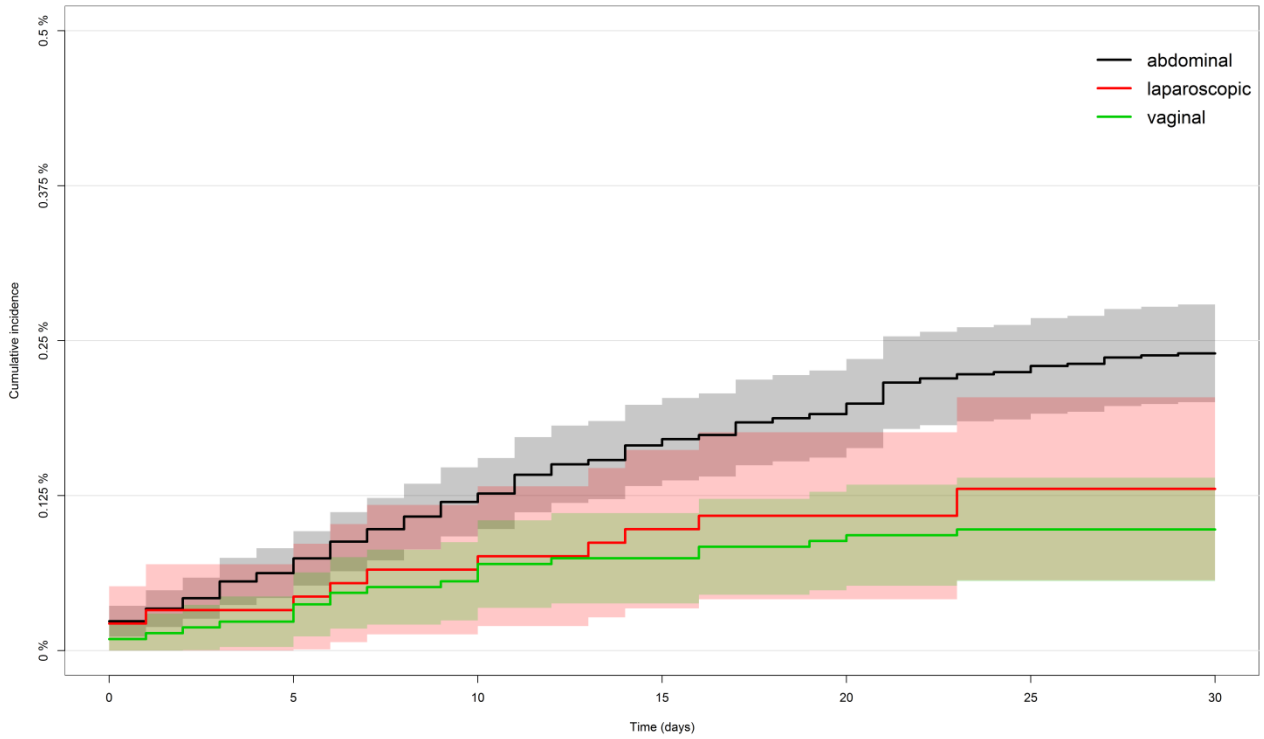
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467 Figure 1.

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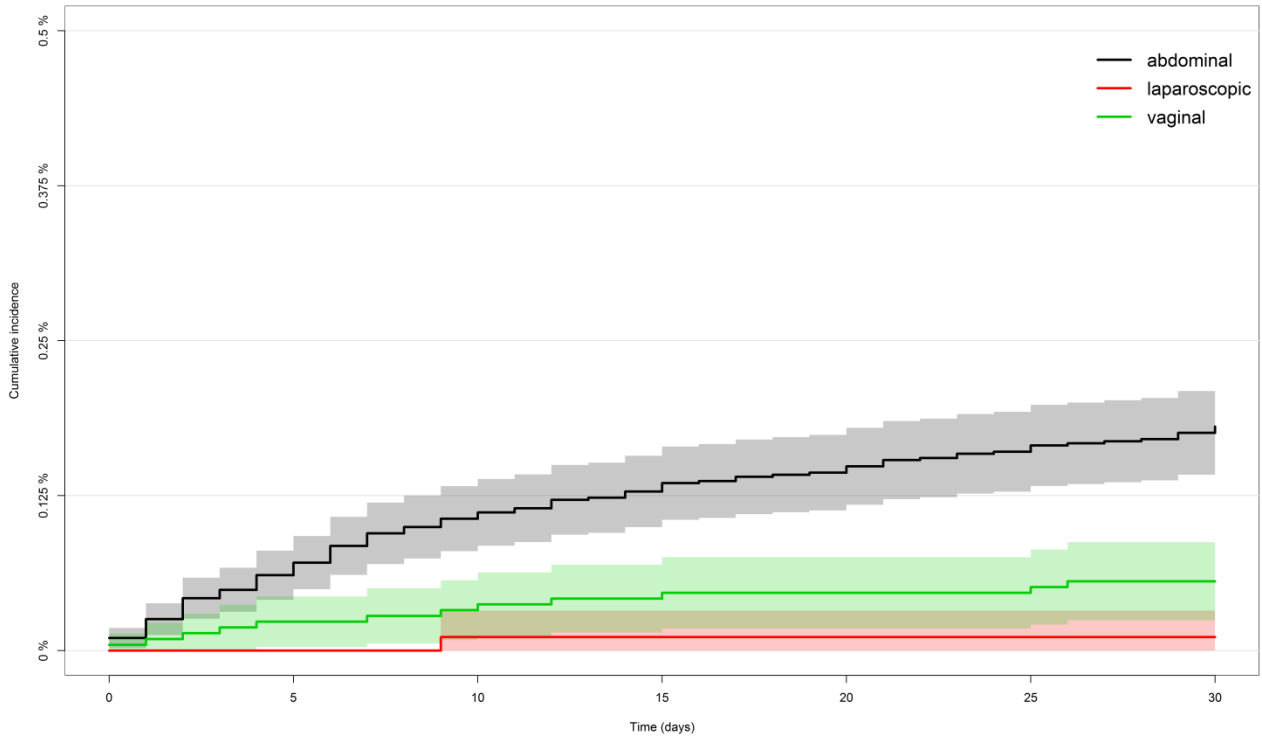
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