



UNIVERSITY OF LEEDS

This is a repository copy of *Decision-Making Competence and Attempted Suicide*.

White Rose Research Online URL for this paper:

<http://eprints.whiterose.ac.uk/88408/>

Version: Accepted Version

Proceedings Paper:

Szanto, K, Bruine de Bruin, W, Parker, A et al. (3 more authors) (2015) Decision-Making Competence and Attempted Suicide. In: Biological Psychiatry - SOBP 2015 Abstracts. 70th Annual Scientific Meeting of the Society-of-Biological-Psychiatry on Stress, Emotion, Neurodevelopment and Psychopathology, 14-16 May 2015, Toronto, Canada. Elsevier , 76S - 76S. ISBN 1613300077

© 2015, Elsevier. Licensed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International <http://creativecommons.org/licenses/by-nc-nd/4.0/>

Reuse

Unless indicated otherwise, fulltext items are protected by copyright with all rights reserved. The copyright exception in section 29 of the Copyright, Designs and Patents Act 1988 allows the making of a single copy solely for the purpose of non-commercial research or private study within the limits of fair dealing. The publisher or other rights-holder may allow further reproduction and re-use of this version - refer to the White Rose Research Online record for this item. Where records identify the publisher as the copyright holder, users can verify any specific terms of use on the publisher's website.

Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



eprints@whiterose.ac.uk
<https://eprints.whiterose.ac.uk/>

1 **Decision-making competence and attempted suicide**

2 **Authors:** Szanto, Katalin, M.D.¹; Bruine de Bruin, Wändi, PhD²; Parker, Andrew M, PhD³;
3 Hallquist, Michael N, PhD¹; Vanyukov Polina M, PhD¹; Dombrovski, Alexandre Y, M.D.¹

4
5 ¹ Department of Psychiatry, University of Pittsburgh; Pittsburgh, PA, USA

6 ² Centre for Decision Research, Leeds University Business School; Leeds, West Yorkshire, UK

7 ³ RAND Corporation; Pittsburgh, PA, USA

8
9 Financial support provided by NIA K18 AG042166, NIMH R01 MH085651, MH100095, and K23
10 MH086620 (Bethesda, MD; USA), the American Foundation for Suicide Prevention (New York,
11 New York; USA), and the European Union Seventh Framework Programme (FP7-People-2013-
12 CIG-618522).

13
14 Acknowledgment: The authors would like to thank Natalie Truty, B.S., Laura Kenneally, B.S,
15 and Jonathan Wilson, B.S. of the University of Pittsburgh Medical Center for their assistance in
16 data collection as well as in the preparation of this manuscript.

17
18 Data have not previously been presented.

19
20 The authors have nothing to disclose.

21
22 Corresponding author: Katalin Szanto, M.D. Department of Psychiatry, University of Pittsburgh,
23 3811 O'Hara St, Pittsburgh, PA 15213. szantok@upmc.edu; Phone (412) 586-9601; fax (412)
24 246-6030.

25

26 **Abstract:**

27 **Objective:** The propensity of people vulnerable to suicide to make poor life decisions is
28 increasingly well documented. Do they display an extreme degree of decision biases? The
29 present study used a behavioral decision approach to examine the susceptibility of low-lethality
30 and high-lethality suicide attempters to common decision biases, which may ultimately obscure
31 alternative solutions and deterrents to suicide in a crisis.

32

33 **Method:** We assessed older and middle-aged individuals who made high-lethality (medically
34 serious; N=31) and low-lethality suicide attempts (N=29). Comparison groups included suicide
35 ideators (N=30), non-suicidal depressed (N=53), and psychiatrically healthy participants (N=
36 28). Attempters, ideators, and non-suicidal depressed participants had unipolar non-psychotic
37 major depression. Decision biases included sunk cost (inability to abort an action for which
38 costs are irrecoverable), framing (responding to superficial features of how a problem is
39 presented), under/overconfidence (appropriateness of confidence in knowledge), and
40 inconsistent risk perception. Data were collected between June of 2010 and February of 2014.

41

42 **Results:** Both high- and low-lethality attempters were more susceptible to *framing effects*, as
43 compared to the other groups included in this study ($p \leq 0.05$, $\eta_p^2 = .06$). In contrast, low-lethality
44 attempters were more susceptible to *sunk costs* than both the comparison groups and high-
45 lethality attempters ($p \leq 0.01$, $\eta_p^2 = .09$). These group differences remained after accounting for
46 age, global cognitive performance, and impulsive traits. Premorbid IQ partially explained group
47 differences in framing effects.

48

49 **Conclusion:** Suicide attempters' failure to resist framing may reflect their inability to consider a
50 decision from an objective standpoint in a crisis. Low-lethality attempters' failure to resist sunk-

51 cost may reflect their tendency to confuse past and future costs of their behavior, lowering their
52 threshold for acting on suicidal thoughts.

53

54 **Key words:** Depression, decision-making, suicide, attempted, elderly

55 INTRODUCTION

56 Older adults who attempt suicide often regret this decision, describing it as a “bad choice.” A
57 constricted temporal focus on immediate goals and concrete thinking have been theorized to
58 obscure alternatives to suicide in a crisis^{1,2}. People often proceed with the suicidal plan even
59 after realizing, in the words of Dostoevsky, its “absurdity and monstrosity”³ (see also,
60 attemptsurvivors.com/our-stories/). According to behavioral decision theory, humans aim to be
61 optimal decision makers by making rational choices as proposed by, for example, expected
62 utility theory⁴. By contrast, suicidal behavior often co-occurs with conditions hallmarked by
63 suboptimal decisions such as gambling and addiction^{5,6}. While the evidence is mixed⁷, a
64 number of studies reported that, in the laboratory, suicide attempters perform poorly on
65 gambling tasks^{8,9} and describe themselves as poor problem solvers^{10,11}, suggesting that
66 suicidal behavior is facilitated by poor decision-making.

67 Behavioral decision research has revealed that people often systematically deviate from
68 normative standards for rational decision-making (for a review of normative decision theory, see
69 Edwards⁴). For example, they persist with failing plans despite irrecoverable investments, i.e.
70 sunk cost bias¹², and make decisions that are influenced by irrelevant variations in how
71 information is presented, i.e. framing effects¹³. Systematic individual differences in such
72 decision-making biases¹⁴ can be captured with a validated measure, the Adult Decision-Making
73 Competence battery of tasks (A-DMC). This measure has reliability across decision-making
74 tasks, and validity for real-world decision outcomes even after controlling for fluid intelligence
75 and socioeconomic status^{14,15}. However, neither these insights into decision-making biases nor
76 this measure have yet been applied to characterize decision deficits associated with suicidal
77 behavior. Thus, we investigated whether suicide attempters demonstrate exaggerated decision-
78 making biases.

79 Our study focused on attempted suicide in older- and middle-aged adults, since the suicide rate
80 is high in these age groups¹⁶. Additionally, older adults who attempt suicide are more similar,
81 demographically, to those who die by suicide than are younger suicide attempters. Suicide
82 attempts also tend to be more lethal in older adults¹⁷. Furthermore, most older adults who
83 attempt suicide suffer from depression^{18, 19}, however, only a minority contemplate suicide, and
84 an even smaller number proceed to act on those thoughts. To characterize the relationship
85 between attempted and/or contemplated suicide and decision-making competence, above and
86 beyond the effects of depression or suicidal ideation, our study groups included older adults with
87 a history of suicide attempt (attempters), those who have contemplated suicide but have never
88 attempted (ideators), depressed individuals with no history of suicide attempt or suicidal ideation
89 (non-suicidal depressed), and psychiatrically healthy older adults. This design allowed us to
90 investigate systematic group differences in the decision-making competence, which could
91 suggest or disprove the possibility that decision biases operate at the final stage of the suicidal
92 process; that of acting on the suicidal ideas.

93 Moreover, suicide attempts are heterogeneous, ranging from high-lethality, with significant
94 medical damage requiring admission to a medical/surgical unit or treatment in an emergency
95 outpatient department, to low-lethality suicide attempts which are not likely to cause significant
96 medical damage. High- and low-lethality attempters often display distinct clinical and biological
97 profiles^{20, 21}. Earlier studies indicated that low-lethality attempters displayed exaggerated
98 discounting of delayed rewards²², while high-lethality attempters were characterized by deficits
99 in cognitive inhibition^{23, 24}, failure to shift sets²⁵, and interference of social emotions with decision
100 making²⁶. However, it remains an open question how/whether the heterogeneity in the lethality
101 of suicidal behavior maps onto specific decision-making deficits. Tests of biases are one way to
102 capture the decision-making phenotypes of suicide attempters. Thus, our analyses examined
103 decision-making biases in high- and low-lethality suicide attempters separately.

104 We tested whether older adults who attempted suicide would display lower decision-making
105 competence than the other groups, as seen in lower scores across the following A-DMC tasks:

106 1) *Resistance to Sunk Costs*: measures the ability to discontinue actions where costs are
107 irrecoverable²⁷. Compared to other domains of decision competence, resistance to sunk costs is
108 a more affect-laden process. For example, negative emotions such as anger²⁸ and anxiety²⁹
109 have been shown to increase sunk-cost bias. In our previous studies, low-lethality suicide
110 attempts were associated with maladaptive impulsive behaviors, such as inability to delay
111 gratification²². Therefore LL attempters can be thought of as generally having a lower threshold
112 for acting on their suicidal thoughts, in contrast to HL attempters, who tend to engage in more
113 premeditation, preparation, and choose more lethal methods. Thus, we investigated whether LL
114 attempters would be more likely to show deficits in this affectively-laden domain of decision
115 competence.

116 2) *Resistance to Framing Effects*: measures the ability to make decisions that are unaffected by
117 normatively meaningless differences in how information is presented. Resisting framing effects
118 is cognitively demanding, as one needs to conceptualize the problem on an abstract level, thus
119 performance is likely affected by cognitive deficits that have been associated with suicide
120 attempts^{24, 30-32}. Therefore, we investigated whether both HL and LL attempter groups would be
121 overly influenced by framing effects.

122 3) *Under/Overconfidence*: assesses the appropriateness of confidence in one's knowledge. The
123 tendency to overestimate knowledge is sometimes diminished in patients with mood disorders
124 ("depressive realism"³³). Given this, and the association of depression with pessimism, we
125 investigated whether non-depressed participants would be more likely to report confidence that
126 is not justified by their level of knowledge.

127 4) *Consistency in Risk Perception*: assesses the ability to follow probability rules when thinking
128 about the likelihood of future events. Given our previous findings that suicide attempters ignored
129 probabilities on a gambling task⁹, we investigated whether both attempter groups would have
130 deficits in following probability rules as measured by this task.

131 Finally, we examined whether group differences in decision competence were epiphenomenal
132 (secondary) to other components of vulnerability to suicide. For example, cognitive impairment
133 ^{24, 25, 30, 32} and impulsive-aggressive personality traits^{34, 35} have been recognized as components
134 of individual vulnerability to suicide (“suicidal diathesis”). Studies have shown a negative
135 correlation between cognitive ability and violations of cost-benefit rules, such as resistance to
136 sunk costs³⁶ and framing errors³⁷. In addition, certain maladaptive personality traits that are
137 over-represented among suicidal people, such as high neuroticism, low conscientiousness, and
138 high impulsivity³⁸, have been associated with framing errors^{39, 40}. Thus, we examined whether
139 group differences in decision-making competence persisted after accounting for cognitive ability,
140 chronic interpersonal difficulties, and impulsivity.

141

142 **METHOD**

143 **Sample and Procedures:**

144 The study included 171 participants (age range=42-97, mean= 66.3 sd=9.9). All participants
145 provided written informed consent. Data were collected between June 2010 and February 2014.
146 The University of Pittsburgh Institutional Review Board approved the study.

147 Suicide attempters (N=60) had engaged in a self-injurious act with the intent to die within a two-
148 week period prior to entering the study, or had a history of past suicide attempt and current
149 suicidal ideation with a plan at the time of study enrollment. Medical seriousness of attempts

150 was assessed using the Beck Lethality Scale (BLS)⁴¹. For participants with multiple attempts,
151 data for the highest lethality attempt is presented. Following the literature, high-lethality
152 attempters scored ≥ 4 on the BLS, whereas low-lethality attempters incurred no significant
153 medical damage and scored a 3 or less on the BLS. Current suicidal ideation was assessed
154 using the Beck Scale of Suicidal Ideation⁴².

155 Suicide ideators (N=30) endorsed suicidal ideation with a specific plan, but had no lifetime
156 history of suicide attempt. These participants seriously contemplated suicide and communicated
157 some intention to family or medical staff triggering inpatient psychiatric admission or initiation of
158 mental health treatment.

159 Non-suicidal depressed participants (N=53) had no lifetime history of suicide attempt or suicidal
160 ideation. Participants with passive death wish were excluded from the non-suicidal depressed
161 group.

162 Suicide attempters, ideators, and non-suicidal depressed participants were diagnosed with
163 unipolar non-psychotic major depression using the Structured Clinical Interview for *DSM-IV* Axis
164 I Disorders⁴³. Depression severity was measured by the 17-item Hamilton Rating Scale for
165 Depression⁴⁴. We excluded individuals with clinical dementia (score < 24 on the Mini-Mental
166 State Examination⁴⁵), and those with a history of neurological disorders, delirium, or sensory
167 disorders that preclude neuropsychological testing. Participants continued to receive
168 psychotropic medications as clinically indicated. We also included 28 non-psychiatric controls,
169 who had no lifetime history of mental health treatment and no lifetime diagnosis of DSM-IV axis I
170 disorders (healthy controls, [HC]).

171 For demographic and clinical characterization of the sample, see Table 1.

172

173 <Insert Table 1 here>

174 Gender, race and per capita household income were similar across groups. Non-suicidal
175 depressed participants were older than the suicide attempters. In addition, high-lethality
176 attempters had lower education than non-psychiatric controls and suicide ideators.
177 Consequently, we included age and education in the regression models as covariates.

178 **A-DMC:** A-DMC is available online [http://www.sjdm.org/dmidi/Adult -](http://www.sjdm.org/dmidi/Adult_-_Decision_Making_Competence.html)
179 [_Decision Making Competence.html](http://www.sjdm.org/dmidi/Adult_-_Decision_Making_Competence.html); for detailed description see¹⁴. A research specialist
180 administered the A-DMC task at the participants' own pace. More on sample items and scoring
181 can be found in the supplemental material. Briefly:

182 Susceptibility to **sunk cost bias** is measured by ten items (e.g., *You and your friend have*
183 *driven halfway to a resort. Both you and your friend feel sick. You both feel that you both would*
184 *have a much better weekend at home. Your friend says it is "too bad" you already drove*
185 *halfway, because you both would much rather spend the time at home. You agree. Would you*
186 *be more likely to drive on or turn back?*).

187 Resistance to **framing effects** is measured by seven-item pairs of attribute framing (e.g., *the*
188 *quality of ground beef labeled 80% lean or 20% fat, advising a family member about a cancer*
189 *treatment with a 50% success rate or a 50% failure rate*) and seven-item pairs measuring risky-
190 choice framing tasks. The positive frames and negative frames appear in separate sets with
191 different item orders and are separated by other A-DMC tasks.

192 **Under/overconfidence:** Participants indicate whether statements are true or false (e.g., *Alcohol*
193 *causes dehydration, True or False?*), then assess their confidence in that answer on a scale
194 from 50% (just guessing) to 100% (absolutely sure). The overall score reflects mean confidence
195 minus percent correct across items. Overall, a decision maker who answers 70% of items
196 correctly should express 70% confidence.

197 **Consistency in Risk Perception:** Twenty items ask participants to judge the chance of an
198 event (e.g., *What is the probability that you will get into a car accident while driving during the*
199 *next year? What is the probability that your driving will be accident-free during the next year?*)
200 on a linear scale ranging from 0% (no chance) to 100% (certainty). Scoring is the percentage of
201 consistent risk judgments across related events.

202 **Global cognitive ability** was assessed with the Mattis Dementia Rating Scale (DRS)⁴⁶. Scores
203 on the DRS range from 0-144, with lower scores indicating more impairment; its subscales
204 assess Initiation/Perseveration, Attention, Construction, Conceptualization, and Memory. The
205 Wechsler Test of Adult Reading (WTAR) was used as an estimate for premorbid intelligence⁴⁷.

206 **Impulsivity** was assessed with the Social Problem Solving Inventory (SPSI)
207 Impulsivity/Carelessness subscale⁴⁸.

208 **Chronic interpersonal problems** were measured by the Inventory of Interpersonal Problems
209 (IIP-15)^{49, 50}, which assesses interpersonal sensitivity, ambivalence, and aggression indicative
210 of a dysfunctional personality.

211 **Data analyses:** We first examined group differences in overall decision-making competence
212 using a MANOVA with four normalized A-DMC subscale scores jointly considered as dependent
213 variables. This analysis was repeated while taking into account possible confounders
214 (demographic characteristics and global cognitive ability). To examine group differences in
215 specific domains of decision-making, we performed follow-up ANOVAs using each of the four A-
216 DMC subscales – as dependent variables. Taking advantage of our 5-group design, we followed
217 up by systematically testing group differences reflecting presumed effects of depression,
218 suicidal ideation, suicide attempt, and attempt lethality using a Helmert contrast (comparing
219 healthy controls vs. all depressed, non-suicidal depressed vs. all suicidal (ideators, HL and LL),
220 suicide ideators vs. all attempters, low-lethality vs. high-lethality attempters). The second model

221 also included demographic characteristics to test whether group differences were robust to the
222 inclusion of these covariates. A third model included all the above characteristics as well as the
223 DRS score. Finally, in exploratory analyses, we tested potential explanatory variables
224 (impulsivity, interpersonal functioning, depression severity, history of substance abuse,
225 premorbid IQ) that may have accounted for group differences in decision competence.

226

227 **RESULTS:**

228 **Group differences in overall decision competence**

229 A multivariate ANOVA, using the scores on the four A-DMC subscales as dependent variables,
230 indicated significant group differences in decision-making competence (Wilks' lambda = .83,
231 $F[16, 516.94] = 2.06, p=0.009, \eta_p^2=0.05$), which remained after controlling for demographic
232 characteristics (group: Wilks' lambda = .81, $F[16, 489.44] = 2.23, p<0.01, \eta_p^2=0.05$; age:
233 $\eta_p^2=0.04$; sex: $\eta_p^2=0.07$; race: $\eta_p^2=0.06$; education: $\eta_p^2=0.05$), and for global cognitive ability
234 (group: Wilks' lambda = .82, $F[16, 480.28] = 2.04, p=0.01, \eta_p^2=0.05$; age: $\eta_p^2=0.04$; sex:
235 $\eta_p^2=0.07$; race: $\eta_p^2=0.06$; education: $\eta_p^2=0.05$; global cognitive ability: $\eta_p^2=0.07$).

236 **Group differences across domains**

237 Next, we conducted separate univariate ANOVAs on each of the four A-DMC subscales. There
238 were significant mean group differences in *Resistance to Sunk Costs* (see Table 2a). While all
239 depressed participants did not differ from healthy controls ($p=0.07$) and all participants with
240 suicidal ideation did not differ from non-suicidal depressed ($p=0.96$), suicide attempters were
241 more susceptible to sunk cost than suicide ideators ($p=0.04$). Low-lethality attempters were
242 more susceptible to sunk cost than high-lethality attempters ($p<0.002$; Figure 1a).

243 There was also a significant mean difference in *Resistance to Framing Effects* across the
244 groups (see Table 2b). While all depressed participants did not differ from healthy controls
245 ($p=.15$) and all participants with suicidal ideation did not differ from non-suicidal depressed
246 ($p=.44$), suicide attempters were more susceptible to framing effects than suicide ideators
247 ($p<.01$; Figure 1b). There was no effect of attempt lethality ($p=.23$).

248 Contrary to our expectation that depressed participants were more likely to recognize the extent
249 of their knowledge, we failed to find significant group differences in *Under/Overconfidence*
250 ($F[4,166]=1.4$, $p=0.23$; Figure 1c). An additional analysis examining confidence after controlling
251 for knowledge⁵¹ (i.e. whether one is more or less confident than his knowledge would justify)
252 similarly failed to find any group differences ($F[4,165]=2.1$, $p=0.09$). There were also no group
253 differences in *Consistency of Risk Perception* among the groups ($F[4,166]=1.9$, $p=0.11$; Figure
254 1d).

255 <Insert Figure 1 here>

256

257 **Group differences in *Resistance to Sunk Cost* and *Framing Effects*, adjusting for**
258 **possible confounders**

259 Group differences in *Resistance to Sunk Cost* scores remained significant after accounting for
260 age, gender, race, and education (see Table 2a). Poorer global cognition (lower DRS scores)
261 was associated with poorer resistance to sunk cost, ($F[9, 161]= 3.6$, $p<0.001$, $\eta_p^2=0.05$) but
262 even after its inclusion in the model, group differences remained ($F[4, 161] = 3.8$, $p<0.01$,
263 $\eta_p^2=0.09$).

264 Similarly, group differences remained significant when IQ (WTAR scores) (available on 150/171
265 participants) was added to the model (group: $F[4,139] = 2.69, p = .03, \eta_p^2 = .08$, WTAR: $F[1,139]$
266 $= 4.29, p = .04, \eta_p^2 = .03$).

267

268 <Insert Table 2a here>

269

270 Group differences in *Resistance to Framing Effects* remained significant in the model including
271 age, race, gender, and education (Supplementary eTable 1a), $F[4, 161] = 3.4, p = 0.01, \eta_p^2 = 0.08$,
272 while age, race, and education explained additional variance ($F[9, 161] = 5.3, p < 0.01, \eta_p^2 = .23$).
273 Including global cognition did not explain any additional or unique variance. However, when
274 premorbid IQ was included in the model, group differences were no longer significant (added to
275 the full model with age, sex, race, education, DRS, group: $F[4,139] = 2.01, p = .10, \eta_p^2 = .06$,
276 WTAR: $F(1,139) = 1.71, p = .19, \eta_p^2 = .01$).

277

278 <Insert Table 2b here>

279

280 Additional sensitivity analyses and Correlations with the A-DMC subscales and clinical and
281 cognitive variables are reported in the Supplemental material.

282 **Exploratory analyses**

283 We tested whether group differences in decision-making competence were explained by
284 maladaptive personality traits, particularly impulsivity. Because participants reporting higher
285 interpersonal ambivalence also displayed somewhat lower resistance to both sunk cost and
286 framing (Supplementary eTable 1a), we included these variables in our analyses of group

287 differences. After accounting for age, gender, race, and education, interpersonal ambivalence
288 explained no additional variance in resistance to sunk cost ($F[4,155]=1.56, p=0.21, \eta_p^2=0.01$),
289 but predicted lower resistance to framing ($F[4,155]=5.91, p=0.02, \eta_p^2=0.04$), with group
290 differences remaining significant. Impulsivity (SPSI Impulsive/Careless subscale) did not explain
291 additional unique variance in resistance to sunk costs or shared variance with group. Impulsivity
292 explained a small proportion of variance in resistance to framing shared with group, but did not
293 increase the total variance explained. Group differences remained significant. We performed
294 additional analyses to account for depression severity. HAM-D 16 scores (without the suicide
295 item) did not explain any additional variance in resistance to framing or in sunk cost ($p>.61, \eta_p^2$
296 $<.01$) when added to the full model (age, sex, education, DRS, group, WTAR). In participants
297 with major depression, lifetime history of substance use disorders did not explain any additional
298 variance in resistance to framing ($p=.54, \eta_p^2=.01$), when added to the full model. It did predict
299 lower resistance to sunk cost ($F(2,91) = 3.58, p = .03, \eta_p^2 = .07$), but significant group
300 differences remained ($F(3,91) = 3.13, p = .029, \eta_p^2 = .09$).

301

302 **DISCUSSION**

303 We found significant group differences in overall decision-making competence. Subsequent
304 analyses revealed that suicide attempters were more susceptible to framing effects than non-
305 psychiatric controls, depressed non-suicidal individuals, and ideators, a difference partially
306 explained by premorbid IQ. Low-lethality attempters were more susceptible to sunk cost than
307 non-psychiatric controls, suicide ideators, and high-lethality attempters.

308 What are the psychological underpinnings of susceptibility to sunk cost? When compared to
309 other decision-making abilities, resistance to sunk cost appears to rely less on fluid
310 intelligence¹⁴. Rather, it is impaired in individuals prone to regret and rumination about losses⁵².

311 Inability to resist sunk costs can be thought of as a form of entrapment⁵³. To the extent that
312 these group differences in the ability to resist sunk costs from the past can be generalized to the
313 suicidal crisis, suicide attempters' decisions may be driven by their stronger focus on painful
314 past experiences.

315 We found that suicide attempters were susceptible to framing bias. The ability to resist framing
316 effects is exemplified by giving the same response to a pair of equivalent prospects, e.g., one
317 presented in a gain and another in a loss frame⁵⁴. Suicide attempters were impaired on this
318 cognitively demanding task. Susceptibility to framing effects was modestly correlated with age,
319 global cognition, IQ, ambivalence in interpersonal relationships, and impulsive/careless social
320 problem-solving style. Of these, only IQ partially explained the group differences in susceptibility
321 to framing effects; results from large epidemiological studies demonstrate a relationship
322 between IQ and death by suicide and suicide attempt^{55, 56}. It is possible that the inability to
323 conceptualize the problem at a higher abstract level inhibits the search for alternative solutions
324 in a suicidal crisis.

325 Decision making is often thought of as a balance between deliberative and affective processes.
326 From this perspective, diminished ability to resist sunk costs and framing effects may be
327 particularly detrimental in the face of extreme affects⁵⁷, propelling a suicidal crisis.

328 Our prediction that depressed participants' would differentially recognize the extent of their
329 knowledge compared to non-psychiatric controls was not supported. It is possible, however, that
330 our measure of general knowledge was not sensitive enough to capture domain-specific
331 misjudgment of confidence. For example, overconfidence has been related to perceived
332 knowledge in gambling⁵⁸ and substance use¹⁵ in samples characterized by those risky
333 behaviors. Tasks that assess knowledge about depressive illness and/or self-efficacy may be

334 more sensitive indicators of confidence misjudgment in depressed individuals than general
335 knowledge questions.

336 *Consistency in Risk Perception* was relatively similar among the groups and modestly correlated
337 with interpersonal aggression but not with cognitive abilities. Those who indicated higher
338 interpersonal aggression perceived risk less consistently. Impulsive-aggressive traits are more
339 pronounced among younger suicidal individuals³⁴, who may show a greater impairment in this
340 domain.

341 Our results resonate with the *entrapment theory of suicide*⁵³, and the conceptualization of
342 suicidal crisis as a state of entrapment and ruminative flooding⁵⁹, indicating that the experience
343 of entrapment may be shaped by an excessive focus on past losses and an inability to flexibly
344 conceptualize one's situations. Even more relevant to our results is Baumeister's escape theory
345 where death is sought to end "aversive [...] awareness of one's painful life situation."¹ It is easy
346 to see how excessive attention to sunk costs – irrecoverable losses – would contribute to such
347 an aversive self-awareness.

348 We found that older people with a history of suicide attempts display heterogeneity in decision
349 competence that somewhat mirrors the clinical presentation of the attempt. Decision-making
350 abilities of suicide ideators, on the other hand, were more similar to that of non-suicidal
351 depressed controls than to suicide attempters, suggesting that decision biases may operate at
352 the final stage of the suicidal process, that of acting on suicidal ideas.

353 Our study is limited by a cross-sectional design. We focused on older adults with unipolar
354 depression, as it is the most common antecedent of late-life suicide^{18, 60}. Although we found
355 group differences in decision-making competence, we were unable to directly study the
356 application of decision-making competence during the suicidal crisis, which would be possible
357 only with a prospective design.

358 It is also unclear to what extent our findings can be generalized to other populations. In addition,
359 we were not able to explore potential life-span changes in decision-making skills.

360 Future research may take a more integrative perspective by examining how susceptibility to
361 biases, such as those described here, relate to altered decisions and behavior in a suicidal
362 crisis, and neural signals during decision-making and learning tasks, by looking specifically at
363 the interaction between emotional states and decision-making outcomes in suicide attempters
364 (e.g., Eldar & Niv, 2014⁶¹).

365 In summary, attempted suicide appears to be associated with specific decision biases. Poor
366 decisions can also result in an accumulation of financial, occupational, or interpersonal
367 problems that in turn precipitate the suicidal crisis. Individual differences in decision-making
368 competence may guide intervention. Decision-making competence can be improved⁶², offering
369 a possible avenue for preventing the escalation of a suicidal crisis. One way to address this
370 vulnerability in psychotherapy with suicidal individuals is mindfulness meditation, provided that
371 these skills can be applied in a suicidal crisis. Mindfulness meditation has been shown to
372 improve resistance to sunk-cost bias through decreased focus on past and future and
373 decreased negative affect⁶³. Another approach would be a modification of Cognitive Behavioral
374 Therapy, which has been successfully used in suicidal patients⁶⁴, specifically targeting the
375 tendency to dwell on irrecoverable losses. While the role of framing effects in suicidal behavior
376 is presently less clear, a case can be made for fostering a strategic approach to decisions in
377 learning-based therapies.

378 **CLINICAL POINTS**

379 People vulnerable to suicide make poor life decisions. Yet, we know little about their decision-
380 making competence.

381 We found that suicide attempters are less likely to avoid common decision biases than control
382 groups. Namely they lacked a flexible and critical mind to avoid the effect of framing and were
383 excessively focused on past negative experiences. Improving decision competence could be a
384 goal of psychotherapy with suicide attempters.

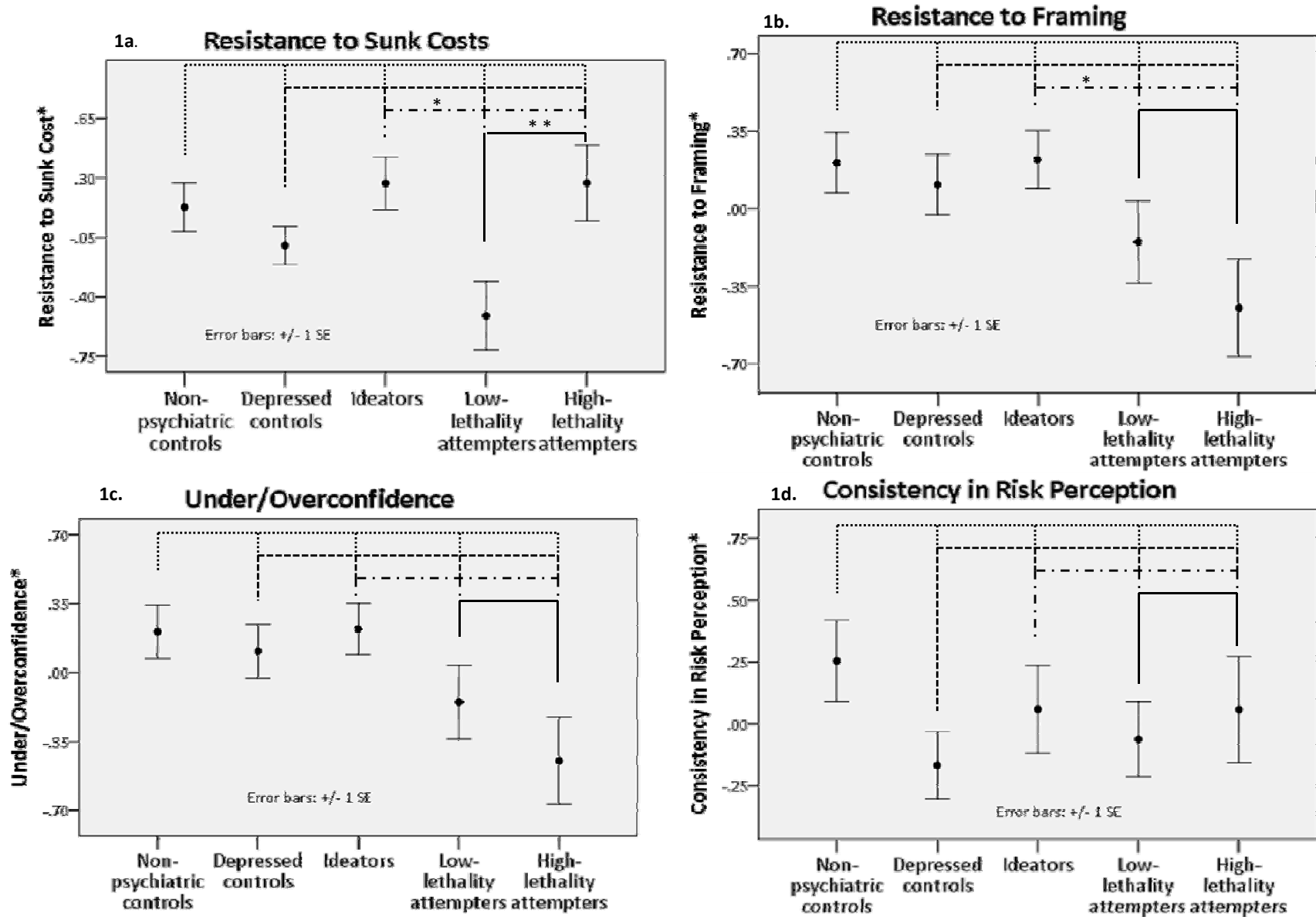
References

- 385
386 1. Baumeister RF. Suicide as Escape from Self. *Psychol Rev* 1990 Jan;97(1):90-113.
387 2. Ringel E. The presuicidal syndrome. *Suicide Life Threat Behav* 1976;6(3):131-149.
388 3. Dostoevsky F. *Crime and Punishment: The Russian Messenger*; 1866.
389 4. Edwards W. The theory of decision making. *Psychol Bull* 1954;51(4):380.
390 5. Manning V, Koh PK, Yang Y, et al. Suicidal ideation and lifetime attempts in substance and
391 gambling disorders. *Psychiatry Research*.
392 6. Dougherty DM, Mathias CW, Marsh DM, Moeller FG, Swann AC. Suicidal behaviors and drug
393 abuse: impulsivity and its assessment. *Drug Alcohol Depend* 2004;76(Supplement 1):S93-S105.
394 7. Gorlyn M, Keilp JG, Oquendo MA, Burke AK, Mann JJ. Iowa Gambling Task performance in
395 currently depressed suicide attempters. *Psychiatry research* 2013;207(3):150-157.
396 8. Jollant F, Bellivier F, Leboyer M, et al. Impaired decision making in suicide attempters. *Am J*
397 *Psychiatry* 2005 Mar;162(2):304-310.
398 9. Clark L, Dombrovski AY, Siegle GJ, et al. Impairment in risk-sensitive decision-making in older
399 suicide attempters with depression. *Psychol Aging* 2011;26(2):321-330.
400 10. Gibbs LM, Dombrovski AY, Morse J, Siegle GJ, Houck PR, Szanto K. When the solution is part of
401 the problem: problem solving in elderly suicide attempters. *Int J Geriatr Psychiatry* 2009
402 Dec;24(12):1396-1404.
403 11. D'Zurilla TJ, Chang EC, Nottingham EJ, Faccini L. Social problem-solving deficits and
404 hopelessness, depression, and suicidal risk in college students and psychiatric inpatients. *J Clin Psychol*
405 1998 Dec;54(8):1091-1107.
406 12. Arkes HR, Blumer C. The psychology of sunk cost. *Organizational behavior and human decision*
407 *processes* 1985;35(1):124-140.
408 13. Tversky A, Kahneman D. The framing of decisions and the psychology of choice. *Science*
409 1981;211(4481):453-458.
410 14. Bruine de Bruin W, Fischhoff B, Parker A. Individual Differences in Adult Decision-Making
411 Competence. *J Pers Soc Psychol* 2007;92(5):938-956.
412 15. Parker AM, Fischhoff B. Decision-making competence: External validation through an individual-
413 differences approach. *J Behav Decis Making* 2005 Jan;18(1):1-27.
414 16. Centers for Disease Control and Prevention NCFIPaC. National Suicide Statistics At A Glance.
415 2012 May 11, 2012 [cited 2013 August 9]; Available from:
416 <http://www.cdc.gov/violenceprevention/suicide/statistics/aag.html#C>
417 17. De Leo D, Padoani W, Scocco P, et al. Attempted and completed suicide in older subjects: results
418 from the WHO/EURO Multicentre Study of Suicidal Behaviour. *Int J Geriatr Psychiatry* 2001
419 Mar;16(3):300-310.
420 18. Conwell Y, Duberstein PR, Cox C, Herrmann JH, Forbes NT, Caine ED. Relationships of age and
421 axis I diagnoses in victims of completed suicide: a psychological autopsy study. *Am J Psychiatry* 1996
422 Aug;153(8):1001-1008.
423 19. Waern M, Runeson BS, Allebeck P, et al. Mental disorder in elderly suicides: a case-control
424 study. *Am J Psychiatry* 2002 Mar;159(3):450-455.
425 20. Leyton M, Paquette V, Gravel P, et al. alpha-[11C]Methyl-L-tryptophan trapping in the orbital
426 and ventral medial prefrontal cortex of suicide attempters. *Eur Neuropsychopharmacol* 2006
427 Apr;16(3):220-223.
428 21. Oquendo MA, Placidi GP, Malone KM, et al. Positron emission tomography of regional brain
429 metabolic responses to a serotonergic challenge and lethality of suicide attempts in major depression.
430 *Arch Gen Psychiatry* 2003 Jan;60(1):14-22.
431 22. Dombrovski AY, Szanto K, Siegle GJ, et al. Lethal Forethought: Delayed Reward Discounting
432 Differentiates High- and Low-Lethality Suicide Attempts in Old Age. *Biol Psychiatry* 2011;70(2):138-144.

- 433 23. Richard-Devantoy S, Annweiler C, Beauchet O, Camus V, Le Gall D, Garre JB. P03-470 - Cognitive
434 inhibition in suicidal depressed elderly. *European Psychiatry* 2011;26(1):1640.
- 435 24. Keilp JG, Sackeim HA, Brodsky BS, Oquendo MA, Malone KM, Mann JJ. Neuropsychological
436 dysfunction in depressed suicide attempters. *Am J Psychiatry* 2001;158(5):735-741.
- 437 25. McGirr A, Dombrovski AY, Butters M, Clark L, Szanto K. Deterministic learning and attempted
438 suicide among older depressed individuals: Cognitive assessment using the Wisconsin Card Sorting Task.
439 *J Psychiatr Res* 2012 February 2012;46(2):226–232.
- 440 26. Szanto K, Clark L, Hallquist M, Vanyukov P, Crockett M, Dombrovski A. The cost of social
441 punishment and high-lethality suicide attempts. *Psychol Aging* 2014 Mar 2014;29(1):84-94.
- 442 27. Brockner J, Rubin JZ. *Entrapment in escalating conflicts: A social psychological analysis*: Springer-
443 Verlag New York; 1985.
- 444 28. Coleman MD. Sunk cost, emotion, and commitment to education. *Current Psychology*
445 2010;29(4):346-356.
- 446 29. Moon H, Hollenbeck JR, Humphrey SE, Maue B. The tripartite model of neuroticism and the
447 suppression of depression and anxiety within an escalation of commitment dilemma. *J Pers*
448 2003;71(3):347-368.
- 449 30. Keilp JG, Sackeim HA, Mann JJ. Correlates of trait impulsiveness in performance measures and
450 neuropsychological tests. *Psychiatry Res* 2005 Jun 30;135(3):191-201.
- 451 31. Richard-Devantoy S, Berlim M, Jollant F. A meta-analysis of neuropsychological markers of
452 vulnerability to suicidal behavior in mood disorders. *Psychol Med* 2013:1-11.
- 453 32. Gujral S, Dombrovski AY, Butters M, Clark L, Reynolds CF, 3rd, Szanto K. Impaired Executive
454 Function in Contemplated and Attempted Suicide in Late Life. *Am J Geriatr Psychiatry* 2013 Feb 6.
- 455 33. Alloy LB, Abramson LY. Depressive realism: Four theoretical perspectives. In *Cognitive processes*
456 *in depression*. 1 Jan 1988 ed. New York, NY: Guilford Press (New York, NY, US); 1988: 223-265.
- 457 34. McGirr A, Renaud J, Bureau A, Seguin M, Lesage A, Turecki G. Impulsive-aggressive behaviours
458 and completed suicide across the life cycle: a predisposition for younger age of suicide. *Psychol Med*
459 2008 Mar;38(3):407-417.
- 460 35. Mann JJ, Waternaux C, Haas GL, Malone KM. Toward a clinical model of suicidal behavior in
461 psychiatric patients. *Am J Psychiatry* 1999 Feb;156(2):181-189.
- 462 36. Larrick RP, Nisbett RE, Morgan JN. Who uses the cost-benefit rules of choice? Implications for
463 the normative status of microeconomic theory. *Organizational Behavior and Human Decision Processes*
464 1993;56(3):331-347.
- 465 37. Stanovich KE. *Who is rational?: Studies of individual differences in reasoning*: Psychology Press;
466 1999.
- 467 38. Baud P. Personality traits as intermediary phenotypes in suicidal behavior: Genetic issues.
468 *American Journal of Medical Genetics Part C: Seminars in Medical Genetics* 2005;133C(1):34-42.
- 469 39. Soane E, Chmiel N. Are risk preferences consistent?: The influence of decision domain and
470 personality. *Personality and Individual Differences* 2005;38(8):1781-1791.
- 471 40. Lauriola M, Russo PM, Lucidi F, Violani C, Levin IP. The role of personality in positively and
472 negatively framed risky health decisions. *Personality and individual differences* 2005;38(1):45-59.
- 473 41. Beck AT, Beck R, Kovacs M. Classification of suicidal behaviors: I. Quantifying intent and medical
474 lethality. *Am J Psychiatry* 1975 Mar;132(3):285-287.
- 475 42. Beck AT, Kovacs M, Weissman A. Assessment of suicidal intention: the Scale for Suicide Ideation.
476 *J Consult Clin Psychol* 1979 Apr;47(2):343-352.
- 477 43. First MS, Gibbon M, Williams JBW. *Structured clinical interview for DSM-IV Axis I Disorders -*
478 *Patient Edition (SCID-I/P)*. Version 2.0; 1995.
- 479 44. Hamilton M. A rating scale for depression. *J Neurol Neurosurg Psychiatry* 1960 Feb;23:56-62.

- 480 45. Folstein MF, Folstein SE, McHugh PR. "Mini-mental state". A practical method for grading the
481 cognitive state of patients for the clinician. *Journal of Psychiatric Research* 1975;12(3):189-198.
- 482 46. Mattis S. *Dementia Rating Scale (DRS): Professional Manual*. Psychological Assessment
483 Resources. Odessa, FL; 1988.
- 484 47. Wechsler D. *The Wechsler Test of Adult Reading: WTAR*. San Antonio: Psychological
485 Corporation; 2001.
- 486 48. D'Zurilla TJ, Nezu AM. Development and preliminary evaluation of the Social Problem-Solving
487 Inventory. *Psychological Assessment: A Journal of Consulting and Clinical Psychology* 1990;2(2):156-163.
- 488 49. Horowitz LM, Rosenberg SE, Baer BA, Ureño G, Villaseñor VS. Inventory of interpersonal
489 problems: Psychometric properties and clinical applications. *J Consult ClinPsychol* 1988 December
490 1988;56(6):885-892.
- 491 50. Pilkonis PA, Kim Y, Proietti JM, Barkham M. Scales for personality disorders developed from the
492 Inventory of Interpersonal Problems. *J Personal Disord* 1996;10(4):355-369.
- 493 51. Parker AM, Stone ER. Identifying the effects of unjustified confidence versus overconfidence:
494 Lessons learned from two analytic methods. *J Behav Decis Making* 2014;27(2):134-145.
- 495 52. van Putten M, Zeelenberg M, van Dijk E. Who throws good money after bad? Action vs. state
496 orientation moderates the sunk cost fallacy. *Judgment and Decision Making* 2010;5(1):33-36.
- 497 53. Williams JMG, Crane C, Barnhofer T, Duggan D. Psychology and suicidal behaviour: elaborating
498 the entrapment model. In: Hawton K, ed. *Prevention and Treatment of Suicidal Behaviour: From Science*
499 *to Practice*. 1 ed: Oxford University Press, USA; 2005: 71-89.
- 500 54. Levin IP, Gaeth GJ, Schreiber J, Lauriola M. A new look at framing effects: Distribution of effect
501 sizes, individual differences, and independence of types of effects. *Organizational Behavior and Human*
502 *Decision Processes* 2002;88(1):411-429.
- 503 55. Andersson L, Allebeck P, Gustafsson JE, Gunnell D. Association of IQ scores and school
504 achievement with suicide in a 40-year follow-up of a Swedish cohort. *Acta Psychiatrica Scandinavica*
505 2008;118(2):99-105.
- 506 56. Gunnell D, Löfving S, Gustafsson JE, Allebeck P. School performance and risk of suicide in early
507 adulthood: Follow-up of two national cohorts of Swedish schoolchildren. *J Affect Disord* 2011;131(1-
508 3):104-112.
- 509 57. Peters E, Hess TM, Västfjäll D, Auman C. Adult age differences in dual information processes:
510 Implications for the role of affective and deliberative processes in older adults' decision making.
511 *Perspectives on Psychological Science* 2007;2(1):1-23.
- 512 58. Goodie AS. The role of perceived control and overconfidence in pathological gambling. *Journal*
513 *of Gambling Studies* 2005;21(4):481-502.
- 514 59. Yaseen ZS, Gilmer E, Modi J, Cohen LJ, Galynker II. Emergency Room Validation of the Revised
515 Suicide Trigger Scale (STS-3): A Measure of a Hypothesized Suicide Trigger State. *PLoS ONE* 2012;7(9).
- 516 60. Conwell Y, Duberstein PR, Caine ED. Risk factors for suicide in later life. *Biol Psychiatry*
517 2002;52(3):193-204.
- 518 61. Eldar E, Niv Y. Interaction between emotional state and learning underlies mood instability.
519 *Nature communications* 2015;6.
- 520 62. Jacobson D, Parker A, Spetzler C, et al. Improved Learning in US History and Decision
521 Competence with Decision-Focused Curriculum. *PloS one* 2012;7(9):e45775.
- 522 63. Hafenbrack AC, Kinias Z, Barsade SG. Debiasing the Mind Through Meditation Mindfulness and
523 the Sunk-Cost Bias. *Psychological Science* 2014;25(2):369-376.
- 524 64. Brown GK, Ten Have T, Henriques GR, Xie SX, Hollander JE, Beck AT. Cognitive therapy for the
525 prevention of suicide attempts: a randomized controlled trial. *JAMA* 2005;294(5):563-570.

Figure 1. Mean group differences in separate decision-making competencies as reflected by the Adult Decision-Making Competence battery of tasks. Lower scores represent worse performance. Helmert contrasts were performed to investigate the effect of depression, suicide ideation, suicide attempt, and attempt lethality.



* Mean standardized residual, adjusted for age, gender, race, education, and global cognition measured by DRS.

The vertical bars denote the standard errors of these estimates. * $p \leq .05$ ** $p \leq .005$

Table 1. Demographic and Clinical Characteristics (N=171)

	Non-Psychiatric Controls (HC) (N=28)	Depressed Non-Suicidal (D) (N=53)	Ideators (I) (N=30)	Low-Lethality Attempters (LL) (N=29)	High-Lethality Attempters (HL) (N=31)	F value/ χ^2	P value	Post-Hoc Comparisons
Age	68.4 (12.0)	69.4 (8.7)	65.1 (10.7)	62.0 (7.4)	64.0 (9.6)	3.7	0.006	D>LL
Gender (%Male)	43%	45%	60%	52%	52%	$\chi^2 = 2.3$	0.68	--
Race (%White)	86%	79%	87%	79%	97%	$\chi^2 = 7.2$	0.51	--
Years of Education	14.8 (2.0)	14.4 (2.6)	15.0(2.9)	14.4 (3.1)	12.8 (3.3)	2.9	0.02	I>HL
Household Income per capita (x 1000)	24.6 (12.9)	18.4 (20.3)	23.4 (28.3)	17.8 (20.2)	20.3 (18.6)	0.59	0.67	--
Hamilton Depression Rating Scale (without suicide items)	2.3(1.9)	11.9 (5.2)	13.4 (6.3)	17.7 (7.0)	15.1 (8.4)	27.0	p<.001	HC< D, I, LL, HL D<LL
Global cognitive functioning: DRS ^a total score	138 (3.4)	135 (5.3)	133 (8.5)	134 (5.5)	133 (6.6)	3.2	0.015	HC>HL
Lifetime Substance Abuse	-	5 (10%)	11 (37%)	8 (28%)	9 (29%)	$\chi^2 = 9.1$	0.03	--
Current Substance Abuse	-	0	7 (23%)	5 (17%)	3 (10%)	$\chi^2 = 7.4$	0.06	--
Current Suicide Ideation	0.04 (0.2)	0.2 (0.7)	15.4 (8.3)	24.5 (8.4)	25.8 (3.9)	199	p<.001	HC, D<I, LL, HL I<LL, HL
Suicide Intent	-	-	-	14.9 (5.3)	19.3 (4.5)	12	0.001	--
Suicide Intent Planning Subscale	-	-	-	5.5 (2.9)	8.0 (2.7)	11	0.002	--
Age at First Attempt	-	-	-	47.1 (16.1)	54.2 (18.3)	2.4	0.13	--
Number of Attempts	-	-	-	1.6 (0.9)	1.7 (1.1)	0.1	0.74	--
Intensity of Antidepressant Pharmacotherapy during Current Episode ^b	-	3.9 (1.0)	4.6 (1.7)	5.0 (2.0)	6.0 (3.1)	6.8	p<.001	DC, I< HL
IIP Interpersonal Sensitivity ^c	2.4 (2.2)	6.0 (3.9)	9.3 (5.3)	9.2 (3.9)	8.4 (4.4)	14.6	p<.001	HC<D, I, LL, HL D<I, LL
IIP Interpersonal Ambivalence ^d	2.9 (4.2)	3.7 (3.4)	5.5 (5.0)	6.8 (5.3)	5.7 (5.4)	3.8	0.006	H<LL D<LL
IIP Aggression ^e	1.2 (1.5)	4.3 (3.8)	6.2 (4.9)	5.7 (3.5)	4.7 (5.1)	6.3	p<.001	HC<D, I, LL, HL
SPSI Impulsive/Careless Style ^f	1.5 (1.7)	4.9 (3.6)	4.7 (3.0)	6.0 (3.7)	7.1 (4.7)	9.6	p<.001	HC<D, I, LL, HL D<HL
WTAR ^g	111.8 (8.5)	106.2 (14.9)	108.6 (15.2)	100.2 (15.3)	98.9 (18.1)	3.5	0.01	HC >HL

^a Mattis Dementia Rating Scale^b Threshold greater than 3^c Inventory of Interpersonal Problems Interpersonal Sensitivity Subscale^d Inventory of Interpersonal Problems Interpersonal Ambivalence Subscale^e Inventory of Interpersonal Problems Aggression Subscale^f Social Problem Solving Inventory Impulsivity/Carelessness Style Subscale^g Wechsler Test of Adult Reading

Table 2a. Results: Resistance to Sunk Cost

Group differences in Resistance to Sunk Cost persist after accounting for demographic factors (Model 2) and global cognition (Model 3)

	Group Status		d.f	Gender		Race		Education (years)		DRS		R-Squared	Adjusted R ²
	F	η^2		F	η^2	F	η^2	F	η^2	F	η^2		
Model 1	4.2**	.09	4	--	--	--	--	--	--	--	0.09	0.07	
Model 2	3.9**	.09	4	.72	.00	1.8	.02	1.6	.01	--	0.13	0.08	
Model 3	3.8**	.09	4	1.3	.01	1.2	.02	.36	.00	7.9**	.05	0.17	0.12

Observation N=171, DRS: Mattis Dementia Rating Scale, **p ≤ 0.01

Table 2b. Results: Resistance to Framing

Group differences in Resistance to Framing persist after accounting for demographic factors (Model 2) and global cognition (Model 3)

	Group Status		d.f	Gender		Race		Education Years		DRS		Age		R-Squared	Adjusted R ²
	F	η^2		F	η^2	F	η^2	F	η^2	F	η^2	F	η^2		
Model 1	2.8*	.06	4	--		--		--		--		--		0.06	0.04
Model 2	3.4*	.08	4	2.0 .01		7.3***.08		5.4* .03		--		5.8*.04		0.23	0.19
Model 3	3.2*	.07	4	2.0 .01		7.1***.08		5.0* .03		.01 .00		4.7*.03		0.23	0.18

Observations: N=171, DRS: Mattis Dementia Rating Scale, * $p \leq 0.05$, *** $p \leq 0.001$