

Friday 22nd July 2016

To whom it may concern,

Therese Kairuz took part in The 2016 Australian Higher Education Summit held in Melbourne on Thursday 14th and Friday 15th July 2016.

This letter is to confirm that she presented at the conference and you can find the details for her presentation on page 2 of this document.

If you would like more information about the conference, please visit : <http://www.apac-higher-ed-summit.com>

And if you have any further questions please call me on 03 9270 9000 or email me vlake@asam.edu.au

Regards,

Veronica Lake

Abstract and Author Bio**submitted to****Australian Higher Education Summit 2016****Therése Kairuz** DipPharm(Hons), MPharm, PhD, GCHighEd, MPS**Redefining the Launch pad for Leadership:****Dismantling barriers and Increasing cooperation**

'Learning' is the core business of higher education. Learning is required for self-development and for the development, and leadership, of others. We learn when we are challenged, although findings from neuroscience prove that unhealthy stress promotes activity in the limbic system of the brain and cognitive thinking, essential for learning, becomes impaired.

Systems in Australian Higher Education were designed primarily by men who comprise 80% of senior leadership positions. Many processes are highly competitive, stimulating the release of adrenaline, testosterone and cortisol in men and women. Although short-term stress may enhance performance, long-term stress has consequences, including a negative impact on learning. The consequences affect not only the individual but all those who are influenced by that individual.

Physiologically, women are more collaborative than men. This presentation will link findings from physiology, neuroscience, education, and leadership theories, to argue that we require new, collaborative approaches to lead Higher Education.

(149 words)

Author Biography

Therése Kairuz graduated from secondary school as Dux student and Head Prefect/Student Leader. She was awarded her primary qualification in Pharmacy with honours, and, whilst managing the responsibilities of a family, obtained an MPharm, PhD, and Graduate Certificate in Higher Education. She was the recipient of an Early Career Research Award (University of Auckland) and is a recipient of a 2016 National Excellence in Educational Leadership Initiative.

Despite two international relocations and the associated challenges resettling three children and re-establishing credibility in a new environment, Therése was selected for the Women-in-Leadership program at the University of Auckland, the MidCareer Academic Development program at Queensland University of Technology, and the inaugural Career Progression Program for Women at The University of Queensland.

Dr Kairuz has a research profile in the use of medicines and in health literacy, actively contributing to a core objective of the National Medicines policy, the Quality Use of Medicines.