

# Women's Perception of Career Barriers According to Life Stages: A Case of the Malaysian Banking Industry

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#### Abstract

**Purpose:** The purpose of this study is to examine women's perception of career barriers in the banking industry according to their life phases.

**Design/methodology/approach:** The Career Barriers Inventory - Revised (CBI-R) of Swanson, Tokar and Daniel (1991) is adopted to measure the 13 dimensions of career barriers. The design of this study is cross-sectional with data collected via questionnaires. This study is conducted in 24 local banks both in Kuching and Kuala Lumpur. The population identified for this study is a group of women employees and the final sample consists of 98 female employees. The Statistical Package for the Social Science (SPSS) Version 20.0 is used to analyse the data.

**Findings:** The results showed that there were no significant difference between the perceptions of women in life phases 1, 2 and 3 towards sex discrimination, racial discrimination, disapproval by significant others, decision-making difficulties, discouraged from choosing non-traditional career and job market constraints as career barriers. However, there are significant differences between the perceptions of women in life phase 1, 2 and 3 towards lack of confidence, multiple role conflict, conflict between children and career demand, dissatisfaction with career, disability and health concerns and difficulties with networking or socialization as career barriers.

**Research limitations/implications:** This research confirms the existence of barriers towards women in the banking industry.

**Practical implications:** The findings indicate the importance for the banking industry to move towards greater gender inclusiveness in their management and administration activities.

**Originality/value:** Although women career barriers research is plentiful, studies on specific dimensions of career barriers such as this are scarce.

Keywords: Women's Career Barriers, Life-phases, Banking Industry