

COUPLE ATTACHMENT AND DEMAND WITHDRAW COMMUNICAITON PATTERN IN THE RELATIONSHIP

FATAHYAH YAHYA, NUR FATIHAH MATT YUSOFF, ABD HAKIM MOHAD, & AHMAD TARMIZI TALIB

ABSTRACT

An attachment relationship refers to a tie of affection that bonds someone with an attachment figure, principally the primary caregiver (Bowlby, 1969). Attachment styles and the quality relationships are determined partly as the result of mental images of both the self and others. Individuals who sensed that they were being rejected as children may develop insecure attachment relationships with significant people in their later life. In contrast, individuals who had positive experiences of relationships may develop a sense of security that allows them to seek such relationships in the future (Hazan & Shaver, 1994). This study aimed to explore the influence of couple attachment on relationship quality related to demand and withdraw communication pattern in the couple relationship. A correlational research design was used to address the research objective. One hundred and fifty three (153) participants were employed. Two established questionnaires were used: Experience in Close Relationship (ECR; Brennan & Shaver, 1998), and Communication Pattern Questionnaire (CPQ; Christensen & Sullaway, 1984). The results showed that couples with highly avoidance in attachment reported greater conflict demand and withdraw communication in the relationship.

Key Words: Attachment, Demand and Withdraw Communication, Marital Conflict

ABSTRAK

Hubungan jalinan adalah merujuk tautan kasih sayang yang berupaya merapat hubungan seseorang dengan individu yang dijalin, terutama ibubapa atau penjaga (Bowlby, 1969). Gaya jalinan dan perhubungan yang berkualiti ditentukan oleh hasil imej diri dan orang lain. Individu yang merasakan bahawa mereka tidak dihiraukan ketika kanak-kanak boleh mengakibatkan mereka memiliki gaya jalinan tidak selamat. Sebaliknya, individu yang mempunyai pengalaman positif boleh membentuk gaya jalinan yang selamat (Hazan & Shaver, 1994). Kajian ini bertujuan melihat pengaruh jalinan orang dewasa terhadap kualiti hubungan yang berkaitan dengan corak komunikasi desakan dan menarik diri di dalam hubungan. Reka bentuk penyelidikan korelasi telah digunakan untuk menjawab objektif penyelidikan. Satu ratus lima puluh tiga (153) responden telah menyertai kajian ini. Dua soal selidik telah digunakan: Experience in Close Relationship (ECR; Brennan & Shaver, 1998), dan