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Parasites that cause problems in Malaysia: soil-transmitted helminths and malaria parasites

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Malaysia is a developing country with a range of parasitic infections. Indeed, soil-transmitted helminths and malaria parasites continue to have a significant impact on public health in Malaysia. In this article, the prevalence and distribution of these parasites, the problems associated with parasitic infections, the control measures taken to deal with these parasites and implications for the future will be discussed.

Balbir Singh* Janet Cox-Singh Faculty of Medicine and Health Sciences, Universiti Malaysia Sarawak, 94300 Kota Samarahan, Sarawak, Malaysia. *e-mail: bsingh@fhs.unimas.my Malaya, occupying a strategic position in South East Asia, has played a historically important role in the study of parasitic diseases in the tropics. The Institute for Medical Research (Kuala Lampur, Malaysia), which celebrated its centenary last year, carried out most of the pioneering work on tropical diseases, particularly on malaria and filariasis (http://www.imr.gov.my). The modern Malaysian Federation, comprising Peninsular Malaysia (formerly Malaya), and the Malaysian Borneo States of Sabah and Sarawak, was formed in 1963 and has maintained the tradition in research and the control of parasitic diseases (Table 1). The Malaysian population of ~22 million (http://www.statistics. gov.my) occupies diverse environmental niche areas and, although migration to cities is common, a significant proportion of the population remains in remote rural areas where parasitic infections are prevalent.

Soil-transmitted helminths

Ascaris lumbricoides, Trichuris trichiura and hookworms are the most common intestinal parasitic infections of medical importance in Malaysia. However, it is difficult to estimate with certainty the current overall incidence of infection with soiltransmitted helminths (STHs) among the Malaysian population. The last large-scale survey of STHs was undertaken in 1991 and involved 9863 samples from 43 squatter communities around the capital, Kuala Lumpur¹. The results of this survey, comprising individuals from all age groups, indicated an overall prevalence of STH infection in 58% of the population (*T. trichiura*, 49%; *A. lumbricoides*, 33%; and hookworm, 6%) and did not differ significantly from results obtained in a large-scale survey