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# AUTOMATIC METHOD FOR TUMOR SEGMENTATION FROM 3-POINTS DYNAMIC PET ACQUISITIONS

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## ABSTRACT

In this paper a novel technique to segment tumor voxels in dynamic positron emission tomography (PET) scans is proposed. An innovative anomaly detection tool tailored for 3-points dynamic PET scans is designed. The algorithm allows the identification of tumoral cells in dynamic FDG-PET scans thanks to their peculiar anaerobic metabolism experienced over time. The proposed tool is preliminarily tested on a small dataset showing promising performance as compared to the state of the art in terms of both accuracy and classification errors.

**Index Terms**— Medical diagnostic imaging, image segmentation, anomaly detection, positron emission tomography, tumors

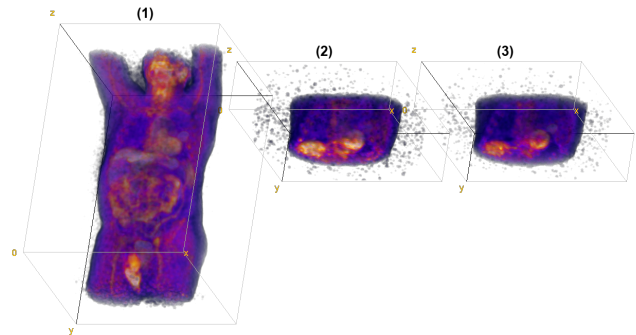
## 1. INTRODUCTION

In oncology, the ability to properly contour tumors in PET/CT images is clinically important as treatment plans depend on information on the tumor volume. The tumor cells should be identified as precisely as possible since underestimation or overestimation of their volume can lead to treatments that can be either ineffective or dangerous [1].

Manual contouring has been proven to be subjective and inaccurate [2] and therefore the need for an automatic method for tumor region segmentation in PET has arisen. However, PET segmentation remains an open problem mainly because of the limited image resolution and presence of acquisition noise [3].

For these reasons, many techniques for automatic or semiautomatic image segmentation have been proposed. However validation of accuracy and precision of these algorithms is still unresolved, due also to the lack of standard approaches and guidelines by nuclear medicine and radiation oncology professional societies [3].

In this paper, a novel approach based on anomaly detection technique is proposed. Using 3 PET images acquired at different time instants, we aim at detecting tumoral voxels recognizing their anomalous behavior over time. The contributions of the paper are the design of a novel anomaly detection tool tailored for dynamic PET scans and a preliminary experimentation on a set of PET scans acquired at the Institute for Cancer Research and Treatment of Candiolo (IRCC). Our findings show that the proposed approach is very promising and competitive with respect to the state of the art even if the number of tested subjects was limited by the fact that 3-points dynamic PET scan represents a frontier technology that is not part of any standard clinical protocol at the moment.



**Fig. 1.** The three 3D PET images of one of the sample patients; (1) is the early full body scan (*ES*,  $144 \times 144 \times 213$  px), (2) and (3) are the two 5 minutes reconstructions of the delayed scan (*DS1* and *DS2*,  $144 \times 144 \times 45$  px), where only the area around the tumor is acquired. These greyscaled images are here displayed using a *Fire* lookup table.

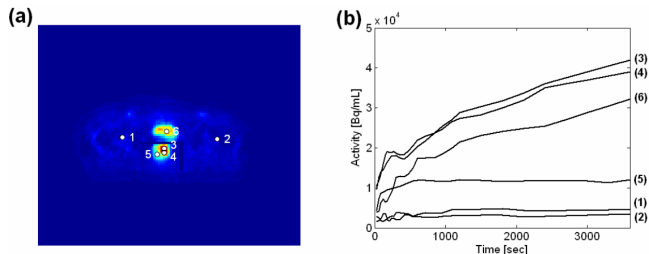
## 2. BACKGROUND

Positron emission tomography using fluorodeoxyglucose as tracker (known as FDG-PET) is mainly based on tissue metabolic activity by virtue of the regional glucose uptake.

Due to multiple mutations in the DNA occurred during cell replication, cancer cells lack the ability to stop their duplication after a certain point, raising cell density in tumor region and leading to insufficient blood supply. The resulting deficiency of oxygen (*hypoxia*) force the cells to rely mostly on the anaerobic metabolism, i.e. glycolysis [4]. As a consequence, glycolysis can be used as an excellent marker in the detection of cancer cells; FDG-PET - in which the concentrations of the tracer indicate a glucose uptake in the imaged area - turns to be a good tool in detecting tumoral masses, lymph nodes and cancer metastasis all at once [5].

In images obtained by PET acquisitions the intensity of a voxel represents local concentration of the tracer. The most commonly used unit is called SUV (*Standardized Uptake Value*) which is defined as the ratio of the *tissue radioactivity concentration* over the *injected activity* divided by the *body weight* [6]. It aims to be a quantitative measure of tracer uptake that can be compared between patients, but it is also criticized for its misuse [7].

There are two classes of PET scans: static and dynamic. In static mode, accounting for the majority of PET scans used nowadays [8], the tracer uptake is integrated over a single acquisition producing a single value per imaged volume (voxel). In the case of a dynamic



**Fig. 2.** In (a) six points are chosen on a PET slice: two points within the normal tissue (1 and 2), two points within the tumor (3 and 4), one point at the boundary of the tumor (5) and one point within the bladder (6). In (b) the TACs of the selected points resulting from a dynamic PET scan are shown. Image courtesy of [8].

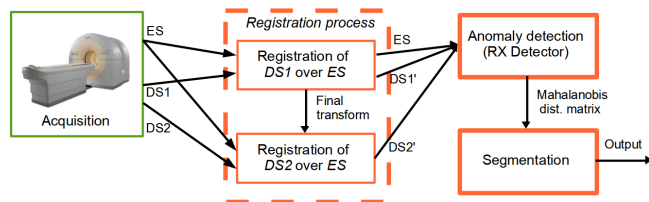
scan, tracer activity is measured in different time windows, resulting in a *time activity curve* (TAC) for each voxel [9]. The shape of the TACs, usually found by sample interpolation, conveys tissue specific biochemical properties over time and carries precious information on the amount and rate of tracer flux and accumulation [10].

In static PET, the most common techniques that have been proposed for automatic or semiautomatic tumor segmentation are thresholding algorithms, where a threshold value ( $T$ ) on the SUV is selected to separate the tumor from the background [11]. Other types of techniques that have been proposed for static PET are variational approaches based on deformable active contours [12], stochastic models mainly based on Expectation-Maximization (EM) algorithm [13] and learning methods with and without supervision.

Segmentation in dynamic PET involves analysis of TACs instead of single voxel values; in this way the temporal information is used to improve quality of delineation [14]. Clustering techniques have been proposed in literature [2, 15]. In this group of techniques, *FCM-SW* is an approach based on the Fuzzy *c*-Means algorithm that is reported to perform quite well [16]. Stochastic approaches have been followed, as well: a mixture model has been proposed that expressed a voxel-level TAC as a weighted combination of scaled sub-TACs [17]. However, these methods did not consider spatial relationship among voxels. Some algorithms including spatial information have been proposed [18, 19], but most of these methods were designed for brain images where regions have similar dimensions and are rather inefficient in the case of whole body images where sizes are quite different [14]. Recently, a local means analysis method was proposed; it uses a hierarchical linkage algorithm with a seed growing method [20].

### 3. THE PROPOSED TECHNIQUE

In this paper a novel approach for automatic tumor segmentation in dynamic PET images is proposed. The algorithm works on two PET scans where the second acquisition (10 minutes long) is taken after about an hour from the first one. Every acquisition can be reconstructed in a variable number of images, each one collecting events occurred in a given time window. For this study the first scan has been reconstructed into a single full body image (called *early scan*,  $ES$ ) and the second one is used to construct two images (*delayed scans*,  $DS1$  and  $DS2$ ), collecting respectively events occurred in the first 5 minutes and in the last 5 minutes of the second acquisition and imaging only the area in which the tumor is expected to be. Therefore our proposal is based on the automatic analysis of 3 PET images (Figure 1).



**Fig. 3.** Flowchart of the proposed technique

The proposed algorithm exploits the assumption that in cancer cells the glucose uptake over time is very different from the one in normal tissues [4]; as a consequence, we propose to use a statistical anomaly detection mechanism able to detect voxel with peculiar temporal behavior, i.e. anomalous TAC. An example of this phenomenon can be seen in Figure 2.

Although, to the best of our knowledge, methodologies of this kind have never been proposed for PET scans, algorithms based on anomaly detection have already been used in other medical domains, e.g. on CT images [21] and for segmentation in endoscopic video sequences [22].

The block diagram showing the main steps of the proposed algorithm is shown in Figure 3. Since PET scans acquired at different time instants are going to be used, the first processing stage is represented by image registration. In fact, the patient has left the scanner bed between the scans, and then he/she has obviously slightly changed his/her position between the first and the second scan. Registration of  $DS1$  and  $DS2$  with respect to  $ES$  is therefore required.

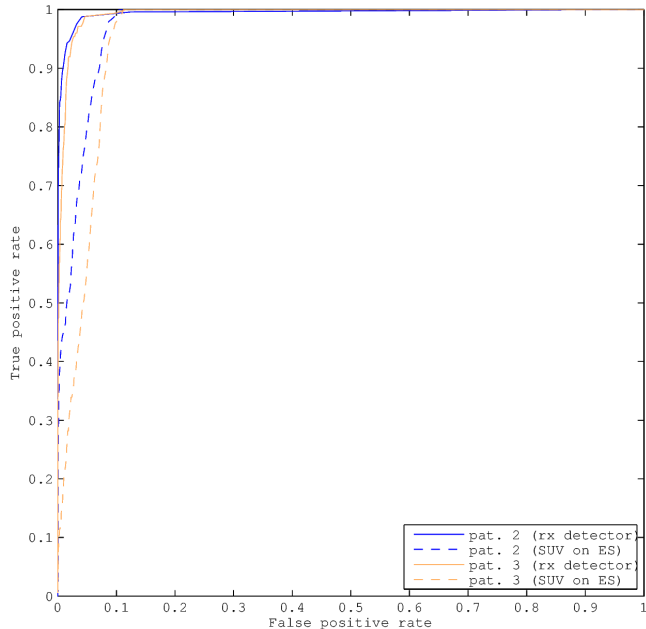
#### 3.1. Registration

The registration process consists in the application of a *transformation* to align a *moving image* over a *fixed one* (in this study  $ES$ ). The transformation parameters are initialized and then refined by an *optimizer* according to a *metric*. The final transformation is then applied to the moving image using *interpolation*.

Since no deformation is expected, and the image has been just translated and rotated, *affine transformation* has been used. It is the most common choice in instances of rigid-body movement [23]. Then, *linear interpolation* can be employed for registration, under the assumption that intensities vary linearly between grid positions as discussed in [23]. Finally, *normalized cross-correlation* has been employed as registration metric and it is optimized by a *gradient descent* approach; this combination is suggested to work well on full body monomodal PET-PET registrations [24].

The computational cost for the registration of  $DS2$  can be reduced noticing that both  $DS1$  and  $DS2$  are reconstructed from the same scan and therefore they share almost the same acquisition conditions. As a consequence, the transformations leading to registration of  $DS1$  and  $DS2$  are expected to be very similar. For this reason, to limit computation, we first register  $DS1$ ; then, the final transformation obtained on  $DS1$  is provided as an initial estimate for  $DS2$  registration. This solution allowed us to cut by one half the number of iterations required to register  $DS2$ .

Let us refer to the two registered images as  $DS1'$  and  $DS2'$ ; their voxels can be considered as co-located with those of  $ES$  and represent the input of the core part of the proposed tool, i.e. the anomaly detection stage.



**Fig. 4.** ROC curves of proposed methods and simple SUV thresholding over two sample patients.

### 3.2. Anomaly detection

The goal of our algorithm is to identify those voxels exhibiting an anomalous tracer uptake over time. To this end, we employ the RX Detector [25] as follows.

Let us introduce the row vector  $x_i = (x_{i,ES}, x_{i,DS1'}, x_{i,DS2'})$  representing the 3 SUV values of the  $i$ -th voxel of  $ES$ ,  $DS1'$  and  $DS2'$  respectively. The typical behavior of the normal voxels can be captured by the covariance matrix that can be estimated as:

$$\hat{C} = \frac{1}{N} \sum_{i=1}^N (x_i - M)(x_i - M)^T \quad (1)$$

where  $N$  is the total number of voxels in the image volume and  $M = (\mu_{ES}, \mu_{DS1'}, \mu_{DS2'})$  is the average value of the 3 components.

The covariance matrix is computed assuming that vectors  $x_i$  are observations of the same random process. Under the legitimate assumption that normal voxels represent the majority of the acquired data, it can be concluded that the covariance matrix estimated using all voxels is representative of the healthy tissues [26].

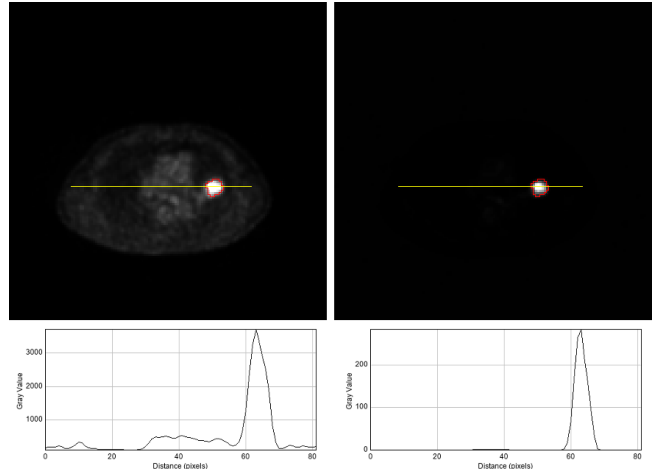
According to the RX Detector the generalized likelihood ratio test for identifying anomalous voxel with respect to the covariance model  $\hat{C}$  can be expressed as:

$$\delta_{RX}(x_i) = (x_i - M)^T \hat{C}^{-1} (x_i - M) > \eta \quad (2)$$

where  $\eta$  is a proper decision threshold. It is worth pointing out that  $\delta_{RX}$  is also known as Mahalanobis distance [27].

The 3D image associating the value of  $\delta_{RX}$  to each voxel can also be interpreted as a Mahalanobis distance matrix that takes higher values if the TAC exhibits an anomalous profile.

In this preliminary work we propose to detect the tumor voxels setting the decision threshold  $\eta$  adaptively as a function of the  $\delta_{RX}$  dynamic range. Therefore we set  $\eta = P \cdot \max(\delta_{RX})$  with  $P \leq 1$ . We leave the design of optimal decision mechanisms, taking into



**Fig. 5.** The same slice in  $ES$  (left) and  $\delta_{RX}$  (right) with manual contour of tumor area superimposed (red line). Under each image a 2D plot of the intensities over the yellow line is presented.

account also spatial consistency of the selected tumor volume, for future research.

## 4. EXPERIMENTAL VALIDATION

As already mentioned, the novelty of the proposed approach is two-fold, namely the usage on 3-points dynamic PET scans and the exploitation of the RX Detector for tumor contouring. Since nowadays dynamic PET scans are not used on a large scale for clinical treatment, our findings are limited to a small dataset, comprising 6 subjects, that has been made available at the IRCC for research purpose. A *Philips Gemini TF PET/CT* has been used for acquiring both CT and FDG-PET scans for all the patients. To this end we acknowledge the precious cooperation of nuclear medicine physicians that have manually segmented the PET images, setting up the ground truth for computation of the accuracy yielded by the proposed automatic tool.

In Figure 4 the *Receiver Operating Characteristic* (ROC), i.e. the *true positive rate* (TPR) versus the *false positive rate* (FPR), obtained classifying voxels according to (2) varying the value of  $\eta$  is shown. The ROC curves computed this way are compared with those obtained with simple thresholding of the voxel SUV values. It can be noted that using anomaly detection the detection accuracy significantly improves with respect to the original SUV domain segmentation.

In Figure 5 the original SUV image (left) and  $\delta_{RX}$  values (right) of a PET section are shown. It can be clearly observed that the  $\delta_{RX}$  domain is very effective in identifying the target tumoral region.

The proposed segmentation results have been evaluated using objective metrics as well, namely in terms of the tumoral volume estimates and the *Spatial Overlap Index* (SOI) defined in [28] as

$$SOI = \frac{2(A \cap B)}{A + B} \quad (3)$$

where, when  $A$  and  $B$  are two binary masks (i.e. manual ROI and segmented output of RX Detector), the intersection operator is used to indicate the number of voxels having value 1 in both masks and the sum operator the total number of voxels having value 1 in the two masks.

n.	SOI		Volumes (ml)		ROI
	RX	Thresh.	RX	Thresh.	
1	0.569	0.659	7.808	9.856	19.648
2	0.564	0.416	12.032	13.568	15.680
3	0.377	0.029	24.512	248.128	11.136
4	0.674	0.000	11.072	3.136	6.592
5	0.628	0.000	11.072	3.136	7.872
6	0.433	0.514	2.816	6.976	7.232
Mean	0.541	0.270	11.552	47.467	11.360
Std Dev	0.114	0.295	7.197	98.386	5.279

**Table 1.** SOI and tumoral volume estimate of proposed RX Detector ( $P = 0.27$ ) and SUV thresholding ( $P = 0.38$ ).

The results are summarized in Table 1, where SOI and volume estimate obtained by the proposed technique and SUV thresholding are compared. The experiments have been worked out setting different thresholds values. Table 1 shows the results corresponding to the thresholds yielding the best average SOI, i.e.  $P = 0.27$  and  $P = 0.385$  for  $\delta_{RX}$  and SUV segmentation respectively. It can be observed that the proposed method offers the best average results both in terms of SOI and volume estimate. In particular, it is worth pointing out that SUV thresholding completely fails on patients 3, 4 and 5 whereas the proposed tool yields significant results on the whole dataset.

Our results turns to be competitive with those reported in [3], where a set of segmentation techniques are compared in terms of SOI using a dataset of 7 patients suffering from pharyngolaryngeal squamous cell carcinoma. In particular, in [3] it is found that one of the best performing method, termed *FCM-SW*, yields an average SOI of 0.54. *FCM-SW* employs a more complex segmentation approach as opposed to our simple 3-points RX Detector: it is based on fuzzy *c*-Means algorithm coupled with anisotropic diffusion filter to incorporate spatial information and wavelet transform. Even if the results are computed on different datasets it is noticeable that the proposed simpler algorithm achieve comparable SOI performance.

## 5. CONCLUSIONS

In this paper a novel technique for the automatic detection of tumoral volumes in 3-points TACs has been designed and preliminarily investigated using a dataset comprising 6 patients. The proposed approach leverages on the well known RX Detector, applied for the first time to this domain, to look for anomalies in 3-points TAC. The basic assumption is that tumor and background regions have different uptake curves over time that can be discriminated using 3-points dynamic PET acquisitions.

Our experimentation in the field confirms that RX Detector effectively improves the quality of the segmentation by significantly enhancing contrast between tumor region and background. In this preliminary study segmentation has been performed with a naive approach based on simple thresholding; nonetheless the achieved SOI and volume estimates are in line with the results reported in the literature based on more complex segmentation mechanisms. Therefore, we believe that our study paves the way to further improvements using more accurate segmentation strategies founded on RX Detector.

Although results seem encouraging, future validation of the method should be performed to be able to confirm all the hypothesis contained in this work. This validation should evaluate the algorithm performance over a larger data set, considering a wider range of tumor volumes.

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