



1 Article

2 BIOMOLECULES AND NATURAL MEDICINE 3 PREPARATIONS: ANALYSIS OF NEW SOURCES 4 OF BIOACTIVE COMPOUNDS FROM *RIBES* AND 5 *RUBUS* SPP. **BUDS**

6 Dario Donno *, Maria Gabriella Mellano, Alessandro Kim Cerutti and Gabriele Loris Beccaro

7 Received: date; Accepted: date; Published: date

8 Academic Editor: name

9 Department of Agriculture, Forestry and Food Science, University of Torino, Largo Braccini 2, 10095 -
10 Grugliasco (TO), ITALY11 *Corresponding author: e-mail: dario.donno@unito.it12 **Running head:** Phytochemical fingerprint of berry-species bud-preparations

13 ABSTRACT

14 It is well known that plants are important sources for the preparation of natural remedies as
15 they contain many biologically active compounds: in particular, polyphenols, terpenic
16 compounds, organic acids, and vitamins are the most widely occurring groups of phytochemicals.
17 Some endemic species may be used for the production of herbal preparations containing
18 phytochemicals with significant bioactivity, as antioxidant activity and anti-inflammatory
19 capacities, and health benefits: blackberry sprouts and blackcurrant buds are known to contain
20 appreciable levels of bioactive compounds, including flavonols, phenolic acids, monoterpenes,
21 vitamin C, and catechins, with several clinical effects.

22 The aim of this research was to perform an analytical study of blackcurrant and blackberry
23 bud-preparations, in order to identify and quantify the main biomarkers, obtaining a specific
24 phytochemical fingerprint to evaluate the single botanical class contribution to total phytocomplex
25 and relative bioactivity, using a High Performance Liquid Chromatograph – Diode Array
26 Detector; the same analyses were performed both on the University laboratory and commercial
27 preparations.

28 Different chromatographic methods were used to determine concentrations of biomolecules
29 in the preparations, allowing for quantification of statistically significant differences in their
30 bioactive compound content both in the case of *Ribes nigrum* and *Rubus* cultivated varieties at
31 different harvest stages. In blackcurrant bud-extracts the most important class was organic acids
32 (50.98%) followed by monoterpenes (14.05%), while in blackberry preparations the main bioactive
33 classes were catechins (50.06%) and organic acids (27.34%).

34 Chemical, pharmaceutical and agronomic-environmental knowledge could be important for
35 obtaining label certifications for the valorization of specific genotypes, with high clinical and
36 pharmaceutical value: this study allowed to develop an effective tool for the natural preparation
37 quality control and bioactivity evaluation through the chemical fingerprinting of bud
38 preparations.

39 **Keywords:** biomarkers; *Ribes nigrum*; *Rubus* cultivated varieties; bioactivity; herbal preparations;
40 phytochemical fingerprint, bud-extracts

41

42 1. INTRODUCTION

43 Plants are important sources for the preparation of natural remedies, food additives, and other
44 ingredients, as they contain many biologically active compounds as polyphenols, vitamins (A, B
45 group, C, E), terpenes, organic acids, and other very important phytochemicals [1,2]. For this

47 reason, plant material and herbal preparations have been widely used for hundreds of years all
48 over the world [3]; they have provided a complete storehouse of remedies to cure acute and chronic
49 diseases. Berry species have been demonstrated to exhibit a broad spectrum of benefits: in
50 particular, blackberry (*Rubus* cultivated varieties) sprouts and blackcurrant (*Ribes nigrum* L.) buds
51 are known to contain appreciable levels of vitamins, terpenic and phenolic compounds, including
52 flavonols, phenolic acids and catechins [4,5]. The most important industrial product of blackcurrant
53 is fruits; however, leaves and buds, due to their characteristic chemical composition and excellent
54 flavor, have also found some applications as a raw material for the herbal and cosmetic industries:
55 many people use its buds as medicinal preparation for its anti-inflammatory activity and against
56 dermal diseases (eczema and psoriasis) [6,7]. Instead, blackberry sprouts have been used in
57 traditional medicine for their medicinal properties, as antioxidant, anti-haemorrhoids and anti-
58 diarrhoea activity [8,9].

59 Phytotherapy is the study of natural extracts used as health-promoting products for medical
60 care [10]: the idea comes from the observation that certain plants, or parts thereof, taken as food,
61 may have therapeutic effects. Every early civilization used plants or parts of plants (buds, leaves,
62 sprouts, flowers, fruits, seeds, bark, roots) as their main source of health care, and this holds true
63 even today in many rural populations [11]. Moreover, there is also a greater tendency toward
64 regular use of alternative therapies in the main European countries: 49% and 46% of the population
65 in France and Germany, respectively, used it regularly, along with 35%, 31%, and 25% of the
66 population in the United Kingdom, Belgium, and the countries of Northern Europe, respectively
67 [12]. Natural medicine has not been officially recognized in most countries [13], but it shows an
68 increasing acceptance by consumers and medical professionals that pushed world demand for
69 herbal extracts up to 7.5% annually to US \$ 1.95 billion in 2012 [14,15].

70 Gemmotherapy is the most recent of therapeutic techniques developed on the basis of the plant
71 medical properties: it uses the properties of extracts obtained by the maceration in ethanol and
72 glycerol of fresh meristematic plant tissues, mainly buds and sprouts, for medicinal purposes. The
73 product is commercially known as bud-preparation. In herbal preparations, due to the large
74 quantity of bioactive compounds, many of which act synergistically, there is a preference to
75 attribute the pharmacological effect to the “phytochemical complex” (a combination of different substances,
76 both active principles and other plant components), rather than to any single active compound, as
77 in the case of standard medicine [16].

78 In the last years, phytotherapy has become a fully fledged medical discipline, since the
79 knowledge gleaned from folk medicine has since been subjected to methodical scientific assessment
80 in order to provide evidence of its efficacy [17]. However, the fast growing industry in herbal
81 products and the lack of regulations and legislations caused the WHO and other regulatory bodies
82 to be increasingly concerned with the safety and efficacy of herbal medicines [18,19]. In particular,
83 research on bud-preparations, until now, has been only focused on their clinical effects: researches
84 on raw material origin, cultivation and quality still lack [20]. Instead, quality control of natural
85 products is extremely important, as the effectiveness and quality of herbal medicines depend on the
86 concentrations of their active ingredients [21]. Key factors that can affect the quality and quantity of
87 these compounds include the plant genotype, pedoclimatic conditions, applied agronomic
88 techniques and phenological stage in which the buds are harvested [22,23]. Moreover, the herbal
89 preparation quality is also determined by the following processing and storage procedures [24].

90 The lack of information on the intrinsic and extrinsic factors that determine the quality and
91 effectiveness of bud-preparations indicates the need to extend research on this topic: however, due
92 to variability and complexity of bud-preparations, it is very difficult to control their product quality
93 [25]. The key factors in achieving this objective are the determination of chemical composition and
94 the standardization of herbal preparations: the definition of a chromatographic (HPLC) fingerprint
95 allows for qualitative and quantitative evaluation of phytochemical complex components [26,27]. In
96 particular, the best method of identifying preparations is by measuring the concentration of the
97 main bioactive compounds, called “biomarkers” [28,29].

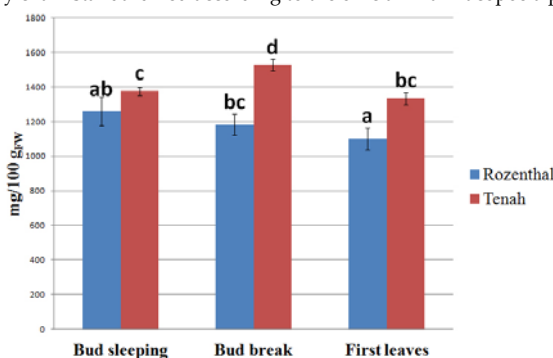
98 Given the above, the aim of this research was to perform an analytical study of blackcurrant
 99 and blackberry bud-preparations using simple, sensitive and reliable HPLC–diode array detector
 100 (DAD) methods in order to identify and quantify the main phytochemicals (biomarkers) and to be
 101 able to obtain a specific botanical fingerprint for the assessment of the single bioactive class
 102 contribution to total bud preparation phytochemical profile: the influence of genotype and harvest
 103 stage on these bioactive substances in the bud-extracts was analysed. The same analyses were
 104 performed both on University lab preparations and on commercial preparations.

105 2. RESULTS AND DISCUSSION

106 Recently, many screening studies of different plant materials have been performed in order to
 107 find naturally occurring antioxidant compounds for use in food or medicinal preparations, as
 108 replacements for potentially harmful synthetic additives [30]: phenolic acids, flavonols and
 109 catechins were often selected for quantitative studies [31,32]. In this case, the extracts of the
 110 analyzed species are recommended by physicians to be consumed as phytochemical supplements,
 111 and further information could be used to direct future research towards condition-specific
 112 beneficial properties associated with their therapeutic effects [33,34].

113 Chemical composition of secondary plant metabolites highly depends on several factors as
 114 climatic conditions, harvesting time, and plant genotype [35–37]: the present study showed that
 115 bioactive compound concentration in bud-preparations can be properly defined and characterized
 116 on the basis of chemical, agricultural and environmental knowledge. Different genotypes presented
 117 different chemical composition, but it was also important to consider pedoclimatic conditions of
 118 sampling sites strongly influence the presence of these compounds, as comparing the results of
 119 commercial bud-preparations.

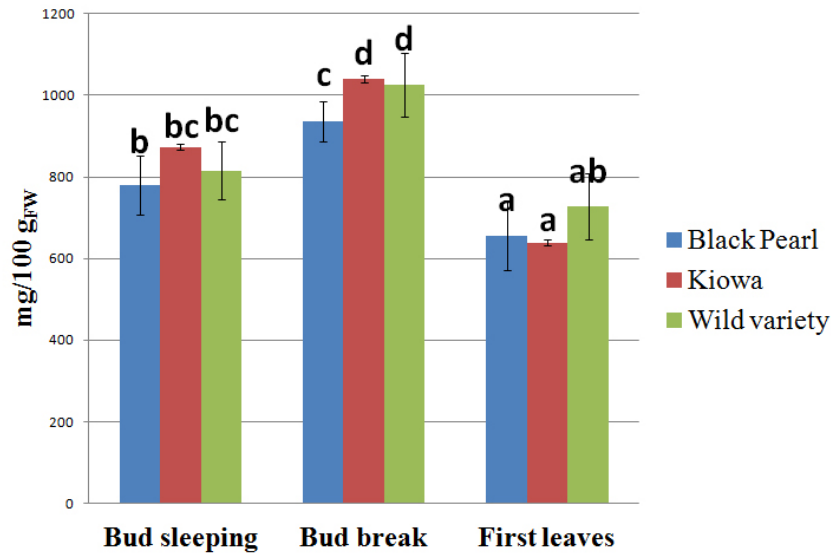
120 Blackcurrant bud-preparations have been identified as herbal products with a high health-
 121 value (Fig. 1). The second phenological stage (bud break) was the best for the blackcurrant bud
 122 harvesting because it presented the highest values of bioactive compounds, followed by the first
 123 step (bud sleeping) and the third one (first leaves). In all the phenological stages, Tenah cultivar
 124 showed a greater phytochemical content (1527.70 mg/100 g_{FW}, bud break) than Rozenthal cultivar
 125 (1181.11 mg/100 g_{FW}, bud break). The blackberry herbal preparations showed a different chemical
 126 composition with a high antioxidant compound content: bud break was again the best phenological
 127 stage for the bud harvesting, followed by the first step and third one (Fig. 2). Kiowa cultivar
 128 (1039.78 mg/100 g_{FW}, bud break) and wild variety (1026.73 mg/100 g_{FW}, bud break) presented a
 129 greater total bioactive compound content (TBCC) than Black Pearl cultivar (935.98 mg/100 g_{FW}, bud
 130 break). As reported in similar studies [38], the analysis carried out on commercial bud-products
 131 highlighted significant statistical differences between species (RC1 vs RRC1 and RC2 vs RRC2), but
 132 there were not differences between companies (RC1 vs RC2 and RRC1 vs RRC2) (Fig. 3), confirming
 133 a production supply chain standardized according to the official Pharmacopoeia protocols.



134

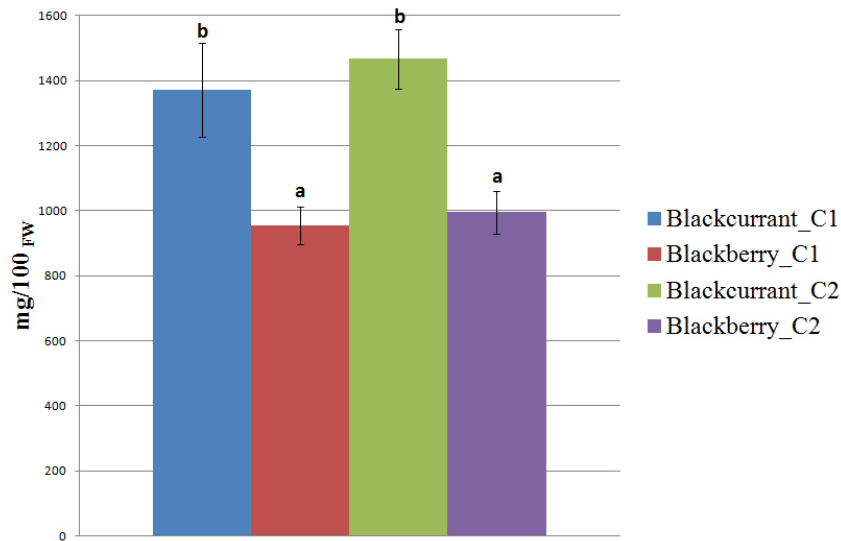
135
136
137

Fig. 1. Effect of bud phenological stage on the bioactive compound content (TBCC) in final blackcurrant bud-preparations. Different letters for each sample indicate the significant differences at $P < 0.05$.



138
139
140

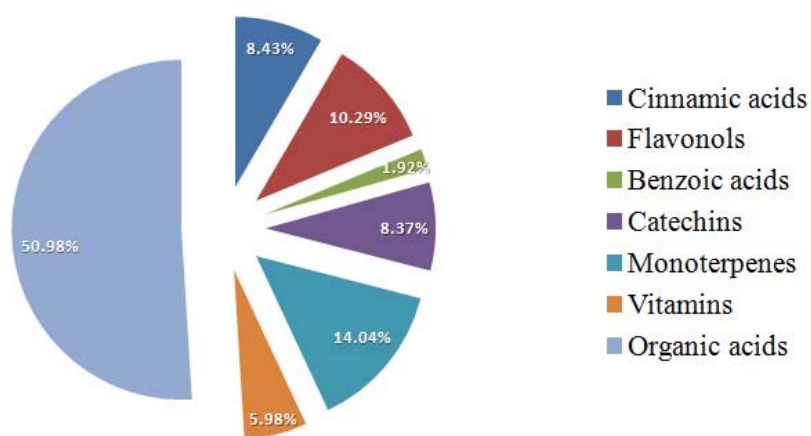
Fig. 2. Effect of bud phenological stage on the bioactive compound content in blackberry final bud-preparations. Different letters for each sample indicate the significant differences at $P < 0.05$.



141
142
143

Fig. 3. Total bioactive compound content in commercial bud-preparations. Different letters for each sample indicate the significant differences at $P < 0.05$.

144 Bud-preparation phytochemical fingerprint of the selected genotypes was reported: in total, 26
145 botanicals were evaluated by HPLC/DAD. By single bioactive compound profile, phytochemicals
146 were grouped into single bioactive classes to evaluate the contribution of each class to total
147 phytocomplex composition [39]; fingerprint profile showed the prevalence of different bioactive
148 classes in chemical composition of all the analyzed preparations depending on genotype. In Fig. 4,
149 the *R. nigrum* bud-preparation phytocomplex (mean values were considered) showed the
150 prevalence of organic acids (50.98%) and polyphenols (29.39%), followed by monoterpenes (14.04%)
151 and vitamins (5.98%). In *Rubus* cultivated varieties bud-extracts phytocomplex (Fig. 5), the most
152 important bioactive class was polyphenols (71.03%), followed by organic acids (27.34%) and
153 vitamins (1.36%). In blackberry preparations monoterpenes were not detected. Commercial
154 preparations of the same species from different companies showed similar phytocomplex, while the
155 differences among species were confirmed according to the previous results obtained on University
156 lab preparations; moreover, the percentage ratio between bioactive class content (polyphenols,
157 monoterpenes, organic acids and vitamins) and TBCC confirmed these results (Fig. 6).



158
159
160
161

Fig. 4. Contribution of each bioactive class to blackcurrant total phytocomplex. For the phytocomplex graphical representation, the second phenological stage was selected (bud break). Mean values of all the analyzed genotypes were considered.

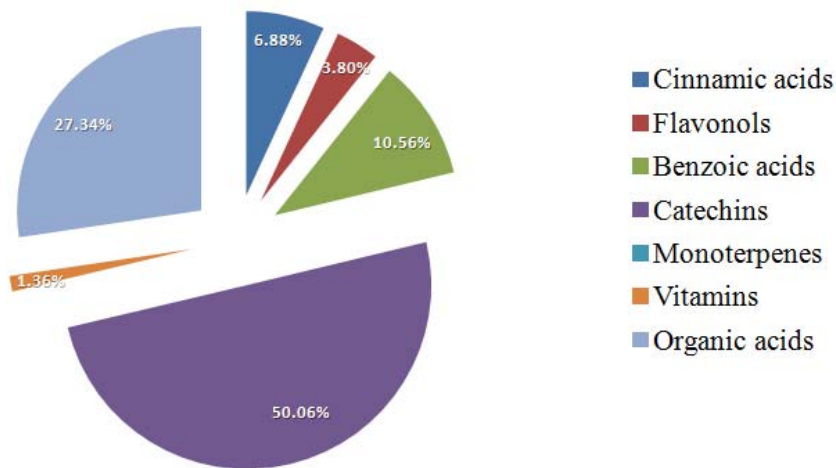


Fig. 5. Contribution of each bioactive class to blackberry total phytochemical complex. For the phytochemical graphical representation, the second phenological stage was selected (bud break). Mean values of all the analyzed genotypes were considered.

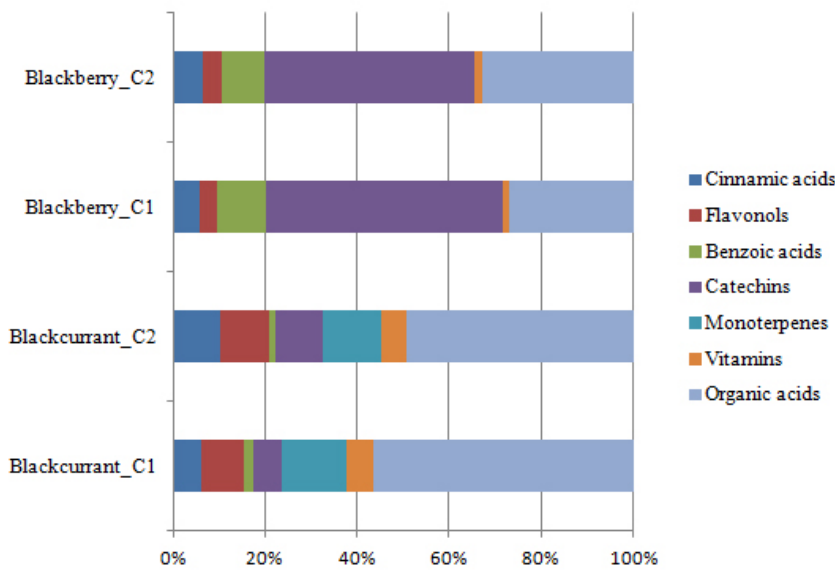


Fig. 6. Contribution of each bioactive class to total phytochemical complex in commercial bud-preparations.

The obtained fingerprints, and relative phytochemicals, were useful for authentication and quality control purposes, as shown in other studies [40,41]. Most of the research pointed out that the identified antioxidant compounds (polyphenols and vitamins) significantly contribute to the total phytochemical of herbal preparations [31,42]: the present study confirmed these results,

172 adding as well as the terpenic and organic compounds also significantly contributed to the bud-
173 preparation phytocomplex, as anti-inflammatory and volatile constituents in herbal preparations.

174 In this study, HPLC–DAD methods were used for fingerprint analysis and component
175 identification of blackcurrant and blackberry bud-preparations. Comparing with other analytical
176 studies [5,43], the chromatographic conditions were optimized in order to obtain a fingerprint with
177 good peak resolution and reasonable analysis time for the separation and quantification of different
178 bioactive classes in plant material derived-products. These methods could be applied in routine
179 quality control and standardization of bud-extracts, germplasm evaluation and selection of new
180 cultivars with high content of biomolecules, and phytochemical fingerprinting of the plant material
181 to be used in pharmaceutical investigations, in particular avoiding substitutions, changes or
182 adulterations with other species or synthetic drugs (e.g., sildenafil, diazepam, captopril and
183 amoxicillin), as shown in other studies [44,45].

184 This study only focused on bud-preparation chemical composition of two berryfruit species, in
185 order to detect and quantify the most important biologically active classes and single compounds,
186 but a further quantitative evaluation on the basis of their native structures with NMR or HPLC
187 coupled to mass spectrometry is necessary.

188 3. EXPERIMENTAL SECTION

189 3.1 Plant material

190 University lab preparations and commercial preparations were evaluated. Samples of *Ribes*
191 *nigrum* L. (buds) and *Rubus* cultivated varieties (sprouts) were picked up in 2014, in three different
192 phenological stages (bud sleeping, bud break, and first leaves), in two germplasm repositories in
193 Turin Province (Italy), Grugliasco (*Rubus* cultivated varieties) and San Secondo di Pinerolo (*R.*
194 *nigrum*). Different genotypes were sampled, in order to test the genotype effect on the final product
195 chemical composition (blackcurrant: Rozenthal and Tenah; blackberry: Black Pearl, Kiowa and a
196 wild variety). Buds and sprouts were used fresh to prepare herbal preparations; HPLC samples
197 were analyzed after being stored for a few days at normal atmosphere (N.A.), at 4°C and 95%
198 relative humidity (R.H.).

199 Commercial products from two different Italian herbal companies were also analyzed: the
200 companies are located in San Gregorio di Catania (Catania Province, Company 1), and Predappio
201 (Forlì-Cesena Province, Company 2). Table 1 shows the genotypes, the sampling times and sites of
202 analyzed herbal preparations (University and commercial preparations).

203 Table 1. Genotype, sampling time, provenience and identification code of the analyzed bud-
204 preparations.

<i>University bud-preparations</i>				
Species	Genotype	Year	Germplasm repository	Identification code
<i>Ribes nigrum</i> L.	Rozenthal	2014	San Secondo di Pinerolo, Torino, Italy	RR
	Tenah			RT
<i>Rubus ulmifolius</i> Schott	Black Pearl	2014	Grugliasco, Torino, Italy	RRBP
	Kiowa			RRK
	Wild variety			RRW
<i>Commercial bud-preparations</i>				
Species	Company	Year	Germplasm repository	Identification code
<i>Ribes nigrum</i> L.	Company 1	2013	San Gregorio di Catania, Catania, Italy	RC1
	Company 2		Predappio, Forlì-Cesena, Italy	RC2
<i>Rubus ulmifolius</i> Schott	Company 1	2013	San Gregorio di Catania, Catania, Italy	RRC1
	Company 2		Predappio, Forlì-Cesena, Italy	RRC2

205

206

207 3.2 Solvents and chemicals

208 Ethanol, hydrochloric acid, formic acid and all the standards of organic acids were purchased
 209 from Fluka Biochemika (Buchs, Switzerland). Analytic HPLC grade acetonitrile, methanol, glycerol,
 210 all the polyphenolic and terpenic standards, potassium dihydrogen phosphate, 1,2-
 211 phenylenediamine dihydrochloride (OPDA) and phosphoric acid were purchased from Sigma
 212 Aldrich. Milli – Q ultrapure water was produced by using Sartorius Stedium Biotech mod. Arrium
 213 (Sartorius, Goettingen, Germany).

214 Cetyltrimethylammonium bromide (cetrimide), ascorbic and dehydroascorbic acids were
 215 purchased from Extrasynthèse (Genay, France).

216 3.3 Sample preparation protocols

217 The extraction solution was prepared based on the protocol of bud-preparations detailed in
 218 the monograph "Homeopathic preparations", quoted in the French Pharmacopoeia, 8th edition, 1965
 219 [46]. The bud mother solutions were prepared using one part of the fresh material (calculated as
 220 dried weight) in 20 parts of glycerol-ethanol solution (1:1 ratio).

221 Bioactive molecules were extracted through a cold maceration process for 21 days, in a solution
 222 of ethanol (95%) and glycerol, followed by a first filtration (Whatman Filter Paper, Hardened
 223 Ashless Circles, 185 mm Ø), a manual pressing and, after two days of decanting, a second filtration
 224 (Whatman Filter Paper, Hardened Ashless Circles, 185 mm Ø).

225 Macerated preparations were filtered with circular pre-injection filters (0.45 µm,
 226 polytetrafluoroethylene membrane, PTFE) and then stored for a few days at N.A., 4°C and 95% R.H
 227 until analysis. All samples were analyzed as such without dilution. For vitamin C analysis, 250 µl of
 228 OPDA solution (18.8 mmol/L) was added to 750 µl of extracted samples for dehydroascorbic acid
 229 derivatization into the fluorophore 3-(1,2-dihydroxyethyl)furo(3,4-b)quinoxalina-1-one (DFQ). After
 230 37 min in the dark the samples were analyzed with a High Performance Liquid Chromatograph
 231 (HPLC) coupled to a diode array detector (DAD) [10].

232 3.4 Apparatus and chromatographic conditions

233 An Agilent 1200 High Performance Liquid Chromatograph, equipped with a G1311A
 234 quaternary pump, a manual injection valve, and a 20 µL sample loop, coupled to an Agilent G1315D
 235 UV-Vis diode array detector (Agilent Technologies, Santa Clara, CA, USA), was used for the
 236 analysis.

237 Five different chromatographic methods were used to analyze the samples, two for
 238 polyphenols and one for monoterpenes, organic acids, and vitamins, respectively.

239 In all of the used methods, bioactive compound separation was achieved on a KINETEX – C18
 240 column (4.6 × 150 mm, 5 µm, Phenomenex, Torrance, CA, USA).

241 Different mobile phases were used for a specific bioactive compound identification and UV
 242 spectra were recorded at 330 nm (A); 280 nm (B); 210, 220, 235, and 250 (C); 214 nm (D); 261, and 348
 243 nm (E). The chromatographic conditions of each method were reported in Table 2

244 Table 2. Chromatographic conditions of each used method [10].

Method	Compounds of interest	Stationary phase	Mobile phase	Flow (mL min ⁻¹)	Time of analysis (min)	Gradient	Wavelength (nm)
A	cinnamic acids, flavonols	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: 10 mM KH ₂ PO ₄ /H ₂ PO ₄ , pH=2.8 B: CH ₃ CN	1.5	20 + 2 (CT)	Yes	330
B	benzoic acids, catechins	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: H ₂ O/CH ₃ OH/HCOOH (2:95:0.1 v/v/v), pH=2.5 B: CH ₃ OH/HCOOH (100:0.1 v/v)	0.6	23 + 2 (CT)	Yes	280
C	monoterpenes	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: H ₂ O B: CH ₃ CN	1.0	17 + 3 (CT)	Yes	210, 220, 235, 250
D	organic acids	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: 10 mM KH ₂ PO ₄ /H ₂ PO ₄ , pH=2.8 B: CH ₃ CN	0.6	13 + 2 (CT)	No	214
E	vitamins	KINETEX – C18 column (4.6 × 150 mm, 5 µm)	A: 5 mM C ₁₂ H ₂₁ N(CH ₃) ₃ Br/30 mM KH ₂ PO ₄ , pH=2.5 B: CH ₃ OH	0.9	10 + 5 (CT)	No	261, 348

245

246

247

248 5 Identification and quantification of bioactive compounds

249 All the single compounds were identified in samples by comparison and combination of their
 250 retention times and UV spectra with those of authentic standards in the same chromatographic
 251 conditions. The external standard method was used for quantitative determinations. Twenty L
 252 aliquots of each standard solution were used for HPLC analysis and injections were performed in
 253 triplicate for each concentration level. For reference compounds, the limit of detection (LOD) and
 254 the limit of quantification (LOQ) were experimentally determined by HPLC analysis of serial
 255 dilutions of a standard solution to reach a signal-to-noise (S/N) ratio of 3 and 10, respectively. The
 256 main analytical method validation data are summarized in Table 3.

257 All samples were analyzed in triplicate, and standard deviations are given in order to assess
 258 the repeatability of the used methods. Accuracy was checked using the recovery test by spiking
 259 samples with a solution containing each bioactive compound (10 mg·mL⁻¹) to reach 100% of the test
 260 concentration.

261 Table 3. Identification standard codes, standard t_R, calibration curve equations, R², calibration curve
 262 ranges, LOD, and LOQ of the used chromatographic methods for each calibration standard [10].

Class	Standard	Identification code	Retention time (t _R) (min)	Wavelength (nm)	Method	Calibration curve equation	R ²	Calibration curve range (mg L ⁻¹)	LOD (mg L ⁻¹)	LOQ (mg L ⁻¹)
Cinnamic acids	caffeic acid	1	4.54	330	A	y = 59.046x - 300.6	0.996	111 - 500	0.505	1.016
	chlorogenic acid	2	3.89	330	A	y = 13.583x + 760.03	0.984	111 - 500	0.940	3.134
	coumaric acid	3	6.74	330	A	y = 8.9342x + 217.4	0.997	111 - 500	2.907	9.690
	ferulic acid	4	7.99	330	A	y = 3.3963x - 4.9524	1.000	111 - 500	1.245	4.150
Flavonols	hyperoside	5	10.89	330	A	y = 7.1322x - 4.583	0.999	111 - 500	3.372	11.241
	isoquercitrin	6	11.24	330	A	y = 8.3073x + 26.621	0.999	111 - 500	0.252	0.840
	quercetin	7	17.67	330	A	y = 2.4092x - 98.307	0.998	111 - 500	4.055	13.518
	quercitrin	8	13.28	330	A	y = 2.7413x + 5.6367	0.998	111 - 500	5.456	18.187
	rutin	9	12.95	330	A	y = 6.5808x + 30.831	0.999	111 - 500	2.937	9.790
Benzoic acids	ellagic acid	10	18.65	280	B	y = 29.954x + 184.52	0.998	62.5 - 250	0.611	2.035
	gallic acid	11	4.26	280	B	y = 44.996x + 261.86	0.999	62.5 - 250	0.435	1.451
Catechins	catechin	12	10.31	280	B	y = 8.9197x + 66.952	1.000	62.5 - 250	2.343	7.809
	epicatechin	13	14.30	280	B	y = 12.88x - 43.816	0.999	62.5 - 250	0.763	2.543
Monoterpenes	limonene	14	3.35	250	C	y = 0.1894x - 5.420	0.999	125 - 1000	8.654	28.847
	phellandrene	15	3.57	210	C	y = 8.783x - 145.3	0.998	125 - 1000	0.562	1.874
	sabinene	16	3.45	220	C	y = 18.14x - 1004	0.998	125 - 1000	0.094	0.314
	γ-terpinene	17	3.28	235	C	y = 0.4886x - 23.02	0.999	125 - 1000	17.577	58.590
	terpinolene	18	4.83	220	C	y = 26.32x + 876.8	0.999	125 - 1000	0.241	0.804
Organic acids	citric acid	19	5.30	214	D	y = 1.0603x - 22.092	1.000	167 - 1000	18.805	62.682
	malic acid	20	4.03	214	D	y = 1.413x - 80.234	0.998	167 - 1000	13.721	52.404
	oxalic acid	21	7.85	214	D	y = 6.4503x + 6.1503	0.998	167 - 1000	0.550	1.835
	quanic acid	22	3.21	214	D	y = 0.8087x - 38.021	0.998	167 - 1000	26.106	87.021
	succinic acid	23	3.16	214	D	y = 0.9226x - 8.0823	0.995	167 - 1000	7.135	23.783
	tartaric acid	24	5.69	214	D	y = 1.8427x + 15.796	1.000	167 - 1000	8.520	28.401
Vitamins	ascorbic acid	25	4.14	261	E	y = 42.71x + 27.969	0.999	100 - 1000	0.836	2.786
	dehydroascorbic acid	26	3.41	348	E	y = 4.1628x + 140.01	0.999	30 - 300	1.095	3.649

263

264 According to “multi-marker approach” [47], total bioactive compound content (TBCC) was
 265 determined as the sum of the most important classes of bioactive compounds present in the
 266 samples. Bioactive markers were selected comparing bud-preparation health-promoting properties
 267 and the most important compounds in literature with an important role in the positive effects on
 268 human organism (Fig. 7). Four polyphenolic classes were considered: benzoic acids (ellagic and
 269 gallic acids), catechins (catechin and epicatechin), cinnamic acids (caffeic, chlorogenic, coumaric,
 270 and ferulic acids), and flavonols (hyperoside, isoquercitrin, quercetin, quercitrin, and rutin).
 271 Monoterpenes (limonene, phellandrene, sabinene, γ-terpinene, terpinolene), organic acids (citric,
 272 malic, oxalic, quinic, succinic, and tartaric acids) and vitamin C (ascorbic and dehydroascorbic
 273 acids) were also considered to obtain a complete analytical fingerprint. All results were expressed
 274 as mg per 100 g of fresh weight (FW).

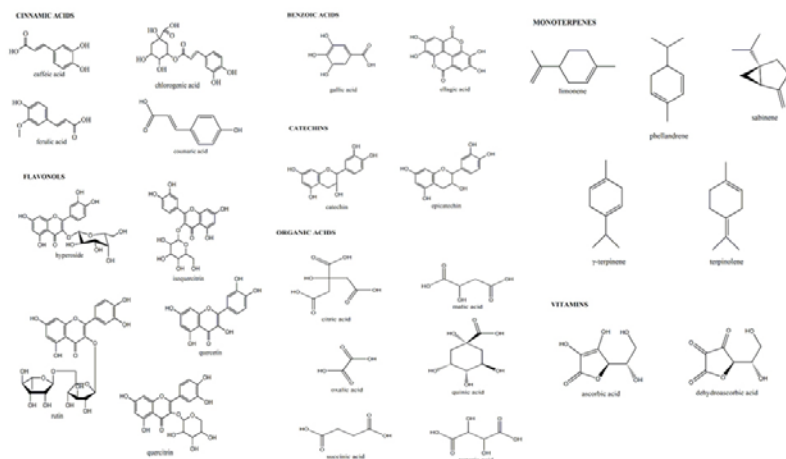


Fig. 7. Chemical structure of the main selected biomarkers.

275
276

277 3.6 Statistical Analysis

278 Results were subjected to analysis of variance (ANOVA) test for mean comparison (SPSS 22.0
279 Software) and HSD Tukey multiple range test ($P < 0.05$).

280 4. CONCLUSIONS

281 In this study, *Ribes* and *Rubus* spp. were identified as new sources of natural antioxidants and
282 other health-promoting compounds for use in herbal products: in particular, the results
283 demonstrated that these bud-preparations represent a rich source of polyphenolic (catechins and
284 flavonols) and terpenic compounds and indicated that secondary plant metabolite concentration in
285 bud preparations highly depends on harvesting time and plant genotype. For this reason, the
286 concentrations of main bioactive compounds in buds, and consequently in bud-preparations, can be
287 opportunely defined on the basis of chemical-pharmaceutical, agricultural and environmental
288 knowledge. The differences in the phytochemical composition of blackcurrant and
289 blackberry justify the different medical uses of these preparations; in blackcurrant bud-extracts the
290 most important class was organic acids (50.98%) followed by monoterpenes (14.05%), while in
291 blackberry preparations the main bioactive classes were catechins (50.06%) and organic acids
292 (27.34%).

293 The HPLC methods used in this study were simple, sensitive and reliable, and could be used
294 for the quality evaluation and control of bud-extracts and natural medicines. The results of this
295 research show that the assessment of chemical composition of the plant-derived products could
296 help in find out new sources of natural antioxidants and other health-promoting compounds which
297 could be used as natural medicines, food additives, functional foods and botanical ingredients in
298 order to develop a new generation of standardized and effect-optimized preparations with high
299 values of quality and safety.

300 Chemical, genetic and environmental knowledge could be a useful tool for obtaining label
301 certifications for the valorization of specific genotypes, with high clinical and pharmaceutical value:
302 chromatographic fingerprinting could be an effective tool for herbal product characterization and
303 authentication, natural preparation quality control (against contamination and adulteration),
304 bioactivity evaluation of bud preparations, and standardization of all the supply chain steps.

305
306

Deleted: pedoclimatic conditions,

Deleted: T

309 5. REFERENCES

- 310 1. Ramawat, K.; Dass, S.; Mathur, M. The chemical diversity of bioactive molecules and therapeutic
311 potential of medicinal plants. In *Herbal drugs: Ethnomedicine to modern medicine*, Springer: 2009; pp 7-32.
- 312 2. Verpoorte, R. Medicinal plants: A renewable resource for novel leads and drugs. In *Herbal drugs:*
313 *Ethnomedicine to modern medicine*, Springer: 2009; pp 1-5.
- 314 3. Pal, S.K.; Shukla, Y. Herbal medicine: Current status and the future. *Asian Pacific journal of cancer*
315 *prevention : APJCP* **2003**, *4*, 281-288.
- 316 4. Chen, L.; Xin, X.L.; Yuan, Q.P.; Su, D.H.; Liu, W. Phytochemical properties and antioxidant capacities of
317 various colored berries. *Journal of the Science of Food and Agriculture* **2014**, *94*, 180-188.
- 318 5. Donno, D.; Beccaro, G.L.; Mellano, M.G.; Cerutti, A.K.; Bounous, G. Medicinal plants, chemical
319 composition and quality: May blackcurrant buds and blackberry sprouts be a new polyphenol source for
320 herbal preparations? *Journal Of Applied Botany And Food Quality* **2013**, *86*, 79-89.
- 321 6. Gopalan, A.; Reuben, S.C.; Ahmed, S.; Darvesh, A.S.; Hohmann, J.; Bishayee, A. The health benefits of
322 blackcurrants. *Food & function* **2012**, *3*, 795-809.
- 323 7. Tabart, J.; Franck, T.; Kevers, C.; Pincemail, J.; Serteyn, D.; Defraigne, J.-O.; Dommès, J. Antioxidant and
324 anti-inflammatory activities of ribes nigrum extracts. *Food Chemistry* **2012**, *131*, 1116-1122.
- 325 8. Dall'Acqua, S.; Cervellati, R.; Loi, M.C.; Innocenti, G. Evaluation of in vitro antioxidant properties of
326 some traditional sardinian medicinal plants: Investigation of the high antioxidant capacity of rubus
327 ulmifolius. *Food Chemistry* **2008**, *106*, 745-749.
- 328 9. Panizzi, L.; Caponi, C.; Catalano, S.; Cioni, P.L.; Morelli, I. In vitro antimicrobial activity of extracts and
329 isolated constituents of rubus ulmifolius. *Journal of Ethnopharmacology* **2002**, *79*, 165-168.
- 330 10. Donno, D.; Boggia, R.; Zunin, P.; Cerutti, A.K.; Guido, M.; Mellano, M.G.; Prgommet, Z.; Beccaro, G.L.
331 Phytochemical fingerprint and chemometrics for natural food preparation pattern recognition: An
332 innovative technique in food supplement quality control. *Journal of Food Science and Technology* **2015**, 1-13.
- 333 11. Balunas, M.J.; Kinghorn, A.D. Drug discovery from medicinal plants. *Life Sciences* **2005**, *78*, 431-441.
- 334 12. Konik, E.A.; Jungling, R.C.; Bauer, B.A. Herbs and dietary supplements in the european union: A review
335 of the regulations with special focus on germany and poland. *Journal of dietary supplements* **2011**, *8*, 43-57.
- 336 13. Silano, V.; Coppens, P.; Larranaga-Guetaria, A.; Minghetti, P.; Roth-Ehrang, R. Regulations applicable to
337 plant food supplements and related products in the european union. *Food & function* **2011**, *2*, 710-719.
- 338 14. Fürst, R.; Zündorf, I. Evidence-based phytotherapy in europe: Where do we stand? *Planta Med* **2015**, *81*,
339 962-967.
- 340 15. Leonti, M.; Casu, L. Traditional medicines and globalization: Current and future perspectives in
341 ethnopharmacology. *Frontiers in Pharmacology* **2013**, *4* JUL.
- 342 16. Donno, D.; Beccaro, G.L.; Cerutti, A.K.; Mellano, M.G.; Bounous, G. Bud extracts as new phytochemical
343 source for herbal preparations: Quality control and standardization by analytical fingerprint. In
344 *Phytochemicals - isolation, characterisation and role in human health*, A. Venket Rao; Rao, L.G., Eds. InTech:
345 Rijeka, Croatia, 2015; Vol. 1, pp 187-218.
- 346 17. Fong, H.H. Integration of herbal medicine into modern medical practices: Issues and prospects. *Integrative*
347 *cancer therapies* **2002**, *1*, 287-293; discussion 293.
- 348 18. Gulati, O.P.; Berry Ottaway, P. Legislation relating to nutraceuticals in the european union with a
349 particular focus on botanical-sourced products. *Toxicology* **2006**, *221*, 75-87.
- 350 19. Knoss, W.; Chinou, I. Regulation of medicinal plants for public health - european community
351 monographs on herbal substances. *Planta Med.* **2012**, *78*, 1311-1316.
- 352 20. Donno, D.; Beccaro, G.L.; Mellano, M.G.; Bonvegna, L.; Bounous, G. Castanea spp. Buds as a
353 phytochemical source for herbal preparations: Botanical fingerprint for nutraceutical identification and
354 functional food standardisation. *Journal of the Science of Food and Agriculture* **2014**, *94*, 2863-2873.
- 355 21. Calixto, J.B. Efficacy, safety, quality control, marketing and regulatory guidelines for herbal medicines
356 (phytotherapeutic agents). *Brazilian journal of medical and biological research = Revista brasileira de pesquisas*
357 *medicas e biologicas / Sociedade Brasileira de Biofisica ... [et al.]* **2000**, *33*, 179-189.
- 358 22. Donno, D.; Beccaro, G.L.; Mellano, G.M.; Cerutti, A.K.; Canterino, S.; Bounous, G. Effect of agronomic and
359 environmental conditions on chemical composition of tree-species buds used for herbal preparations.
360 *International journal of plant research (VEGETOS)* **2012**, *25*, 21-29.

- 361 23. Vagiri, M.; Ekholm, A.; Öberg, E.; Johansson, E.; Andersson, S.C.; Rumpunen, K. Phenols and ascorbic
362 acid in black currants (*ribes nigrum* L.): Variation due to genotype, location, and year. *Journal of*
363 *Agricultural and Food Chemistry* **2013**, *61*, 9298-9306.
- 364 24. Liang, Y.-Z.; Xie, P.; Chan, K. Quality control of herbal medicines. *Journal of Chromatography B* **2004**, *812*,
365 53-70.
- 366 25. Júnior, J.O.C.S.; Costa, R.M.R.; Teixeira, F.M.; Barbosa, W.L.R. Processing and quality control of herbal
367 drugs and their derivatives. *QUALITY CONTROL OF HERBAL MEDICINES AND RELATED AREAS*
368 **2011**, 195.
- 369 26. Rossi Forim, M. Concerns and considerations about the quality control of natural products using
370 chromatographic methods. *Current Chromatography* **2015**, *2*.
- 371 27. Yongyu, Z.; Shujun, S.; Jianye, D.; Wenyu, W.; Huijuan, C.; Jianbing, W.; Xiaojun, G. Quality control
372 method for herbal medicine-chemical fingerprint analysis. *Quality Control of Herbal Medicines and Related*
373 *Areas. InTech* **2011**, 171-194.
- 374 28. He, X.G. On-line identification of phytochemical constituents in botanical extracts by combined high-
375 performance liquid chromatographic-diode array detection-mass spectrometric techniques. *Journal of*
376 *chromatography. A* **2000**, *880*, 203-232.
- 377 29. Shi, Z.-Q.; Song, D.-F.; Li, R.-Q.; Yang, H.; Qi, L.-W.; Xin, G.-Z.; Wang, D.-Q.; Song, H.-P.; Chen, J.; Hao,
378 H., *et al.* Identification of effective combinatorial markers for quality standardization of herbal medicines.
379 *Journal of Chromatography A* **2014**, *1345*, 78-85.
- 380 30. Ong, E.S. Extraction methods and chemical standardization of botanicals and herbal preparations. *Journal*
381 *of Chromatography B* **2004**, *812*, 23-33.
- 382 31. Faller, A.L.K.; Fialho, E. Polyphenol content and antioxidant capacity in organic and conventional plant
383 foods. *Journal of Food Composition and Analysis* **2010**, *23*, 561-568.
- 384 32. Scalbert, A.; Johnson, I.T.; Saltmarsh, M. Polyphenols: Antioxidants and beyond. *American Journal of*
385 *Clinical Nutrition* **2005**, *81*, 215S-217S.
- 386 33. Hodges, D.M.; Kalt, W. In *Health functionality of small fruit*, XXVI International Horticultural Congress:
387 Berry Crop Breeding, Production and Utilization for a New Century 626, 2002; pp 17-23.
- 388 34. Shukitt-Hale, B.; Lau, F.C.; Joseph, J.A. Berry fruit supplementation and the aging brain. *Journal of*
389 *Agricultural and Food Chemistry* **2008**, *56*, 636-641.
- 390 35. Dvaranauskaitė, A.; Venskutonis, P.R.; Raynaud, C.; Talou, T.; Viškelis, P.; Sasnauskas, A. Variations in
391 the essential oil composition in buds of six blackcurrant (*ribes nigrum* L.) cultivars at various
392 development phases. *Food Chemistry* **2009**, *114*, 671-679.
- 393 36. Kerslake, M.F.; Menary, R.C. Varietal differences of extracts from blackcurrant buds (*ribes nigrum* L.).
394 *Journal of the Science of Food and Agriculture* **1985**, *36*, 343-351.
- 395 37. Dabbou, S.; Sifi, S.; Rjiba, I.; Esposito, S.; Taticchi, A.; Servili, M.; Montedoro, G.F.; Hammami, M. Effect of
396 pedoclimatic conditions on the chemical composition of the sigoise olive cultivar. *Chemistry & Biodiversity*
397 **2010**, *7*, 898-908.
- 398 38. Donno, D.; Beccaro, G.L.; Mellano, M.G.; Cerutti, A.K.; Marconi, V.; Bounous, G. Botanicals in *ribes*
399 *nigrum* bud-preparations: An analytical fingerprinting to evaluate the bioactive contribution to total
400 phytocomplex. *Pharm Biol* **2013**, *51*, 1282-1292.
- 401 39. Gong, F.; Wang, B.-T.; Liang, Y.-Z.; Chau, F.-T.; Fung, Y.-S. Variable selection for discriminating herbal
402 medicines with chromatographic fingerprints. *Analytica Chimica Acta* **2006**, *572*, 265-271.
- 403 40. Bian, Q.; Yang, H.; Chan, C.O.; Jin, D.; Mok, D.K.; Chen, S. Fingerprint analysis and simultaneous
404 determination of phenolic compounds in extracts of *curculiginis rhizoma* by hplc-diode array detector.
405 *Chemical & pharmaceutical bulletin* **2013**, *61*, 802-808.
- 406 41. Feng, X.; Kong, W.; Wei, J.; Ou-Yang, Z.; Yang, M. Hplc fingerprint analysis combined with chemometrics
407 for pattern recognition of ginger. *Pharm. Biol.* **2014**, *52*, 362-367.
- 408 42. Lugasi, A.; Hóvári, J.; Kádár, G.; Dénes, F. Phenolics in raspberry, blackberry and currant cultivars grown
409 in hungary. *Acta Aliment.* **2011**, *40*, 52-64.
- 410 43. Dugo, P.; Cacciola, F.; Donato, P.; Jacques, R.A.; Caramao, E.B.; Mondello, L. High efficiency liquid
411 chromatography techniques coupled to mass spectrometry for the characterization of mate extracts.
412 *Journal of Chromatography A* **2009**, *1216*, 7213-7221.

- 413 44. Kesting, J.R.; Huang, J.; Sorensen, D. Identification of adulterants in a chinese herbal medicine by lc-hrms
414 and lc-ms-spe/nmr and comparative in vivo study with standards in a hypertensive rat model. *Journal of*
415 *Pharmaceutical and Biomedical Analysis* **2010**, *51*, 705-711.
- 416 45. Liang, Q.L.; Qu, J.; Luo, G.A.; Wang, Y.M. Rapid and reliable determination of illegal adulterant in herbal
417 medicines and dietary supplements by lc/ms/ms. *Journal of Pharmaceutical and Biomedical Analysis* **2006**, *40*,
418 305-311.
- 419 46. Ordre_National_des_Pharmaciens. Pharmacopée française, codex medicamentarius gallicus, codex
420 français: Monographie, préparations homéopathiques. VIII ed.;
421 Ministère_de_la_santé_publicque_et_de_la_population, Ed. Paris, 1965.
- 422 47. Mok, D.K.W.; Chau, F.T. Chemical information of chinese medicines: A challenge to chemist.
423 *Chemometrics Intell. Lab. Syst.* **2006**, *82*, 210-217.
424



© 2016 by the authors; licensee MDPI, Basel, Switzerland. This article is an open access
article distributed under the terms and conditions of the Creative Commons by
Attribution (CC-BY) license (<http://creativecommons.org/licenses/by/4.0/>).