

1 The role of birds at Çatalhöyük revealed by the analysis 2 of eggshell

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13 Abstract

14 The exceptional eggshell assemblage from Çatalhöyük was studied using an integrated approach
15 combining morphology (by optical and scanning electron microscopy) and palaeoproteomics (by
16 mass spectrometry). We provide taxonomic classification for 90 fragments, of which only 11
17 remain undetermined. The striking predominance of Anseriformes (probably including greylag
18 geese, as well as ducks and swans) in all types of deposits examined, including middens and
19 burial fills, suggests that these eggs were exploited as food and, at the same time, had a special
20 significance for the inhabitants of the site. We detected the presence of crane eggshell in contexts
21 associated with both the world of the living and the world of the dead (consistent with the well-
22 known importance of this bird at Çatalhöyük), as well as the possible but infrequent occurrence
23 of bustards and herons. Overall, we suggest that eggshell analysis, together with osteological
24 data and the archaeological context, can provide the basis for a nuanced understanding of the
25 relationship between humans and birds in the past.

26 Keywords

27 Eggshell; taxonomy; birds; morphology; microscopy; ancient proteins; mass spectrometry;
28 Çatalhöyük; Neolithic.

29 1. Introduction

30 The role of birds in the lives of human beings can vary widely: from food resource including meat
31 and eggs (but not necessarily both at the same time and in all cultures), to source of ornamental
32 “goods” (feathers, talons (Romandini et al., 2014; Blasco et al., 2019; Finlayson et al., 2019)) or
33 even objects of cult (Russell and McGowan, 2003; Russell, 2018a). Birds also have a parallel role
34 beyond death: ritual food offerings, symbols of rebirth, active subjects in funerary rituals (for

35 example, defleshing by vultures (Pilloud et al., 2016)). In some instances, birds may be thought
36 of as the link between the world of the living and that of the dead (e.g. Best and Mulville, 2017).
37 Active behaviours of humans towards birds include observing, fearing, worshipping, catching,
38 managing in captivity, taming, mimicking, domesticating, feeding, killing, butchering, selecting any
39 desired anatomical parts, and disposing of the remains (Serjeantson, 2009). The relationship
40 between birds and their human counterparts can vary dramatically, not only by species, but also
41 by the lifestage of the bird.

42
43 The study of archaeological avian bone assemblages is crucial in order to unpick these different
44 strands. For example, the bird bones at Çatalhöyük suggest that cranes had ritual significance,
45 but also were a food item (Best et al in prep; Russell 2018a; 2018b). Complementary information
46 on bird-human relationships can also be obtained through the analysis of eggshell assemblages.
47 Fragments of avian eggshell can be studied and identified morphologically (Keepax, 1981; Sidell,
48 1993) or using mass-spectrometry-based proteomic analyses (Stewart et al., 2013/4; Presslee et
49 al., 2017). The extent of resorption of the mammillae can potentially provide information on
50 incubation stage and hatching (Chien et al., 2009), although taphonomy plays an important and
51 yet poorly understood role (Sichert et al., 2019). For example, the ritual role of (possibly fertilised)
52 chicken eggshell has been recently highlighted in conversion period (12th–13th century AD) graves
53 from Kukruse in Estonia (Jonuks et al., 2016), as well as Late Roman burials from Ober-Olm
54 (Sichert et al., 2019). Lack of interactions between humans and avifauna can also be inferred
55 from the eggshell record; e.g. the excellent preservation of proteins in Accipitridae eggshell at the
56 Palaeolithic cave of El Mirón (northern Spain) allowed us to infer that bearded vultures and
57 humans probably did not occupy the site at the same time (Demarchi et al., 2019).

58
59 The largest-known Neolithic proto-city of Çatalhöyük (Figure 1) in modern-day Turkey (7100–
60 6000 cal BC), is an exceptional site in its own right, but also because the (relatively small (Mulville,
61 2014)) assemblage of bird bones has been thoroughly studied and recently published (Russell
62 and McGowan, 2003; Russell, 2018a; 2018b). Russell's work highlights a striking pattern whereby
63 birds at Çatalhöyük were obviously valued for their feathers, clearly had a symbolic role (notably
64 cranes, vultures, crows, and spoonbills), but were not necessarily an important food resource.
65 This is in contrast to other sites in the same region (Baird et al., 2018), despite the extensive
66 presence of marshes and wetlands around the site (Charles et al., 2000).

67
68 Extensive recovery by flotation and hand-collection during Ian Hodder's excavations at the site
69 has resulted in an assemblage of unparalleled size and preservation; over 940 units produced
70 eggshell, equivalent to at least 5kg of material (Sidell and Scudder, 2004; Mulville, 2014).
71 Preliminary analysis on a subsample of eggshells (n fragments = 40) in 2015 showed that the
72 assemblage was dominated by Anseriformes species, probably more than one on the basis of
73 the surface morphologies (Best et al., 2015). Here we analyse a further sample (n fragments =
74 50) of eggshells, selected on the basis of their morphology and archaeological context, in order
75 to have a representative sample from midden layers, burial infills, floors and activity areas. We
76 also reconsider the 2015 results in response to updated analysis techniques. By combining the
77 results from the 2015 and 2019 studies we aim to:

78

- 79 1) Identify and characterise the 90 fragments of eggshells from the site, using a combination
80 of morphological observations (by optical and scanning electron microscopy) and protein
81 analyses (MALDI-MS and LC-MS/MS)
82 2) Highlight any patterns in avian eggshell representation in living areas (floors, middens) vs
83 areas pertaining to the world of the dead (burial fills)
84 3) Compare the information obtained by analysing eggshell with that obtained by osteological
85 studies of the Çatalhöyük material.
86
87

88 **Approximate location of Figure 1**

89 **2. Materials and methods**

90 2.1 Samples analysed

91 Permission was obtained to export eggshell for analysis in 2014 and in 2018. The material was
92 selected to encompass the temporal breadth of the site, and to represent different areas of the
93 settlement. A first batch of 40 samples was selected randomly and analysed in 2015 (hereafter
94 “2015 batch”), in order to assess which birds dominated the eggshell assemblage, and
95 characterise the protein preservation. A further 50 samples were deliberately selected in order to
96 obtain identification of morphologically distinct eggshell fragments (hereafter “2019 batch”). Table
97 1 shows the details of the 90 samples analysed, including the archaeological unit, the Hodder
98 level, the deposit categories inferred from the Çatalhöyük project database (midden, floors, burial
99 fill, fill, activity and midden activity). We also report the identification obtained by morphological
100 observation and protein analysis, the inference derived from the combination of the two methods,
101 any signal relative to developmental stage and/or taphonomy, and the eggshell’s thickness.
102

103 2.2. Microscopy

104 All specimens were examined by optical microscopy and Keyence Digital Microscope (VHX 5000
105 series). Where detailed morphological features of the mammillae were present (and were not too
106 damaged by taphonomy or chick development) SEM analysis was employed. For all specimens
107 measurements were taken of the mean number of pores and mammillae per mm², the ratio of the
108 mammillae to palisade layer, and eggshell thickness (following Sidell (1993) and Keepax (1981)).
109 The eggshell thickness is averaged from 10 measurements for each specimen and considered a
110 useful but rough indicator for establishing size groupings, since Maurer (Maurer et al., 2012) has
111 demonstrated that thickness can vary significantly within an individual egg. Where SEM analysis
112 took place the internal surface of each sample was then examined and described following set
113 criteria to aid taxonomic identification, including:

- 114 1. The regularity, size, shape and spacing of the mammillae;
- 115 2. The depth of fissuring and the sutures form and depth;
- 116 3. Fiber trails and struts;

117 Examination of the internal surface was conducted at 300x, 800x and 1000x magnification to allow
118 further comparison with reference materials.
119

120 Changes to the surface of the mammillae were also recorded for all specimens (Table 1). This
121 can be caused by both chick development (resorption caused by the chick mobilising calcium
122 from the eggshell), or by taphonomic processes (such as acidic corrosion) - these markers can
123 be very difficult to separate morphologically and terminology for recording this is often used
124 interchangeably. However, no evidence for damage indicates that the egg was freshly laid or
125 infertile. Meanwhile, changes in the mammillae surface may either indicate stage of chick
126 development/hatching (Bradley Beacham and Durand, 2007) or inform on taphonomic processes
127 in the burial environment (Sichert et al., 2019). In this paper we used “no resorption” to indicate a
128 lack of developmental activity, and we use “corrosion” where developmental and taphonomic
129 signals cannot be conclusively separated. Corrosion is described by its regularity/irregularity, and
130 intensity of mammillae destruction (minimal, moderate, high, very high). Where corrosion is very
131 regular, it is more likely to result from chick development, whereas patchy, irregular corrosion is
132 often taphonomic in nature (Morel 1990; Sichert et al., 2019).

133

134

135 **Approximate location of Table 1**

136

137 2.3 Palaeoproteomics

138 Samples for ancient protein analyses were prepared according to published protocols (Presslee
139 et al., 2017). In brief, eggshell fragments were weighed (5-40 mg), powdered using clean micro-
140 pestles directly in eppendorf tubes, exposed to bleach (NaOCl, 12% w/v for 72 hours) in order to
141 isolate the intracrystalline fraction (Stewart et al., 2013/4; Crisp et al., 2013; Demarchi et al., 2016;
142 Presslee et al., 2017). Bleached powders were demineralised in cold 0.6M hydrochloridric acid
143 (HCl), the solutions neutralised, lyophilised and resuspended in ammonium bicarbonate (50 mM).
144 Alkylation / reduction of disulphide bonds was carried out using dithiothreitol (65°C, 60 min; Sigma
145 Aldrich) and iodoacetamide (room temperature, 45 min; Sigma Aldrich). After overnight digestion
146 at 37°C with trypsin (0.5 µg/µL), samples were acidified and purified using C18 solid-phase
147 extraction (Pierce zip-tip) according to the manufacturer’s instructions. Eluted peptides were
148 spotted directly on a MALDI plate (see below) and the remaining volume evaporated to dryness
149 using a centrifugal evaporator before LC-MS/MS analyses.

150

151 All samples were analysed in triplicate by MALDI-MS (Bruker Ultraflex III MALDI-ToF mass
152 spectrometer). 1 µl of sample was spotted onto an MTP384 Bruker ground steel MALDI target
153 plate and 1 µl of α -cyano-4-hydroxycinnamic acid matrix solution (1% in 50% Acetonitrile/0.1%
154 Trifluoroacetic acid (v/v/v)) was added and mixed. Samples were analysed using the following
155 parameter settings: ion source, 25 kV; ion source, 21.4 kV; lens voltage, 9 kV, laser intensity 40–
156 55% and mass range 800–4000 Da. Peptide masses below 650 Da were suppressed. Each
157 sample was externally calibrated against an adjacent spot containing a mixture of six peptides
158 (des-Arg1 Bradykinin m/z = 904.681, Angiotensin I m/z = 1295.685, Glu1-Fibrinopeptide B
159 m/z = 1750.677, ACTH (1–17 clip) m/z = 2093.086, ACTH (18–39 clip) m/z = 2465.198 and ACTH
160 (7–38 clip) m/z = 3657.929). Data analysis was performed using the open-source software mMass
161 (Strohalm et al., 2010): three replicates were averaged for each sample, then peaks with signal-
162 to-noise ratios > 6 and height > 62% were considered and matched to a list of taxon-specific m/z
163 values (Presslee et al., 2017). All spectra are reported in Supplementary Information 2.

164
165 Five samples (CH15_7, CH15_12, CH15_34, CH19_21, CH19_38) were also analysed by LC-
166 MS/MS as described in Fischer and Kessler (2015) and following the guidelines for
167 palaeoproteomics detailed in Demarchi et al. (2016) and Hendy et al. (2018). Briefly, peptides
168 were separated on a PepMAP C18 column (75 μm \times 500 mm, 2 μm particle size, Thermo) using
169 a Dionex Ultimate 3000 UPLC at 250 nL/min and acetonitrile gradient from 2% to 35% in 5%
170 dimethyl sulfoxide/0.1% formic acid. Blanks were analysed between each sample. Peptides were
171 detected with a Q-Exactive mass spectrometer (Thermo) at a resolution of 70,000 @ 200 m/z . Up
172 to 15 precursors were selected for High-energy Collision Dissociation (HCD) fragmentation.
173 Resulting product ion spectra were searched against a protein database obtained from NCBI
174 (restricting the taxonomy to "birds", downloaded 22/02/2019) and containing common
175 contaminants (cRAP: <https://www.thegpm.org/crap/>) using the software PEAKS (version 8.5). For
176 PEAKS, FDR rate was set at 0.5%, with protein identifications accepted with $-10\lg p$ scores ≥ 40
177 and ALC (%) ≥ 80 .

178 3. Results

179 3.1 Representativity of the sample studied

180 The eggshell fragments analysed were not evenly distributed among the different deposit
181 categories (Figure 2): the majority of samples came from middens (n=51), followed by burial fills
182 (n=18), floors (n=11), midden activity (n=4), activity (n=3), fill (n=3). As a consequence, the
183 representativity of the sample is limited for activity areas, non burial fills and floors, and the
184 discussion will therefore mainly focus on midden deposits and burial fills, thus comparing and
185 contrasting the world of the living and the world of the dead.

186 3.1 Anseriformes

187 The identification of Anseriformes eggshell was obtained on the basis of the taxon-specific
188 markers of Presslee et al. (2017) detected in the MALDI-ToF spectra (Figure 2, Table 2) and of
189 eggshell morphology. In order to obtain protein sequence data, which could further confirm the
190 attribution of the spectra to eggshells of Anseriformes birds, we performed LC-MS/MS analyses
191 of two samples (CH15_7 and CH15_12). In both instances, the majority of the protein sequences
192 identified (ovocleidin-116, serum albumin, ovalbumin, lactadherin, serotransferrin, BPI-fold-
193 containing family B member 4-like; Supplementary Information 1) yielded a match to sequences
194 from *Anas* and *Anser* (as shown by the pie charts in Figure 2).

195 It is currently not possible to discriminate between different species of Anseriformes, neither using
196 MALDI-MS markers nor sequence data, for two main reasons:

197 i) The majority of the MALDI-MS markers (Table 2) belong to ansocalcin, a C-type lectin
198 originally sequenced from goose eggshell (Lakshminarayanan et al., 2003) but, as discussed
199 elsewhere (Presslee et al., 2017) detected in both goose and duck eggshells by
200 palaeoproteomics.

201 ii) Similarly, the sequences we identified by LC-MS/MS belonged to both *Anser* and *Anas*
202 (other bird taxa also yielded a match, albeit less frequently, as seen in the pie charts reported in
203 Figure 2).

204
205 In general, the agreement between the morphological and molecular analyses was very strong
206 (Table 1), i.e. where diagnostic features were available all eggshell identified as Anseriformes or
207 Anseriformes-like by mass spectrometry was also independently identified as certain or potential
208 goose, duck (and possibly swan) by microscopy. Additionally, six eggshell fragments were
209 classified as goose (or cf. goose) by microscopy, but produced low-quality spectra; three of these
210 were either burnt or heat-stained. A single fragment (CH19_6) identified morphologically as cf.
211 goose yielded a spectrum that could not be determined as Anseriformes. Relatively low protein
212 coverages in the archaeological samples (around 50-60% for the top proteins, see Table 3) and
213 lack of high-coverage genomes of various Anseriformes species prevent complete refinement of
214 the taxonomic determination at this stage. However, microscopy indicated that geese were more
215 common in the eggshell assemblage than ducks, and suggested that a range of species are
216 represented in both groups. From the shell thickness and morphology it is likely that the majority
217 of the goose eggs belong to greylag geese (Figure 3A and Table 1). This is the only goose species
218 that today breeds in the area, and as such the potential identification of multiple geese species is
219 interesting (Russell (2018a)). It is possible that the reference materials currently available do not
220 cover all variations within greylag goose eggshell, or for large duck species such as shelduck
221 (*Tadorna tadorna*). Alternatively, this eggshell may include other species commonly identified in
222 the bone assemblage by Best (in prep) and by Russell and McGowan (2005), such as the white-
223 fronted goose (*Anser albifrons*) and the lesser white-fronted goose (*Anser erythropus*). Although
224 neither of these breeds in the area today, interestingly the lesser white-fronted goose does breed
225 in Eastern Turkey, Syria, and Greece, which may suggest different breeding distributions in the
226 past (<https://www.iucnredlist.org/>, accessed 03/12/2019). At present, other related birds such as
227 black geese [*Branta*] cannot be eliminated using mass spectrometry or microscopy.

228
229 A small number of the eggshells are above the thickness range usually assigned to geese
230 (Keepax, 1981; Sidell, 1993; Maurer et al., 2012), and as such swan eggs may also be present
231 in the assemblage (although none could currently be confidently identified by morphology; Figure
232 7). Overall, it is clear that the inhabitants of Çatalhöyük consistently exploited the eggs of various
233 Anseriformes species (especially geese). Anseriformes represented more than 50% of the whole
234 assemblage (54 out of 90 fragments confidently identified as Anseriformes, and 61 of 90
235 fragments when probable Anseriformes are included). Interestingly, Anseriformes represented
236 over 75% of the fragments from the randomly-selected 2015 batch (30 out of 40 fragments),
237 indicating that their true prevalence is probably underestimated in this small-scale analysis.

238
239 Just over half of the Anseriformes and probable Anseriformes (31 of 61 samples) exhibited no
240 resorption, indicating that the majority of eggs were taken when recently laid (Figure 3B). A further
241 6 specimens had very patchy corrosion which is likely to be taphonomic damage. The remaining
242 24 fragments had mostly uniform corrosion which could represent either chick development,
243 taphonomic damage, or a combination of the two. Of these, 11 fragments had high levels of
244 corrosion which may indicate live young hatching on site, or eggshell material collected at point

245 of hatch (although taphonomy cannot be eliminated here). The majority of these highly corroded
246 fragments came from the midden, but with one from a burial fill and another from a house floor.

247

248 **Approximate location of Figure 2**

249

250 **Approximate location of Table 2**

251

252 **Approximate location of Table 3**

253

254 **Approximate location of Figure 3**

255

256 3.2 Non-Anseriformes

257 Initial microscopic identification indicated that a wide range of species were present in the
258 assemblage, including non-anseriformes. For the CH19 batch a diverse range of morphologically
259 distinct samples were deliberately selected by one of us (JB), in the hope of achieving accurate
260 identification of these other taxa.

261

262 The non-Anseriformes eggshell appears to be diverse, and in several instances identification is
263 not possible. Within this, three MALDI-ToF spectral “fingerprints” could be identified, which were
264 then associated to three broad size-categories of eggshell (not necessarily reflecting the size of
265 the birds that they came from): small-sized (n=4; representative spectrum shown in Figure 5A),
266 medium-sized (n=3; representative spectrum shown in Figure 5B) and large-sized (n=9;
267 representative spectrum shown in Figure 5C). The spectra are clearly different, but we were
268 unable to univocally identify these taxa on the basis of the published MALDI-MS markers of
269 Presslee et al. (2017): each spectrum showed the presence of markers pertaining to different
270 species, contrary to what was observed for the Anseriformes samples (see Figure 2). Therefore,
271 LC-MS/MS analyses were conducted on three samples (all data are included in Supplementary
272 Information 1): CH19_38 (small-size), CH19_21 (medium-size) and CH15_34 (large size).
273 Bioinformatic searches of the product ion spectra against the NCBI birds proteomes did not yield
274 straightforward identification of the three taxa: indeed, the pie charts in Figure 5 are strikingly
275 different from those obtained for Anseriformes (Figure 2).

276

277 **Approximate location of Figure 4**

278

279 The large-size bird (eggshell) could be tentatively identified as a Gruiformes on the basis of the
280 higher proportion of spectra that could be assigned to this order (Figure 5F), and via microscopy,
281 which indicated that several measurements (including mammillae density, characteristics and
282 eggshell thickness) were appropriate for crane. However, species not represented in the
283 microscopic reference material could not be unequivocally ruled out. Of the nine fragments in this
284 large group, six had no resorption of the shell, two had patchy, very minimal corrosion and one
285 had minimal uniform corrosion (potentially indicating some initial chick development).

286

287 In contrast, the medium-size sample yielded a mixed signal, with roughly an equal number of
288 peptide sequences assigned to Gruiformes, Galliformes and Passeriformes (Figure 3E).
289 Interestingly, the top-scoring protein for this sample was ovalbumin from *Chlamydotis macqueenii*,
290 a bustard. Bustards are present at the site (Russell, 2018a), and the shell thickness
291 measurements do fall within the range of another bustard species, *Otis tarda* (although
292 comparative material for detailed morphological analysis was not available at the time of analysis).
293 Therefore, it is possible that sample CH19_21 is indeed a fragment of eggshell pertaining to this
294 taxon. However, more reference material for both proteomics and microscopy would be needed
295 to rule out other possibilities; this will be a priority of our future work. Two fragments in this
296 category had no resorption and one was too abraded to determine damage to the mammillae.

297
298 Sample CH19_38, representative of the small-size category, could not be clearly determined.
299 Microscopy suggested that a large heron such as *Ardea cinerea* is a potential candidate, and
300 palaeoproteomic analyses gave a mixed signal, as identified peptides/spectra were assigned to
301 proteins from a variety of avian orders (Figure 5D), which however do include Pelecaniformes.
302 Herons are a very common bird at Çatalhöyük and, as such, their presence in the eggshell
303 assemblage would not be surprising, particularly given the presence of juvenile heron at the site
304 (Best et al. in prep; Russell 2018a). We will be sourcing additional reference material and
305 conducting a more in-depth assessment in the future, based on the results of this preliminary
306 identification. One of the fragments in this group showed no resorption, another had minimal
307 patchy corrosion (probably taphonomic), one moderate uniform corrosion, and one very extensive
308 uniform corrosion. It is probable that the latter two represent eggs with developing chicks inside.

309
310 Four samples were undetermined by MALDI-MS and were not subjected to further in-depth
311 palaeoproteomic analyses. CH15_25 was not identifiable by proteomics or microscopy, but
312 CH15_23 was suggestive of a possible vulture egg morphologically, and two Accipitriformes
313 markers (Demarchi et al., 2019) were observed in the MALDI mass spectrum. CH19_6 and
314 CH19_13 can be assigned very tentatively to goose and bustard respectively based on
315 morphology.

316

317 **Approximate location of Figure 5**

318 3.3 Distribution of eggshell taxa

319 Figure 6 shows the distribution of eggshell taxa (identification obtained by combining proteomics
320 and morphology, see Table 1) in different deposit categories. Anseriformes dominate the eggshell
321 assemblages recovered from both middens and burial fills, demonstrating the importance of these
322 birds, and particularly geese, at the site. Both geese and ducks are found in all three of these
323 deposit categories. The overall profile between the middens and the burial fills are very similar.
324 This may also suggest a lack of separation between the world of the dead and the world of the
325 living, a recurrent theme at Çatalhöyük, with birds that had significance in life also playing a role
326 in death. It appears that the eggshell fragments were intentionally incorporated into several of the
327 grave environments, although it cannot be ruled out that some inadvertently entered the fill. Of
328 the 18 samples from burial fills, five (28%) produced no usable proteomic data, compared to 10%

329 of the samples from middens and associated activities. Given the generally excellent preservation
330 of the proteins encountered in this study, we attribute this pattern to burning, which is supported
331 by some of the fragments yielding low-quality spectra being from scorched layers. Several of the
332 eggshell fragments from burial fills exhibit physical evidence of burning (for example, see Figure
333 6) but heat exposure is known to affect protein preservation even without visible alteration of the
334 biomineral (e.g. Crisp, 2013). The data could therefore be interpreted as evidence of ritual burning
335 of the remains interred with the dead, or the selection of burnt material for incorporation in the
336 burial activities. It may also simply represent waste disposal or food discard, as there are also
337 large quantities of burnt bone found at the site. The redeposition of material certainly needs to be
338 considered as a factor influencing distribution of eggshell and its interpretation, especially at a
339 complex site such as Çatalhöyük. As such, although we have identified some differences between
340 midden and burial fills material (e.g. level of burning), we stress that this cannot be automatically
341 assigned to intentional incorporation.

342

343 **Approximate location of Figure 6**

344

345 The large quantity of eggshell recovered from midden deposits suggests that many of the eggs
346 were food or activity waste, although their presence may also have played some role in the closing
347 of buildings. The large number of samples with no resorption or minimal/patchy corrosion
348 suggests that many eggs would have been used as food or in other activities where undeveloped
349 eggs are needed, e.g. as paint binders. This hypothesis is interesting and could be potentially
350 tested by analysing paint remains using proteomics. Although quantifying eggshell is very
351 challenging, the quantity recovered from the site suggests that bird eggs were a more common
352 food item than bird meat, since the avian bone assemblage is relatively small (see Best et al. in
353 prep. and Russell, 2018a). Interestingly, 45% of the fragments from floor deposits (5 of 11
354 specimens) produced no usable proteomic data, indicating that these eggs may have suffered
355 more taphonomic damage.

356 Non-Anseriformes are represented in small numbers in the three largest deposit categories
357 (floors, midden and burial), and it is probable that additional non-Anseriformes fragments are
358 present in the unidentified material.

359

360 **Approximate location of Figure 7**

361 **4. Discussion and conclusions**

362 This study focussed on the multi-disciplinary analysis of 90 eggshell fragments from Çatalhöyük.
363 Each fragment was characterised using microscopy-based morphological observations and mass
364 spectrometry-based protein analysis. The combination of the two approaches was successful in
365 identifying the fragments, generally at order level, and with a high level of agreement between
366 morphological and molecular data (Table 1). By combining the methods we were able to provide
367 higher resolution for several fragments than would have been possible using either technique in
368 isolation.

369

370 Most fragments (68%) were determined to be Anseriformes or very probable Anseriformes,
371 highlighting the striking prevalence of geese and ducks at the site. The highest proportion of geese
372 and ducks were recovered from midden deposits (world of the living), but they were also well
373 represented in burial fills (world of the dead). Anseriformes eggs are a nutritious and seasonally-
374 abundant resource, clearly linked to the local environment, and the presence of wetlands.
375 Therefore, while the use of bird meat as a food resource is not frequent at Çatalhöyük, as
376 highlighted by a number of studies, including the most recent reassessment by Russell (2018a;
377 2018b) and Best (in prep.), the exploitation of eggs seemed to be a common feature. Food itself
378 can be special, and egg consumption/use might have had symbolic resonance due to its link with
379 the seasons' cycle, or through association with the living birds that inhabited the landscape around
380 Çatalhöyük and played many different roles in living at, and experiencing, the site. Seasonality
381 and connotations of new-life may have made eggs an appropriate material for deliberate
382 placement in graves.

383
384 When combined with the proteomic analyses, the microscopy indicates that many of the
385 Anseriformes are large geese, and the greylag goose in particular is a likely candidate for much of
386 the eggshell material. Greylag geese still breed around the site today (Russell 2018a). These
387 birds often gather to breed in colonies and could have radically changed the appearance and
388 audiality of the landscape surrounding the site during their summer breeding season. It appears
389 that Anseriformes egg collection was a key part of avian exploitation, potentially explaining why
390 the adult birds do not seem to have been killed in large numbers, as this would have then deprived
391 the fowlers of the valuable egg resources. It seems that life at Çatalhöyük involved an intimate
392 knowledge of birds both in their use as food items, in their movement around the landscape and
393 for their symbolic lives.

394
395 Among non-Anseriformes, the presence of crane egg in particular should be noted. The crane
396 seems to have been consumed as food but also played a ritual role at the site (Best et al. in prep;
397 Russell, 2018a, 2018b). It is possible that like the birds themselves, their eggs may have also
398 been used in both mundane and special ways. Whilst the wetland environments around the site
399 would have provided suitable nesting environments for Anseriformes, Gruiformes and some
400 Pelecaniformes, it is possible that some egg resources may have been brought from further afield
401 or traded either as food or as special items.

402
403 Overall, we confirmed the importance of an integrated zooarchaeological and molecular approach
404 for the study of ancient eggshell. We also highlighted the excellent preservation of eggshell
405 proteins at this 8000-year-old site, despite the hot environment. Fragments which did not yield
406 proteins are therefore likely to have been burnt, possibly during ritual activities, as a high
407 proportion of burnt eggshell was found in burial deposits. The high presence of burning in floors,
408 where the highest proportion of undetermined eggshell was recovered, may result from cooking
409 activities.

410
411 We have also highlighted that while deep-branching Anseriformes (Galloanserae) can be readily
412 identified via proteomics as their protein make-up is very distinctive (Figure 2), deciphering the
413 eggshell proteome composition of Neoaves is more challenging (Figure 5). This is consistent with

414 the later and “sudden” evolutionary radiation of Neaves at around 50 million years ago.
415 Phylogenetic analyses based on the reconstructed sequences of specific proteins will be the focus
416 of future work, in the hope that these will improve taxonomic resolution for this and other sites.
417 We hope to assess the rest of the Çatalhöyük assemblage as soon as resources allow. In the
418 meanwhile, we will continue producing integrated focused datasets, which can provide a baseline
419 for obtaining more nuanced interpretations of the role of birds in the lives of humans in the past.

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435 Data availability

436 All the mass spectrometry proteomics (LC-MS/MS) data have been deposited in the
437 ProteomeXchange Consortium (<http://proteomecentral.proteomexchange.org>) via the PRIDE
438 partner repository (Vizcaíno et al., 2013) with the data set identifier PXD014558.

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545

546 **FIGURE CAPTIONS**

547 **Figure 1: Location of Çatalhöyük in present-day Turkey.**

548

549 **Figure 2: MALDI-TOF spectra for Anseriformes samples CH15_07 (A) and CH15_12 (B),**
550 **showing the main Anseriformes markers. Pie charts represent the taxonomic composition**
551 **of proteomes, calculated as the proportion of spectra assigned to different avian orders**
552 **by bioinformatic analysis of LC-MS/MS data obtained on samples CH15_07 (C) and**
553 **CH15_12 (D). For each protein group, only the top-scoring protein identifiers were**
554 **considered. Note that Anseriformes spectra clearly dominate the composition, i.e. the**
555 **majority of the product ion spectra could be unequivocally assigned to Anseriformes.**

556

557 **Figure 3: Goose eggshell fragments. A: CH15_5 Anseriformes - goose eggshell fragment,**
558 **likely *Anser anser*, with an average thickness of 0.6 mm. B: CH15_19 Anseriformes - goose**
559 **eggshell fragment showing no resorption, indicating that minimal chick development had**
560 **taken place, or that the egg was infertile.**

561

562 **Figure 4: Eggshell thickness for three specimens from the three MALDI-ToF “fingerprints”**
563 **determined by MS analysis and also recognised by microscopy. A: CH19_38 (small), B:**
564 **CH19_21 (medium) and C: CH15_34 (large).**

565

566 **Figure 5: MALDI-TOF spectra for non-Anseriformes samples CH15_38 (A), CH19_21 (B)**
567 **and CH15_34 (C), showing the mixed-taxa markers. Pie charts represent the taxonomic**
568 **composition of proteomes, calculated as the proportion of spectra assigned to different**
569 **avian orders by bioinformatic analysis of LC-MS/MS data obtained on samples CH19_21**
570 **(D), CH19_38 (E) and CH15_34 (F). For each protein group, only the top-scoring protein**
571 **identifiers were considered. Note that the taxonomic signal is mixed in all instances.**

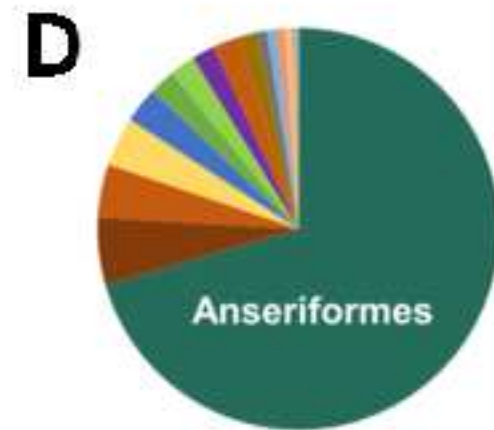
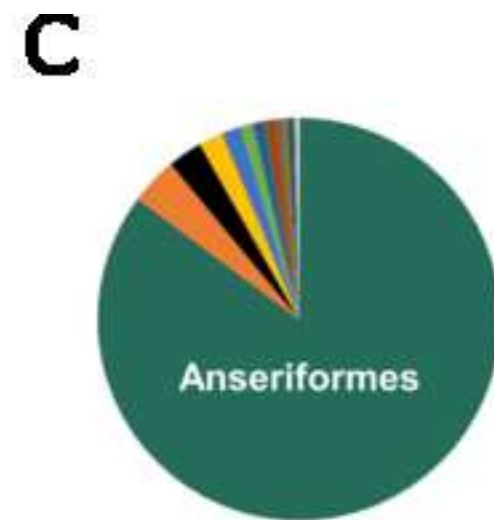
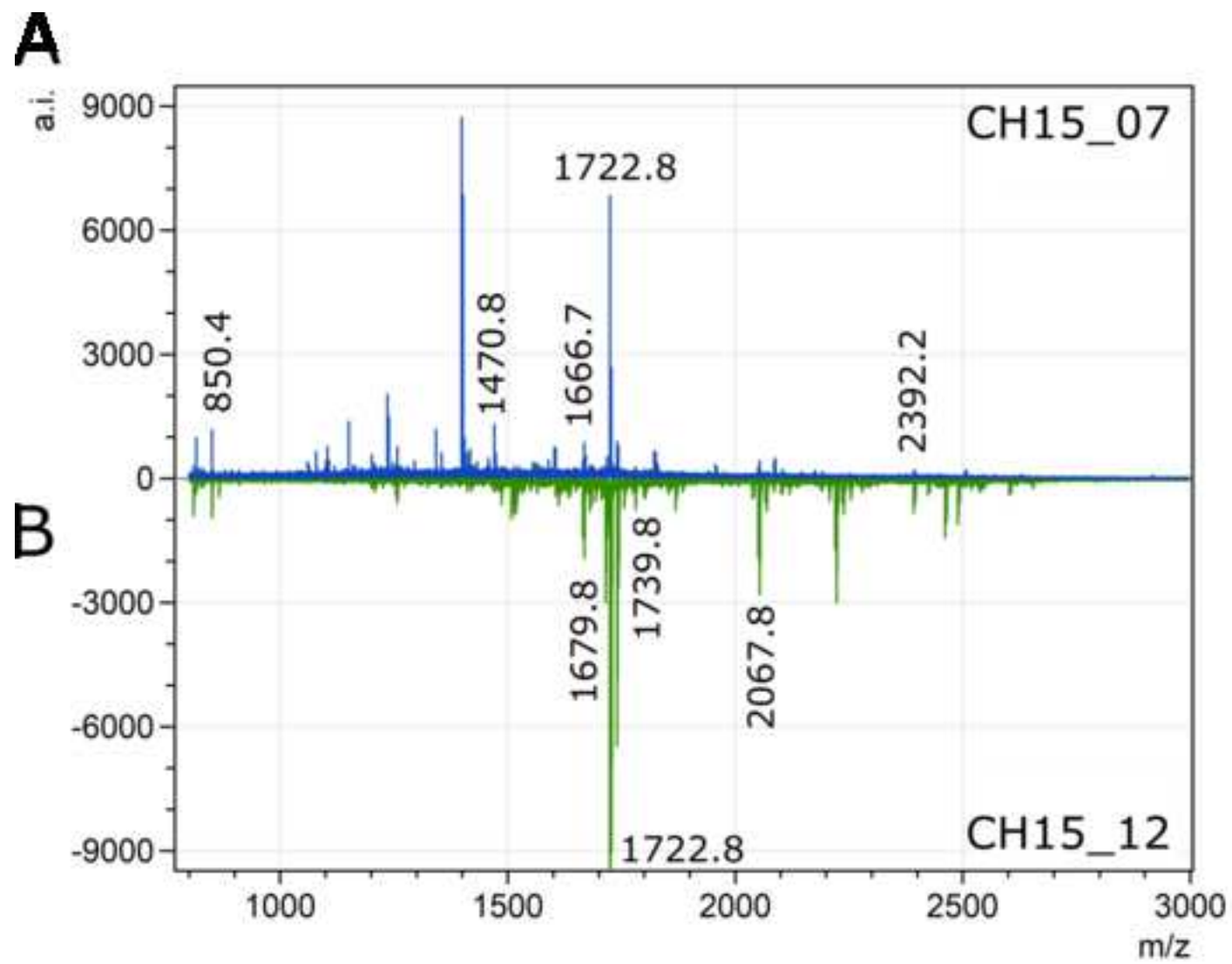
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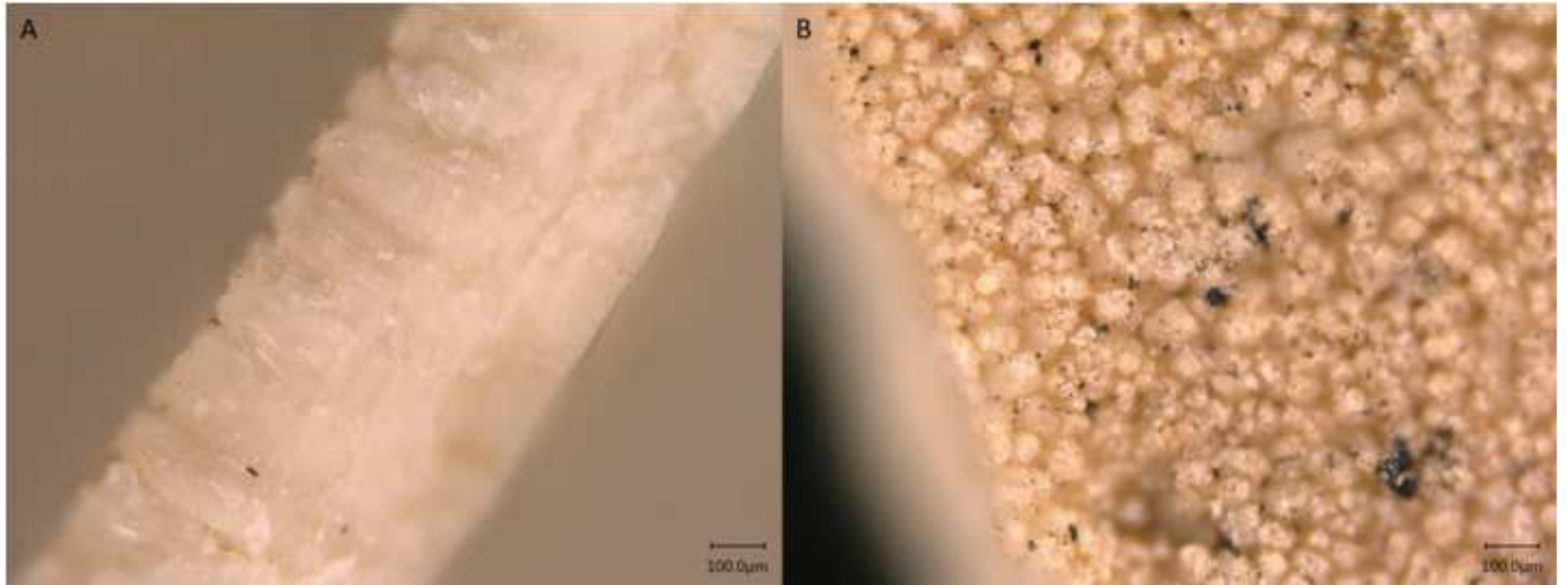
573 **Figure 6: Relative abundance of avian types identified in each deposit category. Geese**
574 **silhouettes highlight the dominance of this taxon in midden and burial fill deposits, while**
575 **floor sediments contained a higher proportion of undetermined fragments; low sample**
576 **numbers imply that this information would not be meaningful for activity, midden activity**
577 **and fill deposits.**

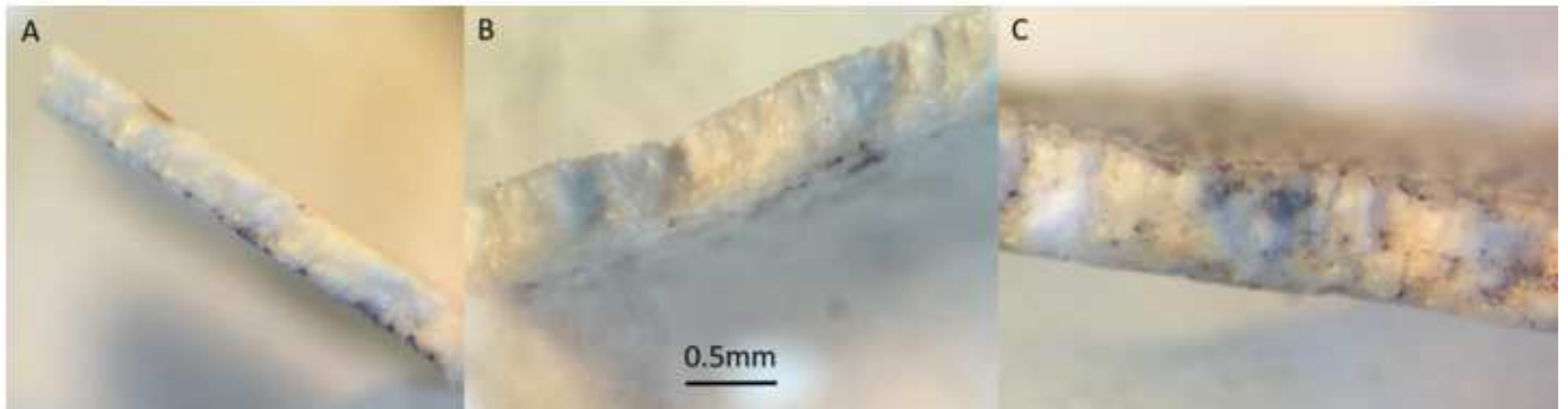
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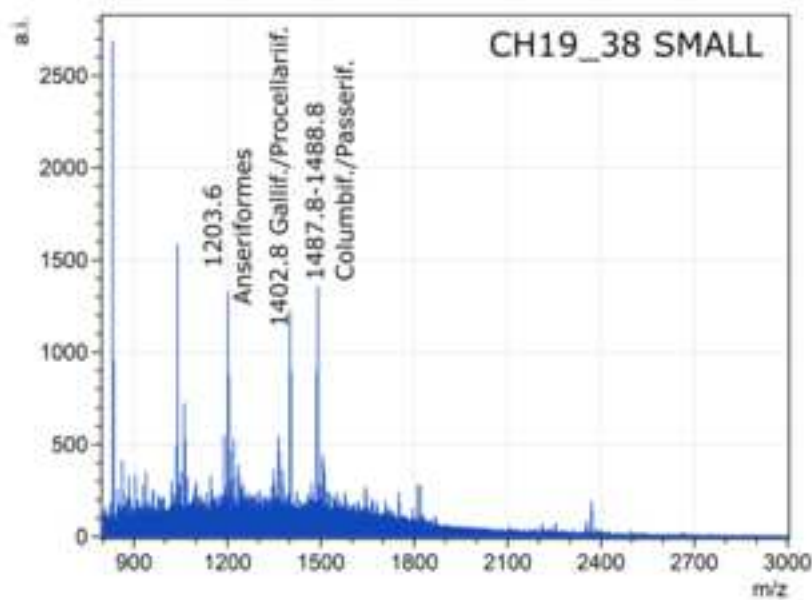
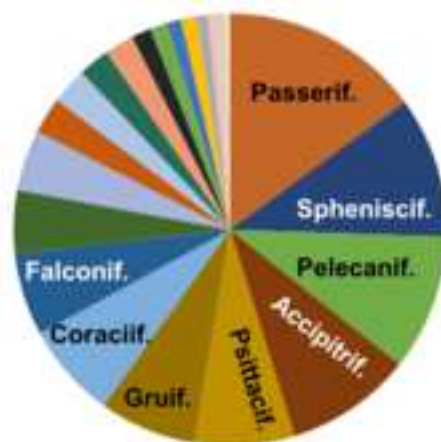
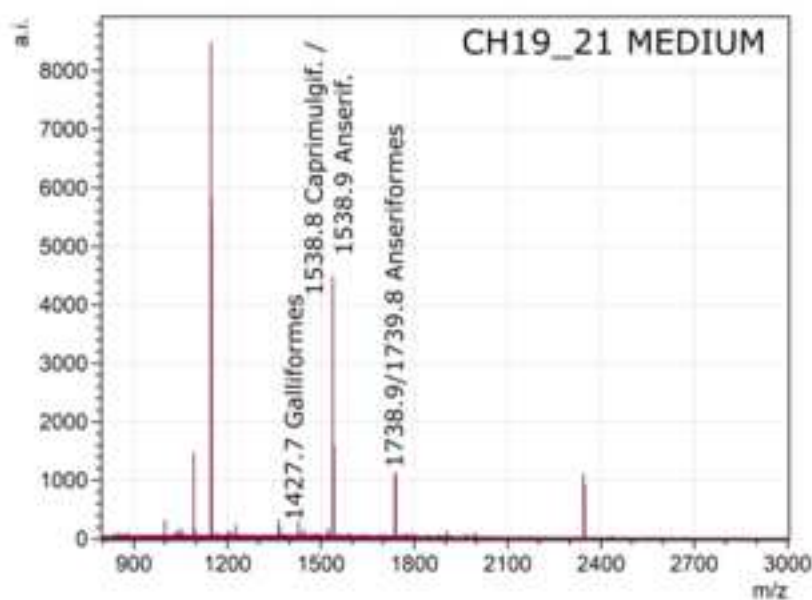
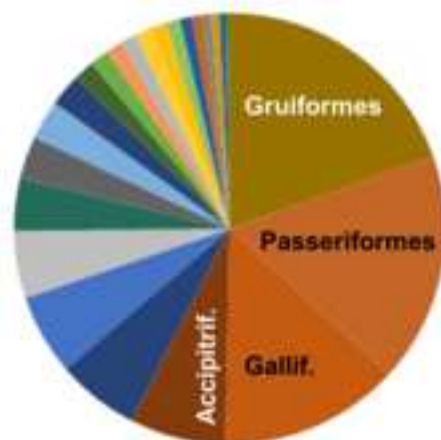
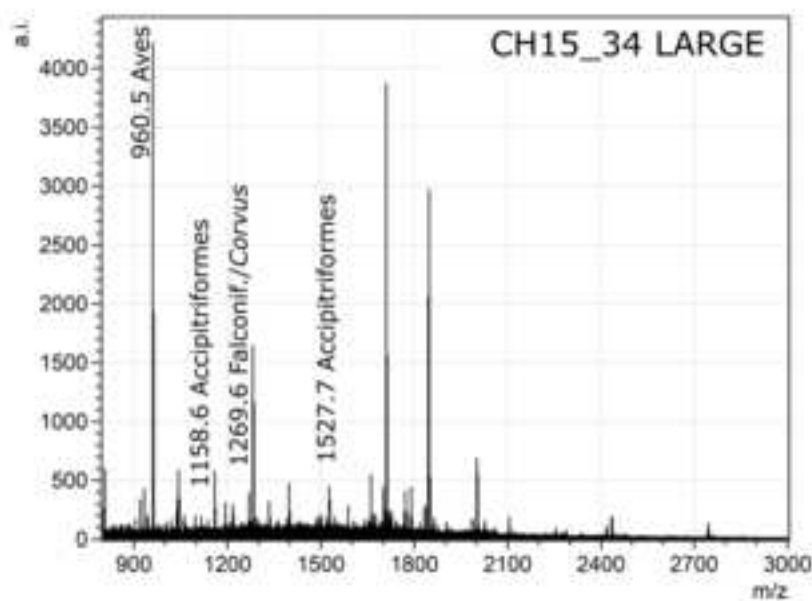
579 **Figure 7. A highly charred eggshell fragment: CH19_9 from unit 22676 - a burial fill. This**
580 **fragment is damaged but is most likely to be swan. A: external surface of eggshell. B:**
581 **thickness and ratio of the mammillae to palisade layer.**









A**D****B****E****C****F**

