# ESSENTIAL TRAVEL MEDICINE

JANE N ZUCKERMAN GARY BRUNETTE | PETER LEGGAT

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#### **Essential Travel Medicine**

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WILEY Blackwell

This edition first published 2015 © 2015 by John Wiley & Sons, Ltd

Registered office: John Wiley & Sons, Ltd, The Atrium, Southern Gate, Chichester, West Sussex,

PO19 8SQ, UK

Editorial offices: 9600 Garsington Road, Oxford, OX4 2DQ, UK

The Atrium, Southern Gate, Chichester, West Sussex, PO19 8SQ, UK

111 River Street, Hoboken, NJ 07030-5774, USA

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Library of Congress Cataloging-in-Publication Data applied for.

A catalogue record for this book is available from the British Library.

ISBN: 9781118597255

Wiley also publishes its books in a variety of electronic formats. Some content that appears in print may not be available in electronic books.

Cover image: Globe-North America @DNY59 (iStockphoto.com)

Set in 9/12pt, MeridienLTStd by SPi Global, Chennai, India

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#### **Preface**

The discipline of travel medicine continues to develop with established roots and structures worldwide. The necessity for the clinical practice of travel medicine in the prevention of ill health has never been more understood than now, with ever-increasing numbers of people traveling and criss-crossing the world along-side the potential hazards that travelers themselves may be exposed to and also the potential inherent risk to public health and populations internationally as a consequence of travel. Protecting travelers and, concomitantly, communities and populations requires the skill and expertise of travel medicine practitioners whose knowledge base is underpinned by continued professional development. Knowledge and education go hand in hand, with specialist training being an essential element, so enabling best clinical practice in a constantly evolving specialty.

The purpose of this book is to support those studying for a qualification or higher degree in travel medicine, and it is hoped that it will be used alongside and complement travel medicine reference books. This book is designed not only to support postgraduate training in the discipline but also to encourage undergraduate training in travel medicine in the curriculum of multidisciplinary healthcare training programs. It has been written in a style to complement lectures, with easily accessible information on the core topics required to enable the day-to-day clinical practice of travel medicine. Authors from different continents were chosen specifically in order to represent a range of views reflecting clinical practice and training courses that are available in different countries through the world.

It is hoped that this book will become a useful aide for those furthering their knowledge in addition to being a practical guide that will enhance the clinical practice and profile of travel medicine as a specialty. For those new to the growing discipline of travel medicine, an aspiration is that this book will stimulate interest and enthusiasm for the discipline for the next generation of travel medicine practitioners.

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### Acknowledgments

The Editors would like to thank Maria Khan and Oliver Walter of Wiley-Blackwell for their enthusiasm, patience, and commitment that enabled the publication of this new book in travel medicine. In addition, we would like to thank Jennifer Seward and Jasmine Chang, also of Wiley-Blackwell, for all their help in the preparation of this edition. We would also like to thank all the authors for contributing to this book and to supporting the future development of the discipline of travel medicine. In particular, we would like to thank our families for their unfailing support and understanding, specifically Eugene, Tunde, and Pan, without whom this new textbook would not have been realized.