

A detailed illustration of a three-masted sailing ship, viewed from the front. The ship has a dark hull with white trim along the gunwales and a white deck. The masts are tall and complexly rigged with numerous ropes and cross-arms. A small flag flies from the top of the mainmast. The ship is shown on a stylized sea represented by several horizontal lines of varying lengths. The word "BREAKFAST" is printed in a bold, serif font across the middle of the ship's rigging.

B R E A K F A S T

A M E R I C A N E X P O R T L I N E S

Breakfast

FRUITS and JUICES

JUICES: Orange Grapefruit Pineapple
Baked Apple Sweet Cherries Plums in Syrup
Blueberries Stewed Mixed Fruit Stewed Prunes Figs in Syrup
Sliced Bananas with Cream

Orange, Apple

CEREALS

Boiled Semolina with Milk Hot Wheatena
Rice Krispies Puffed Rice Wheaties Grape Nuts Puffed Wheat
Corn Flakes All Bran Post Toasties Shredded Wheat Bran Flakes

FISH

Broiled Bloater, Butter Sauce

EGGS

Fried with Ham Omelette: Plain Portugaise Confiture
Scrambled with Chopped Ham, Stewed Tomatoes or Plain
Fried, Boiled or Shirred Eggs

MEAT

Browned Roast Beef Hash

FROM THE GRILL

Breakfast Bacon Sausages Yorkshire Ham

POTATOES

Saute Parsley

COLD DISHES

Various Kinds of Fresh and Smoked Sausages
American or Swiss Cheese

ROLLS - MUFFINS - TOAST

Bran Muffins French, Dry or Buttered Toast Assorted Buns
Waffles or Griddle Cakes with Maple Syrup or Honey

JAMS - PRESERVES

Raspberry Guava Jelly Blackberry Peach Strawberry Pineapple
Grape Red Currant Jelly Bar-le-Duc Sweet Marmalade Cherry

BEVERAGES

Sanka Coffee Milk Cocoa Chocolate Postum Ovaltine
English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

