

# Dressings for treating foot ulcers in people with diabetes: an overview of systematic reviews (Review)

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# Dressings for treating foot ulcers in people with diabetes: an overview of systematic reviews

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## ABSTRACT

### Background

Foot ulcers in people with diabetes mellitus are a common and serious global health issue. Dressings form a key part of ulcer treatment, with clinicians and patients having many different types to choose from. A clear and current overview of current evidence is required to facilitate decision-making regarding dressing use.

### Objectives

To summarize data from systematic reviews of randomised controlled trial evidence on the effectiveness of dressings for healing foot ulcers in people with diabetes mellitus (DM).

### Methods

We searched the following databases for relevant systematic reviews and associated analyses: the Cochrane Central Register of Controlled Trials (CENTRAL; *The Cochrane Library* 2015, Issue 2); Database of Abstracts of Reviews of Effects (DARE; *The Cochrane Library* 2015, Issue 1); Ovid MEDLINE (In-Process & Other Non-Indexed Citations, 14 April 2015); Ovid EMBASE (1980 to 14 April 2015). We also handsearched the Cochrane Wounds Group list of reviews. Two review authors independently performed study selection, risk of bias assessment and data extraction. Complete wound healing was the primary outcome assessed; secondary outcomes included health-related quality of life, adverse events, resource use and dressing performance.

### Main results

We found 13 eligible systematic reviews relevant to this overview that contained a total of 17 relevant RCTs. One review reported the results of a network meta-analysis and so presented information on indirect, as well as direct, treatment effects. Collectively the reviews reported findings for 11 different comparisons supported by direct data and 26 comparisons supported by indirect data only. Only four comparisons informed by direct data found evidence of a difference in wound healing between dressing types, but the evidence was assessed as being of low or very low quality (in one case data could not be located and checked). There was also no robust evidence of a difference between dressing types for any secondary outcomes assessed.

## Authors' conclusions

There is currently no robust evidence for differences between wound dressings for any outcome in foot ulcers in people with diabetes (treated in any setting). Practitioners may want to consider the unit cost of dressings, their management properties and patient preference when choosing dressings.

## PLAIN LANGUAGE SUMMARY

### Dressings to treat foot ulcers in people with diabetes

#### Background

Diabetes mellitus (generally known as 'diabetes'), when untreated, causes a rise in the sugar (glucose) levels in the blood. It is a serious health issue that affects millions of people around the world (e.g., almost two million people in the UK and 24 million people in the USA). Foot ulcers are a common problem for people with diabetes; at least 15% of people with diabetes have foot ulcers at some time during their lives. Wound dressings are used extensively in the care of these ulcers. There are many different types of dressings available, from basic wound contact dressings to more advanced gels, films, and specialist dressings that may be saturated with ingredients that exhibit particular properties (e.g. antimicrobial activity). Given this wide choice, a clear and up-to-date overview of the available research evidence is needed to help clinicians/practitioners to decide which type of dressing to use.

#### Review question

What is the evidence that the type of wound dressing used for foot ulcers in people with diabetes affects healing?

#### What we found

This overview drew together and summarised evidence from 13 systematic reviews that contained 17 relevant randomised controlled trials (the best type of study for this type of question) published up to 2013. Collectively, these trials compared 10 different types of wound dressings against each other, making a total of 37 separate comparisons. The different ways in which dressing types were compared made it difficult to combine and analyse the results. Only four of the comparisons informed by direct data found evidence of a difference in ulcer healing between dressings, but these results were classed as low quality evidence.

There was no clear evidence that any of the 'advanced' wound dressings types were any better than basic wound contact dressings for healing foot ulcers. The overview findings were restricted by the small amount of information available (a limited number of trials involving small numbers of participants).

Until there is a clear answer about which type of dressing performs best for healing foot ulcers in people with diabetes, other factors, such as clinical management of the wound, cost, and patient preference and comfort, should influence the choice of dressing.

This plain language summary is up-to-date as of April 2015.

## BACKGROUND

Also see Glossary ([Appendix 1](#)).

### Description of the condition

Diabetes mellitus (DM; high glucose levels in the blood) is a common condition that affects 1.8 million people in the UK (approximately 3% of the population) and 24 million in the USA. In-

cidence of DM is projected to increase rapidly over the next 25 years ([WHO 2005](#)). Global projections suggest that the worldwide prevalence of DM could rise to 4.4% by 2030, which would mean that approximately 366 million people would be affected ([Wild 2004](#)).

Success in treating DM has improved the life expectancy of patients. However, the increased prevalence of DM, coupled with the extended time people now live with the disease, has led to in-

creased numbers of DM-related complications, such as neuropathy (nerve damage) and peripheral arterial disease (PAD).

Both PAD and neuropathy are risk factors for the development of chronic foot ulceration in people with DM (Pecoraro 1990; Reiber 1999), as are other physical issues such as joint deformity (Abbott 2002). PAD and neuropathy can occur separately (ischaemic foot and neuropathic foot, respectively), or in combination (in the neuroischaemic foot). Foot ulceration is reported to affect 15% or more of the diabetic population at some time in their lives (Reiber 1996; Singh 2005). Estimates from UK surveys indicate that around 1% to 4% of people with DM have foot ulcers at any given time (Abbott 2002; Kumar 1994). In 2008, the prevalence of having at least one foot ulcer was 8% amongst people with DM receiving Medicare in the USA (Margolis 2011).

An ulcer forms as a result of damage to the epidermis (skin) and subsequent loss of underlying tissue. Specifically, the International Consensus on the Diabetic Foot defines a foot ulcer as a wound that extends through the full thickness of the skin below the level of the ankle (Apelqvist 2000a). This is irrespective of duration (although some definitions of chronic ulceration require a duration of six weeks or more), and the ulcer can extend to muscle, tendon and bone. Foot ulcers in people with DM can be graded for severity using a number of systems. The Wagner wound classification system was one of the first described, and has, historically, been widely used, although it is now rarely used in clinical practice (Wagner 1981). The system assesses ulcer depth and the presence of osteomyelitis (bone infection) or ischemia and infection and grades them as: grade 0 (pre- or post-ulcerative lesion); grade 1 (partial/full-thickness ulcer); grade 2 (probing to tendon or capsule); grade 3 (deep with osteitis (bone inflammation)); grade 4 (partial foot gangrene); and grade 5 (whole foot gangrene). Newer grading systems, such as the PEDIS system (Schaper 2004), the University of Texas Wound Classification System and SINBAD (Ince 2008; Oyibo 2001), have been developed, with variable validation (Karthikesalingam 2010).

Foot ulcers in people with DM have a serious impact on their health-related quality of life (Nabuurs-Franssen 2005; Ribu 2006), and treating people with DM and foot ulcers incurs costs to the health system - not only for dressings applied, but also for staff (for podiatry, nurses, doctors), tests and investigations, antibiotics and specialist footwear. Twelve years ago the cost of diabetic foot ulceration to the UK National Health Service was believed to be about GBP 12.9 million annually (Lewis 2013); this figure will have increased significantly since. The economic impact is also high in terms of the personal costs to patients and carers, and includes costs associated with lost work time and productivity while the patient is non-weight bearing (taking weight off the affected foot), or hospitalised. As many as 85% of foot-related amputations are preceded by ulceration (Apelqvist 2000b; Pecoraro 1990).

In terms of ulcer healing, a meta-analysis of trials in which people with neuropathic foot ulcers received good wound care reported that 24% of ulcers attained complete healing by 12 weeks and

31% by 20 weeks (Margolis 1999). Reasons for delayed healing might include: infection (especially osteomyelitis), co-morbidities and the size and depth of ulcer at presentation. Even when ulcers do heal, the risk of ulcer recurrence is high. Pound 2005 reported that 62% of ulcer patients (n = 231) became ulcer-free at some stage over a 31-month observation period. However, 40% of the ulcer-free group went on to develop a new or recurrent ulcer after a median period of 126 days. The ulcer recurrence rate over five years can be as high as 70% (Dorresteijn 2010; Van Gils 1999). Failure of ulcers to heal may result in amputation, and people with DM have a 10- to 20-fold higher risk of losing a lower limb, or part of a lower limb, due to non-traumatic amputation than those without DM (Morris 1998; Wrobel 2001).

## Description of the interventions

The treatment of foot ulcers in people with DM comprises several strategies, some of which may be used concurrently. These include: pressure relief (i.e. off-loading - taking weight off the affected foot); wearing special footwear, or shoe inserts, that are designed to redistribute load on the surface of the foot; removal of dead cellular material from the surface of the wound (debridement or desloughing); infection control; and the use of wound dressings. Other general treatment strategies include: patient education (e.g. in relation to foot care, or other aspects of self-management); optimisation of blood glucose control; correction (where possible) of arterial insufficiency, for example with arterial reconstruction surgery; and other surgical interventions such as debridement, drainage of pus and amputation.

Dressings are widely used in wound care, both to protect the wound and to promote healing. Classification of a dressing normally depends on the key material used. Several attributes of an ideal wound dressing have been described (BNF 2014), including:

1. the ability of the dressing to absorb and contain exudate without leakage or strike-through;
2. lack of particulate contaminants left in the wound by the dressing;
3. thermal insulation;
4. impermeability to water and bacteria;
5. avoidance of wound trauma on dressing removal;
6. frequency with which the dressing needs to be changed (less frequent dressing changes seen as positive);
7. provision of pain relief; and
8. comfort.

There is a vast choice of dressings available to treat chronic wounds like foot ulcers in people with DM. For ease of comparison this review has categorised dressings according to the British National Formulary 2010 (BNF 2014), which is freely available via the Internet. We will use 'generic' names where possible, also providing UK trade names and manufacturers, where these are available, to allow cross-reference with the BNF. However, it is important to note that the way dressings are categorised, as well as dress-

ing names, manufacturers and distributors of dressings may vary from country to country, so these are provided as a guide only. A description of all categories of dressings is given below and brief summaries of key terms, including dressing types can be found in the glossary ([Appendix 1](#)).

## 1. Basic wound contact dressings

### Low-adherence dressings and wound contact materials

Low-adherence dressings and wound contact materials usually consist of cotton pads that are placed directly in contact with the wound. These can be non-medicated (e.g. paraffin gauze dressing), or medicated (e.g. containing povidone iodine or chlorhexidine). Examples include paraffin gauze dressing, BP 1993 and Xeroform® (Covidien) dressing (a non-adherent petrolatum blend with 3% bismuth tribromophenate on fine mesh gauze).

### Absorbent dressings

Absorbent dressings are applied directly to the wound, and may be used as secondary absorbent layers in the management of heavily exuding wounds. Examples include Primapore® (Smith & Nephew), Mepore® (Mölnlycke) and absorbent cotton gauze (BP 1988).

## 2. Advanced wound dressings

### Alginate dressings

Alginate dressings are highly absorbent and come in the form of calcium alginate or calcium sodium alginate, which can be combined with collagen. Alginates form a gel when in contact with the wound surface; this can be lifted off when the dressing is removed, or rinsed away with sterile saline. Bonding the alginate to a secondary viscose pad increases absorbency. Examples include: Curasorb (Covidien), SeaSorb (Coloplast) and Sorbsan (Unomedical).

### Hydrogel dressings

Hydrogel dressings consist of cross-linked insoluble polymers (i.e. starch or carboxymethylcellulose) and up to 96% water. These dressings are designed to absorb wound exudate, or rehydrate a wound, depending on the wound moisture levels. They are supplied in flat sheets, as an amorphous hydrogel, or as beads. Examples include: ActiformCool® (Activa) and Aquaflo® (Covidien).

### Films (permeable film and membrane dressings)

Films (permeable film and membrane dressings) are permeable to water vapour and oxygen, but not to water or micro-organisms. Examples include Tegaderm® (3M) and Opsite® (Smith & Nephew).

### Soft polymer dressings

Soft polymer dressings are composed of a soft silicone polymer held in a non-adherent layer, and are moderately absorbent. Examples include: Mepitel® (Mölnlycke) and Urgotul® (Urgo).

### Hydrocolloid dressings

Hydrocolloid dressings are occlusive and usually composed of a hydrocolloid matrix bonded onto a vapour-permeable film or foam backing. When in contact with the wound surface this matrix forms a gel to provide a moist environment for the wound. Examples include: Granuflex® (ConvaTec) and NU DERM® (Systagenix). Fibrous alternatives have been developed that resemble alginates and are not occlusive, but which are more absorbent than standard hydrocolloid dressings, for example, Aquacel® (ConvaTec).

### Foam dressings

Foam dressings contain hydrophilic polyurethane foam and are designed to absorb wound exudate and maintain a moist wound surface. These are available in a variety of versions: some include additional absorbent materials, such as viscose and acrylate fibres or particles of superabsorbent polyacrylate, while others are silicone-coated for non-traumatic removal. Examples include: Allevyn® (Smith & Nephew), Biatain® (Coloplast) and Tegaderm® (3M).

### Capillary-action dressings

Capillary-action dressings consist of an absorbent core of hydrophilic fibres held between two low-adherent contact layers. Examples include: Advadraw® (Advancis) and Vacutx® (Protex).

### Odour-absorbent dressings

Odour-absorbent dressings contain charcoal and are used to absorb wound odour. Often these types of wound dressings are used in conjunction with a secondary dressing to improve absorbency. An example of an odour-absorbent dressing is CarboFLEX® (ConvaTec).

### 3. Anti-microbial dressings

#### Honey-impregnated dressings

Honey-impregnated dressings contain medical-grade honey, which is proposed to have antimicrobial and anti-inflammatory properties and can be used for acute or chronic wounds. Examples include: Medihoney® (Medihoney) and Activon Tulle® (Advancis).

#### Iodine-impregnated dressings

Iodine-impregnated dressings release free iodine when exposed to wound exudate. The free iodine is thought to act as a wound antiseptic. Examples include Iodoflex® (Smith & Nephew) and Iodozyme® (Insense).

#### Silver-impregnated dressings

Silver-impregnated dressings are used to treat infected wounds, as silver ions are thought to have antimicrobial properties. Silver versions of most dressing types are available (e.g. silver foam, silver hydrocolloid, etc). Examples include: Acticoat® (Smith & Nephew) and Urgosorb Silver® (Urgo).

#### Other antimicrobial dressings

Other antimicrobial dressings are composed of a dressing impregnated with an ointment thought to have antimicrobial properties. Examples include: chlorhexidine gauze dressing (Smith & Nephew), Cutimed Sorbact® (BSN Medical), and a dressing impregnated with the anti-microbial polyhexamethylene biguanide (PHMB).

### 4. Specialist dressings

#### Protease-modulating matrix dressings

Protease-modulating matrix dressings alter the activity of proteolytic (protein-digesting) enzymes in chronic wounds. Examples include: Promogran® (Systagenix) and Sorbion® (H & R).

It is difficult to make an evidence-informed decision of the best treatment regimen for patients, given the diversity of dressings available to clinicians (including variation within each type listed above). In a UK survey performed to determine treatments used for debriding diabetic foot ulcers, a wide range of treatments was reported (Smith 2003), and it is possible that a similar scenario is true for choice of dressing. A survey of Diabetes Specialist Nurses found that low/non-adherent dressings, hydrocolloids and alginate dressings were the most popular for all wound types, despite a paucity of evidence for any of these dressing types (Fiskin 1996).

However, several new, heavily-promoted types of dressing have become available in recent years. Some dressings now have 'active' ingredients, such as silver, that are promoted as options to reduce infection, and thus possibly promote healing. As increasingly sophisticated technology is applied to wound care, practitioners need to know how effective these - often expensive - dressings are compared with more traditional dressings.

### How the intervention might work

Animal experiments conducted over 40 years ago suggested that acute wounds heal more quickly when their surface is kept moist, rather than left to dry and scab (Winter 1963). A moist environment is thought to provide optimal conditions for the cells involved in the healing process, as well as allowing autolytic debridement (disposal of dead cells by the body), which is thought to be an important part of the healing pathway (Cardinal 2009). The desire to maintain a moist wound environment is a key driver for the use of wound dressings. Different wound dressings vary in their levels of absorbency, so a very wet wound can be treated with an absorbent dressing (such as an alginate dressing) that draws excess moisture away from the wound in order to avoid skin damage, whilst a drier wound can be treated with a more occlusive dressing to maintain a moist environment.

### Why it is important to do this overview

Foot ulcers in people with DM are a prevalent and serious global issue. Treatment with dressings forms a key part of the treatment pathway when caring for such ulcers: there are many types of dressings that can be used, and these vary considerably in cost. Given the number of dressing types available, we considered the potential volume of data available to be too great for a single Cochrane review of dressings for foot ulcers in people with DM, although such reviews have previously been published. An early UK Health Technology Assessment review of different strategies to prevent and treat diabetic foot ulcers included 39 clinical trials of which six randomised controlled trials (RCTs) evaluated dressings for the treatment of foot ulceration in people with DM (O'Meara 2000). The review did not find any evidence to suggest that one dressing type was more, or less, effective in terms of treating diabetic foot ulcers. The methodological quality of trials was poor and all were small. Only one comparison was repeated in more than one trial. Another systematic review, also out of date (Mason 1999), reported similar findings. More recently a systematic review was published on the effectiveness of interventions to enhance the healing of chronic ulcers of the foot (search date December 2006; Hinchliffe 2008a). This included only eight trials that looked at dressings (as well as further non-randomised studies), and, again, did not identify any evidence that one dressing type was superior to another in terms of promoting ulcer healing. It is important

to note that the review was very broad in its outlook, looking at other non-dressing interventions, and that since its publication more than six years' worth of new literature has become available. There are several Cochrane reviews that examine the effects of different dressing types on the healing of foot ulcers in people with DM, either as a single condition (Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d; Edwards 2010), or as part of a wider review of the effectiveness of a dressing (Storm-Versloot 2010). However, there is a need to draw together all existing review evidence regarding the effectiveness of dressings for the treatment of this condition and to present these data to decision makers.

Current guidelines for the treatment of foot ulcers in people with DM maintain that clinical judgement should be used to select a moist wound dressing (e.g. Steed 2006). More recent National Institute of Clinical and Health Excellence (NICE) guidelines for inpatient management of diabetic foot problems concluded that, given there was no evidence that one dressing type was better than another in terms of healing these wounds, dressing choice "should take into account specialist expertise, clinical experience, clinical assessment of the wound, clinical circumstances, site of the ulcer, and patient preference, and should use the approach with the lowest acquisition cost" (NICE 2013).

## OBJECTIVES

To summarize data from systematic reviews that contain randomised controlled trial evidence on the effectiveness of dressings to heal foot ulcers in people with diabetes mellitus (DM).

## METHODS

The conduct of this overview has been guided by the recommendations of *The Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011), including the recommendations for conducting overviews of reviews (Becker 2011).

### Criteria for considering reviews for inclusion

#### Types of studies

We included:

1. Cochrane systematic reviews of RCTs of any dressing type (as defined in types of interventions section) in the treatment of foot ulcers in people with DM.\*

2. Non-Cochrane systematic reviews of RCTs of any dressing type in the treatment of foot ulcers in people with DM.

However, to be included a non-Cochrane systematic review had

to be deemed to have employed a systematic approach including a comprehensive and detailed search strategy, have included only RCTs, have clear and relevant study selection criteria, and have assessed methodological features of the included studies and reported a synthesis of evidence (narrative only or narrative combined with statistical pooling).\*

3. Mixed treatment comparison meta-analyses. Mixed treatment comparison meta-analyses were only eligible for inclusion in this overview when undertaken as part of/as a result of a systematic review including RCTs.\*

*\*If reviews included other studies as well as RCTs (e.g. controlled clinical trials) they were investigated to see whether RCTs were presented separately within the analysis (for example as a sensitivity analysis). If so, these RCT data were included; if not, the review was excluded. If reviews had a wider participant inclusion criterion than foot ulcers (e.g. post-operative foot wounds resulting from amputation), the presentation of included studies was investigated and a decision made regarding inclusion of the review. They were only included if data on foot ulcers were presented separately. Primary RCTs published since the included reviews but not yet included in them were excluded, in line with Cochrane guidance.*

#### Types of participants

People of any age with either type 1 or type 2 DM who have a foot ulcer.

#### Types of interventions

We included dressing treatments, classified according to the BNF classification (BNF 2014), into four broad sub-groups (Table 1). However, this list is not exhaustive, and, given the international perspective of this overview, we plan to include reviews of dressings that may not fall into the subgroups specified by the BNF. However, dressings that contain living cells (skin-substitute dressings) were not included in this review as we consider these to be a separate class of treatment. Additionally, we excluded evaluations of topical applications. If a review focused on an intervention type that can be applied as a dressing, or a topical application (i.e. silver), we only considered sections of the review that fulfilled our inclusion criteria. We only considered dressings compared with a different dressing or no dressing, we did not include comparisons of dressings with adjunct therapies (e.g. hyperbaric oxygen, negative pressure wound therapy, etc).

#### Types of outcomes

##### Primary outcomes

##### Complete wound healing



Trialists measure and report wound healing in many different ways that include: time to complete wound healing, the proportion of wounds healed during follow-up, and rates of change of wound size. For this review we regarded reviews that reported one or more of the two outcomes listed below as providing the best measures of outcome in terms of relevance and rigour.

1. Time to wound healing within a specific time period correctly analysed using survival, time-to-event, approaches - ideally with adjustment for relevant co-variables such as baseline size. We assumed that the period of time in which healing could occur was the duration of the trial, unless otherwise stated.

2. Number of wounds completely healed during follow-up (frequency of complete healing), with healing being defined by the study authors.

### Secondary outcomes

We extracted and reported only useful summary data, as defined below, for secondary outcomes.

1. Participant health-related quality of life/health status (measured using a standardised generic questionnaire such as EQ-5D, SF-36, SF-12 or SF-6 (Dolan 1995; Ware 2001), or wound-specific questionnaires such as the Cardiff wound impact schedule (Price 2004), at noted time points. We did not include ad hoc measures of quality of life that were likely not to be validated, and not common to multiple trials.

2. Adverse events where a clear methodology for the collection of adverse event data had been provided. We summarized adverse event data only when it was clear that the participant (or wound) was the denominator. That is, data were presented so that the number of events per participant are known (or an overview of this, e.g. number of participants with one or more event). Conversely, where the potential for multiple count data per participant could not be assessed, we did not consider data further. Finally, we noted the method of data collection, and commented on the potential risk of measurement and performance bias.

3. Resource use (including measurements of resource use such as number of dressing changes, nurse visits, length of hospital stay and re-operation/intervention).

4. Dressing performance such as exudate management or patient comfort on dressing removal.

### Search methods for identification of reviews

For this overview we searched the following electronic databases to identify both Cochrane and non-Cochrane systematic reviews and reports of mixed treatment comparisons.

1. The Cochrane Central Register of Controlled Trials (CENTRAL; *The Cochrane Library* 2015, Issue 4);

2. Database of Abstracts of Reviews of Effects (DARE; *The Cochrane Library* 2015, Issue 1);

3. Ovid MEDLINE (1950 to 14 April 2015);

4. Ovid MEDLINE (In-Process & Other Non-Indexed Citations, 14 April 2015);

5. Ovid EMBASE (1980 to 14 April 2015);

We used the following search strategy to identify Cochrane and non-Cochrane systematic reviews in *The Cochrane Library* (which includes DARE - a repository of structured, critical summaries of published systematic reviews):

#1 MeSH descriptor: [Occlusive Dressings] explode all trees

#2 MeSH descriptor: [Bandages, Hydrocolloid] explode all trees

#3 MeSH descriptor: [Biological Dressings] explode all trees

#4 MeSH descriptor: [Alginates] explode all trees

#5 MeSH descriptor: [Hydrogels] explode all trees

#6 MeSH descriptor: [Silver] explode all trees

#7 MeSH descriptor: [Silver Sulfadiazine] explode all trees

#8 MeSH descriptor: [Honey] explode all trees

#9 (dressing\* or hydrocolloid\* or alginate\* or hydrogel\* or "foam" or "bead" or "film" or "films" or tulle or gauze or non-adherent or "non adherent" or silver or honey or matrix):ti,ab,kw

#10 {or #1-#9}

#11 MeSH descriptor: [Foot Ulcer] explode all trees

#12 MeSH descriptor: [Diabetic Foot] explode all trees

#13 (diabet\* near/3 ulcer\*):ti,ab,kw

#14 (diabet\* near/3 (foot or feet)):ti,ab,kw

#15 (diabet\* near/3 wound\*):ti,ab,kw

#16 (diabet\* near/3 amputat\*):ti,ab,kw

#17 {or #11-#16}

#18 #10 and #17

We also used the search strategy designed by the Centre for Reviews and Dissemination, York, UK to identify the systematic reviews summarised in DARE. This strategy is shown in [Appendix 2](#) and was used to identify non-Cochrane systematic reviews in Ovid MEDLINE, particularly those systematic reviews not yet indexed on DARE. We have also developed a provisional search strategy intended to identify reports of mixed treatment comparison meta-analysis in Ovid MEDLINE ([Appendix 3](#)). Both Ovid MEDLINE search strategies were also adapted for Ovid EMBASE.

We handsearched the Cochrane Wounds Group list of reviews via the Cochrane Database of Systematic Reviews to ensure that all relevant reviews had been identified. During the conduct of this overview it was possible that the Cochrane Reviews included might be updated. For this reason we conducted this search several times during the review process to ensure that the most up-to-date versions of each review were included. We contacted relevant review authors for information, where necessary.

We did not restrict searches by language, date of publication or study setting.

### Data collection and analysis

## Selection of reviews

Two overview authors screened review titles and abstracts to identify potentially relevant inclusions. The same two overview authors screened the full text of all potentially relevant sources for inclusion in the overview. Any disagreements were resolved through discussion with a third overview author.

## Data extraction and management

We extracted data into a pre-defined and piloted data extraction form to ensure consistent data capture from each review. Data were extracted by one overview author and independently checked by a second, with a third acting as arbitrator where required. For each included review we extracted the following data:

1. study identification, authors' details;
2. review objectives;
3. search strategies, including search dates;
4. study inclusion and exclusion criteria;
5. included settings;
6. included populations;
7. all relevant comparisons;
8. the number of relevant included RCTs;
9. outcomes reported and details of reported outcome values;
10. method and results of risk of bias/quality assessment.

Where a comparison was included in more than one review, its details were recorded multiple times; as it was relevant to each review in which it is contained. If any information from a review was unclear or missing, we accessed the published reports of the individual trials. We did not contact trial authors for details of missing data, but rather assumed that reviewers had done all they could to retrieve the data. We entered data into Review Manager 5.3 software (RevMan 2014).

## Assessment of methodological quality of included reviews

As discussed in the Cochrane Handbook, two overview authors independently assessed the methodological quality of included reviews using the 'assessment of multiple systematic reviews' (AMSTAR) instrument (Shea 2007), which is composed of the following 11 criteria:

1. Was an a priori design provided?
2. Was there duplicate study selection and data extraction?
3. Was a comprehensive literature search performed?
4. Was the status of publication (i.e. grey literature) used as an inclusion criterion?
5. Was a list of studies (included and excluded) provided?
6. Were the characteristics of the included studies provided?
7. Was the scientific quality of the included studies assessed and documented?
8. Was the scientific quality of the included studies used appropriately in formulating conclusions?

9. Were the methods used to combine the findings of studies appropriate?

10. Was the likelihood of publication bias assessed?

11. Was the conflict of interest stated?

The response to each criterion can be 'yes' (clearly done), in which case the criterion will be given a score of 1; 'no' (clearly not done); 'can't answer', or 'not applicable', based on the published review report. We rated a review with an AMSTAR score of 8 to 11 as one of high quality; a score of 4 to 7 as medium quality, and a score of 3 or less as low quality (Shea 2007). Disagreements between overview authors were discussed and resolved through consensus.

## Quality of evidence in included reviews

We also report a summary of the Cochrane risk of bias assessment carried out for each trial in the most recent included review; this is given in the tables for each assessed comparison.

We had planned that two overview authors would use the GRADE approach to assess the quality of the most complete direct evidence for any pooled complete healing data (Atkins 2004). However, we did not undertake this process - instead we used the GRADE assessment reported in one of the included reviews (Dumville 2012). The included review was conducted by one of the overview authors and checked independently by another author on that review. The GRADE approach specifies four levels of quality for RCTs:

1. high quality for randomised trials;
2. moderate quality for downgraded randomised trials;
3. low quality for double-downgraded randomised trials;
4. very low quality for triple-downgraded randomised trials.

We also reported the results of an ad hoc quality assessment undertaken by study authors for quality assessment of network meta-analysis estimates (Dumville 2012). This involved adapting the GRADE approach to allow the appraisal of mixed treatment comparison (MTC) estimates. Specific adaptations involved assessment of unexplained heterogeneity and inconsistency between direct and indirect evidence as one category of information. The modified approach also assessed the impact of sensitivity analysis on the estimate of effect. Relevant limitations in design and publication bias were applied to the estimates that particular direct links had contributed to.

## Data synthesis

There are a number of different dressings for the treatment of foot ulcers in people with DM. To maximise value to the reader at this stage we presented a summary of current evidence for all available comparisons, taking account of any instances of overlap of evidence between reviews. Firstly each unique direct comparison for which relative treatment effect data are available is reported (e.g. gauze versus foam; foam versus alginate, etc) with any relevant indirect comparison data also summarised - by outcome, where re-

quired. Subsequently, where availability of mixed treatment comparison meta-analysis data resulted in comparisons informed only by indirect data, we have summarised these briefly. We considered the totality of evidence for each comparison, and reported summary of effect estimates as a narrative review. Thus, within each comparison, review data are presented in the following order:

1. direct pairwise analyses by source;
2. direct and indirect estimates;
3. indirect data only.

Where applicable, we aimed to convert relevant summaries to the risk ratio (RR) or hazard ratio (HR), although we were limited by the statistical information available in each included review. We did not plan or undertake re-analysis of data beyond conversions to RR or HR.

In terms of presenting data, each individual included review, or mixed treatment comparison meta-analysis, has been summarised

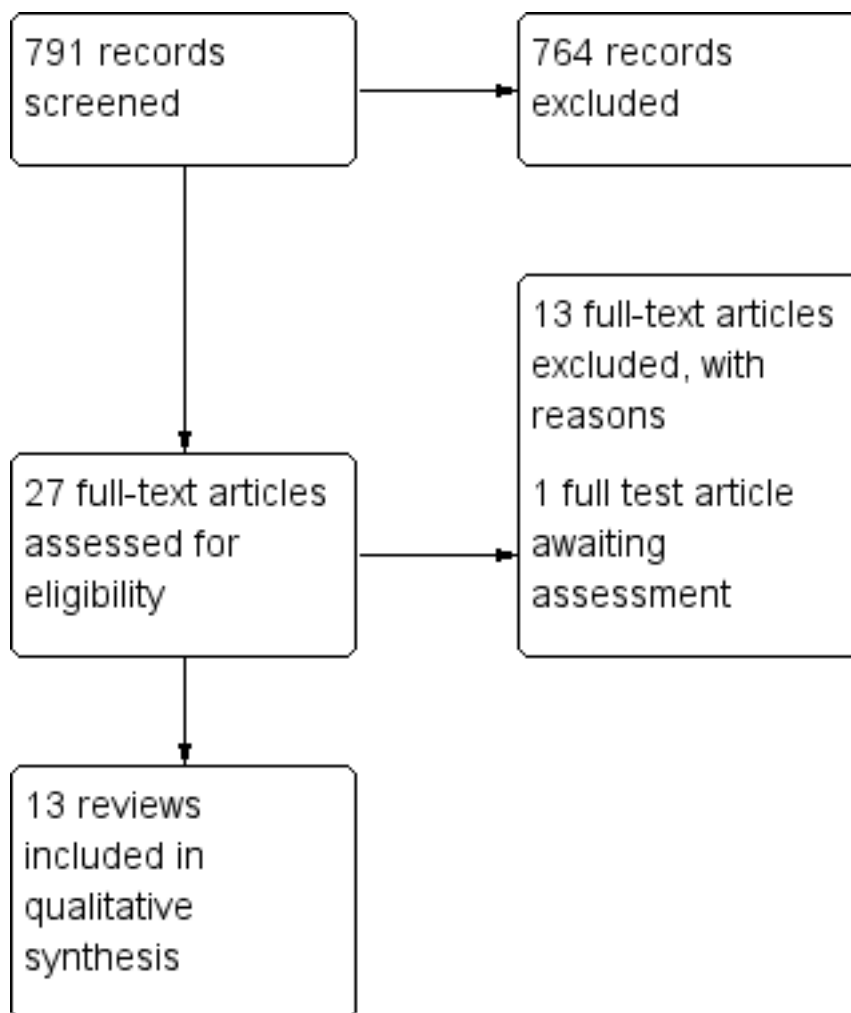
using a Characteristics of included reviews table. We then present a summary overview of outcome data (by comparison) across reviews. We anticipated using forest plots and 'Summary of findings' tables to help present data; however, due to sparseness of data, we have presented only the latter.

## RESULTS

### Description of included reviews

See [Figure 1](#), for a summary of the review process. A summary of results in tabular format can be found at the end of the results section.

**Figure 1. Study flow diagram.**



## Cochrane systematic reviews

Following screening we identified eight potentially relevant Cochrane systematic reviews. Six of these were identified as meeting the inclusion criteria for this review (Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d; Edwards 2010; Storm-Versloot 2010). We excluded the remaining two reviews as they did not contain any relevant included studies (Bergin 2006; Jull 2013). Of the six Cochrane reviews we included, five were focused specifically on foot ulcers in people with diabetes (Dumville 2013c; Dumville 2013a; Dumville 2013b; Dumville 2013d; Edwards 2010), and one focused more broadly on chronic wounds (Storm-Versloot 2010). Four of the included Cochrane reviews investigated dressings specifically (Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d), and two investigated a wider group of interventions which included dressings. (Edwards 2010; Storm-Versloot 2010).

## Non-Cochrane systematic reviews

Following screening we identified 19 potentially eligible non-Cochrane reviews that we obtained as full text. Following further screening, we included seven of these reviews (Dumville 2012; Game 2012; Hinchliffe 2008b; Mason 1999a; Nelson 2006; O'Meara 2000; Voigt 2012), including one mixed treatment comparison meta-analysis (all findings were produced from a fixed-effect model; Dumville 2012). The remaining 11 reviews were excluded as they were not considered either to be systematic reviews or to be eligible for this overview (Ashton 2004; Bradley 1999; Braun 2014; Brimson 2013; Eddy 2008; Greer 2013; Heyer 2013; Holmes 2013; Jones 2009; Vandamme 2013; Wang 2005); one review is awaiting assessment as we are currently trying to obtain information about the included studies (Tian 2014).

## Summary of included studies

We included a total of 13 reviews in this overview (see Table 2 for a summary of included reviews). None of the included reviews specified particular healthcare settings in their inclusion criteria, but three reviews explicitly noted that studies from any healthcare settings were included (Dumville 2012; Nelson 2006; Storm-Versloot 2010). The methods used for assessing the quality or risk of bias of individual trials also varied between reviews. All Cochrane reviews followed the approach to risk of bias assessment that was in use at the time of the review. The approaches in the non-Cochrane reviews varied (see Table 2).

The included reviews provided direct evidence for 11 comparisons of dressings (listed below) to treat foot ulcers in people with dia-

betes. Since we included a mixed treatment comparison the majority of these comparisons were also informed by direct and indirect data. We present both direct only and mixed direct and indirect data where possible.

*Note: one comparison (comparison 4 marked \*) was informed by direct evidence only: all other comparisons were also informed by a combination of direct and indirect evidence as they were included in the mixed treatment comparison analysis (Dumville 2012).*

1. Basic wound contact dressing compared with alginate dressing.
2. Basic wound contact dressing compared with hydrogel.
3. Basic wound contact dressing compared with hydrofibre dressing.
4. Basic wound contact dressing compared with Hyalofill\*.
5. Basic wound contact dressing compared with iodine dressing.
6. Basic wound contact dressing compared with foam dressing.
7. Basic wound contact dressing compared with a protease-modulating matrix dressing.
8. Foam dressings compared with alginate dressing.
9. Foam dressing compared with hydrocolloid (matrix).
10. Iodine-impregnated dressing compared with hydrofibre dressing.
11. Alginate compared with silver-hydrofibre/dressing.

We also summarize details on a total of 26 comparisons informed by indirect evidence only.

## Comparisons informed by indirect evidence only

1. Basic wound contact dressing compared with silver-hydrofibre dressing.
2. Basic wound contact dressing compared with matrix-hydrocolloid dressing.
3. Alginate dressing compared with hydrofibre dressing.
4. Alginate dressing compared with an iodine-impregnated dressing.
5. Alginate dressing compared with hydrogel.
6. Alginate dressing compared with protease-modulating matrix dressing.
7. Alginate dressing compared with matrix-hydrocolloid dressing.
8. Foam dressing compared with hydrofibre dressing.
9. Foam dressing compared with iodine-impregnated dressing.
10. Foam dressing compared with hydrogel.
11. Foam dressing compared with a protease-modulating matrix dressing.

12. Foam dressing compared with silver-hydrofibre dressing.
13. Hydrofibre dressing compared with hydrogel.
14. Hydrofibre dressing compared with a protease-modulating matrix dressing.
15. Hydrofibre dressing compared with silver-hydrofibre dressing.
16. Hydrofibre dressing compared with matrix-hydrocolloid dressing.
17. Iodine-impregnated dressing compared with hydrogel.
18. Iodine-impregnated dressing compared with a protease-modulating matrix dressing.
19. Iodine-impregnated dressing compared with silver-hydrofibre dressing.
20. Iodine-impregnated dressing compared with matrix-

- hydrocolloid dressing.
21. Hydrogel compared with a protease-modulating matrix dressing.
22. Hydrogel compared with silver-hydrofibre dressing.
23. Hydrogel compared with matrix-hydrocolloid dressing.
24. Protease-modulating matrix dressing compared with silver-hydrofibre dressing.
25. Protease-modulating matrix dressing compared with matrix-hydrocolloid dressing.
26. Silver-hydrofibre dressing compared with matrix-hydrocolloid dressing.

An overview of comparisons in tabular format: Numbered comparisons refer to analyses based on direct comparison data alone or direct plus indirect data.

	<b>Basic dressing</b>	<b>Alginate</b>	<b>Hydrogel</b>	<b>Hydrofibre</b>	<b>Iodine-impregnated</b>	<b>Foam</b>	<b>Protease-modulating matrix</b>	<b>Matrix-hydrocolloid</b>	<b>Silver-hydrofibre</b>
<b>Basic dressing</b>									
<b>Alginate</b>	Comparison 1								
<b>Hydrogel</b>	Comparison 2	Indirect only							
<b>Hydrofibre</b>	Comparison 3	Indirect only	Indirect only						
<b>Hyalofill</b>	Comparison 4								
<b>Iodine-impregnated</b>	Comparison 5	Indirect only	Indirect only	Comparison 10					
<b>Foam</b>	Comparison 6	Comparison 8	Indirect only	Indirect only	Indirect only				
<b>Protease-modulating matrix</b>	Comparison 7	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only			
<b>Matrix-hydrocolloid</b>	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only	Comparison 9	Indirect only		

(Continued)

<b>Silver-hydrofibre</b>	Indirect only	Comparison 11	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only	
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### Methodological quality of included reviews

We assessed the methodological quality of systematic reviews by using the measurement tool AMSTAR; ratings for each systematic review are presented in [Table 3](#) for Cochrane reviews, and [Table 4](#) for non-Cochrane reviews. Assessment was undertaken by team members who were not authors on any included review. All the Cochrane reviews received high AMSTAR scores (ranged from 9 to 11), this could be as a result of following a generic protocol specifying methods; while the non-Cochrane reviews also scored in the medium to high range (from 7 to 10).

### Effect of interventions

We present data for the 11 comparisons informed by direct evidence from all reviews that included this comparison. In this way we highlight overlap of evidence between reviews and also highlight any differences in how data were reported between them. The majority of the comparisons that were informed by direct data evaluated complete wound healing as the primary outcome.

**When reporting the evidence for each comparison, we have**

### summarised the most complete and up-to-date data available.

We present data using the RR if available, if the RR was not presented and could not be calculated we then present odds ratio (OR) estimates or the alternative measures available. We report 95% confidence intervals (CI) where reported. One included study reported 95% credible intervals (CrI), which we in turn report here; these are the Bayesian equivalent of CIs.

It is important to note that the reviews by Dumville et al have very consistent review protocols ([Dumville 2013a](#); [Dumville 2013b](#); [Dumville 2013c](#); [Dumville 2013d](#); [Dumville 2012](#)). For the outcome number of ulcers/participants healed, these reviews treated participants missing from the analyses as not having had a healed wound. That is, the reviews made an assumption about missing data such that the missing participants were included in the denominator but not the numerator. Other reviews have conducted analysis with complete case data. Discrepancies in effect estimates may have resulted from these differences, and these have been flagged in the tables of extracted data that accompany each comparison below.

### Comparison 1: basic wound contact dressing compared with alginate dressing

All extracted data reported in [Table 5](#)

Review ID	Cochrane review?	AMSTAR Score	Included studies relevant to this comparison		
			<a href="#">Donaghue 1998</a> ; n = 75 8-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>unclear</b> Risk of attrition bias: <b>low</b>	<a href="#">Lalau 2002</a> ; n = 77 6-week follow-up Complete wound healing data reported? <b>No</b> Risk of selection bias: unclear Risk of detection bias: <b>low</b> Risk of attrition bias: <b>high</b>	<a href="#">Ahroni 1993</a> ; n = 39 4-week follow-up (unclear if longer) Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>high</b> Risk of attrition bias: <b>low</b>
<a href="#">Dumville 2013a</a>	Yes	10	✓	✓	✓
<a href="#">Dumville 2012</a>	No	9	✓	×	✓

(Continued)

Hinchliffe 2008b	No	7	✓	✓	×
O'Meara 2000	No	9	✓	×	×
Mason 1999a	No	7	✓	×	✓

### Direct data: complete wound healing

Two reviews (Dumville 2013a; Dumville 2012) pooled complete wound healing data from two studies (Donaghue 1998; Ahroni 1993; n = 114) that reported number of wounds healed over their six- and four-week follow-up times. In total 51% (36/70) of ulcers in the alginate group healed and 53% (23/44) of ulcers in the basic wound contact dressing group healed: RR 1.09, 95% CI 0.66 to 1.80 (fixed-effect model; I<sup>2</sup> 27%). *The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).*

### Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison there was no evidence of a difference in the number of ulcers healed in the alginate group compared with the basic wound contact dressing group: OR 1.29, 95% CrI 0.57 to 2.51 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of moderate quality.*

### Direct data: secondary outcomes

Limited secondary outcomes were reported: Dumville 2013a noted that the Donaghue 1998 study reported six trial participants with adverse events, but it was not clear to which groups these participants belonged, and the adverse events were not described. The same review noted that Ahroni 1993 reported two amputations in each trial group along with six additional adverse events for the alginate-dressed group and four in the basic wound contact dressing group.

### Summary of findings: alginate dressing versus basic wound contact dressing

Data from two studies (pooled in two reviews) consistently suggest there is no evidence of a difference in ulcer healing between alginate and basic wound contact dressings. There was imprecision in estimates so that a difference favouring either alginate dressings or basic wound contact dressings cannot be ruled out. There are limited data available on other outcomes for this comparison.

### Comparison 2: basic wound contact dressing compared with hydrogel

All extracted data reported in Table 6

Review ID	Cochrane review?	AMSTAR Score	Included studies relevant to this comparison		
			D'Hemecourt 1998; n = 138 20-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>unclear</b> Risk of attrition bias: <b>low</b>	Jensen 1998: n= 31 16-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>unclear</b> Risk of attrition bias: <b>unclear</b>	Vandeputte 1997: n = 29 12-week Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>unclear</b> Risk of attrition bias: <b>unclear</b>
Dumville 2013d	Yes	10	✓	✓	✓

(Continued)

Dumville 2012	No	9	✓	✓	✓
Edwards 2010	Yes	9	✓	✓	✓
Hinchliffe 2008b	No	7	×	✓	×
Nelson 2006	No	7	×	×	✓

### Direct data: complete wound healing

Three reviews (Dumville 2013d; Dumville 2012; Edwards 2010) pooled data from the same three studies (198 participants), which had follow-up times of 20, 16 and 12 weeks. Overall 85% (50/99) of ulcers in the hydrogel group healed (the Edwards 2010 review reported 51/99 for this group) and 28% (28/99) of ulcers in the basic wound contact group healed: RR 1.80, 95% CI 1.27 to 2.56 (fixed-effect model; I<sup>2</sup> 0%) reported for Dumville 2013d, and RR 1.84, 95% CI 1.30 to 2.61 (fixed-effect model; I<sup>2</sup> 0%) reported by Edwards 2010. This suggests some evidence of an increase in the number of wounds healed in the hydrogel-treated group, however the *direct estimate was classed as being of low quality using the GRADE assessment* (Dumville 2012).

### Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison there was evidence of an increase in the number of ulcers healed in the hydrogel group compared with the basic wound contact dressing group: OR 3.10, 95% CrI 1.51 to 5.50 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of very low quality*.

### Direct data: secondary outcomes

Dumville 2013d and Edwards 2010 summarised available data

on adverse events, pain and infection from the three relevant trials. The Dumville 2013d review did not pool data, citing lack of methodological information on data collection methods for these outcomes. Edwards 2010 reported a total of 22 complications/events in the hydrogel groups, compared with 36 events in the comparison groups. These review authors pooled these trials suggesting evidence of an increase in adverse events/complications in the basic wound contact dressing group: RR 0.60, 95% CI 0.38 to 0.95 (fixed-effect model; I<sup>2</sup> 31%). When a random-effects model was applied, however, there was no longer evidence of a difference between groups: RR 0.56, 95% CI 0.25 to 1.25.

### Summary of findings: hydrogel dressing versus basic wound contact dressing

Three recent reviews drew on the same three studies and reported evidence of an increase in the number of wounds that healed when treated with hydrogel compared with basic wound contact dressings, although this is judged as being low quality evidence. Heterogeneity in the data for adverse events means that the impact of hydrogel on these is unclear. The overall impact of hydrogel on ulcers is uncertain due to the low quality of the evidence.

### Comparison 3: basic wound contact dressing compared with hydrofibre dressing

All extracted data reported in Table 7

Review ID	Cochrane review?	AMSTAR Score	Included studies relevant to this comparison	
			Piaggese 2001; n = 20 Max 350 days follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>unclear</b> Risk of attrition bias: <b>low</b>	Jeffcoate 2009; n = 209 24-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>low</b> Risk of detection bias: <b>low</b> Risk of attrition bias: <b>unclear</b>



(Continued)

Dumville 2013b	Yes	10	✓	✓
Dumville 2012	No	9	✓	✓
Game 2012	No	7	×	✓
Hinchliffe 2008b	No	7	✓	×

#### Direct data: complete wound healing

Two reviews pooled data from two RCTs (n = 229) with 24-week and 350-day follow-up respectively (Dumville 2013b; Dumville 2012). There was no evidence of a difference in the number of ulcers healed between the hydrofibre and the basic wound contact dressing treated groups with 49% (55/113) of ulcers in the hydrofibre group healed and 44% (51/116) of ulcers in the basic wound contact group healed: RR 1.01, 95% CI:0.74 to 1.38 (random-effects model; I<sup>2</sup> 54%: Dumville 2013b; Dumville 2012). *The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).*

#### Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison, again there was no evidence of a difference in the number of ulcers healed in the hydrofibre group compared with the basic wound contact group: OR 1.28, 95% CrI 0.71 to 2.13 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of moderate quality.*

#### Direct data: secondary outcomes

Two reviews, Dumville 2013b and Game 2012, reported cost data from one study, Jeffcoate 2009, that suggested that the basic wound contact dressing was considered to be a more cost-effective treatment than the hydrofibre dressing with the difference largely driven by the higher dressing costs in the hydrofibre group. Dumville 2013b reported data on the number of serious and non serious adverse events, summarising no evidence of a difference

in these, nor in measures of health-related quality of life, between the two groups. Game 2012 reported the number of secondary infections for the Jeffcoate 2009 study's three arms (also see comparison 5 and 10) alongside an overall P value of < 0.001 for the three-way comparison (but did not specify which dressing(s) were superior). Further information was not presented on these data, but the review concluded, in contrast to the data presented, that there was no evidence of a difference in the incidence of secondary infection. Returning to the original study, Jeffcoate 2009, we confirmed that this is what the trial also concluded after a full analysis of the data, including the numbers of withdrawals and adjustment for the number of dressing changes.

#### Summary of findings: hydrofibre dressing versus basic wound contact dressing

Two recent reviews including data from two studies reported no evidence of a difference in the number of ulcers healed in hydrofibre and basic wound contact groups. The 95% CIs were wide and did not rule out an effect in either direction. Both reviews also reported the finding from one included study that basic wound contact dressings were a more cost-effective treatment than hydrofibre dressing. One review reported no evidence of a difference in the number of serious and non serious events between groups, and one review reported no evidence of a difference in the number of secondary infections between hydrofibre and basic wound contact treated wounds.

#### Comparison 4: basic wound contact dressing compared with Hyalofill® dressing

All extracted data reported in Table 8

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Edmonds 2000; n = 30 12-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>not clear from review</b> Risk of detection bias: <b>not clear from review</b> Risk of attrition bias: <b>not clear from review</b>
Voigt 2012	No	10	✓

#### Direct data: complete wound healing

One review, Voigt 2012, reported data from one small study (30 participants) with a 12-week follow-up. There was evidence that more ulcers healed when allocated to Hyalofill® (a hyaluronic fibrous dressing) 67% (10/15) than to a basic wound contact dressing 20% (3/15); RR: 0.26, 95% CI 0.12 to 0.53. The risk of bias for this study was not clearly reported in the review. We examined the primary study, Edmonds 2000, but were unable to source the data that were reported in the review.

#### Summary of findings: basic wound contact dressing versus Hyalofill®

One review included a single study and reported that more ulcers healed when treated with a Hyalofill® dressing compared with a basic wound contact dressing. Presentation of risk of bias/study quality was not included in the review and the original data could not be located in the referenced primary source. The estimate was also based on a single small trial, meaning that the difference reported could have occurred as a result of chance.

#### Direct and indirect data: complete wound healing

Not available from Dumville 2012.

#### Comparison 5: basic wound contact dressing compared with iodine-impregnated dressing

All extracted data reported in Table 9

#### Direct data: secondary outcomes

No relevant secondary outcomes from this trial were reported in this review.

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Jeffcoate 2009; n = 214 24-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>low risk</b> Risk of detection bias: <b>low risk</b> Risk of attrition bias: <b>unclear risk</b>
Dumville 2012	No	9	✓
Game 2012	No	7	✓

#### Direct data: complete wound healing

Two systematic reviews, Dumville 2012 and Game 2012, included data from one study (214 participants) that compared a basic

wound contact dressing with an iodine-impregnated dressing. The same trial data were reported in these two reviews. There was no evidence of difference in complete wound healing between the

iodine-impregnated dressing group 44% (48/108) and the basic wound contact dressing group 39% (41/106). Summary data were available from only [Dumville 2012](#), which reported OR: 1.27, 95% CrI: 0.74 to 2.19: *the direct estimate was classed as being of moderate quality using the GRADE assessment* ([Dumville 2012](#)).

#### Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison, again there was no evidence of a difference in the number of ulcers healed in the iodine-impregnated group compared with the basic wound contact dressing group: OR 1.28, 95% CrI 0.71 to 2.13 ([Dumville 2012](#)). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of moderate quality*.

#### Direct data: secondary outcomes

Only [Game 2012](#) reported secondary outcomes from the included study. [Game 2012](#) reported the number of secondary infections for the [Jeffcoate 2009](#) study's three arms (also see comparisons 3 and

10) alongside a single P value of < 0.001. Further information was not presented on these data, but the review concluded, in contrast to the data presented, that there was no evidence of a difference in the incidence of secondary infection. Returning to the original study, [Jeffcoate 2009](#), we confirmed that this was what the trial also concluded after in-depth analyses.

#### Summary of findings: basic wound contact dressing versus iodine dressing

Two reviews summarised data from a single trial. Moderate quality data suggest no evidence of a difference in the number of ulcers healed between the basic wound contact dressing and the iodine-impregnated dressing groups. However, the estimates are uncertain and the comparison potentially underpowered. There was no evidence of a difference in the number of adverse events, including secondary infections, between groups.

#### Comparison 6: basic wound contact dressing compared with foam dressing

All extracted data reported in [Table 10](#)

Review ID	Cochrane review?	AMSTAR Score	Included studies		
			<a href="#">Blackman 1994</a> ; n = 18 Follow-up: until healing or 6 months (some reviews only extract 2-month healing data due to treatment cross-over following this point) Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>unclear risk</b>	<a href="#">Mazzone 1993</a> ; n = 19 8-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>unclear risk</b>	<a href="#">Roberts 2001</a> ; n = 30 13-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>unclear risk</b>
<a href="#">Dumville 2013c</a>	Yes	10	✓	✓	✓
<a href="#">Dumville 2012</a>	No	9	✓	✓	✓
<a href="#">Hinchliffe 2008b</a>	No	7	✓	×	×
<a href="#">O'Meara 2000</a>	No	9	✓	×	×

(Continued)

Mason 1999a	No	7	✓	×	×
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**Direct data: complete wound healing**

Two reviews, [Dumville 2013c](#) and [Dumville 2012](#), included data from three studies (67 participants) that had follow-up ranging from eight to 13 weeks. Three older reviews with data on this comparison included only one study. The authors of [Dumville 2013c](#) noted they were unclear whether two of the included studies, [Mazzone 1993](#) and [Blackman 1994](#), were reports of the same study, and presented pooled data for only two studies. There was no clear evidence of a difference in the number of ulcers healed with 52% (13/25) healed in the foam dressing group and 33% (8/24) healed in the basic wound contact dressing group: RR 2.03, 95% CI:0.91 to 4.55 (fixed-effect model; I<sup>2</sup> 0%). *The direct estimate was classed as being of low quality using the GRADE assessment (Dumville 2012).*

**Direct and indirect data: complete wound healing**

When direct and indirect data were considered for this comparison there was evidence of a greater number of ulcers healed in the foam dressing group compared with the basic wound contact dressing group: OR 4.32, 95% CrI 1.56 to 9.85 ([Dumville 2012](#)). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as*

*being of very low quality*

**Direct data: secondary outcomes**

Data on secondary outcomes were limited; there were no data on cost, health-related quality of life or adverse events available from the trial reports ([Dumville 2013c](#)).

**Summary of findings: basic wound contact dressing versus foam dressing**

Data from the two studies with direct comparisons showed no evidence of a difference in ulcer healing between foam dressing and basic wound contact dressing-treated groups. An estimate that included indirect as well as direct comparisons, and which was classed as being of very low quality found that more ulcers healed when treated with foam dressings than with basic wound contact dressings. There were limited data available on other outcomes. Data were very uncertain and were of low or very low quality.

**Comparison 7: basic wound contact dressing compared with protease-modulating matrix dressing**

All extracted data reported in [Table 11](#)

Review ID	Cochrane review?	AMSTAR Score	Included studies
			<a href="#">Veves 2002</a> ; n = 276 12-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>unclear</b> Risk of attrition bias: <b>Unclear</b>
Dumville 2012	No	9	✓

**Direct data: complete wound healing**

Data from one study for this comparison was included in one review we identified ([Dumville 2012](#)). There was no evidence of a difference in complete wound healing between protease-modulating matrix-treated and basic wound contact dressing treated participants with 37% (51/138) healed in the protease-treated group

and 28% (39/138) in the basic wound contact dressing group: OR 1.49, 95% CI 0.90 to 2.47. *The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).*

**Direct and indirect data: complete wound healing**

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Again, there was no evidence of a difference between the dressing groups: OR 1.54, 95% CrI 0.89 to 2.47. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of moderate quality*

#### Summary of findings: basic wound contact dressing versus protease-modulating matrix dressing

Data from one study reported no evidence of a difference in ulcer healing between protease-modulating matrix dressing- and basic wound contact dressing-treated groups. There were limited data available on other outcomes. Data were judged as being of moderate quality, however, estimates were uncertain with the 95% CI favouring both treatments.

#### Direct data: secondary outcomes

The review reported no data on secondary outcomes.

#### Comparison 8: foam dressings compared with alginate dressing

All extracted data reported in Table 12

Review ID	Cochrane review?	AMSTAR Score	Included studies	
			Baker 1993; n = 20,1 review presented data on 19 participants) 12-week follow-up or until ulcer healed Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>unclear risk</b>	Foster 1994; n = 30 8-week follow-up or until ulcer healed Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>unclear risk</b>
Dumville 2013c	Yes	10	✓	✓
Dumville 2013a	Yes	10	✓	✓
Dumville 2012	No	9	✓	✓
O'Meara 2000	No	9	✓	✓
Mason 1999a	No	7	×	✓

#### Direct data: complete wound healing

All five reviews reported no clear evidence of a difference in the number of ulcers healed in the foam dressing group compared with the alginate dressing group. Three reviews, Dumville 2013c, Dumville 2013a and Dumville 2012, pooled data from two studies (with a total of 50 participants although 1 review, O'Meara 2000, presented data on 49 not 50 participants) with 72% (18/25) of ulcers in the foam group healed and 56% (14/25) of ulcers in the alginate group healed: RR 1.50, 95% CI 0.92 to 2.44 (fixed-effect model; I<sup>2</sup> 45%). *The direct estimate was classed as being of low quality using the GRADE assessment (Dumville 2012).*

#### Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Here there was evidence of a difference between the dressing groups that favoured foam dressings: OR 3.61, 95% CrI 1.30 to 8.30. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of very low quality.*

#### Direct data: secondary outcomes

Dumville 2013a reported that one trial, Foster 1994, noted no adverse events for the foam group compared with four events for

the alginate group (severe pain: 1; plugging of plantar lesion blocking drainage: 3). No other relevant secondary outcomes were presented.

mate based on indirect as well as direct evidence found that more wounds healed with foam dressings than with alginate dressings. Estimates were very uncertain and imprecise.

#### Summary of findings: foam dressing versus alginate dressing

Overall data across four systematic reviews reported no clear evidence of a difference between these dressings, although an esti-

#### Comparison 9: foam dressing compared with matrix-hydrocolloid dressing

All extracted data reported in [Table 13](#)

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Clever 1995; n = 40 16-week follow-up maximum Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>high risk</b>
<a href="#">Dumville 2013c</a>	Yes	10	✓
<a href="#">Dumville 2013b</a>	Yes	10	✓
<a href="#">Dumville 2012</a>	No	9	✓
<a href="#">O'Meara 2000</a>	No	9	✓
<a href="#">Mason 1999a</a>	No	7	✓

#### Direct data: complete wound healing

Five reviews ([Dumville 2013c](#); [Dumville 2013b](#); [Dumville 2012](#); [O'Meara 2000](#); [Mason 1999a](#)) included the same data from one study for this comparison: (n = 40) with a 16-week follow-up. There was no evidence of a difference in the number of ulcers healed between the foam dressing 70% (14/20) and the matrix-hydrocolloid dressing 80% (16/20) treated groups: RR 0.88, 95% CI 0.61 to 1.26. *The direct estimate was classed as being of low quality using the GRADE assessment* ([Dumville 2012](#)).

#### Direct and indirect data: complete wound healing

[Dumville 2012](#) also reported the effectiveness estimate from the mixed treatment comparison. Again there was no evidence of a difference between the dressing groups: OR 2.40, 95% CrI 0.40 to 8.40. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs for this comparison: *this estimate was classed as being of very low quality*.

#### Direct data: secondary outcomes

Data on secondary outcomes were limited; [Dumville 2013b](#) reported five adverse events in the foam dressing group and one in the matrix-hydrocolloid dressing group. Details of adverse event data collection methods were limited. The mean number of dressing changes between clinical visits was similar for both groups.

#### Summary of findings foam dressing compared with matrix-hydrocolloid

Data across five systematic reviews consistently reported no evidence of a difference between these dressings. Estimates were very uncertain, as studies were small and underpowered.

#### Comparison 10: iodine-impregnated dressing compared with hydrofibre dressing

All extracted data reported in [Table 14](#)

Review ID	Cochrane review?	AMSTAR Score	Included studies
			<a href="#">Jeffcoate 2009</a> ; n = 211 24-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear</b> Risk of detection bias: <b>low risk</b> Risk of attrition bias: <b>low risk</b>
<a href="#">Dumville 2013b</a>	Yes	10	✓
<a href="#">Dumville 2012</a>	No	9	✓
<a href="#">Game 2012</a>	No	7	✓

#### Direct data: complete wound healing

Three reviews. [Dumville 2013b](#), [Dumville 2012](#) and [Game 2012](#), included data from one study (211 participants) with 24-week follow-up. Data from this study suggested no evidence of a difference in the number of ulcers healed in the iodine-impregnated dressing group 44% (48/108) compared with the hydrofibre dressing group 39% (46/103): RR 1.00, 95% CI 0.74 to 1.34. *The direct estimate was classed as being of moderate quality using the GRADE assessment* ([Dumville 2012](#)).

#### Direct and indirect data: complete wound healing

[Dumville 2012](#) also reported the effectiveness estimate from the mixed treatment comparison. There was again no evidence of a difference between the dressing groups: OR 1.05, 95% CrI 0.99 to 1.75. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison: *the estimate was classed as being of moderate quality*.

#### Direct data: secondary outcomes

Both reviews which assessed this ([Dumville 2013b](#), [Game 2012](#)) concluded that the costs of using fibrous-hydrocolloid and an iodine-impregnated dressing were similar, although there was wide imprecision around the estimates. There was no evidence of a difference in the number of adverse events, or health-related quality of life.

#### Summary of findings: iodine dressing versus hydrofibre dressing

Data from three reviews reporting one relevant included study for this comparison consistently reported no evidence of a difference between these dressings in terms of healing, adverse events, or quality of life.

#### Comparison 11: alginate compared with silver-hydrofibre dressing

All extracted data reported in [Table 15](#)

Review ID	Cochrane review?	AMSTAR Score	Included studies
			<a href="#">Jude 2007</a> ; n = 134 8-week follow-up Complete wound healing data reported? <b>Yes</b> Risk of selection bias: <b>unclear risk</b> Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>low risk</b>
<a href="#">Dumville 2013a</a>	No	10	✓

(Continued)

Dumville 2012	Yes	9	✓
Game 2012	No	7	✓
Storm-Versloot 2010	Yes	11	✓

#### Direct data: complete wound healing

Four systematic reviews included data from the same study, which had 134 participants and an eight-week follow-up. There was no evidence of a difference in the number of ulcers healed in the silver-hydrofibre group 31% (21/67) compared with the alginate dressing group 22% (15/67): RR 1.40, 95% CI 0.79 to 2.47. *The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).*

#### Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Again, there was no evidence of a difference between the dressing groups: OR 1.73, 95% CrI 0.73 to 3.53. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of moderate quality.*

#### Direct data: secondary outcomes

There did not appear to be any difference in the number of adverse events, time to healing or mean number of dressing changes during the study in the silver-hydrofibre-dressed group and the alginate-dressed group. There were more infections (type unclear) in the silver-hydrofibre group (14 versus 8).

#### Summary of findings: alginate versus silver-hydrofibre dressing

Data from four reviews reporting one relevant included study for this comparison consistently reported no evidence of a difference between these dressings. Estimates were very uncertain as the study was relatively small and underpowered.

#### Summary of all findings informed by direct data

	Complete wound healing <i>Direct data</i>	Complete wound healing <i>Direct and indirect data</i>	Secondary outcomes <i>Direct data</i>
<b>1. Basic wound contact dressing compared with alginate dressings</b>	Data from two trials (n = 114). Short term follow-up times (4 and 8 weeks) <b>No evidence of a difference in complete wound healing</b> RR 1.09, 95% CI 0.66 to 1.80 <i>Moderate quality evidence</i>	<b>No evidence of a difference in complete wound healing</b> OR 1.29, 95% CrI 0.57 to 2.51 <i>Moderate quality evidence</i>	Limited data available, no evidence in either direction presented
<b>2. Basic wound contact dressing compared with hydrogel dressings</b>	Data from three trials (n = 198). Short- and medium-term follow-up times (4, 16 and 20 weeks) <b>Evidence of a more complete wound healing with hydrogel</b> RR 1.80, 95% CI: 1.27 to 2.56 <i>Low quality evidence</i>	<b>Evidence of more complete wound healing with hydrogel</b> OR 3.10, 95% CrI 1.51 to 5.50 <i>Very low quality evidence</i>	One review pooled adverse event data, reporting no evidence of a difference in adverse events when a random-effects model was used. RR 0.56, 95% CI 0.25 to 1.25



(Continued)

<p><b>3. Basic wound contact dressing compared with hydrofibre dressing</b></p>	<p>Data from two trials (n = 229). Medium-term follow-up of 24 weeks/up to 350 days  <b>No evidence of a difference in complete wound healing</b>  RR 1.01, 95% CI: 0.74 to 1.38  <i>Moderate quality evidence</i></p>	<p><b>No evidence of a difference in complete wound healing</b>  OR 1.28, 95% CrI 0.71 to 2.13  <i>Moderate quality evidence</i></p>	<p>Some evidence that hydrofibre was not a cost-effective treatment. No evidence of a difference in secondary outcomes including adverse events</p>
<p><b>4. Basic wound contact dressing compared with Hyalofill® dressing</b></p>	<p>Data from one study (n = 30). Medium-term follow-up of 12 weeks  <b>Evidence of an increase in complete wound healing with Hyalofill®</b>  RR 0.26, 95% CI 0.12 to 0.53  <i>No further information available. Unable to locate data in cited source.</i></p>	<p>Not reported</p>	<p>Not reported</p>
<p><b>5. Basic wound contact dressing compared with iodine-impregnated dressing</b></p>	<p>Data from one trial (n = 214). Medium-term follow-up of 24 weeks  <b>No evidence of a difference in complete wound healing</b>  OR 1.27, 95% CrI 0.74 to 2.19  <i>Moderate quality evidence</i></p>	<p><b>No evidence of a difference in complete wound healing</b>  OR 1.28, 95% CrI 0.71 to 2.13  <i>Moderate quality evidence</i></p>	<p>No evidence of a different in secondary outcomes including adverse events</p>
<p><b>6. Basic wound contact dressing compared with foam dressing</b></p>	<p>Data from two trials (n = 49) Medium-term follow-up of 8 and 13 weeks  <b>No clear evidence of a difference in complete wound healing</b>  RR 2.03, 95% CI 0.91 to 4.55  <i>Low quality evidence</i></p>	<p><b>Evidence of an increase in complete wound healing with foam</b>  OR 4.32, 95% CrI 1.56 to 9.85  <i>Very low quality evidence</i></p>	<p>Limited data available, no evidence in either direction presented</p>
<p><b>7. Basic wound contact dressing compared with protease-modulating matrix dressing</b></p>	<p>Data from 1 trial (n = 276). Medium-term follow-up of 12 weeks  <b>No clear evidence of a difference in complete wound healing</b>  OR 1.49, 95% CrIs 0.90 to 2.47  <i>Moderate quality evidence</i></p>	<p><b>No evidence of a difference in complete wound healing</b>  OR 1.54, 95% CrI 0.89 to 2.47  <i>Moderate quality evidence</i></p>	<p>Not reported</p>

(Continued)

<p><b>8. Foam dressings compared with alginate dressing</b></p>	<p>Data from 2 trials (n = 50). Medium-term follow-up of 8 and 12 weeks <b>No evidence of a difference in complete wound healing</b> RR 1.50, 95% CI 0.92 to 2.44 <i>Low quality evidence</i></p>	<p><b>Evidence of an increase in complete wound healing with foam</b> OR 3.61, 95% CrI 1.30 to 8.30 <i>Very low quality evidence</i></p>	<p>Limited data available, no evidence in either direction presented</p>
<p><b>9. Foam dressing compared with matrix-hydrocolloid dressing</b></p>	<p>Data from 1 trial (n = 40). Medium-term follow-up of 16 weeks <b>No evidence of a difference in complete wound healing</b> RR 0.88, 95% CI 0.61 to 1.26 <i>Low quality evidence</i></p>	<p><b>No clear evidence of a difference in complete wound healing</b> OR 2.40, 95% CrI 0.40 to 8.40 <i>Very low quality evidence</i></p>	<p>Limited data available, no evidence in either direction presented</p>
<p><b>10. Iodine-impregnated dressing compared with hydrofibre dressing</b></p>	<p>Data from 1 trial (n = 211). Medium-term follow-up of 24 weeks <b>No evidence of a difference in complete wound healing</b> RR 1.00, 95% CI 0.74 to 1.34 <i>Moderate quality evidence</i></p>	<p><b>No evidence of a difference in complete wound healing</b> OR 1.05, 95% CrI 0.99 to 1.75 <i>Moderate quality evidence</i></p>	<p>No evidence of a difference in secondary outcomes including adverse events</p>
<p><b>11. Alginate compared with silver-hydrofibre dressing</b></p>	<p>Data from 1 trial (n = 134). Short-term follow-up of 8 weeks <b>No clear evidence of a difference in complete wound healing</b> RR 1.73, 95% CI 0.73 to 3.53 <i>Moderate quality evidence</i></p>	<p><b>No clear evidence of a difference in complete wound healing</b> OR 1.73, 95% CrI 0.73 to 3.53 <i>Moderate quality evidence</i></p>	<p>No evidence of a difference in adverse events or number of dressing changes, no health-related quality of life data</p>

Comparisons informed by indirect evidence only (from Dumville 2012). The favoured intervention is in bold (OR > 1 favour the second intervention listed and OR < 1 favour the first listed).

Comparison	OR (95% CrI)	Quality of estimate assessment
Basic wound contact dressing compared with <b>silver-hydrofibre dressing</b>	2.22 (0.65 to 5.60)	Very low quality evidence
Basic wound contact dressing compared with <b>matrix-hydrocolloid dressing</b>	10.38 (1.19 to 42.1)	Very low quality evidence

(Continued)

Alginate dressing compared with <b>hydrofibre dressing</b>	1.15 (0.41 to 2.57)	Low quality evidence
Alginate dressing compared with an <b>iodine-impregnated dressing</b>	1.16 (0.42 to 2.60)	Low quality evidence
Alginate dressing compared with <b>hydrogel</b>	2.99 (0.98 to 7.12)	Very low quality evidence
Alginate dressing compared with <b>protease-modulating matrix dressing</b>	1.38 (0.51 to 3.05)	Very low quality evidence
Alginate dressing compared with <b>matrix-hydrocolloid dressing</b>	8.66 (1.02 to 34.71)	Very low quality evidence
<b>Foam dressing</b> compared with hydrofibre dressing	0.37 (0.11 to 0.93)	Moderate quality evidence
<b>Foam dressing</b> compared with iodine-impregnated dressing	0.37 (0.11 to 0.93)	Moderate quality evidence
<b>Foam dressing</b> compared with hydrogel	0.96 (0.26 to 2.53)	Very low quality evidence
<b>Foam dressing</b> compared with a protease-modulating matrix dressing	0.45 (0.13 to 1.10)	Moderate quality evidence
<b>Foam dressing</b> compared with silver-hydrofibre dressing	0.60 (0.15 to 1.66)	Moderate quality evidence
Hydrofibre dressing compared with <b>hydrogel</b>	2.81 (1.10 to 6.00)	Very low quality evidence
Hydrofibre dressing compared with a <b>protease-modulating matrix dressing</b>	1.30 (0.57 to 2.57)	Moderate quality evidence
Hydrofibre dressing compared with <b>silver-hydrofibre dressing</b>	1.88 (0.46 to 5.27)	Low quality evidence
Hydrofibre dressing compared with <b>matrix-hydrocolloid dressing</b>	8.81 (0.88 to 37.8)	Very low quality evidence
Iodine-impregnated dressing compared with <b>hydrogel</b>	2.79 (1.09 to 6.00)	Very low quality evidence
Iodine-impregnated dressing compared with a <b>protease-modulating matrix dressing</b>	1.29 (0.57 to 2.53)	Moderate quality evidence

(Continued)

Iodine-impregnated dressing compared with <b>silver-hydrofibre dressing</b>	1.86 (0.46 to 5.22)	Low quality evidence
Iodine-impregnated dressing compared with <b>matrix-hydrocolloid dressing</b>	8.72 (0.87 to 37.3)	Very low quality evidence
<b>Hydrogel</b> compared with a protease-modulating matrix dressing	0.52 (0.20 to 1.08)	Low quality evidence
<b>Hydrogel</b> compared with silver-hydrofibre dressing	0.75 (0.17 to 2.16)	Low quality evidence
Hydrogel compared with <b>matrix-hydrocolloid dressing</b>	3.47 (0.33 to 14.7)	Very low quality evidence
Protease-modulating matrix dressing compared with <b>silver-hydrofibre dressing</b>	1.55 (0.39 to 4.31)	Low quality evidence
Protease-modulating matrix dressing compared with <b>matrix-hydrocolloid dressing</b>	7.24 (0.75 to 30.5)	Very low quality evidence
Silver-hydrofibre dressing compared with <b>matrix-hydrocolloid dressing</b>	5.88 (0.53 to 26.2)	Very low quality evidence

## DISCUSSION

### Summary of main results

This overview of reviews identified 13 eligible reviews for inclusion; six were Cochrane reviews and seven were non-Cochrane reviews. One of the non-Cochrane reviews reported the results of a network meta-analysis, the results of which are reported here. Eleven comparisons were informed by direct data; with 10 of these also informed by direct and indirect data from the network meta-analysis. Many of the reviews reported similar comparisons with, as one would expect, more trials included in the more recent reviews. All included reviews were deemed to be of moderate to high quality. For comparisons informed **in part by direct data** the reviews reported **no clear evidence of a difference between the following dressings in terms of wound healing:**

1. basic wound contact dressing compared with alginate dressings (moderate quality evidence);

2. basic wound dressing compared with hydrofibre dressing (moderate quality evidence);

3. basic wound contact dressing compared with iodine-impregnated dressing (moderate quality evidence);

4. basic wound contact dressing compared with protease-modulating matrix dressing (moderate quality evidence);

5. foam dressing compared with matrix-hydrocolloid dressing (low quality evidence);

6. iodine-impregnated dressing compared with hydrofibre dressing (moderate quality evidence);

7. alginate compared with silver-hydrofibre dressing (moderate quality evidence).

**Evidence of a difference in wound healing between dressings** was reported for the following (favoured intervention in bold):

1. basic wound contact dressing compared with **hydrogel dressings** (low/very low quality evidence);

2. basic wound contact dressing compared with **foam dressing** (very low quality evidence);

3. **foam dressings** compared with alginate dressing (direct and indirect data only - very low quality evidence);

4. basic wound contact dressing compared with **Hyalofill**

**dressing**, but data could not be obtained for the reference and we were unable to assess the original data.

There is currently no robust evidence that any 'advanced' dressings type is more effective than basic wound contact dressings for healing foot ulcers in people with diabetes mellitus (DM). There was imprecision around the estimates for all these comparisons, as small numbers of trials were available - the maximum number of randomised controlled trials (RCTs) per comparison was three - and these trials had generally small numbers of participants, therefore the potential effectiveness of the treatments remains uncertain. In the three comparisons where direct evidence of differences was reported the evidence was deemed to be low or very low quality, and in one case could not be assessed, therefore these findings are not optimal in terms of informing practice and are also considered uncertain. The small size of the evidence base represented in this overview was also evident in the large amount of imprecision around all estimates informed only by indirect data that were reported by the network meta-analysis included in the review.

This overview evaluated a number of different dressing types, including basic wound contact, hydrogel, hydrocolloid, foam, alginate, protease-modulating and antimicrobial (iodine and silver). It has been suggested that different dressings may be targeted to manage specific wound states or stages of healing (Boateng 2008), implying that complete healing may not be an appropriate treatment aim for all interventions. For example, foam and alginate products may be used to manage periods of heavy exudate, whilst antimicrobial dressings should be applied in order to resolve infection (BNF 2014). The implication is that such products are designed to create an optimal environment for a wound healing trajectory, but would not necessarily be expected to achieve healing directly. Specific guidance on this aspect of wound management is not easily gleaned from the literature (Boateng 2008); this also has an impact on clinical guidelines, as it means that clear recommendations on dressing choice are difficult to define (NICE 2013). However, prescribing guidelines and some local clinical practice guidelines attempt to provide support for clinical decision making (BNF 2014; Leeds Community Healthcare 2011). Most of the RCTs discussed in this overview focused on wound healing as the primary outcome and presented relatively sparse data on secondary outcomes (e.g. exudate management). More research is needed into the nature of benefits that may be achieved with different types of dressings and how additional outcomes of importance to decision makers (including service users) such as exudate management, resolution of infection and adverse effects may best be measured.

### Quality of the evidence

In general all of the included reviews were of moderate to high quality as assessed using AMSTAR, which is the recommended approach for Cochrane overviews of reviews. As one might expect,

the Cochrane reviews had the highest scores as they all followed a similar and prescribed process. All reviews point to the limited number of studies that address the review question. Furthermore the available studies were often small and probably underpowered. Additionally studies seldom made use of optimal outcomes such as time to healing and rarely reported secondary outcome data in a clear and consistent manner. We also acknowledge the limitations associated with the size of the available evidence base for several included comparisons, with many having only a single identified trial.

### Potential biases in the overview process

We followed a rigorous review process aiming to minimise bias at all stages. We do note that one of the overview authors was also an author on five of the reviews included here. This author was not involved in the quality assessment of reviews nor in data extraction.

## AUTHORS' CONCLUSIONS

### Implications for practice

There is currently no robust evidence of differences between wound dressings for any outcome in foot ulcers in people with diabetes (treated in any setting). When choosing dressings, practitioners may want to consider the unit cost of dressings, together with their management properties and patient preference.

### Implications for research

There is uncertainty about the use of different types of dressings to treat foot ulcers in diabetes that could be reduced with further research. However, such research would be costly so it is important to assess the value of further research and whether resolving uncertainty in this area is a priority for patients and clinical decision makers. Other possible topics for research related to this topic include exploring whether non-healing outcomes are important to health professionals and patients, and how these could be measured.

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## Disclaimer

The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the NIHR, NHS or the Department of Health.

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\* Indicates the major publication for the study

**ADDITIONAL TABLES****Table 1. Overview of dressing types**

<b>Basic wound contact dressings</b>
Low adherence dressings and wound contact material Absorbent dressings
<b>Advanced wound dressings</b>
Hydrogel dressings Films: permeable film and membrane dressings Soft polymer dressings Hydrocolloid dressings Foam dressings Alginate dressings Capillary-action dressings Odour-absorbant dressings
<b>Anti-microbial dressings</b>
Honey Iodine Silver PHMB (polyhexamethylene biguanide or polihexanide) Other
<b>Specialist dressings</b>
Protease-modulating matrix

Table 2. Summary of included reviews

Review ID	Cochrane Review?	Number of databases searched	Search date	Interventions included	Included wound types	Other outcomes reported in the review that are relevant to this overview	Method of risk of bias/ quality assessment used in the review
<a href="#">Dumville 2013d</a>	Y	6	2013	Included any RCT in which the presence or absence of a <b>hydrogel dressing</b> was the only systematic difference between treatment groups	Foot ulcers in people of any age with DM	Health-related quality of life; amputations; adverse events, including pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Dumville 2013c</a>	Y	6	2013	Included any RCT in which the presence or absence of a <b>foam dressing</b> was the only systematic difference between treatment groups	Foot ulcers in people of any age with DM	Health-related quality of life; amputations; adverse events, including pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Dumville 2013b</a>	Y	6	2013	Included any RCT in which the presence or absence of a <b>hydrocolloid dressing</b> was the only systematic difference between treatment groups	Foot ulcers in people of any age with DM	Health-related quality of life; amputations; adverse events, including pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Dumville 2013a</a>	N	6	2013	Included any RCT in which the presence or ab-	Foot ulcers in people with DM	N/A	Standard GRADE assessment for direct

**Table 2. Summary of included reviews** (Continued)

				presence of a <b>alginate dressing</b> was the only systematic difference between treatment groups			estimates. Estimates from the MTC was assessed using an ad hoc modified version of GRADE developed by the study authors
<a href="#">Dumville 2012</a>	Y	6	2012	Included any RCT comparing one dressing treatment with another	Foot ulcers in people of any age with DM	Health-related quality of life; amputations; adverse events, including pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Edwards 2010</a>	Y	6	2011	Included any RCT comparing <b>hydrogel dressing</b> with <b>good wound care or gauze</b>	Foot ulcers in people with DM (neuropathic, neuroischaemic or ischaemic aetiology)	Number of complications/ adverse events; quality of life	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Game 2012</a>	N	6	2010	Included any RCT comparing: 1. <b>basic wound contact</b> dressing with <b>hydrofibre dressing</b> or <b>iodine-impregnated dressing</b> ; 2. <b>alginate</b>	Foot ulcers in people with DM	Amputation	Each study was scored for methodological quality using scoring lists specific for each study design and based on checklists developed by the Dutch Cochrane

**Table 2. Summary of included reviews** (Continued)

				<b>dressing with silver-hydrofibre dressing</b>			Center (www.cochrane.nl/index.html)
<a href="#">Voigt 2012</a>	N	2	2011	Included any RCT comparing <b>Hyalofill dressing with basic wound contact dressing</b>	Foot ulcers in people with DM down to and including bone (Wagner class 4), diabetic and neuropathic lower extremity ulcers, venous leg ulcers, partial or full skin thickness burns, and surgical removal of the epithelial layer of skin	None	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Storm-Versloot 2010</a>	Y	6	2009	Included any RCT comparing <b>silver-hydrofibre dressing with alginate dressing</b>	Preventing infection or promoting the healing, or both, of uninfected wounds of any aetiology. People aged 18 years and over with any type of wound	Adverse events; pain; health related quality of life; length of hospital stay; costs	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Systematic Reviews of Interventions ( <a href="#">Higgins 2011</a> )
<a href="#">Hinchliffe 2008b</a>	N	4	2006	Included any RCT comparing: <b>basic wound contact dressing with alginate dressing or hydrofibre dressing or foam dressing</b>	Chronic foot ulcers in people aged 18 years or older with either type 1 or type 2 DM	N/A	Each study was scored for methodological quality using design-specific scoring, based on checklists developed by the Dutch Cochrane

**Table 2. Summary of included reviews** (Continued)

							Center (www.cochrane.nl/index.html)
<a href="#">Nelson 2006</a>	N	16	2002	Included any RCT comparing <b>hydrogel dressing</b> with <b>basic wound contact dressing</b>	Foot ulcers in adults with DM	Number and duration of hospital admissions for diabetic foot problems	The methodological quality of RCTs was assessed using the Jadad ( <a href="#">Jadad 1996</a> ) criteria
<a href="#">O'Meara 2000</a>	N	19	2000	Included any RCT comparing: 1. <b>foam dressing</b> with <b>matrix-hydrocolloid dressing</b> or <b>alginate dressing</b> ; 2. <b>basic wound contact dressing</b> with <b>alginate dressing</b> or <b>foam dressing</b>	Chronic wounds, foot ulcers in people with diabetes, pressure ulcers, chronic leg ulcers (caused by venous, arterial or mixed insufficiency), pilonidal sinuses, non-healing surgical wounds and chronic cavity wounds	N/A	Details of study quality assessment were provided in appendix 6. However the risk of bias assessment tool used in this review was not reported explicitly
<a href="#">Mason 1999a</a>	N	8	Searched from 1983, but search date was not reported	Included any RCT comparing: 1. <b>foam dressing</b> with <b>matrix-hydrocolloid dressing</b> or <b>alginate dressing</b> ; 2. <b>basic wound contact dressing</b> with <b>foam dressing</b>	Foot ulcers in people with DM	N/A	Method of risk of bias/quality assessment was not reported explicitly in this study

**Table 2. Summary of included reviews** (Continued)

				oralginate dressing			
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**Abbreviations**

MTC: Mixed Treatment comparison

N: no

N/A: Not applicable

RCT: randomised controlled trial

Y: yes

**Table 3. AMSTAR assessment of included Cochrane reviews**

AMSTAR criteria (for all included Cochrane reviews)	Storm-Versloot 2010	Edwards 2010	Dumville 2013a	Dumville 2013b	Dumville 2013c	Dumville 2013d
A priori design	Y	Y	Y	Y	Y	Y
Duplicate selection and extraction*	Y	N	Y	Y	Y	Y
Comprehensive literature search	Y	Y	Y	Y	Y	Y
Searched for reports regardless of publication type or language	Y	Y	Y	Y	Y	Y
Excluded/included list provided	Y	Y	Y	Y	Y	Y
Characteristics of included studies provided	Y	Y	Y	Y	Y	Y
Quality assessment of included studies assessed and presented	Y	Y	Y	Y	Y	Y

**Table 3. AMSTAR assessment of included Cochrane reviews** (Continued)

<b>Quality used appropriately in formulating conclusions</b>	Y	Y	Y	Y	Y	Y
<b>Methods used to combine studies appropriate</b>	Y	Y	Y	Y	Y	Y
<b>Publication bias assessed</b>	Y	N/A	N/A	N/A	N/A	N/A
<b>Conflict of interest stated</b>	Y	Y	Y	Y	Y	Y
<b>Total score (out of a maximum of 11)</b>	11	9	10	10	10	10

\* In the AMSTAR assessment we coded “YES” where checking of study selections and data extraction was reported; we coded “NO” where only study exclusions were checked.

**Abbreviations**

N: no

N/A: not applicable

Y: yes

**Table 4. AMSTAR assessment of included non-Cochrane reviews**

<b>AMSTAR criteria (for all included non-Cochrane reviews)</b>	<a href="#">O’Meara 2000</a>	<a href="#">Hinchliffe 2008b</a>	<a href="#">Mason 1999a</a>	<a href="#">Game 2012</a>	<a href="#">Nelson 2006</a>	<a href="#">Dumville 2012</a>	<a href="#">Voigt 2012</a>
<b>A priori design</b>	Y	Y	Y	Y	Y	Y	Y
<b>Duplicate selection and extraction <sup>*1</sup></b>	Y	Y	Y	Y	Y	Y	Y
<b>Comprehensive literature search</b>	Y	Y	Y	Y	Y	Y	Y



**Table 4. AMSTAR assessment of included non-Cochrane reviews** (Continued)

<b>Searched for re-ports regard-less of publi-cation type or language</b>	Y	Y	Y	Y	Y	Y	Y
<b>Excluded/ included list provided</b>	Y	N	N	N	N	N	Y
<b>Charac-teristics of in-cluded stud-ies provided</b>	Y	Y	Y	Y	Y	Y	Y
<b>Quality assessment of included studies assessed and presented</b>	Y	Y	Y	Y	Y	Y	Y
<b>Quality used ap-propriately in formulating conclusions</b>	Y	Y	Y	Y	Y	Y	Y
<b>Methods used to com-bine studies appropriate * 2</b>	Y	N/A	N/A	N/A	N/A	N/A	Y
<b>Publication bias assessed</b>	N/A	N/A	N/A	N/A	NA	Y	Y
<b>Con-flict of inter-est stated *3</b>	N	N	N	N	N	Y	N
<b>Total score (out of a maximum of 11)</b>	9	7	7	7	7	9	10

\*1. In the AMSTAR assessment we coded “YES” where checking of study selections and data extraction was reported; we coded “NO” where only study exclusions were checked

\*2. In the AMSTAR assessment we coded the synthesis criterion as not applicable (N/A) for reviews where no meta-analysis was conducted

\*3. For the AMSTAR assessment we coded the funding criterion “NO” if funding for individual studies not reported

### Abbreviations

N: no

N/A: not applicable

Y: yes

**Table 5. Comparison 1: review data for basic wound contact dressing versus alginate dressing**

<b>Comparison 1</b>						
<b>Basic wound contact dressing versus alginate dressing</b>						
<b>Review</b>	<b>Included trials (trials that reported secondary outcome data are marked with an asterisk*)</b>	<b>Wound healing</b>	<b>HRQoL</b>	<b>Adverse events</b>	<b>Resource use</b>	<b>Dressing performance</b>
<a href="#">Dumville 2013a</a> <b>Primary outcomes:</b> time to ulcer healing; proportion of ulcers healed within specific time <b>Cochrane review</b>	RCTs: 3 Total N = 191 Alginate: n = 109 BWC: n = 82 <a href="#">Ahroni 1993</a> (n = 39)* Follow-up: minimum 4 weeks Alginate: n = 20 BWC: n = 19 <a href="#">Donaghue 1998</a> (n = 75)* Follow-up: 8 weeks Alginate: n = 50 BWC: n = 25 <a href="#">Lalau 2002</a> (n = 77) Follow-up: 6 weeks, unclear if only 4-week data analysed Alginate: n = 39 BWC: n = 38	<b>% ulcers healed</b> <b>Pooled analysis</b> (fixed-effect) from 2 RCTs: RR 1.09 (95% CI 0.66 to 1.80); I <sup>2</sup> 27%; Chi <sup>2</sup> P value 0.24 <b>Trial data reported</b> <a href="#">Ahroni 1993</a> Alginate 5/20 (25%) vs BWC 7/19 (37%); RR 0.68 (95% CI 0.26 to 1.77) <a href="#">Donaghue 1998</a> Alginate 24/50 (48%) vs 9/25 (26%); RR 1.33 (95% CI 0.73 to 2.42) <b>Mean time to healing (weeks)</b> <b>Trial data reported</b> <a href="#">Donaghue 1998</a> Alginate 6.2 (SD	NR	<b>Trial data reported</b> <b>Amputations</b> <a href="#">Ahroni 1993</a> 4 (2/group) all after the 4-week follow-up <b>Other AEs</b> <a href="#">Ahroni 1993</a> Alginates: 6 (4 antibiotic treatment, 1 death, 1 septicaemia) vs BWC: 4 (3 antibiotic treatment, 1 death) <b>AEs</b> <a href="#">Donaghue 1998</a> 6 events, not described, group allocation unclear <b>Hospitalisation</b> <a href="#">Ahroni 1993</a> Alginate 2; BWC 1	NR	NR

**Table 5. Comparison 1: review data for basic wound contact dressing versus alginate dressing (Continued)**

		0.4) vs BWC 5.8 (SD 0.4)				
<a href="#">Dumville 2012</a> <b>Primary outcome:</b> pro-portion of ulcers healed within specific time <b>Mixed treatment comparison</b> <b>Non-Cochrane review</b>	<b>Direct estimate</b> RCTs: 2 Total N = 114 Alginate: n = 70 BWC: n = 44 <a href="#">Ahroni 1993</a> (n = 39)* Alginate: n = 20 BWC: n = 19 <a href="#">Donaghue 1998</a> (n = 75)* Alginate: n = 50 BWC: n = 25	<b>% ulcers healed</b> <b>Pooled analyses</b> (fixed-effect) from 2 RCTs <b>Direct estimate</b> OR 1.26 (95% CrI 0.55 to 2.46) <b>MTC estimate</b> OR 1.29 (95% CrI 0.57 to 2.51)	NR	NR	NR	NR
<a href="#">Hinchliffe 2008b</a> <b>Pri-ary outcome:</b> proportion of ulcers healed <b>Non-Cochrane review</b>	RCTs: 2 Total N = 152 Alginate: n = 89 BWC: n = 63 <a href="#">Donaghue 1998</a> (n = 75)* Alginate: n = 50 BWC: n = 25 <a href="#">Lalau 2002</a> (n = 77) Alginate: n = 39 BWC: n = 38	<b>% ulcers healed</b> <b>Trial data reported</b> <a href="#">Donaghue 1998</a> Alginate: 48% of n = 50 BWC: 36% of n = 25 <a href="#">Lalau 2002</a> NR	NR	NR	NR	NR
<a href="#">O'Meara 2000</a> <b>Primary outcome:</b> % ulcers healed <b>Non-Cochrane review</b>	RCTs: 1 Total N = 75 <a href="#">Donaghue 1998</a> (n = 75)* Alginate: n = 50 BWC: n = 25	<b>% ulcers healed</b> <b>Trial data reported</b> <a href="#">Donaghue 1998</a> Alginate: 24/44, BWC: 9/17 OR 1.07(95% CI 0.36 to 3.25) <b>Mean time to healing</b> <b>Trial data reported</b> <a href="#">Donaghue 1998</a> Alginate: 43.4 ± 19.8 days BWC: 40.6 ± 21 days	NR	<b>Trial data reported</b> <a href="#">Donaghue 1998</a> No difference in the number or severity of reported adverse reactions between groups	NR	<b>Trial data reported</b> <a href="#">Donaghue 1998</a> Patients' assessment of perceived efficacy favoured alginate compared to previous treatment

**Table 5. Comparison 1: review data for basic wound contact dressing versus alginate dressing** (Continued)

<p>Mason 1999a  <b>Primary outcome:</b>                  % ulcer healed  <b>Non-Cochrane review</b></p>	<p>RCTs: 2                  Total N = 114                  Alginate: n = 70                  BWC: n = 44                  Ahroni 1993 (n = 39)                  Alginate: n = 20                  BWC: n = 19                  Donaghue 1998 (n = 75)*                  Alginate: n = 50                  BWC: n = 25</p>	<p><b>% ulcers healed</b>  <i>Trial data reported</i>                  Ahroni 1993                  Alginate 5/20 (25%) vs BWC 7/19 (37%)  <b>wounds healed eventually (unspecified time)</b>                  Ahroni 1993                  Alginate: 12/20 (60%)                  BWC: 14/19 (74%)                  Donaghue 1998                  Alginate: 24/44 (55%), BWC: 9/17 (53%)  <b>Mean time to healing</b>  <i>Trial data reported</i>                  Donaghue 1998                  Alginate 43.4 ± 19.8 days                  BWC: 40.6 ± 21 days</p>	<p>NR</p>	<p><i>Trial data reported</i>  <b>Withdrawals</b>                  Donaghue 1998                  Alginate 12% vs BWC 32%</p>	<p>NR</p>	<p>NR</p>
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**Abbreviations**

- AE: adverse event
- BWC: basic wound contact dressing
- CI: confidence interval
- CrI: credible interval
- HRQoL: health-related quality of life
- MTC: mixed treatment comparison
- NR: not reported
- OR: odds ratio
- RCT: randomised controlled trial
- RR: risk ratio

Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing

Comparison 2 Basic wound contact dressing versus hydrogel dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2013d</a> <b>Pri- mary outcome:</b> number of ulcers healed <b>Cochrane review</b>	RCTs: 3 Total N = 198 Hydrogel: n = 89 BWC: n = 63 <b>D'Hemecourt 1998</b> (n = 138)* Follow-up: 20 weeks Hydrogel: n = 70 BWC: n = 68 <a href="#">Jensen 1998</a> (n = 31)* Follow-up: 16 weeks Hydrogel: n = 14 BWC: n = 17 <a href="#">Vandeputte 1997</a> (n = 29)* Follow-up: 12 weeks Hydrogel: n = 15 BWC: n = 14	<b>Ulcers healed</b> <i>Pooled analysis</i> (fixed-effect) from 3 RCTs: RR 1.80 (95% CI 1.27 to 2.56); I <sup>2</sup> 0%; Chi <sup>2</sup> P value 0.77 <i>Trial data reported</i> <b>D'Hemecourt 1998</b> Hydrogel: 25/70 vs BWC 15/68; RR 1.62 (95% CI 0.94 to 2.80) <a href="#">Jensen 1998</a> Hydrogel 11/14 vs BWC 6/17; RR 2.23 (95% CI 1.11 to 4.48) <a href="#">Vandeputte 1997</a> Hydrogel 14/15 vs BWC 7/14; RR 1.87 (95% CI 1.09 to 3.21)	NR	<i>Trial data reported</i> <b>Participants with AEs</b> <b>D'Hemecourt 1998</b> Hydrogel: 19/70 (27%) vs BWC 25/68 (37%); RR 0.74 (95%CI 0.45 to 1.21) <a href="#">Jensen 1998</a> Hydrogel 3 vs BWC 4 <b>Amputations</b> <a href="#">Jensen 1998</a> Hydrogel 1 vs BWC 0 <b>Infection-related complications</b> <a href="#">Vandeputte 1997</a> Hydrogel: 1/15 (7%) vs BWC 7/14 (50%); RR 0.14 (95% CI 0.02 to 1.01) NB unblinded assessment*	<i>Trial data reported</i> <b>Cost/day (USD)</b> <a href="#">Jensen 1998</a> Hydrogel 7.01 versus BWC 12.28. Costs not collected/compared as part of full economic evaluation	NR
<a href="#">Dumville 2012</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	<b>Direct estimate</b> RCTs: 3 Total N: 198 Hydrogel: n = 89 BWC: n = 63 <b>D'Hemecourt 1998</b> (n = 138)* Hydrogel: n = 70 BWC: n = 68 <a href="#">Jensen 1998</a> (n =	<b>% ulcers healed</b> <i>Pooled analyses</i> <b>Direct estimate:</b> OR 3.10 (95% CrI 1.51 to 5.50) <b>MTC estimate:</b> OR 3.33 (95% CrI 1.65 to 6.11)	NR	NR	NR	NR

**Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing** (Continued)

	31)* Hydrogel: n = 14 BWC: n = 17 <a href="#">Vandeputte 1997</a> (n = 29)* Hydrogel: n = 15 BWC: n = 14					
<b>Edwards 2010</b> <b>Primary outcome:</b> number of wounds healed <b>Cochrane review</b>	RCTs: 3 Total N: 198 Hydrogel: n = 89 BWC: n = 63 <b>D’Hemecourt 1998</b> (n = 138)* Hydrogel: n = 70 BWC: n = 68 <a href="#">Jensen 1998</a> (n = 31)* Hydrogel: n = 14 BWC: n = 17 <a href="#">Vandeputte 1997</a> (n = 29)* Hydrogel: n = 15 BWC: n = 14	<b>% ulcers healed</b> <b>Pooled analysis</b> (fixed-effect) from 3 RCTs: RR 1.84 (95% CI 1.30 to 2.61) <b>Trial data reported</b> <b>D’Hemecourt 1998</b> Hydrogel: 25/70 vs BWC 15/68 <a href="#">Jensen 1998</a> Hydrogel 12/14 (85%) vs BWC 8/17 (46%)** <a href="#">Vandeputte 1997</a> Hydrogel 14/15 vs BWC 7/14		<b>Pooled estimate of complications/AE from all 3 trials</b> Hydrogel 22 events vs BWC 36 events. Fixed-effect RR 0.60 (95% CI 0.38 to 0.95); random-effects RR 0.56 (95% CI 0.25 to 1.25). I <sup>2</sup> 31% <b>Trial data reported</b> <b>Infections</b> <b>D’Hemecourt 1998</b> Hydrogel 19/70 (27%) vs 25/68 (37%) RR 0.74 (95%CI 0.45 to 1.21)* <b>Infection-related complications</b> <a href="#">Vandeputte 1997</a> Hydrogel: 1/15 (7%) vs BWC 7/14 (50%); RR 0.13 (95% CI 0.02 to 0.95)** <b>Complications</b> <a href="#">Jensen 1998</a> Hydrogel 2/14(14%) vs BWC 4/17 (24%); RR 0.61 (95% CI 0.13 to 2.84). Included events: amputation, increased eschar formation,		

**Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing (Continued)**

				cellulitis, worsened with increased es-char formation <b>Pain</b> <b>D’Hemecourt 1998</b> Hydrogel: 11/70 (16%) vs BWC 10/68 (15%); RR 0.74 (95% CI 0.45 to 1.21 favouring BWC) unclear how pain reported		
<a href="#">Hinchliffe 2008b</a> <b>Primary outcome:</b> number of wounds healed <b>Non-Cochrane review</b>	<a href="#">Jensen 1998</a> (n = 31) Hydrogel: n = 14 BWC: n = 17	% wounds healed <i>Trial data reported</i> <a href="#">Jensen 1998</a> Hydrogel 12/14 (85%) vs BWC 8/17 (46%)	NR	NR	NR	NR
<a href="#">Nelson 2006</a> <b>Primary outcome:</b> number of wounds healed <b>Non-Cochrane review</b>	<a href="#">Vandeputte 1997</a> (n = 29)* Hydrogel: n = 15 BWC: n = 14	% wounds healed <i>Trial data reported</i> <a href="#">Vandeputte 1997</a> Hydrogel 14/15 (93%) vs BWC 5/14 (36%); RR 2.61 (95% CI 1.45 to 5.76)		<i>Trial data reported</i> <a href="#">Vandeputte 1997</a> <b>Amputation required</b> Hydrogel 1/15 (7%) vs BWC 5/14 (36%); RR 5.4 (95% CI 0.98 to 32.7) <b>Infection</b> Hydrogel 1/15 (7%) vs BWC 7/14 (7%); RR 7.5 (95% CI 1.47 to 44.1) <b>Antibiotics needed</b> Hydrogel 1/15 (7%) vs BWC 14/14 (100%); RR 0.067 (95% CI 0.01 to 0.31)		

\*What Dumville defined as AE was all covered by infections in Edwards. Edwards noted that it was unclear how infection had been defined

\*\*Events from the Jensen trial reported in Edwards differed from those reported in Dumville; so RR differs slightly. Checking the trial report showed that Dumville data seem accurate

## Abbreviations

AE: adverse event  
 BWC: basic wound contact dressing  
 CI: confidence interval  
 CrI: credible interval  
 HRQoL: health-related quality of life  
 MTC: mixed treatment comparison  
 NR: not reported  
 OR: odds ratio  
 RCT: randomised controlled trial  
 RR: risk ratio  
 USD: USA dollars

**Table 7. Comparison 3: review data for basic wound contact dressing versus hydrofibre dressing**

Comparison 3 Basic wound contact dressing versus hydrofibre dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2013b</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Cochrane review</b>	RCTs: 2 Total N: 229 Hydrofibre: n = 113 BWC: n = 116 <a href="#">Jeffcoate 2009</a> (n = 209)* Follow-up: 24 weeks Hydrofibre: n = 103 BWC: n = 106 <a href="#">Piaggese 2001</a> (n = 20)* Follow-up: NR; maximum time reported approximately 350 days Hydrofibre: n = 10 BWC: n = 10	<b>% ulcers healed</b> <b>Pooled analysis</b> (random-effects) from 2 RCTs: RR 1.01 (95% CI 0.74 to 1.38); I <sup>2</sup> 54%; Chi <sup>2</sup> P value 0.14 <b>Trial data reported</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 46/103 (45%) vs BWC 41/106 (39%); RR 1.15 (95% CI 0.84 to 1.59) <a href="#">Piaggese 2001</a> Hydrofibre 9/10 (90%) vs BWC 10/10 (100%); RR 0.90 (95%	<b>Trial data reported</b> <a href="#">Jeffcoate 2009</a> No difference in disease-specific or generic QoL	<b>Trial data reported</b> <b>Amputations</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 4 vs BWC 2 <a href="#">Piaggese 2001</a> Hydrofibre 5 vs BWC 3 <b>Serious AEs</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 28 vs BWC 35 <b>Non-serious AEs</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 227 vs BWC 244 <b>AEs reported</b> <a href="#">Piaggese 2001</a> Hydrofibre 2 vs BWC 5	<b>Trial data reported</b> <b>Cost per healed ulcer (GBP)</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 836 vs BWC 362 <b>Days between dressing changes (mean)</b> <a href="#">Piaggese 2001</a> Hydrofibre 21 vs BWC 2.4	NR



**Table 7. Comparison 3: review data for basic wound contact dressing versus hydrofibre dressing** (Continued)

		CI 0.69 to 1.18) <b>Mean time to healing (days)</b> <i>Trial data re-reported</i> <a href="#">Jeffcoate 2009</a> Hydrofibre 125.8 (SD 55.5) vs BWC 130.7 (SD 52.4) <a href="#">Piaggese 2001</a> Hydrofibre 127 (SD 46) vs BWC 234 (SD 61)				
<a href="#">Dumville 2012</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	<b>Direct estimate</b> RCTs: 2 Total N: 229 Hydrofibre: n = 113 BWC: n = 116 <a href="#">Jeffcoate 2009</a> (n= 209)* Hydrofibre: n = 103 BWC: n = 106 <a href="#">Piaggese 2001</a> (n = 20)* Hydrofibre: n = 10 BWC: n = 10	<b>% ulcers healed</b> <i>Pooled analyses</i> <b>Direct estimate:</b> OR 1.28 (95% CrI 0.71 to 2.14) <b>MTC estimate:</b> OR 1.28 (95% CrI 0.72 to 2.13)	NR	NR	NR	NR
<a href="#">Game 2012</a> <b>Primary outcome:</b> number of wounds healed <b>Non-Cochrane review</b>	RCTs: 1 Total N: 209 Hydrofibre: n = 103 BWC: n = 106 <a href="#">Jeffcoate 2009</a> (n = 209)* Hydrofibre: n = 103 BWC: n = 106	<b>% ulcers healed</b> <i>Trial data re-reported</i> <a href="#">Jeffcoate 2009</a> Hydrofibre 44.7% vs BWC 38.7% <b>Mean time to heal (days)</b> <i>Trial data re-reported</i> <a href="#">Jeffcoate 2009</a> Hydrofibre: 72.4 (SD 20.6) vs BWC 75.1 (SD 18.1)	NR	<i>Trial data re-reported</i> <b>Secondary infection</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 54 vs BWC 48. Three-way comparison reported as P value < 0.001	<i>Trial data re-reported</i> <b>Mean dressing cost per patient (GBP)</b> <a href="#">Jeffcoate 2009</a> Hydrofibre 43.60 vs BWC 14.85. Three-way comparison reported as P value < 0.05	NR

**Table 7. Comparison 3: review data for basic wound contact dressing versus hydrofibre dressing** (Continued)

<a href="#">Hinchliffe 2008b</a> <b>Primary outcome:</b> number of wounds healed <b>Non-Cochrane review</b>	RCTs: 1 Total N: 20 Hydrofibre: n = 10 BWC: n = 10 <a href="#">Piaggese 2001</a> (n = 20) Hydrofibre: n = 10 BWC: n = 10	<b>Time to heal (days)</b> <i>Trial data reported</i> <a href="#">Piaggese 2001</a> Hydrofibre: 127 (SD 46) vs BWC 234 (SD 25?)	NR	NR	NR	NR
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**Abbreviations**

AE: adverse event  
BWC: basic wound contact dressing  
CI: confidence interval  
CrI: credible interval  
GBP: British pounds (Sterling)  
HRQoL: health-related quality of life  
MTC: mixed treatment comparison  
NR: not reported  
OR: odds ratio  
RCT: randomised controlled trial  
RR: risk ratio  
SD: standard deviation

**Table 8. Comparison 4: review data for basic wound contact dressing versus Hyalofill dressing**

<b>Comparison 4</b>						
<b>Basic wound contact dressing versus Hyalofill dressing</b>						
<b>Review</b>	<b>Included trials</b>	<b>Wound healing</b>	<b>HRQoL</b>	<b>Adverse events</b>	<b>Resource use</b>	<b>Dressing performance</b>
<a href="#">Voigt 2012</a> <b>Pri- mary outcome:</b> number of ulcers healed <b>Non-Cochrane review</b>	<b>RCTs: 1</b> <b>Total N: 30</b> Hyalofill: n = 15 BWC: n = 15 <a href="#">Edmonds 2000</a> (n = 30) Follow-up: 12 weeks Hyalofill: n = 15 BWC: n = 15	<b>% ulcers healed</b> <i>Trial data reported</i> <a href="#">Edmonds 2000</a> Hyalofill 10/15 (67%) vs BWC 3/15 (20%) P value < 0.05	NR	NR	NR	NR

**Abbreviations**

BWC: basic wound contact dressing  
HRQoL: health-related quality of life  
NR: not reported  
RCT: randomised controlled trial

Table 9. Comparison 5: review data for basic wound contact dressing versus iodine-impregnated dressing

Comparison 5 Basic wound contact dressing versus iodine-impregnated dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2012</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	<b>Direct estimate</b> RCTs: 1 Total N: 214 Iodine: n = 108 BWC: n = 106 <a href="#">Jeffcoate 2009</a> (n = 214)* Follow-up: 24 weeks Iodine: n = 108 BWC: n = 106	<b>% ulcers healed</b> <i>Pooled analyses</i> <b>Direct estimate:</b> OR 1.27 (95% CI 0.74 to 2.19) <b>MTC estimate:</b> OR 1.28 (95% CrI 0.71 to 2.12)	NR	NR	NR	NR
<a href="#">Game 2012</a> <b>Primary outcome:</b> number of wounds healed by 24 weeks <b>Non-Cochrane review</b>	RCTs: 1 Total N: 214 Iodine: n = 108 BWC: n = 106 <a href="#">Jeffcoate 2009</a> (n = 214)* Iodine: n = 108 BWC: n = 106	<b>% ulcers healed</b> <i>Trial data reported</i> <a href="#">Jeffcoate 2009</a> Iodine 44.4% vs BWC 38.7% <b>Mean time to healing</b> <a href="#">Jeffcoate 2009</a> Iodine 74.1 (SD 20.6) days vs BWC 75.1 (SD 18.1) days	NR	<i>Trial data reported</i> <b>Secondary infection</b> <a href="#">Jeffcoate 2009</a> Iodine 71 vs BWC 48 Three-way comparison reported as P value < 0.001	<i>Trial data reported</i> <b>mean dressing cost per patient (GBP)</b> <a href="#">Jeffcoate 2009</a> Iodine 17.48 vs BWC 14.85. Three-way comparison reported as P value < 0.05	NR

**Abbreviations**

BWC: basic wound contact dressing  
 CI: confidence interval  
 CrI: credible interval  
 GBP: British pounds (Sterling)  
 HRQoL: health-related quality of life  
 MTC: mixed treatment comparison  
 NR: not reported  
 OR: odds ratio  
 SD: standard deviation  
 RCT: randomised controlled trial

Table 10. Comparison 6: review data for basic wound contact dressing versus foam dressing

Comparison 6						
Basic wound contact dressing versus foam dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2013c</a> <b>Pri- mary outcome:</b> number of ulcers healed <b>Cochrane review</b>	RCTs: 3 Total N: 67 Foam: n = 36 BWC: n = 31 <a href="#">Blackman 1994</a> (n = 18)* Follow-up: 6 months but 2 months reported here due to cross-over Foam: n = 11 BWC: n = 7 <a href="#">Mazzone 1993</a> (n = 19)* Follow-up: 8 weeks Foam: n = 11 BWC: n = 8 <a href="#">Roberts 2001</a> (n = 30)* Follow-up: 13 weeks Foam: n = 14 BWC: n = 16	<b>% ulcers healed</b> <b>Pooled analysis</b> (fixed-effect) from 2 RCTs: RR: 2.03 (95% CI 0.91 to 4.55); I <sup>2</sup> 0%; Chi <sup>2</sup> P value 0.64 <b>Trial reported data</b> <a href="#">Blackman 1994</a> Foam 3/11 (27%) vs BWC 0/7 (0%); RR 4.67 (95% CI 0.28 to 78.68) <a href="#">Mazzone 1993</a> Foam 7/11 (64%) vs BWC 2/8 (25%); RR 2.55 (95% CI 0.71 to 9.16) <a href="#">Roberts 2001</a> Foam 6/14 (43%) vs BWC 4/16 (25%); RR 1.71, (95% CI 0.60 to 4.86)	NR	None of the 3 included trials reported any data for any secondary outcome evaluated	NR	NR
<a href="#">Dumville 2012</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	<b>Direct estimate</b> RCTs: 3 Total N: 67 Foam: 36 BWC: 31 <a href="#">Blackman 1994</a> (n = 18)* Foam: n = 11 BWC: n = 7	<b>% ulcers healed</b> <b>Pooled analyses</b> <b>Direct estimate:</b> OR 4.10 (95% CrI 1.07 to 10.07) <b>MTC estimate:</b> OR 4.32 (95%	NR	NR	NR	NR

**Table 10. Comparison 6: review data for basic wound contact dressing versus foam dressing** (Continued)

	<p><a href="#">Mazzone 1993</a> (n = 19)* Foam: n = 11 BWC: n = 8</p> <p><a href="#">Roberts 2001</a> (n = 30)* Foam: n = 14 BWC: n = 16</p>	CrI 1.56 to 9.85)				
<p><a href="#">Hinchliffe 2008b</a> <b>Primary outcome:</b> number of wounds healed <b>Non-Cochrane review</b></p>	<p><a href="#">Blackman 1994</a> (n = 18) Foam: n = 11 BWC: n = 7</p>	<p><b>% ulcers healed by 2 months</b> <i>Trial reported data</i> <a href="#">Blackman 1994</a> Foam 3/11 vs BWC 0/7</p>	NR	NR	NR	NR
<p><a href="#">O'Meara 2000</a> <b>Primary outcome:</b> % ulcers healed <b>Non-Cochrane review</b></p>	<p><a href="#">Blackman 1994</a> (n = 18) Foam: n = 11 BWC: n = 7</p>	<p><b>% ulcers healed by 2 months</b> <i>Trial reported data</i> <a href="#">Blackman 1994</a> Foam 3/11 vs BWC 0/7; OR 6.39 (95% CI 0.54 to 75.62) <b>Also reported: change in ulcer area (reduction)</b> Foam 35 ± 16% vs BWC 105 ± 26%; OR -70.00 (95% CI 2.01 to 99.78)</p>	NR	NR	NR	NR
<p><a href="#">Mason 1999a</a> <b>Primary outcome:</b> % ulcers healed <b>Non-Cochrane review</b></p>	<p><a href="#">Blackman 1994</a> (n = 18) Foam: n = 11 BWC: n = 7</p>	<p><b>% ulcers healed by 2 months</b> <i>Trial reported data</i> <a href="#">Blackman 1994</a> Foam 3/11 vs BWC 0/7 <b>Also reported: change in ulcer area (reduction)</b> Foam 35 ± 16% vs BWC 105 ± 26%; P value &lt; 0.03</p>	NR	NR	NR	NR

### Abbreviations

BWC: basic wound contact dressing  
 CI: confidence interval  
 CrI: credible interval  
 HRQoL: health-related quality of life  
 NR: not reported  
 MTC: mixed treatment comparison  
 OR: odds ratio  
 RCT: randomised controlled trial  
 RR: risk ratio

**Table 11. Comparison 7: review data for basic wound contact dressing versus protease-modulating matrix dressing**

Comparison 7						
Basic wound contact dressing versus protease-modulating matrix dressing						
Review	Included trials	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2012</a> <b>Primary</b> <b>outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	<b>Direct estimate</b> RCTs: 1 Total N: 276 Protease-matrix: n = 138 BWC: n = 138 <a href="#">Veves 2002</a> (n = 276) Follow-up: 12 weeks Protease-matrix: n = 138 BWC: n = 138	<b>% ulcers healed</b> <b>Pooled analyses</b> <b>Direct estimate:</b> OR 1.49 (95% CI 0.90 to 2.47) <b>MTC estimate:</b> OR 1.54 (95% CrI 0.89 to 2.47)	NR	NR	NR	NR

### Abbreviations

BWC: basic wound contact dressing  
 CI: confidence interval  
 CrI: credible interval  
 HRQoL: health-related quality of life  
 NR: not reported  
 MTC: mixed treatment comparison  
 OR: odds ratio  
 RCT: randomised controlled trial

Table 12. Comparison 8: review data for foam dressing versus alginate dressing

Comparison 8 Foam dressing versus alginate dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
Dumville 2013a Primary outcomes: time to ulcer healing; ulcers healed within specific time Cochrane review	RCTs: 2 Total N: 50 Foam: n = 25 Alginate: n = 25 Foster 1994 (n = 30)* Follow-up: 8 weeks Foam: n = 15 Alginate: n = 15 Baker 1993 (unpublished; n = 20) Follow-up: 12 weeks Foam: n = 10 Alginate: n = 10	% ulcers healed <b>Pooled analyses</b> (fixed-effect) based on 2 RCTs: RR 0.67 (95% CI 0.41 to 1.08); I <sup>2</sup> 45%; Chi <sup>2</sup> P value 0.18 <b>Trial reported data</b> Foster 1994 Alginate 8/15 (53%) vs foam 9/15 (60%); RR 0.89 (95% CI 0.47 to 1.67) Baker 1993 Alginate 4/10 (40%) vs foam 9/10 (90%); RR 0.44 (95% CI 0.20 to 0.98) <b>Median time to healing</b> <b>Trial reported data</b> Foster 1994 Alginate 42 vs foam 40 (estimated from graph) Baker 1993 Alginate not reached by 84 days vs foam: 28 days	NR	<b>Trial reported data</b> <b>AEs</b> Foster 1994 Foam 0 vs alginate 4 (severe pain: 1; plugging of plantar lesion blocking drainage: 3 (1 cellulitis))	NR	NR

**Table 12. Comparison 8: review data for foam dressing versus alginate dressing** (Continued)

<p><a href="#">Dumville 2013c</a>  <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time  <b>Cochrane review</b></p>	<p>RCTs: 2  Total N: 50  Foam: n = 25  Alginate: n = 25  <a href="#">Foster 1994</a>(n = 30)*  Foam: n = 15  Alginate: n = 15  <a href="#">Baker 1993</a>(unpublished; n = 20)  Foam: n = 10  Alginate: n = 10</p>	<p><b>% ulcers healed</b>  <b>Pooled analysis</b> (fixed-effect) based on 2 RCTs: RR 1.50 (95% CI 0.92 to 2.44); I<sup>2</sup> 45%; Chi<sup>2</sup> P value 0.18  <b>Trial reported data</b>  <a href="#">Foster 1994</a>  Alginate 8/15 (53%) vs foam 9/15 (60%); RR 1.13 (95% CI 0.60 to 2.11)  <a href="#">Baker 1993</a>  Alginate 4/10 (40%) vs foam 9/10; RR 2.25 (95% CI 1.02 to 4.94)</p>	<p>NR</p>	<p>As <a href="#">Dumville 2013a</a> above</p>	<p>NR</p>	<p>NR</p>
<p><a href="#">Dumville 2012</a>  <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time  <b>Non-Cochrane review</b></p>	<p><b>Direct estimate</b>  RCTs: 2  Total N: 50  Foam: n = 25  Alginate: n = 25  <a href="#">Foster 1994</a>(n = 30)*  Foam: n = 15  Alginate: n = 15  <a href="#">Baker 1993</a>(unpublished; n = 20)  Foam: n = 10  Alginate: n = 10</p>	<p><b>% ulcers healed</b>  <b>Pooled analyses</b>  <b>Direct estimate:</b> OR 2.94 (95% CrI 0.71 to 8.33)  <b>MTC estimate:</b> OR 3.61 (95% CrI 1.30 to 8.30)</p>	<p>NR</p>	<p>NR</p>	<p>NR</p>	<p>NR</p>
<p><a href="#">O'Meara 2000</a>  <b>Primary outcome:</b> % ulcers healed  <b>Non-Cochrane review</b></p>	<p>RCTs: 2  Total N: 50 (49 reported)  Foam: n = 25  Alginate: n = 25  <a href="#">Foster 1994</a>(n = 30)*  Foam: n = 15  Alginate: n = 15  <a href="#">Baker 1993</a>(un-</p>	<p><b>% ulcers healed</b>  <b>Pooled analysis</b> (fixed-effect) based on 2 RCTs. Foam 18/25 vs alginate 12/24; OR 2.44 (95% CI 0.78 to 7.57)</p>	<p><b>Trial reported data</b>  <b>AEs</b>  <a href="#">Baker 1993</a>  No AE reported from either group  <a href="#">Foster 1994</a>  As for <a href="#">Dumville 2013a</a></p>	<p><b>Trial reported data</b>  <a href="#">Baker 1993</a>  Foam dressing:  1. <b>more absorbent</b> (P value &lt; 0.001)  2. <b>less adherent</b> (P value &lt; 0.006)  3. <b>easier to remove</b> (P value &lt; 0.011) vs</p>	<p></p>	<p></p>



**Table 12. Comparison 8: review data for foam dressing versus alginate dressing** (Continued)

	published; n = 20, 19 reported?) Foam: n = 10 Alginate: n = 10			above; all AEs reported as leading to withdrawal		alginate <b>Patient comfort</b> Good; no significant difference between groups
<a href="#">Mason 1999a</a> <b>Primary outcome:</b> % ulcers healed <b>Non-Cochrane review</b>	RCTs: 1 Total N: 30 Foam: n = 15 Alginate: n = 15 <a href="#">Foster 1994</a> (n = 30) Foam: n = 15 Alginate: n = 15	<b>% ulcers healed</b> <i>Trial reported data</i> <a href="#">Foster 1994</a> Foam 9/15 vs alginate 8/15; OR 1.30 (95% CI 0.31 to 5.38)	NR	NR	NR	NR

**Abbreviations**

AE: adverse event  
CI: confidence interval  
CrI: credible interval  
HRQoL: health-related quality of life  
MTC: mixed treatment comparison  
NR: not reported  
OR: odds ratio  
RCT: randomised controlled trial  
RR: risk ratio

**Table 13. Comparison 9: review data for foam dressing versus hydrocolloid dressing**

Comparison 9 Foam dressing versus hydrocolloid dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2013b</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Cochrane review</b>	RCTs: 1 Total N: 40 Foam: n = 20 Hydrocolloid: n = 20 <a href="#">Clever 1995</a> (n = 40)* Follow-up: 12 weeks	<b>% ulcers healed</b> <i>Trial reported data</i> <a href="#">Clever 1995</a> Foam 14/20 (70%) vs hydrocolloid 16/20 (80%); RR 0.88 (95% CI 0.61 to	NR	<i>Trial reported data</i> AEs <a href="#">Clever 1995</a> Foam 5 vs hydrocolloid 1	<i>Trial reported data</i> Mean number of dressing changes between clinical visits <a href="#">Clever 1995</a>	NR

**Table 13. Comparison 9: review data for foam dressing versus hydrocolloid dressing** (Continued)

	Foam: n = 20 Hydrocolloid: n = 20	1.26) <b>Median time to healing (days)</b> <i>Trial reported data</i> Clever 1995 Foam 16.5 (range 4 to 52) vs hydrocolloid 15.5 (range 4 to 76 days)			Foam 2.37 vs hydrocolloid 2.23	
<a href="#">Dumville 2013c</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Cochrane review</b>	RCTs: 1 Total N: 40 Foam: n = 20 Hydrocolloid: n = 20 Clever 1995 (n = 40)* Foam: n = 20 Hydrocolloid: n = 20	<b>% ulcers healed</b> <i>Trial reported data</i> Clever 1995 Hydrocolloid 16/20 (80%) vs foam 14/20 (70%); RR 1.14 (95% CI 0.80 to 1.64)	NR	As for <a href="#">Dumville 2013b</a> above	As for <a href="#">Dumville 2013b</a> above	NR
<a href="#">Dumville 2012</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	RCTs: 1 Total N: 40 Foam: n = 20 Hydrocolloid: n = 20 Clever 1995 (n = 40)* Foam: n = 20 Hydrocolloid: n = 20	<b>Ulcers healed</b> <b>Direct estimate:</b> OR 1.71 (95% CI 0.40 to 7.34) <b>MTC estimate:</b> OR 2.40 (95% CrI 0.40 to 8.40)	NR	NR	NR	NR
<a href="#">O'Meara 2000</a> <b>Primary outcome:</b> % ulcers healed <b>Non-Cochrane review</b>	RCTs: 1 Total N: 40 Foam: n = 20 Hydrocolloid: n = 20 Clever 1995 (n = 40)* Foam: n = 20 Hydrocolloid: n = 20	<b>Time to healing (days):</b> <i>Trial reported data</i> Clever 1995 Hydrocolloid 25.19 (SD 23.52) vs foam 20.43 (SD 14.74); OR 4.76 (95% CI -7.41 to 16.93)	NR	<i>Trial reported data</i> <b>Withdrawals</b> Clever 1995 Foam 4 vs hydrocolloid 2	NR	No differences in patient comfort based on subjective product evaluation (investigator); showering found slightly easier with hydrocolloid
<a href="#">Mason 1999a</a> <b>Primary outcome:</b>	RCTs: 1 Total N: 40	<b>Time to healing (days):</b>	NR	NR	No differences in frequency	NR

**Table 13. Comparison 9: review data for foam dressing versus hydrocolloid dressing** (Continued)

<p>% ulcers healed <b>Non-Cochrane review</b></p>	<p>Foam: n = 20 Hydrocolloid: n = 20 <a href="#">Clever 1995</a> (n = 40)* Foam: n = 20 Hydrocolloid: n = 20</p>	<p><b>Trial reported data</b> <a href="#">Clever 1995</a> Hydrocolloid 25.19 (SD 23.52) vs foam 20.43 (SD 14.74) <b>Also reported reduction in diabetic foot ulcer area (mm<sup>2</sup>) at 4 weeks</b> Hydrocolloid 32.37 (SD 54.12) vs foam 33.46 (SD 75.22)</p>			<p>of change of dressing</p>	
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**Abbreviations**

- AE: adverse event
- CI: confidence interval
- CrI: credible interval
- HRQoL: health-related quality of life
- NR: not reported
- MTC: mixed treatment comparison
- OR: odds ratio
- RCT: randomised controlled trial
- RR: risk ratio
- SD: standard deviation

**Table 14. Comparison 10: review data for iodine-impregnated dressing versus hydrofibre dressing**

<p><b>Comparison 10</b> <b>Iodine-impregnated dressing versus hydrofibre dressing</b></p>						
<p><b>Review</b></p>	<p><b>Included trials (trials that reported secondary outcome data are marked with an asterisk*)</b></p>	<p><b>Wound healing</b></p>	<p><b>HRQoL</b></p>	<p><b>Adverse events</b></p>	<p><b>Resource use</b></p>	<p><b>Dressing performance</b></p>
<p><a href="#">Dumville 2013b</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within</p>	<p>RCTs: 1 Total N: 211 Iodine: n = 108 Hydrofibre: n = 103 <a href="#">Jeffcoate 2009</a> (n</p>	<p><b>% ulcers healed</b> <b>Trial data reported</b> <a href="#">Jeffcoate 2009</a> Iodine 48/108 (44%) vs 46/103</p>	<p><b>Disease-specific or generic HRQoL</b> <b>Trial data reported</b> <a href="#">Jeffcoate 2009</a></p>	<p><b>Trial data reported</b> <a href="#">Jeffcoate 2009</a> <b>Amputations</b> Iodine: 1 vs hydrofibre 4</p>	<p><b>Trial data reported</b> <a href="#">Jeffcoate 2009</a> Cost per additional ulcer healed (GBP)</p>	<p>NR</p>

**Table 14. Comparison 10: review data for iodine-impregnated dressing versus hydrofibre dressing (Continued)**

specific time <b>Cochrane review</b>	= 211)** Follow-up: 24 weeks Iodine: n = 108 Hydrofibre: n = 103	(45%); RR 1.00 (95% CI 0.74 to 1.34) <b>Mean time to healing (days)</b> <i>Trial data reported</i> Jeffcoate 2009 Iodine 127.8 (SD 54.2) vs hydrofibre 125.8 (SD 55.9)	No difference in disease-specific or generic HRQoL	<b>Serious AEs</b> Iodine 37 versus hydrofibre 28 <b>Non-serious AEs</b> Iodine 239 vs hydrofibre 227	for iodine group: 848	
Dumville 2012 <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	RCTs: 1 Total N: 211 Iodine: n = 108 Hydrofibre: n = 103 Jeffcoate 2009 (n = 211)** Iodine: n = 108 Hydrofibre: n = 103	<b>% ulcers healed</b> <i>Pooled analyses</i> <b>Direct estimate:</b> OR 0.99 (95% CI 0.58 to 1.71) <b>MTC estimate:</b> OR 1.05 (95% CrI 0.59 to 1.75)	NR	NR	NR	NR
Game 2012 <b>Primary outcome:</b> number of wounds healed by 24 weeks <b>Non-Cochrane review</b>	RCTs: 1 Total N: 211 Iodine: n = 108 Hydrofibre: n = 103 Jeffcoate 2009 (n = 211)** Iodine: n = 108 Hydrofibre: n = 103	<b>% ulcers healed</b> <i>Trial data reported</i> Jeffcoate 2009 Iodine 44.4% vs hydrofibre 44.7% <b>Time to healing (days)</b> <i>Trial data reported</i> Jeffcoate 2009 Iodine 74.1 (SD 20.6) vs hydrofibre 72.4 (SD 20.6)	NR	<i>Trial data reported</i> Jeffcoate 2009 <b>Secondary infection</b> Iodine 71 vs hydrofibre 51. Three-way comparison reported as P value < 0.001	<i>Trial data reported</i> <b>Mean dressing cost per patient (GBP)</b> Jeffcoate 2009 Iodine 17.48 vs hydrofibre 43.60. Three-way comparison reported as P value < 0.05	NR

\*\*This comparison appears to be Missing from the Revman table - only included under other comparisons assessed in [Jeffcoate 2009](#)

**Abbreviations**

- AE: adverse event
- CI: confidence interval
- CrI: credible interval
- GBP: British pounds (Sterling)
- HRQoL: health-related quality of life
- NR: not reported
- MTC: mixed treatment comparison

OR: odds ratio  
 RCT: randomised controlled trial  
 RR: risk ratio  
 SD: standard deviation

**Table 15. Comparison 11: review data for alginate dressing versus silver-hydrofibre dressing**

Comparison 11 Alginate dressing versus silver-hydrofibre dressing						
Review	Included trials (trials that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing performance
<a href="#">Dumville 2013a</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Cochrane review</b>	RCTs: 1 Total N: 134 Alginate: n = 67 Silver-hydrofibre: n = 67 <a href="#">Jude 2007</a> (n = 134)* Follow-up: 8 weeks Alginate: n = 67 Silver-hydrofibre: n = 67	<b>% ulcers healed</b> <i>Trial data reported</i> <a href="#">Jude 2007</a> Silver-hydrofibre 21/67 (31%) vs alginate 15/67 (21%); RR 1.40 (95% CI 0.79 to 2.47) <b>Time to healing (days)</b> <i>Trial data reported</i> <a href="#">Jude 2007</a> Silver-hydrofibre 52.6 (SD 1.8) vs alginate 57.7 (SD 1.7)	NR	<i>Trial data reported</i> <a href="#">Jude 2007</a> <b>AEs</b> Alginate 26 including 1 death vs silver-hydrofibre 25 events including 1 death <b>Infections (type unclear)</b> Alginate 8 vs hydrofibre 14 <b>Discontinuation due to AE</b> Alginate 13 vs silver-hydrofibre 8	<i>Trial data reported</i> <b>Number of dressing changes (mean)</b> <a href="#">Jude 2007</a> Alginate 20.8 vs silver-hydrofibre 21.9. No measure of variance reported	NR
<a href="#">Dumville 2012</a> <b>Primary outcomes:</b> time to ulcer healing; ulcers healed within specific time <b>Non-Cochrane review</b>	RCTs: 1 Total N: 134 Alginate: n = 67 Silver-hydrofibre: n = 67 <a href="#">Jude 2007</a> (n = 134)* Follow-up: 8 weeks Alginate: n = 67 Silver-hydrofibre: n = 67	<b>% ulcers healed</b> <i>Pooled analyses</i> <b>Direct estimate:</b> OR 1.58 (95% CI 0.73 to 3.43) <b>MTC estimate:</b> OR 1.73 (95% CrI 0.73 to 3.53)	NR	NR	NR	NR

**Table 15. Comparison 11: review data for alginate dressing versus silver-hydrofibre dressing (Continued)**

<p><a href="#">Game 2012</a>  <b>Primary outcome:</b>          % ulcers healing  <b>Non-Cochrane review</b></p>	<p>RCTs: 1          Total N: 134          Alginate: n = 67          Silver-hydrofibre: n = 67  <a href="#">Jude 2007</a>(n = 134)*          Follow-up: 8 weeks          Alginate: n = 67          Silver-hydrofibre: n = 67</p>	<p><b>% ulcers healed</b>  <i><b>Trial data reported</b></i>  <a href="#">Jude 2007</a>          Alginate 22% vs silver-hydrofibre 31%  <b>Time to healing (days)</b> <i><b>Trial data reported</b></i>  <a href="#">Jude 2007</a>          Alginate 57.7 (SD 1.7) vs silver-hydrofibre 52.6 (SD 1.8)</p>	<p>NR</p>	<p>NR</p>	<p>NR</p>	<p>NR</p>
<p><a href="#">Storm-Versloot 2010</a>  <b>Primary outcome:</b>          wound infection rate and wound healing  <b>Cochrane review</b></p>	<p>RCTs: 1          Total N: 134          Alginate: n = 67          Silver-hydrofibre: n = 67  <a href="#">Jude 2007</a>(n = 134)*          Follow-up: 8 weeks          Alginate: n = 67          Silver-hydrofibre: n = 67</p>	<p><b>% ulcers healed</b>  <i><b>Trial data reported</b></i>  <a href="#">Jude 2007</a>          Silver-hydrofibre 21/67 vs alginate 15/67 (RD 0.09; 95% CI -0.06 to 0.24)  <b>Time to healing (days)</b> <i><b>Trial data reported</b></i>  <a href="#">Jude 2007</a>          Silver-hydrofibre 52.6 (SD 1.8) vs alginate 57.7 (SD 1.7)</p>	<p>NR</p>	<p><i><b>Trial data reported</b></i>  <a href="#">Jude 2007</a>  <b>Participants developing infection</b>          Alginate 8/67 vs hydrofibre 11/67**          RD 0.04 (95% CI -0.07 to 0.16)  <b>Participants with AEs (not clearly defined)</b>          Alginate 26/67 vs hydrofibre 25/67          RD -0.01 (95% CI -0.18 to 0.15)</p>	<p>NR</p>	<p>NR</p>

\*\*Note discrepancy between Dumville and Storm-Versloot on number of infections in hydrofibre dressing - unit of analysis (infections versus participants) - not clear

**Abbreviations**

- AE: adverse event
- CI: confidence interval
- CrI: credible interval
- HRQoL: health-related quality of life
- NR: not reported
- MTC: mixed treatment comparison
- OR: odds ratio
- RCT: randomised controlled trial
- RD: risk difference
- RR: risk ratio
- SD: standard deviation

## APPENDICES

### Appendix I. Glossary

Word	Definition/explanation
Alginate	Substance derived from alginic acid, derived from seaweed, used in making dressings for wounds
Debridement	The removal of foreign material and dead or damaged tissue from a wound
Diabetes mellitus	A metabolic disorder resulting from a defect in insulin secretion, insulin action, or both. The two most common forms are type 1 and type 2; other less common forms also exist
Dressing*	A therapeutic or protective material applied to a wound
Gangrene*	Death and decay of body tissue, often occurring in a limb, caused by insufficient blood supply and usually following injury or disease
Hydrocolloid	Dressing that reacts with wound exudate to maintain the moisture at the surface of a wound
Hydrogel	Water based jelly-like substance, which can be used for the same purpose as hydrocolloid dressings
Insulin	Hormone secreted by the pancreas in response to blood glucose levels. It is involved in regulating blood glucose levels and promotes fuel storage within the body
Ischaemic	Deficient blood supply to any part of the body
Ischaemic ulcer	Area of skin loss (see ulcer, arterial ulcer) resulting from deficient blood supply
Neuropathy*	A disease or abnormality of the nervous system
Occlusive dressing*	A dressing that prevents air from reaching a wound or lesion and that retains moisture, heat, body fluids, and medication
Osteitis*	Inflammation of bone
Osteomyelitis	Inflammation in the marrow of a bone, can occur as a complication of infected diabetic foot ulcers
Peripheral	Outlying, for example: peripheral neuropathy affects the nerves in the outlying parts of the body; and peripheral vascular disease is disease of the small blood vessels close to the surface of the skin
Ulcer in people with diabetes	An area of skin loss resulting from poor blood supply and/or reduced nerve function in the lower limb caused by diabetes mellitus

Definitions taken from Cochrane Wounds Group Glossary unless marked \* when taken from The Free Medical Dictionary (<http://medical-dictionary.thefreedictionary.com>).

## Appendix 2. Search strategy to identify non-Cochrane systematic reviews in Ovid MEDLINE

- 1 exp Occlusive Dressings/ (3359)
- 2 exp Bandages, Hydrocolloid/ (563)
- 3 exp Biological Dressings/ (1122)
- 4 exp Alginates/ (6361)
- 5 exp Hydrogels/ (8384)
- 6 exp Silver/ (12518)
- 7 exp Silver Sulfadiazine/ (737)
- 8 exp Honey/ (2047)
- 9 (dressing\* or hydrocolloid\* or alginate\* or hydrogel\* or foam or bead or film\* or tulle or gauze or non-adherent or non adherent or silver or honey or matrix).tw. (340728)
- 10 or/1-9 (349782)
- 11 exp Foot Ulcer/ (6231)
- 12 exp Diabetic Foot/ (5195)
- 13 (diabet\* adj3 ulcer\*).tw. (2360)
- 14 (diabet\* adj3 (foot or feet)).tw. (4521)
- 15 (diabet\* adj3 wound\*).tw. (1194)
- 16 (diabet\* adj3 amputat\*).tw. (599)
- 17 or/11-16 (8927)
- 18 10 and 17 (657)
- 19 systematic\* review\*.tw. (36034)
- 20 meta-analysis as topic/ (12359)
- 21 (meta-analytic\* or meta-analysis or metanalysis or metaanalysis or meta analysis or meta-synthesis or metasynthesis or meta synthesis or meta-regression or metaregression or meta regression).tw. (37831)
- 22 (synthes\* adj3 literature).tw. (1042)
- 23 (synthes\* adj3 evidence).tw. (2912)
- 24 (integrative review or data synthesis).tw. (6729)
- 25 (research synthesis or narrative synthesis).tw. (437)
- 26 (systematic study or systematic studies).tw. (5597)
- 27 (systematic comparison\* or systematic overview\*).tw. (1409)
- 28 ((evidence based or comprehensive or critical or quantitative or structured) adj review).tw. (15809)
- 29 (realist adj (review or synthesis)).tw. (33)
- 30 or/19-29 (100139)
- 31 review.pt. (1734481)
- 32 (medline or pubmed or embase or cinahl or psyc?lit or psyc?info).ab. (58238)
- 33 ((literature or database\* or bibliographic or electronic or computeri?ed or internet) adj3 search\*).tw. (39600)
- 34 (electronic adj3 database\*).tw. (6818)
- 35 included studies.ab. (4054)
- 36 (inclusion adj3 studies).ab. (4224)
- 37 ((inclusion or selection or predefined or predetermined) adj criteria).ab. (39033)
- 38 (assess\* adj3 (quality or validity)).ab. (31366)
- 39 (select\* adj3 (study or studies)).ab. (29761)
- 40 (data adj3 extract\*).ab. (21026)
- 41 extracted data.ab. (4781)
- 42 (data adj3 abstraction).ab. (615)
- 43 published intervention\*.ab. (83)
- 44 ((study or studies) adj2 evaluat\*).ab. (83681)
- 45 (intervention\* adj2 evaluat\*).ab. (4705)
- 46 (confidence interval\* or heterogeneity or pooled or pooling or odds ratio\*).ab. (319533)
- 47 (Jadad or coding).ab. (101847)
- 48 or/32-47 (631785)
- 49 31 and 48 (93486)



50 review.ti. (209748)  
51 48 and 50 (30178)  
52 (review\* adj4 (papers or trials or studies or evidence or intervention\* or evaluation\*)).tw. (78981)  
53 30 or 49 or 51 or 52 (213228)  
54 letter.pt. (758034)  
55 editorial.pt. (307072)  
56 comment.pt. (484716)  
57 or/54-56 (1152182)  
58 53 not 57 (207741)  
59 exp animals/ not humans/ (3749650)  
60 58 not 59 (199437)  
61 18 and 60 (42)

### **Appendix 3. Search strategy to identify reports of mixed treatment comparisons in Ovid MEDLINE**

1 exp Occlusive Dressings/ (3359)  
2 exp Bandages, Hydrocolloid/ (563)  
3 exp Biological Dressings/ (1122)  
4 exp Alginates/ (6361)  
5 exp Hydrogels/ (8384)  
6 exp Silver/ (12518)  
7 exp Silver Sulfadiazine/ (737)  
8 exp Honey/ (2047)  
9 (dressing\* or hydrocolloid\* or alginate\* or hydrogel\* or foam or bead or film\*1 or tulle or gauze or non-adherent or non adherent or silver or honey or matrix).tw. (340728)  
10 or/1-9 (349782)  
11 exp Foot Ulcer/ (6231)  
12 exp Diabetic Foot/ (5195)  
13 (diabet\* adj3 ulcer\*).tw. (2360)  
14 (diabet\* adj3 (foot or feet)).tw. (4521)  
15 (diabet\* adj3 wound\*).tw. (1194)  
16 (diabet\* adj3 amputat\*).tw. (599)  
17 or/11-16 (8927)  
18 10 and 17 (657)  
19 exp \*Comparative Effectiveness Research/ (557)  
20 exp "Outcome Assessment (Health Care)"/mt, sn [Methods, Statistics & Numerical Data] (8453)  
21 exp Randomized Controlled Trials as Topic/ (83097)  
22 exp Meta-Analysis as Topic/ (12359)  
23 exp \*Treatment Outcome/ (4605)  
24 (mixed treatment comparison\* or indirect treatment comparison\* or indirect comparison\*).tw. (628)  
25 (network meta-analysis or multiple treatments meta-analysis or evidence synthesis).tw. (1002)  
26 or/19-25 (105754)  
27 18 and 26 (557)

## CONTRIBUTIONS OF AUTHORS

Jo Dumville: conceived, designed and co-ordinated the review, extracted and analysed data, undertook quality assessment and completed the first draft of the review and all revisions, responded to peer referee feedback and approved the final version prior to submission.

Gill Norman: designed the review, analysed and interpreted data, checked quality assessment, and completed the first draft of the review and approved the final version prior to submission.

Susan O'Meara: conceived and designed the review, checked data extraction and analysed the data, and completed the first draft of the review and approved the final version prior to submission.

Sally Bell-Syer: conceived and designed the review, interpreted the data, and completed the first draft of the review and approved the final version prior to submission.

Lihua Wu : Designed the review, extracted data, undertook quality assessment, and completed the first draft of the review and approved the final version prior to submission.

## Contributions of editorial base

Nicky Cullum: edited the protocol; advised on methodology, interpretation and protocol content and approved the final review for publication.

Joan Webster: approved the final protocol prior to submission.

Ruth Foxlee: designed the search strategy and edited the search methods section.

Gill Rizzello: administered the editorial process for the review stage.

## DECLARATIONS OF INTEREST

Jo Dumville: none to declare.

Gill Norman: none to declare.

Susan O'Meara: none to declare.

Sally Bell-Syer: none to declare.

Lihua Wu: none to declare.

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