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**Antilisterial Effect and Influence on *Listeria monocytogenes* Gene Expression of Enterocin or Enterococcus faecalis in Sliced Dry-Cured Ham Stored at 78C**

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(Article begins on next page)

1 **Running title: Antilisterial effect of enterocin in sliced dry cured ham**

2

3 **Antilisterial effect and influence on *Listeria monocytogenes* gene expression of**  
4 **enterocin or *Enterococcus faecalis* in sliced dry cured ham stored at 7 °C**

5

6 Raquel Montiel<sup>1§</sup>, Ana Quesille-Villalobos<sup>2§</sup>, Valentina Alessandria<sup>3</sup>, Margarita Medina<sup>1</sup>, Luca  
7 Simone Cocolin<sup>3</sup>, Kalliopi Rantsiou<sup>3\*</sup>

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10 <sup>1</sup> Department of Food Technology, National Institute for Agricultural and Food Research and  
11 Technology (INIA), Spain

12 <sup>2</sup> Laboratory of Microbiology and Probiotics, Institute of Nutrition and Food Technology  
13 (INTA), University of Chile, Chile

14 <sup>3</sup> Department of Agricultural, Forest and Food Sciences, University of Torino, Italy

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17 **Keywords:** biopreservation, enterocin, *Listeria monocytogenes*, gene expression, dry-cured  
18 ham

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21 §authors contributed equally to the work

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23 \*Corresponding author: [kalliopi.rantsiou@unito.it](mailto:kalliopi.rantsiou@unito.it), Largo Paolo Braccini 2, 10095 Grugliasco,  
24 Italy, 0039-011-6708870

25

26 **Abstract**

27 In this study we focused on the effect of an enterocin or an *Enterococcus faecalis* strain added  
28 onto sliced dry cured ham that was artificially inoculated with *L. monocytogenes* and stored at  
29 7 °C. The population of *L. monocytogenes* and the expression of 5 genes were monitored  
30 throughout the storage period. A persistent and a non-persistent strain were tested and both  
31 were influenced by the presence of the enterocin; both populations were reduced by more  
32 than 2 Log<sub>10</sub> CFU/g after 14 days, compared to the control, non-inoculated ham. The presence  
33 of *E. faecalis*, a bacteriocin producing lactic acid bacterium, had a much less pronounced effect  
34 on the viable counts for both strains. Concerning gene expression, a common trend that was  
35 observed for both strains in the presence of enterocin was the downregulation of genes tested  
36 after 30 minutes of storage at 7 °C. For the remaining of the storage period the expression  
37 fluctuated but was mostly reduced. Similarly, the presence of *E. faecalis* led to an overall  
38 downregulation of genes. The effect on gene expression of both the enterocin and the *E.*  
39 *faecalis* was more pronounced on the non-persistent *L. monocytogenes* strain. Although the  
40 potential of a bacteriocin and a bacteriocin producing microorganism to control *L.*  
41 *monocytogenes* was confirmed, this study highlights that gene expression may be influenced  
42 and needs to be evaluated when considering such biopreservation interventions.

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45 **Keywords:** biopreservation, enterocin, *Listeria monocytogenes*, gene expression, dry-cured  
46 ham

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53 **Highlights**

- 54 - Viability of *Listeria monocytogenes* in sliced dry-cured ham was greatly influenced by  
55 the addition of an enterocin
- 56 - Addition of a bacteriocin producing *Enterococcus faecalis* had a less pronounced effect  
57 on *L. monocytogenes* viability
- 58 - Expression of genes related to *L. monocytogenes* stress response/adaptation was  
59 modified in the presence of an enterocin
- 60 - The addition of a bacteriocin producing *Enterococcus faecalis* influenced gene  
61 expression in one of the two *L. monocytogenes* strains tested

62

63 The term biopreservation or biological preservation of foods was coined in the mid-90's and  
64 refers to the food safety improvement and extension of shelf life through microbial  
65 antagonism (27, 28). A strong antagonistic ability is attributed to lactic acid bacteria (LAB)  
66 and has been documented for a variety of fermented foods (16). Inhibition of undesirable  
67 microorganisms can be due to direct effect of LAB through competition for nutrients, niche  
68 occupation or indirect effect through synthesis of bacteriocins and/or production of other  
69 metabolites. More than 20 years of research have expanded our knowledge regarding the  
70 modes of action of LAB naturally present in the foods or intentionally added as protective  
71 cultures. Further, the field of application of LAB and/or associated bacteriocins has been  
72 broadened to include non-fermented foods, food plant environment but also employment in  
73 non-food sectors (4).

74 Many bacteriocins produced by LAB exert an inhibitory action towards strains of *Listeria*  
75 *monocytogenes*, a foodborne pathogen of particular concern for refrigerated ready-to-eat  
76 (RTE) foods. For this reason, LAB bacteriocins with antilisterial effect have been the focus of  
77 both *in vitro* and *in situ* studies to understand the potential for industrial application to  
78 reduce the *L. monocytogenes* risk associated with RTE foods. Efficacy of bacteriocins, or  
79 overall LAB competition, in inhibiting or reducing *L. monocytogenes* growth in various RTE  
80 foods is well documented and is reviewed by Zilelidou and Skandamis (35). However, most of  
81 the studies so far conducted examined how bacteriocins or LAB impact on growth parameters  
82 of *L. monocytogenes* not taking into consideration the consequences for the physiology of the  
83 microorganism. Therefore there is the need to integrate current knowledge regarding the  
84 antilisterial effect with information concerning molecular/cellular response of *L.*  
85 *monocytogenes* to LAB and/or bacteriocin presence or addition in foods. A potential first step  
86 in appreciating changes in microbial physiology is by looking into changes in gene expression  
87 (9).

88 The purpose of this study was dual. First, we compared the antilisterial effect of an enterocin  
89 and an *E. faecalis* strain, added to sliced dry-cured ham and incubated at refrigeration  
90 temperature. Secondly, we evaluated the expression of genes that are involved in stress  
91 response and adaptation, under the same conditions. Two different strains of *L.*  
92 *monocytogenes* isolated from a meat plant environment were tested; one was previously  
93 shown to be persistent and the other one non-persistent (23).

94

## 95 **Materials and methods**

96

### 97 *1. Bacterial strains and culture media*

98 Two *Listeria monocytogenes* strains, previously isolated from an Iberian pig processing plant,  
99 were used in this study and belonged to the culture collection of INIA (Instituto Nacional de  
100 Investigación y Tecnología Agraria y Alimentaria, Madrid, Spain). Strain S4-2 was serotype  
101 1/2b and has been characterized as persistent in the environment while strain S12-1 was  
102 serotype 1/2c and non-persistent (23). The strains were maintained as stock cultures at -80  
103 °C in Trypticase Soy Yeast Extract Broth (TSYEB, Biolife s.r.l., Milano, Italy) supplemented  
104 with 15% glycerol. Before use in experiments, strains were sub-cultured twice onto Brain  
105 Heart Infusion agar (BHI, LabM Ltd., Lancashire, UK) at 37 °C for 24 hours. A  
106 bacteriocinogenic strain of *Enterococcus faecalis* was also used. This strain, *E. faecalis* B1, was  
107 previously isolated from raw bovine meat, identified to the species level by sequencing of the  
108 gene encoding the 16S rRNA and belonged to the culture collection of the University of Turin,  
109 Italy. The *E. faecalis* strain was maintained as a stock culture at -80 °C in M17 Broth (Oxoid,  
110 Milan, Italy), supplemented with 15% glycerol. Before use in experiments, the strain was sub-  
111 cultured twice onto M17 agar at at 37 °C for 24 hours. In addition, an enterocin extract was  
112 used in the experiments. The enterocin AB extract was previously obtained from an overnight

113 culture of *Enterococcus faecium* INIA TAB7 (26) at 30 °C and semi-purified through ammonium  
114 sulfate precipitation (300 g/L) (8) and stored at -80 °C until use. The activity of the  
115 bacteriocin extract was determined against the two *L. monocytogenes* strains through the agar  
116 spot test (2) and expressed in arbitrary units (AU) per ml.

117

## 118 2. Dry-cured ham preparation and inoculation

119 One large piece (~7 kg) of dry-cured ham was purchased from a commercial supplier in Spain  
120 and aseptically sliced in the laboratory. A sample was analyzed for the presence of *L.*  
121 *monocytogenes* and resulted negative (absence in 25 g). Subsequently, samples of 10g of dry-  
122 cured ham were inoculated by adding a cell suspension in Ringer's solution (Oxoid, Milan,  
123 Italy) of *L. monocytogenes* S4-2 or S12-1 to achieve a final concentration of ca. 10<sup>6</sup> cfu/g. Cell  
124 suspensions were prepared from overnight cultures in BHI. In a set of samples, the enterocin  
125 extract was added on the surface of the sliced dry-cured ham to reach a final activity of 1054  
126 AU/g. For a second set of samples, a cell suspension of *E. faecalis* was added to reach a final  
127 concentration of ca. 10<sup>6</sup> cfu/g. Sliced dry-cured ham, inoculated with either of the two *L.*  
128 *monocytogenes* strains but not supplemented with enterocin or *E. faecalis* was used as control.  
129 Samples were vacuum packed and maintained at 7 °C for 28 days. This temperature was  
130 chosen taking into account literature data that suggest a higher than 4 °C temperature for  
131 domestic refrigerators (12). Two biological replicates were considered for each strain of *L.*  
132 *monocytogenes*, in each condition (i.e. enterocin or *E. faecalis* addition). By visual inspection,  
133 no color differences were observed between the control and the enterocin or *E. faecalis*  
134 supplemented ham during storage. Colour parameters (L\*, a\* and b\*) in sliced dry-cured ham  
135 with enterocin were previously studied and no significant changes were detected (22).  
136 Average pH and a<sub>w</sub> values for this type of ham (as determined in previous experiments) are  
137 5.9 and 0.905, respectively.



138

### 139 *3. Sampling during storage*

140 At time zero (immediately after inoculation) as well as after 6 hours, 7, 14 and 28 days of  
141 storage at 7 °C, a 10 g sample was subjected to microbiological analysis to determine the  
142 viable count of *L. monocytogenes*. Briefly, the sample was transferred to a sterile stomacher  
143 bag and 90 ml of Ringer's solution were added. Then the sample was homogenized in a  
144 stomacher (BagMixer, Interscience, France) for 2 minutes at normal speed and room  
145 temperature. Serial decimal dilutions were prepared in the same solution and plated on  
146 *Listeria* Selective Oxford Agar Base (Oxoid). Plates were incubated at 37 °C for 48 hours  
147 before colony count. At time zero as well as after 30 minutes, 6, 24 and 168 hours (7 days) of  
148 storage at 7 °C, 10 g samples were used for RNA extraction and for the Agar Well Diffusion  
149 Assay (AWDA) as described by Urso et al. (31). A homogenate was prepared, as described  
150 above, from each 10 g sample. Two ml from the homogenate were centrifuged at 13,000 *g* for  
151 1 minute at 4 °C. Immediately after centrifugation, the pellet was covered with 0.05 ml of  
152 RNAlater (Ambion, Applied Biosystems, Milan Italy) and stored at -20 °C until the RNA  
153 extraction.

154

### 155 *4. RNA extraction and cDNA synthesis*

156 RNA extraction was performed on the thawed samples, employing the procedure described  
157 by Rantsiou et al. (24). Fifty microliters of lysozyme (50 mg/ml, Sigma) and 25 µl of  
158 proteinase K (25 mg/ml, Sigma) were added to the thawed samples that were then incubated  
159 at 37 °C for 20 minutes in a Thermomixer compact (Eppendorf, Milan, Italy). Samples were  
160 then processed using the MasterPure Complete DNA and RNA Purification Kit (Epicentre,  
161 Madison, WI, USA), following the manufacturer's instructions. DNA was digested with the  
162 Turbo DNase (Ambion) and complete removal of the DNA was verified by using an aliquot of

163 the extract as template in a qPCR reaction (as described below). When amplification took  
164 place, the DNase treatment was repeated until complete removal of the DNA. RNA was  
165 quantified using a Nanodrop ND-1000 spectrophotometer (Celbio, Milan, Italy).  
166 Complementary DNA (cDNA) synthesis was performed using random hexamers (Promega,  
167 Milan, Italy) according to Rantsiou et al. (24). The same quantity of RNA (ng/ $\mu$ l) was added in  
168 the reaction for each sample. The M-MLV Reverse Transcriptase (Promega) was used  
169 following the instructions of the manufacturer. An RNase Inhibitor (Promega) was added in  
170 the reaction and dNTPs were added at a final concentration of 2 mM each. Reverse  
171 transcription was performed in a DNA Engine Peltier Thermal Cycler (BioRad, Milan, Italy) at  
172 37 °C for 1 hour. The cDNA was stored at -20 °C until it was used in qPCR amplification.

173

#### 174 5. Quantitative PCR

175 Quantitative PCR amplification was performed using the cDNA, synthesized as above from  
176 each sample, as template. Five genes listed in Table 1 were targeted. The amplification took  
177 place in a PCR Chromo4 Real Time PCR detection system (BioRad) using the SsoAdvanced  
178 SYBR Green Supermix (BioRad) and the amplification conditions described by Mataragas et al.  
179 (19) with the exception of the *tuf* gene annealing temperature that was adjusted to 55 °C. Each  
180 cDNA was amplified in triplicate, in the same amplification run, to reduce inter-run  
181 experimental variability.

182

#### 183 6. Data analysis – Statistical analysis

184 Threshold cycle ( $C_T$ ) values were exported to Excel for further analysis. Mean  $C_T$  values, for  
185 each cDNA sample, were computed and used to calculate the relative gene expression by the 2  
186  $-\Delta\Delta C_T$  method, where  $\Delta\Delta C_T$  is:  $(C_{T, target} - C_{T, housekeeping})_{test\ condition} - (C_{T, target} - C_{T, housekeeping})_{control\ condition}$   
187 (17). Stress or virulence genes were considered as target while the *tuf* as

188 housekeeping. Control condition was the sliced dry-cured ham inoculated with *L.*  
189 *monocytogenes* alone while the test condition was the dry-cured ham inoculated with *L.*  
190 *monocytogenes* and supplemented with enterocin or co-inoculated with *E. faecalis* (at the  
191 respective time points). Log<sub>2</sub> values of relative expression were calculated and statistically  
192 treated using the SPSS statistics (IBM Corp., Armonk, NY, USA).

193

## 194 **Results and Discussion**

195 Dry-cured ham is considered a ready to eat (RTE) food and it is known to be prone to *Listeria*  
196 *monocytogenes* contamination during processing. The main hurdles to *L. monocytogenes*  
197 growth during refrigerated storage are low  $a_w$ , addition of salt and nitrites. These hurdles  
198 however are not listeriocidal and several studies have evaluated alternative approaches, with  
199 a lethal effect, such as high hydrostatic pressure processing, irradiation and supercritical  
200 carbon dioxide processing (3, 6, 11, 21). Furthermore, the potential of *L. monocytogenes*  
201 growth control using bacteriocins has been investigated (13). In this study we sought to  
202 investigate the behavior of *L. monocytogenes* in dry-cured ham supplemented with a  
203 bacteriocin extract or co-inoculated with a bacteriocinogenic *E. faecalis*, during storage. In this  
204 context, behavior is intended as population kinetics and gene expression profile during  
205 storage. For this purpose, two strains of *L. monocytogenes* were tested; a persistent and a non-  
206 persistent. The classification of the strains as persistent and non-persistent was based on  
207 previous observations regarding frequency of isolation and occurrence in different areas of a  
208 pig processing environment. More specifically, S4-2 was considered as a persistent strain  
209 found in the environment, equipment, carcasses and raw and dry cured products. This  
210 genotype was repeatedly isolated. Strain S12-1 was non-persistent but isolated from dry  
211 cured products (23).

212 1. *Effect of enterocin and bacteriocinogenic Enterococcus faecalis on Listeria monocytogenes*  
213 *population*

214 By Agar Well Diffusion Assay performed *in vitro* it was determined that the enterocin extract  
215 and the bacteriocinogenic *E. faecalis* evenly inhibited both strains of *L. monocytogenes* (data  
216 not shown). When *L. monocytogenes* strains were artificially inoculated in dry-cured ham and  
217 stored under vacuum at 7 °C, the viable count remained un-altered during the first 7 days and  
218 declined by about 0.6 Log<sub>10</sub> CFU/g at 14 days (Table 2). The population then remained stable  
219 for both strains up to 28 days (data not shown). It has to be noted that previous works have  
220 determined that both *a<sub>w</sub>* and pH remain essentially unaltered during refrigerated storage of  
221 dry-cured ham. The average value of pH for the dry-cured ham was 5.9 while the average *a<sub>w</sub>*  
222 was 0.905. Further, salt and nitrites were added and during storage had average  
223 concentrations of 2.69 mg/Kg and 4.12 % respectively. Taken together, these physicochemical  
224 characteristics render the product a food unable to support the growth of *L. monocytogenes*.  
225 Therefore, it is expected that a *L. monocytogenes* population, naturally present or artificially  
226 inoculated in such dry cured ham will remain stable or possibly decline with time during  
227 storage. Conversely, when the dry-cured ham was supplemented with enterocin, an  
228 immediate effect was observed in the population of *L. monocytogenes*. The population was  
229 reduced by almost 0.8 Log<sub>10</sub> CFU/g for strain S4-2 and by 1.5 Log<sub>10</sub> CFU/g for strain S12-1. It  
230 should be noted here that a time window of at least 30 minutes elapsed between the  
231 inoculation/enterocin supplementation and the sampling for the determination of the viable  
232 count. This time window was sufficient to observe the inhibition of *L. monocytogenes*. *L.*  
233 *monocytogenes* populations further declined at 7 and 14 days; the microbial load was reduced  
234 by 1.8 Log<sub>10</sub> CFU/g between time 0 and 14 days for strain S4-2 and by 1.9 Log<sub>10</sub> CFU/g for  
235 strain S12-1. At 14 days, the population of strain S4-2 was almost 2 Log<sub>10</sub> CFU/g lower in the  
236 dry cured ham supplemented with enterocin compared to the control while for strain S12-1

237 the effect was greater; the enterocin inactivated 2.8 Log<sub>10</sub> CFU/g of the population. Therefore,  
238 the enterocin displayed significant listericidal effect. It has to be underlined that such effect  
239 was strain dependent; it was greater for the non-persistent strain. RTE meat products may be  
240 contaminated by *L. monocytogenes* and for this reason the potential of bacteriocins to control  
241 it has been extensively investigated (33). In dry-cured ham the anti-listerial effect has been  
242 previously proven for enterocins AB (13). In this previous study, enterocins AB drastically  
243 reduced by 2.5 Log<sub>10</sub> CFU/g *L. monocytogenes* in dry-cured ham stored at 4 °C for 1 day. The  
244 results of our study confirm the potential of enterocins AB to impact on the viability of *L.*  
245 *monocytogenes*.

246 When the bacteriocinogenic *E. faecalis* was co-inoculated in the sliced dry-cured ham, the  
247 evolution of the pathogen's population showed a reducing trend with time. The reduction  
248 observed however cannot be considered important; in the case of strain S4-2 it was of 0.2 Log  
249 between time zero and 7 days (statistically significant difference,  $P < 0.05$ ) while for strain  
250 S12-1 it was of 0.1. Therefore, the microbial competition exerted by *E. faecalis* resulted in  
251 containment of *L. monocytogenes*, when compared to the control condition. It has to be  
252 underlined that the effective production of bacteriocin by *E. faecalis in situ*, after inoculation  
253 in the dry-cured ham, was verified throughout the conservation period by AWDA (data not  
254 shown). However, the results obtained with the enterocin and the *E. faecalis* cannot be  
255 compared. Importantly, the *E. faecalis* strain used was not the same as the one from which the  
256 enterocin was purified, but also it is clear that other variables such as bacteriocin liberation  
257 from the cell and diffusion in the sliced ham most likely influence the effect of the *E. faecalis*  
258 that was observed. The use of bacteriocinogenic cultures has been largely explored for  
259 fermented foods, including fermented meat products. In the case of fermented meat products,  
260 the bacteriocin producing strains used act as starter culture and contribute to the safety, by  
261 microbial competition, bacteriocin and lactic acid production and to the development of the

262 desired organoleptic properties of the final product (7). In non-fermented meat products,  
263 bacteriocin producing lactic acid bacteria may be added as protective cultures and they are  
264 not expected to grow significantly or to produce large amounts of lactic acid. This approach  
265 has not yet been explored for dry-cured ham and the results of the present study imply that  
266 the *E. faecalis* strain used cannot by itself reduce the population of *L. monocytogenes*. This  
267 may be due to limited diffusion of the bacteriocin, or to its production at concentrations that  
268 may interfere with regulatory mechanisms and therefore contain growth, but not necessarily  
269 high enough to kill *L. monocytogenes* (4). Further the observed lack of lethal effect may be due  
270 to limited interaction of the two microorganisms in the solid food matrix, where physical  
271 contact, which has been proposed as an inter-species inhibitory mechanism (33), does not  
272 take place.

273

## 274 2. Effect of enterocin and *Enterococcus faecalis* on *Listeria monocytogenes* gene expression

275 Although the effect of bacteriocins and bacteriocinogenic microorganisms on growth and  
276 inactivation behavior is widely investigated, the consequences on the physiology of the  
277 microorganisms have not been adequately addressed. The outcome of a given environmental  
278 condition on the physiological state can be inferred from the transcriptome, proteome or  
279 metabolome of microorganisms. Studies so far have primarily focused on the transcriptome  
280 under *in vitro* conditions (9, 25) to describe the impact of food-related environmental factors  
281 on the physiology and behavior of foodborne pathogens. The purpose of the present study  
282 was to explore the effect of an enterocin and a bacteriocin producing *E. faecalis* on expression  
283 of selected genes of *L. monocytogenes*, artificially inoculated in dry-cured ham.

284 Figures 1 and 2 present the relative gene expression for two different strains of *L.*  
285 *monocytogenes*; strain S4-2 (Figure 1) is a persistent strain while strain S12-1 (Figure 2) is a  
286 non-persistent strain. The genes chosen (Table 1) are representatives of stress response and

287 virulence genes and have been previously employed in studies of *L. monocytogenes* gene  
288 expression *in situ* (19). Relative gene expression was calculated using as a control condition *L.*  
289 *monocytogenes* artificially inoculated in dry-cured ham. Therefore, figures 1 and 2 depict the  
290 sole impact of enterocin or *E. faecalis* addition while the stressful conditions (low  $a_w$ ,  
291 refrigeration temperature, nitrites) that are known to have influence on gene expression, are  
292 leveled out. During the long-term storage of vacuum packed dry cured ham, changes in the  
293 physicochemical or microbiological parameters are not significant and therefore gene  
294 expression is not expected to be influenced. Therefore, the gene expression was monitored up  
295 to the 7<sup>th</sup> day of refrigerated storage while a time point very close to the inoculation (30  
296 minutes) was considered in order to capture the response of *L. monocytogenes* upon  
297 inoculation. As can be seen in the two figures, the expression of the target genes fluctuated  
298 during refrigerated conservation. Notably, for both strains of *L. monocytogenes* an overall  
299 downregulation tendency for all the genes was observed after 30 minutes of storage. For  
300 strain S12-1, this downregulation was already evident immediately after inoculation (time 0).  
301 For strain S4-2, statistically significant variation in expression was observed for gene  
302 *lmo0669*. This gene, encoding for a protein similar to an oxidoreductase and likely involved in  
303 acid stress response, was downregulated at 30 minutes and then significantly upregulated at  
304 6 hours while expression leveled off throughout the rest of the storage period. Similar pattern  
305 was observed for this gene in the strain S12-1; downregulation at 30 minutes, upregulation at  
306 6 hours followed in this case by significant up regulation at 168 hours. Upregulation at 168  
307 hours was also observed for gene *lmo2434*, encoding for a glutamate decarboxylase and  
308 involved in acid stress response. The virulence gene *prfA*, encoding for a major virulence  
309 transcriptional regulator, displayed fluctuating expression with a tendency for reduced  
310 expression as compared to the condition of dry-cured ham.

311 Apart from the effect of a bacteriocin extract we sought to investigate how the presence of a  
312 bacteriocinogenic *E. faecalis* strain would influence gene expression of *L. monocytogenes* in  
313 sliced dry-cured ham. The goal was to mimic a situation, i.e. co-presence in food of *L.*  
314 *monocytogenes* and a competitive lactic acid bacterium, which is frequently verified during  
315 food production and storage. For strain S4-2 no significant differences in gene expression  
316 were observed during time (data not shown). Contrarily, for strain S12-1 gene expression  
317 varied with time. As can be seen in figure 3, the main outcome observed from the presence of  
318 *E. faecalis* in the dry-cured ham is downregulation for all genes throughout time with the  
319 exception of the 30 minutes time point in which all target genes were upregulated. Variation  
320 in gene expression through time resulted to be significant for genes *lmo1421* and *lmo0669*.  
321 Limited information is available in the literature concerning the effect of bacteriocins or  
322 bacteriocin producing microorganisms on *L. monocytogenes* gene expression. Winkelströter  
323 and Martinis (32) registered downregulation of the expression of *inlA* gene, an important  
324 virulence gene, in *in vitro* tests with 10 strains of *L. monocytogenes*, in the presence of 3  
325 different bacteriocins, produced by *E. faecium*, *Leuconostoc mesenteroides* and *Lactobacillus*  
326 *sakei*. Gene *inlA*, as well as *prfA*, encoding for a major virulence gene regulator, were  
327 downregulated in *L. monocytogenes* in the presence of metabolic products of two strains of *E.*  
328 *faecium* (34). The results of the present study are in agreement with these previous reports;  
329 gene *prfA* was downregulated in both *L. monocytogenes* strains, in response to the presence of  
330 the enterocin or the *E. faecalis* strain (for *L. monocytogenes* S12-1). Apart from *prfA*, also other  
331 genes (involved in virulence and stress response/adaptation) tested in the present study but  
332 also by Ye et al. (34) were downregulated in the presence of either a bacteriocin, a metabolic  
333 product of *E. faecium* or *E. faecalis*. Although this general trend was identified in both studies,  
334 it should be noted that the effect on gene expression depended both on the strain of *L.*  
335 *monocytogenes* tested but also on the strain of *E. faecium* used to control *L. monocytogenes*. In



336 a similar study, Miranda et al (20) investigated gene expression of *L. monocytogenes* in milk  
337 co-inoculated with a nisin-producing *L. lactis*. Out of the 4 genes tested, *gadD2* consistently  
338 showed increased expression in the milk containing *L. lactis* compared to milk without *L.*  
339 *lactis*. Genes *sigB*, *groEL* were also investigated and expression varied with time, showing a  
340 downregulation as incubation proceeded. On the other hand, gene *gbu* was downregulated by  
341 the presence of *L. lactis*. Although the incubation temperature was different than in the  
342 current study (20 or 30 °C as opposed to 7 °C here), a liquid food matrix rather than a solid,  
343 and importantly, the antagonistic microorganism was different. Results concerning the *gbu*  
344 gene appear to be consistent; in both studies the gene was essentially downregulated by the  
345 presence of a bacteriocin-producing microorganism.

346 When the two tested conditions, i.e. presence of enterocin and presence of *E. faecalis*, were  
347 compared (Figure 4), it was evident that the effect on gene expression was similar. With the  
348 exception of the 30 minutes time point when most genes were upregulated by the presence of  
349 *E. faecalis*, in the remaining time points expression went down. It is interesting to note that *E.*  
350 *faecalis* exhibited higher, mostly negative impact, on gene expression of *L. monocytogenes*  
351 compared to the enterocin. In most cases *E. faecalis* accentuated the downregulation of genes  
352 or inversed the pattern (from upregulated to downregulated). Expression of *prfA* was reduced  
353 in the presence of *E. faecalis* in 3 time points (at 6, 24 and 168 hours). Similarly, gene *lmo0669*  
354 showed decreased expression in 4 out of 5 time points and this reduced expression was  
355 significant at 6 and 168 hours. Gene *lmo1421* was further downregulated due to the presence  
356 of *E. faecalis* at the first time point.

357 Previous studies have addressed the effect of bacteriocins on gene expression of *L.*  
358 *monocytogenes* however data comparison is not plausible due to differences in the  
359 experimental approaches adopted. Different strains of *L. monocytogenes* tested, different  
360 media or types of food, different temperature/time regimes considered and a range of genes

361 targeted. Concordant conclusions though have been reached and are also supported by the  
362 present study. Bacteriocins or bacteriocin producing microorganisms have an effect on gene  
363 expression of *L. monocytogenes*, both *in vitro* and *in situ*, and gene expression varies with time  
364 (20, 15, 34, present study). These concordant outcomes suggest that *L. monocytogenes* senses  
365 and responds by adapting its expression and therefore there is a need to go beyond viable  
366 counts when biopreservation approaches are investigated and explore global physiological  
367 response of the target microorganism.

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371 Viability of *L. monocytogenes* in dry-cured ham was greatly influenced by the addition of an  
372 enterocin while the effect of the addition of *E. faecalis* was less pronounced. Differences were  
373 detected between the two strains of *L. monocytogenes*; inhibition of the non-persistent strain  
374 was more prominent compared to the persistent strain. The results obtained suggest that  
375 addition of a bacteriocin is a more effective measure to control *L. monocytogenes* than  
376 addition of a bacteriocinogenic protective culture, in sliced dry-cured ham. It remains to be  
377 seen if the persistence phenotype is associated with higher resistance to a bacteriocin.  
378 Further studies are needed to elucidate this aspect. On the other hand, a common pattern  
379 regarding the expression of the 5 tested genes could be delineated for both strains; in the  
380 presence of enterocin, the 30 minutes time point determined a downregulation of the genes  
381 and this trend was essentially maintained throughout the storage period, up to 168 hours. For  
382 the persistent strain, no significant differences could be observed in gene expression during  
383 storage, in the presence of *E. faecalis*. On the contrary, for the non-persistent differences were  
384 highlighted during storage, with an important shift between time 0 (downregulation), 30  
385 minutes (upregulation) and the remaining period (downregulation). Based on the data of this  
386 study we cannot correlate the persistence phenotype with the behavior observed; additional  
387 strains (both persistent and non-persistent) should be tested, under *in situ* conditions, to  
388 respond to this query. The gene expression results, although not conclusive, underline the  
389 need to broaden our understanding of *L. monocytogenes* behavior in foods by integrating  
390 phenotypic description with transcriptomic data.

391

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396

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540 **Figure legends**

541 **Figure 1.** Relative gene expression for genes *prfA*, *gbuB*, *lmo1421*, *lmo2434*, *lmo0669* of  
542 *Listeria monocytogenes* strain S4-2 inoculated in dry-cured ham and supplemented with  
543 enterocin. Relative gene expression was calculated by the  $2^{-\Delta\Delta C_T}$  method and log<sub>2</sub> values are  
544 reported. Error bars indicate standard deviation of two biological replicates. For gene  
545 *lmo0669*, the asterisk indicates difference ( $P < 0.05$ ) in the expression level, between 30  
546 minutes and 6 hours of conservation.

547 **Figure 2.** Relative gene expression for genes *prfA*, *gbuB*, *lmo1421*, *lmo2434*, *lmo0669* of  
548 *Listeria monocytogenes* strain S12-1 inoculated in dry-cured ham and supplemented with  
549 enterocin. Relative gene expression was calculated by the  $2^{-\Delta\Delta C_T}$  method and log<sub>2</sub> values are  
550 reported. Error bars indicate standard deviation of two biological replicates. For genes *prfA*,  
551 *lmo2434* and *lmo0669*, the asterisks indicate differences ( $P < 0.05$ ) in the expression level,  
552 across different time-points during conservation.

553 **Figure 3.** Relative gene expression for genes *prfA*, *lmo1421*, *lmo2434*, *lmo0669* of *Listeria*  
554 *monocytogenes* strain S12-1 co- inoculated in dry-cured ham with *Enterococcus faecalis* B1.  
555 Relative gene expression was calculated by the  $2^{-\Delta\Delta C_T}$  method and log<sub>2</sub> values are reported.  
556 Error bars indicate standard deviation of two biological replicates. For genes *lmo1421* and  
557 *lmo0669*, the asterisks indicate differences ( $P < 0.05$ ) in the expression level, across different  
558 time-points during conservation.

559 **Figure 4.** Relative gene expression for genes *prfA*, *lmo1421*, *lmo2434*, *lmo0669* of *Listeria*  
560 *monocytogenes* strain S12-1 inoculated in dry cured ham supplemented with enterocin  
561 (condition *a*) or co- inoculated in dry-cured ham with *Enterococcus faecalis* B1 (condition *b*).  
562 Relative gene expression was calculated by the  $2^{-\Delta\Delta C_T}$  method and log<sub>2</sub> values are reported.  
563 Error bars indicate standard deviation of two biological replicates. Asterisks indicate  
564 statistically significant differences (ANOVA,  $p < 0.05$ ) in the expression between conditions *a*  
565 and *b*.

566