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Favorable short-term outcome of HCV-positive liver graft with bridging fibrosis: a plea for very early viral eradication

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Keywords

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List of Abbreviations

LT, liver transplantation; HCV, hepatitis C virus; MELD, Model for End-stage Liver Disease; CIT, cold ischemia time; DAA, direct-acting antiviral agents; US, ultrasound; GGT, gamma-glutamyltransferase; HBV, hepatitis B virus; SVR12, sustained virological response at week 12 after end of therapy; kPa, kilopascal.

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Summary

We report the first case of an HCV-positive recipient who was transplanted with an HCV-positive graft with portal-portal bridging fibrosis. Curbing HCV infection immediately after liver transplant with direct-acting antivirals, resulted in an excellent 9-month outcome.



Persistent organ shortage in liver transplantation (LT) forces transplant centers to use extended criteria donors. In this setting, hepatitis C virus (HCV)-positive livers represent a precious resource, but their use has been so far restricted to those with fibrosis stage ≤2 according to Ishak (i.e. absence of bridging fibrosis), pending studies on fibrosis progression in grafts at more advanced stage (1). The same indication accrued from our own experience(2). In 1998 we used a 45-year-old HCV-positive graft having bridging fibrosis (staging 3/6, Ishak) in an HCV-positive recipient, Model for End-stage Liver Disease (MELD) 19 at LT; cold ischemia time (CIT) was 689 minutes and the patient experienced delayed non-function (prolonged ascites with progressive cholestasis), requiring re-LT on day 75.

However, the recent advent of direct-acting antivirals (DAA) has revolutionized HCV therapy (32) and changes in the outcome of HCV-positive grafts can be expected. On December 10th, 2015, the 2771th LT was performed in Turin, Italy. The donor was a 46-year-old male, deceased of anoxic brain injury. He was HCV positive, genotype 3a, inexperienced to antiviral therapy. Abdomen ultrasound (US) showed normal liver and spleen echogenicity and size. Platelet count was 229x10⁹/L, total bilirubin 0.7 mg/dL, INR 1.1, AST/ALT 98/171 IU/L, gamma-glutamyltransferase (GGT) 297 IU/L, HCV-RNA 1,210,101 IU/mL, hepatitis B virus (HBV) core antibody positive. On retrieval, the liver was soft despite a grainy capsule (Fig.1A); biopsy showed fibrous expansion of most portal areas with evidence of portal-portal bridging (grading 4/18, staging 3/6, Ishak) (Fig.1B-C). The recipient, who signed an informed consent, was a 60-year old male, affected by HBV/HCV-related cirrhosis (HCV genotype 1b, non-responder to peginterferon/ribavirin), portal hypertension (large esophageal varices, spleen diameter 20 cm) and multinodular hepatocellular carcinoma beyond San Francisco criteria, successfully downstaged to Milan criteria. At LT, his MELD score was 8, creatinine clearance 98 mL/min, HCV-RNA 150.656

 IU/mL; HBV-DNA undetectable without treatment. CIT was 373 minutes; end-to-end biliary anastomosis with T-tube was performed; post-reperfusion biopsy showed moderate ischemia-reperfusion injury. Immediate graft function was satisfactory, with no ascites and no evidence of early/delayed dysfunction. Post-LT course was complicated by pneumonia due to a multi-sensitive *Klebsiella pneumoniae*, and he was discharged on day 26. Immunosuppression included tacrolimus, mycophenolate mofetil and steroids, the last weaned within 6 months. He underwent anti-HBV prophylaxis with lamivudine and hepatitis B immunoglobulin. Anti-HCV therapy with daily sofosbuvir (400 mg), daclatasvir (60 mg) and ribavirin at escalating dose (from 400 to 1000 mg) was started on the day of transplant for 24 weeks (according to Italian guidelines), with good tolerance. After LT, HCV-RNA was 4,407 IU/mL (HCV genotype 3a) at week 1; <15 IU/mL at week 2 and persistently undetectable since week 3. He achieved a sustained virological response at week 12 after end of therapy (SVR12). Transaminases and total bilirubin were persistently normal from week 4 after LT; GGT and alkaline phosphatase normalized from week 8.

Liver stiffness, evaluated by transient elastography was 10.5 kilopascal (kPa) at week 12 of therapy and it fell to 8.5 kPa at SVR12.

On May 2nd, 2016, a T-tube cholangiography showed a mild biliary anastomotic stricture, which was managed by endoscopic stenting for 1 month.

At SVR12, Doppler-US showed regular liver perfusion and reduction in spleen size (16.5 cm), whilst upper endoscopy confirmed disappearance of the esophageal varices; magnetic resonance cholangiopancreatography evidenced a patent biliary anastomosis with normal intrahepatic bile ducts (Fig.2A); liver biopsy showed persistent fibrous expansion of most portal areas with occasional portal-portal bridging (grading 3/18, staging 3/6, Ishak; Fig.2B-C).

In conclusion, recourse to well-tolerated, pangenotipic pan-genotypic DAAs immediately after LT, allowed to cure the donor's chronic hepatitis C into the recipient, thus affording a

favorable short-term outcome, at variance with our previous unsuccessful case occurring in the interferon-era. The present report is a proof-of-concept that curbing HCV infection very early after LT, in association with CIT minimization and careful recipient selection, may result in excellent survival of HCV-positive grafts with portal-portal bridging, pending long-term fibrosis evaluation. This observation should encourage transplant teams to a more extensive use of HCV-positive donors, hopefully within the scope of an internationally agreed multicenter protocol.

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FIGURE LEGENDS

Figure 1. Macroscopic and microscopic features of HCV-positive donor liver on retrieval. (A) Macroscopic appearance of the liver on retrieval: despite a grainy Glisson capsule, the parenchymal texture was soft on palpation, and no signs of portal hypertension were visible and spleen size was normal. (B) Portal inflammation with lymphocytic aggregate (empty arrow) and periportal hepatitis (arrows); grading 4/18 according to Ishak score (Sirius Red staining; x 200 magnification). (C) Portal fibrosis (empty arrow) with portal-portal bridging (arrows) (staging 3/6 according to Ishak score) and diffuse mild macrovesicular and microvesicular steatosis (Masson's Trichrome staining, which was performed as an urgent procedure using rapid technique; x 100 magnification).

Figure 2. Biliary imaging and histology at 9-month follow-up after transplantation and subsequent very early viral eradication. (A) Magnetic resonance cholangiopancreatography showing normal intrahepatic bile ducts, patent biliary anastomosis (arrow) and mild dilatation of the extrahepatic bile duct. (B) Mild portal inflammation (arrow), focal periportal hepatitis (arrowhead) and focal lobular inflammation (empty arrow); grading 3/18 according to Ishak score (hematoxylin–eosin staining; x 100 magnification). (C) Portal fibrosis (arrow) and thin portal-portal bridging (empty arrow); staging 3/6 according to Ishak score (Sirius Red staining; x 100 magnification).

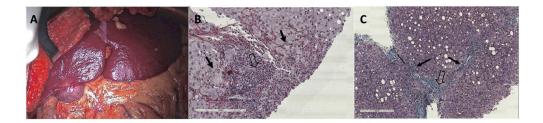


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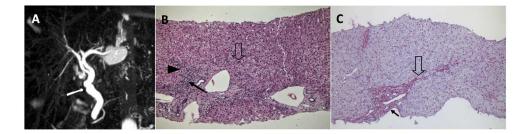


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