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# Changes in children's speech reception thresholds and spatial release from masking from two to four years post sequential cochlear implantation.

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## Introduction

Knowledge of long-term outcomes in sequential implantation is needed for candidacy selection and patient counselling. Longitudinal studies to date describe speech outcomes up to two years post 2nd implant only. Up to this point results are asymmetrical across ears, with 1st-implanted ears providing better speech reception thresholds (SRTs) and less spatial release from masking (SRM) experienced if noise is closest to the 1st-implanted ear<sup>1,2</sup>. This study describes the changes in SRTs and SRM of a group of sequentially implanted children from two to four years following sequential implantation.

## Methods

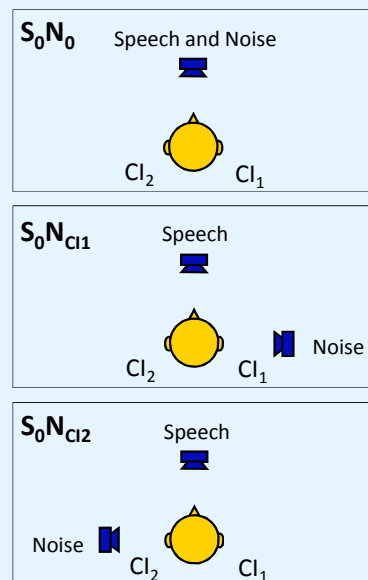
**Participants:** We identified 17 congenitally deaf children reported to be consistent users of both a first (Cl<sub>1</sub>) and sequential (Cl<sub>2</sub>) cochlear implant. Each child had aided thresholds bilaterally of 35 dB HL or better from 0.25 to 6 kHz and had participated in spatial listening assessment at two and four years post-Cl<sub>2</sub>. Inter-implant intervals ranged from 19 to 95 months (median = 49 months).



**Assessments:** Assessments were performed at two and four years after children received their second cochlear implant. Tests were administered via the AB-York Crescent of Sound<sup>3</sup>. SRTs were measured using the adaptive McCormick Toy Discrimination Test<sup>4</sup> monaurally in quiet and binaurally with pink noise. Words were presented from directly ahead and noise from 0°, +90° and -90° (see Figure 1). Children listened to the introductory phrase "point to the" followed by the name of one of ten to fourteen phonemically paired toys, e.g. "tree / key". SRM was calculated in decibels as the improvement in binaural speech reception threshold for noise coming from each side compared to noise coming from directly ahead i.e.  $SRM_{Cl1} = SRT_{S_0N_0} - SRT_{S_0N_{Cl1}}$  and  $SRM_{Cl2} = SRT_{S_0N_0} - SRT_{S_0N_{Cl2}}$ .

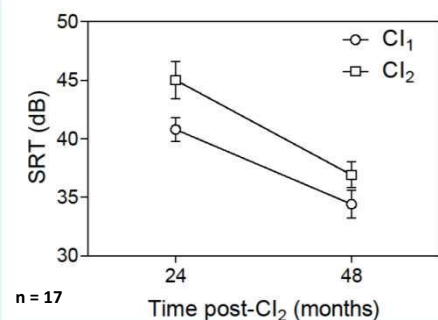
**Analysis:** Data were analysed via two-level hierarchical regression models with the levels of the model being measurement (within-participant) and participant (between-participant). For each dependent variable (SRT in quiet, SRT in noise and SRM) a series of models were used to explore the effect of explanatory variables (i.e. time post-Cl<sub>2</sub>, implanted ear and noise location). For multiple hypotheses testing a Bonferroni-corrected significance level of  $p < 0.01$  was used. For SRTs in quiet and noise lower values represent better performance. For SRM higher values represent greater ease of listening when noise is spatially separated from the speech signal.

**Figure 1: Test set-up for binaural speech reception thresholds in noise**



## Results

**Figure 2: Monaural speech reception thresholds in quiet**

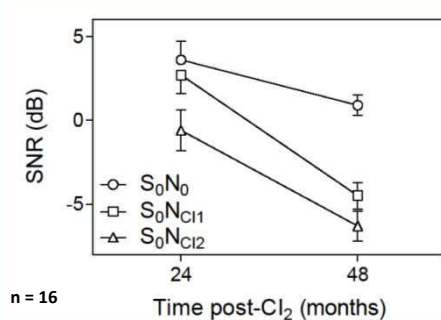


Cl<sub>1</sub> ears had lower mean SRT than Cl<sub>2</sub> ears at two years post-Cl<sub>2</sub>. In addition, SRT for both ears improved as a function of time post-Cl<sub>2</sub>. These observations were statistically confirmed. Both the inclusion of ear ( $\chi^2 = 5.46$ ,  $df = 1$ ,  $p < 0.05$ ) and time post-Cl<sub>2</sub> ( $\chi^2 = 37.84$ ,  $df = 1$ ,  $p < 0.0001$ ) caused significant reductions in model deviance. A greater change was seen for Cl<sub>2</sub> ears (8.1 dB) compared to Cl<sub>1</sub> ears (6.4 dB). However, after four years post-Cl<sub>2</sub>, Cl<sub>1</sub> ears still had lower mean SRT than Cl<sub>2</sub> ears.

## Conclusions

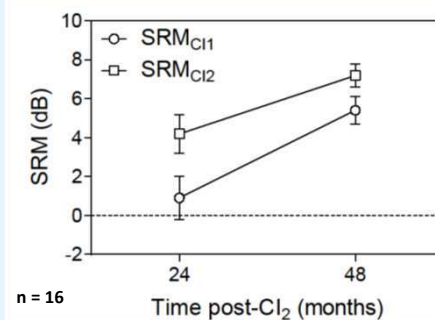
Speech recognition in quiet and noise and release from masking improved between two and four years post-Cl<sub>2</sub>. The contribution of Cl<sub>2</sub> improved more than that of Cl<sub>1</sub> with regard to SRTs, resulting in more symmetrical benefit. This information may be useful in counselling children who struggle to make consistent use of a sequential implant, to encourage them that their listening can continue to improve over the longer term with practice. It also highlights the potential benefits of a Cl<sub>2</sub> even for children with up to 95 months of unilateral Cl<sub>1</sub> use.

**Figure 3: Binaural speech reception thresholds in noise**



At two and four years post-Cl<sub>2</sub>, lowest (best) mean SNRs were measured at S<sub>0</sub>N<sub>Cl2</sub> and highest (worst) SNRs measured at S<sub>0</sub>N<sub>0</sub>. For all three noise locations SNRs reduced as a function of time post-Cl<sub>2</sub>. The largest improvement was seen at S<sub>0</sub>N<sub>Cl1</sub> (7.2 dB) followed by S<sub>0</sub>N<sub>Cl2</sub> (5.7 dB), with a smaller improvement (2.7 dB) seen at S<sub>0</sub>N<sub>0</sub>. Both noise location ( $\chi^2 = 25.91$ ,  $df = 2$ ,  $p < 0.0001$ ) and time post-Cl<sub>2</sub> ( $\chi^2 = 51.30$ ,  $df = 1$ ,  $p < 0.0001$ ) caused highly significant reductions in model deviance. The interaction between noise location and time post-Cl<sub>2</sub> was also shown to be significant ( $\chi^2 = 10.05$ ,  $df = 2$ ,  $p < 0.01$ ) confirming the difference in improvements seen across the three conditions. Whilst SRT at S<sub>0</sub>N<sub>Cl1</sub> and S<sub>0</sub>N<sub>Cl2</sub> were significantly different at two years post-Cl<sub>2</sub> ( $t = 3.27$ ,  $p < 0.001$ ), the difference was not significant at four years post-Cl<sub>2</sub> ( $t = 1.81$ ,  $p = 0.04$ ).

**Figure 4: Spatial release from masking**



A clear trend for both SRM<sub>Cl1</sub> and SRM<sub>Cl2</sub> to increase (improve) as a function of time post-Cl<sub>2</sub> is evident. Also, a notable difference exists between SRM<sub>Cl1</sub> and SRM<sub>Cl2</sub>, with SRM<sub>Cl2</sub> being greater than SRM<sub>Cl1</sub> at two and four years. However, this difference becomes smaller as a function of time post-Cl<sub>2</sub> from 3.3 dB at two years to 1.8 dB at four years. That is, SRM<sub>Cl1</sub> shows a greater improvement than SRM<sub>Cl2</sub> and as a result SRM across ears became more symmetrical over time. Statistical modelling confirmed that both noise location ( $\chi^2 = 6.34$ ,  $df = 1$ ,  $p < 0.05$ ) and time post-Cl<sub>2</sub> ( $\chi^2 = 17.00$ ,  $df = 1$ ,  $p < 0.0001$ ) had a significant effect on SRM. The interaction between noise location and time was not significant ( $\chi^2 = 0.73$ ,  $df = 1$ ,  $p = 0.39$ ), indicating that the time-dependent improvements in SRM<sub>Cl1</sub> and SRM<sub>Cl2</sub> were not significantly different.

## References

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